


AL 126N



Digitized by the Internet Archive  
in 2015

<https://archive.org/details/alumnaenews1896newy>

OFFICERS  
OF THE  
ALUMNAE ASSOCIATION  
OF THE  
**Training School of the N. Y. Hospital,**  
**1896.**

---

**President.**

LOUISE CORDES, M. D.

**First Vice-President.**

MISS C. B. SUTLIFF.

**Second Vice-President.**

MISS M. WHEELER.

**Secretary.**

MISS ADA B. STEWART,  
Christ Hospital,  
176 Palisade Ave., Jersey City.

**Treasurer.**

MISS FRANK M. SUTLIFFE,  
8 West 16th St.

**Executive Committee.**

MISS DENIKE,  
MISS WALDEN,

MRS. LAWSON,  
MISS SANBORN,

MISS WALD.

**Honorary Members.**

DR. T. M. MARKOE,  
" LEWIS A. STIMSON,  
" WM. T. BULL,  
" WM. H. DRAPER,  
" GEO. L. PEABODY,  
" D. BRYSON DELAVAN,  
" STUYVESANT F. MORRIS,  
REV. GEO. H. BOTTOME,

MR. ELBRIDGE T. GERRY,  
" GEO. S. BOWDOIN,  
" WM. W. HOPPIN,  
" GEO. P. LUDLAM,  
" JNO. E. PARSONS,  
" HERMANN H. CAMMANN,  
" JAS. W. BEERMAN,  
" CHAS. E. STRONG.

## Members.

MISS ALLEN,  
 " ATWATER,  
 MRS. BANKS,  
 " BECKWITH,  
 MISS BELLINGER,  
 " BENEDICT,\*  
 " BENZ,  
 " BEST,  
 " BIRDSALL,  
 " BLACK,  
 " BONSALL,  
 " BOWE,  
 " BRADLEY,  
 " BREWSTER,  
 " BRIDGES,  
 " BROOKS,  
 " BROWN,  
 MRS. G. H. BROWN,  
 MISS CAMERON,  
 " A. A. CLARKE,  
 " C. CLARKE,  
 " K. M. CLARKE,  
 " COGGESHALL,  
 " CONANT,\*  
 " CORDES,  
 " COVERT,  
 MRS. DAVENPORT,  
 MISS DENIKE,  
 " DENNISTON,  
 MRS. DIEHL,  
 MISS DOLSON,

MISS DUNCAN,  
 MRS. DURELL,  
 MISS DWIGHT,  
 MRS. EWING,  
 " FINKELL,  
 " FINLAYSON,  
 MISS FREDERICK,  
 " GAHRING,  
 " GAVETTE,  
 " GLADWIN,  
 " GOLDING,  
 " GOODBICH,  
 " GRAFTON,  
 " GREEN,  
 MRS. GREER,  
 MISS GROBERT,  
 MRS. HARRNACKER,  
 MISS HART,  
 " HATTON,  
 " HENDERSON,  
 " HINCHCLIFF,  
 " HITCHCOCK,  
 " HODGSON,  
 " HODSON,  
 " HOLT,  
 " HORTON,  
 " HORNBY,  
 " HUNT,  
 " HUNTER,  
 " J. A. C. JACKSON,  
 " JACOBS,

\* Deceased.

## Members.

MISS JENKINS,	MRS. NUTTALL,
“ JEROME,	“ ORTEMAN,
“ E. JOHNSON,	MISS PAGE,
“ S. E. JOHNSON,	“ PEARL,
“ K. JOHNSTON,	MRS. PERRY,
“ L. V. JONES,	MISS E. PRICE,
MRS. C. G. JONES,	“ E. O. PRICE,
MISS KELLY,	“ QUARF,
MRS. KORFF,	“ ROOT,
MISS LAMPHEAR,	“ RORICK,
“ LASHER,	“ RUSSELL,
MRS. LAWSON,	“ RYERSON,
“ LEE,	“ SAMUEL,
MISS LINTON,	“ SANBORN,
“ LONG,	“ SAUNDERS,
“ MACDIARMID,	“ SCOTT,
“ MACDONALD,	“ SEARCEY,
“ MACKENZIE,	“ SECORD,
“ MACMARTIN,	“ SIEGEL,
“ MANTER,	“ SLOCUM,
“ MARCH,	“ SMILLIE,
MRS. MATTHIE,	“ STATES,
“ MCCREERY,	“ STEVENS,
MISS McLAURY,	“ STEWART,
“ McVEAN,	“ C. B. SUTLIFF,
“ MITCHELL,	“ I. H. SUTLIFFE,
“ MOESLE,	“ I. L. SUTLIFFE,
“ MONAGHAN,	“ F. M. SUTLIFFE,
“ NICHOLS,	“ TAYLOR,
MRS. NICHOLLS,	“ THOMAS,
MISS NICOLAI,	“ TURNER,
“ NEFF,	“ TWITCHELL,

### **Members.**

MISS VOORHIS,  
" WALD,  
" WALDEN,  
" WALLIS,  
MISS WALTON,  
" WARNECKE,  
" WARR,  
MRS. WELLER,  
MISS WESTON,  
" WESTERVELT,  
" WETMORE,

MISS WHEELER,  
" WHITEHEAD,  
" WHITEHOUSE,  
" WILDS,  
MRS. WILSON,  
MISS WITBECK,  
" WITHRINGTON,  
" WOODS,  
MRS. WRIGHT,  
MISS YOUNG,  
MRS. ZIEGLER.

### **Marriages.**

MISS AGNES BRIDGES, TO MR. W. A. C. MATTHES,

### **Deaths.**

MISS HELEN CONANT.

### **Resignations.**

FLORENCE LEIGH-JONES, M. D.

OFFICERS  
OF THE  
ALUMNÆ ASSOCIATION  
OF THE  
Training School of the New York Hospital,  
1897.

---

**President.**

MISS LENA A. WALDEN.

**First Vice-President.**

MISS FRANCES A. WALLACE.

**Second Vice-President.**

MISS SARAH A. BRADLEY. *Resigned December Mrs. Fredericks ap- pained.*

**Secretary.**

MRS. CHARLES H. PECK,  
10 West 38th Street.

**Treasurer.**

MISS F. MARGARET LINTON,  
GRACE HOSPITAL, 414 East 14th Street.

**Executive Committee.**

MISS L. A. WALDEN,

MISS K. SANBORN,

" ~~F. A. WALLACE~~, *Miss Henderson*

" H. JOHNSON,

" S. A. BRADLEY,

" M. A. FREDERICK,

" F. M. LINTON,

" E. M. RORICK,

" M. A. SAMUEL,

MRS. C. H. PECK.

**Fund for Sick Nurses.**

*Consulting Physician.*

*Trustee.*

DR. D. BRYSON DELAVAN.

GEO. S. BOWDOIN, Esq.

*Secretary and Treasurer.*

MISS MATILDA A. FREDERICK,  
39 West 16th Street.

## Honorary Members.

DR. T. M. MARKOE,

" LEWIS A. STIMSON,

" WM. T. BULL,

" WM. H. DRAPER,

" GEO. L. PEABODY,

" D. BRYSON DELAVAN,

" STUYVESANT F. MORRIS,

REV. GEO. H. BOTTOME

MR. ELBRIDGE T. GERRY,

" GEO. S. BOWDOIN,

" WM. W. HOPPIN,

" GEO. P. LUDLAM,

" JNO. E. PARSONS,

" HERMANN H. CAMMANN,

" JAS. W. BEEKMAN,

" CHAS. E. STRONG.

---

## Members.

MISS M. J. ALLEN,

" E. J. ATWATER,

" ANNIS,

MRS. BANKS,

" BECKWITH,

" BECK,

MISS E. BENZ,

" J. BEST,

" S. A. BLACK,

" E. BONSALE,

" S. A. BRADLEY,

" M. M. BREWSTER,

" M. H. P. BRIDGES,

" M. K. BROWN,

MRS. G. H. BROWN,

MISS BIRDSALL,

" BAKER,

" BELLINGER,

" E. BOWE,

MISS F. A. BROOKS,

MRS. FINKELL,

MISS M. W. CAMERON,

" C. CLARKE,

" A. A. CLARKE,

" K. M. CLARK,

" F. E. COGGESHALL,

DR. LOUISE CORDES,

MISS C. P. COVERT,

" S. M. COLEMAN,

MRS. DAVENPORT,

MISS DENIKE,

" P. M. DENNISON,

MRS. DIEHL,

MISS M. A. DOLSON,

" M. B. DUNCAN,

MRS. E. F. DURRELL,

MISS D. DWIGHT,

" DANAHER,

" DINEHART,

MRS. E. D. EWING,

MISS EMERY,

MRS. W. H. KORFF,

## Members.

MRS. FINLAYSON,  
 MISS M. A. FREDERICK,  
     " J. A. GAVATTE, ✓  
     " E. E. GOLDING,  
     " A. GOODRICH,  
     " L. O. GRAFTON,  
     " M. GREEN,  
 MRS. M. L. GREER,  
 MISS E. GROBERT,  
     " E. S. HART,  
 MRS. HAERNACKER, ✓  
 MISS A. HENDERSON,  
     " A. H. HINCHCLIFF,  
     " J. E. HITCHCOCK,  
     " A. HODGSON,  
     " J. HODSON,  
     " E. D. HOLT, ✓  
     " C. E. HORTON,  
     " M. H. HUNT,  
     " V. HUNTER,  
     " M. J. HUNTER,  
     " A. HOLMES,  
     " S. W. HORNBY,  
     " J. A. C. JACKSON, ✓  
     " JACOBS, ✓  
     " M. JENKINS,  
 DR. ELIZABETH JOHNSON, ✓  
 MISS S. E. JOHNSON,  
     " K. JOHNSTON, ✓  
     " H. JOHNSON, ✓  
     " L. JONES,  
 MRS. C. G. JONES,  
     " JAMISON,  
 MISS QUAIFE, ✓  
     " T. M. ROOT,  
     " E. M. RORICK, ✓  
     " M. RUSSELL,

MISS A. KELLY,  
     " R. LAMPHEAR,  
     " K. LASHER,  
 MRS. A. M. LAWSON, ✓  
 MISS F. M. LINTON,  
     " E. LONG,  
     " E. LINDGREN,  
     " K. MACDIARMID,  
     " H. E. MACDONALD,  
     " J. H. MACMARTIN,  
     " S. J. MACKENZIE,  
 MRS. F. R. MCCREERY,  
 MISS C. MACMARTIN,  
     " McLAURY,  
     " J. H. McVEAN,  
 MRS. MCINTYRE,  
 MISS H. A. MITCHELL,  
     " H. MOESLE,  
     " A. E. MONAHAN,  
     " M. MAURICE,  
     " L. I. NICHOLS,  
 MRS. J. F. NICHOLS,  
 MISS S. J. NEFF,  
     " M. L. NICOLAI  
 MRS. J. A. NUTTALL,  
 MISS E. NOURSE,  
 MRS. F. ORLEMAN,  
 MISS M. L. PAGE,  
     " E. M. PEARL,  
 MRS. H. T. PERRY,  
     " C. H. PECK,  
 MISS E. O. PRICE,  
 MRS. PREHN, ✓  
 MISS SELDEN,  
     " M. SMITH,  
     " A. A. TAYLOR, ✓  
     " L. H. THOMAS,

## Members.

MISS E. M. ROBARTS,  
" H. C. RICHARDSON,  
" M. RYERSON, ✓  
" M. A. SAMUEL,  
" K. SANBORN,  
" E. S. SAUNDERS,  
" L. C. SCOTT, ✓  
" C. P. SCEARCEY, ✓  
" R. H. SLOCUM,  
" E. R. SMILLIE,  
" C. N. STEVENS,  
" A. B. STEWART, ✓  
" C. B. SUTLIFF,  
" F. M. SUTLIFFE, ✓  
" I. H. SUTLIFFE,  
" I. L. SUTLIFFE, ✓  
" SPRINGER,  
" J. C. STATES, ✓  
MRS. M. SIMONS, *Twice*

MISS E. M. TURNER,  
" A. M. TWITCHELL,  
" N. M. THOMAS, ✓  
" L. D. WALD,  
" L. A. WALDEN,  
" F. A. WALLACE.  
" I. J. WALTON,  
" A. WARNECKE,  
" E. L. WARR,  
" L. WESTON, ✓  
" M. WHEELER,  
" H. E. WHITEHEAD, ✓  
" M. E. WHITEHOUSE, ✓  
" F. H. WILDS,

MRS. L. WILLSON,

MISS A. L. WITBECK,  
" A. L. WITHRINGTON,  
" E. F. WOODS,  
" J. M. WHITELAW, ✓

MRS. ZIEGLER. ✓

---

## Marriages

---

## Deaths

---

## Resignation

MISS C. WETMORE.

# ALUMNAE NEWS

---

*New York Hospital  
Training School*

FEBRUARY 1907



## ANNOUNCEMENT

---

In accordance with a motion carried at the February Alumnae meeting, this number of the "NEWS" is issued.

It is hoped that the paper, if continued, may help to keep the members of the association in closer touch with one another, and better informed as to the work the association is doing, and the problems it has to solve.

The following were appointed to gather news:

Mrs. Jamieson	Miss Walton
" Robinson	" Wood
Miss Frederic	" Mc Crea
" Dunlap	" Ryerson

Miss M. H. Young to arrange for printing and distribution of paper.

## Words about the "Fund for Sick Nurses."

Any member of the Alumnae Association is eligible for membership, on payment of the initiation fee of five dollars. Yearly dues, after first year, five dollars.

During the first year of membership no dues are payable, as no benefit is allowed. At the expiration of the first year, a member, if ill, may call upon the Fund for a weekly benefit of ten dollars, for a period not to exceed six weeks in any year. These payments are made on presentation of certificate of physician attending member, during illness for which benefit is asked.

The "Fund" has sixty-four members, to whom five hundred dollars have been paid during the year just closing (April 1). Any member of the Alumnae Association who wishes to join the Fund for Sick Nurses may do so by sending her name and address, with initiation fee, to Sec. Treas., Miss M. C. Whitelaw, 253 E. 68th St.

Miss Whitelaw writes, out of the full knowledge gained in her five years experience as Sec. Treas., that there seems urgent need of a Loan Fund (entirely distinct from the Sick Fund) as, each year, several members are sadly in need of rest, which they cannot take, on account of lack of ready money. A loan would make the rest possible, and might thus avert much suffering.

## GENERAL

The reception held recently, at the Manhattan hotel, to promote social interest among the graduates of the the training schools in N. Y. City was a great success. Not many N. Y. H. nurses were present.

The Board of Governors has decreed that the length of the course in the Training School shall be two years instead of three. Also that graduates shall be in charge of the wards.

A resolution was passed at the last Alumnae meeting, regretting this action of the Board in shortening the course.

It was voted to send delegates to the meeting of the Associated Alumnae to be held in Richmond in May. Miss Hitchcock and Miss Golding are to serve, with Miss E. O. Price, one of our graduates, whose home is in Richmond.

The Training School graduating exercises on Thursday night were very enjoyable. The nurses and their guests having a little dance after the presentation of diplomas.

## News of the Club and the Classes.

The Training School—and everyone interested in its success—is to be congratulated upon the appointment of Miss Adeline Henderson as Superintendent. Miss Henderson is a N. Y. H. graduate, one whose high ideals, both personal and professional, will keep alive the best traditions of the school.

Miss Goodrich has been appointed General Superintendent of Bellevue Hospitals. She has the good wishes of many friends for great success in her new work.

It is rumored that Miss Goodrich was greatly pleased with the silver tea kettle presented to her by the Alumnae Association.

It has been decided that the Club shall stay in its present home in 92nd St., if possible, until the expiration of the lease. By that time it is hoped that we may have a house of our own to move into. The Committee are doing their best to bring it about.

The \$500 loaned the Club (without interest) by the Alumnae Association, is being expended in very necessary repairs. Papering in the halls and bath rooms has been begun.

The rooms damaged by fire are also being made habitable; but having them vacant so long has caused a great loss of income.

Through the energy of some of the residents, a new piano has been secured for the Club House—to be paid for by donations.

The new Club rules have been drawn up, and submitted to the nurses for approval.

Those who know Miss Richart will be sorry to hear of the sudden death of her sister. Both were very kind in helping us at the time of our last fair.

Miss Marsh, who was, for some time, ill in N. Y. H., is better; but is in Lakewood, still under the care of a doctor.

Miss Frederic is in the hospital, having slipped on the ice and fractured her hip.

The Misses Earl have the sympathy of all the nurses, in the loss of their brother, and the wreck of their home, by the recent Kingston earthquake.

Miss Jenkins has been appointed Matron by the "Society for Prevention of Cruelty to Children," Brooklyn. Her address is 105 Schermerhorn St.

Miss Jane A. Wright, in addition to her private work in physical and corrective developement, has classes in dancing at Mt. Sinai Hospital, and in physical work at the Presbyterian Hospital.

Miss Quaife (Mountain Ave., Orange, N. J.) would like to join any nurse going Abroad this year.

The Misses Gill, McCrea, Barrett, Wygant, McCall, Gibson and Muirhead are going to housekeeping together at 604 W. 112 St.

Miss Jordan is taking charge of Dr. Markoe's office.

Mrs. Robinson is abroad for an indefinite time.

Miss McPhedran, in charge of the "Protestant Hospital," Norfolk, Va., is rejoicing at the near prospect of getting into the new building.

Miss Swan passed through New York, on her way home, after a three months trip through Europe.

Miss Baldwin is Night Superintendent at the House of the Holy Comforter.

Admitted to Alumnae membership at February meeting: Misses Baldwin, Kelsha, Skuse, Seely and Wait.

# ALUMNÆ NEWS

---

*New York Hospital  
Training School*

MARCH 1907

At the March Alumnae meeting, as many members expressed their satisfaction with the ALUMNAE NEWS, it was decided that the paper should be issued another month.

Miss Stewart and Miss Sutcliffe being appointed to gather news in place of Miss Dunlop and Mrs. Robinson, who were unable to act—making the complete list of those to whom news may be sent:

Mrs. Jamieson, 245 W. 14th St.

Miss Frederic, 245 W. 14th St.

Miss Walton, 7 W. 15th St.

Miss Ryerson, 133 W. 140th St.

Miss A. B. Stewart, 414 E. 14th St.

Miss K. Sutcliffe, 8 W. 72nd St,

Miss N. McCrea, 604 W. 112 St.

Miss Lavinia Wood, 135 E. 55th St.

## Meetings

The March Alumnae meeting, being that preceding the Annual Meeting—when our elections are held—a nominating committee was elected to choose names for officers to be balloted for at the Annual Meeting on Wednesday, April 10th.

A ballot bearing the names of at least two candidates for each office will be sent to every member of the Association, as is customary, two weeks before the election.

It is to be hoped that there will be a large attendance at the Annual Meeting, and that those who cannot attend, will send their ballots, after marking, to the secretary, Miss Russell, 447 W. 59th St., so that the vote may represent the wishes of the whole association.

The members of the nominating committee are:

Miss Russell	Mrs. Jamieson
Miss K. Clarke	Miss Walton
Mrs. Rogers	

After the business part of the meeting, a very pleasant social hour was spent, two friends of Mrs. Twiss kindly singing and giving recitations.

The regular meeting of the N. Y. County Nurses Association will be held at the Women's University Club, 17 Madison Sq., North, at 8 p. m., on Tuesday April 2nd.

All nurses are invited.

## The Changes in the Training School.

The recent changes in the nursing in the N. Y. H. Training School were recommended by the Medical Board, seven out of nine active members of the Board voting for the measure.

Below are given the reasons why one member of the Board favors the changes:

"In my opinion any competent woman can, in two years training, learn all that is required to make her well qualified for private nursing. As most of those who take up nursing, do so as a means of livelihood, they should not be compelled to spend any needless time in fitting themselves for their future occupation."

'The placing of graduate nurses in charge of the wards is an advantage, as thereby the ward work is better systematized, runs more smoothly, and the patients get better attention. The pupil nurse receives systematic practical instruction under the supervision of an experienced graduate, and thus is better equipped for the duties of private nursing.'

'When the ward is under the care of a senior pupil nurse, who is replaced every few weeks, or months, by another, the ward work suffers by the interruption, and the conditions are not favorable for obtaining the best results in the treatment of the patients.'

'Formerly I was in favor of senior pupil nurses in charge of wards, but after an experience of some years in hospital work, I have changed my opinion.'

'I am in favor of less theoretical, and more practical instruction.'

## More Words About the "Fund for Sick Nurses."

Miss Whitelaw has kindly given this information, in response to the question, How the funds could hold out, if every year be like the present, when we have paid out \$500 and gotten in only \$325 in annual dues:

‘The ‘Fund For Sick Nurses’ was organized in 1894 as part of the work of the Alumnae Association. An initial fund of one hundred and twenty-five dollars was the gift of friends, and during that year two hundred and ten dollars were paid in as initiation fees.’

‘New members have been added from time to time, but resignations have kept the membership down to sixty-five. In 1895, as the result of a Fair, thirteen hundred and thirty-nine dollars were added to the amount then in the bank. The money is in a Savings Bank, and the interest amounts to about sixty dollars annually.’

‘During the earlier years of the Fund the demands for benefit were not numerous, and all of the interest and part of the dues accumulated. Recently the demands have been heavier and the income (from dues, interest and initiation fees) has been insufficient to meet the needs; we have drawn upon the principal several years in succession.’

‘Perhaps it would be well for our association to confer with the representatives of similar bodies to decide upon some other form of assistance for those of our members who are unable to work—either temporarily or permanently. Other schools are actively considering such provision, and as our own school grows in years, we shall have members who need our care to tide them over periods of inactivity.’

‘Other professions make provision for those of their number who have fallen by the wayside, why not the nurses?’

A very practical way of helping the "Fund", and one which could be carried into effect immediately, would be for all those who are not already members to become so. There are now only sixty-five members out of an Alumnae Association of about three hundred. The addition of the other two hundred odd, would bring, at once, over \$1000 to the treasury. Surely it is an object that should appeal to us all—providing help both for ourselves and for our fellow members.

An opportunity for joining will be given at the Annual Meeting, or fees (\$5) may be sent at any time to Miss J. M. Whitelaw, 253 E. 68th St.

## News of the Club and the Classes.

The Club House is improved, both in looks and comfort, by the papering and recent repairs.

Those instrumental in getting the new piano for the Club House would like to have it generally known that it is being paid for on the installment plan. One payment has already been made, another is almost due, and after that, there will be still two payments to make. If the payments are not made we shall lose the piano, together with all payments already made. There are still \$10 needed to make up the amount for the payment now due.

Any contribution for this and later payments will be gladly received, and may be sent to Miss Dwight at the Club, 8 W. 92nd St.

The Misses Irene and Ida Sutcliffe move to Seven Oaks, near Albany, in May. If they decide to remain there, we shall hope to see them in New York frequently, at least in the winter.

Miss Henderson began her duties as Superintendent of nurses at the New York Hospital on March 21st.

Miss Rentiger, who was for two years in charge of the House of the Holy Comforter, will, on April 1, become Miss Henderson's assistant.

Miss Innis, class '07, is to take charge of the operating room.

Mrs. Jamieson has accepted the position of visiting nurse for the out-patient department at the N. Y. H. (an entirely new position). Her work will start April 1 and her address will be 245 W. 14th St.

The pupil nurses gave a farewell reception to Miss Bushnell who, both as Miss Goodrich's assistant, and as acting superintendent during the three months just past, has endeared herself to everyone connected with the school. Miss Goodrich, and all the doctors on the House Staff were present.

Miss March, who has been ill for so many weeks, is going to spend the summer with her cousin in Rutland. She is in very good spirits, and hopes to be able to take up her work in the fall.

Miss C. B. Sutcliffe has been spending the winter with friends in California.

Grace Church has two N. Y. H. graduates on its staff of workers—Miss Wallis who is the parish district nurse, working among the members of Grace Chapel, and Miss Stewart in Charge of Grace Hospital, a home for old people and a temporary home for children.

The many friends of Miss Frank Sutcliffe will be sorry to hear that she is still suffering from rheumatism, and is now in a private room at the Fordham Home for Incurables.

Miss Mary Goodrich is to be Superintendent of the Training School at the Woman's Infirmary, of which Miss Munn is Superintendent.

Miss Hinch has gone to take charge, for a month, of Dr. Dowling's private sanitarium in 64th St.

Miss Margaret MacKenzie has left the Manhattan Eye and Ear Hospital, and is taking a vacation.

Miss Florence Wright is at her home, taking care of her mother who is very ill.

Miss Rose Green has been doing private nursing in Pasadena since early in December, and is delighted with California.

Miss A. C. Ellison will be, for the summer months, in charge of the Campbell Cottage for Convalescent Children at White Plains.

Miss Cobban will assist her.

Miss Bowers who has been operated upon by Dr. Markoe, is doing well, and hopes to sit up in a few days.

Mrs. Morse has been made Superintendent at the house of the Holy Comforter 139th St. and Riverside Drive.

Miss Margaret McMurray was married to Mr. Ormond Mitchell, Jan. 1, at Weyburn Sas, Canada, where they will make their home.

Mrs. Peck has a fine boy, born on March 25th.

James H. McLaughlin

# ALUMNÆ NEWS

---

---

VOL. I

APRIL 1907

NO. III

---

---

*New York Hospital  
Training School*

## STAFF OF THE "NEWS"

---

EDITOR : Miss M. H. Young, 8 W 92 St.

### REPORTERS

Miss Frederick, 245 W 14 St.

Mrs. Jamieson, 245 W 14 St.

Miss Walton, 7 W 15 St.

Miss Ryerson, 133 W 140 St.

Miss A. B. Stewart, 414 E 14 St.

Miss K. Sutcliffe, 8 W 92 St.

Miss W. McCrae, 604 W 112 St.

Miss L. Wood, 8 W 92 St.

## MEETINGS

### The May Alumnae Meeting

Hereafter the notice of the next Alumnae Meeting will be printed each month in the News, instead of a notice being sent, by card, to each individual member, as has been our custom. This will save both labor and postage, and it is hoped that it may prove satisfactory.

The next regular meeting of the Alumnae Association will be held at 8 W 16 St. on Thursday May 9, at 3 p. m.

### Associated Alumnae

If any of the nurses are going to the Jamestown Exposition, or happen, for any other reason, to be near Richmond, Va., they are reminded that the Associated Alumnae Convention is to be held in Richmond, May 14, 15 and 16 and it will be well worth their while to attend.

### N. Y. County Association

At the April quarterly meeting of our County Society a committee was appointed to examine into the very important question of a Central Registry—one in which all the Schools shall be interested.

Another committee was to inquire about the advisability of a scale of prices—and still another to nominate officers for the County Society for the ensuing year.

Then there was a breezy address from Mrs Meyer, telling the nurses what a grand and satisfactory thing it is to work heartily and ungrudgingly while they work, giving more than is "in the bond," in the way of help and sympathy—remembering always that patients are not only "cases" but human beings who have had to lay aside their work and interests for the time, and are perhaps anxious and worried on that account.

But she begged that the nurses keep young and rest their minds and spirits by turning their thoughts systematically to art, literature and the drama, so that each day there might be some relief from the strain.

And as the years go on and this nursing life becomes too stren-

uous, usefulness has not altogether ceased, but some less wearing work may still be undertaken.

Making a home for other nurses being one of the less wearing occupations cited by the speaker.

### Our Annual Meeting.

The Annual Meeting was held at the Hospital on April 10th.

After the reading of the several reports, which were, on the whole, satisfactory (they are now being printed for distribution) the election of officers was proceeded with, resulting as follows;

Mrs. C. V. Twiss, President.

Miss I. H. Sutcliffe, Vice-President.

Miss A. B. Stewart, Secretary.

Miss L. M. Wygant, Corresponding Secretary.

Miss M. A. Smith, Treasurer.

Miss E. Benz

Miss M. Ryerson

Miss M. Jordan

} Trustees.

Mr. Waldron P. Brown, one of our Hospital Governors, was elected an Honorary Member of the Association.

About a dozen members were dropped from the roll, either for non-payment of dues, or because they had resigned. The whole class of '07 was nominated for membership.

A few new members were also added to the "Sick Fund."

It was decided to make the ALUMNAE NEWS a permanent feature of our Association work, and to issue it monthly, except during July, August and September. Miss M. H. Young was appointed Editor for the year. It was also decided that notice of the regular monthly meetings of the Association shall be printed in the NEWS instead of being sent out by card.

After the more serious part of the proceedings, the members were regaled with ice cream and cake provided by the President of the Association, and the Convener of the Board of Trustees.

## New Clubs and Homes.

There are so many houses being put up for nurses, as well as other women, it is really quite encouraging to feel that the need of such houses is at last being appreciated.

The "Sesrun Club," a number of apartments under one management in 104th Street, the "Trowmart Inn," a residence in connection with Barnard College, and it is said that the students of one of the women's colleges have raised enough money to put up a comfortable home for the maids employed in the institution. It seems to be in the air, and the faint but cheering rumors being wafted round make us hope that our own special castle may soon be no longer a castle in the air, but a beautiful reality.

It would be a good thing for us to visit, individually, the houses of this kind already built, so that when it comes our turn to build we may know what we want, and may get a house exactly suited to our needs. And would it not be a good thing to start to make a little money? We'll want, and need, so many things, when the happy day of the new club comes.

Let's get together, and talk things over.

## News of the Club and the Classes.

The Club was notified, some time ago, that its fire protection was inadequate, so it has installed a signal on each floor, by which, in case of need, an alarm may be sent to the fire department. There is also a gong to give the alarm to those in the house, and a scaling rope is to be attached to each front window. These, with the water pails on each floor, make the residents feel much better equipped for an emergency.

Though Miss Irene Sutcliffe moves to Seven Oaks in May, she will still keep 8 W. 92nd St. as her New York address.

It is rumored that a class of six nurses is very soon to hold a twenty-fifth anniversary of its graduation. Three are married, two are holding institutional positions and the sixth is one of our brightest private nurses. This rather contradicts the ten year theory of a nurse's usefulness. ✓

Miss Ada B. Stewart, House Mother of Grace Church Hospital,

had the misfortune to slip on an oiled floor in the Hospital, and is now nursing a fractured collar bone as the result.

Miss Wheeler sailed April 13th for Europe, where she intends to travel for three months.

Miss Annie Taylor leaves for a tour of England and the Continent, on May 6th.

Miss Josephine Hill has gone south to be at home for two months, owing to the illness of her father.

Miss Anna Wilson who has had typhoid fever at N. Y. H., is making a good recovery. Her friend, Miss Belle Seely, has nursed her.

Miss Post is to take charge of a Hospital of forty beds, at Englewood N. J. She begins her new work on the 22nd inst.

Miss Catlin takes the operating room at the New York Hospital when Miss Kelshaw leaves on May 1.

Miss McAlister, class of '07 will be in charge of the Pocahontas Emergency Hospital at Jamestown during the Exposition. There will be three assistant nurses, and three resident physicians.

Miss Olive McDougall, class '07, will be Miss Hastings assistant at Sea Cliff this summer.

Miss Caccianino, sails early in May for her home, Florence, Italy, where she will spend her vacation.

Mrs. Thomas Martin (Mary Weatherhead, class '06) has a baby boy, two weeks old.

Miss Coleman who, for several years was Lady Supt. of the Peterboro Hospital, was married Oct. 16, '06, and is now Mrs. David Miller, of Warsaw, Ont., Canada.

Mrs. Henry Franklin Dawes, (Christine Wetmore, class 1893) died at Englewood, N. J., April 16th, after an operation.

## Changes in the Training School.

My dear Miss Young:

In reply to your request that I formulate the reasons which led to the shortening in the course of training for nurses at the New York Hospital from three to two years, I would point out first, that most critics of the change miss the main point at issue. There have been proposed two changes in the curriculum for nurses and not one, and the success or the new plan depends on the adoption of both changes. These innovations are first, the reduction of the period of training to two years, and second, the placing of graduate head nurses in charge of the wards. Of these two, the latter is the important change and the one which is overlooked and neglected by all the criticisms of the proposed system which have come to my attention.

The duration of the term of service is in comparison with this really radical suggestion, of minor importance. The only question is, how can the pupil nurses be trained to the best advantage to make them efficient helpers in the sick room, trained to respect and observe the foibles and idiosyncrasies of the individual invalid and to enforce order and routine in the mode of life of persons suffering from illness, who when healthy, may be accustomed to neglect and disobey all the common rules of health.

The old curriculum gave the pupil nurses a certain amount of theoretical instruction whether wisely selected or not, is a question which has had a full discussion elsewhere. I have no doubt but that a sufficient amount of theory can be given the nurses in the time available during a two years course of residence in a large general hospital like the New York Hospital.

The work of a nurse is concerned with the care of the sick and amounts to nothing if it is not practical, and I believe she has no use for knowledge either theoretical or practical concerning such medical subjects as "Albuminuria Glycosuria indicanuria" or "Repair of wounds" or "Physiology of heat loss and supply," which occupied equal prominence in the published curriculum of the old three year course with the purely nursing subjects of "Care of Patients before, during and after operation," for example.

The argument that such theoretical studies do no harm even if no immediate good results, is fallacious, for it is far from harmless to distract a tired woman from her important and useful work with details even of elementary science which can be of no use to her.

The sins of the old curriculum in regard to theory, however, were born of a desire to better the status of the nurse and may be forgiven, just as they will be forgotten as soon as corrected. The errors of the old curriculum in its teaching of practical nursing are not so easy to overlook. The serious results which have followed from the use of hot water bags that were too hot, from burning alcohol in the unskillful application of cups, and from other therapeutic measures entrusted to nurses, have been a direct sequence from the custom of allowing pupil nurses to act as instructors of other pupils in their ward work, and of placing junior nurses on night duty without proper superintendence, or even with none at all.

I would not have you infer from this statement of my views, that the New York Hospital has been a flagrant example of all these errors. Nevertheless, it has been a victim of the system and has not been entirely free from slighter cases of such "errors of judgment."

It is believed that such mistakes will be lessened by the presence in the wards of

graduate nurses who will act as instructors and head nurses during the day hours. It is not proposed that these graduate nurses shall hold the positions of head nurse for short periods, nor that the appointees shall be recent graduates from the hospital. On the contrary, it is expected that older nurses, who have had experience in institutional work will be secured to take these positions, and that they will be glad and anxious to continue as such ward instructors for periods of three to five years. It is believed that the holders of such positions will command the appointments to vacancies in other institutions as assistant superintendents and superintendents of training schools. In this way, all the work of the pupil nurses will be under supervision throughout the busy hours of the day nursing.

One of the criticisms of the proposed change, has been that the nurses would lose the advantage of serving as head nurse and that she would not secure a feeling of self-reliance which is to be obtained by such service. It is believed on the contrary, that the nurse second in command in such a ward would have fully as much responsibility as would be good for her, and that the added experience under skilled superintendence would fit her better for her future work.

A great deal of criticism has been raised concerning the difficulties of giving a sufficient amount of practical instruction in two years time and many special pleas have been made for the continuance of a three years course, because of the advantages of having a senior staff of nurses on duty. But under the old system which included the senior staff of nurses, the most important and most responsible positions were never taken by the older pupils of the school. I refer to the pernicious habit of placing junior nurses on night duty in charge of medical and surgical wards, at which time the help of physicians could be summoned less speedily than in the day time, and when fewer nurses were on hand with not more than a single graduate night superintendent to assist in the care of two hundred or three hundred patients. It would be my hope that the term of night duty should come to be considered the most responsible and the highest position that a pupil nurse could be asked to assume in any hospital service, for I fully believe that a nurse's self-reliance can be better trained, and is better trained, during her period of night duty than as head nurse of a ward when she would be harassed by the many petty details of caring for and overseeing the work of other nurses.

A further criticism has been made, that the adoption of a three years course by the New York Hospital would compel other hospitals to follow this example and that smaller hospitals would not be able to give an efficient training within that period of time. I believe that each hospital must settle this question for itself and I do not believe that any hospital should feel bound to follow the example of the New York Hospital unless persuaded that it is to its advantage to do so. I do not see any reason why the small hospital should not stick to the three year course, and I think it would be advantageous for the pupils in some of them if the course were made four years instead of three.

What I have written above applies to the New York Hospital and with equal force to any large metropolitan hospital with an active, ever changing service of acute disease.

It is my firm belief that under such a system the nurses will be better trained than ever before, and that under such a system two years is ample time to accomplish this better training.

Very sincerely yours,

SAM'L. W. LAMBERT.

# ALUMNÆ NEWS

*New York Hospital  
Training School*

VOL. I

MAY 1907

NO. IV

## STAFF OF THE "NEWS"

EDITOR : Miss M. H. Young, 8 W 92 St.

### REPORTERS

Miss Frederick, 245 W 14 St.

Mrs. Jamieson, 245 W 14 St.

Miss Walton, 7 W 15 St.

Miss Ryerson, 133 W 140 St.

Miss A. B. Stewart, 414 E 14 St.

Miss K. Sutcliffe, 8 W 92 St.

Miss W. McCrae, 604 W 112 St.

Miss L. Wood, 8 W 92 St.

N. B.—Members of the Association will confer a favor by sending notice of change of address.

Those who may have been overlooked in distribution, or those who desire extra copies of the ALUMNAE NEWS, can always be supplied by calling at the Club or at Miss Macdiarmid's office, N. Y. H., or copies will be mailed on application to the editor.

## NOTICES

---

### Our June Alumnae Meeting.

The next regular meeting of the Alumnae Association will be held at 8 W. 16th St., on Thursday, June 13, at 3 p. m.

At the organization meeting of our new Board of Alumnae Trustees, the following appointments were made:

Miss A. B. Stewart, Chairman

Miss M. A. Smith, Secretary

#### CREDENTIAL COMMITTEE

Miss I. H. Sutcliffe, Chairman

Miss Jordan,

Miss Birdsall

#### EXECUTIVE COMMITTEE

Mrs. Twiss, Chairman

Miss Stewart

Miss Smith

#### FINANCIAL COMMITTEE

Miss Wheeler, Chairman

Miss Ryerson

Miss Benz

#### HOUSE COMMITTEE (for month of May)

Miss Jordan

Miss Wygant

At the May meeting of the Alumnae Association Miss Golding was elected chairman of the entertainment committee.

And Miss Russell chairman of the social committee.

Any members who find their addresses incorrectly given in the forthcoming Annual Report, are requested to send corrections to the Cor. Sec. of the Association, Miss Wygant, 604 W. 112th St.

Prompt notification of change of address would greatly assist the Secretary, and would be much appreciated.

### **N. Y. County Association.**

The Nominating Committee will present the following names for election at the Annual meeting of the New York County Nurses' Association, to be held on Tuesday, June 4th, at 8 p. m., at the Women's University Club, 17 E. 26th St:

President—Miss M. M. Russell, New York Hospital.

Vice-president—Miss Isabel Evans, St. Luke's Hospital.

Cor. Secretary—Miss Knight, Roosevelt Hospital.

Rec. Secretary—Miss Bewley, Presbyterian Hospital.

Treasurer—Miss J. Greenthal, Mt. Sinai Hospital.

Trustee—Miss J. Pindell—New York City Hospital.

## The Other Side.

Having heard what some members of the Medical Board have had to say on the question of two versus three years' course in the Training School, it may be interesting to read over again the resolutions adopted at a meeting of nurses called, last winter, in New York, to discuss the same question.

Resolved, That we strongly endorse, and petition for, a continuance of the present three years' course, for the following reasons:

1. The woman who comes to a General Hospital Training School, ready to give her strength and intelligence to the work there, feels it to be her just right that she shall receive there an education which will adequately and thoroughly fit her for her life work, and she is, in fact, promised by the hospital that this shall be conscientiously given her.

2. It is a practical impossibility in two years' time to so move a large school of pupil nurses through all the wards and divisions of a large general hospital that each one shall have full justice done her in the matter of experience, observation, and the performance of duties covering all branches of the service. Either the practical or the theoretical teaching, both of which she has been promised, must be scamped under the two years' course.

3. The three years make possible a more equal division of service, a more balanced proportion between class work and ward work, and a more careful, effective, instruction of the pupil.

4. A general return to the two years' course would tend to the destruction of that process of affiliation between special and small hospitals for the improvement of their nursing services, which under the three years' course has been developing with the most beneficial and satisfactory results.

5. Far more is required of the graduate nurse today than was

required of her sister ten years ago, and her training should advance in proportion, instead of retrograding. It is a great injustice to nurses to send them forth imperfectly prepared, or prepared only for private duty, or taught only on certain lines, for no nurse knows when her health may make private nursing impossible, or when she may meet with opportunities to enter on branches of work requiring a liberal professional training, such as are daily opening to nurses in connection with institutional and social reform work of all kinds.

6. Three year course benefits the hospital by its greater stability and the longer-continued presence of a senior staff of nurses. We believe that the nurse who has the thorough three years' training can better serve the patient, the physician and the community.

NOTE—Much has been written on this subject in recent numbers of the "American Journal of Nursing."

## Looking Backward ——— and Forward.

A house for "nurses only" had been wished for, and talked of, for years by the nurses who had no homes in New York, and who were, therefore, forced to live in boarding houses—more or less comfortable—but nothing came of the talk until it was found necessary to have an abiding place for the register which the association had decided to start.

Ten years ago (in fall of 1897) a bazaar was held in the old Thorne mansion and the proceeds used to rent and help furnish an ordinary four story house—54 E. 49th St.—having accommodations for twenty one. Donations of furnishings were made by Dr. Daniel Stimson, Dr. Hoet, and, later, by Mrs. Mackay and others, and many Alumnae who were married, or doing institutional work, or living elsewhere, became "Club" members that their fees might swell the funds.

In February, 1898, the Club was opened, with only nine residents, the number being increased, however, when the next class graduated in the spring. The original residents were very proud of their new home, and very enthusiastic in giving things and doing things to make it more attractive.

At first no meals were served, but as requests for these became urgent and frequent, first one and then another was given, until all meals were provided.

The next year the adjoining house was taken and that was soon filled, and the nurses lived here happily until 1904, when, for various reasons, it was found expedient to move, and by long and weary search the present house, in its very pleasant location, was found.

Another fair was held and part of the money raised was used for the moving expenses, alterations, papering and new furniture needed for the larger house, where we have, by the way, about one hundred nurses instead of the nine originally at 49th St.

Mrs. Mackay was very kind in donating hangings and a number of pieces of furniture for the public rooms. But all did not run smoothly in spite of the money made, and the success in furnishing. There were not enough of our own nurses to fill the house, and for the first summer, we had to take in, not only nurses from other schools, but lone women engaged in other occupations—many of them only transients—and in spite of good management we ran into debt, borrowing from members of the association. It has been a very hard struggle, and we have been able so far to wipe out only part of this indebtedness.

However the house has filled up with permanent residents, and we should probably have been, by this time in a comparatively flourishing financial condition, had it not been for the losses and the law suits incurred through our numerous misunderstandings with our landlord—made possible by a defective lease.

We have the lease of 8 W. 92nd St. for five years (three of which have already passed) with the right to renew for another five years—but renewing most of us do not like to think of, if anything else can possibly be done.

Of course our pet scheme is to have a house of our very own, so that we may not be at the mercy of a landlord and be forced to move every so often, which is inconvenient and expensive, as well as hurtful to the business of the register. We hope to find someone, sometime, somewhere, who will build us a Club which we may eventually own, and we are hoping still more devoutly that the “some time” may be at the expiration of our present lease.

But even if the new Club be built for us, we shall have to take care of it after it is built, and it seems as if we should do as some other prudent people are doing under similar conditions, viz: raise a fund to cover the maintenance of the building—repairs and renovations &c, besides the new furnishings always needed in a new house.

But first of all, let us pay our debts. Part of the money borrowed during that first trying summer has been repaid, but we still owe over \$1000. At present the club has little spare cash to count upon except the advance rent which we were required to deposit as security when leasing our present quarters, and much of that would probably be used in paying our moving expenses. It may be well to remember that the main reason for so small a balance in the bank is that our rates have, purposely, been made very low, and thus far, even with the best of management, we have not been able to do much more than pay our running expenses, and while we have done remarkably well, all things considered, in making the so much larger club even pay its running expenses, it seems very important to put things on a firmer financial basis.

If we could have, after paying off our debt, a goodly sum in the bank what a comfort it would be in any emergency we might be called upon to meet. In the present state of our finances, we should have, in an emergency, either to borrow again, or do what most of us would greatly regret (especially if it were our new one) give up the Club altogether. Another argument in favor of a fund is, that it would give us a better standing from a business man's point of view, and would in that way be a great help in any work we might wish to undertake.

From the very inception of the Club there has been much enthusiasm shown, and much hard work done, by the nurses—and thus have been compassed these great results.

Shall we not, then, keep up our record and try by renewed efforts to raise this fund to make and keep the Club independent, thus leaving the Alumnae Association free to turn its attention to other projects hardly less necessary than the Club itself?

Will the members of the Association not take this matter into serious consideration, and be prepared at the June meeting, to offer suggestions as to ways and means of accomplishing this object.

If unable to be present at that meeting suggestions might be sent to the president of the Association, or to the News.

MARY H. YOUNG.

## News of the Club and the Classes.

Mrs. C. E. Fredenburg, one of our earlier graduates, has been operated upon for appendicitis, at the New York Hospital. She is making a rapid recovery, and has gone to the country to recuperate.

Miss Wallis, visiting nurse in Grace Parish, leaves, the last of May, for a vacation at her home in Kansas.

Miss Frederic who fractured her thigh and is still in the Hospital, came down to the Alumnae Meeting on Thursday, in a wheel chair.

Miss Macdiarmid leaves, in the end of this month, accompanied by her mother and sister, for a three months European trip.

Miss Lillian I. Nichols, now at Youngstown, Ohio, in charge of district nursing work, is convalescing from an operation for appendicitis performed at the Youngstown Hospital.

Miss H. L. Josephi has accepted the position of superintendent at Mountainside Hospital, Montclair, N. J.

Miss F. Dakin is to be assistant housekeeper at N. Y. H. during the summer.

Miss Bertha Sinnott sailed for Italy on May 12th.

Mrs. Hosking sails, on 31st inst., for France, intending, after a brief stay in Paris, to spend the summer at Zurich, Switzerland.

Miss Kelshaw has taken a permanent position at Hudson street Hospital.

Miss Nellie McCrae's address for the summer will be Bernardsville, N. J., care Mrs. F. S. Newell.

Miss Price and Miss Tybjerg intend to sail for England, together, the latter part of June.

Miss Anna Wilson who has had typhoid fever at N. Y. H., has sufficiently recovered to return to the Club, and she hopes to go to her home in Canada next week.

Miss McAlister, '07, will be very pleased to have members of the Association, who visit the Jamestown Exposition call at the Pocahontas Hospital.

Married—At the N. Y. Hospital, May 3rd, 1907, by the brides brother, Rev. Ernest Voorhis, Canon of the cathedral of St. John the Divine, Madeline Voorhis, class '94, to George Alan Sturtevant. Apple blossoms and white roses were the floral decorations. Mr. and Mrs. Sturtevant will spend some time at Nyack on Hudson, returning to New York for their permanent residence.

## Items.

Mr. Waldron P. Brown—one of the governors of N. Y. H.—in an appreciative letter, has signified his acceptance of election to honorary membership in N. Y. H. Alumnae Association.

The N. Y. County Association has asked for expression of opinion on the subjects of a central registry and a county club house. The discussion in our Alumnae Association was unfavorable.

A striking example of the appreciation of nurses' needs is shown in the delightful offer just received from Mr and Mrs John Crosby Brown, of New York, a cottage accommodating six, to be known as the Brownery, Convalescent or Rest Home, will be opened on June 1, 1907, for the reception of nurses. This cottage is situated on Orange Mountain, amid beautiful surroundings, and is intended to be used by nurses recovering from illness, or those needing a rest after exacting work. A nominal charge of five dollars per week will be made. This sum will include convalescent nursing care. Meals served in rooms when necessary; nourishment between meals. Application can be made after May first. Address Miss A. M. Clayton, The Brownery, Orange, N. J. Nurses from any part of the country in need of care and quiet will be welcomed, and it is hoped that this haven of rest so generously provided by our friends will be freely used. *Am. Journal Nursing.*

The summer examinations for "R. N." will be held in the end of June.

The Boston and Massachusetts General Training Schools are making an effort to establish a free bed (private room) at their hospital, for the use of the nurses. It will cost \$5000, and they hope to raise the money in two years by a bazaar, and contributions given or gotten by their nurses.

There will be an International Conference of Nurses in London, June 10—14.

And another Conference in Paris, at the Musee Sociale, 5 Rue Las Cases, June 18—20.

There has recently been published a little book called "How to Prepare for Europe," by Miss Guerber. It is very compact, and gives much interesting information, though not exactly a guide book.

These two books have been recommended, for reading aloud: "At the Sign of the Jack o' Lantern" by Myrtle Reed. "The Lady of the Decoration" by Frances Little.



# ALUMNÆ NEWS

*New York Hospital  
Training School*

VOL. I

JUNE 1907

NO. V



## STAFF OF THE "NEWS"

EDITOR : Miss M. H. Young, 8 W 92 St.

### REPORTERS

Miss Frederick, 245 W 14 St.

Miss A. B. Stewart, 414 E 14 St.

Mrs. Jameson, 245 W 14 St.

Miss K. Sutcliffe, 8 W 92 St.

Miss Walton, 7 W 15 St.

Miss W. McCrae, 604 W 112 St.

Miss Ryerson, 133 W 140 St.

Miss L. Wood, 8 W 92 St.

N. B.—Members of the Association will confer a favor by sending notice of change of address.

Those who may have been overlooked in distribution, or those who desire extra copies of the ALUMNAE NEWS, can always be supplied by calling at the Club or at Miss Macdiarmid's office, N. Y. H., or copies will be mailed on application to the editor.

## NOTICES.

The Alumnae meetings will be omitted, as usual, during the summer.

The next regular meeting will be held at 8 W. 16th Street, Thursday, October 10, at 3 p. m.

The NEWS will not be issued again until October.

The leasing year for rooms at the club will begin in October. Any nurse wishing to secure a room would be wise to make early application to the Superintendent of Club, Miss Dwight.

An effort is being made to secure information concerning the number of nurses engaged in visiting nursing, or allied occupations, viz: tuberculosis work, tenement house inspection, nursing in connection with commercial houses, or factories, school work, etc. It will be much appreciated if each N. Y. H. nurse so employed will write her name and address on a postal card—stating also in which branch of the work she is engaged—and send to Miss J. E. Hitchcock, 265 Henry Street, New York City.

The election of officers in the N. Y. County Society resulted as follows:

President, Miss M. M. Russell, New York Hospital.  
Vice-President, Miss Isabel Evans, St. Luke's Hospital.  
Cor. Secretary, Miss Knight, Roosevelt Hospital.  
Rec. Secretary, Miss Bewley, Presbyterian Hospital.  
Treasurer, Miss J. Greenthal, Mt. Sinai Hospital.  
Trustee, Miss J. Pindell, New York City Hospital.

The Annual meeting of the New York State Nurses' Association will be held in Syracuse, October 15-16.

Mrs. Twiss and Miss A. R. Young have been appointed delegates from our Association, but all other nurses wishing to attend will be welcome.

## Items.

While holding pleasant "social converse," after the June Alumnae meeting, the members were regaled with ice cream and delicious home-made cake.

At the same meeting a resolution was carried asking the President to appoint a committee of five to decide upon ways and means of raising money for the Club.

Several of the nurses think—and one actually had the temerity to voice the sentiment—that the easiest, as well as the most sensible way to raise money would be for each graduate to contribute \$5 or \$10—in plain, ordinary hard cash.

The Mass. General Nurses are adopting this plan for part of the fund they are trying to raise to endow a bed in their hospital. Each graduate makes herself responsible for \$5, which she may either give out of their own pocket, or collect from her friends.

That we are taking an interest in some of the great nursing problems that lie outside our own Alumnae Association is evidenced by the fact that we have voted \$200 toward the endowment of the chair of "Hospital Economics" at Teacher's College. The object is to establish a permanent Normal Training School over which the nursing profession will have entire control. Also to further higher education for nurses. Cost of the chair, \$100,000.

No action was taken, in our Association, on the suggestion made at the Associated Alumnae Convention, that the thirty shares of *American Journal of Nursing* stock still held by individuals should be bought by the different Alumnae Associations.

The Presbyterian Association pledged \$100 for another share of stock, making their holdings ten shares in all.

At the Associated Alumnae the subject of the two years' course did not come up for discussion.

It was suggested that all Alumnae Associations should ask for representation on the Boards of their schools.

A few things that the associations are doing:

The Maryland Nurses raised \$12,000 for a disabled nurse.

St. Lukes, N. Y., are endowing a bed for their alumnae, to cost \$15,000.

Mt. Sinai, N. Y., has established a pension fund.

Presbyterian, N. Y., has a sick fund.

Here's a thing that one of our N. Y. H. classes is doing which is worthy of imitation:

The Class of 1906 decided, before graduation, to meet at least twice a year and keep up class feeling, which with them has always been very strong. At these meetings letters are read from absent members, thus keeping the class in touch with one another.

## Report of our Delegate to the Associated Alumnae Convention

The Tenth Annual Convention of the Nurses' Associated Alumnae of the United States was held at Richmond, May 14, 15 and 16, at the Jefferson Hotel Auditorium.

The meeting was opened with prayer by Rev. R. W. Forsythe, D. D., and an address of welcome by Hon. A. J. Montague, ex-governor of Virginia. Responses were made by nurses from California, Alabama and New York. An informal meeting was held and in the evening Polk Miller and his negro quartette rendered old plantation melodies.

Wednesday and Thursday the convention settled down to business and many interesting reports were made: an address by the president, Miss Damer, and a number of papers were read, among them, "How to Organize for Legislation," "Work of the Board of Examiners," "Responsibility of the Registered Nurse."

A strong address was made on the subject, "Almshouse Nursing—the Human Need and the Professional Opportunity."

The always spicy topic—"The Purchase of the American Journal" was, as usual, warmly discussed. A committee was appointed to ask each individual member for a contribution of one dollar towards purchasing shares of the Journal. Much enthusiasm was evinced in raising funds for the endowment of a chair of Hospital Economics at Columbia—\$100,000 is needed, over \$4,000 was pledged, by delegates, for different Alumnae and State Associations—two hundred delegates pledged one day's work each.

The "Question Box" in charge of Miss Mc Isaacs was interesting. Some of the questions were "How to render assistance to poor or disabled members," "How to increase attendance at Alumnae Meetings" "How many schools have returned to a two years course," "How to prevent attendants from wearing school uniforms," "To whom does a

patient's record belong." (It is interesting to know that in three states the law decided that the notes belonged to the patient.)

Last year the N. Y. Hospital Alumnae Association had the largest number of votes, this year two associations out rank us; Boston and Johns Hopkins.

The following officers were elected:

President, Miss Damer.

1st Vice-President, Miss Cook.

2nd " " Miss Cabaniss.

Secretary, Miss DeWitt.

Treasurer, Miss Davids.

Directors, Misses Alline and Mc Isaacs.

Delightful informal receptions were held at St. Lukes and Memorial Hospitals, and on May 17th an excursion was given for the delegates and visitors, down the beautiful James River. "The nurses of Virginia" proved themselves delightful hostesses, and the delegates will carry home with them many pleasant memories of their stay in Richmond.

The next convention will be held in San Francisco.

E. E. GOLDING.

## A Nurse who has Given up Nursing.

Miss Jane A. Wright, Class of 1894, after four years as Superintendent of the Providence Lying-in Hospital, had to resign because of a nervous breakdown, and, being unable for the same reason, to do private nursing, took up physical development to try to improve her health. The improvement was very gradual, but at the end of two years she had so far recovered that she decided to instruct others in what had been of such benefit to her.

Miss Wright is especially interested in teaching nurses how to keep well through physical development, the importance of deep breathing, how to stand, how to use the muscles to make work easy and least fatiguing, laying special stress upon the importance of correct foot posture, using the straight foot method altogether in her exercises, and ignoring all apparatus in gymnasium work.

During the past winter she taught in the gymnasium at the Presbyterian Hospital, and is engaged for next winter, when she will have a class in dancing also. She taught dancing at Mt. Sinai Hospital, the nurses paying for the instruction, and the hospital for the music.

Also; physicians are sending their patients for private instruction.

While not without honor in her own country, Miss Wright's fame has spread far abroad, as is testified by a letter of inquiry about the work, from Miss Esther Shields, Severance Hospital, Seoul, Korea.

Altogether Miss Wright has had two very successful years in teaching, her health is completely restored, she is happy in her work, a firm believer in its beneficial effects, therefore very enthusiastic.

## News of the Club and the Classes.

Miss Frederick was able, on June 10, to leave the hospital, and has gone to the "Brownery," the new rest house for nurses noticed in May number of the News. She writes: "I have the distinction of being the first arrival. Those in charge are more than kind, and everything is dainty and attractive, making it an ideal place for tired and convalescent nurses. Two arrivals are expected this afternoon, and the house will be filled by the end of the week. Presbyterian, Roosevelt and New York Hospitals will be represented."

Miss Gillette, Miss Denike and Miss Lindgren started for Europe May 25th.

Mrs. Twiss and Miss Golding visited the Jamestown Exposition while in Virginia attending the Nurses' Convention.

Miss B. Moore sails June 1.

Miss Benz was operated upon, at Mt. Sinai Hospital, June 3, for appendicitis. She is recovering slowly.

Miss Blanche Gibson is now in charge of the P. P. building in N. Y. Hospital.

Miss Skuse has charge of ward "M."

Miss Gertrude Seeley has gone to her home in Canada, for a long rest, and Miss Aberneathy has taken her place on 7th floor, P. P. Building.

Miss Keator has left N. Y. H., and will be acting Supt of Vassar Hospital, Poughkeepsie, N. Y., from July until October.

The Misses Earle leave, on July 6th, for a three months holiday at their home in Jamaica, W. I.

Miss M. H. Lawrence will be in charge of the P. P. operating room during Miss Earle's absence.

Miss M. A. Harding, Class '05, returned about middle of May, from Honolulu, and is now at the Club.

Miss McCall is leaving for a long vacation at her home in Toronto.

Ten members of the Class of '06 were entertained by Mrs. Morse at the "House of the Holy Comforter" on Friday evening, June 10th. The special event which called them together was a "tin shower" for Miss Lillian Simpson, who is to be married on July 10. The evening was a most enjoyable one. The class were positive that the refreshments were the best they had tasted since childhood's days.

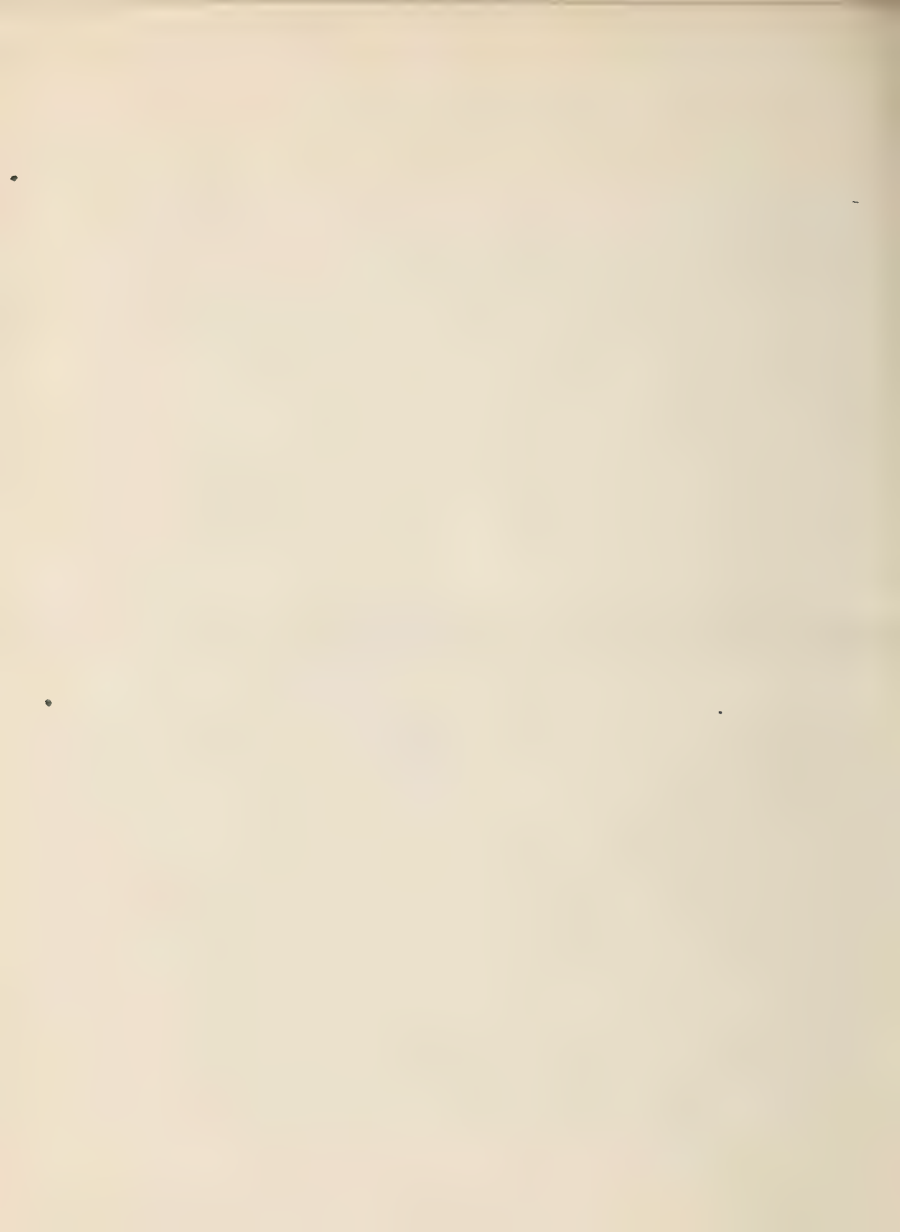
Mrs. Dwight, '06, has accepted the position of visiting nurse for the Vanberbilt Clinic, this summer.

Miss E. S. Harding, '06, has resigned from the staff of the Babies' Hospital.

Miss Grace Traver, '07, expects to sail June 29th, for a three months' trip through Switzerland, Italy and France.

Miss Christine Marks, Class '04, was married June 5th, to Mr. Elsing. They have gone to Bisbee, Arizona, to live.

Within the month we have had two donations to the Club, amounting to \$75.



New York Hospital Training School

---

ALUMNAE  
NEWS

---

VOL. II.

OCTOBER 1907

NO. I



## STAFF OF "NEWS"

EDITOR: Miss M. H. Young, 8 W. 92d St.

BUSINESS MANAGER: Mrs. Culbert, 195 Claremont Ave.

SECRETARY: Miss Bower.

### REPORTERS

Miss Frederick, 245 W. 14th St.

Mrs. Jameson, 245 W. 14th St.

Miss Walton, 7 W. 15th St.

Miss Ryerson, 133 W. 140th St.

Miss A. B. Stewart, 414 E. 14th St.

Miss W. McCrae, 604 W. 112th St.

Miss L. Wood, 8 W. 92d St.

N. B.—Those who may have been overlooked in distribution, or those who desire extra copies of the ALUMNAE NEWS, can always be supplied by calling at the Club or at Miss Macdiarmid's office, N. Y. H., or copies will be mailed on application to the editor.

## EDITORIAL

---

With the October number the "Al News" begins its second volume, and it is hoped that the members of the association will not only give it a welcome this winter, but will co-operate with the staff in trying to make it better each month, and more and more useful to the association.

---

By the death of Dr. Francis H. Markoe, last month, the association loses one of its honorary members—and a warm friend. It was entirely through his efforts that many of our sick members were cared for in private rooms at the Hospital, instead of going to the public wards: this kindness has been greatly appreciated, not only by the beneficiaries, but by the association at large.

Very many members have felt his death a personal as well as a professional loss.

The article, contributed by one of our members, explaining so clearly our "affiliations," ought to impress upon us that we have an outlook and a responsibility beyond ourselves—and even beyond our own Alumnae Association.

It will be noticed in the report of the Associated Alumnae at the Richmond meeting, that a committee was appointed to consider establishing a national "Pension Fund"—what form this benefit shall take—whether it shall be on the principle of life insurance members receiving from the fund, at the end of a certain number of years, in proportion to the amount paid in—whether it shall be on the plan of our own sick fund—or whether nurses who are in trouble shall be helped according to their need, without reference to what has been paid in—or exactly how it shall be done is not yet decided. Should not we, as individuals, and as an association, consider what character we wish it to take? As was said recently: "The committee would be glad to have suggestions, and the fund will, undoubtedly, take the form approved by the greater number of nurses."

---

One item of business which will come up for discussion at our November Alumnae meeting will be the exact purpose of—or rather the exact name to be given—the fund for which we have already received two donations—whether we shall designate it for one purpose only, or whether we shall put in a clause which will allow it to be used for other purposes, if not needed for the purpose designated, or if urgent need should arise in some unexpected quarter.

Of course, if we allow this clause to be inserted (which would seem very wise) it should be understood that the money cannot be put to any use, other than that designated, without due deliberation, and upon the vote of at least the majority of the whole association—or by some other method which will prevent the fund being drawn from for too slight a cause.

As it is sometimes hard to find notices in the daily papers of any kind of entertainment but the theatre, there is given, in another column, a list of lectures of which many of the titles sound interesting; also it is hoped to have at the club office two tickets for People's Symphony Concerts, which members of our association may use upon payment of small sum each time of use. Dates of concerts may be found by inquiry at club.



## OUR AFFILIATIONS

---

Our ties as graduates of the N. Y. H. are quite strong enough to make it worth while to have an Alumnae Association, but if we fail to realize that when we go away from the hospital with our diploma and pin we have entered on a larger world where our relations reach in various directions, we miss a great part of our birthright. The affiliations of our Association afford us the needed opportunity to keep in touch with other women who are doing similar work, but whose point of view is sufficiently dissimilar to make association with them stimulating and helpful.

The County Society represents the larger part of the nurses in the city. They hold quarterly meetings where matters of interest to all the profession are discussed. The meetings this year are to be held in the Bellevue Club Rooms, 14 East 42d Street. We are entitled to send a delegate for every five members resident in New York County, and they only have the right to vote, although all our members are welcome at the meeting.

Our membership in the New York State Association is through the County Society, but we are entitled to nominate a delegate for every ten members. These delegates are confirmed by the County and so represent both.

The Associated Alumnae of the United States meet annually. This Association was organized ten years ago and has been a mighty power in developing and moulding the nurses of the Country into a professional body. The Association has always been led by women whose vision has included the details of the work of caring for one patient and also the relations of our work to that of all who are working to raise the health standard of the community. The by-laws of the Association give us the right to send a delegate for every fifty members, so we are entitled to six. If a member is sent as a delegate for three successive years she becomes a permanent member. Most of the Associations avail themselves of this privilege and so have better representation and the National Association has a fairly permanent character, which greatly facilitates business.

The Associated Alumnae is united with the national Associations of all the European countries as well as of Australia, so the interests of our profession are joined with those of women everywhere, who are nursing the sick, and the various organizations form a strong influence for good or evil. It is the duty of every one of us to see that the branches with which we are connected stand for high ideals of womanly service.

---

### NOTICES.

---

#### CHANGE OF ADDRESS.

Members of the Association will confer a favor by sending notice of change of address, to the editor, as promptly as possible, so that the mailing list may be kept corrected.

---

#### N. Y. H. AL. MEETING.

The next regular meeting will be held at 8 W. 16th Street—Thursday, Nov. 14, at 3 P. M.

---

N. B.—Any members who wish to have a voice in the important decision regarding the name of the fund we are starting, ought to make an effort to be present—or send an opinion in writing in time for the meeting.

---

### LECTURES.

---

At Museum of Natural History—At 8 P. M.  
Saturday, November 2d.

5. "Little Brothers of the Air (Birds)." Illustrated by specimens. By Prof. Samuel C. Schmucker.

Tuesday, November 5th.

6. "The Bermudas." Illustrated by stereopticon views. By Prof. Charles L. Bristol.

Saturday, November 9th.

6. "Modern Mound Builders (Ants)." Illustrated by charts and apparatus. By Prof. Samuel C. Schmucker.

Tuesday, November 12th.

7. "The Panama Canal." Illustrated by stereopticon views. By Edwin E. Slosson, Ph. D.

Saturday, November 16th.

7. "My Foster Children (Animals as Pets)." By Prof. Samuel C. Schmucker.

Tuesday, November 19th.

8. "The Delta of the Orinoco." Illustrated by stereopticon views. By Prof. Henry H. Rusby.

Saturday, November 23d.

1. "The Story of a Steel Rail. By J. Russell Smith, Ph.D. (of the University of Pennsylvania). The first of a course of four lectures on "Commercial Geography." Illustrated by stereopticon views.

Tuesday, November 26th.

9. "Typical Life in Chili." Illustrated by stereopticon views. By Miss Carolina H. Huidobro.

Saturday, November 30th.

2. "The Story of a Ton of Coal." Illustrated by stereopticon views. By J. Russell Smith, Ph.D.

Y. M. H. A. HALL, 92d St. and Lexington Av., Manhattan.

Wednesdays, beginning October 9th.

Course of 6 lectures on "The Pathways to the Fields of Art." By Daniel A. Huebsch, Ph.D.

PUBLIC SCHOOL 165, 108th St., near Amsterdam Av., Manhattan.

Wednesdays, beginning October 2d.

Course of 6 lectures on "The Architecture of Great Cities." By Prof. A. D. F. Hamlin.

WADLEIGH HIGH SCHOOL, 115th St., between 7th and 8th Aves. Man.

#### ASTRONOMY

Tuesdays, beginning October 1st.

Course of 8 lectures on "Astronomy." By Prof. Robert W. Prentiss.

#### LITERATURE

Fridays, beginning October 4th.

Course of 11 lectures on "The Characters of Shakespeare." By Louis U. Winkinson, of Cambridge University, England.

PUBLIC SCHOOL 46, 156th St. and St. Nicholas Av., Manhattan.

Thursdays, beginning October 10th.

Course of 6 lectures on "Shakespeare's Gentlemen." By Mr. Frank Stephens.

## THE NURSING STAFF IN N. Y. H.

---

SUPT. OF NURSES—Miss A. Henderson.

ASST. SUPT.—Miss Reutinger.

P. P. BUILDING—Miss Gibson.

CLERICAL ASSISTANT—Miss Horribrook.

NIGHT SUPERVISOR—Mrs. Smith.

OUT PT. DEPT.—Miss Walton.

OP. THEATRE—HOSPITAL—Miss Dakin.

OP. THEATRE—P. P. B.—Miss Earle.

---

## HEAD WARD NURSES.

---

Miss Houston

“ B. Moore,

“ Lund,

“ M. E. Simpson,

Miss Skuse,

“ I. Swan,

“ E. Y. Richmond,

“ Rough.

---

## IN CHARGE OF FLOORS IN P. P. BUILDING.

---

Miss Robinson

“ Moir,

Miss Gill

“ McCrae.

---

## NEWS OF THE CLUB AND THE CLASSES.

---

There is a prospect that all the rooms at the club will be taken for the coming year, in spite of the fact that the rents have had to be raised, on account of the prevailing higher prices.

Miss Frederick, who had the misfortune to fracture her thigh, last winter, has sufficiently recovered to go to friends in Chicago.

Mrs. Jameson, Miss Hunter and Miss Stewart attended the general convention of the Episcopal Church at Richmond—and then visited the Jamestown Exposition, Williamsburg and other points of interest.

Miss Quaide has been made matron of the “New Dormitory” at Vassar College.

Miss Twitchell has left her position in New Rochelle and taken one at Passavant Hospital, Jacksonville, Ill.

---

Miss Holmes has given up her work in England, and is now in charge of the Mills Training School, Bellevue Hospital, New York.

---

It is very pleasant to see Miss Benz at the club again, after her months of absence.

---

Miss Ellison went, October 1st, to take charge of the Vassar Hospital, Poughkeepsie.

---

Miss Clara McCall intends to make Toronto her permanent residence.

---

Miss Laura Barrett has returned to New York after two years spent in New Haven and Litchfield.

---

Mrs. Kuhule (Miss Tallatscheck) has changed her address to 1055 Prospect Avenue, Bronx.

---

Miss Annie R. Young has resigned her Hospital in Syracuse and is studying in Boston.

---

Mrs. A. F. Dwight has moved from Brooklyn to 430 W. 118th Street, Manhattan.

---

The full amount for the October payment on the club piano has not yet been received. It will be remembered that we are depending upon contributions to raise this money. Will those desiring to help please remit to Miss Dwight—8 W. 92d Street.

---

The Intermediate Class in the Training School gave a charming fancy dress dance, Sept. 12—each nurse representing some advertisement. The prize for the cleverest costume was awarded Miss

Clark, who went as "Red Raven Splits;" and for the prettiest, to Miss Work, as "Egyptian Cigarettes, and Miss Birdsall, representing "Omega Oil."

---

There is a rumor of a Hallowe'en dance to be given by the seniors.

---

Miss Hattie C. MacDonald has single rooms and suites for invalids and attendants; also for nervous cases and convalescent patients. Address Chestnut Hill Road, Norwalk, Conn.—Telephone No. 168-4.

---

Miss Josephine Hill will be glad to have books or magazines for a sick friend.—Send to 8 W. 92d Street.

---

Miss Case has given up her position in the Operating Room. Miss Dakin has taken her place.

---

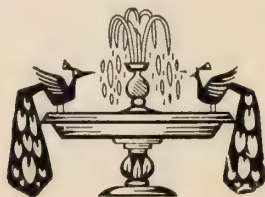
Miss Lillian Simpson, class '06, was married this summer, to Mr. Charles Marks, and they are living at 131 Sherman Avenue, New York.

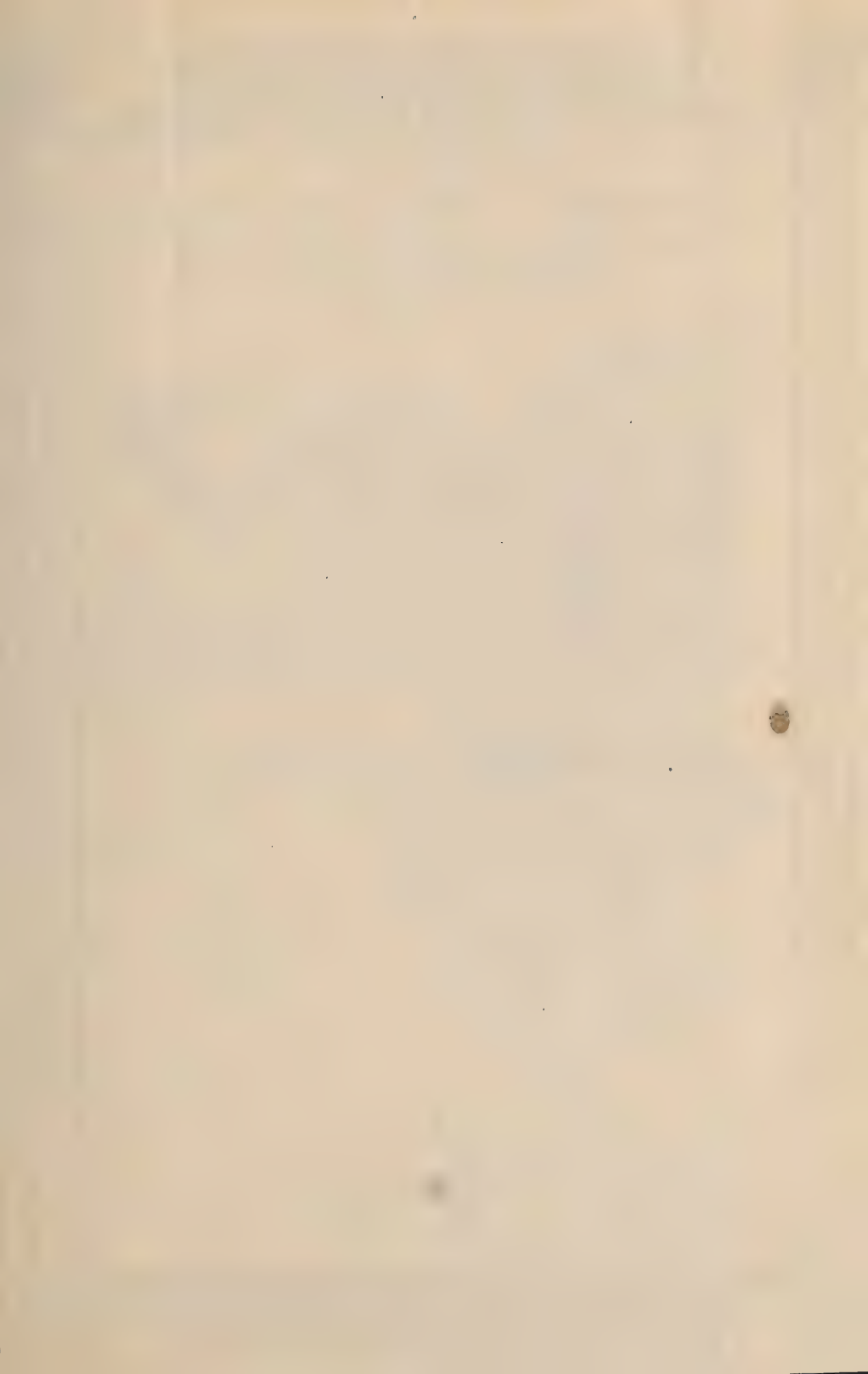
---

Miss Evalyn Westervelt was married, October 10, to Mr. Miller, of Freeville, N. Y.

---

Miss Dora March, class 1881, died at Rutland, Vt., on September 2d. She worked bravely on, in spite of ill health, until about a year ago, making her professional record, twenty-five years.





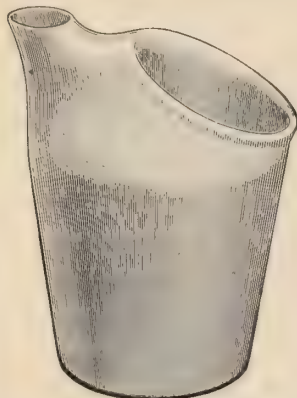


## ADVANCED SPECIALTIES FOR SICKROOM & HOSPITAL



### "SIMPLEX" Porcelain Feeding Cup, No. 10

FOR GIVING LIQUID FOOD OR MEDICINE TO THE  
PATIENT IN A RECLINING POSITION.



PATENT APPLIED FOR



ILLUSTRATION OF CUP IS HALF ACTUAL SIZE. SHOWING HOW THE  
PATIENT CAN HOLD THE CUP AND DRINK IN A RECLINING POSITION



CAPACITY  
OF CUP  
ABOUT FIVE OUNCES

AN  
IMPROVED  
SICK  
FEEDER

HEIGHT OF CUP  
FOUR INCHES.

SHOWING HOW THE PATIENT RECLINING IN A SIDE POSITION CAN USE A  
FEEDING TUBE IN CONJUNCTION WITH THE CUP.

SOLD BY LEADING DEALERS

Sample Mailed to Any U. S. Address Upon Receipt of 40c in Stamps  
WE SUPPLY HOSPITALS AT WHOLESALE PRICES

**MEINECKE & COMPANY**  
48-50  
PARK PLACE NEW YORK

PRESS OF BLOOMINGDALE BROS. NEW YORK

EASY TO CLEAN—NO HANDLE TO BREAK—CAN BE PLACED UPSIDE DOWN TO DRAIN OUT

PRACTICAL AND SANITARY—ALREADY ADOPTED BY MANY OF THE LEADING HOSPITALS

VOLUME 2.

NUMBER 2

---

The  
Alumnae News  
November  
1907

---

New York Hospital Training School

"THE REMEDIAL EFFECT OF CHINOSOL IN CASES OF

# SORE THROAT

IS  
**INSTANTANEOUS."**

USE A SOLUTION 1-1000 (ONE TABLET IN ONE QUART WATER)  
SPRAY OR GARGLE

Its greatest value is that it  
*inhibits germ development.*

Use in suppurating wounds, cuts, abrasions or diseased conditions of the skin, tonsillitis, insect bites, inflamed mucous membranes, catarrhal conditions, &c., &c.

Powder and Tablets.  
Full Literature on Request.

PARMELE PHARMACAL CO.,  
54 & 55 SOUTH ST., N. Y.

---

## YOUR OCULIST WILL APPROVE MARTER'S

SO EASY  
EYEGLASS



SO EASY  
EYEGLASS

It has the rigidity of the spectacle, yet is graceful, convenient and comfortable

*Oculists' Prescriptions Our Specialty*

*Eastman Kodaks, Films & Supplies*

*Developing, Printing and Enlarging*

Special Discount to all Nurses

TELEPHONE  
3474 COLUMBUS

**310 COLUMBUS AVENUE**

BET. 74TH &  
75TH STS.

# ALUMNAE NEWS

---

VOL. II.

NOVEMBER 1907

No. 2.

---

## ALUMNAE NEWS.

---

NEW YORK HOSPITAL TRAINING SCHOOL.

Editor—Miss M. H. Young, 8 W. 92nd Street.

Business Manager—Mrs. Culbert, 195 Claremont Avenue.

Secretary—Miss Bower.

---

## NEWS OF THE CLUB AND THE CLASSES.

---

At a recent Alumnæ meeting it was decided that there should be added to the Club Registry rules, this clause, "Private duty nurses count the day of going to a patient and the day of leaving, as two separate days."

It is to be hoped that this will settle this vexed question.

---

Miss E. R. Smilleé has resigned her position as superintendent of nurses at the Babies' Hospital and expects to sail for Europe, November 27.

---

The members of our Alumnæ Association, seen at the State meeting were, Miss Henderson sent by N. Y. Hospital; Miss Goodrich, Bellevue; Mrs. Twiss and Miss Young, delegates from our Association, and Miss Benz.

## EDITORIAL

The report of our delegate to the annual meeting of the N. Y. State Association is published in this number of the NEWS. There were many timely subjects discussed at the meeting and some of these we shall hope to hear more about later.

---

In the November *American Journal of Nursing*, Miss Nutting has a paper on "The Course in Hospital Economies," in which it is mentioned that a plan is on foot to open certain series of lectures in the Course to a limited number of outside students—that is those not wishing, or not able, to take the entire Course.

A small fee will be charged for admission to any one of the series.

The subjects of the lectures are interesting, and the lecturers are well-known men and women. Any of the members desiring to avail themselves of this privilege should make application to Miss Nutting at the Teachers' College.

---

In the same number of the *Journal* there is an article, well worth reading, on "Opsonic Index and Vaccine Therapy," and another on "The Home School for Private Nurses," the latter, by Mlle. Chaptal, and read by the author at the International Council of Nursing, Paris, in June, gives an idea of what is being done for France by a few energetic women with advanced ideas and high ideals.

---

### NEW YORK COUNTY SOCIETY.

The County Society held its Oct. meeting at the Bellevue Club.

The delegates to the annual meeting of the State Society were approved and Miss Lurkins was sent as County Delegate.

Miss Damer gave a most interesting talk on the progress of Registration in the different States; and it was very encouraging to hear that so much has been accomplished.

## NEW YORK STATE MEETING

---

The Sixth Annual meeting of the N. Y. State Nurses' Association was held at the Carnegie Library in Syracuse, Tuesday and Wednesday, Oct. 15 and 16.

Rev. George B. Spalding, Pastor of the First Presbyterian Church, made the invocation, and Mayor Forbes gave us a very cordial welcome to the city, congratulated the organization on its work, and spoke glowing words of appreciation for the services rendered by the nursing profession in general.

The report of Miss Hitchcock, Chairman of the Nurses' Board of Examiners, was read by Miss Damer. It was interesting to hear that in January, 104 nurses took the examinations, and in June, 226. Failures were frequent in the most simple subjects; for instance, one nurse said she would boil an oyster stew for three hours.

A letter was read from Miss Cadmus, asking that "Nurses who have failed in their examinations for R. N., should not be required to take the whole examination again, but only the subjects in which they failed." Miss Alline approved, saying this was the custom with students in other departments. Miss Damer replied that the Board of Nurse Examiners were not responsible, the rules were made by the Regents.

Miss Davids, President of the Association, gave a fine address on general subjects.

In the afternoon addresses were given by five doctors on "Constructing and Conducting Hospitals," each doctor being allowed ten minutes for his branch of the subject. All the speakers agreed that the pavilion plan is the most desirable; that large open spaces and plenty of air and sunshine are necessary—balconies and roof gardens being recommended in cities. Buildings should be on high ground, should have solid foundations and be made of materials which can stand extremes of weather. Drainage, heating and ventilation should be perfect. Wards should have abundance of floor and air space for each bed, the walls being without square corners, and enamelled furniture is to be preferred.

Miss Damer replied to the paper on Hospital Construction that, in the construction of a hospital, she would urge the co-operation of nurses. If pedometers were used, she said, they would tell a marvellous story of distance covered by nurses when the linen room is at one end of a long ward and the toilets at another. Another suggestion was, that operating tables be so made that it need not take two hours to clean them. Of course she received an ovation from the nurses.

After these interesting papers, Miss Annie Alline gavé her report as Training School Inspector. She told of the trials encountered; one of the greatest is the frequent changes of superintendents out of a total of 58 hospitals, 28 changed superintendents during the year.

She thought probationers should be taught practical work before they go into the wards; suggested if superintendents had time to spend an hour in each ward and watch the nurses they would be able to correct many faults—and yet the work is encouraging. Many improvements have been made and small schools in the State are doing their best. She also urged the need of the Reference Library in every hospital.

The interest in the Course of Hospital Economics was demonstrated when \$250 was voted toward the endowment fund of a chair in economics; \$200 for current expenses and \$150 annually so long as it shall be needed.

Also the Association voted to give \$250 to the Associated Alumnæ for the purpose of purchasing American Nursing Journal stock.

Miss Goodrich explained that this Fall, Teachers' College has added a Department of Domestic Science, with Miss Nutting at its head, and the Course in Hospital Economics will, for the present, be a part of her Department.

Dr. Franklin W. Barrows, Buffalo, N Y., read a most interesting paper on "A Physician's Advice on Nursing People of Moderate Means;" he had written to many of the prominent doctors and asked them questions.

First was: "Do you know of many people not able to procure a trained nurse and not be considered subjects for charity?" The answer from four-fifths of the doctors was about 90 per cent.

Second. "Who would you consider people of moderate means?" Answer—Tradesmen, small merchants, people not having accommodations for nurses.

Third. "What care do these people receive, and what fees do the doctors receive?" Answer—The family usually takes care of the patient and the doctor reduces his fee; sometimes they have an untrained attendant to whom they pay \$10 or \$12 per week, but this is generally unsatisfactory.

Fourth. "Would it be feasible to have hospitals take care of all these cases and not increase expenses?" Answer—There would not be room enough in the hospitals and many could not be persuaded to go there. Miss Jones, a nurse, thought they should not hesitate to go to a hospital, they are willing their children should go to public school.

Fifth. "Do you think the trained nurse is performing her duty toward these patients? If not, why not?" Answer—Usually the trained nurse is a person of moderate means herself, therefore a nurse cannot give her time.

It was suggested hospitals should increase their facilities to care for persons of moderate means.

Some recommended establishing an order similar to the Victorian Order of Nurses in Canada; also Classes of Nurses in the Churches.

Dr. Gilman Thompson thought hospitals should admit trained attendants for about 6 months' time.

Others thought hourly, or case nursing might answer. That nurses at the bottom of lists should take cases cheaper.

Dr. Barrows himself favored the trained attendant, thought they could be subservient to the trained nurse and not encroach upon her ground; he said that the Medical profession believe in the trained nurse and that the trained nurse holds the key to the situation.

Miss Annie Damer replied to Dr. Barrows' paper.

If we had as many nurses as physicians we might have a sliding scale of prices.

That a nurse had to stand a certain amount of loss every year. She did not approve of trained attendants at all.

A nurse is constantly being asked why she does not save more money and then asked why she does not give more to different causes.

The room in the Library was beautifully decorated with palms and pink roses and the proceedings were most orderly and impressive.

We were tendered a very pleasant reception at the Yates House Tuesday evening. Surely the nurses of Syracuse gave us a royal good time.

M. LOUISE TWISS.

---

## NOTICES

---

### *N. Y. H. Alumna Meeting.*

The next regular meeting will be held at 8 W. 16th St., Thursday, Dec. 12th, at 3 P. M.

---

#### CHANGE OF ADDRESS.

Members of the Association are asked to send notice of change of address, to the editor, as promptly as possible, so that the mailing list may be kept corrected.

---

#### RECEPTION.

A reception is to be given Miss Nutting by the nurses of New York, at the Normal College, the first Friday in December.

It is hoped that there will be a large attendance.

## LECTURES

---

Museum of Natural History—at 8 P. M.

Tuesday, December 3d.

MISS CAROLINA H. HUIDOBRO.

“Argentine Republic.”

Illustrated by stereopticon views.

Saturday, December 7th.

J. RUSSELL SMITH, Ph. D.

“The Story of a Basket of Fruit.”

Illustrated by stereopticon views.

Tuesday, December 10th

MRS. M. CLAIRE FINNEY.

“The Land of the Incas.”

Illustrated by stereopticon views.

Saturday, December 14th.

J. RUSSELL SMITH, Ph. D.

“The Story of a Piece of Board.”

Illustrated by stereopticon views.

De Witt Clinton High School—10th Ave. & 58th St.

Lectures on “Modern History” by Prof. SHOTWELL

of Columbia University, and others,

Thursdays during December.

Wadleigh High School—115th St. bet. 7th and 8th Aves.  
December 6th and 13th.

“The Characters of Shakespeare,”

by Mr. L. W. WILKINSON, Cambridge University, England.

## THE CAMPBELL COTTAGE

---

The Campbell Cottage was the gift of the late Mrs. Marie Campbell, and was built some five or six years ago.

The situation could not be more delightful, as it is in the highest section of the beautiful Bloomingdale Estate in White Plains, N. Y.

For some years adult patients have been sent to White Plains, this summer being the first for the children, seems to have been a very happy experiment, and under Miss A. C. Ellison's careful and experienced supervision children from five to ten years of age have spent a delightful and beneficial period of convalescence.

Both medical and surgical cases were admitted, the greater proportion being of the former class.

Although the Convalescent Home could not cure everybody, it was wonderfully successful in a great many cases—particularly lung diseases and rheumatism—and almost every patient gained considerably in weight and strength.

In addition to the original house, which heretofore has been occupied by women patients, two small portable cottages were built this summer. One of these, intended primarily as an isolation ward, was fortunately not needed for that purpose.

Clothing was generously supplied the children, and they received a great deal of care, which did not, however, prevent them from enjoying the freedom afforded by their happy surroundings.

The patients lived out doors from early morning until evening, and open doors and windows secured beneficial sleep.

Through the kindness of the Bloomingdale authorities, the children enjoyed a weekly ride to the seashore, where they spent the day.

The period spent by the children at the Convalescent Home depended largely upon their condition, and altogether, some sixty children were cared for.

FRANCES COBBAN.

# INSTRUCTION IN MASSAGE

## THE

### SYSTEM YOU WILL EVENTUALLY LEARN

SWEDISH MOVEMENTS, MEDICAL AND ORTHOPÆDIC GYMNASTICS

Term: Three Months : : : : Tuition Fee, Sixty Dollars

COURSE IN ELECTRO-THERAPY

Term: Two Months : : : : Tuition Fee, Twenty-five Dollars

COURSE IN HYDRO-THERAPY IN ALL ITS FORMS

Term: Six Weeks : : : : Tuition Fee, Thirty Dollars

**WINTER CLASSES OPEN JANUARY 21st, 1908**

6793 TREATMENTS GIVEN IN 1906

*No better clinical experience possible*

All courses may be commenced at the same time and finished within three months. The instruction consists of daily clinical work and practical lessons on patients referred to our clinics from the various Hospital Dispensaries. Original Swedish (Ling) System, and Weir Mitchell's Rest-Cure System. All pupils attend clinics at several city hospitals. A complete Medico-Mechanical Zander Gymnasium for treatment of patients and instruction of students. Payments can be made to suit your convenience. Spring Classes open in May, Summer Classes in July. Application blank and illustrated booklet on Massage upon request. : : : : *An early application for admission is advisable*

PENNSYLVANIA ORTHOPAEDIC INSTITUTE AND SCHOOL OF MECHANO-THERAPY, (Incorporated)  
1711 Green Street, PHILADELPHIA, PA. MAX. J. WALTER, Superintendent

HAVE YOU READ

## "The Fruit of the Tree"

BY EDITH WHARTON

WAS SHE TO BLAME?

Everything for the Nurse in  
WEARING APPARREL



Uniforms

Kerchiefs

Caps

Aprons

Cuffs

Collars

Surgical

Garments

Do you want a Hospital Position?

As Superintendent, Assistant Superintendent, Head or Ward Nurse. If so, communicate immediately with

The National Headquarters  
for Hospital Positions

*Home Bureau*

52 West 39th Street :: New York

*For a fit of the Blues*

*.. See ..*

*Nurses' Outfitting Assoc'n*

52 West 39th Street :: New York

**THE MERRY WIDOW**



*"Used all  
over the  
World"*

*The "Perfection" Bed and Douche Pan*

**IT IS COMFORTABLE  
IT IS SANITARY  
IT IS EASY-TO-EMPTY**

THE **BEST** FOR  
HOSPITAL  
AND  
SICK - ROOM

**RECOMMENDED BY MANY THOUSAND TRAINED NURSES.  
ADOPTED BY MORE THAN 1000 HOSPITALS.**

**RETAIL PRICES:**

No. 1 Porcelain (Standard Size)	. . . . .	\$2.50 each
No. 2 " (Child's Size)	. . . . .	2.00 "
No. 3 Gray Enameled (Standard Size)	. . . . .	3.75 "
No. 4 White " " " "	. . . . .	4.50 "

*Sold by all dealers or sent upon receipt of price.*

***Hospitals Supplied at Wholesale Prices***

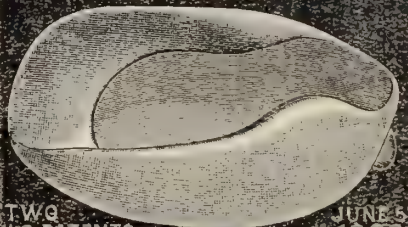
**MEINECKE & CO**

**48-50 PARK PLACE**

**NEW YORK**

*MAKERS OF ADVANCED SPECIALTIES FOR HOSPITALS.*

**THE MOST COMFORTABLE  
AND SANITARY BED PAN  
IN THE WORLD.**



**T.W.G.  
U.S. PATENTS**

**JUNE 5  
1900**

**VOLUME 3.**

**NUMBER 2.**

**The**  
**Alumnae News**

**DECEMBER**

**1908.**

(NON-POISONOUS. NON-IRRITATING)  
DOES NOT COAGULATE ALBUMIN

# CHINOSOL

"THESE RESULTS INDICATE THAT  
**CHINOSOL** IS MUCH STRONGER  
THAN CARBOLIC ACID IN ANTISEPTIC  
POWER." (Extract from Bacteriological  
Report from Lederle Lab's.)

**DOES NOT INJURE MEMBRANES.  
DOES NOT MAKE THE HANDS SORE.  
FREE FROM DISAGREEABLE ODOR.**

FULL LITERATURE AND SAMPLES ON REQUEST.

CHINOSOL COMPANY—PARMELE PHARMACAL CO., SELLING AGENT, 54 SOUTH ST., N. Y.

## Borden's Malted Milk

### THE CORRECT FOOD FOR TYPHOIDS

THE FOOD, BEING PREDIGESTED, IS RAPIDLY  
AND COMPLETELY ASSIMILATED; THEREFORE  
ALL FERMENTATION (WITH CONSEQUENT  
DANGER OF THE INTESTINE) IS ELIMINATED.

Malted Milk Department,  
**BORDEN'S CONDENSED MILK CO.**  
NEW YORK.

Established 1857

"Leaders of Quality"

# ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

VOL. III.

NOVEMBER 1908

No. 2.

PUBLISHED MONTHLY, FROM NOVEMBER TO JULY.

Sent free of charge to all members of the "Alumnae Association"

to others: | 50 cts. per year  
| 10 " " copy

Editor—Miss M. H. YOUNG, 8 W. 92nd Street

Business Manager—MRS. R. B. CULBERT, 526 W. 114th St.

News Editor—Miss H. EARLE, 7 W. 15th St.

Secretary—Miss L. WYGANT, The Plaza Hotel

## REPORTERS

Mrs. Jameson, 245 W. 14th St.

Miss Rough, 7 W. 15th St.

Miss Frederick, 206 E. 16th St.

" Walton, 7 W. 15th St.

" Ryerson, 133 W. 140th St.

" A. B. Stewart,  
414 E. 14th St.

Mrs. Hosking, 8 W. 92nd St.

Miss Golding, 245 W. 14th St.

" Baumann, 8 W. 92nd St.

" F. Nash, 8 W. 92nd St.

" Lavinia Wood, 8 W. 92nd St.

" Van Wagener,  
302 W. 78th St.

It is requested that notice of change of address be sent to the Secretary as promptly as possible, so that the mailing list may be kept corrected.

Those who have failed to receive the "Alumnae News"—or those who desire extra copies—can always be supplied by calling at the Club, or at Miss MacDiarmid's office—or copies will be mailed on application to the Secretary.

## EDITORIAL COMMENT

The "News" wishes all its readers a very Happy Christmas—"Merry" it may not be to many of us who are far from home and loved ones, but dull it need not be for any one who will enter into the spirit of the day, and strive to feel, and to show, "Good will".

Our Club makes a very pleasant gathering place at such a time, — one where we are sure of being among friends.

The Washington Tuberculosis Congress has come and gone—It was, from all accounts, by far the largest of its kind ever held, showing that interest in the subject it considered, is growing rapidly: It is hoped that the many educational sessions of the Congress may spread, among all sorts and conditions of men, knowledge of the means of prevention and cure of the dread disease.

It must be a source of gratification to all to know that the nurses sessions proved so great a success, thanks largely to the energy and public spirit of some of our members;—but this is only a beginning; we, in the work of our chosen profession, can do much in the way of spreading information on the subject, and it is to be hoped that we shall not overlook our responsibility in the matter.

---

In the report of the Hospital Economics Course given on another page of this issue there is a very encouraging item about a young woman who is taking a year's work in Chemistry, Physiology etc., at Teachers' College, preparatory to entering a Training School for nurses. How much more good she ought to get out of her Hospital training on account of this preparatory grounding!

---

With the death of Dr. Ball passes another of the long familiar figures of the New York Hospital. Dr. Ball had been connected with the Hospital for many years as attending Physician, and, though he retired from this position some time ago, he was still a comparatively young man, and his death came unexpectedly. He had gone for a vacation, and while away contracted pneumonia, and the attack very speedily ended fatally, much to the regret of the many who will miss his kindly face.

## NOTICES

### N. Y. H. ALUMNAE MEETING

The next meeting of the Association will be held in the Lecture Room, 8 West 16th Street, Thursday, December 10th, at 3 P. M.

### SICK FUND

The yearly dues for the Sick Fund are payable at the January meeting of the Alumnae Association; This would also be an opportune time for receiving new members.

Miss M. A. Frederick, who injured her hip about eighteen months ago, has returned to the city and is sufficiently recovered to be able to take up some light employment. Any one hearing of anything that might prove suitable will do a kindness by communicating with Miss Frederick at 206 E. 16th St.

Miss Frederick can read aloud or do clerical work, and is skillful with her needle; in fact she can fill almost any position which does not entail a great deal of walking.

### AMENDMENT OF BY-LAWS.

In accordance with article X of the By-laws, which provides that:

"These by-laws may be amended at any regular meeting of the Association by two thirds vote of all its members present, provided a written notice of proposed amendment shall be given at a previous meeting, and signed by five members. Notice of proposed amendment shall be sent to each member two weeks previous to the meeting at which final action shall be taken."

Notice of the following proposed amendment is hereby given :

We move that the by-laws be amended so that the nominating committee be elected at the February meeting instead of the March one, in order to give time for the ballot to be printed in the March number of the "Alumnae News."

Margaret Jenkins  
Ada B. Stewart  
M. Louise Twiss  
Katherine Macdiarmid  
Elizabeth B. Culbert

## ALUMNAE MEETING

It was indeed gratifying to see the marked increase in the attendance and especially to note the presence of many of our graduates now in our Hospital service. Now that the vacations are over, which means a resuming of another years work, may we consider it not only our privilege but our duty to devote a small portion of our time and thought to our Alumnae interests.

The minutes of the Oct. meeting were read, and on the suggestion of the President an insertion was made to cover a hearty vote of thanks to the doner of the membership in the International Conference on Tuberculosis.

Reports of Secretary, Treasurer, and Board of Trustees were read and approved.

One item of the report of the Board of Trustees must interest us all and that is the recommendation of the committee appointed to report on the best solution of a future home for the Club. This committee recommended that another five years lease on the present quarters be obtained, and the Trustees have approved this suggestion.

The Treasurer of the Association reported that one of the Club House loans, amounting to \$500, had been paid off.

Miss Henderson proposed the following nurses for membership in the Association, and they were duly elected.

Miss Florence M. Johnson,—1908	
“ Helen Rosenmüller,	“
“ Nellie S. Oliver	1909
“ Carrie E. Greenwood	“
“ Emma Nicodemus	“
“ Kathleen Despard	“
“ Robert Lee Cromwell	“

The proceedings of the New York State meeting were reported upon very ably by Miss Russell. This report will be given in full in this issue.

Mrs. Twiss in referring to the state meeting emphasised the paper by Miss Nutting, Director of the Hospital Economics Course, Teachers College New York City, urging our Alumnae to think seriously of granting another appropriation towards this good work.

Miss Frederick moved that Miss Nutting be invited to address the Alumnae at some future meeting, which motion was seconded by Miss Young and unanimously carried, the date being left to the convenience of Miss Nutting.

A letter was read from Miss Lavina Dock lamenting the attitude of the National Alumnae towards the question of Woman Suffrage, attributing it to the lack of thought or information. Knowledge of any subject is necessary to a fair decision. It was agreed that although our Alumnae did not wish to commit itself to any stipulated action in the question, yet they felt the subject was one of vast importance and worthy of considerable thought on the part of women in all spheres of life.

Miss Sutcliffe moved that a cordial invitation be extended Miss Dock to speak on the subject of Woman Suffrage to our association.

Incident to the instructions that invitations be sent to Miss Nutting and Miss Dock to address us the chair earnestly requested that the nurses make a special effort to be present, as it was very mortifying to invite guests to entertain and instruct us, and find barely a quorum present.

The nominating committee of the Associated Alumnae sent a ballot blank to our Association with the request that we would fill in upon it, the names of those we would like to have as officers of the Associated Alumnae for the year of 1909 and 1910, and return the form to the nominating committee before the first of January, next.

Forms of this kind are being sent to all the Alumnae Associations, and it was explained that the nominating committee has no discretion but must place on the ticket the names receiving the highest number of votes, so the committee suggested that, to prevent a scattering of votes, it would be well for New York City Associations to confer and come to an agreement upon a list of candidates.

This would naturally be done at the County Society meeting; but, as there will be no County meeting till too late for action, it was moved, and carried, that the Executive Committee of the County Society be asked to make up a ballot, as a suggestion, for the use of the different Associations affiliated with New York County Society.

This ballot will probably come up for approval at our December meeting.

There being no further business the meeting adjourned and entered into Social Session, being graciously served by the refreshment committee.

---

## SHOPPING.

*Don't leave your Christmas shopping until the fortnight before Christmas.*

**CONSUMER'S LEAGUE.**

# REPORT OF THE NEW YORK STATE NURSE'S ASSOCIATION

BUFFALO, OCTOBER, 20th & 21st 1908

## TO THE ALUMNAE ASSOCIATION :

While Mrs. Lewis and I were the delegates appointed in June, the Executive Committee took advantage of the fact that there were other members of our Association going and Miss Goodrich, Miss Samuel and Miss Henderson served as delegates, while Mrs. Twiss and Miss Root of Gloversville had votes as individual members, so that I do not feel that the whole burden, or perhaps I should say "responsible privilege" of representing the Association fell upon us. I will try to give you an outline of the meetings and trust that some of the others will give you details of interest.

The President, Mrs. Burrill of Syracuse, called the meeting to order and after prayer by Bishop Berry and a cordial welcome from the Mayor of Buffalo, to which Miss Damer replied, the reports were read. The report of Miss Hitchcock, Secretary of the Nurse Examiners stated that they felt much encouraged by the advance indicated by the examinations during the last year. The number of candidates presenting themselves was larger, 140 came two years ago, while last June there were 260 and the proportion of failures in the examinations was much less.

Miss Lightbourne, Treasurer, reported the annual expenses all paid and a balance in the treasury of about \$800.

Miss Damer read a very interesting report of the meeting in San Francisco. She said that the desirability of having these big and expensive conventions was often questioned because it was not possible to point to deeds accomplished at the end of the meetings, but she felt that the movements that had their initiation, their inspiration and organization when a lot of people interested in the same things came together, fully justified their existence. She then went on to tell her story of this particular meeting, giving us, as every one else who was there has done, the impression of the cordial and generous reception by the nurse's of the Pacific Coast, who evidently fully lived up to their reputation for hospitality.

Mrs. Burrill's address as President came next, and she dwelt on the needs and possibilities of our society, and advocated more systematic work by means of Chairmen in each district who should help organize County Societies and in any way possible aid the aims of the State society.

## THE CHRIST CHILD

---

The Christ Child comes with soft, light feet  
To touch earth's paths, and make them sweet.

Where'er those shining footsteps fall  
New light and hope are over all.

New love springs up beneath their tread;  
New glory on the old is shed.

And whoso follows where they go,  
Tastes a deep joy no others know.

W. M. L. JAY.

---

## A BRAVE PHYSICIAN

---

"The carnage of the battle field is often due to a kind of communicative and contagious hypnosis. The individual is borne along on the crest of a wave; his entity is merged with those of a myriad of men, in a corporate whole; he floats with the human current. It is one thing to go into the battle in a crowd, with the flags flying and the band playing, amid thousands deliriously shouting; it is another thing to face death in the dark, alone, with none of these adventitious accompaniments.

An eminent New York Surgeon is dying of cancer. He has made a specialty of the disease. in the case of others, and now he has made his own diagnosis and pronounces his own affliction fatal. Having set his affairs in order, he tranquilly awaits the coming of the Great Physician.

He is not afraid. He and Death have for a long time past, been on familiar terms. They have often met in the sickroom, and sometimes the victory has been to the human skill and healing art of the practitioner, and sometimes Death has had its own way. And now at last it seems, Death is to triumph above the skilful brave antagonist who calmly confronts him.

This is a kind of heroism rarer and finer than that of the soldier who faces the bullets on the field, amid 'the thunders of the captains and the shouting.'

Editorial Philadelphia "*Public Ledger*."

Miss Pindell read a paper on the Red Cross and its relation to the nurses. There was a very interesting discussion and a motion was adopted to have a Committee to study the question and learn what co-operation was possible with the Red Cross.

The report of the training school inspector, Miss Alline, gave encouragement concerning the operation of the registration law. She said that the failures in examinations now were nearly all in the papers on the care of children, the subject of dietetics was also weak but there had been marked improvement. The marks of the nurses were very much higher than in the first examinations, eleven having honors, (*ie.* all marks above 90,) in June. A very pleasant luncheon was given by the Buffalo nurses at two o'clock and the next session was in the evening.

Mrs. Twiss read Miss Rogers very interesting paper on "Work in the Public Schools," Miss Franklin had a paper on the preventive work the A. I. C. P. carried on under the direction of nurses. Dr. Barrows read a paper on "The nurse as an Educator," calling attention to the influence every nurse has as a teacher of hygiene, and Miss Palmer read a paper on "State Registration, what it has done and what it fails to do." She said that the influence of the law in an educational way shows more progress than in any other direction; there are 235 schools registered at Albany (116 in New York) as keeping up to the standard required by the law and as these schools control about 8,000 pupils it has established something of a standard so that to be a graduate of one of these schools meant a more definite training than had previously been possible. The personal advantage to individuals was less easy to recognise, but she urged the nurses to use the "R. N." on every suitable occasion, and to familiarize people with it.

Wednesday morning found everybody ready for the full programme prepared, and Miss Goodrich read one of the most interesting papers of the Session on "Post-graduate work in Hospitals." She described her organization of post-graduate schools to do the nursing in Fordham and Harlem Hospitals when they were taken over as a part of Bellevue; the number of applicants, the opportunities offered, and the work done.

Dr. Bannister told of the work she was doing in a factory as health official.

At 11.15 we adjourned to the Buffalo General Hospital to a clinic held by Dr. Roswell Park for our benefit. He lectured about a case of tetanus that they were treating with serum and believed to be convalescent, and operated on a cretin, inserting a part of the thyroid of a sheep against the peritoneum in the hope that there might be a sufficient development of thyroid secretion to aid in the child's development.

In the afternoon Miss Nutting gave a very interesting address about the development of the course in Hospital Economics at Teacher's College, dwelling especially on the opportunities offered for careful study.

Miss Lightbourne of Syracuse and Dr. Arthur Hurd of the Buffalo State Hospital talked about affiliation of training schools. Dr. Wilcox read a paper on the "Mercenary spirit among nurses" and the final paper was by Dr. Putnam on the work of the nurse among nervous patients. He spoke sympathetically of her need for courage and adaptibility, patience, and knowledge of books and sports and out-door pursuits, and capability for getting a patient out of a rut.

The business of the session was now to be completed. Mrs. Burrill was appointed delegate to the next meeting of the National Association, a resolution was adopted thanking the nurses and others who had helped make the meeting a success, the decision to meet in New York next fall was reached, and the following officers declared elected.

**President**

Mrs. Harvey D. Burrill, R. N.,

1st Vice-President

2d Vice-President

Miss Anna C. Alline, R. N.

Miss Ida Root, R. N.

Treasurer, Miss L. Lightbourne, R. N.

Secretary, Miss G. Knight, R. N.

Trustees (For 3 years), Miss Sophia E. Palmer, R. N.  
(For 1 year)

Mrs. Twiss, Miss Greenthal, Miss Hartman

**Board of Nurse Examiners**

To fill the vacancy caused by the death of Mr. L. Bissell Sanford, R. N., and to be reappointed in 1909, at which time the term for which Mr. Sanford was appointed expires.

Miss Lina Lightbourne, R. N., Syracuse

Miss Nancy E. Cadmus, R. N., Tompkinsville, S. I.

To fill the regular expired term of 1908 of Miss Hitchcock

Miss Jane E. Hitchcock, R. N.

Miss Mabel Wilson, R. N.

*These names of Nurse Examiners are recommended to the Board of Regents at Albany, who will select one to fill each vacancy.*

Then the Meeting adjourned, and some weary but contented delegates scattered in various directions.

MARTHA M. RUSSELL.

## LECTURES

FREE—8 P. M.

- Dec. 1st "Norway and Sweden," by Frederick Houk Law,  
P. S. 169; Audubon Ave., and 168th St.
- Dec. 2d "Historic Castles, Chateaux, and Cathedrals of France,"  
by Mrs. Helen Rhodes. P. S. 186—145th St., west  
of Amsterdam Ave.
- Dec. 2d "Madrid," by Prof. C. U. Clark, at Cooper Union.
- Dec. 3d "History of Architecture as Seen in New York City  
Buildings," by Joseph M. Tilden, P. S. 5—141st  
St., and Edgecombe Ave.
- Dec. 3d "The Period of the Settlers," by Frederick A. Hatch,  
P. S. 140—111th St., between 5th and Lenox Aves.
- Dec. 4th "The Care of the Eyes," by Edward B. Coburn, M. D.,  
P. S. 157—St. Nicholas Ave., and 127th St.
- Dec. 4th "Crossing Bleak Labrador," by Dillon Wallace, P. S.  
90—148th St., between 7th and 8th Aves.
- Dec. 8th "The Vastness of Brazil," by Charles M. Pepper, at  
Museum of Natural History.
- Dec. 10th "The Making of a Statue," by John Scott Hartley,  
P. S. 5—141st St., and Edgecombe Ave.
- Dec. 14th "The Appreciation of Music," by Miss Margaret M.  
Zerbe. P. S. 5—141st St., and Edgecombe Ave.
- Dec. 15th "Heredity," by Benjamin C. Gruenberg, N. Y. P.  
Library 135th St., Branch.
- Dec. 15th "Radium," by Ernest R. Von Nordoff, Sc. D., Wad-  
leigh H. S., 115th St., between 7th and 8th Aves.
- Dec. 15th "Colombia and the Andes," by Charles M. Pepper, at  
American Museum Natural History.
- Dec. 17th "Afoot Through Europe," by Harry Steele Morrison,  
P. S. 119—133d St., near 8th Ave.
- Dec. 18th "The Land of Evangeline," by Edward P. Crowell, M. D.  
P. S. 90—148th St., between 7th and 8th Ave.
- Dec. 18th "The Health of School Children," by John J. Cronin,  
M. D., P. S. 157—St. Nicholas Ave., and 127th St.
- Dec. 19th "Violin and Piano Recital," by Edmund Severn, at  
Cooper Union.

## REPORT OF HOSPITAL ECONOMICS COURSE.

The tenth year of the course in Hospital Economics at Teachers' College opened Sept. 23rd, 1908, with a registration of fifteen students.

The course of study has been so altered that the line between the first and second year's work is quite definitely drawn, the first year giving comparatively few electives, the second giving a wider range than hitherto offered, so that the student may, as far as possible, in the second year specialize in the line for which she is particularly fitted. The courses newly opened to the students this year are:

Two in Columbia in Social Economy, by Dr. Devine—The Standard of Living, Poverty and Relief.

Two in Barnard in Sociology, by Prof. Simkhovitch—The Industrial Family, Social Progress of Cities.

One in Barnard, by Prof. H. L. Moore—Outlines of Economics and Practical Economics.

An important addition to our special lectures is a course to be given by Miss Lillian D. Wald, head worker of the Henry Street Settlement, during the month of November.

At Teachers' College Dr. Wood's Extension Course, Public and Social Hygiene, is also open to the students. This should prove particularly valuable, as it includes the following topics: responsibility of the individual for the health of the community; causes of preventable diseases; characteristics, habits, and modes of conveyance of disease germs; special measures for the prevention and control of tuberculosis, small-pox, malaria, yellow fever, diphtheria, rabies, and other special forms of communicable diseases; regulations applying to quarantine, disinfection and fumigation; sanitary principles relating to house construction and care; street cleaning and disposal of waste; supply of food, air and water; sanitation of public buildings; climatic hygiene and hygiene of occupation.

It is exceedingly interesting to note that there are four scholarships provided this year for the students of this class: from the college, one; from the Superintendents' Society, two; from the Johns Hopkins Hospital, one.

There are also two students with appointments from the college calling for a certain amount of student assistance, in return for which they receive either the whole or a part of their tuition.

Among the hundreds of students at the college, each seeking for something to equip herself more fully for the work she wishes to do, is a young woman planning later to enter a prominent training school for nurses, who is devoting a year to preparation here. She is taking work in elementary chemistry and physics, physiology, bacteriology, hygiene, food production and manufacture.

ANNA G. HAYES, Assistant in Hospital Economics.

## NEWS OF THE CLUB AND THE CLASSES

Miss Armstrong has fully recovered from her accident and is enjoying a few weeks change at Atlantic City.

Miss Gluck and Miss Dumbell, class 1908, are in charge of Ward G., and Ward O., respectively.

Miss Phair has sailed for a trip to Cuba where she will spend a few weeks.

Mrs. Thomas Martin, née Miss Mary Weatherhead 06, is in New York on a visit to Miss Nettie Nudel

Mrs. Elsing, née Miss Celestine Marks, whose home is in Bisbee, Arizona, has been on a visit to her mother in Yonkers. She brought her little son with her.

Dr. Cottle has left New York, and will enter the Navy; his place as lecturer on Surgery to the pupils in the Training School will be filled by Dr. Truesdell.

Dr. Haynes will lecture on Monday nights this season on Children's Diseases to the Seniors and Intermediates in the Training School.

Miss Grayson, '07, has given up private nursing, and is Dr. Culbert's office nurse.

Miss Smiley is doing school work.

Mrs. Quipp and Miss Florence Taylor have returned to the Club after a very successful summer. They managed in Coburg, Ontario, not merely a tea room but a tea house, and gave dinner parties with as many as twenty covers. They will do private nursing this winter.

Miss Helen Wilsey has returned after a six months holiday to her home in Ohio

Miss Sutliffe was at the Alumnae meeting on Nov. 12th.

Miss Pearl is also in the city on a visit and is staying at the Club.

### MARRIAGE.

On Tuesday, October 27th, Miss Evelyn Jean Leger was married at her home in Montreal, Canada, to Mr. James Van Wagener. The happy couple spent their honeymoon in Atlantic City. Mr. and Mrs. Van Wagener will live in New York City.

# NEW YORK HOSPITAL CLUB,

8 West 92nd Street,

## FOR CAPS AND BEDSIDE NOTES.

**H. Blumberg**  
Fashionable Ladies' Tailor  
Suits and Skirts  
a specialty

*References*  
*New York Hospital*  
*Nurses*

Telephone Connection  
243 West Thirteenth Street  
Near Greenwich Avenue  
New York

## SAL HEPATICA

For preparing an  
EFFERVESCING ARTIFICIAL  
MINERAL WATER

Superior to the Natural,  
Containing the Tonic, Alterative and  
Laxative Salts of the most celebrated  
Bitter Waters of Europe, fortified by  
the addition of Lithia and Sodium  
Phosphate.

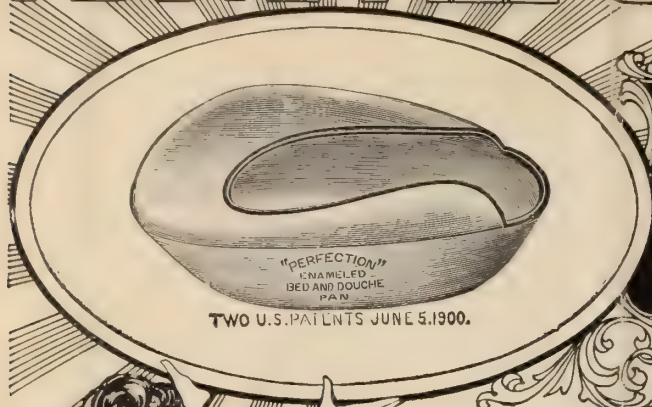
**BRISTOL - MYERS CO.**  
277-279 Greene Avenue,  
**BROOKLYN - NEW YORK.**



Write for free  
sample.

Readers please mention the "Alumnae News"

# ABOVE ALL OTHERS



TWO U.S. PATENTS JUNE 5, 1900.

The  
**"PERFECTION"**  
BED AND  
DOUCHE PAN

IT IS SANITARY  
IT IS COMFORTABLE  
IT IS EASY TO EMPTY

RECOMMENDED BY  
PHYSICIANS & TRAINED NURSES  
EVERY WHERE

The "Perfection" is anatomical'y correct in shape and does not hurt the patient.

It can be quick'y emptied and thorough'y cleansed, and saves time and disagreeable work for the nurse.

It has a large capacity, holding fully 2 quarts.

#### RETAIL PRICES

No. 1, PORCELAIN,	-	Standard Size,	\$2.50
No. 2,	-	Small	2.25
No. 3, GREY ENAMELED,	Standard	"	4.00
No. 4, WHITE	"	"	4.50
No. 5, GREY	"	Small	3.50
No. 6, WHITE	"	"	4.25

SOLD BY ALL LEADING DEALERS

Sent upon receipt of price, express prepaid east of the Mississippi

HOSPITALS SUPPLIED AT WHOLESALE PRICES

ADOPTED BY MORE THAN 1000 HOSPITALS  
AS THE STANDARD PAN



**MEINECKE & COMPANY NEW YORK.**



VOLUME 2.

NUMBER 3

---

# The Alumnae News

December-January

1907-1908

"THE REMEDIAL EFFECT OF CHINOSOL IN CASES OF

# SORE THROAT

IS  
**INSTANTANEOUS."**

USE A SOLUTION 1-1000 (ONE TABLET IN ONE QUART WATER)  
SPRAY OR GARGLE

Its greatest value is that it  
*inhibits germ development.*

Use in suppurating wounds, cuts, abrasions or diseased conditions of the skin, tonsillitis, insect bites, inflamed mucous membranes, catarrhal conditions, &c., &c.

Powder and Tablets.

Full Literature on Request.

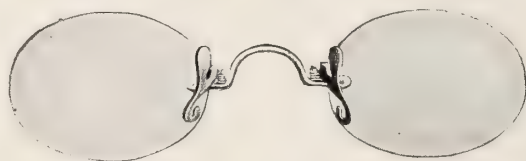
PARMELE PHARMACAL CO.,

54 & 55 SOUTH ST., N. Y.

---

## YOUR OCULIST WILL APPROVE M A R T E R ' S

SO EASY  
EYEGLASS



SO EASY  
EYEGLASS

It has the rigidity of the spectacle, yet is graceful, convenient and comfortable

*Oculists' Prescriptions Our Specialty*

*Eastman Kodaks, Films & Supplies*

*Developing, Printing and Enlarging*

Special Discount to all Nurses

TELEPHONE  
3474 COLUMBUS

**310 COLUMBUS AVENUE**

BET. 74TH &  
75TH STS.

# ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

---

VOL. II.

DECEMBER-JANUARY

No. 3

---

Editor—Miss M. H. Young, 8 W. 92nd Street.

Business Manager—Mrs. Culbert, 195 Claremont Avenue.

Secretary—Miss Bower.

---

## EDITORIAL.

---

The "News" wishes all the members of the Association a very merry Christmas; and "may the new year be a happy one to you—happy to many more whose happiness depends on you."

---

As it has been thought advisable to have the "News" issued earlier in the month than heretofore, this number comes as the December-January one; and in order to make up our full nine numbers for this season, the volume will be carried into July instead of ending in June.

---

We are glad to see by the notice in this number of the "News" that Miss Nutting is to speak to the county society on Jan. 7, on the Hospital Economics Course. This will be an opportunity to learn from a woman, much interested in her profession, all the good that she hopes may come from this very important movement; also its need of the hearty and united support of all the associations and schools.

## ENTERTAINMENTS.

---

In the lecture room of the League for Political Education,  
23 W. 44th Street, at 8.30 P. M.:

*New York City, Past and Present.*

---

ILLUSTRATED LECTURES BY MRS. FRANK BERGEN KELLEY.

---

Jan. 6. *Dutch New York.*

13. *English New York.*

20. *New York During the Revolution.*

27. *Early Nineteenth Century New York.*

Tickets, 50 cents.

---

**Carnegie Hall, January 10th, 8.15 P. M.**

---

*People's Symphony Orchestral Concert.*

---

### PROGRAM:

*Beethoven* ..... Coriolan Overture  
*Schubert* ..... Symphony in C-major  
*Wagner* ..... Aria from "Rienzi"  
*Dvorak* ..... Bohemian Dance

*Soloist, Mme. Gertrude May Stein-Bailey.*

Two tickets (reserved seats) for this concert may be secured  
at the club office, 8 West 92nd Street. Price, 25 cents each.

## ITEMS.

---

### RECEPTION AT TEACHERS' COLLEGE.

A reception was given to Miss Nutting in the beginning of December; the tastefully decorated room, the music, the tea tables and tea drinkers combined to make it a very enjoyable affair, which must surely have given Miss Nutting the feeling that she is welcome in New York, and that her work in connection with the Hospital Economics course is greatly appreciated.

### NEXT ANNUAL MEETING OF THE ASSOCIATED ALUMNAE.

It is hoped that a great effort will be made by each association to send a delegate to California next year. Some societies are taking time by the forelock and are already giving entertainments to raise the needed funds for the long journey. The California associations have always been most generous in sending delegates East, and Western nurses generally are more willing to go East than Eastern ones are to go West.

In many cases if an association which feels unable to pay all the expenses of a delegate to California would announce early in the season that it would pay part of the cost, setting aside a given sum, and should ask for a volunteer who would represent the association, paying part of her own expenses, such a one could be found—though it might prove impossible to pick her up hurriedly at the eleventh hour. She should have time to make arrangements ahead as to her work and personal affairs.—*From "Am. Journal of Nursing."*

### THE ROOSEVELT FAIR.

The Roosevelt Hospital nurses recently held a very successful Fair in the hospital, for the benefit of their "Sick Fund." The rooms were very prettily decorated, and the booths well filled with both useful and fancy articles. The quaint little Dutch girls in charge of the grab bags, and the old Bond Street Tea Room were specially interesting.

## WHAT TWO NURSES ARE DOING.

---

Miss S. Jean MacKenzie, class of '92, after seven years with one patient, has bought a lovely place on Chestnut Hill Road, three miles from Norwalk, Connecticut.

The situation is high, and the house modern and convenient. A wide piazza around the southeast corner is warmed by the sun's genial rays and cooled by the four winds of heaven, which have free access to it on all sides. Stretched on soft-pillowed couch or swing hammock with a good book to read, one could not have a more delightful place to laze away the warm summer days.

The invalid or convalescent enjoying the watchful care and hospitality of the genial hostess, with the life-giving air of Connecticut, is bound to do well and be happy.

"Bondwood Farm" with its ducks, chickens and turkeys, incubators and brooders will furnish sustenance not only for the lazy occupants of the delightful piazza, but will supply the market as well, and thus add to the income of the menage.

Miss Hattie E. MacDonald, class of '88, a very near neighbor, has been some years established in a delightfully quaint old house with windows of small panes, low ceilings, large fire places, high mantles, and little closets in all sorts of queer and unexpected places.

The very attractive arrangement of the house and the air of homelikeness and cordiality imparted by this bonnie Scotch lassie, warm the hearts of all sufferers whom she cares for under her broad roof.

And then the row of old sheltering trees in front of the house, shading the lawn; and the little stoop with its wooden benches on each side of the front door. But the garden! Ah! The dear old rambling garden so gay with stately towering sun flowers, climbing roses, foxglove, dahlias, sweet William and all the dear old garden flowers mixed with and overshadowing squash, cucumbers, beans and beats, all tended and culled by the hand of the owner.

Though she does some private nursing, most of her time is spent at home, and her door is always open to the convalescent and the invalid. To at least one homeless, afflicted fellow creature these two homes, with their lovely home life, have been a very benediction.

## NOTICES.

---

### N. Y. H. ALUMNAE MEETING.

The next regular meeting will be held at 8 W. 16th Street Thursday, January 9th, at 3 P. M.

---

### N. Y. COUNTY MEETING.

The next meeting of the society will be on Tuesday, January 7th, at the Bellevue Club Rooms, 14 E. 42nd Street, 8 P. M. Miss Nutting is expected to speak.

---

### CHANGE OF ADDRESS.

Members of the Association will confer a favor by sending notice of change of address to the "News" as promptly as possible, so that the mailing list may be kept corrected.

---

## HOME.

---

In the broad sense "homé" is the possession of every fine woman, no matter what her circumstances. For whether she be rich or poor the fine woman carries with her all those qualities that make for homelikeness; they are in herself rather than in her surroundings. I like what Ruskin says when he declares not only that wherever a true woman is there is home, but he also adds, "and for a noble woman it stretches far around her;" not only a home, you see, but even a spacious home—"stretched far around her"—yes, though she live in a hut—"shedding its quiet light afar for those who else were homeless."—*Alice Preston, in Ladies' Home Journal.*

## NEWS OF THE CLUB AND THE CLASSES.

---

Our Alumnae Association has elected a committee of three to confer with committees from the other Alumnae Associations, on making up the ballot for officers of the Associated Alumnae for the next year.

The election for these officers will be held at the annual meeting in San Francisco, in May, 1908.

The club house has changed owners—and we are assured that the new owner intends to treat us *very* well, so we sincerely hope that our troubles are over.

The Board of Governors of N. Y. H. decided, at a meeting on Oct. 1, to return to the allowance system in the Training School—ten dollars per month, throughout the course, being the sum fixed upon. The measure to take effect at once.

As the Nurses' Home cannot accommodate all the pupils, the house, 14 W. 16th Street, has been secured as an annex, and makes very comfortable quarters for Miss Earle and Miss Gibson, as well as for the pupil nurses who have of late been compelled to live in the hospital, on account of this lack of room.

Many of the nurses have greatly enjoyed the course of lectures on Ethics given the pupil nurses by Miss I. H. Sutcliffe, late superintendent of the school. The titles are so interesting, and the reports from those who were fortunate enough to hear the lectures, so favorable, that some of the graduates would like to be admitted to the two on "Private Nursing," which are to be given after Christmas.

Miss Denniston is ill in the hospital.

Miss Wallis has left Grace Parish and taken a position in a school for boys in Salina, Kan.

Miss Rachel Clark has gone to Tallahassie, Fla., to assist Miss Apthorp in her hospital.

At our last alumnae meeting a vote of thanks was passed for all those who contributed to the fund for Miss March. It is hoped that by next month the committee may have finished the work, and be able to make a report.

While attending the annual meeting of the Spanish-American War Nurses, at Old Point Comfort, Va., Miss Walton spent a few hours at "The Pocahontas" Hospital, Jamestown Exposition, with Miss McAllister. It was an ideal little hospital, and Miss McAllister is to be congratulated on her success as its superintendent.

Miss Hastings has come up from "Sea Cliff" for the winter and is in charge of the Accident Ward at the N. Y. H.

Miss Olie Gill has gone to her home in Muncie, Ind., to spend the winter.

Miss Jordan has succeeded Miss Moir as superintendent of the Training School at the French Hospital. Miss Moir left this week to take up hospital work in the City of Mexico.

A committee has been appointed to arrange for a suitable celebration of the Tenth Anniversary of the opening of the Club House.

It was hoped that some idea of the form of entertainment might be given this month, but the committee has not been able to meet, so full particulars will be given next month.

The date has, however, been positively fixed for February 29.

Miss Gertrude Miller and Miss Florence Fraser have given up private nursing and are doing school work.

Miss H. R. Stewart has accepted a position in the Woman's Infirmary, 15th Street.

Mrs. Yeoman's new address is 19 East 45th Street.

Miss Richmond has resigned her position in N. Y. Hospital and is taking a holiday.

Miss Isabel Earle has returned from a four months' stay at her home in Jamaica, W. I.

Miss Verna Smith will remain in Toronto for the present.

The class of 1906 had a meeting on Dec. 6, at the club, to discuss the advisability of belonging to the "Sick Fund" and were unanimous in their decision as to its usefulness. About ten members of the class were present and all agreed to join the fund on January 15th.

Practicing for the Christmas carols has been the great interest of the pupil nurses for the weeks before Christmas. Dr. Goehle, House Surgeon, 1st Div., has helped greatly with the music. The carols will be sung at night this time, just after the distribution of presents from the Christmas tree.

Miss Katherine L. Bowers was married to Mr. George Alexander, Jr., at Essex Falls, N. J., on August 31st. They are living at Amityville, L. I.

Miss White has this fall become the wife of Dr. Johnson.

Miss Kate Sutcliffe, who has been staying for two or three months with her brother in California, was married early in December to Mr. Harris.

Mrs. James Lewis (Miss Golding) of Buffalo has a little daughter, born November 1st.

The attention of nurses is called to the scientific courses in the Swedish System of Massage and Gymnastics and the courses in Electro and Hydro-Therapy given at the Pennsylvania Orthopædic Institute and School of Mechano-Therapy (Inc.), 1711 Green Street, Philadelphia. The most modern mechanical equipment, including Zander Gymnasium, large clinical material and hospital experience are advantages of the courses. The winter term opens January 21st, 1908. Particulars and application blanks by addressing. Max. J. Walter, Supt.

# INSTRUCTION IN MASSAGE

## THE SYSTEM YOU WILL EVENTUALLY LEARN

SWEDISH MOVEMENTS, MEDICAL AND ORTHOPÆDIC GYMNASIICS

Term : Three Months : : : : Tuition Fee, Sixty Dollars

COURSE IN ELECTRO-THERAPY

Term : Two Months : : : : Tuition Fee, Twenty-five Dollars

COURSE IN HYDRO-THERAPY IN ALL ITS FORMS

Term : Six Weeks : : ; : : : Tuition Fee, Thirty Dollars

**WINTER CLASSES OPEN JANUARY 21st, 1908**

6793 TREATMENTS GIVEN IN 1906

*No better clinical experience possible*

All courses may be commenced at the same time and finished within three months. The instruction consists of daily clinical work and practical lessons on patients referred to our clinics from the various Hospital Dispensaries. Original Swedish (Ling) System, and I. Weir Mitchell's Rest-Cure System. All pupils attend clinics at several city hospitals. A complete Medico-Mechanical Zander Gymnasium for treatment of patients and instruction of students. Payments can be made to suit your convenience. Spring Classes open in May, Summer Classes in July. Application blank and illustrated booklet on Massage upon request. : : : : *An early application for admission is advisable*

PENNSYLVANIA ORTHOPÆDIC INSTITUTE AND SCHOOL OF MECHANOTHERAPY, (Incorporated)

1711 Green Street, PHILADELPHIA, PA.

MAX. J. WALTER, *Superintendent*

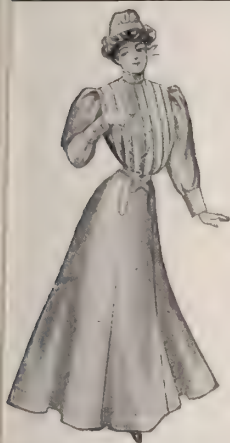
## FOOD ESPECIALLY PREPARED FOR ILL OR CONVALESCENT

Orders Promptly Filled and Delivered Free of Charge

Out of Town Orders Given Immediate and Careful Attention

**Mrs. KATE JEWETT, 78 West 46th St. cor. 6th Ave., New York**  
TELEPHONE 1457 BRYANT

## Everything for the Nurse in WEARING APPARREL



Uniforms

Kerchiefs

Caps

Aprons

Cuffs

Collars

Surgical

Garments

## Do you want a Hospital Position?

As Superintendent, Assistant Superintendent, Head or Ward Nurse. If so, communicate immediately with

## The National Headquarters for Hospital Positions

HOME BUREAU

52 West 39th Street :: New York

## SHOES FOR NURSES

That Support the Arch of the  
Foot Also for Tired FEET

**H. JANTZEN SHOE CO.**

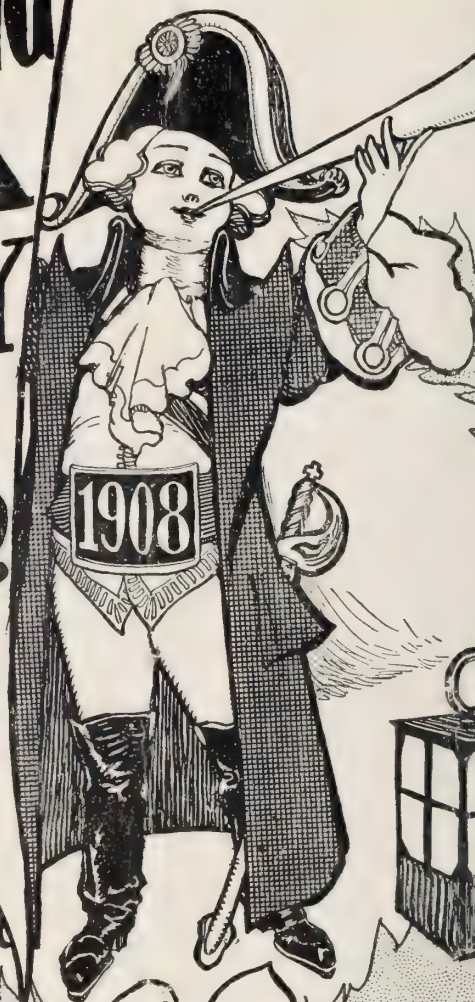
660 6th Avenue, near 38th St., New York

*Nurses' Outfitting Assoc'n*

52 West 39th Street :: New York

TRADE  
MARK  
PROGRESS

WISHING  
YOU A  
HAPPY  
NEW  
YEAR



**MEINECKE & COMPANY**

**ADVANCED SPECIALTIES**

**For Sick-Room and Hospital**

**48 & 50 Park Place**

**NEW YORK**

VOLUME 2.

NUMBER 4

---

# The Alumnae News

February

1908

"THE REMEDIAL EFFECT OF CHINOSOL IN CASES OF

# SORE THROAT

IS  
**INSTANTANEOUS."**

USE A SOLUTION 1-1000 (ONE TABLET IN ONE QUART WATER)  
SPRAY OR GARGLE

Its greatest value is that it  
*inhibits germ development.*

Use in suppurating wounds, cuts, abrasions or diseased conditions of the skin, tonsillitis, insect bites, inflamed mucous membranes, catarrhal conditions, &c., &c.

Powder and Tablets.  
Full Literature on Request.

PARMELE PHARMACAL CO.,  
54 & 55 SOUTH ST., N. Y.

---

YOUR OCULIST WILL APPROVE

## M A R T E R ' S

SO EASY  
EYEGLASS



SO EASY  
EYEGLASS

It has the rigidity of the spectacle, yet is graceful, convenient and comfortable

---

Oculists' Prescriptions Our Specialty

Eastman Kodaks, Films & Supplies

Developing, Printing and Enlarging

Special Discount to all Nurses

TELEPHONE  
3474 COLUMBUS

**310 COLUMBUS AVENUE**

BET. 74TH &  
75TH STS.

# ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

---

VOL. II.

FEBRUARY

No. 4

---

Editor—Miss M. H. Young, 8 W. 92nd Street.

Business Manager—Mrs. Culbert, 195 Claremont Avenue.

Secretary—Miss Bower.

---

## EDITORIAL.

The notice, in another column, about the celebration of the Tenth Anniversary of the opening of our club house, reminds us how much we have grown. From about half a dozen people in an ordinary sized house, to nearly a hundred in a big double apartment is quite an increase. We have our growing pains—but, now that we have seriously set our minds to the work of putting this larger house on a business basis, we hope that our pains and troubles may be eased somewhat, and that, after a time, we may grow big enough and strong enough to work for a club house of our very own.

We feel very proud of our hospital when we think of the generous action of the governors in giving up one of the rooms in the Private Patients' Building for the use of the nurses when ill, and another for the doctors. Surely such kindly thought and action must strengthen greatly the already strong bond between us. We also appreciate very much the attitude the attending doctors have taken in this matter.

It is very gratifying to learn with what enthusiasm Miss Nutting was received when speaking on the Hospital Economics Course at the County Society meeting.

It is certainly fitting that it should be so, for Miss Nutting is greatly interested in her subject, and, besides doing the work itself, is devoting much time to letting its aims and objects—and needs—be known.

It seems as if her efforts are being rewarded by a growing interest among nurses at large.

How satisfactory to know that plans are well under way for raising money to send at least one delegate to California in May, to represent us at the annual meeting of our National Alumnae Association, for though we may, in a measure, keep informed of what is going on by reading an account of the proceedings, the interest is keener when we have a delegate on the spot and we get in closer touch with the other members. Another advantage is that we have a voice in discussing and deciding the many important questions brought up.

The plans for the National Pension Fund are to come up for discussion at this San Francisco meeting.

Have we any ideas to offer on the subject ?

The article re-printed in this number of the "News" may give us a clue to the way in which we may help registration—perhaps also one to the way in which registration may help us.

---

## NOTICES.

### N. Y. H. ALUMNAE MEETING.

The next regular meeting will be held at 8 W. 16th Street, Thursday, February 13th, at 3 P. M.

---

### TO RAISE MONEY.

Mrs. C. V. Twiss, of 419 W. 144th Street, will give a Tea on Thursday afternoon, January 30th. All members are invited.

---

### CLUB ANNIVERSARY.

A reception will be held at the club house, 8 W. 92d Street, on the evening of February 29th, to celebrate the tenth anniversary of the opening of the club.

---

### CHANGE OF ADDRESS.

Members of the Association will confer a favor by sending notice of change of address to the "News" as promptly as possible, so that the mailing list may be kept corrected.

## ITEMS.

The Board of Governors of N. Y. H. have elected Mr. George L. Rives as their President, in place of Mr. Woolsey, who died recently.

Mr. Howard Townsend is Vice-President.

Mr. Simmonds, Treasurer.

The Training School Committee: Mr. Hoppin, Mr. Taylor, Mr. Smith.

Medical representatives on the Training School Committee: Dr. Peabody and Dr. Alexander B. Johnson.

At the last meeting of the Board the Governors decided to set aside one room on the fourth floor of the new building for the use of pupil and graduate nurses when ill; also one for the doctors.

Our Alumnae Association passed a resolution to thank the governors, also Miss Henderson and Dr. Peabody, who were largely instrumental in bringing the matter before the governors.

The Regents of the University of the State of New York, in October last, added a committee of nurses, representing the New York State Nurses' Association, to their advisory council.

The nurse training committee is composed of the following members: Miss Goodrich, Bellevue and Allied Hospitals; Mrs. Simpson, Albany Hospital; Miss Jones, Rochester City Hospital; Miss Root, Nathan Littauer Hospital, Gloversville; Dr. Wm. Russell, Medical Inspector State Lunacy Commission, Poughkeepsie.

The next state examination for "R. N." will be held in the Grand Central Palace, Lexington Ave., near 42d St., Feb. 4-7. The examinations in the practical work will be in several of the hospitals of the city, at the convenience of the authorities.

The nurses of Virginia who are entitled to use "R. N." have agreed to wear these letters on washable badges on the sleeves of their uniforms.

Some forty nurses were at the N. Y. County Society meeting on January 7 to hear Miss Nutting speak of the needs that had led to the foundation of the course in Hospital Economics—the fact that so few of the nurses taking charge of Training Schools have any knowledge of teaching, or those taking positions as hospital superintendents, any special knowledge of buildings or of business—so their experience is bought at great cost to themselves and the institutions. She told how the course at the Teacher's College plans to meet these needs. She spoke of the need of money for an adequate endowment, and the immediate need of sufficient money for maintenance.

Miss Palmer, editor of the *Journal of Nursing*, was also present, and gave a history of the growth of the *Journal* and asked that nurses should try to increase the number of subscribers in the city.

The N. Y. H. Nurses Alumnae Association has resigned from the "Federation of Women's Clubs."

## HOW CAN THE INDIVIDUAL NURSE MAKE STATE REGISTRATION OF VALUE?

BY MRS. EDITH BALDWIN LOCKWOOD.

I was asked to read a paper on "Professional Ethics and Etiquette," and, in spite of conscientious effort, I find that paper evolving into, "How Can the Individual Nurse Make State Registration of Value?" If I can show that she does this through a knowledge and practice of professional ethics and etiquette, perhaps I shall acquit myself before my sponsors.

State registration is secured after much hard labor, and now it must be kept at a high standard to make it of value. If a registered nurse represents only mediocrity, then registration is only of mediocre value. It has often been urged that the practical or untrained nurse is just as good or better than the professional or trained nurse. If registration is to be of any value, we must individually prove this untrue. We must each one be better in every way than any untrained nurse can be, not by derogating her but by making ourselves superior. If the substitute offered is just as good, we cannot expect discriminating choice from a public. It is the pioneers in any movement that set the standard, that make the end achieved lasting and of value in the years to come, and only as it is made of worth by their superiority will it be lived up to and kept high by their followers.

We must, as individuals, as well as a body, make progress. If we, as individuals, lack, we ought to expect to step from the ranks; for if it be said of one registered nurse that she is below the standard the cause of registration is injured thereby. Being registered, if we are poor nurses, will not help *us*, but our being registered will materially harm the cause.

Don't you think nurses as a rule are a narrow-minded people? I think it will be an interesting psychological study in a few years, when our infirmary for graduate nurses is established, to see what kind of old women nurses will make. Will we be a lot of gossiping old busy-bodies, or will we show noble character development? Let us strive for the latter, for that home will be an awful give-away of what nurses develop into.

The average nurse when appealed to regarding registration asks, "How is registration going to help me?" Haven't we all heard this? But seldom do we hear, "How is my registering going to help the profession?" Yet this is the attitude that we must take to grasp its full worth. Registration, if the women who register are women of worth in their profession, is going to benefit and elevate the whole profession, and what benefits the whole benefits each member; but to get gold out, you must put gold in. If my registering will help the profession, then it will help me.

Once through the training school, we are a little apt to think we know it all. We cast aside those restrictions and rules that have governed us there, reserve such tenets as seem to agree with our own moral code, add to that our individual nursing experience and plod along, too conservative to keep abreast of progress, and soon we are behind-hand and don't know it. Then we work on at our *trade* merely as a means of livelihood. In the awaking of the profession to demands for its registration as such, this fact is brought to light, that many nurses are working at nursing as at a trade, never having grasped it as a profession. How is nursing as a profession distinguished from nursing as an occupation, a means of livelihood? In my book of synonyms I find profession listed with vocation, calling, faculty, art, and the dictionary says, "an occupation involving special attainments and special discipline." We know those special attainments are mental, moral and physical strength, and a natural fitness for nursing; and the discipline, what we spent two or more years in the training-school to acquire. All these go to make up a profession. It is none to common a combination—mental, moral and physical strength, all three; and added to these special fitness for a particular thing and two years' study, practice and discipline. Ought not all that make one capable of more than working for wages? It does, if we have all those qualifications and keep them in daily use. It gives us a sense of what is professional, of what is due from us to our profession, and from our profession to our patients.

Nurses, both during the period spent in the hospital course and after graduation, are apt to consider the restrictions and conventions of the school merely as infringements on personal liberty, to be evaded, if possible, when in the school and discarded on leaving. These rules and conventions are, if rightly interpreted, as much a part of our professional instruction as surgical technique, and a nurse is an unprofessional in disregarding one as the other. We were not taught professional etiquette and demeanor merely for practice when we were in the school, but to make us worthy of our profession. The same principle of no intercourse between nurse and doctor, nurse and patient, or nurse and family, holds just as true for private work as for the hospital wards. I do not deprecate or undervalue the close personal sympathy which a nurse is often called upon to give, and which is to a certain type of patient a necessity and a help to recovery, but we must be sure to give it in such manner that our professional attitude of impersonality be maintained. We may *receive* confidences, sympathize and comfort, but we must avoid the feminine pitfall of giving confidence for confidence, for we thereby sacrifice the professional attitude. Our duty is to the profession, the profession's duty is to the patient, and our relation to the patient as an individual can, and should, be so impersonal that, be the conditions what they may, no element of self, *our self*, shall enter in. To be professional, we must

eliminate self in our work. We are but the component parts that go to make up the whole of our profession. No matter how able we are, until we can eliminate self, we are working at our trade simply. One of the rules of our schools, and a well-founded one, is that no nurse may accept gifts from patients. Many pupil nurses do, many a graduate nurse does, and sees no harm therein, and from the individual personal standpoint, perhaps there is none, but from a professional point of view the nurse's personality is eliminated, she standing as the representative of her profession. When she accepts a gift she brings herself into intimate personal relation with her patient, putting herself on the level of personal friend, or as accepting a gift for personal service as a servant. Neither attitude is professional. The regular charges for a nurse's work do not come in any such category. They represent an established value of the profession's service to illness. This is just one instance of lack of professional appreciation. Another is the nurse's relations with the family; another, with the servants. I think you will agree with me that in private nursing our professional attitude is open to criticism in regard to our relations with servants. Each one has her own code of getting along with them, but how often it proves inadequate! I have a theory which my short term of private nursing did not give full enough test to warrant my offering it to you, but I wish we might have an open discussion of the matter.

A problem that confronts not only the board of examiners for candidates for registration, but every worthy member of our profession, is the keeping our state register free from undesirable names. Not only should the specified guilt of felony, crime or misdemeanor bar, but unprofessional conduct, immorality, improper conduct, all should be so defined by our code of ethics that we need have no unfitting person on our register. The co-operation of every nurse is required for this. If women who are not striving to become of value to the profession are to be registered then registration loses its value. Only in putting the best in shall good come forth. What we as individuals stand for is what registration is to be worth. How careful, then, each one of us needs to be when asked to sign the necessary certificates recommending nurses for registration. It is not sufficient merely that we don't know but what she is worthy; we should know that she *is* worthy. We should have that close acquaintance with her work that we know it to be of high quality and done in a professional manner. We should know that her moral character is beyond question, that her habits and associates when off duty cast no reflection on the profession; all this we should *know* to be so ere we risk our own good name vouching for her.

Connecticut is notorious for its acts passed by the legislature that are unenforced and of no value. There is a law that all tires of wagon wheels used on dirt roads shall be of a certain number of

inches in width; no charge has ever been brought against anyone for using narrow tires, and the conditions are just the same as if no law had been passed. We have legislation protecting the nursing profession, but if we do not strive to keep undesirables out, it will be as valueless as the wide-tire law. And this does not mean simply keeping women who are not graduates out, it means keeping all unprofessional, inadequate nurses from the register. An instance under my observation not long since, is a regrettable sample of what we must keep out of our registry. A graduate nurse, so far as I know in good standing, a member of her school's alumnae (I do not know if she is or is not a member of this association), employed to care for the wife of a resident in one of our "summer colonies," involved herself in so noticeable a flirtation with her patient's husband as to afford a gossip topic for the whole colony. It is not within our province to judge of the man's responsibility; his ethical code is a personal one; hers was our profession's, and therefore she was entirely to blame. She asked for a second nurse on the case when one was needed as much as I need two nurses now, and spent her time off duty riding and sailing with her patient's husband. She even wore her patient's gloves! Our whole profession was judged by that woman's actions. She was a graduate trained nurse. Is she eligible for registration? What value will registration be if she is? And is it not a fortunate thing that we secured registration so that we can cope with and discriminate against such a woman as this?

What shall be the standard by which we shall judge? This opens up the subject of a code of ethics for our profession. I recently wrote to six different firms selling text-books on nursing, for what books they had on nursing ethics. I heard of only one book, Isabel Hampton's "Nursing Ethics," and I wonder how many of us own that. There seems a lack of appreciation of this need, or there would be more works on the subject. "Medical Ethics" undoubtedly supplies nearly all we need, but there is so much that does not apply that we need it sifted for our use. Ought it not to be a part of our association's work to draw up such a code, simple, not too extensive but covering the points of professional conduct? No nurse but would find it of value, not only for deciding questions arising from time to time, but by its suggestiveness keeping us from growing lax in these matters. I appreciate too well the amount required from the nurse in training and the amount required of her teachers, not to realize how impossible it seems to add more to the curriculum, but I truly believe that if we would give the student nurse more instruction in professional ethics, even at the expense of *Materia Medica* and anatomy, the profession would profit. Nowhere does the responsibility of the intelligent woman for the existence of standards urge more strongly to action than to us here.

Again, when off duty we still belong to our profession. It is by no means unnatural to think that we are free from restraints or criticism, but are we? We are members of that profession whether occupied at the moment or not and we are responsible to it. What we as individuals do, will reflect for credit, or otherwise, on every member of the profession. We should make our lives above reproach, on or off duty, lest it reflect on the profession, and also keep the profession clean, pure and worthy lest it reflect on us.

There are few professions that combine, as nursing does, both physical and mental effort. Much professional work is purely mental and finds in physical exertion its offset. With us the physical and mental work are coincident. The irregularity of the life of a private nurse, in work, sleep, meals, length of cases and accommodations, are too well known to be mentioned, but the effect of their strain, added to the physical and mental work, leaves any nurse who has given the profession's due to a patient for a case of ordinary length, in need of systematized rest and recuperation. First, rest in the form of mental and physical relaxation, and following that, recreation, recreation in its literal sense as well as the accepted meaning of the word. Physical re-creation, then, in the form of good nourishing food regularly taken. We can, if we must, get on with short rations, irregular meals and poor food on cases, but we owe to ourselves and to the profession, when off duty, to take plenty of strengthening and nourishing food. It is not only false economy but hazardous to try to economize on food as so many of our nurses living in nurses' homes do. The body and mind rested and the body nourished, mental recreation in the form of study and progress along professional lines, is in order. If a nurse passes time between cases without giving to her mind new professional food, it is as if the teamster put his horses in the barn at night to rest but did not feed them. Let this study be something definite, something more than a desultory reading of nursing magazines, or even a text-book. Of almost if not equal importance with professional study, is the pursuit of an avocation; be it music, flowers, a language, birds, or even embroidery, a something to be accomplished outside of professional work is a desideratum for every nurse. It keeps the mind broadening and balanced and is one of the best preventives of the much-to-be-deprecated shop talk and gossip.

Lastly but by no means unimportant, is recreation in its pure sense of play. Let it be in whatever form desire dictates, be it theater, dancing, picnic, excursion, what we will, only stipulating for purity of thought and purpose and playing in such a way that it keeps the spirit of play, which is youth, ever fresh in us, and so that our profession can feel no shadow of harm from our action.

*Read at a Meeting of the Graduate Nurses' Association of Connecticut.*

REPRINTED FROM AMERICAN JOURNAL OF NURSING, OCT. 1906.

## ENTERTAINMENTS.

---

The League for Political Education,  
in the Hudson Theatre, 139 W. 44th St.,  
Saturday mornings at 11.00 o'clock.

Feb. 1. John Graham Brooks, "A Study of Our Human Prejudices."

Feb. 8. Hamilton W. Mabie (subject not announced).

Feb. 15. Percy MacKaye, "The Play and the Playgoer."

Feb. 29. Dr. Henry Van Dyke (subject not yet announced).

Single admission, \$1.00.

In the lecture room of the League, 23 W. 44th St.,  
Mondays, 8.30 P. M., by Mrs. Frank Bergen Kelley.

Feb. 3. New York, the Metropolis (Illustrated).

Feb. 10. Literary Landmarks in New York (Illustrated).

Admission, 50 cents.

Thursday morning at 11.00; Feb. 27., Prof. Charles Gueblin,  
"The Right to Work."

Admission 50 cents.

---

## AMERICAN MUSEUM OF NATURAL HISTORY

77th Street and Central Park West.

---

Lectures begin promptly at 8 P. M.

Tuesday, February 4th. Mr. Louis F. Berry, "France." "Her history written in stone." Illustrated by stereopticon views.

Tuesday, February 11th. Mr. Clinton G. Abbott. "The Highland and Islands of Scotland." Illustrated by stereopticon views.

Saturday, February 15th. Prof. Ernest R. von Nardroff. "Cathode Rays, and Roentgen Rays." Illustrated by experiments.

Tuesday, February 18th. Mr. Sutton Fletcher. "The Homes of the Poets." Illustrated by stereopticon views.

Saturday, February 22d. Prof. Ernest R. von Nardroff. "Wireless Telegraphy." Illustrated by experiments.

Tuesday, February 25th. Mr. Anthony Fiala. "Fighting the Polar Ice."

The story of the Ziegler Polar Expedition of 1903, 1904, 1905, by its commander. Illustrated by stereopticon views and moving pictures.

Saturday, February 29th. Prof. Ernest R. von Nardroff. "Radium." Illustrated by experiments.

PUBLIC SCHOOL 46, 156th St. and St. Nicholas Ave., at 8 P. M.

Thursday, Feb. 6th and 13th, by David Saville Muzzey, Ph. D., "Crises in American History."

Wadleigh High School, 115th St., between 7th and 8th Aves.

Tuesdays, Feb. 4th, 11th, 18th, and 25th., by Daniel Gregory Mason, "The Appreciation of Music."

#### THE PEOPLE'S SYMPHONY CONCERT

Carnegie Hall, Friday, Feb. 21, 8.15 P. M.

Soloist:.....PAUL DUFAULT.....Tenor.

#### PROGRAM.

*Smetana* .....Overture "The Bartered Bride"

*Beethoven* .....Symphony No. 7 (By request)

*Massenet* ..... "O Suderain," Aria from "Le Cid"

*Liszt* .....Mazeppa, Symphonic Poem

Two tickets (reserved seats) at the Club, 8 W. 92d St., 25c. each.

BECAUSE THE CASEIN OF THE MILK  
HAS BEEN PARTIALLY PREDIGESTED IN  
BORDEN'S MALTED MILK IT WILL BE  
RETAINED AND ASSIMILATED IN MANY  
CASES WHEN ALL OTHER FOODS FAIL.  
WRITE FOR MALTED MILK BOOKLET.

Malted Milk Department  
**BORDEN'S CONDENSED MILK CO.**  
**NEW YORK**

## **SAL HEPATICA**

The original effervescent Saline Laxative and Uric Acid Solvent. A combination of the Tonic, Alterative and Laxative Salts similar to the celebrated Bitter Waters of Europe, fortified by addition of Lithia and Sodium Phosphate. It stimulates liver, tones intestinal glands, purifies alimentary tract, improves digestion, assimilation and metabolism. Especially valuable in rheumatism, gout, bilious attacks, constipation. Most efficient in eliminating toxic products from intestinal tract or blood, and correcting vicious or impaired functions.

Write for free samples.  
**BRISTOL-MYERS CO.**  
Brooklyn • New York.



---

Out of Town Members of the Association, by paying \$5.00 per year Club dues, may, while visiting in New York, avail themselves of the low rates charged by the Club for Board and Lodging. Address :

THE SUPERINTENDENT  
8 West 92d Street  
New York.

---

## NEWS OF THE CLUB AND THE CLASSES.

---

The committee—Miss Houston, Miss Lawrence, Miss Leger, Miss Miller, Miss McCrea, Miss Rowland and Miss Russell, chairman—appointed last month to arrange for the celebration of the tenth anniversary of our "Club" reported in favor of an evening reception, at the club house, on February 29, and suggested that those members of the association desiring to invite friends, should send their friends' names and addresses (together with their own visiting cards) to Miss M. M. Russell, 447 W. 59th St.; thus there would be no duplicates, and the invitations would all go at the same time.

The invitations are limited to three for each member.

The Club House has re-paid the balance of the loan made to it by the Alumnae Association.

The practical part of the examination for "R.N."—for N. Y. H. Nurses—will be held at the Hospital, either Jan. 23rd or 28th.

Mrs. Twiss will give a Tea, to help raise money to send a delegate to the National Alumnae Association Convention in California next May.

Cards for this Tea will be sent, shortly, to each member of the N. Y. H. Association.

Miss Catlin is doing private nursing in Washington, D. C.

Mrs. Yeomans and Miss C. McCall have resigned their membership in the Alumnae Association.

Miss Rowland has joined the ranks of the School Nurses.

Miss Cobban spent the holidays with Miss Ellison at Poughkeepsie hospital.

Miss Browning is going to join Miss Moir in Mexico.

Miss Gertrude Seeley who has been at her home in St. Johns, N. B. for the past 7 months has returned to New York.

Miss Florence Mosher expects to go to the Mountain Side Hospital, Montclair, N. J., Jan. 15th, as assistant to Miss Josephi.

Miss Amy Poget is ill with typhoid fever; she is down at the N. Y. H. in the Private Patients Building and is doing nicely.

Miss Armstrong has gone to California for three months.

Miss Nina Sinnott is convalescing at Ardsley-on-Hudson.

The Hospital, as usual, was beautifully decorated for Christmas.—On Christmas Eve, after the distribution from the tree in the children's ward, the nurses formed a procession at the top of the house, and came down through the corridors singing Christmas Music, which seemed to be greatly appreciated by the patients. After this they had a very enjoyable dance in the Reception Room of the Home.

The graduation exercises for the class of 1908 will be held on Feb. 28, in the Administration Building. Dr. Weir Mitchell will make the address.

# INSTRUCTION IN MASSAGE

## THE SYSTEM YOU WILL EVENTUALLY LEARN

SWEDISH MOVEMENTS, MEDICAL AND ORTHOPAEDIC GYMNASTICS

Term : Three Months : : : : : Tuition Fee, Sixty Dollars

COURSE IN ELECTRO-THERAPY

Term : Two Months : : : : : Tuition Fee, Twenty-five Dollars

COURSE IN HYDRO-THERAPY IN ALL ITS FORMS

Term : Six Weeks : : : : : Tuition Fee, Thirty Dollars

### WINTER CLASSES FORMING NOW

1844 TREATMENTS GIVEN IN 1907

*No better clinical experience possible*

All courses may be commenced at the same time and finished within three months. The instruction consists of daily clinical work and practical lessons on patients referred to our clinics from the various Hospital Dispensaries. Original Swedish (Ling) System, and Weir Mitchell's Rest-Cure System. All pupils attend clinics at several city hospitals. A complete Medico-Mechanical Zander Gymnasium for treatment of patients and instruction of students. Payments can be made to suit your convenience. Spring Classes open in May, Summer Classes in July. Application blank and illustrated booklet on Massage upon request. : : : : : *An early application for admission is advisable*

PENNSYLVANIA ORTHOPAEDIC INSTITUTE AND SCHOOL OF MECHANOTHERAPY, (Incorporated)  
1711 Green Street, PHILADELPHIA, PA. MAX. J. WALTER, Superintendent

## FOOD ESPECIALLY PREPARED FOR ILL OR CONVALESCENT

Orders Promptly Filled and Delivered Free of Charge

Out of Town Orders Given Immediate and Careful Attention

Mrs. KATE JEWETT, 78 West 46th St. cor. 6th Ave., New York  
TELEPHONE 1457 BRYANT

### Everything for the Nurse in WEARING APPARREL



Uniforms

Kerchiefs

Caps

Aprons

Cuffs

Collars

Surgical

Garments

### Do you want a Hospital Position?

As Superintendent, Assistant Superintendent, Head or Ward Nurse. If so, communicate immediately with

### The National Headquarters for Hospital Positions

HOME BUREAU

52 West 39th Street :: New York

### SHOES FOR NURSES

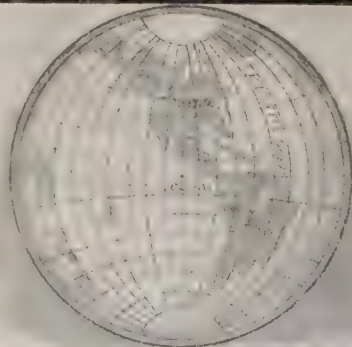
That Support the Arch of the  
Foot Also for Tired FEET

H. JANTZEN SHOE CO.

660 6th Avenue, near 38th St., New York

Nurses' Outfitting Assoc'n

52 West 39th Street :: New York



*"Used all  
over the  
World"*

*The "Perfection" Bed and Douche Pan*

**IT IS COMFORTABLE  
IT IS SANITARY  
IT IS EASY-TO-EMPTY**

**THE BEST FOR  
HOSPITAL  
AND  
SICK-ROOM**

**RECOMMENDED BY MANY THOUSAND TRAINED NURSES  
ADOPTED BY MORE THAN 1000 HOSPITALS.**

**RETAIL PRICES:**

No. 1 Porcelain (Standard Size)	. . . . .	\$2.50 each
No. 2 " (Child's Size)	. . . . .	2.00 "
No. 3 Gray Enameled (Standard Size)	. . . . .	3.75 "
No. 4 White " " " "	. . . . .	4.50 "

Sold by all dealers or sent upon receipt of price.

*Hospitals Supplied at Wholesale Prices*

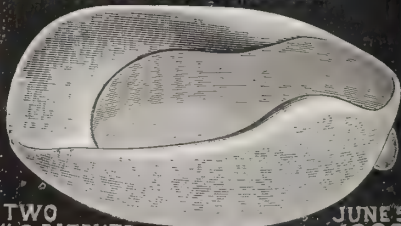
**MEINECKE & CO**

**48-50 PARK PLACE**

**NEW YORK**

*MAKERS OF ADVANCED SPECIALTIES FOR HOSPITALS.*

**THE MOST COMFORTABLE  
AND SANITARY BED PAN  
IN THE WORLD.**



**TWO  
U.S. PATENTS**

**JUNE 5  
1900**

VOLUME 2.

NUMBER 5

---

# The Alumnae News

March

1908

"THE REMEDIAL EFFECT OF CHINOSOL IN CASES OF

# SORE THROAT

IS  
INSTANTANEOUS."

USE A SOLUTION 1-1000 (ONE TABLET IN ONE QUART WATER)  
SPRAY OR GARGLE

Its greatest value is that it  
*inhibits germ development.*

Use in suppurating wounds, cuts, abrasions or diseased conditions of the skin, tonsillitis, insect bites, inflamed mucous membranes, catarrhal conditions, &c., &c.

Powder and Tablets.  
Full Literature on Request.

PARMELE PHARMACAL CO.,  
54 & 55 SOUTH ST., N. Y.

---

## YOUR OCULIST WILL APPROVE MARTER'S

SO EASY  
EYEGLASS



SO EASY  
EYEGLASS

It has the rigidity of the spectacle, yet is graceful, convenient and comfortable

---

Oculists' Prescriptions Our Specialty

Eastman Kodaks, Films & Supplies

Developing, Printing and Enlarging

Special Discount to all Nurses

TELEPHONE  
3474 COLUMBUS

310 COLUMBUS AVENUE

BET. 74TH &  
75TH STS.

# ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

---

VOL. II.

MARCH

No. 5

---

Editor—Miss M. H. Young, 8 W. 92nd Street.

Business Manager—Mrs. Culbert, 195 Claremont Avenue.

Secretary—Miss Bower.

## EDITORIAL

At our March Alumnae meeting the Nominating Committee will be appointed to make up the ballot for the annual elections in April. It might not be amiss to suggest that the Committee put on the ballot, along with our well-known and tried members, the names of some of the younger association members, or those who have not yet served in an official capacity. The benefits arising from this must surely be apparent to all.

There is, in the February *American Journal of Nursing*, a very exhaustive report of the Visiting Committee of the State Charities Aid Association, on the length of the course in training schools for nurses. It concludes with the recommendation that Bellevue and most of the allied hospitals retain the three years' course.

Apropos of the "congestion exhibit" in the Natural History Museum, opening March 9th, we publish in this number some facts about the Consumers' League and the work it is doing in the interest of all classes of the community, notably by fighting the sweat shops, which are such prolific disease breeders and spreaders. Having seen the exhibit and heard the addresses, it is hoped we may be moved to help along this good cause, to the extent of our individual ability.

The first issue of the *Mills' Magazine* has just been received. It differs from our other exchanges in being a training school rather than an alumni organ. It is a great credit to its editorial staff, and we wish it "Long life and great success."


It is expected that the People's Symphony Chamber Concert, on March 6 (the programme of which we publish in this issue), will be a very fine one, as Mr. de Coppet has very generously given the services of the Flonzaley Quartette, which has not been permitted, until quite recently, to play in public. Its ensemble work is said to be almost perfect, and not long ago, at the White House, President Roosevelt congratulated the members individually for their performance. Altogether this seems an opportunity not to be lost by music lovers.

## NOTICES

---

### N. Y. H. ALUMNÆ MEETING.

The next regular meeting will be held at 8 W. 16th Street, Thursday, March 12th, at 3 P. M.

 *The Committee to make up the ballot for the annual elections will be appointed at this meeting.*

### CHANGE OF ADDRESS

Members of the Association will confer a favor by sending notice of change of address to the NEWS as promptly as possible, so that the mailing list may be kept corrected.

## ITEMS

---

At our February Alumnæ meeting the question of a paid Treasurer came up. The Board of Trustees has been thinking of it for some time and has recommended it. This Treasurer will act for the Association and for the Club, and they will each pay her \$50. It was decided to try the plan for a year.

The *American Journal of Nursing* has declared a dividend of 3 per cent. on the net earnings for the year.

Delegates to the San Francisco convention will find, in the March and April *American Journal*, definite dates, and trains leaving Chicago, so that those who desire may meet at that point, and take the rest of the journey together. Those who wish to join such a party may send their addresses to the Secretary of the Associated Alumnæ.

Our Association is to be congratulated on the appointment of Mrs. Twiss to represent us at the convention—Another thing, as this is the third time in succession that Mrs. Twiss has been at the Associated Alumnæ meetings, she will now be a “permanent delegate” and may vote at any of these meetings she may attend, thus probably giving us an extra vote

# LECTURES AND CONCERTS

---

## LEAGUE FOR POLITICAL EDUCATION.

(In Hudson Theatre, 139 W. 44th St., Saturdays, 11 A. M.)

March 7—MRS. MARGARET DELAND—

The Change in the Feminine Ideal.

“ 14—MISS JANE ADDAMS—

Subject not yet announced.

“ 21—DR. BOOKER T. WASHINGTON—

The Conquests of Education.

“ 28—HON. WILLIAM TRAVERS JEROME—

Subject not yet announced.

Single admission, \$1.00.

In Lecture Room of League 23 W. 44TH ST., 11 A. M.

By Prof. Charles Zueblin.

March 5—“The Standard of Living.”

“ 12—“Industrial Education.”

“ 19—“Work and Leisure.”

“ 26—“Saving and Spending.”

Single admission, 50c.

## PEOPLE'S CONCERTS.

(Cooper Union, March 6, 8.15 P. M.)

The Flonzaley Quartet.

(By courtesy of Mr. Ed. J. de Coppet.)

## Program

<i>Mozart</i>	. . . . .	Quartet in B-flat major
<i>Locatelli</i>	. . . . .	Sonata for 'Cello with Piano accompaniment
		Mr. Iwan d'Archambeau, 'Cello
<i>Dvorak</i>	. . . . .	Quartet in E-flat major
	Adolf Betti . . . . .	1st Violin
	Alfred Pochon . . . . .	2d Violin
	Ugo Ara . . . . .	Violin
	Iwan d'Archambeau . . . .	Violoncello
	George Falkenstein . . . .	Piano

Admission, 25c. No reserved seats.

(Carnegie Hall, March 27, 8.15 P. M.)

Orchestral Concert

Admission, 25c.

Two tickets (reserved seats) at the Club, 8 West 92nd Street

CONFERENCE ON CONGESTION.

(Museum Natural History.)

March 9th, 8.15 P. M.—

Mrs. Vladimir G. Simkhovitch presiding.  
Hon. Charles E. Hughes.  
Mayor George B. McClellan.  
Commissioner Thomas Darlington.  
Commissioner Robert W. Heberd.  
Commissioner Edmund J. Butler.  
Mrs. Vladimir G. Simkhovitch.

March 10, 10 A. M.—

1. Congestion and Play, by Mr. Joseph Lee.
2. Opportunities of a Commissioner of Health, by Dr. G. W. Goler.
3. Physical development of children in congested districts, by Dr. Luther H. Gulick.

March 10, 8.15 P. M.—

1. The Housing Problem, by Hon. Robert W. de Forest.
2. Moral Standards and Family Life in Tenants, by Dr. Felix Adler.
3. Ellis Island, the Door to the United States, by Hon. Oscar Straus and Hon. Robert Watchorn.

March 11, 3.30 P. M.—

1. Congestion and Delinquent Children, by Mr. Mornay Williams.
2. Why Immigrants Come, Where They Come From and How Long They Stay in New York, by Miss Kate H. Claghorn.
3. School Problems in Congested Districts, by Dr. William H. Maxwell.
4. Children of the Tenements, by Mr. Jacob A. Riis.

March 11, 8.15 P. M.—

1. Sweatshop Labor and Congestion, by Mrs. Florence Kelley.
2. How the Long Day Increases Congestion, by Hon. John Mitchell or Mr. Samuel Donnelly.
3. Where People Live Who Work in Congested Districts, by Dr. Henry R. Seager.
4. Density and the Distribution of Nationalities, by Dr. Walter Laidlaw, illustrated.

*Every session open to the public.*

## THE CONSUMERS' LEAGUE

---

It is said that the idea of forming the original Consumers' League came through the death, from typhus fever, of a prominent woman in England.

The doctors could not imagine how any one in such surroundings could have contracted this disease of fiddle and congestion. After many inquiries it was found that the tailor from whom a new riding habit had just been received, being short of workers, had allowed this piece of work to be done in a tenement home where one of the children had this disease. The skirt was used as bed covering for the child, and thus the germs were carried from one extreme of the city to the other.

The New York League aims not only to protect the buying public, but to induce the manufacturers to make conditions better for their workers. To this end its inspectors visit the manufacturers and affix the white label of the League to the goods of those who do not send out their work to the homes of the workers—which are generally in the most congested and worst kept parts of the city—but have it done in their own factories, under sanitary conditions, where no night work is required, and no children under age are employed.

Then the League tries to induce the retail merchants to display only goods with these white labels; but, of course, this much to be desired consummation can be reached only when a demand is created for these goods—in other words, when we who buy from the retail stores, ask always for the labelled goods, and refuse the unlabelled—the former being, by the way, no higher priced than the latter.

Another object the League is working for is the bettering of the surroundings of the employees in the large stores. Those stores which approach the standard the League sets are put on the *White List*.

Both the *List* and the *Standard* are published (see another page), and the public must “do the rest” by patronizing the stores whose methods it approves.

Though so much of the League's work is in connection with the making and selling of clothing, etc., it does not stop there, as the interest in the “Food and Drugs Act” shows. The main provision of this Act is that the label must show the ingredients of the article labelled. For instance:

In cough mixtures, proprietary and patent medicines, what proportion of alcohol, morphine and other drugs used.

In preserves, how much chopped-up turnips and how much real fruit; also whether made with sugar or glucose.

In maple syrup, whether it be truly the real article, half and half or corn syrup just flavored with maple.

Where preservatives are used, what preservatives and in what quantities.

The bill may need some revisions and amendments, but even as it now stands any one who will examine labels need not remain in ignorance of what he is buying and eating.

As the large majority of our Association members are not house-keeping, the food question (at least this aspect of it) is one which does not touch us so nearly; but we all shop for clothes, at least once in a while; therefore can all—even the very busiest of us, without belonging to any society or attending any meetings—do something to help along the good object mentioned in the League's certificate of incorporation:

\* \* \* "To ameliorate the condition of working women, and shop girls, and other employees in and about shops, stores and work-rooms in the city of New York, and to secure conditions which shall conduce to the physical and moral well-being of all such employees."

#### SHALL WE NOT TRY TO

Refrain from shopping on Saturday afternoon, so that the stores may be constrained to give the half holiday, weekly?

Do our holiday shopping early in the season?

Do *all* our shipping as early in the day as possible, thus doing away with the late delivery of goods, also encouraging the shops to close at 5 P. M. daily?

Patronize the *White List* stores?

Ask for goods with the League label?

#### EXTRACTS FROM LEAGUE ADDRESSES AND REPORTS.

The proposed exhibit to show the evils of congestion of population in our city is now definitely arranged to be held at the Museum of Natural History next March, for two weeks, beginning March 9. The initiative in organizing a committee to consider the advisability

of holding such an exhibit was taken by the Consumers' League. The League is preparing an exhibit of tenement-house work involving child labor, long hours, small pay, and in some instances most unsanitary conditions. It was discovered that in 117 houses where families were at work, eighty-six had no licenses framed and hung as required by law. Of these eighty-six, fifty-four had not been licensed.

The laws are ineffective, helplessly ineffective in some respects, not only because the number of inspectors is ridiculously inadequate, but because punishment does not reach out to strike the real offenders. The poor, ignorant workers may be arrested, but the landlord is hard to reach, and the manufacturer who gives out the work is in no way made liable.

The most important feature of this age which later historians will observe as its distinguishing feature is the dawning of the social conscience. . . . This social conscience of ours is being very perceptibly stimulated by the work of the organization which I am addressing. It is a noble work to arouse and stimulate the conscience of many who never before have thought about their relation to society. Most of us, and more especially women, live in society, but do not take part in it, and do not share in its productive processes. We are educated, fed, sheltered, clothed, given pleasure in a thousand ways by the labors of society. But we do not realize any personal responsibility.

This work of the Consumers' League is bringing to our minds the fact that we, as a whole, are responsible for the sufferings of a great number.

---

### CONSTITUTION. Article III.

Recognizing the fact that the majority of employers are virtually helpless to improve conditions as to hours and wages, unless sustained by public opinion, by law, and by the action of consumers, the Consumers' League declares its object to be to ameliorate the condition of the women and children employed in New York City, by helping to form a public opinion which will lead consumers to recognize their responsibilities and by other methods.

## STANDARD OF A FAIR HOUSE.

### WAGES.

A Fair House is one in which equal pay is given for work of equal value, irrespective of sex, and in which no saleswoman who is eighteen years of age or over—and who has had one year's experience as saleswoman—receives less than six dollars per week.

In which wages are paid by the week.

In which the minimum wages of cash children are two dollars and a half per week, with the same conditions regarding weekly payments.

### HOURS.

A Fair House is one in which the hours from 8 A. M. to 6 P. M. (with three-quarters of an hour for lunch) constitute the working day, and a general half-holiday is given on one day of each week during at least two summer months.

In which a vacation of not less than one week is given with pay during the summer season.

In which all overtime is compensated for.

In which wages are paid and the premises closed for the five principal legal holidays, viz.: Thanksgiving Day, Christmas and New Year's Day, Washington's Birthday and the Fourth of July.

### PHYSICAL CONDITIONS.

A Fair House is one in which work, lunch and retiring rooms are apart from each other, and conform in all respects to the present Sanitary Laws.

In which the present law regarding the providing of seats for saleswomen is observed, and the use of seats permitted.

### OTHER CONDITIONS.

A Fair House is one in which humane and considerate behavior toward employees is the rule.

In which fidelity and length of service meet with the consideration which is their due.

In which no children under fourteen years of age are employed.

In which no child under the age of sixteen years shall work for more than nine hours a day.

In which no such child shall work, unless an employment certificate issued by the Board of Health be first filed with the employer and the name, etc., of the child be entered on a register kept by the employer.

In which the ordinances of the city and the laws of the State are obeyed in all particulars.

## WHITE LIST.

AITKIN, SON & Co.....	Broadway and 18th St.
*A. ALEXANDER .....	6th Ave. and 19th St.
B. ALTMAN & Co.....	Fifth Ave. and 34th St.
ARNOLD, CONSTABLE & Co.....	Broadway and 19th St.
BARNETT BROS.....	Columbus Ave. and 74th St.
BEST & Co.....	60 West 23d St.
BONWIT, TELLER & Co.....	58 West 23d St.
A. H. BRUMMELL.....	408 Grand St. and all Branches
BUTTERICK PUBLISHING Co.....	18 West 14th St.; 18 West 23d St.
CAMMEYER.....	6th Ave. and 20th St.
CREMINS & ROCHE.....	824 6th Ave.
JOHN DANIELL'S SONS & SONS.....	Broadway, 8th and 9th Sts.
JOSEPH DANNENBERG.....	520 Columbus Ave.
FORSYTHE .....	685 Broadway
FRANK BROS.....	224 5th Ave. and all Branches
FREUD'S.....	22 West 23d St.
HANNIS & LEVEY.....	909 Broadway
L. P. HOLLANDER & Co.....	222 5th Ave.
HUYLER'S.....	863 Broadway and all Branches
JAEGER.....	306 5th Ave.
EVAN L. JENKINS.....	931 Broadway
H. KAEMPFER.....	832 6th Ave.
WM. S. KINSEY & Co.....	240 5th Ave.
H. C. F. KOCH.....	West 125th* St.
GEO. F. LANGENBACHER.....	820 Broadway
LE BOUTILLIER BROS.....	50 West 23d St.
LORD & TAYLOR.....	Broadway and 20th St.
R. H. MACY & Co.....	Broadway, 34th and 35th Sts.
JAMES MCCREERY & Co.....	West 23d St. and West 34th St.
JAMES MCCUTCHEON & Co.....	14 West 23d St.
MADISON AVE. EXCHANGE FOR WOMAN'S WORK...	645 Madison Ave.
MIRROR CANDIES.....	All Stores
E. A. MORRISON & SON.....	Broadway and 19th St.
NEW YORK EXCHANGE FOR WOMEN'S WORK.....	334 Madison Ave.
C. B. NICHOLS & BRO.....	79th St. and Broadway
O'NEILL-ADAMS Co.....	6th Ave., 20th and 22d Sts.

OPPENHEIM, COLLINS & Co.....	Broadway and 21st St.
PHILIPSBORN.....	12 West 23d St.
SAKS & Co.....	Broadway and 33d St.
F. A. O. SCHWARZ.....	39 West 23d St.
FRANKLIN SIMON.....	414 Fifth Ave.
SIMPSON-CRAWFORD Co.....	6th Ave., 19th and 20th Sts.
J. & J. SLATER.....	1121 Broadway
SOCIETY OF DECORATIVE ART.....	14 East 34th St.
SOMMERS.....	5th Ave. and 23d St.
STERN BROS.....	West 23d St.
MME. L. THURN.....	426 5th Ave.
A. A. VANTINE & Co.....	879 Broadway
JOHN WANAMAKER.....	Broadway, 9th and 10th Sts.
WEST END EXCHANGE FOR WOMAN'S WORK,	
	Amsterdam Ave. and 74th St.
YOUNG WOMEN'S CHRISTIAN ASSOCIATION.....	7 East 15th St.

---

## NEWS OF THE CLUB AND THE CLASSES.

The ballot for the annual election of officers for the Alumnae Association will be sent out with the April number of the News.

The lovely Tea given in January by Mrs. Twiss was quite a success financially, adding over a hundred dollars to our funds.

For sending a delegate to San Francisco, Mrs. Twiss wishes, through the News to thank the nurses and their friends for responding so generously.

Miss Sutcliffe has thoroughly enjoyed her ten days' stay at "Seton Inn," Lakewood, where the charm of the place itself, and the comfort and homelikeness of the Inn combine to give a very delightful and restful holiday.

We are to have a "complaint book," wherein can be written any complaints. This is to be kept in the "Club" office, and complaints must be signed by a resident member of the "Club." This will make it unnecessary for any personal communication to the trustees upon trifling matters.

Miss Hinchliffe, after fifteen years of private nursing, has retired, and taken an apartment in New York.

Miss Elsie Turner has resigned her position at the Babies' Hospital and taken one in connection with the School for Crippled Children.

(Continued on Page 12)

BECAUSE THE CASEIN OF THE MILK  
HAS BEEN PARTIALLY PREDIGESTED IN  
BORDEN'S MALTED MILK IT WILL BE  
RETAINED AND ASSIMILATED IN MANY  
CASES WHEN ALL OTHER FOODS FAIL.  
WRITE FOR MALTED MILK BOOKLET.

Malted Milk Department  
**BORDEN'S CONDENSED MILK CO.**  
**NEW YORK**

---

N. Y. H. CLUB

Out of Town Members of  
the Association, by paying  
\$5.00 per year Club dues,  
may, while visiting in New  
York, avail themselves of  
the low rates charged by  
the Club for Board and  
Lodging. Address:

THE SUPERINTENDENT  
8 West 92d Street  
New York.

**SAL HEPATICA**

The original effervescent Saline Laxative and Uric Acid Solvent. A combination of the Tonic, Alterative and Laxative Salts similar to the celebrated Bitter Waters of Europe, fortified by addition of Lithia and Sodium Phosphate. It stimulates liver, tones intestinal glands, purifies alimentary tract, improves digestion, assimilation and metabolism. Especially valuable in rheumatism, gout, bilious attacks, constipation. Most efficient in eliminating toxic products from intestinal tract or blood, and correcting vicious or impaired functions.

Write for free samples.  
**BRISTOL-MYERS CO.**  
Brooklyn • New York.



When returning from Pasadena, Cal., Miss Rose Green spent several days in Denver, Colo., and while there saw our Mrs. Ewing's son and his wife. Miss Green is now at the "Sesrun Club."

Miss Paget is at the Club, looking very well, and will go to her home next week to make her convalescence more complete.

Miss Bower gave a demonstration and explanation of private operative technique before the Philadelphia County Association of Nurses at the Pennsylvania Hospital, Philadelphia, on the evening of January 13th.

Miss Richmond is at the "Club," and is, for the present, doing private work.

Miss Case and Miss Alice Richardson have been visiting Miss Keator at her home in Roxbury, N. Y.

Miss Grace Travers has returned from her trip abroad, and is in New York

Miss I. B. Swan, N. Y. H., was in Toronto for a two weeks' trip.

Miss Ellen Lea was in the city for a few days' visit from her home in Mount Holyoke.

Miss Catlin, who is doing private nursing in Washington, D. C., is at the French Hospital, New York, with a patient.

Miss Daisy Simpson has taken up private nursing again, and is living at the "Club."

Miss Florence Dakin has resigned her position in the Operating Room, N. Y. H., and expects to sail for Florida March 1st, where she will join her family. She will return to New York about the middle of April.

We were glad to have this year's graduating class elected to membership in the Alumnae Association, at the last meeting.

Miss Jessie Annis, class of 1895, was married to Mr. Frank Harroun Jan. 30, 1908.

Miss Ella Fligg was married Jan. 22d to Mr. George Sengel, of Port Smith, Ark.

The nurses are asked to contribute for a fancy table which those interested in the piano fund intend to have at the same time as the play. Just one fancy or useful article from each person would be quite sufficient.

Please send contributions to the "Club" Office not later than March 21st.

# INSTRUCTION IN MASSAGE

---

## THE

---

### SYSTEM YOU WILL EVENTUALLY LEARN

SWEDISH MOVEMENTS, MEDICAL AND ORTHOPÆDIC GYMNASTICS

Term : Three Months : : : : : Tuition Fee, Sixty Dollars

COURSE IN ELECTRO-THERAPY

Term : Two Months : : : : : Tuition Fee, Twenty-five Dollars

COURSE IN HYDRO-THERAPY IN ALL ITS FORMS

Term : Six Weeks : : : : : Tuition Fee, Thirty Dollars

**Spring Classes Open May 14, Summer Classes Open July 8, 1903**

7844 TREATMENTS GIVEN IN 1907

*No better clinical experience possible*

All courses may be commenced at the same time and finished within three months

The instruction consists of daily clinical work and practical lessons on patients referred to our clinics from the various Hospital Dispensaries. Original Swedish (Ling) System, and Weir Mitchell's Rest-Cure System. All pupils attend clinics at several city hospitals. A complete Medico-Mechanical Zander Gymnasium for treatment of patients and instruction of students. Payments can be made to suit your convenience. Application blank and illustrated booklet on Massage upon request.

*An early application for admission is advisable*

PENNSYLVANIA ORTHOPAEDIC INSTITUTE AND SCHOOL OF MECHANO-THERAPY, (Incorporated)

1711 Green Street, PHILADELPHIA, PA.

MAX. J. WALTER, *Superintendent*

## FOOD ESPECIALLY PREPARED FOR ILL OR CONVALESCENT

Orders Promptly Filled and Delivered Free of Charge

Out of Town Orders Given Immediate and Careful Attention

**Mrs. KATE JEWETT, 78 West 46th St. cor. 6th Ave., New York**

TELEPHONE 1457 BRYANT

## Everything for the Nurse in WEARING APPARREL



Uniforms

Kerchiefs

Caps

Aprons

Cuffs

Collars

Surgical

Garments

## Do you want a Hospital Position?

As Superintendent, Assistant Superintendent, Head or Ward Nurse. If so, communicate immediately with

## The National Headquarters for Hospital Positions

HOME BUREAU

52 West 39th Street :: New York

## SHOES FOR NURSES

That Support the Arch of the Foot Also for Tired FEET

**H. JANTZEN SHOE CO.**

660 6th Avenue, near 38th St., New York

**Nurses' Outfitting Assoc'n**

52 West 39th Street :: New York

# ADVANCED SPECIALTIES FOR SICK-ROOM AND HOSPITAL

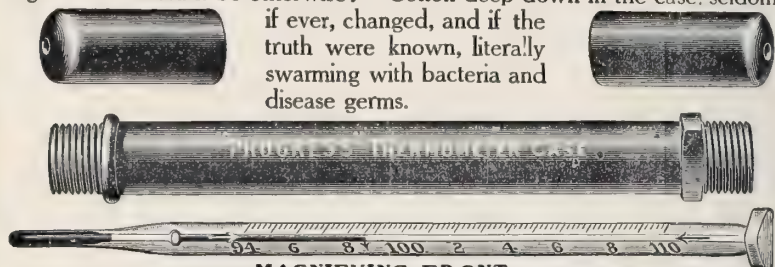
## MEINECKE & CO.'S "PROGRESS" CLINICAL THERMOMETER

(One Minute)

Because a thing is new does not commend it: if old does not condemn it. The test question always is, "Is it true or good?"

Take, for instance, any ordinary, old-style fever thermometer that has been used for some time; inhale the odor from the cotton in the bottom of its case, and what is the result? The effluvium, as a rule, proves nauseating. How could it be otherwise? Cotton deep down in the case, seldom,

if ever, changed, and if the truth were known, literally swarming with bacteria and disease germs.



MAGNIFYING FRONT

*Patents Applied for on Thermometer and Case  
Each Thermometer has our Certificate of Accuracy*

### REASONS OBVIOUS

1. The case is provided with a screw cap at each end.
2. Both caps are partly filled with cotton to protect the thermometer, and the cotton can readily be removed and replenished, which cannot be done with the old-style cases without considerable trouble.
3. Each cap is perforated at its end, through which a pin can be inserted to aid in easily removing the cotton.

### → TWO GOOD POINTS ←

Two arrows on the mercury line of the thermometer ingeniously assist in gauging the focus and finding the mercury

Disinfect  
your  
thermometer  
all you  
please,  
if

you use the  
old style case,  
with its  
cotton  
swarming  
with  
disease  
germs,  
you are  
sure to help  
spread  
contagion,  
disease  
and  
death

### A USEFUL ▲ TRIANGLE

The top or crown of the thermometer is triangular. This keeps it from rolling off the table or mantel and getting broken.

The thermometer when resting on its triangular crown is slightly elevated, and therefore more easily picked up than the old style.

When shaking down the mercury of an old-style thermometer, if the hands are moist or the thermometer wet, it easily slips from the grasp and is broken. This is impossible with our new "Progress" Thermometer, as its triangular cap or crown prevents it slipping away.

RETAIL PRICE, \$1.25

*Special Price to Physicians and Nurses, \$1.00*

HOSPITALS SUPPLIED AT WHOLESALE PRICE

MEINECKE & CO. 48 & 50 PARK PLACE. NEW YORK.

VOLUME 2.

NUMBER 6

---

# The Alumnae News

April

1908

To satisfy a universal demand and to comply with numerous requests from physicians from all over the country, we are now putting up

# CHINOSOL<sup>COMP.</sup> SUPPOSITORIES

NON-POISONOUS, ANTISEPTIC, GERMICIDE, DISINFECTANT, DEODORANT

A SOVEREIGN REMEDY IN

LEUCORRHEA, VULVO-VAGINITIS  
Of Specific and Non-Specific Origin,  
as a Prophylactic, etc.

Box (containing 10), \$1.00  
6 Boxes, \$5.00

PARMELE PHARMACAL CO., 54 & 55 SOUTH ST., N. Y.

---

YOUR OCULIST WILL APPROVE  
MARTER'S

SO EASY  
EYEGGLASS



SO EASY  
EYEGGLASS

It has the rigidity of the spectacle, yet is graceful, convenient and comfortable

---

*Oculists' Prescriptions Our Specialty*

*Eastman Kodaks, Films & Supplies*

*Developing, Printing and Enlarging*

Special Discount to all Nurses

TELEPHONE  
3474 COLUMBUS

310 COLUMBUS AVENUE

BET. 74TH &  
75TH STS.

# ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

---

VOL. II.

APRIL

No. 6

---

Editor—Miss M. H. Young, 8 W. 92nd Street

Business Manager—Mrs. Culbert, 195 Claremont Avenue

Secretary—Miss Bower

---

## EDITORIAL ·

We welcome the class of 1908 into the ranks of the graduates, also into the Alumnae Association, and hope that they may bring honor upon the one, energy into the other and enthusiasm to both.

By the way, only about one-third of the graduating class went up for the "R. N." examination at this time. What are the others going to do about it?

In connection with these "R. N." examinations, it seems as if the arrangements for the practical part ought to be improved. Most of the nurses spent two or three days sitting around at the examining place waiting their turn, which was not only bore-some and nervous work for the candidates, but very trying for superintendents of nurses. For instance, in the case of New York Hospital, the examinations kept twelve of the most efficient nurses out of the wards for four afternoons in succession, only one of these afternoons being required for the examination. Such waste of time is surely not in accord with the spirit of the age.

Of course it is not to be expected that all details should work smoothly while "Registration" is still almost in the experimental stage, but when the attention of those in charge of that department is called to this, they must certainly, by a little thought, and perhaps by a conference of those most interested, be able to evolve a plan which will remedy the defect.

## THE CLUB RECEPTION

---

The reception to celebrate the tenth anniversary of the starting of our "Club" was a great success, thanks to the well-directed exertions of the committee and the co-operation of the members at large.

The Superintendent of the Club attended to the decoration of the rooms, and the house throughout looked most attractive, with palms in the hall, and palms and flowers in all the rooms.

Miss Dwight, Miss Birdsall, Miss Annie Taylor, Miss McVean and Miss Hill received the guests.

Piano and violin furnished music which could not be resisted, and, having only a few of the sterner sex, the nurses danced with one another, and did not seem to mind the absence of white tie and black coat.

Not only Club residents were present, but many alumnae living outside the Club, and some even from out of town, and every one enjoyed the evening so much that the festivities continued until midnight.

The absence of Miss Sutcliffe was greatly felt, but she had already booked for the West Indies, and the ship would not change its sailing date, even for our reception.

Refreshments were served in the dining rooms, the color scheme there being kept to green and white, except for the posies of Jonquils on the tables. Miss Russell and Miss Danaher poured coffee at one table, and at another Miss Graham and Miss Margaret McKenzie dispensed punch, and many of the Club nurses helped in serving the refreshments. The birthday cake, with its ten green candles, was much admired, and when the candles were well burned down Miss Goodrich cut the cake.

Mrs. Theodorus B. Woolsey, very generously, and very thoughtfully, sent a basket of exquisite pink roses, Miss McVean sent some linen and various other friends sent donations of money, amounting, in all, to about thirty-five dollars, which the Trustees have decided to spend for household linen. Both the flowers and the linen came as pleasant birthday surprises—none the less welcome and enjoyable because unexpected.

Many of the participants were heard to say that this was one of the most enjoyable affairs ever held at the Club, and it is hoped that the experiment may be repeated; some members, indeed, would like to have the reception become an annual affair.

## NOTICES

### N. Y. H. ALUMNAE MEETING.

The Annual Meeting of the Association will be held at 8 West 16th Street, Wednesday, April 8th, at 3 P. M.

(N. B.)—*The April Meeting will be on Wednesday instead of Thursday, on account of its being the Annual Meeting.*

### N. Y. COUNTY SOCIETY.

The next meeting of the County Society will be held at the Bellevue Club, 14 E. 42d St., on Tuesday, April 7, at 8 P. M.

It is expected that "The Relation of Nurses to the Red Cross Society" will be discussed.

### CHANGE OF ADDRESS.

Members of the Association are asked to send notice of change of address, to the editor, as promptly as possible, so that the mailing list may be kept corrected.

### TWO REQUESTS FROM THE SECRETARY.

All members who have changed addresses since the last Annual Report was issued are requested to notify the Secretary of the fact, promptly, so that they may be correctly entered in this year's report. Address:

MISS A. B. STEWART,  
414 E. 14th St., New York.

Also will all those entitled to use "R. N." (who are not so entered in the last Annual Report) send notification and their addresses, as well as names, to Miss Stewart.

### DUES.

Some Alumnae dues are still unpaid. It would be a convenience if the members would remit before the Annual Meeting.

---

### NOMINATING COMMITTEE.

Miss Jenkins, Chairman  
Miss Birdsall

Miss Samuel  
Mrs. Culbert  
Mrs. Jameson

## GRADUATION AT N. Y. H.

---

The rooms in the Administration Building at the Hospital were very prettily decorated on the evening of February 28th for the graduation of the class of 1908.

The exercises began by the entrance of the nurses, led by Misses Stimson and Johnson of the graduating class; Mr. Rives, President of the Board of Governors, in the chair.

The opening prayer was made by Dr. Grosvenor, in place of Dr. Huntington of Grace Church.

The Chairman's address was short, excellent and to the point, telling what our nurses had always stood for, and what we expected from those graduating at this time. Mr. Rives then introduced Dr. Weir Mitchell, of Philadelphia, who made the address to the graduating class.

He began his speech with a warm tribute to our former President, and his life-long friend, Mr. Schuyler, and said that it was to fulfill a promise made to Mr. Schuyler that he consented to make the address.

He took for his subject, "The Ideal Nurse," and made one of the finest speeches ever made to nurses. Every one felt, at once, that he was in true and intelligent sympathy with the profession; and although he spoke for full three-quarters of an hour, those who were able to gain admittance to the room did not find it a minute too long.

After he finished, the diplomas and medals were presented by Mr. Rives, and the exercises ended by Dr. Grosvenor pronouncing the Benediction. Refreshments were served in Nurses' Dining Room, and a dance followed in the Reception Room of the Home. Quantities of flowers were sent to the graduates. The incoming Senior Class, as usual, supplied, or presented, the flowers worn by the graduates, which were Marguerites and Maiden Hair Fern.

The graduates of 1907 presented the Graduating Class with medicine glasses in leather cases.

The Governors present at the graduation were: The President, Mr. Rives; Vice-President, Mr. Townsend; Chairman of the Training School Committee, Mr. Hoppin; Mr. Waldron Brown, always the nurses' friend, and Mr. Choate, who is making such regular visits to the Hospital that the nurses feel he is greatly interested in their work.

Miss Sutcliffe, as usual, came early and was interested as ever.

Miss Goodrich, too, was present. As the Graduating Class had been trained by her, she was very much interested in them.

Dr. Stimson and Dr. Peabody held the final examinations January 27th. The following are some of the questions:

BY DR. PEABODY.

Milk and Cream—Food value?

Persistent Nausea—Symptoms, treatment?

Describe the making of beef tea and beef juice.

Fainting—Causation; treatment.

How would you feed an unconscious patient?

BY DR. STIMSON.

Uses of ice bag? Hot water bag?

What symptoms would warrant calling a doctor at night in a private case—after a surgical operation?

Tie a square knot.

Disinfectants best to use, wanting of course sterilization?

In choosing table for operation in private house, what would you look to?

#### GRADUATING CLASS, 1908.

Ellen Wentworth Arthorp  
Marie Louise Baumann  
Elizabeth Jane Blott  
Louise Viola Boyd  
Rachel C. Clarke  
Margaret Mary Devereaux  
Mary Kenrick Dumbell  
Marie Katherine Falconer  
Justine Augusta Fearing  
Pearl Gravitt  
Edna Bolles Halsey  
Lela Etta Huyck  
Florence Merriam Johnson  
Maud Godfrey Jones  
Charlotte Marie Louise Jouffret  
Bessie Archibald Macmurchy

Gladys Morton  
Florence Annie Mosher  
Pearl Victoria Nash  
Jeannie Sinclair Oliver  
Margaret Phair  
Mai Farr Pfouts  
Bertha Mary Phyfe  
Myrtle Ruth Randall  
Louise Amanda Raymond  
Caroline Elizabeth Robinson  
Helen Mercur Rosenmüller  
Lucy Traill Smellie  
Jeannette Mae Smith  
Julia Catherine Stimson  
Marietta Wilsey  
Amelia Collerd Winants

"R. N." EXAMINATION.

The following nurses went up for the State examination:

Miss Jouffret	Miss Huyck
Miss Smith	Miss Robinson
Miss Blott	Miss Morton
Miss Fearing	Miss Falconer
Miss Gravitt	Miss Nash
Miss Smellie	Miss Phair

---

## LECTURES

Free—8 P. M.

AMERICAN MUSEUM OF NATURAL HISTORY.

Saturday, April 4th—Prof. Herbert Maule Richards:  
"Botany."

Tuesday, April 7th—Mr. Edward Justus Parker: "Down the St. Lawrence from Niagara to the Sea." Towns and cities—their people, parks and public buildings; picturesque scenes by lake and river. Illustrated by stereopticon views.

Saturday, April 11th—Prof. James Harvey Robinson:  
"History."

Tuesday, April 14th—Mr. Elias W. Thompson: "Oklahoma, the Land of Now." Natural resources and processes of development that have created a new State. Illustrated by stereopticon views.

Saturday, April 18th—Prof. Franklin Henry Giddings:  
"Sociology."

Tuesday, April 21st—Mr. Alfred W. Martin: "Wonderful Washington and Its Metropolis, Seattle." Illustrated by stereopticon views.

Saturday, April 25th—Prof. Frederick J. E. Woodbridge:  
"Metaphysics."

Tuesday, April 28th—Mr. James A. Cruikshank: "Hunting Wolves on Snow Shoes." Illustrated by stereopticon views.

PUBLIC SCHOOL, 116TH ST., BET. FIFTH AND LENOX AVES.

"Social Lessons from Ancient Cities."

Saturday, April 4th-11th—Dr. William D. P. Bliss:  
NEW YORK PUBLIC LIBRARY, 121 EAST 58TH ST.

"Social Messages of Some Nineteenth Century Prophets."

Saturday, April 4th and 11th—Leslie Willis Sprague:  
WADLEIGH HIGH SCHOOL, 115TH ST., BET. SEVENTH AND EIGHTH AVES.

"Romantic and Modern Composers."

Tuesday, April 7th, 14th and 21st—Daniel Gregory  
Mason:

GREAT HALL OF COOPER INSTITUTE, 8TH ST. AND 3D AND 4TH AVES.

Wednesdays in April—Dr. Henry G. Hanchett: Ana-  
lytical piano recitals on "Musical Art."

INSTITUTE HALL, 218 E. 106TH ST.

Monday, April 6th, 13th, 20th and 27th—Alfred Mitchell,  
Ph.D.: "The Solar System."

ST. BARTHOLOMEW'S LYCEUM HALL, 205 E. 42D ST.

Saturday, April 4th and 11th—J. R. Murlin, Ph.D.:  
"Principles of Nutrition."

Y. M. H. A. HALL, 92D ST. AND LEXINGTON AVE.

Saturdays in April—Miss Mari Ruef Hofer, of Teachers'  
College, Columbia University: "National Songs."

NEW YORK PUBLIC LIBRARY, 503 W. 145TH ST.

Saturdays in April—Rubin Goldmark: "The Nibelung  
Tetralogy."

WADLEIGH HIGH SCHOOL, 115TH ST., BET. 7TH AND 8TH AVES.

Fridays in April—Prof. Ernst Fenollosa: "Outline of  
the History of the World's Art."

---

**The Ballot for the annual election of officers for  
the Alumnae Associaton is printed on the first  
page of this issue of the "News," instead of being  
printed separately, and enclosed.**

**Detach to mark, as usual.**

## NEWS OF THE CLUB AND THE CLASSES

---

Will the members please notice that the ballot and two special requests from the Secretary are in this number of the "News."

Miss Irene Sutcliffe, Miss Ida Sutcliffe and Miss Macdiarmid sailed on Feb. 29 for a tour in the West Indies. They expect to be gone a month, making a short stay at Barbados. Miss MacKenzie is substituting for Miss Creighton, who is acting house-keeper at the Hospital during Miss Macdiarmid's absence.

A special invitation was extended to the graduating class, for the Annual Meeting of the Alumnae Association.

Miss Gibson recently spent a week at her home at Catawba, N. Y.

Miss Annie Henderson and Miss Gowan were guests on a two-weeks' yachting trip to Bermuda.

Miss Ohle Gill began her duties as nurse in charge of the Reception Ward at the Hospital, March 15th.

Miss Browning is doing private nursing in Mexico, and enjoys it very much.

In about a month Miss Clementine Case will give up private nursing and will return to her home in Canada, where she expects to be married in June.

Mrs. Geo. Saugel (Miss Ella Fligg), who was married on Jan. 22d, has returned from her honeymoon and is at her home, "Sunnyside," Fort Smith, Ark.

Miss Phymister, who went home shortly before Christmas, suffering from a nervous breakdown, is improving slowly.

A number of the new graduates will make their home at the "Club."

Miss Ruth Thompson is leaving the Sesrun Club, and will live with her family in Brooklyn, corner of Marcy Ave. and McDonough St.

Miss Hilda Colchester, 1907, is spending the winter in Rome, Italy. She and her sister, a graduate of the Royal Victoria Hospital, Montreal, are both nursing there.

The resignations of Louise White Johnson, Katharine Alexander and Margaret R. Somerville Carey were accepted by Alumnae Association with regret.

# Spring and Summer Courses

## IN THE SWEDISH SYSTEM OF MASSAGE

### MEDICAL AND CORRECTIVE GYMNASTICS

(The System You Will Eventually Learn)

Term: Three Months : : : : : Tuition Fee, Sixty Dollars

#### COURSE IN ELECTRO-THERAPY

Term: Two Months : : : : : Tuition Fee, Twenty-five Dollars

#### COURSE IN HYDRO-THERAPY IN ALL ITS FORMS

Term: Six Weeks : : : : : Tuition Fee, Thirty Dollars

Spring Classes Open May 14, Summer Classes Open July 8, 1908

7844 TREATMENTS GIVEN IN 1907

*No better clinical experience possible*

All courses may be commenced at the same time and finished within three months. The instruction consists of daily clinical work and practical lessons on patients referred to our clinics from the various Hospital Dispensaries. Original Swedish (Ling) System, and Weir Mitchell's Rest-Cure System. All pupils attend clinics at several city hospitals. A complete Medico-Mechanical Zander Gymnasium for treatment of patients and instruction of students. Payments can be made to suit your convenience. Application blank and illustrated booklet on Massage upon request.

*An early application for admission is advisable*

After October 1, 1903, the TUITION FEE for all COURSES will be RAISED

PENNSYLVANIA ORTHOPAEDIC INSTITUTE AND SCHOOL OF MECHANO-THERAPY, (Incorporated)

1711 Green Street, PHILADELPHIA, PA.

MAX. J. WALTER, Superintendent

## FOOD ESPECIALLY PREPARED FOR ILL OR CONVALESCENT

Orders Promptly Filled and Delivered Free of Charge

Out of Town Orders Given Immediate and Careful Attention

Mrs. KATE JEWETT, 78 West 46th St. cor. 6th Ave., New York

TELEPHONE 1457 BRYANT

## Everything for the Nurse in WEARING APPARREL



Uniforms

Kerchiefs

Caps

Aprons

Cuffs

Collars

Surgical

Garments

## Do you want a Hospital Position?

As Superintendent, Assistant Superintendent, Head or Ward Nurse. If so, communicate immediately with

## The National Headquarters for Hospital Positions

HOME BUREAU

52 West 39th Street :: New York

## SHOES FOR NURSES

That Support the Arch of the  
Foot Also for Tired FEET

Nurses' Outfitting Assoc'n

52 West 39th Street :: New York

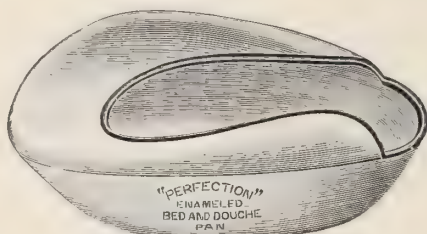
H. JANTZEN SHOE CO.

660 6th Avenue, near 38th St., New York



# The **BEST** Pan In the World

THE "PERFECTION" BED AND DOUCHE PAN



TWO U.S. PATENTS JUNE 5, 1900.

**IT IS SANITARY**  
**IT IS COMFORTABLE**  
**IT IS EASY-TO-EMPTY**

**USED IN MORE THAN 1000 HOSPITALS**

**SPECIFIED AND RECOMMENDED BY  
PHYSICIANS AND TRAINED NURSES EVERYWHERE**

**—RETAIL PRICES—**

No. 1, PORCELAIN,	-	Standard Size,	-	\$2.50 each
No. 2, " "	-	Small " "	-	2 00 "
No. 3, GREY ENAMELED,		Standard " "	-	3.75 "
No. 4, WHITE " "		" " "	-	4.50 "
No. 5, GREY " "		Small " "	-	3 25 "
No. 6, WHITE " "		" " "	-	4.00 "

**SOLD BY LEADING DEALERS, OR SENT BY EXPRESS UPON RECEIPT OF PRICE**

**—HOSPITALS SUPPLIED AT WHOLESALE PRICES—**

**MEINECKE & COMPANY,**  
**NEW YORK.**

VOLUME 2.

NUMBER 7

---

# The Alumnae News

May

1908

To satisfy a universal demand and to comply with numerous requests from physicians from all over the country, we are now putting up

# CHINOSOL<sup>COMP.</sup> SUPPOSITORIES

NON-POISONOUS, ANTISEPTIC, GERMICIDE, DISINFECTANT, DEODORANT

A SOVEREIGN REMEDY IN

LEUCORRHEA, VULVO-VAGINITIS  
Of Specific and Non-Specific Origin,  
as a Prophylactic, etc.

Box (containing 10), \$1.00  
6 Boxes, \$5.00

PARMELE PHARMACAL CO., 54 & 55 SOUTH ST., N. Y.

---

YOUR OCULIST WILL APPROVE  
MARTER'S

SO EASY  
EYEGLASS



SO EASY  
EYEGLASS

It has the rigidity of the spectacle, yet is graceful, convenient and comfortable

*Oculists' Prescriptions Our Specialty*

*Eastman Kodaks, Films & Supplies*

*Developing, Printing and Enlarging*

Special Discount to all Nurses

TELEPHONE  
3474 COLUMBUS

310 COLUMBUS AVENUE

BET. 74TH &  
75TH STS.

# ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

---

VOL. II.

MAY.

No. 7

---

Editor—Miss M. H. Young, 8 W. 92nd Street

Business Manager—Mrs. Culbert, 195 Claremont Avenue

Secretary—Miss Bower

---

## EDITORIAL

Our annual meeting was a pleasant one, and the reports, on the whole, satisfactory. A fine lot of officers was elected, and we hope that many good things may be accomplished in the coming year.

The one thing we regret is that Miss Sutcliffe found it necessary to ask to have her name omitted from the ballot. However, we know that we can always count on her interest in all our enterprises, and her help, whenever she can give it.

Judging from the programme printed on another page, this annual meeting of the Associated Alumnae promises to be very enjoyable as well as instructive. There are subjects on the list which especially interest us, and on which we trust our delegate will bring us very full reports. We wish her a very pleasant journey, and sojourn, and congratulate her on being able to stop over in Chicago for the "Visiting Nurse" conference. May she get much inspiration from the meetings and be able to pass on some of it to the stay-at-homes.

We wish that the meeting may be in New York, some time in the near future, so that many more of Association may be able to attend, and so get their inspiration at first hand.

Bringing up the subject of the "Red Cross," at the County Society, seemed to excite a good deal of interest; and was certainly timely, for, as a correspondent has said: "As a profession we are interested in preventing any repetition of the nursing difficulties of the Spanish-American War, and the time to decide what action on our part is practical and desirable, is not when we are in the shadow of a great emergency, but when there is time to consult, and to confer, with those who are interested."

## NOTICES

---

### N. Y. H. ALUMNAE MEETING.

The next meeting of the Association will be held at 8 West 16th Street, Thursday, May 14th, at 3 P. M.

### CHANGE OF ADDRESS.

Members of the Association are asked to send notice of change of address to the editor as promptly as possible, so that the mailing list may be kept correct.

### THE NATIONAL MEETING.

The eleventh annual meeting of the Nurses' Associated Alumnae of the United States will be held in San Francisco, California, May 5th to 8th.

### SECOND CALL FROM THE SECRETARY.

All members of the Association are requested to send word to the Secretary saying whether or not they are "R. Ns." As the information is wanted for the annual report, which is now being made ready for the printer, it is hoped the response will be prompt.

Any change in address may be sent on the same card to

MISS A. B. STEWART,

414 E. 14th St., New York.

## KEEPING SECRETS

In one of the magazines, recently, attention has been called to the fact that there is on the statute books a law which makes provisions whereby the R. N. of the nurse shields from the necessity of divulging professional secrets, even in court.

We copy it as a reminder for some of our members, and as information for others:

Code of Civil Procedure, Sec. 834, Am'd, 1904, 1905.

Physicians or professional registered nurses not to disclose professional information.

"A person duly authorized to practice physic or surgery, or a professional or registered nurse, shall not be allowed to disclose any information which he acquired in attending a patient, in a professional capacity, and which was necessary to enable him to act in that capacity; unless where the patient is a child under the age of sixteen, the information so acquired indicates that the patient has been the victim or subject of a crime, in which case the physician or nurses may be required to testify fully in relation thereto upon any examination, trial or other proceeding in which the commission of such crime is a subject of inquiry."

Sec. 836 (Am'd 1893, 1899, 1904).

Applications of the last three sections.

The last three sections apply to any examination of a person as a witness unless the provisions thereof are expressly waived upon the trial or examination disclose any information as to the mental or physical condition of a patient who is deceased, which he acquired in attending such patient professionally, except confidential communications and such facts as would tend to disgrace the memory of the patient, when the provisions of section eight hundred and thirty-four have been expressly waived on such trial or examination by the personal representatives of the deceased patient, or if the validity of the last will and testament of such deceased patient is in question by the executor or executors named in said will, or the surviving husband, widow or any heir-at-law or any of the next of kin, of such deceased, or any other party in interest.

In an action for damages for a personal injury, the testimony of a physician or surgeon or a professional or registered nurse attached to any hospital, dispensary or other charitable institution, as to information which he acquired in attending a patient in a professional capacity, at such hospital dispensary, or other charitable institution, shall be taken before a referee appointed by a judge of the court in which such action is pending; provided, however, that any judge of such court at any time in his discretion may, notwithstanding such deposition, order that a subpoena issue for the attendance and examination of such physician or surgeon or professional or registered nurse, upon the trial of the action. In such case a copy of the order shall be served together with the subpoena.

The waiver herein provided for must be made in open court, on the trial of the action, or proceeding, and a paper executed by a party prior to the trial, shall be insufficient as such a waiver.

## OUR ANNUAL MEETING

The annual meeting on Wednesday, April 8th, was well attended and very satisfactory.

The following resolutions were moved and carried:

"That the Secretary put a notice in the "News" asking all Alumnae members to send her word whether they are "R. Ns." or not, so that the information may be put in the annual report."

"That the voting for officers at the National Alumnae Association be left to the discretion of our delegate."

"That the "News" be sent free to all graduates of the school from now until the end of this season, thus giving those who have not kept up their Association membership an opportunity to see the paper, and to subscribe for it, for the year beginning Oct. 1, 1908. The subscription price was not fixed, but is to be not less than fifty cents per year."

These *additional* reporters were appointed for the "News:"

Miss Earle, 7 W. 15th St.	Miss Leger, 8 W. 92d St.
Miss Rough, 7 W. 15th St.	Miss Bowman, 8 W. 92d St.
Mrs. Hosking, 8 W. 92d St.	Miss Nash, 8 W. 92d St.
Miss Golding, 245 W. 14th St.	

Miss Walton, from N. Y. H., and Miss Bower, from the Club, were elected to go among our graduates and interest them in the Red Cross Society.

After the business was finished most of those present lingered for a cup of tea and a chat.

### THE RESULT OF THE BALLOTING.

President, **Mrs. Twiss.**  
 Vice-President, Miss Mary A. Smith.  
 Recording Secretary, Miss A. B. Stewart.  
 Corresponding Secretary, Miss Wygant.  
 Treasurer, Miss Russell.  
 Trustees, Miss Wheeler and Miss Strombom.

### BOARD OF TRUSTEES

<i>Chairman</i>	<i>Secretary</i>
MISS A. B. STEWART	MISS L. M. WYGANT

### STANDING COMMITTEES

<i>Executive</i>		
MISS WHEELER	MISS STEWART	MISS SMITH
<i>Finance</i>		
MISS M. M. RUSSELL	MRS. TWISS	MISS RYERSON
<i>Credential</i>		
MISS M. JORDAN	MISS A. A. STROMBOM	MISS E. BENZ

## NEW YORK COUNTY MEETING

The April meeting of the County Society was held Tuesday evening, April 7th, at the Bellevue Club, East 42d Street, Miss Russell, President, in the chair. The Nominating Committee appointed were:

Miss Yocum, New York City Hospital.

Miss I. J. Walton, New York Hospital.

Miss Spencer, Presbyterian Hospital.

Miss Forman, New York City Hospital.

Miss Newman, Mount Sinai Hospital.

The New York graduates present were: Misses Russell, Samuel, Stewart, Golding, McVean and Walton. A very interesting discussion was carried on concerning "Affiliation with the National Red Cross Society." Miss Pindell, who introduced the subject, spoke of the mere handful of nurses who have joined the "Reserve List," and gave much interesting information concerning the Red Cross. Miss Damer's remarks were, as usual, practical and to the point. Miss Dock gave a good talk on "Nursing in Foreign Red Cross Societies;" she and Mr. Hurd, field agent of the New York Branch of the Red Cross, had quite a discussion. It was moved by Miss Evans, at the close of the meeting: "That the delegates from the County Association who will attend the Associated Alumnae meeting in San Francisco be asked to urge individual members to enroll with the Red Cross, either as Reserve Nurses or as Annual Members."

This was one of the most interesting meetings the Society has ever held.

### THE CLINICAL THERMOMETER

"The first use and the first accurate description came from Leurcheon, in 1624, but the real inventor of the instrument was Galileo, between 1592 and 1597. This is proved, not from any statements of the inventor, but from letters written to him, and the proof is complete. The first thermometer consisted of a bulbed tube, inverted in colored water, in which the liquid rose and fell with temperature of the bulb. In 1632 Dean Rey made a water thermometer, in which the expansion of the fluid replaced that of air, and not long after this Ferdinand II. of Tuscany, by sealing the top of the tube, gave approximately the modern form of the instrument.

"In 1714, Fahrenheit constructed the first mercury thermometer, with a reliable scale. Beaumur was the first to use the melting point of ice for zero. The first to adopt 0 degrees and 100 degrees for the two points was Celsins, which was finally changed to the centigrade scale."—Letter in *Am. Journal*.

---

## OUR PROFESSION

So this, our profession, is a great one—an exacting one. And we do well often to remember this and to stop for a time or two to rest and think, in order that we be not submerged in the exacting routine of our daily lives. And you all know that routine—the tiring round of duties, petty often and commonplace, with the patient ungrateful, domineering or querulous; with the perpetual ministrations, many of them disagreeable; with the continual worry and responsibility; and the broken sleep, and the tired back, and the tired feet, the tired head and the tired heart. These often make up the picture of our daily lives, and this is why we ought to capture an hour or two for ourselves from time to time—an hour or two of quiet and of absolute change, of complete rest wherein to let the worry and turmoil of our life slacken and die down, the dust of it all settle, so that we can forget it, can reach out beyond it, and see more clearly the wider horizon of our profession; can realize more nearly its higher ideals, its promise and its possibilities. And during this hour we get renewed from music, from books, or whatever we like best. Peradventure it is only sunshine upon the grass or the play of the wind among the trees that brings the solace to the tired soul. But some of these things it must be in order that we become renewed—renewed even as the eagle. So do we become encouraged, refreshed and inspired with the higher meaning of all the service that we do. So do we come to feel its higher recompense, which is to know that in this life of ours we are in a true and noble sense our brother's keeper. For we are, or ought to be, healers—healers of the sick.—Extract from an address printed in *The "Canadian Nurse"*.

# ASSOCIATED ALUMNAE PROGRAMME

TUESDAY, MAY 5—2 P. M.

Addresses of welcome.

1. The Mayor of San Francisco.
2. Dr. Helen P. Criswell, President California State Nurses' Association.
3. Mrs. Clara S. Lockwood, Los Angeles.

Responses.

Mrs. E. G. Fournier and others.  
Address of the President, Miss Damer.

WEDNESDAY, MAY 6TH.

Ten A. M.—Subject, "The Nurse as a Factor in Public Health."

1. "The More Recent Opportunities of the Nurse in Public Health Problems."
2. "Some Phases of School Nursing."
3. Dispensaries: (a), "The Newer Treatment of Tuberculosis Patients;" (b), "Their Use to Children."
4. "Progress in Almshouse Nursing."
5. Exhibit: Outline of Registration Chart prepared by Miss Maria Daniels, Salem, Mass.

Two P. M.—Subject, "The Training School Curriculum.

1. "What is Being Taught and Why?"
2. "Visiting Nursing as Part of the Curriculum."
3. "Nursing of the Insane, as Part of the Curriculum."
4. "Duty of the Schools in Preparing Young Women to Take Part in the Anti-Tuberculosis Campaign."
5. "Home Life of the Pupil Nurse."
6. "Self-Government in Nurses' Homes."

THURSDAY, MAY 7TH.

Ten A. M.—Roll call. Business. Papers. Subject, "Private Duty."

1. "The Nurse's Responsibility to Her Local and State Associations."

Two P. M.—Private Duty, continued.

1. "Psychology and Nursing."
2. "Newer Methods in Medical Nursing."
3. "Recent Advances in Surgical Nursing."

FRIDAY, MAY 9TH.

Ten A. M.—Business. Papers, "Association Work."

1. "Report of the Inter-state Secretary, with News from the Whole American Field."
2. "Effect of Registration on the Profession and on the Individual."

Two P. M.—"Association Work," continued.

1. "The Organization of Nurses' Clubs and Directories under State Associations."
2. "Progress and Difficulties of State Examining Boards."
3. "Progress of Registration in Foreign Lands."

During the business sessions there will be discussions on proposed changes in the Constitution, on taking over the Journal, and on the fixing of a definite professional standard of the Association.

ENTERTAINMENTS.

Wednesday, May 6th—A trip through Chinatown, including tea and the theatre there. Those taking the trip are to assemble at the St. Francis Hotel at 7.30 P. M.

Friday evening, May 8th—Banquet at the St. Francis Hotel, all delegates to be the guests of the California State Association. Guests are asked to assemble at 7 P. M.

Saturday, May 9th, an all-day trip to Mount Tamalpias, leaving San Francisco at 9.45 A. M. This affords a superb view of the ocean, bay and surrounding country.

Sunday afternoon, May 10th, a sacred concert at the Greek Theatre, University of California, Berkeley.

It is expected that the naval fleet will arrive in San Francisco harbor May 5th, and that on Friday, May 8th, the great naval review will take place. It is hoped that all the visiting nurses may have an opportunity to see this as well as other features of the program for the fleet.

**ANNOUNCEMENT BY THE NATIONAL NOMINATING COMMITTEE**

The nominating committee of the Associated Alumnae is very much pleased to announce that, after a great many requests and a great deal of pressure, Miss Annie Damer has at last consented to accept the nomination as candidate for the presidency for another year.

E. G. FOURNIER,  
Chairman of Nominating Committee.

## ITEMS

---

The Board of Governors of N. Y. H. inaugurated on April 1st the plan of having "Associate" Attending Physicians and Surgeon. There are eight appointees:

### Surgeons:

Dr. Eugene H. Pool  
Dr. James M. Hitzrot  
Dr. William A. Downes  
Dr. Percy R. Turnure

### Physicians:

Dr. Hughes Dayton  
Dr. James C. Greenway  
Dr. Joseph C. Roper  
Dr. Nellis B. Foster

One for each of the Divisions of the Service went on duty April 1st, and will serve until August 1st. Then the remaining four go on duty, and will serve until February 1st, the term remaining six months long thereafter. During those periods the Associates will serve on the divisions to which they are assigned, under the different attendings, as they succeed each other. At present Dr. Pool is on the First Surgical Division, and Dr. Turnure on the second. Dr. Foster and Dr. Dayton are on the Medical Division (Drs. Peabody and Lambert, by an agreement between themselves, are sharing the service between them). Dr. Foster was unable to begin immediately, so Dr. Greenway is substituting for him.

The Associates have charge of the Out-Patient Department as chiefs of staff during the term of their service in the In-Patient Department.

Great things are expected from this new plan, and its working will be watched with much interest.

The *Medical Record* states that in a recent interview Professor Robert Koch is reported to have announced his intention of traveling for a year, beginning with the United States—probably arriving some time in April.

## NEWS OF THE CLUB AND THE CLASSES

---

Will all members read, and respond as promptly as may be to the Secretary's request under the head of "Notices."

Miss Sutcliffe and her companions have returned from their West Indian trip, brown as berries, and enthusiastic about everything, in spite of some unhappy moments on the ocean.

In a recent letter Mrs. Toshio Momozaki (Miss Naruse), Kobi, Japan, tells of a scheme that a number of Japanese nurses have formed for raising money to support a native teacher in one of the Mission Schools. She would like so much to have some of her old N. Y. H. friends help her with this fund, and says 25 or 50 cents from each one would do so much. She hopes to write a little book, "Hints on Nursing and Cooking," as her contribution. Any one wishing to assist may send donations to Miss Lena Earle, New York Hospital.

Miss Adele Hodgson, one of the first graduates of N. Y. H., tells, in the April *American Journal*, of the beginnings of the Training School and the experiences of private nurses in those pioneer days.

Dr. Helen McMurchy of Toronto, editor of the "*Canadian Nurse*" paid a hurried visit to New York last week. She is always sure of a welcome at the N. Y. H.

Miss Hindela Whitehead has been down at the N. Y. Hospital, ill with pleurisy, for several weeks. She is much better and hopes to return to the Club in a few days.

We were all glad to see Miss Smith back after her vacation.

Miss Jane A. Wright has just returned from a four months' trip to Italy, Switzerland and France. She has combined study with pleasure, and is now in New York preparing for her spring classes in physical work, deep breathing and dancing.

Miss Frederick, who fractured her hip in January of last year, has been operated upon in Chicago.

(Continued on Page 12.)

BECAUSE THE CASEIN OF THE MILK  
HAS BEEN PARTIALLY PREDIGESTED IN  
BORDEN'S MALTED MILK IT WILL BE  
RETAINED AND ASSIMILATED IN MANY  
CASES WHEN ALL OTHER FOODS FAIL.  
WRITE FOR MALTED MILK BOOKLET.

Malted Milk Department  
BORDEN'S CONDENSED MILK CO.  
NEW YORK

## H. Blumberg

Fashionable Ladies' Tailor

Suits and Skirts

a specialty



*References*

*New York Hospital  
Nurses*



Telephone Connection

243 West Thirteenth Street

Near Greenwich Avenue

New York

## SAL HEPATICA

The original effervescent Saline Laxative and Uric Acid Solvent. A combination of the Tonic, Alterative and Laxative Salts similar to the celebrated Bitter Waters of Europe, fortified by addition of Lithia and Sodium Phosphate. It stimulates liver, tones intestinal glands, purifies alimentary tract, improves digestion, assimilation and metabolism. Especially valuable in rheumatism, gout, bilious attacks, constipation. Most efficient in eliminating toxic products from intestinal tract or blood, and correcting vicious or impaired functions.

Write for free samples.  
BRISTOL-MYERS CO.  
Brooklyn - New York.



Miss E. R. Smillie, who, since her return from Europe, has been in Washington, came up to New York some weeks ago, but has been called back to Washington to care for a relative who has typhoid fever.

Miss Nina Sinnot came to take charge of the Operating Room at the Hospital April 1st.

Miss Belle Seely has been under treatment at the Hospital for some weeks. She and Miss Whitehead are occupying "The Nurses' Quarters" in the Private Patients' Building. The room is a large corner one on the fourth floor, with east and south windows, so it is always filled with sunshine. The graduates also have the privilege of using the roof garden on the Nurses' Home, which makes a delightful change when they are able to leave their rooms.

Miss Ida Nudell, Superintendent White Plains Hospital, has just returned from a trip to Florida and other southern points. The Board of Governors of her Hospital have issued invitations for a public "Demonstration" by the Senior Class at the Hospital, April 14th.

Our Convalescent Home for Women and Children at White Plains will open about the 18th of this month. Miss Cobban will be in charge, assisted by Miss Mabel Henderson.

Miss Cobban has been to Poughkeepsie for a short visit with Miss Ellison.

Miss Lavinia Wood, who has been south all winter, has returned, and is now at Sharon, Conn.

Miss Anna Keator, Miss Helen Smith and Miss Case are all going up to Canada, to stay until after Miss Case's wedding, the early part of June.

Miss Hastings has gone home to Toronto for a month's rest before taking up her summer work at Sea Cliff, L. I.

The sale of work and play, held April 9, in aid of the piano fund, were a success. The play was a specially enjoyable feature.

# Spring and Summer Courses

## IN THE SWEDISH SYSTEM OF MASSAGE

### MEDICAL AND CORRECTIVE GYMNASTICS

(The System You Will Eventually Learn)

Term : Three Months : : : : Tuition Fee, Sixty Dollars  
COURSE IN ELECTRO-THERAPY

Term : Two Months : : : : Tuition Fee, Twenty-five Dollars  
COURSE IN HYDRO-THERAPY IN ALL ITS FORMS

Term : Six Weeks : : : : Tuition Fee, Thirty Dollars

**Spring Classes Open May 14, Summer Classes Open July 8, 1908**

**7844 TREATMENTS GIVEN IN 1907**

*No better clinical experience possible*

All courses may be commenced at the same time and finished within three months. The instruction consists of daily clinical work and practical lessons on patients referred to our clinics from the various Hospital Dispensaries, Original Swedish (Ling) System, and Weir Mitchell's Rest-Cure System. All pupils attend clinics at several city hospitals. A complete Medico-Mechanical Zander Gymnasium for treatment of patients and instruction of students. Payments can be made to suit your convenience. Application blank and illustrated booklet on Massage upon request. *An early application for admission is advisable*

**After October 1, 1908, the TUITION FEE for all COURSES will be RAISED**

**PENNSYLVANIA ORTHOPAEDIC INSTITUTE AND SCHOOL OF MECHANO-THERAPY, (Incorporated)**  
1711 Green Street, PHILADELPHIA, PA. **MAX. J. WALTER, Superintendent**

## FOOD ESPECIALLY PREPARED FOR ILL OR CONVALESCENT

Orders Promptly Filled and Delivered Free of Charge

Out of Town Orders Given Immediate and Careful Attention

**Mrs. KATE JEWETT, 78 West 46th St. cor. 6th Ave., New York**  
TELEPHONE 1457 BRYANT

## Everything for the Nurse in WEARING APPARREL



Uniforms

Kerchiefs

Caps

Aprons

Cuffs

Collars

Surgical

Garments

## DO YOU WANT A HOSPITAL POSITION?

As Superintendent, Assistant Superintendent, Head or Ward Nurse. If so, communicate immediately with

### **The Home Bureau**

National Headquarters for Hospital Positions  
52 West 39th Street :: New York

## SHOES FOR NURSES

That Support the Arch of the  
Foot Also for Tired FEET

**H. JANTZEN SHOE CO.**  
660 6th Avenue, near 38th St., New York

**Nurses' Outfitting Assoc'n**  
52 West 39th Street :: New York

**ARMY  
& NAVY  
COMBINATION  
ICE BAG  
AND  
HELMET**



**AN  
IDEAL BAG  
FOR  
THE  
HEAD**



**CLOTH INSERTED  
MAROON PURE RUBBER**



**PATENTED  
UNLOSABLE WASHER**

The "Army and Navy" is the only PERFECT Helmet made.

It fits snugly and holds an ample quantity of Ice which can be moved to any part of the head, or centered over the base of the brain, if desired.

It can be flattened out to form the regular, round-shaped Ice-Bag suitable for use on any part of the body and especially for the abdomen.

It is made of cloth inserted Maroon Pure Rubber, with screw-cap and unlosable washer.

ADULT'S SIZE, 12½ inches in diameter.

CHILD'S SIZE, 10 inches in diameter.

—Price List on Request—

## **"PERFECTION" ICE BAG**

### **The Leading Hospital Ice Bag**

It holds more ice than other bags, and is lighter in weight.

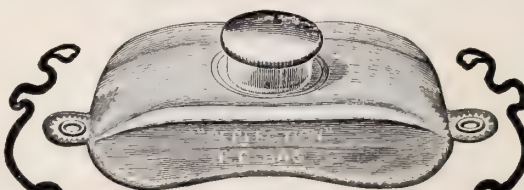
It can be perfectly adjusted and secured, and has a smooth and flat bottom surface when filled.

Its long, flat surface, makes the bag specially adaptable for the chest or abdomen.

It is the leading Hospital Bag and is made with our non-leaking, metal screw-cap, in both slate and maroon rubber. The Maroon Rubber Bags are fitted with our Patented 'Unlosable' Washers.

Small Size, 5x9 in.  
Medium " 6x11 in.  
Large " 7x13 in.

Price List on Request



Our specialties are sold by all leading dealers. We supply Hospitals at wholesale prices.

**Meinecke & Co., 48 & 50 New York**  
Park Place

**MAKERS OF ADVANCED SPECIALTIES FOR THE SICK-ROOM AND HOSPITAL**  
**WE SUPPLY HOSPITALS AT WHOLESALE PRICES**

VOLUME 2.

NUMBER 8

---

# The Alumnae News

JUNE

1908

To satisfy a universal demand and to comply with numerous requests from physicians from all over the country, we are now putting up

# CHINOSOL<sup>COMP.</sup> SUPPOSITORIES

NON-POISONOUS, ANTISEPTIC, GERMICIDE, DISINFECTANT, DEODORANT

A SOVEREIGN REMEDY IN

LEUCORRHEA, VULVO-VAGINITIS  
Of Specific and Non-Specific Origin,  
as a Prophylactic, etc.

Box (containing 10), \$1.00  
6 Boxes, \$5.00

PARMELE PHARMACAL CO., 54 & 55 SOUTH ST., N. Y.

NO CANE SUGAR

IN

BORDEN'S MALTED MILK

Continued trial has proven that Borden's Malted Milk will not ferment on the stomach.

Therefore, it is of special value as a food for Diabetic, Stubborn Gastric or Intestinal Feeding.

Malted Milk Department

BORDEN'S CONDENSED MILK CO.  
NEW YORK

# ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

---

VOL. II.

JUNE

No. 8

---

Editor—Miss M. H. Young, 8 W. 92nd Street

Business Manager—Mrs. Culbert, 195 Claremont Avenue

Secretary—Miss Bower

---

## EDITORIAL

Dr. S. Weir Mitchell has permitted his address made to our nurses in this year's Graduating Class, to be printed and, through the kindness of the Training School Committee, the NEWS has just received a copy: We are glad to have in permanent form this word picture of the "Ideal Nurse," and we hope that each member of the Association may receive a copy of the address. We should all be better for even reading it; and if we take pattern from this Ideal, striving to become honorable, well poised, efficient women, working with our hearts and souls, as well as our minds and hands, there need be no fear for our personal success, in the highest sense; and, as we are assured that some have already attained this exalted standard, there can be no fear for the future of the profession.

We are very grateful to Dr. Mitchell for his appreciation, and for his efforts in our behalf.

---

A member of the class of 1908 is much concerned at the implied reproach to her class by the NEWS earlier in the year. In writing about the January "R.N." examinations, the remark was made that out of a class of twenty-four only about one-third were taking the examination, and the question was asked: What are the others going to do about it? We are pleased to learn that nearly all who were in a position to do so, went up in January, and the remainder, who have not yet finished their time at the hospital, take the examination in June. We wish them success, and thank their spokesman for letting us all know that the class is doing its duty.

We are glad to have in this issue the article by one of our contributors, on the Hospital Economics Course as it will help us to realize that this is a part of one of the greatest movements in the nursing world at the present time; and one very worthy of support, as it makes for "uniformity in the curricula and methods of teaching in Training Schools and for the adequate preparation of nurses for responsible executive positions in hospitals and other institutions." We all know that there is a well considered plan for the important instruction and competent teachers have been secured, but as with every other great plan there is need of money. We quote from Mrs. Hunter Robb:

"The course at Teachers' College, which is the only place in this or any other country where such instruction is offered, can be sustained, developed and placed upon a permanent and satisfactory basis, only by means of a suitable endowment. The work is too important to relinquish, too great to be carried on longer by the annual contributions of a few nurses and their friends."

This idea of the committee to do away with the present hand to mouth method by raising an endowment fund of \$100,000 must commend itself to all who give the matter any consideration. The problem of raising the Fund is ours, as Associations and as individuals.

About \$7,000 has already been pledged but to make up the total will require united and strenuous effort; we have, however, many Alumnae Associations throughout the country, and if we all do our part the Fund will surely and certainly become an established fact.

The State Society with which we are affiliated, at its meeting last October gave \$250 for the Endowment Fund and \$200 toward the annual running expenses and besides pledged \$150 yearly for running expenses until such time as the endowment should be complete, when, of course, there will be no more need for these annual contributions. Our N. Y. H. Alumnae Association gives each year \$25 toward the running expenses, and last year donated \$200 toward endowment; let us hope that this year also there may be a goodly donation for the same purpose.

After all is done by the societies there will be something still left for the individual and it has been suggested that each member give one day's work (valued at \$3) for the fund. Some of our members have of course already made this donation but if a greater number of our Association can see their way clear to respond, and the gifts could become general and—better still, annual—how we could swell the Fund. Why in ten years (not long in the life of a fund) our N. Y. H. Association alone would be able to raise about \$10,000, or one-tenth of the whole endowment and this without any one feeling it a burden, so quickly do "many mickles make a muckle."

## NOTICES

---

### N. Y. H. ALUMNAE MEETING.

The next meeting of the Association will be held at 8 West 16th Street, Thursday, June 11th, at 3 P. M.

### CHANGE OF ADDRESS.

Members of the Association are asked to send notice of change of address to the editor as promptly as possible, so that the mailing list may be kept corrected.

---

### N. Y. COUNTY SOCIETY

The next meeting of the County Society will be held at the Bellevue Club, 17 W. 42d Street, on Tuesday, June 2d, at 8 P. M.

*The main business at this meeting will be the election of the Society's officers for the ensuing year.*

N. Y. H. Association is entitled to about forty delegates, and it is requested that as many as possible attend this meeting. *All members are welcome.*

---

### REGISTRATION

The next New York State "R.N." examination will be held in the Grand Central Palace, Lexington Avenue, New York, June 23d to 26th inclusive.

---

## NEW COUNTY NOMINATIONS

---

President, Miss Isabel Evans, St. Luke's Alumnae Association.

Vice-President, Mrs. Fred. Brockway, Manhattan and Bronx Assn.

Recording Sec'y, Miss Ada B. Stewart, N. Y. Alumnae Association.

Corresponding Sec'y, Miss Emma Kuroski, Presbyterian Alumnae Association.

Treasurer, Miss Jane Greenthal, Mt. Sinai Alumnae Association

Trustee to serve three years:

Miss Annie Rhoads, Bellevue Alumnae Association.

## THE HOSPITAL ECONOMICS COURSE.

The contribution given by our Association to the endowment fund of the course in Hospital Economics at Teacher's College shows our interest in this endeavor to give special training to those nurses who wish to take teaching positions, and in order that we may wisely use our responsibility as shareholders in the undertaking, it will be well to consider the history and the hopes of the effort.

In 1898, at a meeting of the Society of Superintendents of Training Schools, Mrs. Robb was made chairman of a committee on education. During the year she and her colleagues made careful inquiries concerning the establishment of a special course in connection with some recognized school. At the next meeting of the Society she reported that the Teacher's College would undertake to provide instruction for a limited number of pupils. The first class of seven members entered in the fall of 1899, for a year's study and the work they did proved their appreciation of the opportunity.

Year by year the interest of the students in the work offered, and the interest of the College in the special problems of nurse teachers has grown until the number of pupils is doubled, and more than half of them are taking a second year which entitles them to a diploma from the college and so gives them a recognized position in the educational world.

It is very significant that this first movement for the special training of nurses as teachers was inaugurated by women who had spent years in learning by experience the needs of schools for nurses. These leaders who recognized the loss to themselves and to the community in the lack of uniformity, the lack of definite educational aim, the lack of wide horizons that were almost inevitable when a woman passed from one hospital position to another, finding in each a demand for continuous detail work, and with each year new needs of her pupils which her busy life gave her little opportunity to study.

The lack of funds has always been a serious drawback. The money expended has most of it been given in small sums by the nurses themselves. The movement to place the course on a sound financial basis by raising a sufficient endowment has been in the air for some time and the work last year at the meeting of the Associated Alumnae at Richmond and the Superintendent's Society in

Philadelphia has given it an impetus which it is hoped will increase until we can be assured that our chair is on a satisfactory basis.

Miss Nutting has come to the Teacher's College to take a chair of household management and institutional administration, and for the present our course in hospital economics will be a part of her department. No one can doubt that this will be a very satisfactory arrangement for the time, but in order that its future may be assured and not dependent on one person, it is very necessary that the endowment should be made certain.

How can we help most, individually and collectively?

### REPORT OF COMMITTEE.

Report from the Entertainment Committee for the piano fund.

From all sources, including interested friends.....	\$349.80
Expenses .....	89.89
	<hr/>
	\$260.00
Paid balance due on piano.....	125.00
	<hr/>
Amount remaining .....	\$135.00

Miss Bower, the acting treasurer, has given the remaining amount, \$135.00, to Miss Russell, the treasurer of the Club, to hold until further notice, as it has not yet been decided how to use the money.

The Club members wish to thank the Committee: Misses Lawrence, Leger, F. Young, and Webster, for getting up the entertainment, and to congratulate them on its financial success.

Miss Lena Earle, who had charge of the Afternoon Tea deserves much credit for its management as it was a success, taken from a financial and social standpoint.

We wish to thank Miss Henderson for the help given in many ways; besides spending a great deal of time and thought on the Entertainment. Miss Henderson and Miss Irene Sutcliffe acted as hostesses of the afternoon and evening.

We also wish to thank the pupil nurses who took part in the play, especially Miss Work and Miss Lammiman who were instrumental in getting it up. Josephine Hill, chairman of the Committee.

## FINGER POSTS TO THE FUTURE.

At the solicitation of Dr. S. Weir Mitchell and the superintendents of the leading Nurses' Training Schools in Philadelphia, the Drexel Institute has organized a Preparatory Course of Instruction in the scientific branches, a knowledge of which is essential to a fully-equipped nurse, thus providing relief from the pressure upon the women in the first year of the Training Schools, and raising the standard along the whole line. Applicants must have had at least a high-school education or its equivalent.

A certificate is given to students who complete the full course of nine months, and pass all the required examinations, and those holding this certificate are given one-half year's credit in the full course of the Training School for Nurses, Pennsylvania Hospital.

---

Pratt Institute, Brooklyn, gives a preparatory course somewhat similar to that given by the Drexel Institute.

---

The catalogue of Simmons College, Boston, has the following:

"By an arrangement with the Children's Hospital and the Massachusetts General Hospital, students who are admitted to the training schools for nurses in those institutions are received at the college for a preliminary training in the scientific subjects that are needed for their professional work. This programme occupies only one term."

---

For three years past, nurses graduating from affiliated hospitals have received their diplomas at the hand of the president of the Northwestern University on the regular "commencement" of the institution in June. Two years ago, Wesley and Mercy Hospitals of Chicago, were tentatively affiliated with the University. Last year these two hospitals were formally affiliated with the Medical Department of the University, the requirements for admission of students being the same as those for the Medical School. The young women enter the hospital schools and pass their probationary period; then take these courses as soon as possible after their probationary period. It was provided that during the first year in the Hospital, instruction

in anatomy, chemistry, physiology, dietetics, and bacteriology, should be given in the laboratories of the Medical School by members of the medical faculty; this first year they also take in their respective hospital's courses in nursing and in Materia Medica. During their Junior and Senior years the nurses take in their respective hospital's various clinical courses given by the staff of the Medical College.

---

A paper read at a meeting of the New England Association for the Education of Nurses, suggested that "instead of the three years' course there be a course of two years, with a voluntary third year of post-graduate work which should fit the nurse for the special field she desires to enter." . . . "At Waltham, something of the form of training suggested has been in existence several years, the specializing being done, however, during the undergraduate course."

---

Columbia University has its Hospital Economics' Course for the training of those who intend to take institutional positions.

---

The Board of Trustees of the Training School have recently adopted the policy of electing all officers of the Graduate Nurses' Association to membership on their Board instead of having their Graduate Nurses' Association choose one of their members, each year, for a term of three years.—*News Letter*.

---

The Regents of the University of the State of New York have added a committee of nurses representing the New York State Nurses' Association to the Advisory Council. This Council is composed of the deans or heads of professional schools, engaged in active teaching. They have no official powers or prescribed duties but are exactly what the name implies—a council of advisers in case the Education Department wishes to obtain the views of those who are in teaching positions. This Council has representatives from the following departments of education:

Convocation, college, academic, library, medical, dental, pharmacy, and now nursing.—*American Journal*.

## THE RED CROSS

A large meeting, to promote interest in Red Cross membership, was held a few weeks ago in the Waldorf. Many prominent men were on the platform and made short addresses, but the Secretary of War, Mr. Taft, who is President of the Society, was the principal speaker. He opened by saying that he was only nominal president, the real one being Miss Mabel Boardman. He then spoke of the value of the original purpose of the Society, viz.: medical service in time of war, and urged the enrollment of doctors and nurses in time of peace so that when need arose there would be a lengthy list to draw from, and thus no valuable time would be lost at a critical moment.

In times of peril from fire, famine, plague, and flood, the Society renders efficient aid and would be in a position to do even better work if it had an emergency fund to draw from; in any emergency at present the government is called upon for tents and supplies which it has, legally, no right to furnish. It was suggested that the fund might easily be raised by the annual membership dues of one dollar, if the country at large would take the matter up, and the Society would rather have this general interest than have the sum made up by donations from two or three wealthy people.

In time of peace the Society would turn its attention to preventive measures, as set forth in its charter, and busy itself in fighting the "White Plague." The address closed with a reference to the appropriation, by the Sage Foundation, for the purpose of finding out how the Red Cross may co-operate with other societies of the same character. Red Cross literature was distributed at the close of the meeting and donations and membership pledges were received by those who had been appointed for that purpose.

---

The NEWS will be sent free to all graduates of the school from now until the end of this season, thus giving those who have not kept up their Association membership an opportunity to see the paper, and to subscribe for it, for the year beginning Oct. 1, 1908

## THE PLAY AND SALE

A very pleasant afternoon and evening were spent at the Hospital on Tuesday, April 7th—tea and a sale of work being held in the afternoon, and a short play given by some of the pupil nurses in the evening.

For some time the nurses at the Club had thought of having a sale of work, the proceeds of which were to be given to help pay off the debt of \$125.00 on the Club piano; and at a Committee meeting they decided to ask the co-operation of Miss Henderson, and, with her permission and that of Mr. Ludlam, the assistance of some of the pupils of the Training School. The pupils—eighteen—very cheerfully agreed to have a small play ready for the evening. Miss Earle promised to be responsible for the success of the tea; and Miss Florence Young and Miss Leger to manage the sale of work.

The Reception Room was prettily arranged as a tea-room. At the two tables for pouring tea presided the president of our Alumnæ, Mrs. Twiss; and superintendent of the Club, Miss Dwight. Several little tables were placed around the room where parties of three or four could take tea together. Miss Sutcliffe received, and was a host in herself, making each one feel happy and at home. Dr. Stimson and Mr. Bowdoin, two good friends of the nurses, came in to have a cup of tea, and the Governors who were holding a meeting, sent word that they would be over, but as they were prevented, the members of the Training School Committee, sent instead a contribution of \$10.00 each. Everyone seemed to have a good time, and the sale of work and tea were voted a great success—the success of the latter being due to a great extent to Miss Earle's six graceful and efficient assistants from the Training School.

At 8:15 P. M., the curtain rose on the bright and pretty little play: "The Three Chauffeurs," and for half an hour the audience filling the Reception Room heartily enjoyed the experiences and mistakes of a number of young girls at a house party. The acting of Miss Lammiman as Melindy Pike, and Miss Birdsall as Norah the cook, was delightfully funny; and, indeed, the entire performance was one of merit, the chauffeur's drill being heartily encored. The stage—really the lecture room—was prettily decorated, the lighting being most effective.

Too many thanks cannot be given to Miss Henderson, who managed that everything be carried through successfully; to Miss Reutinger who helped at all the rehearsals with her presence and advice, and to the nurses who gave every spare minute of their time to rehearsing and drilling and working to have every detail correct and the whole perfect.

After the play, the singing of Miss Barbara Coffin and Miss Volkman, a probationer in the school, was thoroughly enjoyed, as was also a violin solo by Miss Emerson, and duet by Miss Emerson and pupil. . . . And then chairs were removed and dancing was kept up till midnight.

---

The freedom of the City of London has been bestowed on Florence Nightingale, the organizer of the nursing in the Crimean War. The ceremony took place in the Guildhall in the presence of a large gathering, which included many doctors and nurses.

The aged nurse—Miss Nightingale is in her eighty-eighth year—was too infirm to attend, and was represented by her nephew. The usual costly gold casket was omitted from the ceremony, in accordance with Miss Nightingale's wish, and one of oak and bronze substituted; and at her request, the \$500 usually expended for the gold casket will be given to charity.—*Presbyterian Quarterly*.

---

## NEWS OF THE CLUB AND CLASSES

Miss Mary Cuthbertson took charge of Ward "G" on May 1st, and Miss Maria Davis, of Ward "L."

Miss Josephine Hill is spending two months at her home "Eagle's Nest," Grovetown, Ga.

Mrs. Hosking who has been down at the Minturn Hospital, ill with scarlet fever, for five weeks, has returned to the Club. She expects to spend a few weeks in the country before resuming active work.

Misses M. Lawrence, M. Miller, F. Buchan, and Fligg, expect to sail August 1st, for a two months' visit to Paris and London.

[Continued on Page 12]

# YOUR OCULIST WILL APPROVE MARTER'S

SO EASY  
EYEGLASS



SO EASY  
EYEGLASS

It has the rigidity of the spectacle, yet is graceful, convenient and comfortable

*Oculists' Prescriptions Our Specialty*

*Eastman Kodaks, Films & Supplies*

*Developing, Printing and Enlarging*

Special Discount to all Nurses

TELEPHONE  
3474 COLUMBUS

**310 COLUMBUS AVENUE**

BET. 74TH &  
75TH STS.

## H. Blumberg

Fashionable Ladies' Tailor

Suits and Skirts

a specialty



*References*

*New York Hospital  
Nurses*



Telephone Connection

243 West Thirteenth Street

Near Greenwich Avenue

New York

## SAL HEPATICA

The original effervescent Saline Laxative and Uric Acid Solvent. A combination of the Tonic, Alterative and Laxative Salts similar to the celebrated Bitter Waters of Europe, fortified by addition of Lithia and Sodium Phosphate. It stimulates liver, tones intestinal glands, purifies alimentary tract, improves digestion, assimilation and metabolism. Especially valuable in rheumatism, gout, bilious attacks, constipation. Most efficient in eliminating toxic products from intestinal tract or blood, and correcting vicious or impaired functions.

Write for free samples.

**BRISTOL-MYERS CO.**  
Brooklyn - New York.



We were all glad to welcome Miss Paget back to the Club, after her two months' convalescence spent at her home in Elora, Can.

Miss Lavinia Wood expects to go to Canada in time to attend Miss Case's wedding early in June.

Miss Phyfe, 1908, has had diphtheria, and Miss Schmidt, one of the pupils in the Intermediate Class, has scarlet fever. They have both been in the Isolation Ward at N. Y. H., and some of the graduates have been taking care of them.

The annual vacations of the pupils in the Training School have already begun.

---

Hearty thanks are accorded the many kind friends who sent cakes and flowers for the tea given at the Hospital on Tuesday, April 7th.

Miss Irene and Miss Ida Sutcliffe have gone to their home, near Albany, for the summer.

Mrs. Culbert is giving up housekeeping for the present, and has been kind enough to donate a book case—with the books in it—to the Club. It adds materially to the furnishing of the Reception Room—and to our pleasure—and the residents greatly appreciate the thoughtfulness that prompted the donation.

Miss Florence M. Taylor and Mrs. Burton J. Quipp, have leased a cottage in Cobourg, Can., for the summer, and intend opening a tea-room on June 1st. They have both left New York for a little vacation before starting their work, and have sub-let their rooms to Miss Smellie and Miss Huycke (Class, 1908) until October 1st.

Mrs. Twiss, our delegate to the Associated Alumnæ Convention in San Francisco, sends home glowing reports of her trip, and we hope to have her report at our next meeting.

Miss Williamson, who has been in California for some time, went to San Francisco for the meetings, so we had two delegates to represent us.

Miss Walton has resigned from the Red Cross Committee and Miss Earle has been elected in her place.

At our May Alumnæ meeting, Miss Golding was re-elected Chairman of the Social Committee, and Miss Creighton was elected Chairman of Programme Committee.

# Spring and Summer Courses

## IN THE SWEDISH SYSTEM OF MASSAGE

### MEDICAL AND CORRECTIVE GYMNASISTICS

(The System You Will Eventually Learn)

Term : Three Months : : : Tuition Fee, Sixty Dollars

#### COURSE IN ELECTRO-THERAPY

Term : Two Months : : : Tuition Fee, Twenty-five Dollars

#### COURSE IN HYDRO-THERAPY IN ALL ITS FORMS

Term : Six Weeks : : : Tuition Fee, Thirty Dollars

**Spring Classes Open Now. Summer Classes Open July 8, 1908**

*7844 TREATMENTS GIVEN IN 1907*

*No better clinical experience possible*

All courses may be commenced at the same time and finished within three months. The instruction consists of daily clinical work and practical lessons on patients referred to our clinics from the various Hospital Dispensaries. Original Swedish (Ling) System, and Weir Mitchell's Rest-Cure System. All pupils attend clinics at several city hospitals. A complete Medico-Mechanical Zander Gymnasium for treatment of patients and instruction of students. Payments can be made to suit your convenience. Application blank and illustrated booklet on Massage upon request. *An early application for admission is advisable*

After October 1, 1908, the TUITION FEE for all COURSES will be RAISED

PENNSYLVANIA ORTHOPAEDIC INSTITUTE AND SCHOOL OF MECHANO-THERAPY, (Incorporated)

1711 Green Street, PHILADELPHIA, PA.

MAX. J. WALTER, Superintendent

## FOOD ESPECIALLY PREPARED FOR ILL OR CONVALESCENT

Orders Promptly Filled and Delivered Free of Charge

Out of Town Orders Given Immediate and Careful Attention

**Mrs. KATE JEWETT, 78 West 46th St. cor. 6th Ave., New York**

TELEPHONE 1457 BRYANT

### N. Y. H. CLUB

Out of Town Members of the Association, by paying \$5.00 per year Club dues, may, while visiting in New York, avail themselves of the low rates charged by the Club for Board and Lodging. Address :

THE SUPERINTENDENT

8 West 92d Street

New York.

## DO YOU WANT A HOSPITAL POSITION?

As Superintendent, Assistant Superintendent, Head or Ward Nurse. If so, communicate immediately with

### The Home Bureau

National Headquarters for Hospital Positions  
52 West 39th Street :: New York

## SHOES FOR NURSES

That Support the Arch of the  
Foot Also for Tired FEET

**H. JANTZEN SHOE CO.**

660 6th Avenue, near 38th St., New York

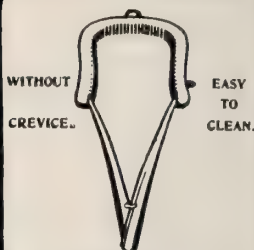
**"SIMPLEX"  
FEEDING CUP  
PORCELAIN.**



An improved Sick Feeder—practical and sanitary. Can be used by patient in a reclining position. No handle to break off. Easy to clean. Capacity about five ounces.



**ASEPTIC  
OPERATING PAD**



The absence of crevices which catch dirt and lodge infection makes it the only PERFECT Kelly Pad. Fitted with hard rubber protecting-cap over the valve.

**"PERFECTION"  
COMBINED  
BED AND DOUCHE PAN**



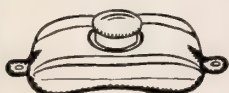
Sanitary,  
Comfortable,  
Easy-to-empty.  
The BEST for Hospital  
and sick-room.

*Some of our  
Advanced  
Specialties  
for  
Hospital  
and  
Sick-Room*



**MEINECKE & COMPANY  
45 & 50 Park Place  
NEW YORK**

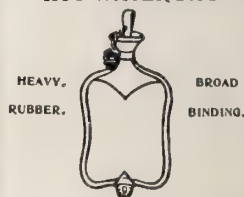
**PERFECTION  
ICE BAG**



The leading Hospital Bag. Pays for itself by outwearing many cheaper bags. Light in weight—easily adjusted and secured. Has a smooth and flat bottom surface when filled.

MADE IN MAROON  
AND SLATE  
RUBBER.

**"HOSPITAL BEAUTY"  
HOT WATER BAG**



A durable, strongly-made Bag, of fine quality Maroon Rubber. Fitted with "un-loosable" stopper.

**ARMY AND NAVY  
ICE-BAG AND HELMET**



An ideal shape for the head and the only one that fits snugly. Holds an ample quantity of ice which can be centered over any part of the head. Can be flattened out for general use.  
MAROON  
RUBBER.

VOLUME 2.

NUMBER 9

---

# The Alumnae News

JULY

1908

To satisfy a universal demand and to comply with numerous requests from physicians from all over the country, we are now putting up

# CHINOSOL<sup>COMP.</sup> SUPPOSITORIES

NON-POISONOUS, ANTISEPTIC, GERMICIDE, DISINFECTANT, DEODORANT

A SOVEREIGN REMEDY IN

**LEUCORRHEA, VULVO-VAGINITIS**  
Of Specific and Non-Specific Origin,  
as a Prophylactic, etc.

Box (containing 10), \$1.00  
6 Boxes, \$5.00

PARMELE PHARMACAL CO., 54 & 55 SOUTH ST., N. Y.



## NO CANE SUGAR IN BORDEN'S MALTED MILK

Continued trial has proven that Borden's Malted Milk will not ferment on the stomach.

Therefore, it is of special value as a food for Diabetic, Stubborn Gastric or Intestinal Feeding.

Malted Milk Department  
**BORDEN'S CONDENSED MILK CO.**  
**NEW YORK**

Readers please mention the "Alumnae News"

# ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

---

VOL. II.

JULY

No. 9

---

Editor—Miss M. H. Young, 8 W. 92nd Street

Business Manager—Mrs. Culbert, 8 W. 92nd Street

Secretary—Miss Bower

---

## EDITORIAL

Owing to the illness of one of our delegates, the report of the associated Alumnae meeting in California could not be gotten ready in time for our June meeting — and this number of the "News," which by the way, will be the last until after the summer vacation; we hope to have a full report of the convention for publication in our first issue in the autumn. At the June Alumnae meeting a letter was read from Miss Williamson, our other delegate, who is still in California telling of the cordial reception accorded the delegates; and it may be mentioned that Mrs. Twiss made the response, on behalf of the Eastern nurses, to the address of welcome at the opening of the convention. Miss Damer was elected president, Miss Sly, secretary and Miss Davids, treasurer. The next meeting will be held in Minnesota.

On her way to San Francisco, Mrs. Twiss stopped over in Chicago to attend the first convention of the Visiting Nurses, and we are glad to print a report of these meetings, for which report we are indebted to Miss Frederick, who lets us feel, every little while, that though far away, she still takes a warm interest in our doings and welfare. In reading this and other reports, we have been impressed by the wisdom of keeping in touch with discharged patients, and the great preventive work that may be done by increasing the staff of Visiting Nurses attached to the hospitals.

We have just been offered a membership in the International Congress on Tuberculosis, which is to meet in Washington in the Autumn. It is hoped that the gift may be accepted as membership seems one very appropriate way of showing our interest; and, as we would be entitled to one vote we could feel that we were, as a body, taking some small part in the meetings.

Membership entitles, also, to a copy of the proceedings of the Congress.

## NOTICES

---

### N. Y. H. ALUMNAE MEETING.

The meetings of the association will be discontinued, as usual, during the summer. The next regular meeting will be held at 8 West 16th Street, Thursday, October 8th, at 3 P. M.

### CHANGE OF ADDRESS.

Members of the Association are asked to send notice of change of address to the editor as promptly as possible, so that the mailing list may be kept corrected.

### N. Y. COUNTY SOCIETY.

The next meeting of the County Society will be held at the Bellevue Club, 17 W. 42d Street, on Tuesday, October 6th, at 8 P. M.

### NEW YORK STATE MEETING

The annual meeting of the New York State Nurses' Association will be held in Buffalo, on Tuesday and Wednesday, October 20th and 21st, 1908.

An interesting programme is promised.

### SCHOLARSHIP IN HOSPITAL ECONOMICS

The American Society of Superintendents of Training Schools offers a scholarship of the value of three hundred dollars, for the year 1908—1909, in the course in hospital economics at Teachers' College.

Those desiring information should address Miss A. W. Goodrich, Bellevue Hospital, New York City, before August 1st.

### TUBERCULOSIS CONGRESS

The sixth International Congress on Tuberculosis will be held in Washington, D. C., September 21st to October 12, 1908.

*The exact day of the special session for Nurses is not yet announced, but it is said that it will be held in the week of September 28th to October 3rd.*

Inquiries as to accommodations for visitors may be sent to Mrs. Eustis, 2001 I Street, Washington.

---

Heretofore the "News" has been sent, regularly, only to Association members; next season it is proposed to send it free, as usual, to Association members, and to allow non-members to become subscribers—at the rate of fifty cents per year.

## VISITING NURSE CONFERENCE

---

After lying on the shelf for fifteen months, it required some courage in the "Windy City" to face a gale of 48 miles an hour, climb a long flight of stairs to the elevated station for an hours ride to the Auditorium Hotel where the conference was held. Like an old war horse that sniffs the battle from afar, I no sooner heard the nurses tell of their work than I wanted to get right into harness.

I was greatly impressed by the fraternal spirit shown by the nurses and their great amount of enthusiasm.

The day was divided into a formal morning session, a noon-day luncheon and ten minute informal discussions in the afternoon.

The address of welcome was made by Mrs. James L. Houghteling first vice-president of the board of direction of the Chicago association.

Mrs. Harriet Fulmer spoke for the nurses, telling how the work has grown in importance to the poor people of the cities, especially in the way of saving babies in the summer.

Miss Jane Addams spoke of the visiting nurses in their relation to the public schools. She criticised the system of medical inspection and care of sick pupils in the schools, and said, "It is the province of the medical inspector to send the child home, but it is the province of the visiting nurse to bring him back again. To some of us it seems almost foolish to have medical inspection without the supplemental services of the visiting nurse."

Judge Julian W. Mack spoke of the work of the visiting nurse in relation to the Juvenile court. He said "Every law passed in this state for the benefit of the child may be credited to the influence of women. Without women working for the measure the Juvenile court law in this state would never have been passed. After seeing that the statute was enacted they saw that it was properly enforced and that the child was given the real protection which the framer of the law intended."

Miss Annie Damer said: "The field of the visiting nurse is largely educational and preventive."

The past, present and future of the visiting nurse work was told by Dr. Favile of the consulting staff of the Chicago association.

Miss Damer presided at the afternoon session, when the topic was largely the care of sick babies in the summer.

Miss Leet of the Cleveland association, Mrs. L. A. Gretter of the Detroit association and Miss Margaret McClure of the St. Louis association spoke on the prevention of infant mortality.

Dr. F. S. Churchill of the Rush medical college dispensary said: "It is an absolute necessity for the visiting nurse to follow up the poor people that come to us and see that our instructions are carried out. The great immediate good that is done is nothing compared to the ultimate results of educating the poor to cleanliness, fresh air and the proper kind of food to eat. When the history of Tuberculosis is written it will be found that the nurses have played an important part in educating the people to preventive measures. When you show a mother how to keep her baby clean and feed it properly, you are getting at the fundamentals of health.

The advisability of introducing a course of three months' training for the visiting nurse in the training schools was discussed. Mrs. J. Hunter Robb spoke very strongly against it, saying "The pupil nurse can ill afford to give the time out of a three years course."

Some schools have introduced it allowing the pupils to choose whether or not they will take it.

The visiting nurses salary was discussed also. The directors admitting "it is much too small" but as the money is not theirs, but given to them in trust, they must make it go as far as possible. At the same time demanding the highest qualification and the very best service.

The elegant luncheon was provided by the directors of the Chicago Visiting Nurses Association. A hostess presided at each table which seated eight persons including one or two visiting nurses in uniform.

Every nurse was asked to sign her name to the following letter to Miss Florence Nightingale.

"The American Association to-day is holding its first conference. Informal as it is, we feel that you will care to have our greeting at this time. We hope the same spirit that pervaded your beloved work at Kaiserworth has been handed down to us through all the years, and that the inspiration which came to you there is resulting year after year in giving better care to the sick in the homes of the poor.

"We send you our warmest greetings."

Chicago, Ill., April 25, 1908.

M. A. FREDERICK.

## PRIZES

---

A prize of \$100 is offered for the best educational leaflet on tuberculosis submitted in each of the seven classes defined below. To the prize of \$100, a gold medal and two silver medals will be awarded in each class. Each prize and medal will be accompanied by a diploma or certificate of award.

Competitors must be entered under assumed names.

- A. For adults generally (not to exceed 1,000 words).
- B. For teachers (not to exceed 2,000 words).
- C. For mothers (not to exceed 1,000 words).
- D. For in-door workers (not to exceed 1,000 words).
- E. For dairy farmers (not to exceed 1,000 words).
- F. For school children in grammar school grades (not to exceed 500 words).

G. Pictorial booklet for school children in primary grades and for the nursery. "Slovenly Peter" has been suggested as a possible type.

Further information may be had from the Secretary-General of the International Congress on Tuberculosis, 714 Colorado Building, Washington, D. C.

## NEW YORK COUNTY SOCIETY

The annual meeting of the New York County Association was held June 2, and the following officers elected for the ensuing year; President, Miss M. M. Russell; Vice-President, Mrs. Fred Brockway; Recording Secretary, Miss A. B. Stewart; Corresponding Secretary, Miss Kuroski; Treasurer, Miss Greenthal; Trustee, Miss Rhoades; Members of Executive Committee; Miss Neuman, Miss Hartman and Miss Lurkins.

The reports and election occupied nearly all the evening, but Miss Russell made a very graceful annual address and Miss Wadley came in and told something about her trip to San Francisco. She did not attempt to give any abstract of the papers, but gave glimpses of the journey, and spoke most enthusiastically of the cordiality of the Western nurses, not only those of California, but of Chicago, Denver and Des Moines.

## THE TUBERCULOSIS CAMPAIGN

---

The health problems of the community appeal in a peculiar manner to the public spirited of the profession, and, as the coming International Congress on Tuberculosis calls special attention to this scourge of the civilized world, it seems timely to give a short sketch of what is being done to stay and exterminate it, by the United States, but more particularly by New York.

All the forty-six States have committees, and thirty-seven of these are working, so it would seem that the interest is becoming pretty general. New York State is to ask for the passage of a law requiring registration and notification of cases of tuberculosis as is done in the case of contagious disease; it plans for a comprehensive exhibit at the Congress in Washington, and also to complete its travelling tuberculosis exhibit.

In New York City where it is so easy for the disease to spread on account of the crowding and other living conditions, the Department of Health and the Charity Organization Society are working together in a splendid, and much needed, campaign of education upon the danger and prevention of the disease.

An appeal was made to the National Association for the study and Prevention of Tuberculosis to aid in getting up an exhibition; this was held recently, in the Museum of Natural History and attracted much attention, but the attendance, though large, was not of the people from the crowded districts, so it was decided to get up a travelling exhibit and show it in various settlement houses, churches and other public buildings, lectures and instruction being given at each place where the exhibit was set up; much helpful literature was distributed at these lectures, also at the free winter lectures given under the auspices of the Department of Education, and at the open air lectures with stereopticon views which are given in the public parks during the summer.

Cards of instruction were sent free, to many manufacturers for distribution among their employees, to hospitals, churches and school children. The Press has been utilized by the insertion of six or eight articles on the subject, and has helped greatly by giving publicity to all departments of this work.

To make possible any adequate care of those suffering from this disease supervision and treatment are required as well as education and registration; for this purpose the Association of Tuberculosis clinics has divided Manhattan into eleven districts, a dispensary with a staff of doctors and visiting nurses being in charge of each district. This division prevents duplicating visits, and the patients can go to the dispensaries in the sections where they live instead of going perhaps the whole length of the town for treatment; it makes it easier, too, for the Charity organization and Kindred Societies to give relief in cases requiring it, and to keep track of those helped.

To give an idea of the work done by the nurses connected with the dispensaries, we may speak of our New York Hospital district which is bounded by 23d Street, Christopher Street, Fourth Avenue and the North River. Mrs. Jameson has about one hundred patients on her list, and spends her morning calling on them and trying to impress upon them the need of taking proper precautions, both for their own and their families sake; trying to arrange things so that their surroundings may be improved,—or perhaps sending them to a sanitarium.

In the afternoon she is at the N. Y. H. Dispensary, as are also the doctors, to see the patients who call; each patient reports there to the doctor once a week, and a thorough examination of each is made at stated intervals. The hospital supplies milk and eggs to the needy tuberculosis patients in its district, and to insure the freshness of the supplies, they are distributed every day.

To demonstrate the benefit derived from treatment in homes, it was hoped to get up a class of those in the incipient stage, for instruction and observation, but in this crowded district so few have been found able to comply with the requirements that, so far, the class has not been started.

It will be readily seen that, under these circumstances, the sanatoria seem to offer the surest and speediest means of recovery; of these then are now five in New York State for incipient, and ten in New York City for all stages; a great improvement on conditions a few years ago when it was hard to find **any** haven of rest. The splendid new municipal country sanitarium at Otisville, Orange Co., with its twelve hundred acres of land around it, and the projected one on Staten Island promise to still further improve the situation for New York.

But after all perhaps the best and most lasting good this campaign can do is to impress us all, anew, with the need for better housing; better cleaning and ventilation of shops, offices, churches and schools; more parks, playgrounds and roof gardens; a shorter working day and the weekly half holiday; in short for better working and living conditions for both rich and poor throughout the city and country.

---

“And as they journeyed, the old man and the boy, they came to a great stone, and upon it was written:

‘Here lieth Sir James the True Knight’

And below it:

‘And here lieth also Elizabeth, his wife, and she, too, was a White Soul.’

“And the boy wondered, and said, ‘Sire, thou art a Knight, but what is it to be a True Knight, and too, a White Soul.’ And the old man made answer, ‘Son, to be a Knight is well; to be a Knight is to love thy God and Him alone to worship and serve, to love thy Lady and ever to keep her in thy heart of hearts, to love thy country and to give thy body and blood at its call; this is to be a Knight. But to be a True Knight is, to remember the miserable, the tempted, and the poor, to consider the comfort of dependents, and the overlooked ones in life’s road, to strive to ease the unhappy and the sick, to shelter the houseless, to teach the ignorant, to raise up those who have wandered and got trodden under foot, always to give thy hand and thy word of cheer, even though thine heart be sore. Above all, my son, to make thy self least of all. Wouldst thou have a great stone? Do this. Then shall it be written, ‘Here lieth the True Knight’, and, too, ‘a White Soul.’”

## NURSES NEEDED

After describing the hurrying and scurrying required here to collect nurses to care for the sufferers from the recent tornado in Mississippi the "American Journal" says:

"The question before us is how to bring all of our forces so into co-operation with the Red Cross that prompt and efficient service may always be at the command of that society without unnecessary delays.      x      x      x      x      x

All other considerations in connection with the Red Cross are secondary to this one of efficient enrollment. It should be taken up by every local organization and carried into our State and national conventions until the problem has been satisfactorily threshed out. Otherwise the Red Cross will be forced to train its own workers."

## HOSPITAL ECONOMICS COURSE AND FUND

Those who desire to enter as students will find that much information about the course in Hospital Economics is given under "Official Reports" in the June "American Journal;" also the following report of the "Fund:"

Previously acknowledged .....\$7,157.20  
Through Miss Davids:

Bellevue Alumnae .....	\$100.00
Bellevue Alumnae Registry .....	250.00
Children's Hospital Alumnae, San Francisco..	25.00
Graduate Nurses' Association of Indiana....	100.00
Graduate Nurses' Association of N. Hampshire	100.00
Maine General Hospital Alumnae Association.	50.00
Nurses of Colorado .....	49.10
Miss Mary Sweeny .....	10.00
Miss Frida Hartman .....	3.00
	<hr/>
	687.10
Union Protestant Hospital Alumnae, Baltimore.....	25.00
Presbyterian Hospital Alumnae .....	200.00
Rhode Island Hospital Alumnae .....	50.00
Miss Katharine Newman .....	25.00
The Misses Corey .....	10.00
Miss Cameron .....	5.00
Miss Mary Samuel .....	5.00
Miss J. S. Cottle .....	4.00
	<hr/>

\$8,168.30

For current expenses:

Miss Grace Dodge ..... \$100.00

May 14, 1908.

ADELAIDE NUTTING,  
Chairman of Finance Committee.

## WORSLEY HOUSE CLUB—LONDON

One of the most important discoveries of "The Canadian Nurse" in London, this year, was this charming and comfortable club. We can all go to London now! There is a beautiful garden, and the situation of the club is ideal. Hansons may be summoned instantly from the next street by two whistles, taximeter cabs are only two blocks away, Marble Arch and Paddington Station within ten minutes, a motor omnibus and numerous penny busses pass the door. The "Two-penny tube" is nearby, and the club is about half way between Regent Park and Hyde Park. The furnishing of the house is simple, tasteful and beautiful—nothing has been forgotten by the Principal, Miss Ellis. It is a club for working gentle women, and many nurses belong to it. The prices are marvellously reasonable. It is no exaggeration to say that you may live in comfort at the club for a week on just about what it would cost you for one day at a good hotel! For example, bed and breakfast, for a single night, may be had for 2s. 6d.—and such a comfortable bed. It is a very great boom to nurses and other working gentle women. 15 Clifton Gardens, Maida Vale. "Care, Nurse,"

---

## NEWS OF THE CLUB AND THE CLASSES

Mrs. Twiss has been ill with erysipelas since her return from the California Convention but is making a good recovery and is now able to go out a little.

Miss Russell and Miss Stewart are to be congratulated upon their election to office in the county society.

Mrs. Culbert, business manager of the "News," has been ill for some weeks, but has recovered sufficiently to be able to travel, and has gone to the mountains for the summer. Any mail sent to the Club will be forwarded to her.

Miss Carrie B. Suttiffe is leaving California, where she has been living for the last year or two, and her address will now be, "Seven Oaks," Cohoes, N. Y.

Miss E. E. Golding is in New Orleans, having been called home by illness in her family. She will spend the summer at Mandeville, on Lake Portchartrain, La.

Misses Alice Linton, Annie Hatton, Maud Ferguson, Abbie Robinson and Alice Strombom are abroad with patients for the summer.

[Continued on Page 12]

# YOUR OCULIST WILL APPROVE MARTER'S

SO EASY  
EYEGLASS



SO EASY  
EYEGLASS

It has the rigidity of the spectacle, yet is graceful, convenient and comfortable

*Oculists' Prescriptions Our Specialty*

*Eastman Kodaks, Films & Supplies*

*Developing, Printing and Enlarging*

Special Discount to all Nurses

TELEPHONE  
4374 COLUMBUS

**310 COLUMBUS AVENUE**

BET. 74TH &  
75TH STS.

**H. Blumberg**  
Fashionable Ladies' Tailor  
Suits and Skirts  
a specialty



*References*  
*New York Hospital*  
*Nurses*



Telephone Connection  
**243 West Thirteenth Street**  
Near Greenwich Avenue  
New York

## SAL HEPATICA

For preparing an  
EFFERVESCING ARTIFICIAL  
**MINERAL WATER**

Superior to the Natural,  
Containing the Tonic, Alterative and  
Laxative Salts of the most celebrated  
Bitter Waters of Europe, fortified by  
the addition of Lithia and Sodium  
Phosphate.

**BRISTOL - MYERS CO.**

277-279 Greene Avenue,  
**BROOKLYN - NEW YORK.**



Write for free  
sample.

Readers please mention the "Alumnea News"

Miss K. Tybjerg sailed, June 5th, for Holland where she joins her sister for a two weeks' visit, and then goes to her home in Copenhagen for the summer.

At the June Alumnae meeting Miss Russell and Mrs. James Lewis (Miss F. L. Golding), were chosen as delegates to represent the N. Y. H. Association at the state meeting to be held in Buffalo, in October.

At the same meeting forty-four delegates were elected to attend the N. Y. County meetings during the coming year.

Miss Gertrude Miller sails June 25, and expects to visit Plymouth, Ireland and Switzerland.

All members of the class of 1908, who tried the examination for "R. N." in January, were successful. It is hoped that the remainder of the class, who went up in June, may be equally fortunate.

The report from the committee on the "Red Cross" was sent in, and read, at our last alumnae meeting but action upon it was deferred till the Fall.

Miss Mai Pfouts was married May 10th to Mr. Jules Eckert Goodman of New York.

The wedding took place at the home of the bride's parents. Butte Montanna, Mr. and Mrs. Goodman are living in Harmon, New York.

Miss Ellen Apthrope has closed her Hospital in Florida for the summer, and is living in Chicago; she will visit New York in August.

Miss Margaret Devereaux has taken the position as night nurse at The White Plains Convalescent Hospital.

Mrs. William Gordon has taken a cottage at Ocean Grove, N. J., for the summer and will be glad to see any who are down that way.

Attention is called to the Summer courses in the Swedish System of Massage, Gymnastics, Electro- and Hydro-Therapy opening on July 8th, 1908 at the Pennsylvania Orthopaedic Institute, Inc., 1711 Green Street, Philadelphia. Students who wish to avail themselves of the present low rates are advised to apply for admission at once, as the tuition fee for all courses will be increased with the beginning of the Fall term on October 8th. For particulars and illustrated prospectus write to: Max J. Walter, Supt.

# Summer Courses for Nurses

## IN THE SWEDISH SYSTEM OF MASSAGE

### MEDICAL AND CORRECTIVE GYMNASISTICS

(The System You Will Eventually Learn)

Term : Three Months : : : : Tuition Fee, Sixty Dollars  
COURSE IN ELECTRO-THERAPY

Term : Two Months : : : : Tuition Fee, Twenty-five Dollars  
COURSE IN HYDRO-THERAPY IN ALL ITS FORMS

Term : Six Weeks : : ; : : Tuition Fee, Thirty Dollars

Summer Classes Open July 8, '08 Fall Classes Open Oct. 8, '08

7844 TREATMENTS GIVEN IN 1907

*No better clinical experience possible*

All courses may be commenced at the same time and finished within three months. The instruction consists of daily clinical work and practical lessons on patients referred to our clinics from the various Hospital Dispensaries. Original Swedish (Ling) System, and Weir Mitchell's Rest-Cure System. All pupils attend clinics at several city hospitals. A complete Medico-Mechanical Zander Gymnasium for treatment of patients and instruction of students. Payments can be made to suit your convenience. Application blank and illustrated booklet on Massage upon request. *An early application for admission is advisable*

After October 1, 1908, the TUITION FEE for all COURSES will be RAISED

PENNSYLVANIA ORTHOPAEDIC INSTITUTE AND SCHOOL OF MECHANOTHERAPY, (Incorporated)

1711 Green Street, PHILADELPHIA, PA.

MAX. J. WALTER, Superintendent

## FOOD ESPECIALLY PREPARED FOR ILL OR CONVALESCENT

Orders Promptly Filled and Delivered Free of Charge

Out of Town Orders Given Immediate and Careful Attention

Mrs. KATE JEWETT, 78 West 46th St. cor. 6th Ave., New York  
TELEPHONE 1457 BRYANT

### N. Y. H. CLUB

Out of Town Members of the Association, by paying \$5.00 per year Club dues, may, while visiting in New York, avail themselves of the low rates charged by the Club for Board and Lodging. Address:

THE SUPERINTENDENT  
8 West 92d Street  
New York.

## DO YOU WANT A HOSPITAL POSITION?

As Superintendent, Assistant Superintendent, Head or Ward Nurse. If so, communicate immediately with

### The Home Bureau

National Headquarters for Hospital Positions  
52 West 39th Street :: New York

## SHOES FOR NURSES

That Support the Arch of the  
Foot Also for Tired FEET

H. JANTZEN SHOE CO.  
660 6th Avenue, near 38th St., New York

# ARMY & NAVY COMBINATION ICE BAG AND HELMET



# AN IDEAL BAG FOR THE HEAD



**CLOTH INSERTED  
MAROON PURE RUBBER**



**PATENTED  
UNLOSABLE WASHER**

The "Army and Navy" is the only PERFECT Helmet made.

It fits snugly and holds an ample quantity of Ice which can be moved to any part of the head, or centered over the base of the brain, if desired.

It can be flattened out to form the regular, round-shaped Ice-Bag suitable for use on any part of the body and especially for the abdomen.

It is made of cloth inserted Maroon Pure Rubber, with screw-cap and unlosable washer.

ADULT'S SIZE, 12 $\frac{1}{4}$  inches in diameter.

CHILD'S SIZE, 10 inches in diameter.

—Price List on Request—

## "PERFECTION" ICE BAG

### The Leading Hospital Ice Bag

It holds more ice than other bags, and is lighter in weight.

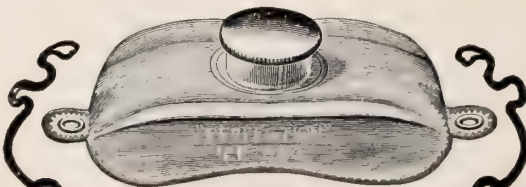
It can be perfectly adjusted and secured, and has a smooth and flat bottom surface when filled.

Its long, flat surface, makes the bag specially adaptable for the chest or abdomen.

It is the leading Hospital Bag and is made with our non-leaking, metal screw-cap, in both slate and maroon rubber. The Maroon Rubber Bags are fitted with our Patented 'Unlosable' Washers.

Small Size, 5x9 in.  
Medium " 6x11 in.  
Large " 7x13 in.

Price List on Request



Our specialties are sold by all leading dealers. We supply Hospitals at wholesale prices.

## Meinecke & Co., 48 & 50 Park Place New York

MAKERS OF ADVANCED SPECIALTIES FOR THE SICK-ROOM AND HOSPITAL  
WE SUPPLY HOSPITALS AT WHOLESALE PRICES

*Miss Gung.*

**VOLUME 3.**

**NUMBER 1.**

**The**

**Alumnae News**

**NOVEMBER**

**1908.**

(NON-POISONOUS. NON-IRRITATING)  
DOES NOT COAGULATE ALBUMIN

# CHINOSOL

"THESE RESULTS INDICATE THAT  
**CHINOSOL** IS MUCH STRONGER  
THAN CARBOLIC ACID IN ANTISEPTIC  
POWER." (Extract from Bacteriological  
Report from Lederle Lab's.)

**DOES NOT INJURE MEMBRANES.  
DOES NOT MAKE THE HANDS SORE.  
FREE FROM DISAGREEABLE ODOR.**

FULL LITERATURE AND SAMPLES ON REQUEST.

CHINOSOL COMPANY—PARMELE PHARMACAL CO., SELLING AGENT, 54 SOUTH ST., N. Y.

## Borden's Malted Milk

FOR

TYPHOID, DIABETIC, STUBBORN  
GASTRIC OR INTESTINAL FEEDING  
NO STOMACH IS TOO DELICATE TO  
DIGEST IT

TRY IT AS A FOOD FOR YOUR NEXT CASE

Malted Milk Department

**BORDEN'S CONDENSED MILK COMPANY**

Est. 1857

NEW YORK

"Leaders of Quality"

# ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

VOL. III.

NOVEMBER 1908

No. 1.

PUBLISHED MONTHLY, FROM NOVEMBER TO JULY.

Sent free of charge to all members of the "Alumnae Association"

to others: } 50 cts. per year  
                  } 10 " " copy

Editor—MISS M. H. YOUNG, 8 W. 92nd Street

Business Manager—MRS. R. B. CULBERT, 526 W. 114th St.

News Editor—MISS H. EARLE, 7 W. 15th St.

Secretary—MISS L. WYGANT, 604 W. 112th St.

## REPORTERS

Mrs. Jameson, 245 W. 14th St.

Miss Rough, 7 W. 15th St.

Miss Frederick, 206 E. 16th St.

" Walton, 7 W. 15th St.

" Ryerson, 133 W. 140th St.

" A. B. Stewart,

14 E. 14th St.

Mrs. Hosking, 8 W. 92nd St.

Miss Golding, 245 W. 14th St.


" Leger, 8 W. 92nd St.

" Baumann, 8 W. 92nd St.

" F. Nash, 8 W. 92nd St.

" Lavinia Wood,

8 W. 92th St.

 It is requested that notice of change of address be sent to the Secretary as promptly as possible, so that the mailing list may be kept corrected.

Those who have failed to receive the "Alumnae News"—or those who desire extra copies—can always get them by calling at the Club, or at Miss MacDiarmid's office—or copies will be mailed on application to the Secretary.

## EDITORIAL COMMENT

With this, the initial number of our new season, the staff of the "News" shows a few changes; as circumstances prevent Miss Bower from continuing the services she so cheerfully rendered last year, Miss Wygant has consented to act as Secretary, and Miss H. Earle will take charge of the "Club and Classes" column.

As will be seen by the notice (Page 3) the "News" will continue to be sent, free, to members of the Alumnae Association, while to others a small charge will be made. It is specially desired to increase our circulation among the graduates of our own school, many of whom, we regret to say, have not kept up their connection with the association.

Any help from members in swelling our subscription list among graduates will be appreciated.

We are pleased to announce that the Association was presented with a membership in the International Congress on Tuberculosis, which met in Washington, September 21st to October 12th, 1908. At the Congress which meets once in three years, in the different countries, there are delegates from nearly every country in the civilized world, and these experts give lectures and demonstrations showing the best methods of coping with the scourge; so the conferences must prove a great help to the National and other societies in keeping their educational work up to date; and they ought surely to stimulate the interest of individuals in the work of these societies, and in helping on the good work in any and every way. We are very fortunate in having Miss Wald of the Nurses Settlement to represent us at the Congress and cast our vote, and we hope that, upon her return, she may tell the Association some of the interesting happenings.

Membership in the Congress entitles us to a "Report of the Proceedings" (consisting of three or four volumes) which will make a valuable addition to our Club Library.

Many of our members will be sorry to hear of the serious illness of Dr. W. T. Bull who was for so many years one of the attending Surgeons at New York Hospital. We hope that with the good care which he is receiving he may, ere long, make a good recovery.

## NOTICES

---

### N. Y. H. ALUMNAE MEETING

The next meeting of the Association will be held in the Lecture Room, 8 West 16th Street, Thursday, November 12th, at 3 P. M.

*It is hoped that at this meeting the report of our delegate to the N. Y. State meeting will be read also that there will be something said about the Tuberculosis Congress.*

---

### PROGRAMME FOR THE NEW YORK STATE MEETING.

Paper, { Her work in the Association for improving  
conditions of the poor - - MISS H. E. FRANKLIN  
*Through the courtesy of Mr. Bruere.*

Paper—"Red Cross Work" by  
MISS JANE M. PIDNELL,  
Supt. N. Y. City Training School.

Paper—"State Registration: what it  
has done, and What it fails to do" by  
MISS SOPHIA F. PALMER.

Paper—"Work in the Public Schools" by  
MISS L. D. ROGERS.

Paper—"The Nurse as an Educator" by  
DR. FRANKLIN BARROWS, Buffalo.

Paper—"Post Graduate Work in Hospitals" by  
MISS A. A. GOODRICH,  
Supt. Bellevue Hospital.

Paper—"Social Welfare Work" by  
DR. LUCY, BANNISTER, Discussion.

Paper—"Recent Developments in Graduate Work" by  
MISS NUTTING, Director Hospital Economics Course,  
Teacher's College, N. Y. City.

Paper—"Is the mercenary Spirit too much in evidence  
among the Nurses—If so, what is the remedy"? by  
DR. DEWITT E. WILCOX.

Paper—"The Modern Nurse in Surgical Work" by  
DR. ROSWELL PARK.

Paper—"The Nurse of to-day in Nervous Work" by  
DR. PUTNAM.

## NEW YORK COUNTY NURSES ASSOCIATION

---

The regular meeting of the New York County Association met in the Academy of Medicine, 17 West 43rd Street, on Tuesday October 6th.

The President, Miss Russell expedited the business part of the meeting in order to permit of a talk rather than a lecture from Dr. Muren of Brooklyn.

The subject was one with which most Nurses are not familiar namely "Venereal Diseases".

This ignorance on the part of the Nurses is due to one of two causes. Either, the Hospital in which the Nurse receives her training does not treat such cases, or Nurses are not given extensive instruction in these diseases and are not expected to care for such.

Dr. Muren is of the opinion that the Nurse *should* know about such cases and be in a position to intelligently meet the situation if her experience places her where her advice is sought by mothers who desire it, relative to their children.

An interesting paper by Miss L. Rogers on the "Visiting Nurse in Public Schools", was, in the absence of the writer, read by Miss Russell.

It must be gratifying to the Nurse to see how many avenues of usefulness are open to her now, and when one hears of these, they cannot but realize that organizations such as the Board of Health, the Board of Education, Charity Organizations, the Nurse's Settlements and Hospitals in their outside work, in a Social Welfare Dept. are depending largely on the work of the professional Nurse, and much more responsibility will be placed on her shoulders each year. Shall we meet this demand?

On the request of Mrs. Twiss, the chair permitted the name of Miss M. H. Young to be added to those Nurses chosen to represent our Association at the N. Y. State meeting at Buffalo.

Miss Young being in Toronto on her vacation, it was thought she could easily and would gladly attend.

Miss Lurkins will represent the individual members at Buffalo.

The delegates were instructed to vote for the following as Directors of the New York State Nurses Examining Board, to fill the vacancy caused by the death of Mr. Bissel Sanford :

Miss Lighbourn,—Syracuse,  
or  
Miss Cadmus,—Staten Isl. Infirmary,  
Miss Hitchcock (to succeed herself)  
or  
Miss Wilson,—St. Lukes.

On motion of Miss Pindel which was seconded and carried unanimously, the New York County Nurses Association extended through its delegates a cordial invitation to the New York State Association to hold their next meeting in New York.

---

## ALUMNAE MEETING

---

The first meeting of the fiscal year was attended, by only twenty-four members. There should have been many more. After the usual routine business, such as reports of Secretary, Treasurer, Club House and Board of Trustees, the names of the following eight new members were proposed by Miss Henderson:

Miss McFadden	class	1903
" Gluck	"	1908
" Geisser	"	"
" Coffin	"	"
" Kidney	"	"
" Stubbs	"	"
" M. Johnston	"	"
Mrs. I. H. Cooper	"	1895

These Nurses were duly elected to membership, and we trust will take an active interest in the work of the Alumnae Society.

Miss Kelshaw resigned as delegate to the New York County Association, which resignation was accepted with regret. Miss Cuthbertson was elected to fill the vacancy.

A very complete and interesting report of the Associated Alumnae meeting, held in San Francisco, was given by Mrs. Twiss, and this needs no comment as it will speak for itself in this issue.

---

## ASSOCIATED ALUMNAE CONVENTION.

We arrived at San Francisco after a delightful ten day trip during which we had stopped over at several places and seen many interesting things, and had every where received kind attentions from local Nurses.

We reached our destination at 6 a. m., but in spite of the early hour, were met at the station and escorted to the Hotel where we found a basket full of oranges, and a card on which was "Greetings from California Nurses", also a most beautiful vase of roses with the same greeting. Later in the day we were invited to take an Automobile drive around San Francisco. 14 Automobiles were provided and we had a delightful trip. In the evening an informal reception was given at St. Francis Hotel.

May 5th we went to the Meeting Hall, registered, paid dues etc. and the Convention was called to order by the President, Miss Damer, at 2 P. M. Addresses of welcome were given by Dr. Edward R. Taylor, Mayor of San Francisco, Dr Helen Parker Criswell, President of California State Association of Nurses, and Mrs. Chas. D. Lockwood of Pasadena, Cal. I was called upon first to respond as a representative from the East, and others responded for the middle West.

The President's annual address was then given. The first paper read was "The Most Recent Opportunities of the Nurse in Public Health Problems", by Miss Ellen. N. LaMotte, R. N., of John Hopkins Hospital, Baltimore. She spoke of the work undertaken by the Nurse in school work and district work. Her paper was well received.

Second paper was given by Miss Wadley, Bellevue Hospital, who has charge of the Social Service work connected with Bellevue Hospital.

The duties of the Relief Nurses are to visit in the wards; to ascertain as far as possible the needs of each patient and to act as the connecting link between such and the charitable associations and people caring for the indigent poor. She told of the great work they were doing, such as securing temporary homes for children while mothers are away sick or being treated at some hospital; giving aid to unemployed; securing legal advice when necessary for patients. They have a great field for all work of this kind. There are 44 wards and over 1000 patients at Bellevue. Outside work consists of securing milk and eggs from diet kitchens for sick people and instruction in home hygiene. In her ward work, she interviews patients, co-operates with nurses and doctors; accompanies patients home and when necessary to Court; investigates the unknown; often writes letters to parents of runaway boys, and

puts them in communication with each other ; loans funds to patients, returns of which are very remarkable ; finds many homeless cases ; endeavors to find homes for same. Family destitution is referred to Charity Societies. She says there is much work to be done for immigrants such as writing to their friends, securing assistance through the Consuls, etc. Has carriages take crippled children to and from school ; looks after deserted mothers with babies, also prisoners and attempted suicides. The requirements for a Nurse in Social Welfare Work is tact and common sense and she must be sympathetic ; advises that pupil nurses spend two or three months in this work.

Wednesday, May 6th. Committee on Endowment fund for Chair of Economics of Teachers College report \$8000 raised for fund. Paper—"Some Phases of School Nursing", by Miss L. L. Rogers. Each nurse is assigned a school on entering for the first time. She reports to the Principle and obtains a place in which to work. The nurse's home work after 3 p. m. averages five visits daily and is most important. She explains to the mother why the child was sent home and instructs the mother to care for the child and if too poor to pay a physician is directed to a proper dispensary. Each nurse is given about 2000 children to care for. New York, has 44 school nurses, Boston 29, Philadelphia 6, Baltimore 5, Grand Rapids 5, Los Angeles 3, Seattle 2. The principal defects in Scholars were enlarged tonsils, adenoids, bad teeth, anaemia, and defective vision. In 1907, 1435 pairs of eye glasses were obtained. The result is many children are kept in school and treated that would otherwise be sent home.

The second paper entitled "The Newer Nursing Treatment of Tuberculosis Patients", by Miss Martha Fortune, R. N., of Maryland. Patients sleep out of doors, are given paper napkins, nurse visits them three times a week. The doctors in Southern California do not believe in heavy feeding and state that tuberculin is being used extensively. Tuberculin is a culture product or vaccine made from tuberculosis bacilli.

The third paper was "What is being Taught and Why" by Miss Mary S. Gilmour. She said the doctors are depending more and more on nurses and that a two year's training is not sufficient. The nurse must know the symptoms and what to do in emergencies. Must know hygiene, physiology, massage, materia medica, effect of medicines, bacteriology, dietetics, how to prepare and care for food, as well as practical nursing and many other subjects.

The fourth paper entitled "Visiting Nursing part of the Curriculum", by Miss Beweley, Presbyterian Hospital, N. Y. City. Visiting Nursing was established at the Presbyterian Hospital about four years ago by a graduate nurse who has the direction and

supervision of pupil nurses and their work in the homes. The course is elective and is two months and the pupils are sent out during their senior year. The object is education of the nurses to face all emergencies; to reach decisions and develop ingenuity; co-operate with the Hospital and dispensary work and to benefit patients by both the nursing and educational work. In the discussion that followed the objections given were that three years gave no more time than is needed for the training in Hospital, also the pupil nurse has not enough experience and care for patients.

The fifth paper was "Nursing of Insane as Part of Three Years Course", by Miss Mary E. May, State Hospital, Rochester. She said lectures should be given to nurses on nursing the insane. She thought general hospitals should put in a course of nursing the insane in their three years course.

The sixth paper was "Duty of Training Schools in Preparing Nurses to Take Part in Anti-Tuberculosis Campaign", by Miss Ellen S. LaMotte, of Maryland, the fundamental principle of which is education. A nurse must be taught to educate a patient and family, she must be taught to use tact in teaching the ignorant. The question was asked why the nurses in general are unwilling to take up tuberculosis nursing. The reply was, fear of contracting disease, and does not pay nurse, also inability to teach and dislike of people. Question was asked what part does the training school take in teaching the pupil nurse in the care of tuberculosis nursing.

The seventh paper was "Home Life of the Pupil Nurse", by Miss L. L. Goold, of Tacoma, Washington. I am sure that this is a subject of interest to us all. One point brought out was that no profession tries to do so much in so short a time. She begins a girl and we expect her to be a dignified woman in two or three years. Pupils should have a house mother or a lady capable to take good care of them, always giving them single bedrooms and the best of food. Every house should have a big room for dancing, also a study room; and nurses should be allowed to go to theaters.

The eighth paper was entitled "The Nurses Responsibility to her Local and State Associations", by Miss Mary Cloud Bean, of Maryland. Miss Bean began by saying: "We know of many who do not keep up their membership in their own alumnae". The alumnae protects the private nurse and she profits by the gatherings and the work done. Then she should prove her own good faith by joining her alumnae. She should always work well for the State Association. We should no more evade a tax for State Associations than we should avoid taxes on land. Be loyal. Nurses should recognize the rights of others. Every nurse can help. She may feel her light is tiny but if she keeps it burning it will surely tell. The discussion that followed brought out the following points, viz:

that Superintendents should make their pupils familiar with the Associations and Nursing Journals before they leave the school: that they should lecture to the senior class their duty to alumnae associations as they have more influence than anyone. Alumnae associations are the family circles; do not become narrow; help along with every progress in nursing.

The ninth paper was "The Newer Methods in Medical Nursing" by Miss Grace Arnold Knight, N. Y. City. Miss Knight gave as some of the newer methods. Fresh air treatment and tub baths are some times given outdoors. Electric heaters are used in some hospitals. The nurses wear gowns in giving typhoid baths, also rubber gloves. It is a marvellous thing to know when to freeze patients and when to roast them.

On Thursday evening we were given a sumptuous banquet at the St. Francis Hotel by the California State Nurses Association. A number of speeches were made all of which were good but time precludes me from giving a synopsis of them.

On Friday morning, the last day of the Convention, the first paper read was "The Organization of Nurses Clubs and Directories under State Associations" by Mrs. Reba T. Foster.

Central registries for nurses are gradually being adopted and approval of a Central Registry under the County Association is essential.

A sliding scale of prices is a thing required to day. Recent graduates should accept a lower price and prove their worth and establish themselves.

The final action of the convention was to adopt the place for holding the next annual meeting. It was decided to meet in Minneapolis, Minn. The officers elected are as follows:

President, Miss Annie Damer, N. Y. City.

1st Vice-Pres., Miss Cook, San Francisco.

2nd Vice-Pres., Miss Cabiness, Richmond, Va.

Secretary, Miss Sly, Birmingham, Mich.

Treasurer, Miss Davids, Brooklyn.

Directors, Miss Nutting, N. Y. City.

Mrs. Fournier, Fort Wayne, Ind.

I cannot close my report without again commending the delightful hospitality of the Pacific Coast Nurses.

My return trip was very different from my journey to California as I was practically alone most of the time. I had the pleasure of meeting several of the delegates in Southern California and a fine reception was given us at Los Angeles.

I thank the Alumnae for sending me as their delegate to this Convention and I trust you may all receive some slight benefit from my report.

---

## NEWS OF THE CLUB AND THE CLASSES

---

Miss Henderson returned from her vacation on October 4th.

Miss Reutinger has gone for a six weeks holiday to Los Angeles, Cal. to visit her brother and friends.

Miss Riddell class '04, has been at the Hospital, as Miss Henderson's clinical assistant since the middle of Aug.

Mrs. Cooper is now in charge of the 6th floor.

Miss Cuthbertson commenced her duties as Supt. of the N. Y. Infant Asylum, 61st St., on September 21st, and Miss Stimson as Supt. Training School, Harlem Hospital, on October 1st.

Miss Hastings who has been at Sea Cliff for the summer, and her assistant Miss Creighton will both do private nursing this winter, and live at the Club.

Mrs. Schenck and Miss E. R. Smillie are taking an Apartment at 9 Livingtone Place, and are working with the Society for the aid of crippled children. They collect the children in the morning and take them to school in a carriage and bring them back in the afternoon, visit their homes and try to see that they get proper food and attention, medical or surgical, as the case may require, and help take care of those that are sick.

Miss Isabelle Rowland, who still does school work, has taken an apartment on Manhattan Avenue.

Miss Smellie and Miss Huyck, class '08 go to live in the nurse's apartment 604 West 112th Street on Nov. 1st.

Miss Mary Whitman and Miss Florence Frazer have taken an apartment at the Raleigh opposite the Club.

Miss Danaher and Miss Josephine Hill are doing school work.

Miss Jerome, class '85, is now a patient on the 4th floor, P.P.B.

Miss Hinch is Supt. Training School, Paterson General Hospital, N. J.

Miss Frederick is back in New York, and her address is 206 East 16th Street.

Miss Grayson and Miss Smiley have a small apartment at 360 West 21st Street.

Miss Frances Nelson, Miss Lawrence and Miss Helen Moir sail on Oct. 22nd for Rome, where they expect to nurse this winter.

Miss Caccianino returned from Italy last month, and is Supervising night Nurse at Hudson Street Hospital.

Miss Gertrude Miller has returned after a three months trip with patient in Europe.

Miss Osborne class '07, is Assistant Supt. Training School, at the Brooklyn Hospital.

Miss Denike who has been seriously ill and at the Hospital for two months, is now convalescing at the Brownery, Orange, N. J.

Miss Dwight and Miss Marion Wilson have returned from their vacation, they look well and enjoyed their trip.

Miss Tybjerg has returned from Denmark and Miss Richmond from Canada.

Miss Anderson, through ill health has resigned her position as Assistant Supt. of Mt. Sinai Hospital.

Miss H. R. Stewart, class '04, is now at the Hospital, Asst. Graduate in charge of the operating room.

Miss Josephi has left the Mountain Side Hospital, Montclair and gone to her home in Portland, Oregon.

Miss Nettie Nudell, who has been at home in Toronto for the past two years, has returned to New York, and will do private nursing.

Miss Alice Strombom has returned after a three months' trip in England, France and Switzerland.

The course of lectures for the pupils in the Training School commenced on Oct. 5th, the lecturers this season being Drs. Cussler, Cottle and Rosenthal.

As the White Plains Hospital Training School is affiliated with ours, four Nurses were here during the summer for a two months course in our Medical Wards.

Miss Ellison is now in charge of the Campbell Cottage home for Convalescents, White Plains.

Miss Anna B. Duncan, visiting Nurse at the Wanamaker Department Store, was sent by the firm to the International Congress on Tuberculosis in Washington, D. C.

## MARRIAGES.

Mrs Thomas Rothwell, nee Miss Jeannette Smith, class of '08, who has been abroad since her marriage last June, has returned to make her home in New York. We wish her every happiness.

Miss Bertha M. Phyfe and Dr. Edgar Stewart were married July ninth. They are at present living in the South.

Miss Marion Samuel, class '04, was married in June to Mr. Jack Bryson of Toronto.

Miss Clementine Case, class '06, was married on June tenth, in Seaforth, Canada, to Mr. Brice M. Kilpatrick of Roxbury, N. Y., where they will live.

## DEATH.

With deep regret we announce the death of Miss Jesscia Armsby, class 1900, on Saturday, July 11th. For the past twelve months she had been in poor health, and advised by her physicians had gone home to rest and recuperate. But getting no stronger, she, two months before the end went to Uniondale, Penn. to visit her friend and class mate Miss Giddings, by whom she was tenderly and lovingly nursed. We feel that in her passing our Alumnae has lost greatly.

## GOLDEN RULES

Don't shop on Saturday afternoons. Help to obtain a universal Saturday half holiday, and the closing of stores at 5 P. M.

Don't leave your Christmas shopping until the fortnight before Christmas.

Don't receive packages delivered after six o'clock.

Don't give your address carelessly to clerks. They have to pay the penalty for your mistakes.

## CONSUMER'S LEAGUE.

# Fall Courses for Nurses

## IN THE SWEDISH SYSTEM OF MASSAGE

### MEDICAL AND CORRECTIVE GYMNASTICS

(The System You Will Eventually Learn)

Term: Three Months = = Tuition Fee, Seventy-five Dollars

### COURSE IN ELECTRO-THERAPY

Term: Two Months = = Tuition Fee, Twenty-five Dollars

### COURSE IN HYDRO-THERAPY IN ALL ITS FORMS

Term: Six Weeks = = = Tuition Fee, Thirty Dollars

Fall Classes open Nov. 18, '08 Winter Classes open Jan. 14, '09

7844 TREATMENTS GIVEN IN 1907 No better clinical experience possible

All courses may be commenced at the same time and finished within three months. The instruction consists of daily clinical work and practical lessons on patients referred to our clinics from the various Hospital Dispensaries. Original Swedish (Ling) System, and Weir Mitchell's Rest-Cure System. All pupils attend clinics at several city hospitals. A complete Medico-Mechanical Zander Gymnasium for treatment of patients and instruction of students. Payments can be made to suit your convenience. Application blank and illustrated booklet on Massage upon request.

*An early application for admission is advisable*

Pennsylvania Orthopaedic Institute and School of Mechano-Therapy, (Incorporated)

1711 Green Street, PHILADELPHIA, PA.

MAX. J. WALTER, Superintendent

## DO YOU WANT A

## HOSPITAL POSITION?

As Superintendent, Assistant Superintendent, Head or Ward Nurse. If so, communicate immediately with

### The Home Bureau

National Headquarters for Hospital Positions

52 WEST 39th STREET - - - - - NEW YORK

## H. Blumberg

Fashionable Ladies' Tailor

Suits and Skirts

a specialty

References

New York Hospital  
Nurses

Telephone Connection

243 West Thirteenth Street

Near Greenwich Avenue

New York

## SAL HEPATICA

For preparing an

EFFERVESCING ARTIFICIAL

### MINERAL WATER

Superior to the Natural,

Containing the Tonic, Alterative and Laxative Salts of the most celebrated Bitter Waters of Europe, fortified by the addition of Lithia and Sodium Phosphate.

BRISTOL - MYERS CO.

277-279 Greene Avenue,

BROOKLYN - NEW YORK.



Write for free sample.

Readers please mention the "Alumnae News"

# AN IDEAL PAN FOR CONTAGIOUS CASES

NO HIDDEN RECESS



NO CORNERS

NO CREVICES

"MEINECKE"

**SIMPLEX  
SANITARY**

TRADE

MARK

## PORCELAIN BED PAN

### SOME OF ITS MERITS

1. Every part of the inside of the Pan is just as visible and open for inspection as the outside, and allows ready access for thorough cleansing. This improvement recommends the Pan especially for contagious cases, and will be recognized and appreciated by Hospital Superintendents and Nurses and by Physicians on the Board of Health.
2. It is a comfortable Pan, being curved on the top to fit the body and relieve all pressure from the spine.
3. The recess at the front end gives increased capacity and prevents the Pan from tilting forward, yet the recess is entirely visible for inspection and cleansing.

All Hospitals using the "Perfection" Bed and Douche Pan, will find it of advantage to have some of our "Simplex" pans also, for use where douching is unnecessary, and especially for contagious cases.

--RETAIL PRICE, \$2.00--

Sent by express, prepaid east of the Mississippi, upon receipt of price

OUR SPECIALTIES ARE SOLD BY ALL LEADING DEALERS

WE SUPPLY HOSPITALS AT WHOLESALE PRICES

# MEINECKE & COMPANY, NEW YORK

**VOLUME 3.**

**NUMBER 3.**

# **The Alumnae News**

**JANUARY**

**1909.**

(NON-POISONOUS. NON-IRRITATING)  
DOES NOT COAGULATE ALBUMIN

# CHINOSOL

"THESE RESULTS INDICATE THAT  
CHINOSOL IS MUCH STRONGER  
THAN CARBOLIC ACID IN ANTISEPTIC  
POWER." (Extract from Bacteriological  
Report from Lederle Lab's.)

DOES NOT INJURE MEMBRANES.  
DOES NOT MAKE THE HANDS SORE.  
FREE FROM DISAGREEABLE ODOR.

FULL LITERATURE AND SAMPLES ON REQUEST.

CHINOSOL COMPANY—PARMELE PHARMACAL CO., SELLING AGENT, 54 SOUTH ST., N. Y.

## Borden's Malted Milk

### THE CORRECT FOOD FOR TYPHOIDS

THE FOOD, BEING PREDIGESTED, IS RAPIDLY  
AND COMPLETELY ASSIMILATED; THEREFORE  
ALL FERMENTATION (WITH CONSEQUENT  
DANGER OF PERFORATION OF THE INTESTINE)  
IS ELIMINATED.

Malted Milk Department,  
**BORDEN'S CONDENSED MILK CO.**  
NEW YORK.

Established 1857

"Leaders of Quality"

# ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

---

VOL. III.

JANUARY 1909

No. 3.

---

**PUBLISHED MONTHLY, FROM NOVEMBER TO JULY.**

**Sent free of charge to all members of the "Alumnae Association"**

to others:  $\left\{ \begin{array}{l} 50 \text{ cts. per year} \\ 10 \text{ " " copy} \end{array} \right.$

---

Editor—MISS M. H. YOUNG, 8 W. 92nd Street

Business Manager—MRS. R. B. CULBERT, 526 W. 114th St.

News Editor—MISS H. EARLE, 7 W. 15th St.

Secretary—MISS L. WYGANT, Plaza Hotel, 59th St. & 5th Ave

---

## REPORTERS

Mrs. Jameson, 245 W. 14th St.

Miss Rough, 7 W. 15th St.

Miss Frederick, 206 E. 16th St.

" Walton, 7 W. 15th St.

" Ryerson, 133 W. 140th St.

" A. B. Stewart,

414 E. 14th St.

Mrs. Hosking, 8 W. 92nd St.

Miss Golding, 245 W. 14th St.

" Baumann, 8 W. 92nd St.


" F. Nash, 8 W. 92nd St.

" Lavinia Wood, 8 W. 92nd St.

Mrs. Van Wagener,

302 W. 78th St.

---

 It is requested that notice of change of address be sent to the Secretary as promptly as possible, so that the mailing list may be kept corrected.

---

Those who have failed to receive the "Alumnae News"—or those who desire extra copies—can always be supplied by calling at the Club, or at Miss MacDiarmid's office—or copies will be mailed on application to the Secretary.

---

## EDITORIAL COMMENT

Now comes the new year !

May it be a New Year, indeed; a better and therefore a happier one, than the last; giving to each of us a chance to begin all over again; a chance to,

“Ring out the old,  
Ring in the new,  
Ring out the false,  
Ring in the true.”

In the good old year that is gone whatever may have been our record as individuals (which is known, as a rule, only to ourselves) our record as an Association has been at least fair. We have paid off most of the money loaned us to start our larger club, and there is every prospect that we shall very soon be altogether free from debt, and so be able to use our surplus for other purposes; our club register has not gone behind; we have donated a goodly sum to the Hospital Economics endowment fund, besides giving something towards the running expenses of the course; and we have sent our delegates to the various conventions at which we ought to be represented and which proved such an inspiration to those who attend and, through them, to those who stay at home.

These things and more have we done in the year that is past, but if we wish the coming year to be better even than the past, we must consider wherein we may make it so; for instance, in the matter of Hospital Economics, besides giving as an Association, would it not be a good idea to make an individual canvas, hoping that many more members than at present might be willing to contribute “the amount of one day’s work” in accordance with a plan recently suggested; and if we would agree to make these donations *annual* how ideal it would be—our Association is large and we would thus have the honor of very materially helping along this grand work.

Then there is the question of our Club House to consider; as has been mentioned in the “News,” the Trustees have decided to renew the lease of the present building for another five years—what shall we do at the end of that time? Rent again, possibly having to move: or shall we try to create a fund to help build a house of our very own?—and, whichever way we decide the housing problem, shall we not strive to make our Club more of a social centre, more and more a gathering place for members of the Association, and less like a mere boarding house.

Shall we require that those using the Club register shall have a right to the use of "R. N?"

These are only a very few of the many questions requiring consideration, but space will permit mention of only two others which are to come before us very shortly, viz: the choice, at the February meeting, of delegates to attend the National Alumnae Association—and the appointing (also in February) of a nominating Committee to make up the ballot for our annual elections.

We are, each and all, concerned in these questions—not the Trustees or Officers, only—and it behooves us to realize our responsibilities and to cultivate "those qualities of character which will enable us to discharge them."

---

As the January meeting is the time set for paying the annual dues of the Sick Fund, it may not be amiss to call the attention of those in the Association who are not already members, to the aims and objects of the Fund as set forth in the by-laws printed on another page, so that they may read, mark, learn and inwardly digest and, we hope, see the desirability of joining the Fund.

---

The International Tuberculosis Exhibition which has been at the Museum of Natural History since Nov. 30th and will continue there till January 15th, is open from 10 A. M.—11 P. M. on week days, and from 1 P. M.—5 P. M. on Sundays, and has been visited by thousands of people every day; there have been mass meetings and conferences, literally for all sorts and conditions of men, addressed by doctors and others interested in this work.

The one in which we are specially interested—the Nurses Conference—is to be held on January 5th, and, as will be noticed by the programme printed in this issue, some of those who prepared papers for the Washington Congress will be present at the New York meeting, so the prospects are that the sessions will be interesting as well as profitable.

On January 6th at 2:30 P. M. there will be a conference on our city milk supply.

---

We regret that in the December issue of the "News," by a printer's error, the important words "perforation of" were omitted from the advertisement of Borden's Malted Milk. By reference to the front inside cover page of this issue our subscribers may see the proper reading.

---

## NOTICES

### N. Y. H. ALUMNAE MEETING

The next regular meeting of the Association will be held in the Lecture Room, 8 West 16th Street, Thursday, January 14th, at 3P. M.

Miss Nutting will speak about the Hospital Economics Course. A large attendance is requested.

---

### SICK FUND

The yearly dues for the Sick Fund are payable at the January meeting of the Alumnae Association; This would also be an opportune time for receiving new members.

---

### NEW YORK COUNTY SOCIETY

The next meeting of the County Society will be held at the New York Academy of Medicine, 14 W. 43rd Street, on Tuesday, January 12th at 8 P. M.

---

### "R. N." EXAMINATIONS

The next New York State examinations for "R. N." will be held, February. Notice of time and place will appear in the February issue.

---

### TUBERCULOSIS MEETING IN NEW YORK

The Tuberculosis exhibit at the Museum of Natural History will be continued during the first part of January, and a Nurses' session will be held there on Tuesday January 5th, in the afternoon, at 3 o'clock, and in the evening at 8.30. It is said that some of the papers prepared for the Washington Congress may be read.

---

### APPOINTMENTS

From the names sent them by the State Nurses' Association the Regents of New York State have appointed to the Board of Nurse Examiners, Miss J. E. Hitchcock, of New York, to succeed herself; and Miss Lina Lighthourne, of Syracuse to succeed Mr. L. B. Sanford, deceased.

Miss Cadmus was appointed to the Board of Regents' Councillors in place of Mrs. E. M. Simpson who is not now residing in the State.

## INTERNATIONAL TUBERCULOSIS EXHIBITION

### NURSES CONFERENCE

—IN—

Assembly Hall of Museum of Natural History  
MISS ANNIE DAMER, PRESIDING AT BOTH SESSIONS.

Tuesday, January, 5th

**3 P. M.**

---

1. Control of Tuberculosis Through the School Children—  
Dr. JOHN J. CRONIN, Chief of Bureau of Child Hygiene, Department of Health.
  2. A Day Camp for Consumptives—  
MISS SUSANNE ROBBINS.
  3. Compulsory Removal—  
Miss JESSIE A. ALLEN, Presbyterian Hospital.
  4. Hospital Care of Tuberculous Patients—  
Miss WARD, Metropolitan Hospital.
  5. Nurses for Tuberculosis Employed by Municipality—  
Miss LOIS DAVIDSON, Department of Health.
  6. Children's Classes—  
Miss GENEVIEVE WILSON, Bellevue Hospital.
- 

**8:30 P. M.**

1. Preparation for Social Service—  
JAMES ALEX. MILLER, M. D., President of the Association of Tuberculosis Clinics.
2. The Question of Farm Colonies and Industrial Settlements—  
Mrs. JAMES E. NEWCOMB, Stony Wold Sanatorium.
3. Woman's Responsibility for the Prevention of Tuberculosis—  
Miss ISABEL HAMPTON ROBB, Cleveland, Ohio.
4. The Department of Health and the Tuberculosis Nurse—  
JOHN S. BILLINGS, JR., M. D., New York Department of Health.
5. Some Suggestions as to the Preparation of Nurses for Special Work—  
Miss ADELAIDE NUTTING, Teachers College.
6. The Work of the Dispensary Nurse—  
Miss ELSIE T. PATTERSON, Vanderbilt Clinic.
7. The Visiting Dietitian as an Aid to the Undernourished Family—  
Miss WINIFRED T. GIBBS, Association for Improving the Condition of the Poor.

## ALUMNAE MEETING

---

It was indeed most gratifying to note the goodly number of nurses present at the regular meeting, December 10th, which in itself adds life and energy to the meetings of the Society.

The meeting was called to order by the President at 3.20 P. M., when all reports were read and accepted.

The Credential Committee presented for membership through Mrs. Twiss the name of Miss Ida M. Root, Superintendent of the Nathan Littauer Hospital, Gloversville, N. Y. Miss Root is Vice-President of the New York State Association and her Alumnae gladly welcomes her into membership again.

The following ballot was suggested by the Executive Committee of the New York County Association for the consideration of the different Alumnae of the City, to serve as officers of the National Associated Alumnae during the coming term.

President, Miss Isabel McIsaacs, Mich.  
1st Vice-Pres., Miss Martha Russell, N. Y.  
2d     "     "     Mrs. Harvey D. Burrell, N. Y.  
Secretary, Miss Sarah Sly, Mich.  
Treasurer, Miss Davids, Brooklyn.  
Directors, Mrs. Twiss, N. Y.  
            Miss Lucy Ayres, R. I.  
            "     Elizabeth Cocke, Va.  
            "     Lindbourg, Pa.

It was regularly moved and carried that this ballot be approved and forwarded to the Nominating Committee.

The proposed amendment to the by-laws changing the time of election of the Nominating Committee from March to February was unanimously adopted.

A letter was read from Miss Nutting, accepting our invitation to address the Alumnae on the subject of the Hospital Economics Course, and the date set was January, 14th, 1909. It is earnestly hoped the nurses will appreciate the fact that Miss Nutting is a very busy woman, and in giving this much of her time, she is placing the Association under a pleasing obligation, which should be recognized by their coming out on January 14th in full force to hear what she has to say.

Miss Irene Sutcliffe conveyed the regrettable news that Mr. George P. Ludlam had resigned the office to Superintendent of the New York Hospital. Mr. Ludlam has occupied this place of trust for so many years, and so faithfully that with his resignation not only the Hospital loses a good officer, but the nurses in the Training School and the graduates will miss greatly his kindly interest and co-operation. A Committee was appointed,—Miss Sutcliffe, Chairman,—to make suitable recognition in the name of the Alumnae. At the close of the business session, Miss Lavina Dock addressed the meeting on Woman Suffrage. Having made a thorough study of the conditions of women and children, especially of wage-earners, both in this and foreign countries, Miss Dock firmly believes that in order to alleviate or eliminate entirely the distressing conditions under which many women and children work, the right to vote must be granted to women who are, in her opinion, more capable of handling such questions than the men. In her address emphasis was laid upon the indebtedness of nurses; it being claimed that nurses owed their present high standard to the efforts of women interested enough in their sex to strive for a betterment of conditions in Hospital nursing.

In conclusion, Miss Dock stated that a petition was to be presented to Congress in the near future requesting Woman Suffrage, and that anyone who wished to sign the petition could do so at the close of the meeting. Several availed themselves of the opportunity.

---

## NEW YORK COUNTY NURSES ASSOCIATION

---

### PROGRAMME FOR REGULAR MEETING

8 P. M.--January, 12th,

Special Employment Bureau for the Handi-capped,  
Mr. Persons, Supt. Charity Organization Soc.  
Care of Convalescents,  
Miss Wadleigh, of Bellevue Hospital.  
Nursing the Poor in the Homes,  
Miss Patterson, Vanderbilt Clinic.

---

## FUND FOR SICK NURSES

### BY-LAWS-ARTICLE VIII.

Section 1. A fund for sick nurses may consist of yearly dues, donations and bequests, but no assessment shall be made for the sick upon the members of the Association. This fund shall be controlled and managed as provided in the By-Laws.

Section 2. The Board of Trustees shall elect a member of the Association to act as Secretary and Treasurer of the Fund for Sick Nurses. She shall hold this office at the pleasure of the Trustees, and shall receive and have charge of all moneys and securities belonging to said fund, keep a strict debit and credit account of the same, reporting to the Association at the annual meeting of each year; notify members two weeks before payments are due; collect all dues; keep the funds in a bank designated by the Association in the name of the Fund for Sick Nurses. No payment shall be made by her except upon written order of the President. A Trustee elected by the Association shall be her security for the faithful performance of these prescribed duties.

Section 3. Any graduate of this School in good standing may be entitled to the benefit by paying the fee, and conforming to the rules.

Section 4. The yearly dues shall be five dollars, to be paid at the January meeting.

Section 5. A member shall not receive any benefit until one year from date of first payment.

Section 6. Any member in default of payment for three months shall not be entitled to benefit.

Section 7. An illness of less than one week will not entitle the member to benefit.

Section 8. The amount allowed a member shall be ten dollars (\$10) per week for a period not to exceed six weeks.

Section 9. Members desiring benefit shall send application to the Executive Committee accompanied by a certificate of the attending physician, said certificate to be submitted to a physician appointed by the Association, who shall in each case determine the eligibility of the candidate and the length of time she is entitled to benefit.

Section 10. A member is entitled to benefit for consecutive years, providing she obtains a certificate each year.

Section 11. Persons joining the Fund within three months before the January meeting of the Association shall be regarded as joining at that meeting in so far as concerns their payment of dues.

## A SCHOLARSHIP.

---

The Trustees of Johns Hopkins Hospital are this year awarding a scholarship of \$480 to a graduate who desires to take the Hospital Economics course at Teachers' college.

This scholarship has heretofore been awarded to a nurse who wished to take special post-graduate work in her Hospital, but by this change the recipient is able to avail herself of a broader range of study.

The Hospitals are so directly benefited by the services of these specially trained women it seems appropriate that they should bear at least part of the expense.

—“*American Journal of Nursing.*”

---

Two cows brought to New York from a certified herd are to be milked twice a day at the American Museum of Natural History as one of the demonstrations of the free tuberculosis exhibit which is to be opened for six weeks, beginning on the evening of November 30. To accommodate the cows the Charity Organization Society's Tuberculosis Committee is having a model barn built north of the Museum's west wing. A model dairy house also is being erected. These cows, which are absolutely free from tubercular taint, are to be milked and cared for, and the milk obtained is to be handled in accordance with the most approved and practical methods of dairying.

The object of milking the cows every morning and evening at the Museum is to show New York people who visit the World's Fair for Health the sort of barns and dairy the milk they use should come from if protection from tubercular contagion through this source is certain. The exhibit also will show to dairymen a practical model for constructing a sanitary and inexpensive barn.

*N. Y. Times.*

---

## NEWS OF THE CLUB AND THE CLASSES

---

The examinations for R. N. are to be held some time in February: Graduates from our school who are entering for them are Misses Oliver, Geisser, Greenwood and Gluck. The practical part of the examinations will be held in our Hospital.

Miss Margaret MacKenzie is in charge of the Out-patient clinic at the New York Infant Asylum, 61st Street; and Miss Daisy Simpson is Superintendent of Nurses at Mrs. King's Sanitarium, 45th Street.

Miss Caccianino is now in charge of the 6th floor, P. P. B., and Miss Lund who has been in charge of Ward K. for more than a year has resigned and is going to Denmark.

Miss Cobban has been ill with appendicitis and was operated upon by Dr. Hartley at White Plains General Hospital. We are glad to say she is doing well. Her place as assistant at Campbell Cottage is being filled by Miss Randall, '08, who on Miss Cobban's return will go to White Plains as night nurse in the General Hospital.

Miss Florence Johnson, '08, is in charge of the Out-patient clinic, Cornell University.

Miss Falconer and Miss Rachel Clarke are spending the winter in Tallahassee, Florida, private nursing. They went there about two months ago, and have been very busy all the time.

Miss Emma Hart is in Italy and will be there for several months.

Major and Mrs. B. H. Dutcher, (Miss Maude Walker, '96,) are now stationed at Plattsburg Barracks, New York.

Miss Maude Creighton who has been at home, Toronto, recuperating after typhoid, has returned to the club.

Miss Kate Smardon has also returned from a long vacation in Montreal.

Miss Reutinger has returned to the Hospital after a delightful holiday in California.

Miss Paget and Miss Armstrong will spend Christmas and the New Year at home, Toronto.

Miss Taylor and Mrs. Hoskings have been patients for some weeks on the 4th floor, P. P. B.

We tender our deepest sympathy to Miss Fligg, who was telegraphed for from home, her parents being very ill: and on arriving found that her father had already passed onward.

---

## MARRIAGE

On Saturday, November 28th, Miss Marie Moir, who has been nursing in Mexico for more than a year, was married in Mexico City to Dr. Cutter of New York. Dr. and Mrs. Cutter will live in Bisbee, Arizona.

## BIRTH

On Thursday, December 10th, the wife of Dr. Alexander B. Johnson of a daughter.

## DEATH

### THE PASSING OF ONE OF OUR GREAT SURGEONS

The tragic end of Dr. Andrew J. McCosh is deeply and sincerely mourned by our Hospital and nurses. For three years he has been an Attending Surgeon in the Private Patients Building; and his gentle courtesy to all, and sincere appreciation of those who worked with him there, bring his loss very close to our hearts.

## THOUGHTS OF THE NEW YEAR

Let us walk softly, Friend;  
For strange paths lie before us, all untrod;  
The New Year, spotless from the hand of God,  
Is thine and mine, O Friend!

Let us walk straightly, Friend;  
Forget the crooked paths behind us now,  
Press on, with steadier purpose on our brow,  
To better deeds, O Friend!

Let us walk gladly, Friend;  
Perchance some greater good than we have known  
Is waiting for us, or some fair hope flown  
Shall yet return, O Friend!

Let us walk humbly, Friend;  
Slight not the hearts-ease blooming round our feet:  
The laurel blossoms are not half so sweet,  
Or lightly gathered, Friend.

Let us walk kindly, Friend;  
We cannot tell how long this life shall last,  
How soon these precious years be overpast,  
Let love walk with us, Friend.

Let us walk quickly, Friend;  
Work with our might while lasts our little stay,  
And help some halting comrade on the way:  
And may God guide us, Friend!

LILLIAN GRAY

## OFFICERS OF ALUMNAE ASSOCIATION 1909.

*Honorary President*

Miss Irene H. Sutcliffe

*President*

Mrs. C. V. Twiss.....419 West 144th Street

*Vice-President*

Miss Mary A. Smith.....135 East 55th Street

*Recording Secretary*

Miss Ada B. Stewart.....414 East 14th Street

*Corresponding Secretary*

Miss L. M. Wygant.....Plaza Hotel

*Treasurer*

Miss M. M. Russell.....447 West 59th Street

*Trustees*

Miss Emma Benz.....8 West 92nd Street

Miss M. M. Ryerson.....133 West 140th Street

Miss M. H. Jordan.....450 West 34th Street

Miss M. Wheeler.....9 West 92nd Street

Miss A. A. Strombom.....8 West 92nd Street

## FUND FOR SICK NURSES.

*Secretary and Treasurer*

Miss Jennie M. Whitelaw,  
253 East 68th Street.

## BOARD OF TRUSTEES.

*Chairman*

Miss A. B. Stewart

*Secretary*

Miss L. M. Wygant

## STANDING COMMITTEES.

*Executive*

Miss Wheeler

Miss Stewart

Miss Smith

*Finance*

Miss M. M. Russell

Mrs. Twiss

Miss Ryerson

*Credential*

Miss M. Jordan

Miss A. A. Strombom

Miss E. Benz

# NEW YORK HOSPITAL CLUB,

8 West 92nd Street,

## FOR CAPS AND BEDSIDE NOTES.

**H. Blumberg**  
Fashionable Ladies' Tailor  
Suits and Skirts  
a specialty

*References*  
*New York Hospital*  
*Nurses*

Telephone Connection  
243 West Thirteenth Street  
Near Greenwich Avenue  
New York

## SAL HEPATICA

For preparing an  
EFFERVESCING ARTIFICIAL  
MINERAL WATER

Superior to the Natural,  
Containing the Tonic, Alterative and  
Laxative Salts of the most celebrated  
Bitter Waters of Europe, fortified by  
the addition of Lithia and Sodium  
Phosphate.

**BRISTOL - MYERS CO.**  
277-279 Greene Avenue,  
**BROOKLYN - NEW YORK.**



Write for free  
sample.

Readers please mention the "Alumnae News"



**MEINECKE & CO.**

ADVANCED SPECIALTIES  
For Sick-Room and Hospital

48-50 Park Place

NEW YORK.

**VOLUME 3.**

**NUMBER 4.**

**The**  
**Alumnae News**

**FEBRUARY**

**1909.**

(NON-POISONOUS. NON-IRRITATING)  
DOES NOT COAGULATE ALBUMIN

# CHINOSOL

"THESE RESULTS INDICATE THAT  
**CHINOSOL** IS MUCH STRONGER  
THAN CARBOLIC ACID IN ANTISEPTIC  
POWER." (Extract from Bacteriological  
Report from Lederle Lab's.)

DOES NOT INJURE MEMBRANES.  
DOES NOT MAKE THE HANDS SORE.  
FREE FROM DISAGREEABLE ODOR.

FULL LITERATURE AND SAMPLES ON REQUEST.

CHINOSOL COMPANY—PARMELE PHARMACAL CO., SELLING AGENT, 54 SOUTH ST., N. Y.

## A Food — Not a Medicine

TRY

### BORDEN'S MALTED MILK

(A Real Malted Milk)

As a food for your next case. Very nutritious and easily digested. Be sure you specify Borden's.

Write for "Drinks & Dishes," a booklet which gives many practical recipes for preparing delicious dainties for the sick.

MALTED MILK DEPARTMENT  
**BORDEN'S CONDENSED MILK COMPANY**

"Leaders of Quality"

Established 1857

NEW YORK.

# ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

---

VOL. III.

FEBRUARY 1909

No. 4.

---

PUBLISHED MONTHLY, FROM NOVEMBER TO JULY.

Sent free of charge to all members of the "Alumnae Association"

to others: } 50 cts. per year  
                  } 10 " " copy

---

Editor—MISS M. H. YOUNG, 8 W. 92nd Street

Business Manager—MRS. R. B. CULBERT, 526 W. 114th St.

News Editor—MISS H. EARLE, 7 W. 15th St.

Secretary—MISS L. WYGANT, Plaza Hotel, 59th St. & 5th Ave

---

## REPORTERS

Mrs. Jameson, 245 W. 14th St.

Miss Rough, 7 W. 15th St.

Miss Frederick, 206 E. 16th St.

" Walton, 7 W. 15th St.

" Ryerson, 133 W. 140th St.

" A. B. Stewart,

414 E. 14th St.

Mrs. Hosking, 8 W. 92nd St.

Miss Golding, 245 W. 14th St.

" Baumann, 8 W. 92nd St.

" F. Nash, 8 W. 92nd St.

" Lavinia Wood, 8 W. 92th St.

Mrs. Van Wagenen,

302 W. 78th St.

---

~~It~~ It is requested that notice of change of address be sent to the Secretary as promptly as possible, so that the mailing list may be kept corrected.

---

Those who have failed to receive the "Alumnae News"—or those who desire extra copies—can always be supplied by calling at the Club, or at Miss MacDiarmid's office—or copies will be mailed on application to the Secretary.

---

## EDITORIAL COMMENT

---

Mr. Ludlam, who has been for so many years Superintendent of New York Hospital, feels that he needs a rest and has sent his resignation to the Board of Governors; it will not, however, take effect until a suitable successor has been appointed, and then Mr. Ludlam will retire with the title of Superintendent Emeritis so he will still be in a position to keep in touch with the affairs and interests of the institution of which he has been for so long the active head. He succeeded Dr. Weld in 1877 so has seen many changes and improvements in our Hospital, among these being the introduction of trained nursing, which perhaps accounts for the warm interest he has ever shown in the nurses, both before and after their graduation; as he will continue to live in New York we shall feel that we can still go to him for the help and sound advice which he has always been so ready to give.

While regretting Mr. Ludlam's retirement from active duty, we rejoice in his release from the heavy responsibilities of office, and hope that he may greatly enjoy his increased and well earned leisure.

---

As at the February Alumnae meeting a Nominating Committee will be appointed to make up the ballot for our annual elections, a large attendance is hoped for, so that the committee chosen may really represent the different ideas among the members.

---

Another important matter to be brought up, at the same meeting, will be the appointment of a delegate—or delegates—to represent us at the convention of the National Alumnae Association, in Minneapolis, next June.

In choosing these delegates would it not be well to bear in mind that if the same delegate be appointed for three years in succession she becomes a "permanent delegate" and has a right to a vote at any convention of the National Association she may thereafter attend, even when not sent as an "official" representative of the local Association.

As Minneapolis is not so very far away, and therefore the cost of transportation comparatively low, can we not send at least two delegates, even if we feel that we ought to raise money to supplement the appropriation made by the Association for this purpose—these gatherings prove such sources of inspiration we ought to strain every nerve to send as many of our members as possible.

---

## NOTICES

### N. Y. H. ALUMNAE MEETING

The next regular meeting of the Association will be held in the Lecture Room, 8 West 16th Street, Thursday, February 11th, at 3 P. M.

*At this meeting the Nominating Committee will be chosen to make up the ballot for our annual elections.*

*Other business will be the appointment of our delegate to the annual meeting of the National Alumnae Association which is to be held in June.*

Also, Miss WALD will give an address upon the result of both the recent Tuberculosis Congresses.

---

### "R. N." EXAMINATIONS

The written examinations will be held at Grand Central Palace on February 2nd to 5th inclusive at 9 A. M.

• Practical examinations at St. Luke's Hospital on the same days at 2 P. M.

Applications for admission should be made to the State Department of Education at Albany at least 10 days before date set.

---

## ENTERTAINMENT FOR GRADUATING CLASS

The Committee appointed by the President of the Alumnae Association to arrange for an entertainment to be given to the graduating class of 1909 have decided on Friday evening February the 26th at 8 P. M. A short programme has been prepared and Mr. Ludlam has consented to give a sketch of the early days of the New York Hospital Training School. This will be followed by music and an informal reception.

Will the members of the Association please remember the date, and if possible notify Miss Macdairmid whether they will be able to be present? The entertainment will be held in the Nurses' Home.

**No further invitation will be given.**

Committee { Katherine Macdairmid,  
                  { Minnie E. Jordan,  
                  { Mary A. Samuel.

## ALUMNAE MEETING

To the officers who try to make the monthly meetings interesting and instructive, it was most gratifying to see such a full attendance at the meeting January 14, '09, there being 50 members present.

After the usual routine business reports had been read and accepted, a letter was read from Miss Lillian Wald of the Nurses' Settlement, stating she would address the Alumnae at their February meeting on the work accomplished by the Tuberculosis Congress at Washington, and the results of the exhibit at the American Museum of Natural History.

A notice of the meeting of the Stockholders of the American Journal of Nursing was read, and Miss Mary A. Samuel was elected to serve as our representative.

Miss Sly sent a notice that owing to ill health she would not be able to serve as Secretary of the National Alumnae Association, and requested that her name be omitted from the ticket.

Miss Sutcliffe, Chairman of the Committee appointed at the December meeting to make some suitable recognition at the retiring of Mr. George P. Ludlam, stated that Miss Dinehart and Miss Woods had been her choice as associates on this committee, and they had selected a mahogany desk with Tiffany Bronze desk furnishings.

Miss Russell gave a brief report of the "Nurses' Congress" in connection with the Tuberculosis Exhibit on Jan. 5th.

Miss Frederick reported the proceedings of the County Meeting.

A happy suggestion, that the Alumnae Association entertain the graduating class was approved and decided upon and the President Mrs. Twiss was empowered to select a Committee of three to arrange for this.

The next in order was an address by Miss Nutting on Hospital Economics Course, which proved most interesting and instructive to all.

Miss Nutting after dwelling on the instituting of this Course, said that in addition to the training of nurses to fill, creditably and intelligently positions at the heads of our Training Schools and Hospitals, they were beginning a course of training for Social Service work. In the general course is given Psychology, which every one in the Teacher's College is obliged to take, and in addition to biology, anatomy, hygiene, cooking, etc., etc., a three

months' course in Architecture is arranged, which Miss Nutting considers invaluable, as it gives the Nurses the information necessary to help them arrange plans for Hospital buildings intelligently and to introduce suggestions for more convenient working conditions and facilities, which might not appeal to the mind of the layman.

The Alumnae is indeed grateful to Miss Nutting for giving of her valuable time, and it is to be hoped that sufficient interest will have been created through her talk, to result in the Association taking some special means to raise funds to help on the good work.

---

CARD OF THANKS TO THE SUPERINTENDENT  
AND STAFF OF THE NEW YORK HOSPITAL.

So great is our debt of gratitude to Mr. Ludlam, of the New York Hospital, for his care of all recommended to his aid since the foundation of St. Mary's, we are obliged in his case to waive our rule of offering no public expression of thanks to our benefactors, so we tender them to Mr. Ludlam and the medical and surgical staff for their unvarying courtesy and sympathy shown to all we send to them.

*Annual Report of 'St. Mary's.'*

---

## NEW YORK COUNTY MEETING.

There were about fifty members present at the meeting of the New York County Association at the Academy of Medicine on January 12th.

Miss Samuel, Chairman of the Committee on Revision of By-laws presented a report of proposed changes and the report will be discussed and voted upon at the April meeting.

After the other routine business was disposed of Mr. Persons, Supt. of the Charity Organization Society read an interesting paper on "Work of the Bureau of Employment for the Handicapped." He said that during the last year they had found places for over seven hundred people who were in some way disabled and unable to place themselves.

Miss Patterson read an interesting paper on "Nursing the sick poor in their homes" with special reference to the care of tubercular patients.

# HOSPITALS

## THE DEFECT—IN ALL THE HOSPITALS

"Have some wine," said the Hatter.

"I don't see any wine," said Alice.

"There isn't any," said the Hatter.

Dr. Cabot says that scenes suggesting this conversation between Alice and the Hatter have been enacted many times every week in the Out-patient Department of the Massachusetts General Hospital. A patient comes to be examined; after looking him over the doctor says: "Take a vacation." "Get a lighter job." "Buy a set of teeth." But among most of the patients who swarm the clinics of that great hospital, the doctor might as well say "Get the moon" or "Have a star"—for they are too poor to afford the remedies prescribed, or too ignorant to use them.

A man who visits the hospital suffering from no other debility than hunger—and this is an actual case—is advised that he needs a *tonic*. A poor woman comes in suffering with tuberculosis. The doctor says: "You must stop work; you must sleep out of doors; you must have especially nutritious food." But like Alice, she doesn't see any; and there isn't any. She has no money to provide for sleeping quarters out of doors, or for extra food, or knowledge how to employ such remedies properly even if she had them; and if she stops work, she starves. A woman with a large family of children is advised that her life depends upon having a certain operation performed. But for some reason she does not return to the hospital to have it performed. When the doctor hunts her up and scolds her for not doing the right thing, she says:

"But what about the children?"

At this point the machinery of the hospital breaks down and goes to pieces. Its science is unavailing; it cannot cure this woman because she has diseases not set down in medical works—the disease of poverty, the disease of dependent children. What shall be done with the consumptive? Give her the best and costliest of scientific advice, which she cannot possibly follow, and let her go out, not only to die, but to spread the infection of her disease? What shall be done with the poverty-stricken woman and her children? And what shall be done with the hungry man? Give him a tonic and turn him out to die?

Deep questions these, human questions, reaching far outside of hospitals and medical science, and far into complex, every-day human life. For a long time these questions have been asked in vain. To thousands of public clinics and dispensaries in this land every day come crowds of patients, mostly poor, afflicted with every manner of human ill.

\* \* \* \* \*

\* \* \* Even though the doctor's heart is big—and many a doctor's heart is wide open to human distress in every form—he can do little or nothing for these people, except as "cases." He has no time: he, too, must make a living. He must rush and hurry, he must rise to a privately paid practice. He can dose his cases or order a surgical operation, but rarely, very rarely, does he get a glimpse into the heart of the human being who stands quivering before him, or realize that this, also, is a man.

#### THE REMEDY—IN THE MASSACHUSETTS GENERAL

Twenty-one thousand new patients came to the Out-patient Department of the Massachusetts General Hospital last year. Wherever, among this stream of suffering humanity, as it passes before the doctors, there is a case having a peculiarly difficult human problem, the man or woman is referred with a colored slip to the Social Service Department for human treatment, just as he would under other circumstances be referred to the surgical ward, or the Zander room, or ordered to take baths.

\* \* \* \* \* I have before me a number of the small colored prescription blanks which the doctors give to the patients,—and the suggestions on them are astonishing enough—they are so little medical, so deeply human. Here is one:

"She is working too hard; needs advice as regards hygiene and diet."

Another patient came with this direction:

"An undernourished child who needs better and more food, which his parents cannot afford."

Another: "Patient says she must return to work on account of finances. She really is not in condition to do so yet. Can you do anything for her?"

Another: "Patient is completely run down, overworked and played out. Cares for a large family. Needs rest."

Another: "Patient needs spring back brace, \$8.00. Cannot pay for it."

Curious complaints in a hospital, are they not? Poverty, misfortune, overwork, large families, human tragedies. And yet these have an intimate bearing upon health: if the patient improves he must have changed conditions.

The patient comes to the Social Service often shaken by the strain of examination before the doctors, usually more or less ignorant, not knowing where to turn, or what to do next. And here he finds immediate sympathy and help. He is encouraged to pour out his human story. The number in the family, the wages, the sort of home the patient lives in, the moral and religious status, the problems which beset his life—all these things are scarcely less

important than the physical factors. For under the new conception of the healing of disease as public work, the meaning of diagnosis becomes immeasurably broader.

\* \* \* \* \*

The idea, indeed, of carrying knowledge from the hospital into the haunts of common life, is already in practice in the Social Service Department. It is recognized that a patient must not only be cured, but *kept cured*. Many times every year patients are discharged from the hospitals, still weak, only to fall ill again.

"Some months ago," says Dr. Cabot, "a baby whose digestion had been upset as a result of improper food given it by an ignorant mother was taken into our wards, fed and nursed into convalescence at a cost to the hospital of twenty to thirty dollars, and then discharged into the care of the same untutored mother, who gave it the same fare and soon reduced it to the same plight as before. Later the hospital admitted the child again and went through the same trouble and expense, to say nothing of the suffering and danger to the child."

One of the important functions of the Social Service is to visit homes to which convalescent patients are about to return and see that suitable conditions exist. I went with Miss Cannon on a number of such visits. In one case, that of a Jewish family living in a tenement, a child was soon to come home from the hospital. Miss Cannon explained to the willing mother and daughters just what they must do to keep the child well: that it must not be allowed to sleep in the dark stuffy back bedroom, but by the open window, it must have such and such food, and so on and so on. In short, the hospital, after curing the child, educates the family. And the visitor returns again and again to see that her instructions are really being carried out.

No one of the methods used by the Social Service Department of the Massachusetts General Hospital is wholly new. All these various forms of activity are being employed by other individuals or benevolent organizations. What is new in Dr. Cabot's idea is the application of all this machinery of human helpfulness to the work of a hospital—the extension of the sphere of influence of the medical profession from *mere bodily healing to the treatment of the whole man*. And that is a great new idea.

\* Extracts from "THE SPIRITUAL UNREST"

## LECTURES

FREE—8 P. M.

- Feb. 1st "Lohengrin," by Miss Pearl C. Wilson; St. Peter's Hall, 20th Street, between Eighth and Ninth Avenues.
- Feb. 2nd "As Men Live in the Great Sahara," by Miss Anna Speed Brackett, P. S. 169—Audubon Ave. and 168th Street.
- Feb. 3rd. "Grounds of Musical Criticism," by Dr. Henry G. Hanchett, at Y. M. C. A.: 5 West 125th Street.
- Feb. 8th "Phases of Parisian Life," by Miss Catherine D. Groth, —112 E. 96th St.
- Feb. 8th "Songs and Basketry of the North American Indians," by Mr. and Mrs. Wm. B. Humphrey, St. Peter's Hall; 20th Street, between Eighth and Ninth Avenues.
- Feb. 10th "Municipal Cleaning and Its Relation to Public Health," by Hon. John T. Fetherston—P. S. 165, 108th Street and Amsterdam Avenue.
- Feb. 11th "Porto Rico, Our Tropical Island," by Samuel W. Eckman, P. S. 170—111th Street, between Fifth and Lenox Avenues.
- Feb. 12th "Abraham Lincoln," by Frank M. Kerr—P. S. 40, 320 E. 20th Street.
- Feb. 13th "The Department of Health," by S. Josephine Baker, M. D. P. S. 184—116th Street, East of Lenox Avenue.
- Feb. 17th "History of Architecture as Seen in New York City Buildings," by Joseph M. Tilden. P. S. 186—145th St., West of Amsterdam Ave.
- Feb. 18th "A Summer in Jamaica," by Miss Mary M. Brackett. P. S. 170—111th St., between Fifth and Lenox Avenues.
- Feb. 22nd "Historic Traces in New York To-day," by Frank B. Kelley, Ph. D. P. S. 82—70th St., and 1st Ave.
- Feb. 27th "Earthquakes," by Cyrus C. Adams. Am. Museum of Natural History.
- 

The exhibition of pictures representative of modern German art, will continue at the Metropolitan Museum of Art during the entire month of February.

---

## NEWS OF THE CLUB AND THE CLASSES.

---

Our graduate Nurses are reminded that the registering or re-registering of their R. N. certificates must be attended to this month.

Mrs. Culbert has been seriously ill, and operated on: we are glad to say that she is better, and convalescing at home.

Miss L. Wygant's address for the winter is The Plaza Hotel, 59th Street and Fifth Avenue.

Mrs. William Evans—(Miss Mollie McCurdy, class '01)—of Providence, R. I., has been in the city with her little son and daughter for the last three weeks, visiting her sister and classmates.

Our two nurses, Miss Nelson '01, and Miss Lawrence '03, with Miss Helen Moir, from the Long Island College Hospital, who sailed on October 2d for Italy, spent a delightful few weeks visiting and sight-seeing in Naples and Rome. They settled down to nursing in the latter city the end of November, their address being care of Miss Warren, via Pompeo Magno, Rome. A letter from Miss Nelson dated December 28th said that Miss Moir was at a case and had been for several weeks, and she had several cases of hourly nursing. The doctors, to whom they took letters of introduction, said there would be plenty of practice after Christmas, as then the season in Rome commences, the city being full of American and English visitors. Since then Sicily and the South of Italy have been visited by a dire calamity, and with righteous pride and satisfaction we see the names of our three nurses in a New York paper as having volunteered, and sailing on the "Bayern," chartered by Ambassador Griscom to help the suffering in Messina and Reggio. We wish them God-speed on their sad mission.

Miss Bessie Sutcliffe, while visiting Misses Frazer and Whitman on Saturday evening January 9th, was taken suddenly ill and brought to the hospital. We are happy to say she is convalescing rapidly.

The Christmas festivities at White Plains Hospital under Miss Ida Nuudel's able supervision were extremely pretty; Miss Sutcliffe being an honored guest.

Miss Pugsley has returned to the Club for the winter, from her country home, Millbrook, N. Y., and intends to do private nursing. So also does Miss Lillian Thomson, who has been home in Canada for the last six months.

Mrs. Watts (Miss Frances Everett, '03) has been visiting Miss Frazer at her apartment, 7 West 92nd Street.

Mrs. George Sengel (Miss E. Fligg) has returned to her home in Arkansas, after a month's stay in Canada. We extend our deep sympathy to her and her sister, they having been bereaved of their father and mother within a few days of each other.

Miss Dora Browning, who has been doing private nursing in Mexico City for the past year, has returned to the Club; on her way home spending a month in Kentucky.

Miss Frederick is assisting Miss Munn at the N. Y. Infirmary for Women and Children.

Mrs. Nutall, who was operated on at the hospital, has entirely recovered, and taken up her duties as Matron of the Upper House (a preparatory school) Lawrenceville, N. J.

Mr. and Mrs. Goodman (Miss Mae Pfontz) are spending the winter in Italy.

Dr. D. M. Stimson presented the Club with two very handsome steel engravings for the office; and is going to have the office annex re-papered.

The Alumnae Association presented Mr. Ludlam with a very handsome mahogany desk, and desk furnishings of Tiffany bronze, on the eve of his retiring from his position as Superintendent of the New York Hospital. It is a slight token of their deep appreciation of his unfailing kindness and friendship shown—always and at all times—and they feel confident that though he is giving up his official position, they have in him for now and ever, an always valued counsellor and friend. The thanks of the Alumnae are tendered to Miss Sutcliffe and the other members of the Committee appointed, for the time and care spent in the selection.

Miss Nellie Rough, in charge of Ward F, spent Christmas at her home in Montreal; and Miss Olive Wait, who was at home, has returned to the city.

---

## MARRIAGE

On December 5th, 1908, Miss Gertrude Nelson, class '09, to Dr. William Callahan of Prestonbury, Kentucky.

---

## OFFICERS OF ALUMNAE ASSOCIATION 1909.

### *Honorary President*

Miss Irene H. Sutcliffe

### *President*

Mrs. C. V. Twiss.....419 West 144th Street

### *Vice-President*

Miss Mary A. Smith.....135 East 55th Street

### *Recording Secretary*

Miss Ada B. Stewart.....414 East 14th Street

### *Corresponding Secretary*

Miss L. M. Wygant.....Plaza Hotel

### *Treasurer*

Miss M. M. Russell.....447 West 59th Street

### *Trustees*

Miss Emma Benz.....8 West 92nd Street

Miss M. M. Ryerson.....133 West 140th Street

Miss M. H. Jordan.....450 West 34th Street

Miss M. Wheeler.....9 West 92nd Street

Miss A. A. Strombom.....8 West 92nd Street

## FUND FOR SICK NURSES.

### *Secretary and Treasurer*

Miss Jennie M. Whitelaw,  
253 East 68th Street.

## BOARD OF TRUSTEES.

### *Chairman*

Miss A. B. Stewart

### *Secretary*

Miss L. M. Wygant

## STANDING COMMITTEES.

### *Executive*

Miss Wheeler

Miss Stewart

Miss Smith

### *Finance*

Miss M. M. Russell

Mrs. Twiss

Miss Ryerson

### *Credential*

Miss M. Jordan

Miss A. A. Strombom

Miss E. Benz

# NEW YORK HOSPITAL CLUB,

8 West 92nd Street,

## FOR CAPS AND BEDSIDE NOTES.

**H. Blumberg**  
Fashionable Ladies' Tailor

Suits and Skirts  
a specialty

*References*  
*New York Hospital*  
*Nurses*

Telephone Connection  
243 West Thirteenth Street  
Near Greenwich Avenue  
New York

## SAL HEPATICA

For preparing an  
EFFERVESCING ARTIFICIAL  
MINERAL WATER

Superior to the Natural,

Containing the Tonic, Alterative and  
Laxative Salts of the most celebrated  
Bitter Waters of Europe, fortified by  
the addition of Lithia and Sodium  
Phosphate.

**BRISTOL - MYERS CO.**

277-279 Greene Avenue,  
**BROOKLYN - NEW YORK.**



Write for free  
sample.

Readers please mention the "Alumnae News"

ADVANCED SPECIALTIES FOR  
SICKROOM AND HOSPITAL.

"MEINECKE"

TRADE

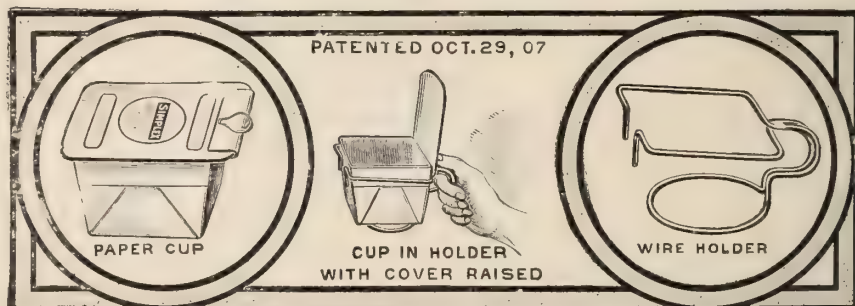
**SIMPLEX**  
SANITARY

MARK

## PAPER SPUTUM CUP

With Hinged Cardboard Cover which Closes Automatically

A NEW CUP AND COVER TO BE USED DAILY AND  
TO BE BURNED WITH CONTENTS



The "SIMPLEX" Is the Most Practical and  
Best Paper Sputum Cup on the Market

### SIX REASONS WHY

- 1.—It is already folded into shape for immediate use.
- 2.—Each Cup has a cardboard cover, attached with a paper hinge, and both Cup and cover are burned after being in use a day.
- 3.—The cover is easily and quickly raised, and closes automatically.
- 4.—The Cup having no flanges, allows free entrance of sputum.
- 5.—It is made of heavy manila, waterproof paper, which, being light in color, facilitates ready examination of the sputum.
- 6.—It has a neat wire holder, which is easily kept clean.

### RETAIL PRICES

25 CENTS PER PACKAGE OF 10 CUPS AND COVERS

5 PACKAGES (50 Cups and Covers) FOR \$1.00

WIRE HOLDERS 10 CENTS EACH

*One Holder will do for a Hundred or more Cups*

SPECIAL PRICES MADE TO HOSPITALS AND SANATORIUMS

Sample Package of Cups sent by mail, prepaid, for 25c and Holder for 10c.—Stamps or Currency

**MEINECKE & COMPANY**  
48-50 PARK PLACE NEW YORK

**VOLUME 3.**

**NUMBER 5.**

# **The Alumnae News**

**MARCH**

**1909.**

(NON-POISONOUS. NON-IRRITATING)  
DOES NOT COAGULATE ALBUMIN

# CHINOSOL

"THESE RESULTS INDICATE THAT  
**CHINOSOL** IS MUCH STRONGER  
THAN CARBOLIC ACID IN ANTISEPTIC  
POWER." (Extract from Bacteriological  
Report from Lederle Lab's.)

DOES NOT INJURE MEMBRANES.  
DOES NOT MAKE THE HANDS SORE.  
FREE FROM DISAGREEABLE ODOR.

FULL LITERATURE AND SAMPLES ON REQUEST.

CHINOSOL COMPANY—PARMELE PHARMACAL CO., SELLING AGENT, 54 SOUTH ST., N. Y.

## A Food — Not a Medicine

TRY

### BORDEN'S MALTED MILK

(A Real Malted Milk)

As a food for your next case. Very nutritious and easily digested. Be sure you specify Borden's.

Write for "Drinks & Dishes," a booklet which gives many practical recipes for preparing delicious dainties for the sick.

MALTED MILK DEPARTMENT

**BORDEN'S CONDENSED MILK COMPANY**

"Leaders of Quality"

Established 1857

NEW YORK.

# ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

VOL. III.

MARCH 1909

No. 3

PUBLISHED MONTHLY, FROM NOVEMBER TO JULY.

Sent free of charge to all members of the "Alumnae Association"

to others: { 50 cts. per year  
                  { 10 " " copy

Editor—MISS M. H. YOUNG, 8 W. 92nd Street

Business Manager—MRS. R. B. CULBERT, 526 W. 114th St.

News Editor—MISS H. EARLE, 7 W. 15th St.

Secretary—MISS L. WYGANT, Plaza Hotel, 59th St. & 5th Ave

## REPORTERS

Mrs. Jameson, 245 W. 14th St.

Miss Rough, 7 W. 15th St.

Miss Frederick, 206 E. 16th St.

" Walton, 7 W. 15th St.

" Ryerson, 133 W. 140th St.

" A. B. Stewart,  
414 E. 14th St.

Mrs. Hosking, 8 W. 92nd St.


Miss Golding, 245 W. 14th St.

" Baumann, 8 W. 92nd St.

" F. Nash, 8 W. 92nd St.

" Lavinia Wood, 8 W. 92th St.

Mrs. Van Wagenen,  
302 W. 78th St.

 It is requested that notice of change of address be sent to the Secretary as promptly as possible, so that the mailing list may be kept corrected.

Those who have failed to receive the "Alumnae News"—or those who desire extra copies—can always be supplied by calling at the Club, or at Miss Macdiarmid's office—or copies will be mailed on application to the Secretary.

## EDITORIAL COMMENT

At the February Alumnae Meeting a Committee was appointed to make up the ticket for our coming elections, and the ballot will appear in the April "News" which it is hoped may be ready for distribution in time for the ballot to be in the hands of the members the required two weeks before the election, so that there may be plenty of time to consider before the ballot has to be marked and returned. The terms of Miss Benz, Miss Ryerson and Miss Jordan expire this year so three trustees have to be elected (to serve two years) to fill the vacancies; besides these there will be, of course, the President, Vice-President, Secretaries and Treasurer to be elected. The voting deserves thought from all members as it is important to have officers who are really our representatives.

It is very pleasant to hear from the Treasurer that our club is free from debt—the last note having just been paid; as this is the second paid during the year it tells plainly of very good management on the part of both the Trustees and the superintendent of the club, and they and the Association are to be congratulated. We hope that the saving habit will not be discontinued now that the strongest incentive has been removed; all that can be saved from the necessary running expenses should be put in our fund, for we shall soon need something done in the way of re-furnishing; also the necessity and comfort of at least a modest bank balance, for emergencies, is not to be overlooked.

The very interesting address which Miss Nutting so kindly found time to give before our Association, telling of the good the Hospital Economics Course is already doing and the greater good it is planned to do, should stir us to do something to help swell the much needed Endowment Fund. To those doing, or planning to do, institutional work, the benefit to be derived from the courses provided must surely appeal strongly—and the private nurses must see that whatever makes for the improvement of the heads of institutions must in the long run, benefit *all* nurses.

Miss Nutting and those who were instrumental in starting the Course have worked hard and given liberally—as have others interested—towards the annual running expenses; but the project has developed so rapidly it was found that the only sensible and safe way to pay expenses was to create an Endowment Fund; and it seems only fair that we should put our shoulders to the wheel and relieve those who are straining and burdened.

It has been suggested that each nurse in the country should give the cost of a days work; if our three hundred odd members would give this, or even a smaller "push" it would quite appreciably ease the strain.

As the delegates to the National Alumnae Association convention have not yet been chosen we shall have till the March meeting to think who can best represent us, and bring us back a good account of the meeting for though it seems likely that a number of our graduates who live near the meeting place may attend, we want at least *one* from right here.

Those going abroad this summer may be interested in the following copied from "The American Journal of Nursing".

The National Council of Nurses of Great Britain and Ireland met on the 27th of November and transacted much important detail relative to the meeting next July of the International Council. Tickets admitting to all meetings of the nursing congress to be held at that time will cost 75 cents, single tickets 25 cents. The International Council depends on the sale of those tickets to help out with current expenses of meeting, the British Council in the meantime rising a guarantee fund.

A nursing exhibition, consisting largely of nurses' practical handiwork, is to be held in conjunction with the congress. The program plan is to have only two papers at a session, with ample time for discussion, and it was decided to give one session, to which women only should be admitted, to the question of moral prophylaxis (teaching of sex hygiene, public education as to venereal disease).

\* \* \* \* \*

Miss Isla Stewart will entertain the delegates and guests at a reception on the evening of Monday, July 19, at which time the new countries will be admitted into membership—a delightful occasion, and those who have once enjoyed Miss Stewart's hospitality will know how much pleasure to expect. Miss Forrest, of Bournemouth, also offered to entertain the delegates, and it was decided to have a banquet on the evening of the 21st or 22d of July.

At the close of the Alumnae meeting a subscription list was started, the proceeds of which are to go the Hospital Economics Course. The amount raised at the meeting was \$38, and all Nurses who were not present, but who realize the immense value of this Course, please send contributions to

Miss L. Wygant,  
Hotel Plaza,  
59th Street and 5th Avenue.

## NOTICES

### N. Y. H. ALUMNAE MEETING

The next regular meeting of the Association will be held in the Lecture Room, 8 West 16th Street, Thursday, March 11th, at 3 P. M.

Owing to the length of the February programme, the appointing of our delegate to the National Alumnae Association will be made at the March Meeting.

Miss J. H. McVean will address us on the question of Tenement House Inspection.

### BALLOT.

The ballot for the Annual Election will be found in the next issue of the "News."

### ENTERTAINMENT FOR THE GRADUATING CLASS

The Alumnae Association will give an entertainment for the graduating class of 1909, on Friday, February 26th, at 8 P. M., in the reception rooms of the Nurses' Home.

The programme will be as follows;

### PROGRAMME.

Address: "The Early Days of the Training School," Mr. Ludlam.

Ten minute talks on

"Settlement Work," Miss Wald

"Social Work," Miss Duncan

"Institutional Nursing," Miss Anderson

"Private Nursing," Miss Vroom

"The Alumnae Association," Miss Samuel.

There will also be music and an informal reception.

All members of the Association are urged to be present.

### IMPORTANT

The Secretary is desirous that all nurses, entitled to "R. N." should send their names to her, so as to have the printed list in the Annual report correct.

## ALUMNAE MEETING

The regular monthly meeting was attended by a goodly number and after the usual reports of Secretary, Treasurer, the Club House, and the Board of Trustees were read. Miss Lillian Wald of the Nurses Settlement addressed the Nurses on a subject which is very dear to her heart and which should be to the heart of every true woman, namely: "A Plea for the Creation of the Children's Bureau." The writer will not attempt to enlarge on the address as it will be found printed in this issue; but it is only fair to state that the thought of having such a Bureau was originally Miss Wald's own, and to her must be given the credit of having at least attempted to give the "little ones" a brighter and better outlook on life. May the "attempt" prove wholly successful.

A gratifying item of the Treasurer's report was, that the last debt on the Club House had been paid, namely a note for \$400 to Miss A. Goodrich, the amount of interest, \$32, being returned to the Association to be used as the Trustees saw fit. As Miss Goodrich has always been deeply interested in the Hospital Economics Course, the Trustees decided to apply the gift for the furtherance of that great work.

At the County Society meeting, it was decided that the selecting of Nominees for the State Ticket be left with the Executive Committee, who were instructed to first confer with and receive suggestions from each affiliated Society. The request was made that in filling the vacancy on the Board of Regents, caused by the death of Mr. Bissel Sanford, a man's name should be nominated.

The Alumnae, on the suggestion of Miss Holmes, presented the name of Mr. Charles B. Hayes, R. N., of Mills Training School. No other names were suggested.

Question of a donation to the Hospital Economics Course was discussed. It was moved, seconded and carried that a subscription list be started, each nurse giving what she felt she could afford.

The last order of business was the electing of the Nominating Committee. Ten names were nominated, and the five chosen by ballot were: Miss Irene Sutcliffe, Miss Vroom, Miss Henderson, Miss Denike and Miss Gibson.

---

# A PLEA FOR THE CREATION OF THE CHILDREN'S BUREAU \*

By LILLIAN D. WALD

\* \* \* What would the Bureau do? What measures for the advantage of the child, the future citizen, and the country would the Bureau further? What innovations in governmental functions would the Bureau introduce? \* \* \* \*

The Bureau would be a clearing-house, a source of information and reliable education on all matters pertaining to the welfare of children and child life, and especially it would investigate and report upon the questions now nowhere answered in complete or unified form, and whose enormous importance to national life is so strikingly evident:

The birth rate, illegitimacy, congenital and preventable disease, infant mortality, physical degeneracy, orphanage, desertion, juvenile delinquency, juvenile courts, dangerous occupations and accidents, crimes against children, etc., etc.

It would fix upon government the responsibility.

\* \* \* It would investigate legislation affecting children in the several States and territories, and all other facts that have a bearing upon the health, the efficiency, the character, the happiness, and the training of children. \* \* \* \*

\* \* \* Nothing would it do to duplicate any work now being done by State or Federal government, but would strengthen their work and bring into immediate usefulness all of the statistical facts that may lie in the treasure house of any governmental department or any private association. Practical co-operation of this kind, based on intelligent sympathy, has already been assured by the far-seeing chiefs of the Educational Bureau and by the head of the Census Bureau. As much of the results of their researches as would enrich the Children's Bureau would be laid before it almost without the asking, and yet, important as is their information and their knowledge, it covers only a part of what pertains to the whole great question of the wisest and most enlightened guardianship of our children—the most valuable natural asset of our nation.

Literally the Education Bureau is all that we have done that

\* Read at the dinner in connection with the "Children's Conference", Washington, January, 1909.

could be directly construed as for the children, from which it might be said that we as a nation are indifferent.

The Children's Bureau would not merely collect and classify information, but it would be prepared to furnish to every community in the land information that was needed, diffuse knowledge that had come through experts' study of facts valuable to the child and to the community. \* \* \* \* \*

\* \* \* As matters now are within the United States, many communities are retarded and hampered by the lack of just such information and knowledge, which, if the Bureau existed, could be readily available. Some communities within the United States have been placed in most advantageous positions as regards their children, because of the accident of the presence of public spirited individuals in their midst who have grasped the meaning of the nation's true relation to the children, and have been responsible for the creation of a public sentiment which makes high demands. But nowhere in the country does the government, as such, provide information concerning vitally necessary measures for the children. Evils that are unknown or under-estimated have the best chance for undisturbed existence and extension, and there where light is most needed is still darkness. Ours is, for instance, the only great nation which does not know how many children are born and how many die each year within its borders; still less do we know how many die in infancy of preventable diseases; how many blind children might have seen the light, for one-fourth of the totally blind need not have been so had the science that has proved this been made known in the remotest sections of the country. Registration and our statistics on these matters are but partial, and their usefulness is minimized by the unavoidable passage of time before their appearance. There could be no greater aid to the reduction of infant mortality than full and current vital statistics of children, such as no one community can obtain for itself, and for want of which young lives, born to be valuable to society, are wasted. We realize only occasionally, or after the occurrence of some tragedy, how little is known of other important incidents of the children's lives. We cannot say how many are in jails or almshouses, though periodically the country is stirred by some newspaper report; such as that one of a little boy of twelve, sentenced to five years in a federal penitentiary, or that of a little boy confined for some months on a trivial charge, and incarcerated with a murderer and other evil men and women, in the cell of a county jail. Outside the few States which have Juvenile Courts, there is chaos in the treatment and punishment of difficult children,

and largely because of lack of knowledge concerning this important matter. This information cannot be effectively obtained by private agencies. It is too vital to be left to that chance. Only the Federal government can cover the whole field and tell us of the children with as much care as it tells of the trees or the fishes or the cotton crop.

I remember that some three years ago when it was our pleasure to bring this suggestion before the President, his first expression of approval was, if I recall rightly, that "It was bully." It was a coincidence that the Secretary of Agriculture was departing that same morning to the South to find out what danger to the community lurked in the appearance of the boll weevil. That brought home, with a very strong emphasis to the appeal, the fact that nothing that could have happened to the children would have called forth such official action on the part of the government.

What measures for the advantage of the child and the country would the Bureau further? No direct responsibility or administrative fund for furthering new measures would fall upon the experts of a Children's Bureau, but, proceeding by the experience of other scientific bodies, there would be ample justification for employing the best minds of the country for the application of the knowledge gained, by using the stimulus of suggestion and education. \* \*

\* \* What innovation in the governmental function would this introduce? This measure for the creation of a Children's Bureau can claim no startling originality. It would introduce no innovation—no new principle—in the functions of government. It is along the line of what we have been doing for many years to promote knowledge on other interests, in material matters. Look carefully into the history of the development and present scope of the various Bureaus within the authority of the government, ample and fascinating analogies will be found. \* \* \*

\* \* \* The full responsibility for the wise guardianship of these children lies upon us. We cherish belief in the children, and hope through them, for the future. But no longer can a civilized people be satisfied with the casual administration of that trust. \* \*

\* \* \* Is not the centralized Bureau the next step? Shall we take it? Can we afford to take it? Can we afford *not* to take it? In the name of humanity, of social well being, of the security of the Republic's future, let us bring the child into the sphere of our national care and solicitude.

## NEWS OF THE CLUB AND THE CLASSES.

The Treasurer has paid the note of \$400 — so our Club is at last free from debt.

Miss Marion Wilson has been helping Miss Dwight since Miss Bessie Sutcliffe's illness.

The date set for the graduation exercises is 3rd of March and Rev. Dr. Edward B. Coe of New York will give the address.

Miss Gertrude Forbes '05, who has spent the last eight months in Muskoka and Toronto, returned to the city a few days ago: on her way back she stopped in Buffalo for a short visit to Dr. and Mrs. James Lewis. (Miss Florence Golding, class '05.

Miss Alice Linton has gone to Montreal for a visit of several months: from there she goes to St. John's, Newfoundland, for part of the Summer.

Miss Edna Harding '06 is living in Denver, Colo. doing private nursing: her address is 1280 Grant Avenue, Denver.

Miss McPhedran has returned to the city after many months' absence; and Miss Helen Smith is also in New York.

We extend our deepest sympathy to Miss Taylor in her very great bereavement, the loss of her mother.

Mrs. Quipp is in Ottawa with Miss Taylor.

Miss Florence Creighton has been seriously ill, but we are glad to say is much better now, and convalescing: she is a patient on the 4th floor, P. P. B. Mrs. Ewing was also a patient there last month, but is now quite well.

Readers of the "News" and nurses of the dear old New York Hospital cannot help being amused and interested on reading the following letter received by Mr. Ludlam in his Hospital correspondence;

New York.

Dear Sir:

Will you kindly send me one of your illustrated books on the subject the dog — also kindly state your rates for keeping a bull pup until he is cured of the eczema. I am at present using Dr. Johnston's cure.

Sincerely yours,

---

Our nurses in Rome after a busy two weeks on board the S.S. Bayern helping to care for the sick and suffering in Messina and

Reggio, are now doing private nursing in the eternal city. They made some charming acquaintances on board, who have been most sociable since their return; and they are having just as much work as they can manage.

The graduates and pupil nurses in the Hospital are much interested in subscribing sufficient money — \$50.00—to support a cot for one year in the Grenfell Hospital in Labrador: the John Hopkin's Hospital supports one — the following clipping from the Congregationalist may interest our readers: —

Rarely has an out of the way land been brought to such attention in the world beyond it as Labrador, through its benefactor and minister, Dr. Wilfred T. Grenfell. In the highest and best sense of the word an adventurer, he chose one of the bleak and barren spots on the earth as the field of his life work. With warm sympathy for those who need help, a practical inventive mind, a strong and manly Christian faith, a shrew sense of humor, a cheerful optimism, and an undaunted courage, he has made the coast of Labrador his own and it has claimed and appropriated him. And he is able somehow to make Labrador interesting, with its rocky, ice-bound and fog-bound shores and its scanty population of poor fisher folk, whose principal stock in trade seems to be their misfortunes. The latest disaster, which swept the whole coast was July 30, when a fierce gale piled up the wreckage of vessels in every harbor, leaving their homeless occupants to shelter themselves under tents made of spare sails on the shore. Dr. Grenfell describes it in an interesting letter to the Boston *Transcript*, and evidently without intention on his part he appears as the benefactor of the stricken people. With his boat, the *Strathcona*, he pulls off the rocks such of the wrecked vessels as can be saved, takes on board about forty men and women who have lost everything, and is so glad that no lives have been lost that he gets more joy than heartache or backache out of the storm, the worst in the memory of the oldest inhabitant. Only a few months ago he barely escaped drowning on an ice floe after a night of suffering to which almost any man would have succumbed unless he possessed those rare gifts, a perfectly healthy body, a perfectly clear conscience and a great love of life for the sake of the good that life can do. The story of his rescue as he simply told it, has been reprinted in scores of magazines and newspapers. The public is constantly expecting news about Labrador and is not disappointed. Dr. Grenfell is its ministering spirit, and a century hence he will be remembered as its patron saint.

## MARRIAGE

On Saturday January 2nd Miss INGA LOUISE LUND to DR. HAROLD SALTROP. Dr. and Mrs. Saltrop are now in Europe, and on their return to New York will live at Marburg Hall, 164 West 74th Street.

## DEATH

On December 19th 1908, Mrs. A. M. Berzauser (Miss Dorothy Robilliard) class '07.

New York, January 16th, 1909.

Mrs. C. V. Twiss,  
President N. Y. H. Nurses' Alumnae Association,  
419 West 144th Street,  
New York City, N. Y.

Dear Mrs. Twiss:

It is wholly impossible for me to give adequate expression to the sentiment evoked by the beautiful gift made to me by the Alumnae Association. Beautiful, and attractive and useful as it is in itself, however, the kindly feeling and affectionate regard, which prompted it, is even more highly prized.

I believe I do not exaggerate when I say that I have never been so deeply moved by any experience in my Hospital career, and one of the pleasantest and most satisfying convictions that I shall carry with me into retirement is the assurance of the regard of our nurses, thus pleasantly and beautifully expressed.

May I ask you to assure the Association of my thorough appreciation of their kindness, and of my abiding interest in them and their work.

With kindest regards,

Yours very truly,  
George P. Ludlam.

The Pennsylvania Orthopaedic Institute and School of Mechano-Therapy, Incorporated, 1711 Green Street, Philadelphia, was established in 1898. Besides the treatments of patients by the various forms of Mechano-Therapy a training school is connected with the institution for the scientific application of the Swedish system (ling) of Massage, Medical, Educational and Corrective Gymnastics, Electricity and Hydro-Therapy. Thorough practical and theoretical courses of three months duration are given to male and female students in separate classes. Lectures on Anatomy, Physiology and Pathology are included in the course of instruction. Illustrated booklet on Massage, application blank and further particulars may be obtained by addressing the superintendent.

MAX J. WALTER, Supt.

## OFFICERS OF ALUMNAE ASSOCIATION 1909.

### *Honorary President*

Miss Irene H. Sutcliffe

### *President*

Mrs. C. V. Twiss.....419 West 144th Street

### *Vice-President*

Miss Mary A. Smith.....135 East 55th Street

### *Recording Secretary*

Miss Ada B. Stewart.....414 East 14th Street

### *Corresponding Secretary*

Miss L. M. Wygant.....Plaza Hotel

### *Treasurer*

Miss M. M. Russell.....447 West 59th Street

### *Trustees*

Miss Emma Benz.....8 West 92nd Street

Miss M. M. Ryerson.....133 West 140th Street

Miss M. H. Jordan.....450 West 34th Street

Miss M. Wheeler.....9 West 92nd Street

Miss A. A. Strombom.....8 West 92nd Street

## FUND FOR SICK NURSES.

### *Secretary and Treasurer*

Miss Jennie M. Whitelaw,  
253 East 68th Street.

## BOARD OF TRUSTEES.

### *Chairman*

Miss A. B. Stewart

### *Secretary*

Miss L. M. Wygant

## STANDING COMMITTEES.

### *Executive*

Miss Wheeler

Miss Stewart

Miss Smith

### *Finance*

Miss M. M. Russell

Mrs. Twiss

Miss Ryerson

### *Credential*

Miss M. Jordan

Miss A. A. Strombom

Miss E. Benz

# **Special Courses for Nurses**

## **IN THE SWEDISH SYSTEM OF MASSAGE**

### **MEDICAL AND CORRECTIVE GYMNASTICS**

(The System You Will Eventually Learn)

**Term: Three Months - - Tuition Fee, Seventy-five Dollars**

### **COURSE IN ELECTRO-THERAPY**

**Term: Two Months - - Tuition Fee, Twenty-five Dollars**

### **COURSE IN HYDRO-THERAPY IN ALL ITS FORMS**

**Term: Six Weeks - - - - Tuition Fee, Thirty Dollars**

**Classes open March 18, May 19, July 7, October 5, '09.**

**9109 TREATMENTS GIVEN IN 1908. No better clinical experience possible**

All courses may be commenced at the same time and finished within three months. The instruction consists of daily clinical work and practical lessons on patients referred to our clinics from the various Hospital Dispensaries, Original Swedish (Ling) System, and Weir Mitchell's Rest-Cure System. All pupils attend clinics at several city hospitals. A complete Medico-Mechanical Zander Gymnasium for treatment of patients and instruction of students. Payments can be made to suit your convenience. Application blank and illustrated booklet on Massage upon request

**An early application for admission is advisable**

**Pennsylvania Orthopaedic Institute and School of Mechano-Therapy, (Incorporated)**

**1711 Green Street, PHILADELPHIA, PA.**

**MAX J. WALTER, Superintendent**

## **LADIES' OWN MATERIAL**

**MADE UP**

## **FEATHERS CLEANED**

**AND CURLED**

**MME. SCHOENBERG**

**Fine Millinery**

**562 Columbus Avenue**

**Bet. 87th & 88th Streets.**

**Ref. New York Hospital Nurses, New York**

**H. Blumberg**

**Fashionable Ladies' Tailor**

**Suits and Skirts**

**a specialty**

*References*

*New York Hospital  
Nurses*

**Telephone Connection**

**243 West Thirteenth Street**

**Near Greenwich Avenue**

**New York**

## **SAL HEPATICA**

**For preparing an**

**EFFERVESCENT ARTIFICIAL**

## **MINERAL WATER**

**Superior to the Natural,**

Containing the Tonic, Alterative and Laxative Salts of the most celebrated Bitter Waters of Europe, fortified by the addition of Lithia and Sodium Phosphate.

**BRISTOL - MYERS CO.**

**277-279 Greene Avenue,**

**BROOKLYN - NEW YORK.**



**Write for free sample.**



# MEINECKE" FACE AND EAR BAG FOR ICE OR HOT WATER



PATENT APPLIED FOR

The "Meinecke" Face and Ear Bag is suitable for ice or hot water, and is a most practical little bag for either use, being a great improvement over the ordinary Face and Ear Bags.

It is an ideal shape for the forehead and over the eyes, for the lower part of the face, for back of the ear, at the base of the brain, on the throat, over the heart, and for any other affected part, where the use of a small ice or hot water Bag is required.

For the forehead and eyes and for the lower part of the face, it is especially adapted, as its curved shape leaves the nose free and uncovered.

For the mastoid region, it is an excellent and most sensible shape, as it fits nicely back of the ear, leaving the ear itself uncovered.

This dainty little Bag is light in weight and is made of our fine quality Maroon Rubber, re-inforced at the seams; it is fitted with brass collar and screw cap, covered with our patented "Unlosable" Washer.

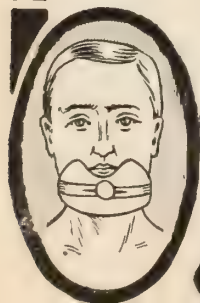
A muslin bandage, about 2 inches wide and 36 inches long, is supplied with each Bag, for securing it in position.

**RETAIL PRICE, \$1.25**

Sent by Mail upon Receipt of Price

HOSPITALS SUPPLIED AT WHOLESALE PRICES

SOLD BY ALL LEADING DEALERS



**MEINECKE & COMPANY**  
48-50 PARK PLACE, NEW YORK



FOR SECURING BAG

"MEINECKE" SPECIAL BANDAGE

WITH EVERY BAG

A BANDAGE FREE

**VOLUME 3.**

**NUMBER 6.**

**The**  
**Alumnae News**

**APRIL**

**1909.**

(NON-POISONOUS. NON-IRRITATING)  
DOES NOT COAGULATE ALBUMIN

# CHINOSOL

"THESE RESULTS INDICATE THAT  
**CHINOSOL** IS MUCH STRONGER  
THAN CARBOLIC ACID IN ANTISEPTIC  
POWER." (Extract from Bacteriological  
Report from Lederle Lab's.)

**DOES NOT INJURE MEMBRANES.  
DOES NOT MAKE THE HANDS SORE.  
FREE FROM DISAGREEABLE ODOR.**

**FULL LITERATURE AND SAMPLES ON REQUEST.**

**CHINOSOL COMPANY—PARMELE PHARMACAL CO., SELLING AGENT, 54 SOUTH ST., N. Y.**

TRY  
**BORDEN'S MALTED MILK**  
AS A DIET

**FOR YOUR NEXT DIFFICULT CASE.**

**BECAUSE IT IS A REAL MALTED MILK,  
IT WILL BE RETAINED WHERE OTHERS FAIL.**

**VERY NUTRITIOUS AND EASILY DIGESTED**

**MALTED MILK DEPARTMENT  
BORDEN'S CONDENSED MILK COMPANY**

**"Leaders of Quality"**

**Established 1857**

**NEW YORK.**

# ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

VOL. III.

APRIL 1909

No. 6

PUBLISHED MONTHLY, FROM NOVEMBER TO JULY.

Sent free of charge to all members of the "Alumnae Association"

to others: } 50 cts. per year  
                  } 10 " " copy

Editor—Miss M. H. YOUNG, 8 W. 92nd Street

Business Manager—MRS. R. B. CULBERT, 526 W. 114th St.

News Editor—MISS H. EARLE, 7 W. 15th St.

Secretary—MISS L. WYGANT, Plaza Hotel, 59th St. & 5th Ave

## REPORTERS

Mrs. Jameson, 245 W. 14th St.

Miss Rough, 7 W. 15th St.

Miss Frederick, 206 E. 16th St.

" Walton, 7 W. 15th St.

" Ryerson, 133 W. 140th St.

" A. B. Stewart,  
414 E. 14th St.

Mrs. Hosking, 8 W. 92nd St.


Miss Golding, 245 W. 14th St.

" Baumann, 8 W. 92nd St.

" F. Nash, 8 W. 92nd St.

" Lavinia Wood, 8 W. 92nd St.

Mrs. Van Wagenen,  
302 W. 78th St.

 It is requested that notice of change of address be sent to the Secretary as promptly as possible, so that the mailing list may be kept corrected.

Those who have failed to receive the "Alumnae News"—or those who desire extra copies—can always be supplied by calling at the Club, or at Miss Macdiarmid's office—or copies will be mailed on application to the Secretary.

## EDITORIAL COMMENT

Our annual elections will be held at the April Alumnae meeting, and, while the members whose names appear on the ballots are, for the most part, well known to the Association, so that no comment on individuals is needed, we must remember that each voter has to make her choice among them, and it may not be amiss to urge all to try to realize personal responsibility in the matter, and to give the ticket as much consideration as possible; for the acts of the officers are the acts of the Association, and we ought to try to put in power those best fitted to represent us.

---

A letter has lately been received which says, in part:

"I have an 'R. N.' certificate, will you please let me know if that entitles me to the use of the letters 'R. N.'? In the last annual report some of the names had 'R. N.' after them, and although I have the certificate my name was without it. Likely I should have notified some one in the matter, which I have not done —"

The certificate *does* entitle to the use of the letters "R. N." and holders of certificates should notify the Secretary of the Association; a request to that effect will be found in the "Notice" column of this issue of the "News."

---

On February 22d one of New York's foremost surgeons, Dr. William T. Bull, died after a long and remarkable fight against cancer, the disease for which he had performed so many operations, and for whose cure it was as one time reported he had discovered a serum. Dr. Bull was very well known to our nurses, having been for years an attending surgeon at New York Hospital, so we will only recall that he is said to have performed the first appendectomy in this country, also one of the first laparotomies for gun-shot wounds in the intestines. He was adored by his patients, both rich and poor, and at his funeral it was said:

"The epitaph on the tomb of Gen. Gordon in St Paul's Cathedral, London, reads: 'He gave his strength to the weak, his substance to the poor, his life to his country, and his heart to God.' The man we now mourn recalls the words of this epitaph. He gave his strength and substance to the weak, his life to the suffering, and during all the weakness and pain of a long illness his life was lifted up to God."

---

From one of the daily papers we take the following: "Dr. Thomas Howell, Superintendent of Worcester Hospital, has resigned to become Superintendent of the New York Hospital, Fifteenth Street, New York, and the Hudson Street House of Relief. The resignation goes into effect April 30th."

---

## NOTICES

### N. Y. H. ALUMNAE MEETING

The Annual meeting of the Association will be held in the Lecture Room, 8 West 16th Street, *Wednesday*, April 14th.

Most of the time at this meeting will be occupied in balloting, and in reading the Annual reports.

**The yearly dues should be paid at the Annual meeting.**

### BALLOT.

The ballot for the Annual Election will be found in this issue of the "News."

**The Secretary is desirous that all nurses, entitled to "R. N." should send their names to her, so as to have the printed list in the Annual report correct.**

**Any change in addresses during the year should also be reported to the Secretary;**

**Miss A. B. Stewart,**

414 East 14th Street

### NEW YORK COUNTY SOCIETY.

The next meeting of the County Society will be held at the New York Academy of Medicine, 17 W. 43rd Street, on Tuesday, April 6th at 8 P. M.

*The report of the Committee on Revision of By-laws will be discussed, and the proposed changes voted upon at the April meeting.*

### HOSPITAL ECONOMICS.

At the March meeting of the N. Y. H. Alumnae Association it was decided to ask for individual contributions to the Hospital Economics Endowment Fund: the great value of this course—and also its need of money—having been so recently brought to our notice: it is hoped that there will be a prompt response from all members.

Contributions to be sent to,

**Miss L. M. WYGANT,**

PLAZA HOTEL,

59th Street & Fifth Ave.

## MEETING THE GRADUATING CLASS OF 1909.

A most delightful evening was spent by both guests and hostesses on Friday evening, February 26th, when our Alumnae Association received and entertained the Graduating Class of 1909.

The programme for the first part of the evening consisted of papers written and read by Mr. Ludlam and several distinguished nurses. The chair was filled by the Honorary President of the Association, Miss I. H. Sutcliffe, and with her, on the platform, was Miss Mary Smith, Vice-President. Miss Sutcliffe addressed a few well-chosen words to the graduates-to-be, reminding them of the high standard of the school they are graduating from and hoping they would always be a credit to the New York Hospital, and take an interest in their school and their Alumnae. She then, in introducing Mr. Ludlam, the chief speaker of the evening and an honorary member of our Association, said how keenly we regret his leaving us; though feeling sure always of his kindly interest and valuable friendship.

Mr. Ludlam read a history of our Training School, past and present; which account is so interesting that it will be printed in a later number of the "News."

Miss Wald was to have spoken next on Settlement Work, but was prevented from coming, having an important meeting on the Children's Bureau question.

Miss Sutcliffe introduced Miss Duncan, who read a very able paper on "Social Work," calling the attention of the Graduating Class to two important phases: *First*, helping in their homes convalescent patients who have been discharged from the hospitals before able to resume their usual vocations. And *second*, the "Social Work" in department stores, which in recent years has become an essential in a well-organized corporation. Miss Duncan spoke of the methods and management and the very gratifying results obtained.

Miss Sutcliffe then presented Miss Anderson, who read a most valuable paper on Institutional Work, but first addressed the new graduates, saying how inspiring it is to meet the new nurses, and how nice for them to meet the older members of their profession.

She then said they were no doubt, at the end of their course, tired of hospital routine, and needed a little rest and change; and advised all nurses to take a few private cases before returning to institutional work. She cited very forcibly the *apparent* advantages of private nursing over institutional; private work would seem to pay much better than institutional, as the salary per week is, in the

latter, by comparison small. But she then showed the other side: in a hospital one's board, laundry and salary are always sure; in case of illness one is taken care of—no uncertainty of work as in private nursing. So that in a monetary way, institutional positions were found in the end to compare favorably with private nursing. And the gain from the professional standpoint; keeping in touch with everything, no stopping short but keeping always up-to-date.

And the *social* benefit how great—so different from the peculiar loneliness of the private nurse. Miss Anderson went on to tell of many things that we older graduates know and appreciate; of the firm and abiding friendships made that last for all time; of the luxury of being "off duty" regularly every day; when one learns, or ought to learn, to drop entirely all care and responsibility, and to rest, mentally and physically—warning the graduates who may take hospital positions of the necessity of doing this, and the real dangers that accrue to those who do not—broken health; getting into a rut; working mechanically with no enthusiasm; thinking only of the *case*, not the *patient*; and becoming the kind of nurse for whom there should be no place in any hospital.

Miss Sutcliffe next brought forward Miss Vroom, telling us of her remarkable success in private nursing.

Miss Vroom reminded us of how full our profession is of opportunity, bringing us into the tenement, the hospital, and the homes of the wealthy, in all of which we find enthroned the Great Leveller *Pain*. Speaking of the close relationship of nurse and patient, Miss Vroom told us many valuable things out of her great experience, advising us all to be happy in our work, as personality counts for so much, and "A merry heart doeth good like a medicine;" and this, combined with common sense, tact and constant striving to live up to a high standard, will make of us nurses that our hospital may be proud of.

Miss Sutcliffe introduced last, but certainly not least, Miss Samuel, who gave a brief sketch of the Alumnae Association, specially interesting to nurses about to become members. Organized in March, 1894, it has made wonderful strides, overcome many difficulties, and is now enjoying the success it deserves. We have a permanent registry; a large and comfortable club house; a fund for sick nurses; have become share-holders in the American Journal of Nursing; issue a monthly paper; and last but not least have many members prominent in, and an honor to the profession. Miss Samuel finished her interesting paper with an invitation to the new graduates to help along; we have accomplished a great deal, but we have much yet to do.

And now came the lighter part of the entertainment, when old

and new graduates met, and good fellowship and that feeling of *unitedness* for which our Training School is noted, was much in evidence: excellent music was provided and delicious refreshments served. The reception rooms were prettily decorated, and were filled with guests; among whom were two of our governors, Mr. Hoppin and Mr. Smith, and several of our graduates who have given up nursing and are married.

Thus ended an evening full of pleasure to the Alumnae members, and to the pupil nurses, so soon to graduate and leave the protection of the dear old hospital.

HELENA A. EARLE.

## ALUMNAE MEETING

The usual reports of Secretary, Treasurer, Club House and Board of Trustees were read and approved.

Miss M. A. Samuel, who was our representative at the meeting of stockholders of the American Journal of Nursing, gave an interesting report. This was the Eighth Annual meeting of the Stockholders and Miss Anne Rhodes was chosen Chairman, Miss Jane A. Delano Secretary. Under the present management a directory for institutional and hospital positions has been established, which is hoped will prove of service to the Nursing profession. A book department has also been opened; a great convenience to Journal subscribers in securing books at low cost without corresponding with a number of publishing houses.

This directory does not guarantee positions for nurses, yet the idea is to secure all information regarding any institutional vacancies and place such data at the service of the nurses. The Book Department it is hoped will benefit the nurses who are not conveniently near to publishing centres, and enable them to secure literature desired more reasonably and with less difficulty.

The Nurses' Associated Alumnae, at its last meeting, voted to purchase, if possible, thirty-one shares of Journal stock, offering notes at 3 per cent. Only four shares have been transferred under this arrangement and three by gift, the Alice Fisher Alumnae giving one share, and the Johns Hopkins Alumnae Association two shares to the Associated Alumnae.

The Associated Alumnae paid this year for printing its Annual report in the August number the sum of \$279.70.

Plans are under way for still further increasing the usefulness of the Journal and lessening the cost of publication. Our nursing societies are earnestly requested to co-operate with us in endeavoring to make every member a subscriber to the Journal.

Miss Samuel, in closing, stated that a very satisfactory way of interesting the nurses in the Journal was by using it as a text for study and discussion among the undergraduates, who became so interested they often subscribed before leaving the school. The following were elected Directors for the ensuing year:

Miss Lila Pickhardt	Miss M. A. Nutting
Miss M. M. Riddle	Miss Anne Damer
Miss M. A. Samuel.	

Miss Wygant reported having received \$81.00 from individual subscription to the Chair on Hospital Economics. The Alumnae voted to make it an even \$100; however this does not mean that the list is closed, as Miss Wygant will be glad to hear from other nurses.

The next order of business was the appointing of a delegate to the National Alumnae Meeting to be held in Minneapolis in June. Miss Twitchell wrote stating she would gladly attend and cast a vote for the Alumnae, she being near at hand. It was unanimously voted that Miss Twitchell be appointed a delegate. It was also moved and carried that Miss Golding be sent by the Alumnae Society, and on suggestion of Miss Russell, it was voted that any of our members attending the meeting were to be considered official delegates.

A letter was read from Miss Lillian I. Nichols, R. N., telling of her difficulties in becoming recorded officially as R. N. in Youngstown, Ohio. Miss Nichols is Superintendent of the Visiting Nurse Association and has the unique distinction of being the only R. N. in the city of Youngstown.

A communication from the National Red Cross Society had been forwarded from the New York State Nurses' Association, requesting a consensus of opinion on several questions. These will be found on a separate page, and each nurse is requested to answer these questions in so far as they can and return the printed slip *at once* to Miss H. A. Earle, New York Hospital.

Miss H. A. Earle was appointed Chairman of the Committee of Three to receive these communications, and chose as co-workers Miss Gibson and Miss Leach.

The most entertaining part of the program was the paper read by Miss McVean on "Tenement House Inspection," which has been referred to the Editor, Miss Young, with the hope that it may be given in full in the "News" at a later date. \*The meeting then adjourned into social session over a cup of tea.

A. B. DUNCAN.

---

\*The President, on behalf of the Alumnae and herself, thanked the Committee, who so satisfactorily and happily arranged and carried to a successful issue the Entertainment and Reception to the Graduating Class, and suggested making it an annual event

## NEWS OF THE CLUB AND THE CLASSES.

---

Please mark the ballot — and answer the Red Cross questions — which will be found in this month's "News".

It was very gratifying at the entertainment given by the Alumnae Association to the graduating class to see so many of our out-of-town nurses: Miss Hinch from Paterson; Miss Nudell from White Plains; Misses Ellison and Henderson from Campbell Cottage, White Plains; Miss Dickson from Princeton; Mrs. Galloway (Miss Nellie Thomas) from Rahway, N. J.; Miss Mosher from Montclair; and Miss Bushnell, who was spending a few days with Miss Goodrich, while on her way to Florida, where she will be for the months of March and April.

Miss Post has resigned her position as Superintendent at the Englewood Hospital, and has since been spending a few days at Lakewood with her class-mate Miss O'Geran. She is now at the hospital nursing Mrs. Rogers, who is a patient in Room 415. Miss Stubbs is in isolation with measles. We wish them a speedy return to health and strength.

Miss Florence Creighton who has been a patient at the hospital is entirely well, and is now at home in Toronto for two months. She goes to Sea Cliff again in May as Miss Hastings' assistant.

Mrs. Morse, who has been for two years in charge of the House of the Holy Comforter, has resigned and is now at Atlantic City for a month's change.

Miss Florence Johnson spent Washington's Birthday at Atlantic City.

Miss Rose Green and Mrs. Nuttall have gone to Europe for a pleasure trip. Miss Mary Whitman has sailed for Paris, via Genoa.

Miss H. Stewart has resigned her position as assistant graduate in the Public Operating Room, and will do private nursing for a time.

Three graduates in the recent class now hold positions in the hospital: Miss Montague in charge of the 7th floor, P. P. B., Miss Gluck in Ward G, and Miss Cromwell as assistant in the Public Operating Room.

Mrs. Hosking is on a visit to Mrs. Sengel (Miss Ella Fligg) in Fort Smith, Arkansas.

Miss Bessie Sutcliffe is with Miss Sutcliffe at Ardsley-on-Hudson; we are glad to say that she is getting strong rapidly.

Miss Henderson has gone to Bermuda for a two weeks' trip. We hope she will enjoy herself and return well-rested.

Miss Hutchinson is spending a few days with friends at Atlantic City.

Miss Carrie Sutiiffe is here from Seven Oaks spending a week, with her cousin Mrs. Benedict.

Our sincerest sympathy is with Miss Keator, who lost her mother last month; Miss Helen Smith, of Hamilton, Canada, Miss Keator's class-mate, came down to help her.

---

## MARRIAGE

On Thursday, February 18th, Miss Rose Elizabeth Shoebridge to Mr. John Sebastian Haubert. Mr. and Mrs. Haubert will live at 147 East 54th Street, New York City.

---

## DEATHS

On Wednesday, March 3d, at her residence, 123 East 40th Street, Susan F. (Miss McQuade, Class 1891), wife of Dr. Forbes R. McCreery.

---

One who knew Miss Robillard while in the Training School has sent this clipping from the 'Toronto "Saturday Night,"' knowing that it will interest not only the class of 1907 but others as well;

Many of our readers may remember an account of a journey performed by Mr. and Mrs. Bezanson and Miss Lois Robillard, of Ottawa, last winter. They left Edmonton by team and covered sleigh, traveling three hundred and twenty-five miles north up the Peace River Valley. The sleigh, was fitted up like a camp, with a stove and other comforts. The journey ended in perfect safety, and the party settled at the Tepee Ranch in the Grand Prairie District, where Mr. Bezanson has a large interest in land.

Word has just arrived in Ottawa and Toronto of the sad death of Mrs. Bezanson, on December 30 last.

It speaks volumes for the spirit this western country imbues when it is related that Miss Robillard undertook a 35 mile drive over the prairie to Flying Shot, the nearest settlement alone with her poor sister's week-old baby to get help for the child and bring a priest back for the burial.

Mrs. Bezanson was formerly Dorothy Robillard, daughter of Dr. A. Robillard, twenty-two years medical health officer of Ottawa. She was a graduate of the nursing staff of New York Hospital and a clever musician. In Ottawa she was considered one of the prettiest of the Capital's Canadiennes. She went to Edmonton to practice her profession in 1907, and was married shortly after to A. M. Bezanson, a Westerner.

---

## FINAL REPORT OF COMMITTEE OF PIANO FUND TEA

Club members and all those who so kindly helped at the Tea and the Play by the Pupil Nurses, last Spring, will remember that after the final payment had been made for the Piano there was remaining \$135.26 and they will doubtless be interested to hear of the disposal that has recently been made of this balance, viz:

Deposited with the Club Funds

to be used for keeping the Piano in tune.....\$100.00

Spent for articles to be need by sick nurses  
at the Club

Invalid bed tray.....\$3.00

Breakfast tray..... .88

Linen tray covers (4)..... 3.00

White and gold china for tray 3.38

Plated silver breakfast set

Gorham.... 25.00

35.26

\$135.26

JOSEPHINE HILL, Chairman

## OBLIGATIONS OF PUBLIC OFFICE.

One of the subjects to which organizations everywhere should be giving more serious thought is that of the obligations resting upon those who hold office. \* \* \* There should be careful instruction by retiring officers of their successors in regard to the work which has been done, or which is unfinished at the time of their retirement.—“Am. Journal of Nursing.” \* \* \* Who turns his back upon the fallen and disfigured of his kind, abandons them as vile, and does not trace and track with pitying eyes the unfenced precipice by which they fell from good . . . does wrong to Heaven and man, to Time and to eternity.

*The Chimes.*

**CHINOSOL** is *not* a cure-all, but it is indicated and is effective (if properly used) where there is possibility of infection, contagion or decomposition.

If used *in advance*, Chinisol will *prevent* the development of the germ.

If used *after the germ has developed*, Chinisol will *kill* it.

# Special Courses for Nurses

## IN THE SWEDISH SYSTEM OF MASSAGE

### MEDICAL AND CORRECTIVE GYMNASTICS

(The System You Will Eventually Learn)

Term: Three Months = = Tuition Fee, Seventy-five Dollars

#### COURSE IN ELECTRO-THERAPY

Term: Two Months = = Tuition Fee, Twenty-five Dollars

#### COURSE IN HYDRO-THERAPY IN ALL ITS FORMS

Term: Six Weeks = = = = Tuition Fee, Thirty Dollars

Classes open May 19, July 7, October 5, '09.

**9109 TREATMENTS GIVEN IN 1908. No better clinical experience possible**

All courses may be commenced at the same time and finished within three months. The instruction consists of daily clinical work and practical lessons on patients referred to our clinics from the various Hospital Dispensaries. Original Swedish [Ling] System, and Weir Mitchell's Rest-Cure System. All pupils attend clinics at several city hospitals. A complete Medico-Mechanical Zander Gymnasium for treatment of patients and instruction of students. Payments can be made to suit your convenience. Application blank and illustrated booklet on Massage upon request.

*An early application for admission is advisable*

Pennsylvania Orthopaedic Institute and School of Mechano-Therapy, (Incorporated)

1711 Green Street, PHILADELPHIA, PA.

MAX J. WALTER, Superintendent

## LADIES' OWN MATERIAL

MADE UP

## FEATHERS CLEANED

AND CURLED

### MME. SCHOENBERG

### Fine Millinery

### 562 Columbus Avenue

Bet. 87th & 88th Streets.

Ref. New York Hospital Nurses, New York

### H. Blumberg

### Fashionable Ladies' Tailor

### Suits and Skirts

a specialty



*References*

*New York Hospital  
Nurses*



Telephone Connection

243 West Thirteenth Street

Near Greenwich Avenue

New York

## SAL HEPATICA

For preparing an

EFFERVESCENT ARTIFICIAL

### MINERAL WATER

Superior to the Natural,

Containing the Tonic, Alterative and Laxative Salts of the most celebrated Bitter Waters of Europe, fortified by the addition of Lithia and Sodium Phosphate.

BRISTOL - MYERS CO.

277-279 Greene Avenue,

BROOKLYN - NEW YORK.



Write for free sample.



*"Used all  
over the  
World"*

*The "Perfection" Bed and Douche Pan*

**IT IS COMFORTABLE  
IT IS SANITARY  
IT IS EASY-TO-EMPTY**

THE **BEST** FOR  
HOSPITAL  
AND  
SICK-ROOM

**RECOMMENDED BY MANY THOUSAND TRAINED NURSES.  
ADOPTED BY MORE THAN 1000 HOSPITALS.**

**RETAIL PRICES:**

No. 1 Porcelain (Standard Size)	. . . . .	\$2.50 e ch
No. 2 " (Child's Size)	. . . . .	2.25 "
No. 3 Gray Enameled (Standard Size)	. . . . .	4.00 "
No. 4 White " " "	. . . . .	4.50 "

Sold by all dealers or sent upon receipt of price.

*Hospitals Supplied at Wholesale Prices*

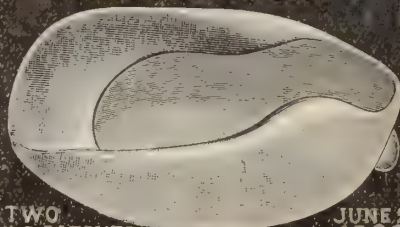
**MEINECKE & CO**

**48-50 PARK PLACE**

**NEW YORK**

MAKERS OF ADVANCED SPECIALTIES FOR HOSPITALS.

**THE MOST COMFORTABLE  
AND SANITARY BED PAN  
IN THE WORLD.**



TWO  
U.S. PATENTS

JUNE 5  
1900

**VOLUME 3.**

**NUMBER 7.**

**The**  
**Alumnae News**

**M A Y**

**1909.**

(NON-POISONOUS. NON-IRRITATING)  
DOES NOT COAGULATE ALBUMIN

# CHINOSOL

"THESE RESULTS INDICATE THAT  
**CHINOSOL** IS MUCH STRONGER  
THAN CARBOLIC ACID IN ANTISEPTIC  
POWER." (Extract from Bacteriological  
Report from Lederle Lab's.)

DOES NOT INJURE MEMBRANES.  
DOES NOT MAKE THE HANDS SORE.  
FREE FROM DISAGREEABLE ODOR.

FULL LITERATURE AND SAMPLES ON REQUEST

CHINOSOL COMPANY—PARMELE PHARMACAL CO., SELLING AGENT, 54 SOUTH ST., N. Y.

TRY  
**BORDEN'S MALTED MILK**  
AS A DIET

FOR YOUR NEXT DIFFICULT CASE.

BECAUSE IT IS A REAL MALTED MILK,  
IT WILL BE RETAINED WHERE OTHERS FAIL.  
VERY NUTRITIOUS AND EASILY DIGESTED

MALTED MILK DEPARTMENT  
**BORDEN'S CONDENSED MILK COMPANY**

"Leaders of Quality"

Established 1857

NEW YORK.

# ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

VOL. III.

MAY 1909

No. 7

PUBLISHED MONTHLY, FROM NOVEMBER TO JULY.

Sent free of charge to all members of the "Alumnae Association"

to others: } 50 cts. per year  
                  } 10 " " copy

Editor—MISS M. H. YOUNG, 8 W. 92nd Street

Business Manager—MRS. R. B. CULBERT, 526 W. 114th St.

News Editor—MISS H. EARLE, 7 W. 15th St.

Secretary—MISS L. WYGANT, Plaza Hotel, 59th St. & 5th Ave.

## REPORTERS

Mrs. Jameson, 245 W. 14th St.

Miss Rough, 7 W. 15th St.

Miss Frederick, 206 E. 16th St.

" Walton, 7 W. 15th St.

" Ryerson, 133 W. 140th St.

" A. B. Stewart,

414 E. 14th St.


Mrs. Hosking, 8 W. 92nd St.

Miss Golding, 245 W. 14th St.

" Baumann, 8 W. 92nd St.

" F. Nash, 8 W. 92nd St.

" Lavinia Wood, 8 W. 92th St.

 It is requested that notice of change of address be sent to the Secretary as promptly as possible, so that the mailing list may be kept corrected.

Those who have failed to receive the "Alumnae News"—or those who desire extra copies—can always be supplied by calling at the Club, or at Miss Macdiarmid's office—or copies will be mailed on application to the Secretary.

## EDITORIAL COMMENT

Our Association is to be congratulated on the result of the elections; we have a strong Board—a new President and Vice-President, but the Treasurer and Secretaries the same as last year—and among the Trustees enough old members who know the ins and outs of the present situation, and Miss Hill and Miss Wilson, of the new members, to represent the private duty nurses; we are particularly pleased to find that Mrs. Twiss has been elected as the third new trustee—we would not have liked to have her off the Board altogether even though she **has** worked so hard for the past two years, as president.

The new Board has our good wishes, and we hope it may follow the same progressive and economical path as its immediate predecessor and may accomplish as much for the club and the Association.

As we have wiped out our club debt, by the combined good management of the superintendent and the Board, in the year that is passed, surely in the year to come we may be able to add a substantial sum to our bank account, even after making some needed outlays. And may our progress be not in a financial way only, but in a social way as well.

Miss Golding goes as our special representative to the National Alumnae convention and will bring us our report of the proceedings, but it is already known that several other members are to go also as delegates—and we hope to hear of still others, later. Any one who can arrange to take a holiday at this time will find the convention a pleasant, as well, as a profitable, objective.

Much to be desired is the heightened enthusiasm for, and stronger belief in, our profession, which comes of these large gatherings of people, not from one school, nor one small section, but from all parts of the country; with points of view widely different, but aims the same.

And when the exhilaration of meeting these delegates, and talking over the many interesting questions which are to come up this year, can be combined with a trip, the prospect certainly sounds inviting; the weather is likely to be neither too cold nor too hot for pleasure; the twin cities are interesting; and western hospitality noted; and for those who have time to spare the trip may be made doubly pleasant (for good sailors) by going at least one way, between Buffalo and Duluth, by water. A three days' trip on those great inland Lakes and their connecting rivers is in itself enough to put new life into tired brains and bodies.

## NOTICES

### N. Y. H. ALUMNAE MEETING

The next regular meeting of the Association will be held in the Lecture Room, 8 West 16th Street, Thursday May 13th at 3 p. m.

---

### HOSPITAL ECONOMICS

Recently the N. Y. H. Alumnae Association has decided to ask for individual contributions to the Hospital Economics Endowment Fund. The great value of this course—and also its need of money—having been so recently brought to our notice: it is hoped that there will be a prompt response from all members.

Contribution to be sent to,

MISS L. M. WYGANT,

PLAZA HOTEL.

---

### R. N. EXAMINATIONS

The next State examinations will be held June 22nd—25th, inclusive. Applications must be sent to the Regents Board, Albany, at least ten days before that date.

---

## MEETINGS OF THE NATIONAL ASSOCIATION.

#### **In St. Paul.**

Monday, June 7. Superintendents' Council and business meetings.

Tuesday, June 8. Superintendents' Society regular program.

#### **Minneapolis.**

Wednesday, June 9. Meetings and program of the Federation of nurses.\*

#### **Minneapolis, In the First Baptist Church.**

Thursday, June 10. Associated Alumnae regular program.

Friday June, 11. Associated Alumnae regular program.

The subjects of state examining boards and other important business will have place on Thursday afternoon.

\*The Federation, is the joint meeting of the Superintendents Society and the National Alumnae Association which takes place once every three years.

## POINTS COMING UP FOR DISCUSSION

### *Reorganization.*

THERE are a number of matters to come before the meeting at Minneapolis about which delegates will need to be clearly instructed by their associations. The first of these in importance is the question of reorganization, for which we gave a suggested outline in the December magazine. This plan means the merging of the two national societies, by which time, money, and the duplication of the work of officers would be saved. A general secretary could be employed, our forces more strongly consolidated, a larger attendance assured, which would make for better railroad rates, and there would be a broader diffusion of interest and a more valuable program.

The letters that have appeared from a number of our most influential women indicate that the idea is being received favorably. Briefly stated, the question is, Shall the two societies remain as they are, acting and working separately, coming together once in three years for a joint meeting, or shall a committee from each society be appointed to submit plans in 1910 for merging the two associations? This is a matter that should not be decided hastily, but well discussed, and referred back to the associations before formal action is taken. An official request for the instruction of delegates on the subject, from the president of the Associated Alumnae, Miss Damer, is found on another page.

### *The Suffrage.*

We understand that the question of the suffrage is again to come before the members at Minneapolis. This subject has been brought before the nurses of the country in a way that has given rise to much controversy, and has shown that great diversity of opinion exists; delegates should, therefore, be definitely instructed by their associations how to vote, in anticipation of the question again being brought forward. "*Am. Journal of Nursing.*"

### THE TICKET

On account of lack of space the ticket for officers for the National Association, to be voted upon at Minneapolis next June, cannot be printed in this number, but, by reference to page 521 of the April **American Journal of Nursing** our members may find a list of the nominees, and learn from what parts of the country the candidates come; from what schools they were graduated; what positions they have held, in the association and outside of it; and what special work they are doing.

### RATES AND ROUTES

Official information about these may be found on pages 519 and 520 of the April **Journal**, and additional information is promised in the May number of the same magazine.

---

## GRADUATING CLASS, 1909.

Beatrice Alice Anderson	Mabel Louise Millan
Virginia Black Baillie	Ella Louise Montagu
Ruth Birdsall	Marie Moss
Genevieve Reed Class	Gertrude Huntington Nelson
Hannah Norton Coffin	Emma Nicodemus
Robert Lee Cromwell	Ann Kathleen Oden
Kathleen Imogene Despard	Sarah Caroline Olmsted
Violet Lee Dousman	Nellie Seymour Oliver
Marie Thérèse Geisser	Emma Powell
Anna Viola Gluck	Murney May Pugh
Carrie Ethel Greenwood	Wardellen Purman
Lena Maria Hubbard	Ethel Estay Robinson
Ethel May James	Gertrude Elise Sayers
Margaret Johnston	Emilie Jane Stubbs
Mabel Louise Kidney	Mary Annie Symons
Berdetha Louise Lammiman	Mabel Elgin Tom
Margaret Swan Lewis	Margaret Helen Wilson
Rose Alma Mackie	Lillian Wilson
Mary Frances McCoy	Henrietta Lawton Work
Anna Henrietta Meier	Juanita Gustava Woods

Those of the class who were ready to go up for the State examination in February were.

Maud Aberneathy  
Carrie Greenwood  
Julia Stimson.

---

## FINAL EXAMINATIONS

CLASS 1909.

*Dr. Peabody's questions.*

1. Signs of Death?
2. Symptoms of over dose of morphine?
3. Syncope— cause & treatment?
4. Rectal feeding— quantity? temperature? how often given?
1. Nausea— How to treat it without drugs?
2. How does cream differ in composition from condensed milk?
3. In a case of sudden hemorrhage from the bowels in typhoid fever, what would you do in the absence of the doctor?
4. How would you recognize that a patient had died?
1. Can a patient be ill with normal temperature, pulse and respiration?
2. How to feed an unconscious patient?
3. Every detail of the administration of a cold pack?
4. Can a sick room be ventilated without a draft?
5. What does a patient with continued vomiting complain of?

*Dr. Johnson's questions.*

1. What is the treatment of sun stroke?
2. What is the treatment of partial drowning?
3. What would you do for a patient whose clothing is on fire?
4. What would you do in case of frost bite?
5. How would you prevent bed sore?
6. What is the difference between a fracture and a dislocation?
7. What are the different means of stopping bleeding?
1. How would you sterilize metal instruments?  
How would you sterilize soft rubber catheters?  
How would you sterilize a hypodermic syringe?  
How would you sterilize varnished silk catheters?
2. Name five antiseptics and state their use and in what strengths.
3. What would make you think that a plaster of paris dressing surrounding a limb had been applied too tightly?
4. What surgical complication would you look for during the latter weeks of typhoid fever and how would you recognize it?
5. What are the signs and symptoms of fractures?
1. What signs and symptoms would lead you to suspect that perforation of the intestines had occurred in a case of Typhoid Fever?
2. How would you collect a 24 hr. specimen of Urine?
3. A patient enters the Hospital to be operated upon for fibroid tumor of the uterus. How would you prepare her for operation?
4. After an abdominal operation without drainage what symptom would lead you to fear that the patient was bleeding internally?
5. What is a Pott's Fracture, and how would you recognize it?

## THE GRADUATING EXERCISES.

Our Hospital and nurses' home on the evening of Wednesday, March 3rd, were full of light and happiness when the pupil nurses of the class of 1909 graduated, and received from Mr. Rives, our honored President, their well-earned and highly valued diplomas and medals; yet we think that to every graduating nurse along with her feeling of joy and thankfulness at having successfully terminated her career as a pupil nurse, comes a little strain of sadness at the ending of such a vital and interesting chapter of her life—for this is an all-absorbing and important epoch, and though many of us return at some near or distant day and have private cases in the hospital, or fill positions as head nurses, never again can it be exactly the same as when we were tired but enthusiastic juniors, or competent, energetic seniors.

The exercises were held in the handsome Governors' Room, in which hangs the charter granted by George III. to the Society of the New York Hospital in 1771. The room was crowded to overflowing, and as soon as the new graduates came in a short prayer was offered by the Rev. Dr. Stettson. Mr. Rives, the President, in a few well-chosen words addressed the class, saying that the presenting of these diplomas was always a happy occasion and that there was no need for advice though he spoke briefly of the good that they might do—and commented on the large number and the fine appearance of nurses in general. He then introduced the speaker of the evening, Dr. Edward B. Coe, senior pastor of the Dutch Reformed Church in New York. Dr. Coe made an interesting address to the class, saying that he also had no advice to give—advice had once been defined as "the worst vice." He spoke of the great progress of the nursing profession, and told very amusingly of the two types with which he had been blessed many years ago when he had typhoid fever—one a whistling Rufus,—the other assuming the attitude of chief mourner at a funeral. He reminded the graduates that their work called for gentleness, patience, tact and unobtrusive cheerfulness and spoke of the bond of sympathy that is necessary in the relations of patient doctor and nurse; which sympathy and unitedness, only, will produce the highest results. He urged the class to take as their model Dr. Weir Mitchell's ideal nurse; and spoke further, and most interestingly, on things pertaining to our profession; but as the Hospital will have his address printed and given to all our graduates, more need not be said here.

Mr. Rives then presented the diplomas and medals which occasioned an enthusiastic demonstration each member of the class being heartily clapped. From the Governor's Room all started for

the large Reception Rooms, which were beautifully decorated with the quantities of flowers, which had been sent to the class by their friends. As excellent music had been provided dancing began and was kept up unceasingly till 1 a. m. and to see those gay and happy dancers who, not knowing, would believe that they had most of them been in their feet all day, caring for their patients. Refreshments were served, and very much enjoyed by both nurses and guests; of the latter there were a great many—we were pleased indeed to see Mr. Hoppin, chairman of the Training School Committee; and amongst the ladies Mrs. Rives, Mrs. Coe and Miss Sutcliffe: while chiefest amongst our officials were Miss Henderson, and Mr. Ludlam.

The strains of Auld Lang Syne from the orchestra forced the dancers to stop, and so ended a very happy evening and thus to the roll of graduates of the New York Hospital were forty names added. That they may enjoy their work, do good continually and keep up the standard of our Training School is the three-fold wish of their friends and well-wishers; and from none does the wish come more heartily than from the members of our Alumnae Association.

HELENA A. EARLE.

---

## THE GRADUATING CLASS.

---

They are learned in powder and pill  
Most wise and quite "up" on each ill  
The large and the small  
The short and the tall  
Spell perfection they'll fill any bill.

The tall thin nurse is a treasure  
The little one is a "dear"  
They know every ill, and the pill for that ill  
They are N. Y. H. nurses, that's clear.

---

## COUNTY MEETING

The regular meeting was held on April 6th in the Academy of Medecine, there being an especially good attendance due probably to the fact that two subjects of great import to the nursing profession were to be discussed.

After the usual routine business was finished, some announcements were read. Miss Thornton one of the Charter members of the County Association sent word that she had made arrangements for the following excursions, which should prove not only pleasing but educational to any nurse, who might be free to go.

May 4th:—A trip to the Immigrant Station, Ellis Island. Boat leaves the Battery at 2.30 p. m.

May 11th:—Visit to State Hospital for the insane, Ward's Island. Boat leaves East 116th Street at 3 p. m.

May 18th: Inspection of Franco-American Canning Co. Jersey City. Special car leaves Jersey City Station at 3.30 p. m.

Miss Thornton would be glad, if nurses, intending to avail themselves of all or any of these excursions, would please send names to her at 201 West 100th Street.

The Amendments to the By Laws were then voted upon in sections, and being approved, were accepted as a whole.

Miss Burgess, Roosevelt Hospital read a very interesting paper on the question of a Registry in connection with the Hospital. This was followed by an address by Miss Delano, Secretary of the National Red Cross Society. Miss Delano stated having visited some of the unofficial Registries in the City, where she found a deplorable condition of things, in so far as the registering of nurses was concerned; apparently, no special amount of training was required, and the statement was made to her that there was plenty of work for the non-graduate but little or nothing for the graduate. The necessity for some concerted action seemed to impress every one present. Miss Annie Goodrich, (New York Hospital) felt that the time was ripe, and conditions demanded that some steps should be taken towards the establishing of a Central Co-operation Registry or Bureau of Information, to which out of Town nurses as well as our own might refer, for information, and be directed to other places than these so called "licensed Registries" where little or no attention or value is placed on ability or training of an applicant. The strong arguement in favor of a Central or Co-ope-

rative Bureau or Registry, would be the ultimate annihilation of the Registries just referred to. Miss Delano suggested that the Chair appoint a Committee of five to look into the matter of a Central Registry, secure all the data possible and report their findings at the next County meeting, in June.

The subject of enrollment or affiliation with the National Red Cross was carefully discussed, the Secretary reported having heard from only a few of the affiliated Societies in response to the questions submitted to them from the State Association. The matter of securing a consensus of opinion was left with the Secretary on her receipt of all replies to said questions.

Miss Pindell requested that three points be suggested for consideration by the Red Cross Society:— namely.

1. Could not the agreement signed on enrollment be less binding?
2. Would a nurse, enrolling, be cared for if taken ill?
3. In case of permanent disablement would a Red Cross nurse receive a pension?

On motion the Secretary was authorized to submit these inquiries to the Red Cross Society.

The nominating Committee was then elected.

Miss Lurkins, Hahnemann Hospital; Miss Brockaway, Manhattan and Bronx; Miss Pindell, New York City; Miss Evans, St. Lukes; Miss Bewley, Presbyterian.

The Committee on Registry was appointed as follows:

Miss Stone, Chairman; Miss R. Johnson, Miss Charles, Miss Rhodes, Mrs. P. Schermerhorn.

As stated, this question will come up again for consideration at the June meeting on the report of the above Committee and it is hoped **every nurse at liberty** will attend. MISS A. B. DUNCAN.

## ALUMNAE ANNUAL MEETING

Owing to the inclemency of the weather the attendance was much smaller than usual, but it was a pleasure to see that the spirits of those present were not dampened by any outside atmospheric condition. Miss Henderson of the Credential Committee presented for

membership the following Nurses who are of the last graduating class:

Miss Henrietta L. Work	Miss Ruth Birdsall
" Ella L. Montagu	" Marie Moss
" Sarah C. Olmsted	" Mary A. Symons
" Ethel E. Robinson	" Rose A. Mackie
" M. M. Pugh	" Lena M. Hubbard
" Margaret H. Wilson	Mrs. Wardellen Purman
" Violet L. Dousman	

Needless to say, the vote to accept these nurses into membership was unanimous and it is to be hoped that "membership" means to them activity in all the interests of the Society.

After the usual monthly reports the President called for the Annual report of the Secretary, which was read by Miss Ada B. Stewart. In the absence of the Treasurer, Miss Vroom read the Annual report for the Association, also the Club House. Both Secretary and Treasurer's reports were of vital interest to all, and it must have been most gratifying to learn of the excellent financial condition of our Club House. The report of the Trustees contained a recommendation, that the sum of money (\$2625) deposited as advance rent when the Club House started, and returned at the recent expiration of the lease, be kept intact; its expenditure for any object being decided by a majority vote, in writing, of the entire membership of the Association. The Alumnae voted approval of the recommendation. Miss M. H. Young, Editor of the "News" being out of town sent her report which was read by Mrs. Culbert. The suggestion in this report that only one copy of the publication be sent **free** each season, to non-members instead of three consecutive copies as heretofore was approved by the Association. Following the Editors report came the business manager's report. The "News" speaks for itself and reflects great credit on the Editor and those associated with her.

A letter was read from Miss Nutting thanking the Alumnae for their donation of \$103 to the Hospital Economies Course, Miss Vroom reported on the County meeting, and drew forth considerable expression on the question of affiliation with the Red Cross Society, and the advisability of a **Co-operative Registry**. As these questions are important ones, and will be brought up for further discussion at the next County meeting in June, it is earnestly hoped our nurses will make a strenuous effort to be present.

The Election being next in order, Mrs. Culbert, Miss Gibson, and Miss Mosely were Elected Tellers, and Miss M. Goodrick, Miss Pugh and Miss Henderson, Inspectors.

While the ballots were being counted the President declared the meeting in Social session when the hospitality of the Entertainment Committee was enjoyed.

The result of the Election was as follows.

<i>President,</i>	Miss Amy Holmes
<i>Vice "</i>	<i>"</i> Walton
<i>Secretary,</i>	<i>"</i> Stewart
<i>Treasurer,</i>	<i>"</i> Russell
<i>Trustees</i> }	Miss Hill
	Mrs. Twiss
	Miss Wilson

The retiring President thanked the members for their loyal support and co-operation in all the work of the Association during her term of office. All those who have attended the meetings cannot but agree that much of the interest of the monthly gatherings has been due to the untiring and unfailing efforts of Mrs. Twiss, who gave liberally of her time and energy; hearty appreciation of this was shown by the Association tendering her a rising vote of thanks.

---

What has proved itself to be a most important factor in preventing the spread of Tuberculosis is the "Simplex Sanitary" Paper Sputum Cup and Holder, illustrated elsewhere in this issue, which the progressive house of Meinecke & Co. have added to their well known line of "Advanced Specialties" for Hospitals. Unlike other cups, the "Simplex" is already folded, and has a good, wide opening, allowing free entrance of the sputum. It also has an automatically closing cardboard cover. Anyone interested will be well repaid by making inquiries of Meinecke & Co., whose address is 48-50 Park Place, New York City.

In the Pennsylvania Orthopædic Institute and School of Mechano-Therapy, (Inc.) 1711 Green Street, Philadelphia, the Spring classes open May 19th; Summer classes open July 7th. Fall classes open October 5th, '09. Nurses who wish to avail themselves of this opportunity to receive a thorough training in all lines of Mechano-Therapy are advised to write for particulars with illustrated prospectus and application blank addressing the superintendent. Max J. Walter.

# **Special Courses for Nurses**

## **IN THE SWEDISH SYSTEM OF MASSAGE**

### **MEDICAL AND CORRECTIVE GYMNASTICS**

(The System You Will Eventually Learn)

Term: Three Months = = Tuition Fee, Seventy-five Dollars

### **COURSE IN ELECTRO-THERAPY**

Term: Two Months = = Tuition Fee, Twenty-five Dollars

### **COURSE IN HYDRO-THERAPY IN ALL ITS FORMS**

Term: Six Weeks = = = Tuition Fee, Thirty Dollars

**Classes open May 19, July 7, October 5, '09.**

**9109 TREATMENTS GIVEN IN 1908. No better clinical experience possible**

All courses may be commenced at the same time and finished within three months. The instruction consists of daily clinical work and practical lessons on patients referred to our clinics from the various Hospital Dispensaries, Original Swedish (Ling) System, and Weir Mitchell's Rest-Cure System. All pupils attend clinics at several city hospitals. A complete Medico-Mechanical Zander Gymnasium for treatment of patients and instruction of students. Payments can be made to suit your convenience. Application blank and illustrated booklet on Massage upon request.

*An early application for admission is advisable*

**Pennsylvania Orthopaedic Institute and School of Mechano-Therapy, (Incorporated)**

**1711 Green Street, PHILADELPHIA, PA.**

**MAX J. WALTER, Superintendent**

## **LADIES' OWN MATERIAL**

MADE UP

## **FEATHERS CLEANED**

AND CURLED

**MME. SCHOENBERG**

**Fine Millinery**

**562 Columbus Avenue**

**Bet. 87th & 88th Streets.**

**Ref. New York Hospital Nurses, New York**

**H. Blumberg**

**Fashionable Ladies' Tailor**

**Suits and Skirts**

a specialty



*References  
New York Hospital  
Nurses*



Telephone Connection

**243 West Thirteenth Street**

**Near Greenwich Avenue**

**New York**

## **SAL HEPATICA**

For preparing an

**EFFERVESCENT ARTIFICIAL**

## **MINERAL WATER**

Superior to the Natural,

Containing the Tonic, Alterative and Laxative Salts of the most celebrated Bitter Waters of Europe, fortified by the addition of Lithia and Sodium Phosphate.

**BRISTOL - MYERS CO.**

277-279 Greene Avenue,

**BROOKLYN - NEW YORK.**



Write for free sample.

Readers please mention the "Alumnae News"

ADVANCED SPECIALTIES FOR  
SICKROOM AND HOSPITAL.

"MEINECKE"

TRADE

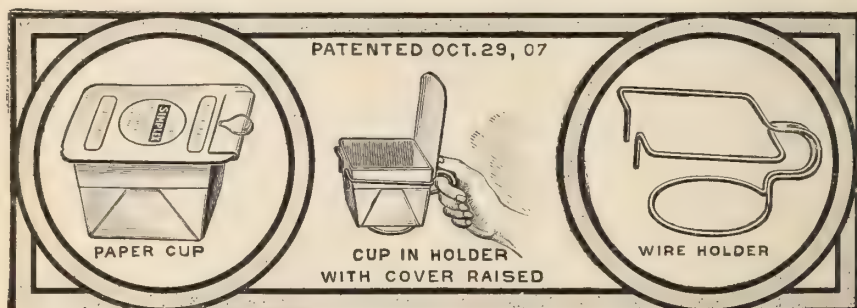
**SIMPLEX**  
SANITARY

MARK

## PAPER SPUTUM CUP

With Hinged Cardboard Cover which Closes Automatically

A NEW CUP AND COVER TO BE USED DAILY AND  
TO BE BURNED WITH CONTENTS



The "SIMPLEX" Is the Most Practical and  
Best Paper Sputum Cup on the Market

### SIX REASONS WHY

- 1.—It is already folded into shape for immediate use.
- 2.—Each Cup has a cardboard cover, attached with a paper hinge, and both Cup and cover are burned after being in use a day.
- 3.—The cover is easily and quickly raised, and closes automatically.
- 4.—The Cup having no flanges, allows free entrance of sputum.
- 5.—It is made of heavy manila, waterproof paper, which, being light in color, facilitates ready examination of the sputum.
- 6.—It has a neat wire holder, which is easily kept clean.

### RETAIL PRICES

25 CENTS PER PACKAGE OF 10 CUPS AND COVERS

5 PACKAGES (50 Cups and Covers) FOR \$1.00

WIRE HOLDERS 10 CENTS EACH

*One Holder will do for a Hundred or more Cups*

SPECIAL PRICES MADE TO HOSPITALS AND SANATORIUMS

Sample Package of Cups sent by mail, prepaid, for 25c and Holder for 10c.—Stamps or Currency

**MEINECKE & COMPANY**  
48-50 PARK PLACE NEW YORK

**VOLUME 3.**

**NUMBER 8.**

**The**  
**Alumnae News**

**JUNE**

**1909.**

(NON-POISONOUS. NON-IRRITATING)  
DOES NOT COAGULATE ALBUMIN

# CHINOSOL

"THESE RESULTS INDICATE THAT  
**CHINOSOL** IS MUCH STRONGER  
THAN CARBOLIC ACID IN ANTISEPTIC  
POWER." (Extract from Bacteriological  
Report from Lederle Lab's.)

DOES NOT INJURE MEMBRANES.  
DOES NOT MAKE THE HANDS SORE.  
FREE FROM DISAGREEABLE ODOR.

FULL LITERATURE AND SAMPLES ON REQUEST.

CHINOSOL COMPANY—PARMELE PHARMACAL CO., SELLING AGENT, 54 SOUTH ST., N. Y.

INSIST ON HAVING  
**BORDEN'S**  
FOR YOUR PATIENTS

Malted  
Milk

Palatable

Nutritious

MALTED MILK DEPT.  
BORDEN'S CONDENSED MILK COMPANY  
New York

# ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

---

VOL. III.

JUNE 1909

No. 8

---

**PUBLISHED MONTHLY, FROM NOVEMBER TO JULY.**

**Sent free of charge to all members of the "Alumnae Association"**

to others: } 50 cts. per year  
                  } 10 " " copy

---

Editor—Miss M. H. YOUNG, 8 W. 92nd Street

Business Manager—Mrs. R. B. CULBERT, 526 W. 114th St.

News Editor—Miss H. EARLE, 7 W. 15th St.

Secretary—Miss L. WYGANT, Plaza Hotel, 59th St. & 5th Ave

---

## REPORTERS

Mrs. Jameson, 245 W. 14th St.

Miss Rough, 7 W. 15th St.

Miss Frederick, 206 E. 16th St.

" Walton, 7 W. 15th St.

" Ryerson, 133 W. 140th St.

" A. B. Stewart,  
414 E. 14th St.

Mrs. Hosking, 8 W. 92nd St.


Miss Golding, 245 W. 14th St.

" Baumann, 8 W. 92nd St.

" F. Nash, 8 W. 92nd St.

" Lavinia Wood, 8 W. 92nd St.

---

 It is requested that notice of change of address be sent to the Secretary as promptly as possible, so that the mailing list may be kept corrected.

---

Those who have failed to receive the "Alumnae News"—or those who desire extra copies—can always be supplied by calling at the Club, or at Miss Macdiarmid's office—or copies will be mailed on application to the Secretary.

---

## EDITORIAL COMMENT

The new Superintendent of the New York Hospital, Dr. Thomas Howell, took office on May 1st, and he and his family are occupying the Superintendent's house, 12 West 16th street. We extend him a hearty welcome and best wishes for success in his new work.

At the June meeting of the County Society the report of the committee appointed to inquire into the advisability of establishing a Co-operative Registry will be received and discussed.

The agitation in favor of such a step has been prompted, first by the feeling that the nursing profession should have some recognized official headquarters; and secondly by the undesirable methods employed by many of the "commercial" registries which competent graduate nurses are compelled to patronize, either because they have no registers in connection with their own hospitals or alumnae associations, or because they have wandered from the localities in which they graduated and are known, and the school registries in the localities to which they come do not admit outsiders.

It is thought that through this proposed registry the nurses of the different schools may be brought closer together, though without interfering with the existing school registries; however this may be, unification of interests is desirable, and we shall be glad to hear what will be said on the subject. At the County Society meeting there will be discussion, and probably many nurses present who have given the subject much thought, so it would be a good opportunity to learn more about the contemplated move. As this affects the nurses doing private duty—and also affects our N. Y. H. Association through its already established registry, it is hoped that many of our nurses may attend the meeting—both to hear, and to be heard—All members are welcome.

At the June County meeting affiliation with the Red Cross will also be brought up; affiliation means that when war and disaster shall come to the country, the task of getting nurses for the relief work will fall upon the nursing societies so affiliated, which seems a simpler and quicker method than for the Red Cross to try to notify the individual nurses on its list. There is a call for larger enrollment for Red Cross work; and some information about the requirements for enrollment will be found in this issue.

Our National Alumnae Convention will be held in June, and we hope that there may be many able to attend, and that they may have a pleasant holiday as well gain a broader outlook and a new enthusiasm for their work.

The International Congress which is to convene in London next July promises to be a most interesting one, the papers and addresses showing how our profession may have its full share in the progress of the time,—and do much not only for our own little section, but for the uplift of the world.

---

## ALUMNAE MEETING

The May meeting was called to order by the newly elected President, Miss Holmes, who thanked the Association for electing her, and requested the support and co-operation of all the members in making the meetings a success. The usual reports of Secretary, Treasurer, Board of Trustees and Club House were read and approved. From the Trustees report, many will be glad to learn that a Gas rebate of nearly \$400 will be applied to repairs on the Club House.

As the dues of two members, dropped from the roll, had been received, these names were again placed in membership.

A letter was read from the Committee of Arrangements for the receiving and entertaining of delegates to the New York State meeting to be held in this City, October 19th and 20th. The question of a donation, for the purpose of giving a reception on the evening of the 19th, was laid on the table until the June meeting.

The most important question which was presented was that of considering the establishment of a Central Registry under the direction of the County Society. The following questions were presented:

1. Has the plan your approval?
2. What suggestions will you give for its financial support?
3. What suggestions have you for governing such a registry?

Miss Russell spoke feelingly on the question and with a clearness of vision as to the necessity of some such concerted action on the part of the nursing profession, if they desired to keep their standing on the highest plane possible. That "Agencies" of all sorts are existing in our midst and growing in numbers too alarming to ignore; that these said "Agencies" are lax in their methods of registration, and more concerned about securing fees than the sending out of reputable nurses, are facts known to many and are to be deplored. The time seems opportune to formulate some plan, whereby the status of the graduate nurse will be maintained, and recognized by the community as being one to be respected and desired. The vital question is, will the Central Registry fill the bill, and

without interfering with registries conducted by individual Alumnae Associations or Hospitals.

Miss Golding, secretary of the Committee on Central Registry, gave some valuable statistics of such registries in other cities—some where Alumnae Associations affiliated with the Central Registry, and others where the latter was run on an individual basis. Much discussion followed, and although the general feeling was one of approval, yet discussion was guarded, and the fact of the attendance being small, and therefore not sufficiently representative, led to a motion that a delegate be appointed to meet with the Committee on May 18th, and convey to them that it was the sense of those present that more information on the subject should be furnished before a final vote would be cast for or against.

Miss Duncan was appointed delegate.

Mrs. Twiss suggested a list of questions might be inserted in the June issue of the "News".

A letter was read stating that Miss Isabel McIsaacs had been obliged to withdraw her name from the National Alumnae Ticket, and requesting us to instruct our delegate how to vote. This was left to the discretion of the delegate.

It was a pleasure to see the name of Mrs. C. V. Twiss nominated for a Director of the National Association.

The President asked the members present to instruct the delegate on the following subjects which were to come up for discussion at Minneapolis:

1. The Red Cross Question.
2. The Affiliation of the Superintendents' Society with the National Alumnae.
3. The Woman's Suffrage Question.

The delegate was instructed to use her judgment in the first two, but on motion of Miss Russell, seconded eagerly by many, Miss Golding was requested to vote against the approval of Woman's Suffrage by the Association as such.

The Ticket for the County Society was read, and we find the names of two of our graduates upon it—Mrs. Twiss for Vice-President and a suggestion to appoint Miss Russell Chairman of the Executive Committee.

The last order of business was the appointing of an Entertainment Committee and a Program Committee. Nominations were called for, which resulted in the election of Miss Reutinger Chairman of Entertainment and Miss Earle of the Program with power to choose their own associates.

A. B. DUNCAN.

## NOTICES

### N. Y. H. ALUMNAE MEETING

The next regular meeting of the Association will be held in the Lecture Room, 8 West 16th Street, Thursday, June 10th, at 3 p. m.

---

### N. Y. COUNTY SOCIETY

The quarterly meeting of the New York County Nurses' Association will be held on Tuesday, June 1st, at 8 p. m. in the Academy of Medicine 17 West 43rd Street.

All members of our Alumnae Association are urged to be present as the question of a Co-operative Registry will be discussed—also affiliation with the Red Cross Society.

### R. N. EXAMINATIONS

The next State examinations will be held June 22nd,—25th, inclusive. Applications must be sent to the Regents Board, Albany, at least ten days before that date.

---

### THE NATIONAL ASSOCIATION

The twelfth annual meeting of the National Alumnae Association of the United States will be held June 10th and 11th, in the First Baptist Church corner Tenth Street and Harmon Place, Minneapolis, Minn.

Each delegate should go prepared to discuss the question of reorganization and changes in the by-laws or the possibility of transacting our business through the American Federation of Nurses, in which we are already associated with the Superintendents' Society, also to tell what her association is doing along the lines of public health, tuberculosis problem supplying nurses for people of moderate means, and central directories.

---

### INTERNATIONAL CONGRESS

The meetings will be held in Caxton Hall, Westminster, London, S. W. England from July 20th—23rd.

The papers read will deal with such subjects as the nurses' obligations and opportunities as citizens and members of civil communities. Mr. Haldane, the Secretary of State for War will open one session with an address on "The nurse as a Patriot."

No credentials will be needed by nurses visiting the Congress.

---

## NATIONAL CONVENTION

### *Programme*

Thursday, June 10th, 8.30 A. M. Presentation of credentials and payment of dues, First Baptist Church.

9.30 A. M. Roll call, with reports of officers and committees.

Address of the President.

Paper: "Hospital Economics Course, the Work of its Graduates," Mathilde Krueger, Detroit.

Paper: "The Nurse as an Anæsthetist," Florence Henderson, Rochester, Minnesota.

Polls open for the election of officers at 10 A. M.

Session on State Work.

Report of Inter-state Secretary, Sarah E. Sly.

Paper: "State Societies, their Organization and Place in Nursing Education," by Sophia F. Palmer, R.N., Rochester,

Paper: "What State Supervision has done for Training Schools," Anna L. Alline, R.N., Albany, N. Y.

Board of Examiners' Conference.

Reports from different Boards of Examiners.

"Reciprocity," by Isabel McIsaac, Benton Harbor, Mich.

Following this session the nurses will go to Minnehaha Falls for a picnic lunch.

Friday, June 11th, 9.30 A. M.

New business.

Paper: "Aspects of the Tuberculosis Problem," E. M. Courier, Oakland, Cal.

Paper: "Postoperative Care without Drugs," Charlotte Dancy, Battle Creek, Mich.

Paper: "The Limitations of the Nursing Profession," Mrs. E. Baldwin Lockwood, Granby Conn.

Friday, 2 P. M.

Paper: "District Nursing and How to Organize," M. E. Lent, Baltimore, Md.

Paper: "Supplying Skilled Nursing for People of Moderate Means," Lina Lightbourn, R. N., Syracuse, N. Y.

Paper: "Central Directories and Club-houses," Linna G. Richardson, Portland, Oregon.

Report of election,

Introduction of new officers.

Adjournment.

The West Hotel, Hennepin Avenue and Fifth Street, Minneapolis, has been selected as headquarters for the Associated Alumnae, and visitors may go direct to Minneapolis even though they may be planning to take in all the meetings of the week, as there is excellent street car service between St. Paul and Minneapolis. Cars run every seven minutes, three car lines, one hour's ride between cities.

# AMERICAN RED CROSS

## NEW YORK STATE BRANCH

### *From Circular of Information.*

Enrolled Nurses are called upon for services in the order of their enrollment. Those unable to respond to the first call, because of a professional engagement, must signify their willingness to respond to a later call. Enrollment may be for either Volunteer or Paid service. The remuneration for paid service is the same as in the United States Army—forty dollars (\$40.00) a month in the United States; fifty dollars (\$50.00) in foreign countries, together with transportation and maintenance.

There is no fee for the enrollment of Nurses.

Appointments will be subject to an examination as to the professional, moral, mental and physical fitness of the applicant.

Nurses desiring to be enrolled for Red Cross service should apply by letter to the office of the "New York State Branch of the American Red Cross, No. 500 Fifth Avenue, New York City," or to the Secretary of their local Subdivision, asking for a copy of the "Rules for the Enrollment of Nurses" and for an "Application Blank."

These rules require (1) State registration; (2) references; (3) minimum age limit of twenty-five years; (4) approval by a member of the Nurses' Committee after personal interview, or membership in an affiliated society.

Nurses desiring to enroll will be given an agreement to sign and a certificate as a Red Cross Nurse.

Contract remains valid until written notice of withdrawal is filed at the office of the New York State Branch.

At the time of enrollment every Red Cross Nurse is given a Badge, the number and name engraved on the back. Under the act of Congress incorporating the Red Cross, this Badge cannot be worn by any one else, and is owned by the Red Cross, and at no time becomes the property of the Nurse. It should be worn on the left hand side of the collar. In case of withdrawal from enrollment, the Badge and Certificate must be returned.

## NEWS OF THE CLUB AND THE CLASSES

Several of our nurses visited Governor's Island a few weeks ago to see the equipment of a Field Hospital—one of the very interesting demonstrations in the course given for the benefit of nurses, by the Red Cross Society, very little that was said about the contents of the tents was heard, as it was impossible to get near on account of the crowds of people; but it was very interesting to see how so many things could be packed and carried in such a small space, only two small wagons being provided for conveying all the implements. The equipment seemed very complete, though Captain Siler said it was not of a modern style.

---

Miss Dwight and Miss Wilson have consented, after a month's trial, to continue the management of the Club without the assistance of a housekeeper: so far this plan has worked very well.

---

Miss Hart, who has been abroad for some time, has returned to the Club.

---

Miss Nelson and Miss Lawrence have had a very successful winter in Rome, being kept busy all the time. They left after Easter for a pleasure trip, going to Florence, Venice, Milan and Lucerne; and are now in Paris where they will practice for the next few months. They had many pleasant experiences in Rome; and on one case when Dr. Osler was Consulting Surgeon, they were told by him that an American nurse, wishing to work in Europe could bring no higher recommendation than a diploma from the New York Hospital. A great Surgeon, sent for from Vienna to operate on a case of Miss Nelson's, asked her for copies of her notes; as he wanted to introduce that system of charts in his Vienna hospital.

---

Miss A. C. Henderson has returned to the Club after being for six weeks in charge of the Nursing Department at Stony Wold, Adirondacks—filling the time till the nurse, who is to be there permanently was free to begin duties.

---

Miss Florence Young, who some time ago tripped on Fifth Avenue and injured her knee, was, for about ten days a patient in Room 713, P. P. B. She has since had on attack of grippe and went to Atlantic City with Miss Ranken for a week's change.

---

Miss Jane Hitchcock is to attend the District Nursing Congress at Liverpool, England, as a delegate from the Nurses' Settlement, Henry St. She sailed on May 5th, and expects to reach Liverpool the day before the meetings begin: this will commemorate the fiftieth anniversary of the establishment of district nursing.

---

Mrs. W. Gordon—née Cameron—has built a bungalow at Avon, N. J. she expected to occupy it by the first of May, and her friends will be welcomed.

---

Miss Hastings and Miss Creighton have returned to Sea Cliff for the summer.

---

Mrs. E. F. Hoffman (Miss Bonck) has been spending a few days with Miss Hindela Whitehead at the Club; they lunched one day with Mrs. Nicholls, (Miss Adams) their class mate, who lives in New York.

---

Miss Myrtle Randall '08—was operated on for appendicitis by Dr. Bolton, at the Hospital, and has recovered rapidly: after spending a few days at Campbell Cottage, she goes home for a long vacation: her position as night nurse at Campbell Cottage is being filled by Miss Marie Falconer till June 1st, when Miss Hubbard will take that place, and Miss Falconer take charge of a ward.

---

Miss A. M. Rykert—'98—who for ten years has been Supt. of the Post Graduate Training School for Nurses, has resigned her position and leaves on June, 15th, for a well-earned rest. Her position will be filled by one of her own graduates.

---

Miss Minnie Jordan spent several days at Glen Ridge, N. J. and while there visited Mrs. A. D. Reid (Rose Thompson.)

---

Dr. and Mrs. Labbé (Miss Olive Tappen—'99) who live in Portland, Oregon, are now visiting in New York City.

---

Miss Ethel Robinson and Miss Margaret Wilson—'09—are now in charge of the 6th and 4th floors respectively P. P. B. Miss Caccianino who has been in charge of Ward K, has gone home to Italy for a few month's visit; on her return she will go to the Italian hospital

on West Houston Street, as Superintendent of the Training School: the position will be filled, pro tem, by Miss Work, one of our recent graduates.

---

Miss Helena Stewart, after her severe attack of scarlet fever, visited Atlantic City for a few days, and is now at her home in Vermont for a long rest. Miss Stubbs, who was also in isolation with scarlet fever, has quite recovered, and is visiting her brother in Manitoba, Canada.

---

Miss Mary Smith, Supt. Babies' Hospital is still in Europe, on a pleasure trip.

---

Miss Skuse, in charge of Ward M, has returned from a two weeks vacation, spent at her home, Geneva, N. Y.

---

Miss Anna Williamson—'96—who has resided in California for the last few years, and is Asst. Supt. Training School California Hospital, Los Angeles, was most agreeably surprised on being asked to have a visitor, Miss Richardson, shewn through the hospital, to find she was a graduate from her own school, class '95.

---

Dr. and Mrs. Lathrop. (Miss Lund '06) have returned to the city, after their trip to Europe.

---

Miss Hornibrook, who was for a short time quite ill, on the 4th floor P. P. B. and afterward went to Campbell Cottage for a few weeks change, is feeling much better, and is at the Club.

---

Miss Dumbell, in charge of Ward O, is away for her vacation: Miss Gill, Reception Ward, is having a weeks' vacation; and Miss Rentinger has been to Atlantic City for three days.

---

We extend our deepest sympathy to Miss Margaret Simpson, class '02 in the loss of her sister last month: Miss Simpson is still with the four little motherless children: also to Miss Work—'09—in the sudden death of her father.

---

Miss Symons, '09, on leaving the hospital on July 1st, goes to Hudson St. House of Relief as supervising night nurse.

---

Mrs. Morse has returned to Toronto for an indefinite time.

---

Miss Elizabeth Price has taken up her duties at the hospital as Visiting Children's Nurse, in connection with the Out Patient Department.

---

Miss Caroline E. Robinson (Class of 1908) sailed May 8th, for the Philippines Islands to spend a year with her sister Mrs. E. P. Huff.

---

Miss Josephine Hill left the middle of April, to spend about two months at her home "Eagle's Nest" Grovetown, Georgia, near Augusta.

---

Mrs. Herman Aaron (Miss Julia Jones, Class of 1900) has been visited by the stork and is the proud possessor of a beautiful boy.

---

The class of 1900 will be glad to hear that their class-mate in Japan, known to them as Miss Narusa, has become a subscriber to our paper, showing that she still retains her interest in us, as we all do in her; we are always glad of any tidings of her.

---

The members are reminded that the fees for the Sick Fund are now due—no personal notices will be sent.

---

### **MARRIAGE.**

---

On Thursday; April 22nd at Saint Alban's Church, Washington, D. C. Miss Mary Lansing Catlin to Dr. Edward Cussler.

### **BIRTH.**

---

At Roxbury, N. Y.—Mrs. Bruce M. Kilpatrick (Miss Case) of a daughter.

---

## OFFICERS OF ALUMNAE ASSOCIATION 1909.

*Honorary President*

Miss Irene H. Sutcliffe

*President*

Miss. Amy Holmes..... Mills Training School

*Vice-President*

Miss M. F. Mackenzie.....8 West 92nd Street

*Recording Secretary*

Miss Ada B. Stewart.....414 East 14th Street

*Corresponding Secretary*

Miss L. M. Wygant.....Plaza Hotel

*Treasurer*

Miss M. M. Russell.....447 West 59th Street

*Trustees*

Miss M. Wheeler.....9 West 92nd Street

Miss A. A. Strombom.....8 West 92nd Street

Miss J. Hill.....8 West 92nd Street

Miss M. Wilson .....8 West 92nd Street

Mrs. C. V. Twiss.....419 West 144th Street

## FUND FOR SICK NURSES.

*Secretary and Treasurer*

Miss Jennie M. Whitelaw,  
253 East 68th Street.

## BOARD OF TRUSTEES.

*Chairman*

Miss A. B. Stewart

*Secretary*

Miss L. M. Wygant

## STANDING COMMITTEES.

*Executive*

Mrs. Twiss

Miss Wheeler

Miss Hill

*Finance*

Miss M. M. Russell

Miss Mackenzie

Miss Wilson

*Credential*

Miss Wygant

Miss A. A. Strombom

Miss Holmes

# **Special Courses for Nurses**

## **IN THE SWEDISH SYSTEM OF MASSAGE**

### **MEDICAL AND CORRECTIVE GYMNASICS**

(The System You Will Eventually Learn)

**Term: Three Months      =      =      Tuition Fee, Seventy-five Dollars**  
**COURSE IN ELECTRO-THERAPY**

**Term: Two Months      =      =      Tuition Fee, Twenty-five Dollars**  
**COURSE IN HYDRO-THERAPY IN ALL ITS FORMS**

**Term: Six Weeks      =      =      =      Tuition Fee, Thirty Dollars**

**Classes open July 7, October 5, '09.**

**9109 TREATMENTS GIVEN IN 1908. No better clinical experience possible**

All courses may be commenced at the same time and finished within three months. The instruction consists of daily clinical work and practical lessons on patients referred to our clinics from the various Hospital Dispensaries. Original Swedish (Ling) System, and Weir Mitchell's Rest-Cure System. All pupils attend clinics at several city hospitals. A complete Medico-Mechanical Zander Gymnasium for treatment of patients and instruction of students. Payments can be made to suit your convenience. Application blank and illustrated booklet on Massage upon request

*An early application for admission is advisable*

**Pennsylvania Orthopaedic Institute and School of Mechano-Therapy, (Incorporated)**

**1711 Green Street, PHILADELPHIA, PA.**

**MAX J. WALTER, Superintendent**

**LADIES' OWN MATERIAL**

**MADE UP**

**FEATHERS CLEANED**

**AND CURLED**

**MME. SCHOENBERG**

**Fine Millinery**

**562 Columbus Avenue**

**Bet. 87th & 88th Streets.**

**Ref. New York Hospital Nurses, New York**

**H. Blumberg**

**Fashionable Ladies' Tailor**

**Suits and Skirts**

**a specialty**

*References*

*New York Hospital  
Nurses*

**Telephone Connection**

**243 West Thirteenth Street**

**Near Greenwich Avenue**

**New York**

**SAL HEPATICA**

For preparing an

**EFFERVESCENT ARTIFICIAL**

**MINERAL WATER**

**Superior to the Natural,**

Containing the Tonic, Alterative and Laxative Salts of the most celebrated Bitter Waters of Europe, fortified by the addition of Lithia and Sodium Phosphate.

**BRISTOL - MYERS CO.**

**277-279 Greene Avenue,**

**BROOKLYN - NEW YORK.**



**Write for free sample.**

Readers please mention the "Alumnae News"

**ADVANCED  
SPECIALTIES**

for



the

**SICK ROOM  
AND HOSPITAL**



**THE  
HORSESHOE**



**AIR  
CUSHION**

**FOR INVALIDS  
AND OLD FOLKS**

¶ No strain or discomfort with this new cushion as it conforms to the shape of the body and prevents upward pressure in front or back. Recommended by Specialists as the only perfect cushion, for rectal and spinal troubles.

¶ It is sanitary and self ventilating, thus preventing perspiration. Its shape makes it adjustable as a rest for various parts of the body.

¶ Made of the finest quality Slate-colored Rubber, and provided with a washable flannel cover.

**—RETAIL PRICES—**

No. 1. Standard Size, 16 in. - \$4.50  
No. 2. Small Size, 14 in. - 4.00

**SENT BY EXPRESS, PREPAID, UPON  
RECEIPT OF PRICE.**

**SPECIAL WHOLESALE PRICES TO  
HOSPITALS—ON REQUEST.**

**AN IMPROVED SHAPE  
WITH OVAL OPENING.**

¶ A comfortable patient makes little trouble for the nurse.

¶ The "Solid Comfort" relieves the patient by removing all strain and discomfort, and affording a restful, firm, easy support.

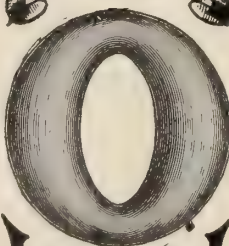
¶ The oval center opening allows of ventilation, thus preventing perspiration.

¶ It does away entirely with the pressure in front and back which makes the old style, round-opening ring, so uncomfortable.

¶ This new shape has been adopted and indorsed by leading Hospitals.

**THE**

**SOLID  
COMFORT**



**INVALID  
RING**

**NO UPWARD PRESSURE  
IN FRONT OR BACK.**

¶ Because the opening is oval instead of round.

¶ In the maroon rubber, it is fitted with our new valve, which is entirely covered with an air-tight, hard rubber screw cap, thus making it possible to wash or sterilize the ring without injury to the valve.

¶ Made in Maroon and Slate Rubber, in three sizes.

**RETAIL PRICES.—SLATE RUBBER.**

Small Size, 13 in. diameter - \$2.00  
Medium " 15 in. diameter - 2.50  
Large " 17 in. diameter - 3.00

75c. more for the Maroon Rubber in any size.

**SENT BY EXPRESS, PREPAID, ON  
RECEIPT OF PRICE.**

**SPECIAL WHOLESALE PRICES TO  
HOSPITALS—ON REQUEST.**

**MEINECKE & COMPANY**

**48-50 PARK PLACE-NEW YORK**

**VOLUME 3.**

**NUMBER 9.**

**The**  
**Alumnae News**

**JULY**

**1909.**

(NON-POISONOUS. NON-IRRITATING)  
DOES NOT COAGULATE ALBUMIN.

# CHINOSOL

"THESE RESULTS INDICATE THAT  
CHINOSOL IS MUCH STRONGER  
THAN CARBOLIC ACID IN ANTISEPTIC  
POWER." (Extract from Bacteriological  
Report from Lederle Lab's.)

DOES NOT INJURE MEMBRANES.  
DOES NOT MAKE THE HANDS SORE.  
FREE FROM DISAGREEABLE ODOR.

FULL LITERATURE AND SAMPLES ON REQUEST.

CHINOSOL COMPANY—PARMELE PHARMACAL CO., SELLING AGENT, 54 SOUTH ST., N. Y.

INSIST ON HAVING  
**BORDEN'S**  
FOR YOUR PATIENTS

Malted  
Milk

Palatable

Nutritious

MALTED MILK DEPT.

BORDEN'S CONDENSED MILK COMPANY

New York

# ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

VOL. III.

JULY 1909

No. 9

**PUBLISHED MONTHLY, FROM NOVEMBER TO JULY.**

**Sent free of charge to all members of the "Alumnae Association"**

to others: } 50 cts. per year  
                  { 10 " " copy

Editor—MISS M. H. YOUNG, 8 W. 92nd Street

Business Manager—MRS. R. B. CULBERT, 526 W. 114th St.

News Editor—MISS H. EARLE, 7 W. 15th St.

Secretary—MISS L. WYGANT, Plaza Hotel, 59th St. & 5th Ave

## REPORTERS

Mrs. Jameson, 245 W. 14th St.

Miss Rough, 7 W. 15th St.

Miss Frederick, 5 Livingston Pl.

" Walton, 7 W. 15th St.

" Ryerson, 133 W. 140th St.

" A. B. Stewart,

414 E. 14th St.


Mrs. Hosking, 8 W. 92nd St.

Miss Golding, 245 W. 14th St.

" Baumann, 8 W. 92nd St.

" F. Nash, 8 W. 92nd St.

" Lavinia Wood, 8 W. 92th St.

 It is requested that notice of change of address be sent to the Secretary as promptly as possible, so that the mailing list may be kept corrected.

Those who have failed to receive the "Alumnae News"—or those who desire extra copies—can always be supplied by calling at the Club, or at Miss Macdiarmid's office—or copies will be mailed on application to the Secretary.

## EDITORIAL COMMENT

With this number, publication of the "NEWS" ceases until the Fall; notices of the dates of the October meetings have been inserted for reference, and we could wish that many may be back from their vacations in time to attend not only our own Alumnae meeting and that of the County Association, but also the New York State annual meeting which will be held in New York City, next October; when the meeting is at a distant point it naturally follows that not so very many except our official delegates can attend, but this year, seeing that no journey need be taken to reach the meeting place, surely we may expect a large representation from our Association. Another reason for showing special interest is that we stand in the relation of hostesses to the State Association.

*All* members are welcome, and they will feel repaid for the planning sometimes necessary to make attendance possible, by finding that they have a better idea of what is being done, and planned, in our own State—and by meeting and hearing the women who are leaders in the forward movements.

---

If the inspiration be great from meeting those in our own locality—one little section—what must it be at our National meeting—and greater still at the International Congress, where there will be representatives from all around the world—discussing questions of world-wide interest: questions relating not only to how we may better the profession, but those wider ones impressing upon the members how broad and how great are their responsibilities in planning for, and helping in, the betterment of the world.

The Congress will be held in England in July (see "notices") and any who may be going abroad, and can make time to attend will be welcome at all sessions, even if they are not delegates.

---

The attention of nurses is called to Post-Graduate Summer Courses in the Swedish System of Massage, Gymnastics, Electro—and Hydro-Therapy at the Pennsylvania Orthopaedic Institute and School of Mechano-Therapy (Inc.) 1711 Green Street, Philadelphia, opening July 7th, 1909. The term is three months. Abundant clinical material for practical work, theoretical instruction with lantern demonstrations, anatomical lectures on actual specimens are only a few features of this most complete course. Fall Class opens October 5th, 1909. For illustrated prospectus address the Superintendent, MAX J. WALTER.

---

## NOTICES

### N. Y. H. ALUMNAE MEETING

The next regular meeting of the Association will be held in the Lecture Room, 8 West 16th Street, Thursday, October 14th, at 3 p. m.

---

### N. Y. COUNTY SOCIETY

The quarterly meeting of the New York County Nurses' Association will be held on Tuesday, October 5th, at 8 p. m. in the Academy of Medicine, 17 West 43rd Street.

---

### N. Y. STATE MEETING

The annual meeting of the New York State Nurses' Association will be held in New York City, on October 19th and 20th.

---

### INTERNATIONAL CONGRESS

The meetings will be held in Caxton Hall, Westminster, London, S. W. England, from July 20th—23rd.

The papers read will deal with such subjects as the nurses' obligations and opportunities as citizens and members of civil communities. Mr. Haldane, the Secretary of State for War will open one session with an address on "The nurse as a Patriot."

*No credentials will be needed by nurses visiting the Congress.*

---

### THE TUBERCULOSIS SCHOLARSHIP

The committee having in charge the fund of three hundred dollars for the Tuberculosis Scholarship is prepared to receive applications for this scholarship for the coming year.

The scholarship will be awarded on the basis of the qualifications presented by the candidates as to fitness for this special field of work. It is proposed in outlining the plan of study to include certain subjects offered in the course of the New York School of Philanthropy and in the Department of Hospital Economics at Teachers' College. Opportunity will be given for study and investigation along lines dealing with measures for the prevention and control of the disease and in the most advanced methods in use for the care of patients in the various stages of the disease.

Nurses especially interested in tuberculosis and desiring to prepare themselves for work in this field may obtain information regarding the scholarship by applying to the secretary.

MARY W. McKECHNIE,  
Nassau Hospital, Minneola, N. Y.

---

## COUNTY SOCIETY

After the reports of the Secretary and Treasurer had been read, the President gave her annual address—which the writer hopes will at some future date find space in the "NEWS," as it certainly was a report worthy of high commendation. The Secretary stated that during the year three associations had affiliated with the County Society, also three individual members had been admitted into membership.

The subject of establishing a Central Registry under the control of the County was then presented for discussion. Miss Golding, who had been acting as Secretary of the Committee appointed to look into the matter, gave valuable statistics and presented suggestions for the beginning of such a project. In order to open the question it was moved and seconded that the County Society establish such a Registry. Miss Delano (Bellevue Hospital), spoke to the question and cautioned against any hasty action which might lead to the Society assuming a responsibility, which later it might regret, and suggested that the President appoint a Chairman of a Committee composed of a representative from each affiliated Association to formulate a more definite outline and confer with the County Medical Society. It seemed the sense of those present that great caution should be exercised before taking final action, and as very few, if any, associations had out and out agreed to support the movement, it was deemed wise to secure the approval and backing of not only the medical profession, but also of those hospitals or associations already operating registries. This motion was carried and all the other suggestions were laid on the table until the newly formed Committee was heard from.

Affiliation with the Red Cross Society was next discussed. Mrs. Brockaway, of Manhattan and Bronx Association, felt the County Society should not take any action that would bind the nurses in any way—As "affiliation" would not bind anyone to go into the service, but only show a sympathy and interest in the workings of the Red Cross Society, and a desire to help secure nurses when a call came, Miss Maxwell moved that the County Society affiliate with the Red Cross Society. This motion was seconded and carried. The newly elected President was charged to appoint the Chairman of the Red Cross Committee.

Previous to the discussion on "Central Registry," the Tellers and Inspectors of Election had been chosen and reported the result as follows:

President—Miss Jane Delano, Bellevue Hospital.

Vice-President—Mrs. Twiss, New York Hospital.

Recording Secretary—Miss Irene Yocum, City Hospital.

Corresponding Secretary—Mrs. Hugh Jack, St. Luke's Hospital.

Treasurer—Miss Greenthal, Mt. Sinai Hospital.

Trustee (to serve three years)—Miss Frances Lurkens, Hahne-mann Hospital.

Executive Committee—Miss Martha Russell, Chairman, New York Hospital; Mrs. Brockaway, Manhattan and Bronx; Miss Stewart, New York Hospital.

Credentials—Miss Burgess, Chairman, Roosevelt Hospital.

By-Laws—Miss E. A. Lawrence, Chairman, Metropolitan Hospital.

Press and Publication—Miss Ehrlicher, Chairman, Post Graduate Hospital.

Finance—Mr. Quain, Chairman, Mill's Training School.

Lectures and Papers—Miss Frances Stone, Chairman, Presbyterian Hospital.

Legislative—Mrs. F. J. Brockway, Chairman, Manhattan and Bronx Association.

On regular motion, seconded and carried unanimously, Miss Maxwell was instructed to extend to the National Associated Alumnae a cordial invitation to meet in New York next year.

A hearty vote of appreciation of faithful service rendered by the retiring officers was extended, after which the newly elected President expressed her sense of the honor conferred and hoped to serve the Society during the year, in so far as lay in her power.

A. B.

---

## DISPOSAL OF TUBERCULOSIS CONGRESS FUND

It will be remembered that last fall, upon Dr. Fulton's advice, the committee in charge of the nurses' special session at the tuberculosis congress called for contributions from the various associations and from individuals, as it was for a time the intention to prepare a special exhibit.

The nurses responded generously, contributing, in all, some six hundred and fifty odd dollars, in which we include individual gifts. As the special exhibit was, after all, not arranged, and as the expenses for the congress were so enormous that every aid was needed, the funds were drawn upon, for secretarial and current expenses connected with the nurses' session.

After all was done, quite a nice little sum was left as surplus, and the committee thought it proper to ask the different societies

what disposition they desired to have made of the funds. As by now all answers that are coming are probably in, the committee has finally settled up the details, a meeting having been held at Teachers' College on March 8, at which Miss Goodrich, Miss Nutting, Miss Hitchcock, Miss Boyd, Miss McKechnie, Miss Maxwell, and Miss Dock were present.

All the letters were read, and it was found that one contributor asked to have her contribution returned, while others suggested different purposes to which theirs should be applied. Among these purposes were the work of the Red Cross, the Endowment Fund and Current Expense Fund at Teachers' College, the JOURNAL Purchase Fund, and a scholarship for a nurse to prepare for special work in tuberculosis.

As this last object seemed especially appropriate, it was decided to devote to this all such gifts as had been left to the judgment of the committee, and those regarding which no answer at all had come in. The proportional share of each contribution will be deducted to cover the expenses, and the remainder will be given to the different objects specified, each receiving a small sum, and the remainder, which will be about three hundred dollars, will be used to fit a nurse for special work in tuberculosis. A small committee was formed to work out this plan, Miss Goodrich, chairman; and Miss McKechnie, the secretary. They will, as soon as possible, present the plans and requirements decided on to best carry out the work undertaken.

L. L. Dock.

## ALUMNAE MEETING

In the absence of the President and Vice-President, the former attending the meeting of the National Association Alumnae at Minneapolis, Miss Samuel was elected temporary Chairman.

Secretary's and Treasurer's reports were read and approved without correction.

Under reports of Committees, Miss Duncan stated having convened with the Committee on Central Registration, but that no further light had been thrown on the subject than that given informally by Miss Golding at the last meeting. Very few of the Alumnae Associations were represented; those who did send delegates instructed them to secure more information and report back to their Societies. No one seemed against the movement, but all wished enlightenment before casting final vote.

Miss Stewart, Miss Russell and Miss Samuel all spoke on the question giving reports of the action of the County Meeting in the

matter. Miss Stewart moved that Miss Golding be the member appointed to act on the Committee, which had been instructed at the County Meeting to confer with the County Medical Society.

Unfinished Business.—The question of how much our Alumnae should contribute towards the entertaining of the delegates to the State Meeting in October.

The sum of \$50 was voted for this purpose.

The following nurses were elected to serve as delegates to the County Meetings during the next year, and it is earnestly hoped that more of the fifty-three will make strenuous efforts to attend these meetings than those appointed last year.

As one member put it so aptly—"the County Society must not be considered a foreign body, as it is in reality us plus the members of the principle Alumnae Societies in New York City"—meeting with other representative women in our profession and exchanging ideas, is bound to broaden our view of things of great import to us as individuals as well as collectively.

#### DELEGATES TO THE COUNTY SOCIETY

Miss A. Henderson	Miss A. Aberneathy
" Russell	" Duncan
" Samuel	" Stewart
" Lindgren	" A. Goodrich
" Denike	" M. Goodrich
" I. Sutcliffe	" Hunter
Mrs. Twiss	" McVean
Miss Macdiarmid	" Walton
" Jordan	" Reutinger
" H. A. Earle	" Gibson
" D. Dwight	" Whitelaw
" Golding	" Stimson
" Ryerson	" Work
" A. Holmes	" Josephine Hill
" Wilson	" Price
Mrs. Jameson	" Riddell
Miss Olmstead	" McKenzie
" M. H. Young	" Houston
" Rough	" Frederick
" Kate Clark	" Munn
" Hutchison	" Dousman
" Sanborn	" Wygant
" Elizabeth Smillie	" Hitchcock

" Nina Sinnott  
" Mosely  
" Hodgson

" Bower  
" Gifford  
Mrs. Schenk

The appointing of thirty delegates to attend the State Meeting in October was left with the Executive Committee.

A letter was read from Miss Delano regretting her inability to meet our Association and speak on Central Registry.

A. B. DUNCAN.

---

## A REST HOUSE

I am at present enjoying this beautiful place provided by Mrs. Walter G. Ladd for self-supporting women in need of rest and recuperation.

The donor having suffered greatly from ill health has thought much of the needs of other sufferers, and out of this thought and her boundless sympathy, aided by large means, she has evolved the plan of providing and supporting this delightful place, where tired women may come for the rest and care needed to restore them to health, so that they may resume their vocations and continue to maintain themselves.

Mrs. Ladd does not offer this as a charity—though there is no pay accepted, and, from New York and return, tickets are supplied. It is just "her way" of doing good and she earnestly wishes nurses, teachers and artists who may be benefitted by a stay at Maple Cottage to accept her most cordial invitation to become her guests.

Miss Dudley, a graduate nurse who has ministered to Mrs. Ladd, is superintendent and looks after her charges in a most capable and delightful manner, making every one feel at home and most welcome.

All communications should be addressed to,

MISS H. ESTELLE DUDLEY, Supt.  
Maple Cottage, Peapack, New Jersey.

P. O. Box 114.

MATILDA AGNES FREDERICK.

---

## NEWS OF THE CLUB AND THE CLASSES

Demonstrations were given recently in the Public Operating Room by the pupils of the Training School. Miss Powell and Miss Sayres gave a hot pack, and Miss Grayson and Miss Lillian

Wilson a slush bath ; Miss Beecroft an alcohol sponge ; Mrs. Bailey preparing a patient for a surgical dressing ; Miss Abernethy, stuping and Miss J. Woods improvising an ice-coil. Everything gave evidence of skilful training and highly finished work and was greatly appreciated by the audience.

---

The Committee for the renovation of the Club are Miss Wilson and Miss MacKenzie. They are to get estimates and begin as soon as possible with the halls and lower floors, including dining-room and club-room.

---

Miss Frederick has been spending a few weeks at Maple Cottage, Peapack, N. J., from there she goes to the New York Infirmary for women and children : her address is 321 East 15th Street.

---

Mrs. R. B. Culbert (née Beck) sails shortly for Europe ; she will spend most of the summer near Paris. Let us hope she will return fully restored to health.

---

Mrs. Herman Aaron (Miss Julia Jones, class 1900) has taken a house at Huntingdon, L. I. for the summer ; and Dr. and Mrs. Harold Lathrop (Miss Lund, class '06), have a cottage for the summer at Avon, N. J.

---

Miss H. L. Josephi '01, has returned from her home in Portland, Oregon ; and is now with friends in Skaneateles.

---

Mrs. James Morgan, Jr. (Miss Vandeburgh, '04), is on a visit to New York with her husband, who is ill, and a patient at Dr. Bull's Sanitarium.

---

Miss Abbie Robinson, '03, and Miss Florence Mosher, '08, were operated on, at the hospital, by Dr. D. A. Downes for appendicitis ; they have made rapid recoveries, and Miss Robinson has gone home for a three month's vacation ; Miss Mosher goes to Baltimore to visit her friend Miss Clarke.

---

Miss Denike and Miss Cobbane are patients on the fourth floor P. P. B. : Miss Pugh is substituting for the latter at Campbell Cottage, White Plains.

---

Several of our nurses are going to spend the summer, or part of it, with patients ; away from the city. Miss Lavinia Woods is with our governor, Mr. Morris, who we regret to say is very ill at Lenox,

Massachusetts ; Miss Cudel at Bethlehem, White Mountains ; Miss Bertha Sinnott sailed on June 12th for a three months' visit in England with her patient ; Miss T. C. Earle left last week for California ; Miss A. G. Earle goes on July 1st to the Adirondacks ; Miss Alice Strombom is at Great Neck, L. I. ; Miss McPhedran at Morristown, N. J. and Miss Nellie McCrae at Tenafly, N. J.

---

A charming letter was recently received by one of the nurses from Mrs. McFeely (Miss Berry, '03), telling of her life at a Military Post ; and how eagerly she looks forward every month to the ALUMNAE NEWS, and how keenly she enjoys all it contains.

---

Mrs. Kilpatrick (Miss Case, '06), is with her baby visiting her friend and classmate Miss Verna Smith in Toronto.

---

The members are reminded that the fees for the Sick Fund are now due. No personal notices will be sent.

---

Miss Kate Tybjerg sailed June 24th for her home in Denmark, where she will spend the summer ; Miss Maud Ferguson sailed June 19th for England.

---

Mrs. Jules G. Goodman (Miss Pfonts, '08), who spent the winter in Italy, has returned to the city.

---

Miss Blanche Gibson is away for her vacation at her home Catawba, N. Y. Miss L. Smellie is also home for the summer, Kingston, Canada.

---

Friends of Miss Annie R. Young are delighted to see her again in town. Miss Young, who has been studying medicine for the last two years at Tuft's Medical School, Boston, Mass. will spend most of her summer vacation in New York, doing private nursing, and later on special surgical work.

---

Miss Annie M. Rykert left New York last month and is now at home. Her address is 50 Ontario Street, St. Catharines, Ontario.

---

Miss Helen B. Wilsey is at home in Bloomville, Ohio, for her vacation.

---

You may smell the disinfectant—but *that is disguising, not disinfecting*. As stated before, Chinisol leaves no smell. If after using Chinisol, the odor has disappeared, you have the *proof of its chemical action*.

---

Miss Walton, spent Sunday and Decoration day in Washington, D. C. She spent some time with Miss Esther Hasson, Supt. of Navy nurses, and thoroughly enjoyed going through the Naval Hospital, which is beautifully situated on the banks of the Potomac. Nurses are already placed in Washington, Brooklyn, Annapolis and Norfolk, Va.

---

Miss Cuthbertson, has resigned her position at the New York Infant Asylum, and is at home in Toronto for a few weeks. On her return to the city she will take charge of Ward O, for two months. Miss T. B. Swan, from Ward I is also home in Toronto for her month's vacation. Miss Dumbell, has given up Ward O, and is now in K.

---

Miss M. Vroom, has gone to the Brooklyn Hospital to be Mrs. Rogers', Assistant.

---

Miss Ruth Birdsall, is on a long visit to her friend and class mate Miss Dousman, at the latter's home, Prairie-de-chien, Michigan.

---

Miss Earle, sails the end of July for her summer vacation, which she will spend in Jamaica, West Indies.

---

### BIRTH'S

---

On Saturday; May 15th, Mrs. C. G. Marks (Miss Lillian Simpson-'06.) of a son.

---

On Monday, April 26th, to the wife of Capt. Henry F. McFeely (Miss Kathren V. Berry-'03-) a Son—Henry Graham—at Fort Benjamin Harrison, Lawrence, Ind.

---

In May, to Mrs. James H. Lewis, Buffalo, N. Y. (Miss Florence Golding '05) a daughter.

---

To Mrs. Jules E. Goodman, (Miss Pfont's-'08) a son.

---

### DEATH

---

Suddenly from heart failure on May 11th, at the Wellington Hotel, San Francisco, Cal. Miss D. A. Fallon—class '88.

## OFFICERS OF ALUMNAE ASSOCIATION 1909.

### *Honorary President*

Miss Irene H. Sutcliffe

### *President*

Miss. Amy Holmes..... Mills Training School

### *Vice-President*

Miss M. F. Mackenzie.....8 West 92nd Street

### *Recording Secretary*

Miss Ada B. Stewart.....414 East 14th Street

### *Corresponding Secretary*

Miss L. M. Wygant.....Plaza Hotel

### *Treasurer*

Miss M. M. Russell.....447 West 59th Street

### *Trustees*

Miss M. Wheeler.....9 West 92nd Street

Miss A. A. Strombom.....8 West 92nd Street

Miss J. Hill.....8 West 92nd Street

Miss M. Wilson .....8 West 92nd Street

Mrs. C. V. Twiss.....419 West 144th Street

## FUND FOR SICK NURSES.

### *Secretary and Treasurer*

Miss Jennie M. Whitelaw,  
253 East 68th Street.

## BOARD OF TRUSTEES.

### *Chairman*

Miss A. B. Stewart

### *Secretary*

Miss L. M. Wygant

## STANDING COMMITTEES.

### *Executive*

Mrs. Twiss

Miss Wheeler

Miss Hill

### *Finance*

Miss M. M. Russell

Miss Mackenzie

Miss Wilson

### *Credential*

Miss Wygant

Miss A. A. Strombom

Miss Holmes

# **Special Courses for Nurses**

## **IN THE SWEDISH SYSTEM OF MASSAGE**

### **MEDICAL AND CORRECTIVE GYMNASTICS**

(The System You Will Eventually Learn)

**Term: Three Months      =      =      Tuition Fee, Seventy-five Dollars**

### **COURSE IN ELECTRO-THERAPY**

**Term: Two Months      =      =      Tuition Fee, Twenty-five Dollars**

### **COURSE IN HYDRO-THERAPY IN ALL ITS FORMS**

**Term: Six Weeks      =      =      =      Tuition Fee, Thirty Dollars**

**Classes open July 7. October 5, '09.**

**9109 TREATMENTS GIVEN IN 1908. No better clinical experience possible**

All courses may be commenced at the same time and finished within three months. The instruction consists of daily clinical work and practical lessons on patients referred to our clinics from the various Hospital Dispensaries, Original Swedish [Ling] System, and Weir Mitchell's Rest-Cure System. All pupils attend clinics at several city hospitals. A complete Medico-Mechanical Zander Gymnasium for treatment of patients and instruction of students. Payments can be made to suit your convenience. Application blank and illustrated booklet on Massage upon request

*An early application for admission is advisable*

**Pennsylvania Orthopaedic Institute and School of Mechano-Therapy, (Incorporated)**

**1711 Green Street, PHILADELPHIA, PA.**

**MAX J. WALTER, Superintendent**

## **LADIES' OWN MATERIAL**

**MADE UP**

## **FEATHERS CLEANED**

**AND CURLED**

**MME. SCHOENBERG**

**Fine Millinery**

**562 Columbus Avenue**

**Bet. 87th & 88th Streets.**

**Ref. New York Hospital Nurses, New York**

**H. Blumberg**

**Fashionable Ladies' Tailor**

**Suits and Skirts**

**a specialty**



*References  
New York Hospital  
Nurses*



**Telephone Connection**

**243 West Thirteenth Street**

**Near Greenwich Avenue**

**New York**

## **SAL HEPATICA**

**For preparing an**

**EFFERVESCENT ARTIFICIAL**

## **MINERAL WATER**

**Superior to the Natural,**

Containing the Tonic, Alternative and Laxative Salts of the most celebrated Bitter Waters of Europe, fortified by the addition of Lithia and Sodium Phosphate.

**BRISTOL - MYERS CO.**

**277-279 Greene Avenue,**

**BROOKLYN - NEW YORK.**



**Write for free sample.**

# ABOVE ALL OTHERS



The  
"PERFECTION"  
BED AND  
DOUCHE PAN

IT IS SANITARY  
IT IS COMFORTABLE  
IT IS EASY TO EMPTY

RECOMMENDED BY  
PHYSICIANS & TRAINED NURSES  
EVERYWHERE

The "Perfection" is anatomically correct in shape and does not hurt the patient.

It can be quickly emptied and thoroughly cleansed, and saves time and disagreeable work for the nurse.

It has a large capacity, holding fully 2 quarts.

#### RETAIL PRICES

No. 1, PORCELAIN, -	Standard Size,	\$2.50
No. 2, -	Small	2.25
No. 3, GREY ENAMELED,	Standard	4.00
No. 4, WHITE	"	4.50
No. 5, GREY	Small	3.50
No. 6, WHITE	"	4.25

SOLD BY ALL LEADING DEALERS

Sent upon receipt of price, express prepaid east of the Mississippi

HOSPITALS SUPPLIED AT WHOLESALE PRICES

ADOPTED BY MORE THAN 1000 HOSPITALS  
AS THE STANDARD PAN

MEINECKE & COMPANY NEW YORK.

**VOLUME 4.**

**NUMBER 1.**

# **The Alumnae News**

**NOVEMBER**

**1909.**

(NON-POISONOUS. NON-IRRITATING)  
DOES NOT COAGULATE ALBUMIN

# CHINOSOL

"THESE RESULTS INDICATE THAT  
CHINOSOL IS MUCH STRONGER  
THAN CARBOLIC ACID IN ANTISEPTIC  
POWER." (Extract from Bacteriological  
Report from Lederle Lab's.)

DOES NOT INJURE MEMBRANES.  
DOES NOT MAKE THE HANDS SORE.  
FREE FROM DISAGREEABLE ODOR.

FULL LITERATURE AND SAMPLES ON REQUEST

CHINOSOL COMPANY—PARMELE PHARMACAL CO., SELLING AGENT, 54 SOUTH ST., N. Y.

INSIST ON HAVING

# BORDEN'S

FOR YOUR PATIENTS

Malted  
Milk

Palatable

Nutritious

MALTED MILK DEPT.  
BORDEN'S CONDENSED MILK COMPANY  
New York.

# ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

---

VOL. IV.

NOVEMBER 1909

No. 1

---

**PUBLISHED MONTHLY, FROM NOVEMBER TO JULY.**

**Sent free of charge to all members of the "Alumnae Association"**

to others:  $\left\{ \begin{array}{l} 50 \text{ cts. per year} \\ 10 \text{ " " copy} \end{array} \right.$

---

Editor—MISS M. H. YOUNG, 8 W. 92nd Street

News Editor—MISS H. EARLE, 7 W. 15th St.

Secretary—MISS L. WYGANT, Plaza Hotel, 59th St. & 5th Ave.

---

## REPORTERS

Mrs. Jameson, 245 W. 14th St.

Miss Rough, 7 W. 15th St.

Miss Frederick, 5 Livingston Pl.

" Walton, 7 W. 15th St.

" Ryerson, 133 W. 140th St.

" A. B. Stewart,

414 E. 14th St.


Mrs. Hosking, 8 W. 92nd St.

Miss Golding, 245 W. 14th St.

" F. Nash, 8 W. 92nd St.

" Lavinia Wood, 8 W. 92th St.

---

 It is requested that notice of change of address be sent to the Secretary as promptly as possible, so that the mailing list may be kept corrected.

---

Those who have failed to receive the "Alumnae News"—or those who desire extra copies—can always be supplied by calling at the Club, or at Miss Macdiarmid's office—or copies will be mailed on application to the Secretary.

---

## EDITORIAL COMMENT.

We are sorry to have to announce that Mrs. Culbert has been obliged to resign her position as business manager of the "News". As her energy and interest have done much for the paper she will be greatly missed, and it is particularly regrettable that her resignation should be necessary because of ill health. We assure her of our sympathy as, well as our regret, that she has had to give up her work on the staff.

---

Some time ago a committee was appointed by the New York County Society to consider the advisability of establishing a co-operative Registry under the control of the nursing profession and the immediate management of the County Society.

The reason for the proposed innovation is the two fold abuse reported under existing methods, viz; that nurses who have not the advantage of a school register are forced to use what are known as commercial registries many of which charge 10 per cent on all earnings gained through the registry—as much in one month as we, for instance, pay for a whole year's registration fee. It is also charged that not sufficient care is taken, in some of the registries to ascertain the professional, or—more important still—the moral standing of the applicant for registration: the latter, as all will agree, being harmful to the public as well as reflecting unfavorably on the reputation of the whole profession. It is hoped also that this move would serve to draw the nurses of all the Training Schools in the County closer, by means of common interest—and this without abolishing, or interfering with, the school registries already established. It may be added that the central registry is not entirely an experiment as Baltimore, Washington, Denver and Toronto all have tried it, but that all members of our association may get some idea of the plans on foot, some of the recommendations of the afore mentioned County Society committee are appended:

1. The establishment of a registry under the control of the County Society.
  2. The undertaking to be financed by an "Incorporated Membership", issuing bonds which should be redeemable and interest bearing.
  3. The admission of (a) nurses with "R. N.", (b) graduates of recognized schools who present satisfactory credentials, and who are willing to apply for registration within two years, (c) non-graduates who show satisfactory credentials and do good work.
  4. That the affiliated societies pay an annual tax of ten or fifteen cents per member, and send any surplus calls to the County Registry.
-

## ALUMNAE MEETING.

OCT. 14TH, 1909.

The President called the meeting to order at 3.20. and in the absence of the Secretary, Miss Golding was elected to act pro-tem.

Reports of Secretary, Treasurer, Club House and Board of Trustees were read and accepted.

It was with regret that the Trustees were obliged to accept the resignation of Miss D. Dwight, Superintendent of the Club. Miss Josephine Hill having withdrawn as Trustee, the Board elected Miss Strombon to fill the vacancy.

Miss Golding, one of our delegates to the National Alumnae Association, which met in Minneapolis in June, gave a very full and interesting report of the meetings.

It was gratifying to have Miss A. Goodrich appointed at the National meeting as a delegate to the "International Congress" held in London, England, July 20th to 23rd.

The question of "Central Registry" was thoroughly discussed after Miss Golding had read the report of the Committee appointed by the County Society to confer with individual Alumnae Associations, the Superintendents of Training Schools, and the County Medical Society. As so many Associations had not held meetings since June there was little data for the Committee to act upon however the general feeling seemed to favor the pushing ahead with the movement and quickly.

Miss Goodrich, Miss Samuel, and the President all spoke in favor of the establishing of a Central Registry; the result being that a motion was carried unanimously, that the New York Hospital Alumnae heartily endorse the establishing of a Central Registry under the direction of the County Society and agree to assume its share of the financial burden consequent to the undertaking.

Miss Earle, Chairman of Red Cross Committee presented a letter from Mr. Robert C. Ogden, President of the County Red Cross Society, thanking the nurses who had helped so ably during the Hudson-Fulton Celebration.

A letter was also read, addressed to the President from Doctor Howell Supt, of New York Hospital in which he expressed the hope that the graduates would feel free to call upon him for any assistance in his power to give, and assured them of his desire to become acquainted with all the graduates personally.

The delegates to the State meeting were instructed to vote for one man and one woman to fill the vacancies on the Board of Examiners.

The action of the delegates to the National Alumnae, in pledging the Society to the extent of \$100 to purchase another share in the stock of "American Journal of Nursing" was upheld.

The resignation of Miss Margaret Cutter from the Society was read, also that of Miss Hodgson as delegate to the County Society.

A. B. DUNCAN.

## NOTICES

### N. Y. H. ALUMNAE MEETING

The next regular meeting of the Association will be held in the Lecture Room, 8 West 16th Street, Thursday, November 11th, at 3 p. m.

*It is hoped that Miss Goodrich will talk about the International Congress held in London last July.*

### NATIONAL CONVENTION.

The National Associated Alumnae meeting was held in the First Baptist Church, Minneapolis, Thursday and Friday, June 10th and 11th. Miss Damer, presided. It was well attended; many of the Superintendents and St. Paul and Minneapolis nurses, besides the delegates being present. There are in the National Association one hundred and eighty three affiliated Alumnae Associations and Societies, making a membership of 15,000. There were present one hundred and twenty two delegates. Your Alumnae Association was represented by Misses Goodrich, Holmes, Stimson, Twitchell, and Golding, our association having seven votes.

The reports from the Board of Directors, the Treasurers, Secretaries and various committees were read and the President's annual address

Mrs. Robb's paper on "Red Cross" showed much work. A number of conferences have been held by the committee with the officials in Washington. It was proposed that there shall be a special nursing department, the management to be in the hands of a committee of sixteen (16), nine (9) of whom shall be nurses. The same Red Cross committee was re-elected and instructed to work out the details with the National Red Cross. As Miss Delano, now the President of the National Association, has been appointed President of the Army Nurse Corps, our cause is in safe hands. The American Federation of Nurses affiliated in a body with the National Red Cross Society.

The papers were as follows:

"Hospital Economics Course: the Work of its Graduates."

"State Societies, their organization and place in Nursing Education."

"What State Supervision has done for Training Schools".

Friday, June 11th. The session was opened promptly at 9 a. m. owing to the length of papers and unfinished business.

"The Aspect of the Tuberculosis Problem" was well presented with a plea for better housing conditions and higher wages for the working people.

"The organization of District Work" was instructive.

"The Nurse as an Anesthetist" opens a new field for the nursing profession.

In "Post operative care without Drugs" many details were explained—Cold water, heat and friction are used, the treatment being almost continuous the first twenty four hours.

"The Limitations of the Nursing Profession" was well presented.

Owing to the lack of time the papers on "How can Skilled Nursing be Provided for the People of Moderate Means" and "Central Directories and Club Houses" were omitted.

The Journal Purchase Fund was brought forward. As the National Alumnae Association has in past years contributed to the Hospital Economics Fund and to the Tuberculosis Congress in Washington a plea was made that our support be given to the Purchase Fund! Fifty cents each was collected from many of the members present, and pledges to the amount of \$3.000 promised. The New York Hospital Association pledged \$200.

The National Alumnae Association will now own more than sixty shares out of a hundred.

The question of Reorganization was put into the hands of a committee from each Board, who will present their suggestions at the next meeting.

Miss McIsaacs having withdrawn her name from the nomination as President, nominations for that office were made from the floor.

The following officers were elected for the coming year.

President, Miss Jane Delano, New York.

1st Vice Pres., Miss Genevieve Cook, California.

2nd Vice Pres., Mrs. A. R. Calvin, St. Paul.

Sec'y and Inter-State Sec'y, Miss Agnes Deans, Detroit.

Treasurer, Miss Anna David, Brooklyn, N. Y.

Trustees, Mrs. Hunter Robb, Miss Annie Damer.

Misses Eldredge and Golding were appointed by the chair on the nominating committee for 1910. with Misses Rindland, Courier and Balcom.

I cannot say enough in praise of the hospitality of the Minnesota nurses who were untiring in their effort to make us comfortable. A reception was given in St. Paul, Wednesday night. A picnic on Thursday at Minnehaha Falls.

Trolley cars were used and the nurses were taken through the principal parts of the city. Before going to Minnehaha Falls, luncheon was provided being put up in boxes resembling suit cases, with advertising labels. On reaching the Falls we found tables spread and delightful music.

The nurses, during the sessions had luncheon served each day in the Church parlors. And many were the pleasant reunions.

It was a most interesting and instructive Convention and I wish to thank the Alumnae for sending me as its delegate.

The next Convention will be held in New York and the 1911 Convention in St. Louis.

E. E. Golding.

---

## NEWS OF THE CLUB AND THE CLASSES

Vacation time is over, and most of our members are back at work, with renewed strength and energy for the winter's service. Miss Henderson spent a month at home in Canada; so also did Miss MacDiarmid. Miss Reutinger and Miss Sinnott spent the month of September together, going first to the Thousand Islands, and then to Montreal: when in Montreal they spent a very happy three days with their friend and class-mate Mrs. Bryson (Miss Marion Samuel).

Miss Cromwell and Miss Robinson, together spent their vacation in Hebron, Nova Scotia; the former returning to her duties in the Op. Room, the latter to Campbell Cottage, White Plains on Nov. 1st to take charge of a ward for Miss Ellison.

---

Miss Skuse went home, Geneva, N. Y. for two months vacation: and Miss Swan to Toronto and Muskoka for the same length of time: Miss Davis went home; and Miss Rough and Miss Riddell to Belmar, N. J. Miss Leach spent one week at Asbury Park, N. J. the rest of her vacation in Toronto: Miss Cuthbertson, who has been in charge of ward O. resigned, her position being taken by Mrs. Purman.

---

Mrs. Smith, with her daughter, spent a most delightful time at Lake Oscawanna, N. Y.

---

Miss Gill, who we regret to say, has been suffering from neuritis in the right arm, spent most of her vacation in New York.

---

Miss Montague and Miss Margaret Wilson have both resumed their duties on the 7th and 4th floors, P. P. B.

---

Miss Dakin went home for her holiday this year: Miss Houston substituted in the housekeeping department during Miss MacDiarmid's and Miss Dakin's vacations.

---

Miss Dumbell who has been in charge of ward K. left on Oct. 1st: her position is not yet filled the ward for the present being in charge of Miss Tom, a pupil nurse.

---

Mrs. Schenck spent part of the summer at Bound Brook, N. J. as nurse in Camp for the Christodora Settlement of New York.

---

Miss Florence Mosher resigned her position as Asst. Superintendent of the Mountainside Hospital, Montclair, N. J. and has gone home, Nova Scotia. Her leaving was keenly regretted, and she was the recipient of many handsome gifts; and on her last evening the Superintendent and the Training School gave a farewell party, presenting her with a beautiful pearl pendant.

---

Miss Leila Jones, class 1885, spent the month of September in New York; and while here, she and her class-mates Miss Wood of Staten Island and Miss Whitehead spent an afternoon with Miss Frank Sutcliffe, their first head nurse. Miss Jones returned to Charleston, S. C., Miss Whitehead accompanying her; the latter to take up her new duties as nurse in charge of the Infirmary of the Military Academy. During the summer, Miss Whitehead substituted at Grace Settlement.

---

Miss Frances Nelson returned to New York in July, and now lives at the Club: she spent nine months in Europe, seven of which were spent in Rome, nursing the greater part of the time; and two months travelling through Italy, Switzerland, France and England: she is doing private nursing once more. Miss Lawrence is now in England, and hopes to visit Scotland before her return.

---

Miss Frances Innes has returned to the city after a delightful summer abroad, with a patient, visiting many countries in Europe.

---

Miss Isabelle Earle sailed on Oct. 2nd for Jamaica, West Indies, and expects to be home for a year.

---

Miss Josephine Hill and Miss Eleanor Hill have taken a cottage on the Hill, Augusta, Ga., from Nov. 1st to May 1st, and will take Northern guests during the tourist season: the cottage is about ten minutes walk from the golf links, which are the best in the South. Miss Josephine Hill will return to New York in the spring.

---

Mrs. Culbert has been ill all the summer : she is much better now we are glad to say, though still far from well.

---

Our deepest sympathy is extended to Miss A. B. Duncan in the death of her father : and to Miss B. K. Gibson who has suffered a like bereavement.

---

Miss Florence Wright is now Superintendent of the Training School of St. John's Riverside Hospital, Yonkers; her former position as As t. Supt. Training School, Women's Infirmary has been filled by Miss Sarah Olmsted -the latter having returned from her vacation at home in Oswego and Cato.

---

Miss Emma Rose, class '04, who lives at home in Toronto, has been visiting Mrs. Victor Thorne at her country home in Black Park, Bridgeport: the many friends of Mrs. Thorne will be pleased to know she has now a little daughter.

---

Miss Irene Sutcliffe is down from Seven Oaks.

---

Miss Ida Nudell spent part of her vacation at Narragansett, Pier ; and just after her return was called to her home in Toronto, by the death of her brother.

---

Miss Ellison spent her month's vacation in Atlantic City: her assistant Miss Cobban has returned from her three month's holiday, greatly improved in health and strength.

---

Mr. and Mrs. Van Wagenen (Miss Leger) spent some weeks at the latter's old home in Montreal, Canada.

---

Miss Lavinia Wood has spent a delightful summer with her sister at Palisades, N. Y. during that time paying Miss Keator a short visit at Rosebury, N. Y. Miss Wood returns to the Club on Nov. 1st.

---

Miss Browning, Miss Salter and Miss Burroughs are going to Mexico for the winter.

---

Miss Bess Bower is back from a delightful three months trip to California, and enroute saw many old friends—for instance Mrs. Cutler (Miss Marie Moir); Mrs. Elsing (Miss Marks) and Dr. Bridges; all of whom live in Arizona.

---

Miss Elizabeth Price of Richmond, Va., intends spending the winter in Tucson, Arizona; and hopes that any nurse visiting her neighborhood will hunt her up.

---

Miss Twitchell who has charge of a hospital in Jacksonville, Ill., attended the Minneapolis Convention, and sends a warm greeting to her friends in New York.

---

Miss Jane A. Wright spent a very successful summer at Seal Harbor, Maine: just before leaving for New York, however, she slipped and fractured her right arm.

---

Miss H. A. Earle spent a delightful month's holiday with her many friends and relatives in Jamaica, West Indies. Miss A. E. Earle spent the summer, with a patient in the Adirondacks.

---

Classes at the hospital have commenced, and are being conducted with their usual regularity: the Training School is to be congratulated on having secured the services of Miss Lydia Anderson, to teach the juniors, Physiology and Anatomy, Miss Anderson is Miss Nutting's assistant in the Hospital Economics course, Columbia; and also teaches at Mt. Sinai Hospital: she has, to a rare extent the gift of imparting knowledge to her pupils; and again we say our Training School is fortunate.

The Dietetic classes are now in charge of Miss Christian, a graduate of Pratt's Institute, and teacher of the Department of Domestic Economy, of the Summer School of N. Y. State University: Miss Christian has also charge of the diets and lives at the hospital.

The Post Graduate course of Training for six months, commenced on Oct. 7th; the nurses taking it are Miss Jenkins 94, and Miss Bridges 94, the former has started in the Op. Room, while the latter is in the General office.

Miss S. Gifford is now Superintendent of the House of Relief, Hudson St.

---

Mrs. Rothwell—(Miss Jeannette Smith '08)—has just returned from an automobile tour in the White Mts.

---

## MARRIAGES.

On Tuesday, the Twenty-second of June, Miss Catherine Osborne, Class '07, to Mr. Hendrik August Van Daalen.

On Tuesday, the Thirty-first of August, at Prairie du Chien, Wisconsin, Miss Violet Lee Dousman, Class '09, to Mr. Edward Blake Yuong. Mr. and Mrs. Young will live at 324 Summit Avenue, Saint Paul, Minn.

On Wednesday, the Twenty-second of September, Miss Jean Buckham, '07, to Mr. J. H. White.

On Wednesday, the Twenty-second of September, in Toronto, Canada, Miss Helen Gertrude Mathews to Dr. Charles Trow. Dr. and Mrs. Trow will live at 43 Wellesley St., Toronto.

## DEATH.

On Thursday, August the Twenty-sixth, at the New York Hospital, Miss Louise Boyd, Class '08, after a week's illness. Our tenderest sympathy we offer to her bereaved family.

The many friends and well-wishers of Dr. S. Stewart, Ex-House Surgeon of the Private Patients' Building, will be pleased to know that he has completely recovered since his severe operation on August 23rd, and took up his new duties at the Lying-in-Hospital on October 1st.

Dr. Beeuwkes, House Surgeon on the 1st Division, resigned on October 1st, having accepted an excellent position in the army. He is now 1st Lieutenant in the Medical Reserve Corps, and has gone to Washington to serve for eight months in the Army and Navy Medical School. He takes with him the kind wishes of all those with whom he worked.

The Open Air Session in the Overlook, Franklin Park, Boston, in charge of Miss Jane Whitelaw, '96, has proved a pronounced success. There are 49 children enrolled and 150 on the waiting list. A large percentage have heart trouble or other ills. The children are gathered by Miss Whitelaw and her two assistants about 8.30 a.m., and taken by trolley to the park. Here they are fed, washed, taught and generally cared for and taken home about 4 p.m. This is not a charitable affair at all, each parent pays something towards the care and feeding of the little son or daughter, even though it may be only the car fare and five cents a day, and it is a very formal matter. The parents must promise that the children who are admitted shall be regular in attendance and submit to the discipline of the school. The results of this open air school are certainly most gratifying.

## THE NEED OF COMPETENT MALE GRADUATES.

There is a considerable demand for competent graduates in the Swedish system of Massage, Medical and Corrective Gymnastics. Electro- and Hydro-Therapy, male as well as female, to fill institutional positions in hospitals and sanatoria, at well paying salaries. Earnest young men who desire to become proficient to fill such positions as we have constantly open, will receive further details by writing to the Pennsylvania Orthopaedic Institute and School of Mechano-Therapy (Inc.), 1711 Green Street, Philadelphia.

---

## REPORT OF NEW YORK COUNTY MEETING.

The October meeting of the Association was held in the Academy of Medicine.

In the absence of the President and Vice-President the Secretary, Miss Yocum, called the meeting to order, and called for the appointment of a Chairman for the evening. Miss Russell was appointed. Miss Gladwin the Chairman of the Red Cross Committee, gave a report of the work her Committee had done, including the meeting at Florence Nightingale Hall, and the supplying of volunteer nurses at seventeen Red Cross Stations during the Hudson-Fulton Celebration. Her report was accepted with a rising vote of thanks.

Miss Pindell presented the report of the Committee on a Central Registry. During the summer the committee had held two meetings and reported definite answers to their request for financial and moral support from two or three of the affiliated associations. Some time was given to the discussion of this important matter.

The need of some immediate and definite action by the nurses to control the situation was emphasized by each speaker and the committee was empowered to employ a secretary who should devote her entire time to studying the situation and acquaint the association with the needs and the possibilities of a union of forces; and to call a special meeting within a few weeks to decide the matter.

As Miss Delano has accepted the position of Superintendent of Army Nursing and will be absent from the city for the greater part of the year she sent in her resignation as President. It was voted to take no action on her resignation till later.

## OFFICERS OF ALUMNAE ASSOCIATION 1909.

### *Honorary President*

Miss Irene H. Sutcliffe

### *President*

Miss. Amy Holmes..... Mills Training School

### *Vice-President*

Miss M. F. Mackenzie.....8 West 92nd Street

### *Recording Secretary*

Miss Ada B. Stewart.....414 East 14th Street

### *Corresponding Secretary*

Miss L. M. Wygant.....Plaza Hotel

### *Treasurer*

Miss M. M. Russell.....447 West 59th Street

### *Trustees*

Miss M. Wheeler.....9 West 92nd Street

Miss A. A. Strombom.....8 West 92nd Street

Miss J. Hill.....8 West 92nd Street

Miss M. Wilson .....8 West 92nd Street

Mrs. C. V. Twiss.....419 West 144th Street

## FUND FOR SICK NURSES.

### *Secretary and Treasurer*

Miss Jennie M. Whitelaw,

253 East 68th Street.

## BOARD OF TRUSTEES.

### *Chairman*

Miss A. B. Stewart

### *Secretary*

Miss L. M. Wygant

## STANDING COMMITTEES.

### *Executive*

Mrs. Twiss

Miss Wheeler

Miss Hill

### *Finance*

Miss M. M. Russell

Miss Mackenzie

Miss Wilson

### *Credential*

Miss Wygant

Miss A. A. Strombom

Miss Holmes

# **Special Courses for Nurses**

## **IN THE SWEDISH SYSTEM OF MASSAGE**

### **MEDICAL AND CORRECTIVE GYMNASTICS**

(The System You Will Eventually Learn)

**Term: Three Months = = Tuition Fee, Seventy-five Dollars**

### **COURSE IN ELECTRO-THERAPY**

**Term: Two Months = = Tuition Fee, Twenty-five Dollars**

### **COURSE IN HYDRO-THERAPY IN ALL ITS FORMS**

**Term: Six Weeks = = = = Tuition Fee, Thirty Dollars**

**Second Section Fall Classes opens November 23rd, 1909.**

**9109 TREATMENTS GIVEN IN 1908. No better clinical experience possible**

All courses may be commenced at the same time and finished within three months. The instruction consists of daily clinical work and practical lessons on patients referred to our clinics from the various Hospital Dispensaries. Original Swedish (Ling) System, and Weir Mitchell's Rest-Cure System. All pupils attend clinics at several city hospitals. A complete Medico-Mechanical Zander Gymnasium for treatment of patients and instruction of students. Payments can be made to suit your convenience. Application blank and illustrated booklet on Massage upon request  
*Winter Classes open Jan. 12th, '10.*

*An early application for admission is advisable*

**Pennsylvania Orthopaedic Institute and School of Mechano-Therapy, (Incorporated)**

**1711 Green Street, PHILADELPHIA, PA.**

**MAX J. WALTER, Superintendent**

## **New York Hospital Nurses Club**

**8 WEST 92ND STREET**

**NEW YORK.**

**Caps and Bedside Notes For Sale.**

**H. Blumberg**

**Fashionable Ladies' Tailor**

**Suits and Skirts**

**a specialty**

*References*

*New York Hospital  
Nurses*

**Telephone Connection**

**243 West Thirteenth Street**

**Near Greenwich Avenue**

**New York**

## **SAL HEPATICA**

For preparing an

**EFFERVESCING ARTIFICIAL**

### **MINERAL WATER**

**Superior to the Natural,**

Containing the Tonic, Alterative and Laxative Salts of the most celebrated Bitter Waters of Europe, fortified by the addition of Lithia and Sodium Phosphate.

**BRISTOL - MYERS CO.**

**277-279 Greene Avenue,**

**BROOKLYN - NEW YORK.**



Write for free sample.

When ordering please mention the "Alumnae News"



# MEINECKE FACE AND EAR BAG FOR ICE OR HOT WATER



PATENT APPLIED FOR

The "Meinecke" Face and Ear Bag is suitable for ice or hot water, and is a most practical little bag for either use, being a great improvement over the ordinary Face and Ear Bags.

It is an ideal shape for the forehead and over the eyes, for the lower part of the face, for back of the ear, at the base of the brain, on the throat, over the heart, and for any other affected part, where the use of a small ice or hot water Bag is required.

For the forehead and eyes and for the lower part of the face, it is especially adapted, as its curved shape leaves the nose free and uncovered.

For the mastoid region, it is an excellent and most sensible shape, as it fits nicely back of the ear, leaving the ear itself uncovered.

This dainty little Bag is light in weight and is made of our fine quality Maroon Rubber, re-inforced at the seams; it is fitted with brass collar and screw cap, covered with our patented "Unlosable" Washer.

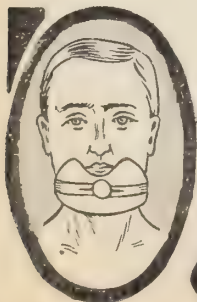
A muslin bandage, about 2 inches wide and 36 inches long, is supplied with each Bag, for securing it in position.

**RETAIL PRICE, \$1.25**

Sent by Mail upon Receipt of Price

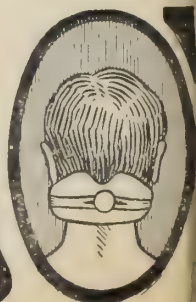
HOSPITALS SUPPLIED AT WHOLESALE PRICES

SOLD BY ALL LEADING DEALERS



## MEINECKE & COMPANY

48-50 PARK PLACE, NEW YORK



FOR SECURING BAG

"MEINECKE" SPECIAL BANDAGE

WITH EVERY BAG

A BANDAGE FREE

**VOLUME 4.**

**NUMBER 2.**

**The**  
**Alumnae News**

**DECEMBER**

**1909.**

**(NON-POISONOUS. NON-IRRITATING)**  
DOES NOT COAGULATE ALBUMIN

# CHINOSOL

**DOES NOT INJURE MEMBRANES.  
DOES NOT MAKE THE HANDS SORE.  
FREE FROM DISAGREEABLE ODOR.**

**CHINOSOL COMPANY—PARMELE PHARMACAL CO., SELLING AGENT, 54 SOUTH ST., N. Y.**

[illegible]

# ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

VOL. IV.

DECEMBER 1909

No. 2

PUBLISHED MONTHLY, FROM NOVEMBER TO JULY.

Sent free of charge to all members of the "Alumnae Association"

to others: { 50 cts. per year  
10 " " copy

Editor—Miss M. H. YOUNG, 8 W. 92nd Street

Business manager—Miss Harriet B. Leach, 7 W. 15th St.

News Editor—Miss H. EARLE, 7 W. 15th St.

Secretary—Miss L. WYGANT, Plaza Hotel, 59th St. & 5th Ave.

## REPORTERS

Mrs. Jameson, 245 W. 14th St.

Miss Rough, 7 W. 15th St.

Miss Frederick, 5 Livingston Pl.

" Walton, 7 W. 15th St.

" Ryerson, 133 W. 140th St.

" A. B. Stewart,


414 E. 14th St.

Mrs. Hosking, 8 W. 92nd St.

Miss Golding, 245 W. 14th St.

" F. Nash, 8 W. 92nd St.

" Lavinia Wood, 8 W. 92th St.

 It is requested that notice of change of address be sent to the Secretary as promptly as possible, so that the mailing list may be kept corrected.

Those who have failed to receive the "Alumnae News"—or those who desire extra copies—can always be supplied by calling at the Club, or at Miss Macdiarmid's office—or copies will be mailed on application to the Secretary.

## EDITORIAL COMMENT.

The "News" wishes all its reader a very merry Christmas, and wishes to call attention to a clipping from one of the newspapers which may help us to make this a merrier time for many others.

"The Consumers' League of New Jersey has started its annual campaign against what it terms 'Christmas cruelties.' The league asserts that the keeping of the stores open from half-past eight o'clock in the morning until nine o'clock at night during the Christmas holidays overworks the saleswomen, producing much illness among this class of workers.

The extra hours also mean irregular meals and no extra compensation for thousands of children employed as wrappers in the stores, the league declares, as well as keeping messenger boys out until early morning.

The league urges Christmas buyers to do their shopping early, before Thanksgiving, if possible, and not later than December 1st. The holiday shoppers are also requested to do their purchasing early in the day, and to request that no packages be sent to their homes after six o'clock in the evening."

---

We have great pleasure in announcing that Miss H. B. Leach, who is one the nurses in charge at the Hospital, has consented to undertake the Business management of the "News"—with her friend Miss Meier to assist her.

---

It is with deep and unbounded regret that we learn that Dr. Stimson and Dr. Peabody have resigned their attending-ships at the New York Hospital. They have ever been friends, good and true, to the nurses, both the pupils in the training school and the graduates, and we feel that their places it is impossible to fill. We wish them many years of good health to enjoy their well-earned rest, and feel sure that we will always enjoy their kind interest and good feeling, as they will ever possess our highest honor and respect.

---

As so many subjects of interest were taken up at the annual meeting of the New York State Society, in October, we are printing in this number a very full report, so that those who were unfortunate enough not to be present may get some idea of what was said and done there.

---

## NOTICES

### N. Y. H. ALUMNAE MEETING

The next regular meeting of the Association will be held in the Lecture Room, 8 West 16th Street, Thursday, December 9th, at 3 p. m.

*Miss Goodrich was unable to be present at the November Alumnae Meeting, but will give her talk about the International Congress at the December meeting.*

---

**Don't** shop after five o'clock or on Saturday afternoons.

**Don't** leave your Christmas shopping until the fortnight before Christmas.

---

The Alumnae Association of the Presbyterian Hospital intend holding a "Fair" on December 8th and 9th at 37 East 71st Street, for the purpose of establishing a Pension Fund.

---

The Nurses' Alumnae Association of the New York Post Graduate Hospital will hold a "Fair" for the benefit of their Sick Fund at the Waldorf-Astoria December, 9th and 10th, 1909.

---

## STATE MEETING.

With ideal weather and an airy commodious Assembly Hall in which to meet, the various delegates from all over the state met on Oct. 19th and 20th to hear annual reports and papers and discuss matters of import to the nursing profession. After invocation by Rev. W. M. Grosvenor D. D., the address of welcome was given by Dr. John A. Wyeth, President of the Academy of Medicine, and responded to by Miss Mary E. May, Rochester, N. Y.

The morning session was wholly taken up by reports of Secretary, Treasurer and Committees; one of interest to all was that of the Nurse Examiners by Miss Damer, who stated that during the year 724 graduates had applied for registration, 628 of them passing and several with honors. Since the Registration Law had been past there were 6000 R. Ns in the state.

Mrs. Harvey D. Burrill then gave her report as delegate to the National Convention which was followed by Miss Alline's report on Training Schools. Ninty-eight Schools have an R. N. as Superintendent which in itself sounds encouraging as a means of more efficient and thorough tutelage, consequently a keeping up of high standards of training.

The President's address completed the morning session and proved to be concise and businesslike, emphasizing the necessity of a reorganization of membership, and a change in the matter of annual dues payable to the state.

Miss L. Dock opened the afternoon session in a talk on the International Congress of Nurses at London. There were seventeen Countries represented, though only seven are in membership. Three native Cubans were sent by their government. The Japanese representative, who had been in 3 wars was sent by the Red Cross Society of Japan, and Miss Dock said that one of the most interesting groups was that representing the Irish, adding, "There was nothing slow about the Irish". One point particularly emphasized by the speaker was that Nurses in foreign countries realized more fully than we the advantages of a good higher education in order to be able to fight oppression. The special actions taken were; First, the forming of an International Committee on Training School Education. Mrs. Robb, Chairman. Second—The taking up of propaganda of venereal diseases.

"The working girl and her problems" was ably handled by Mrs. Florence Kelly, Sec'y of Consumers' League who is deeply interested in this social problem and who began her remarks, by saying she felt she was addressing an audience that was not composed of mere listeners but *of women who did things*. Several interesting facts were stated pertaining to the efforts made in diffe-

rent cities and states to restrict the working hours of women and young girls, and also to secure larger remuneration for service rendered.

One of the most interesting papers was on Social Work, by Dr. Goldwater, of Mt. Sinai Hospital, who quoted: "Medication without hygienic surroundings is like amputation without ligatures," and proceeded to state that there was a necessity, not to be ignored, for hospitals to extend their work beyond the wards and that they should take the same interest in their patients as the Doctor in private practice, to get in personal touch with home surroundings and aim to secure proper care and treatment for the discharged patient too ill to resume regular duties. This relief is obtainable through several agencies operated in the city. The work of the T. B. Clinics was highly commended, and Dr. Goldwater felt that in order to make the Social work more effectual there should be an official representation of the Social Service Department on the Governing Boards of our Hospitals.

Miss Golding read Miss De Witt's paper on "The Private Duty Nurse." Discussion following, the question was raised as to why so many nurses object to obstetrical cases. The only objections cited were loss of time and consequent loss of money in waiting, the long hours and the unfitness of so many nurses to do this kind of nursing.

Miss Marsh, Presbyterian Hospital, read a carefully prepared paper on "Present methods used in Medical nursing," confining herself to the treatment of Typhoid, Pneumonia, Nephritis and Uremia. Following this paper Miss Cruik of Bellevue Hospital spoke of the high caloric diet which was being used so satisfactorially in cases of typhoid.

Miss Ella Phillips Crandall, Henry Street Settlement, spoke on The Nursing Service of the Metropolitan Life Insurance Company. In opening, Miss Crandall compared compulsory insurance in case of sickness and death with voluntary, contending that the latter was not apt to reach the very needy. The Metropolitan Company aimed to lengthen the life of its policy holder by giving the needed aid through Social Welfare Methods, and in thus lessening mortality would ultimately lower premiums. Eighty or ninety per cent. of the sick never reach hospitals, and this shows how great is the opportunity for the district nurse to accomplish much in the homes of the sick.

Miss Jane Delano, Superintendent of Army Nurses spoke on Red Cross Nursing, its purpose being to give immediate relief in time of war, pestilence, flood, famine, etc. Some idea of the attention given to the details of getting up supplies by the German Red Cross Society is gathered from the fact that in forty-eight hours a

full equipment for hospital service can be in readiness for from 150 to 40,000 people. This includes nurses, doctors, orderlies, with all supplies necessary for maintenance. Japan has the most perfectly equipped society as was demonstrated by the fact that they were able to cope with the situation unaided at the time of the Japan-Chinese War.

The afternoon session of the 20th was opened with a paper on the Central Registry, by Miss Sarah T. Martin of Baltimore, Md. This subject being of more than usual concern to the N. Y. County nurses, it was listened to with eagerness;

Membership included graduates and non-graduates.

Nurses of other states were expected to pay a slightly higher fee for registration. There is a *general list* on which anyone could register, and also *individual lists*. The latter being of individual schools, thus preserving the identity of each school,

Some of the advantages hoped for by the Maryland nurses will be the regulating of the hours of nursing; the practicability of allowing nurses to specialize; the giving of more satisfactory service to the profession and the public; raising the standard of registration by distinguishing between the "genuine" and the "counterfeit" nurse. Following this paper Miss Pindell moved that the Chairman appoint a committee of five, with *power to act*, to look into the advisability of establishing a Central Registry. This committee to confer with the executive and report at next meeting.

Doctor I. J. Baker, Chief of Division of Child Hygiene (Dept. of Health), gave the nurses an impressive insight into her work, and referred to the excellent work done in the public schools under the supervision of Mrs. Rogers. The report of the Dept. of Health in 1902 showed that many, many children had some defect or disease which needed treatment, and large numbers of these had to be excluded for contagion, which otherwise might never have been noticed or corrected. The Doctor stated that this work looked toward the "prevention" rather than the "cure" and became essentially the work of the nurse, and urged the Superintendents of Training Schools to fit graduates to do this work of educating the ignorant sick and poor on how to live and care for their own in order to *prevent* disease.

Dr. W. H. Allen's paper on Municipal Research came next. The object of the Bureau being to disseminate the knowledge of such things as pertain to the welfare and good health of the individual, and the community at large, what is the use of possessing knowledge of Hygienic Methods, etc., if we lock them up in our own mind? To tell others seems the most logical procedure. The nurses were urged to use their influence in persuading Municipal Authorities to grant necessary monies in order that the knowledge

so necessary to right and healthful living might be placed within reach of those who needed it, and to see to it that the law be enforced in regard to matters of health and good living.

A motion, regularly seconded, that the N. Y. State Association join the State Red Cross Society was unanimously carried.

Mrs. Burrill was appointed delegate to National Convention next year with Mrs. Twiss as alternate. The incoming President was instructed to appoint a Committee of Five on Entertainment of Delegates to National Convention in 1910; also a Committee of five on Reorganization of Membership in the State.

Cordial letters of invitation were read from the Mayor of Rochester and the President of the Chamber of Commerce for the New York State meeting to be held in their city next year. The invitation was accepted.

The result of the election showed that three of our nurses were elected on the ticket. Mrs. C. V. Twiss, President; Miss Mary Samuel, Trustee for one year; and Miss Duncan on the Executive Committee.

A. B. DUNCAN.

---

### ONE OF OUR GRADUATES

To the act of one woman, Miss Lillian Wald, is largely due the present inspection of this city's school children by a staff of 150 physicians and 142 nurses. The city fathers did not vote funds for this work originally. Miss Wald according to a statement issued yesterday by the Bureau of Municipal Research, "loaned a nurse from the Nurses' Settlement to make the first inspections in New York City." Now the children's enlarged tonsils and adenoid growths are being remedied. Problems of ventilation are being solved. In each school the pupils who apply for work certificates are first passed upon by the school physician, and parents are advised of conditions of teeth, eyes, nose and lungs that require treatment in order to fit the child for a profitable occupation.

Of course, the attention of many professional and philanthropic agencies was at once centred upon the obvious results of the initial inspections, and to them belongs much credit for making the work a part of the municipal system. Hundreds of other cities are following New York's example, and in these cities individual volunteers begin the inspections that are later officially sanctioned and adopted. The authorities in Great Britain complain that the recruits for army service show that the people are becoming physically degenerate. A general movement in this country to correct the physical defects of school children should prevent such a lowering of the National standards.—*New York Times*.

## ALUMNAE MEETING.

Every chair was occupied, which means the room was filled, and one pleasing feature was the presence of many new faces of both recent and older graduates. Come again and always!

The usual reports of Secretary, Treasurer, Board of Trustees and the Club were read, and the Credential Committee presented the following names for membership.

Miss Hilda Colchester	Miss Beatrice Anderson
Miss Lillian Willson	Miss Juanita Woods
Miss Anna Meier	Miss Sayers
Mrs. Ballie	Miss Powell
Miss Tom	Miss Lewis
Mrs. James Morgan	

Miss Bridges, who is now taking a Post Graduate Course at the Hospital was reinstated into membership on payment of back dues.

The Report of State Meeting was given by Miss Duncan.

Notice was given of a special meeting of the County Society, Friday, November 19th, at 3 P. M., in Bellevue Nurses' Home.

Miss Sutcliffe stated that Doctor Stimson and Doctor Peabody had resigned from active service at the Hospital.

On regular motion the President was instructed to appoint a committee of three to plan some suitable recognition of the many kindnesses received by the nurses individually and collectively from both Dr. Stimson and Dr. Peabody, and to express our deepest regret at their retirement.

The members appointed were Miss Sutcliffe, Miss Macdiarmid and Mrs. Twiss.

The meeting then adjourned to meet Dr. Howell, the new Superintendent of the Hospital.

A. B. DUNCAN.

---

## SPECIAL COUNTY MEETING.

There was a good attendance, on Nov. 19th, at a special meeting of the New York County Society.

The report of the Committee on Central Registry was read, and a resolution was passed "that the County Association take steps to establish a Central Registry as soon as possible;" this cannot, however be done at once as it will necessitate the amendment of the By-laws,

which will take a little time; then to allow nurses who are not members of the County Society to register it will be necessary either to get a license, or to form an associate membership, the latter plan is said to be opposed by many who stand for state registration, but is a point which will have to be decided by the majority.

It has been suggested that circulars of information be distributed; and, as to finance the scheme it is proposed to issue bonds, slips are to be sent to the nurses to find out what support they are willing to promise.

The regular January meeting of the County Society will resolve itself into a mass meeting on the question of Central Registry, and Dr. Houghten, President of the Medical Society is expected to speak.

As many as possible of our nurses are urged to be present, and ready to contribute their quota of ideas.

---

### THE GIFT.

What is the gift that I may bear  
To the Lord of Christmas time?  
I'd bring a treasure beyond compare  
To the Lord of Christmas time.  
The star threw its fire on the Bethlehem fold  
The wise men gave riches of spices and gold,  
And angels sang anthems earth could not hold,  
Oh, what may I bring for the new-come King?  
The Lord of Christmas time.

---

Love is a present for the King,  
The Lord of Christmas time:  
The only treasure I may bring  
To the Lord of Christmas time.  
The stars in their courses grow blackened and cold,  
The spices and purple soon crumble to mould,  
And anthems are hushed like a tale that is told.  
Till the years are done, I will love alone  
My Lord of Christmas time.

ROBERT DAVIS,

---

## NEWS OF THE CLUB AND THE CLASSES

Miss Walton, spent her vacation, the month of October, at home in Toronto with her sisters. While there, Miss Verna Smith, '06, gave a progressive euchre party in honor of Miss Walton and Mrs. Morse; and Miss Bessie MacMurchy, '08, gave a tea at which our New York Hospital nurses were well represented: Mrs. Morse and Misses Walton, Jones, Verna Smith, G. McCall being present.

---

Miss Grace McCall, has just returned from a two weeks vacation in Toronto.

---

Mrs. Morse, after a long absence, has returned to New York, and will do private nursing.

---

Miss Lawrence has been visiting in Scotland, but is now in London. Miss Mary Whitman is also there, with a patient.

---

Miss Susie Armstrong, has been in Maine with a patient for several weeks, camping in the woods: but has now returned to Morristown, N. J.

---

We extend our deepest sympathy to Miss Josephine Hill, on the death of her father; and to Miss MacFadden, who has suffered a like bereavement.

---

Miss I. B. Swan and Miss Rough, each spent a week at home in Toronto last month; returning to take up their respective duties in Wards I and F.

---

Miss Gertrude Forbes will spend the winter in Toronto, and Mrs. Cooper has just returned from that city, after a two months vacation.

---

Miss Browning, Miss Salter and Miss Burroughs sailed for Mexico on November 5th, where they expect to spend the winter and do private nursing.

---

Miss Janet Dunlop, who with her mother and two sisters has been travelling in Europe for the past eighteen months, returned to this country last month, and was operated on in the private operating room by Dr. Adrian Lambert for appendicitis. She has made a complete recovery.

---

Miss Hastings has returned from Sea Cliff and gone home for the winter. Miss Florence Creighton, her assistant, is at the Club for the winter, and expects to do private nursing.

---

Miss Hornibrook sailed for Europe on November 6th, where she hopes to spend a year and do some nursing. Miss Tybjerg is in Paris doing private nursing.

---

Mrs. Quipp and Miss Taylor have opened a tea room at Poughkeepsie, near Vassar, and intend remaining there for the winter.

---

Miss Colchester, has returned to the Club after a two years visit abroad.

---

Miss Leila Finney is spending the winter with her sister in British Columbia.

---

Miss Paisley has gone to South Carolina with a patient for the winter.

---

Miss Agnes Fletcher has returned to the Club after a very pleasant year spent in Scotland visiting relatives.

---

## **MARRIAGES**

On Tuesday the nineteenth of October, in Toronto, Canada, Miss Mary Cuthbertson, Class '01, to Mr. James Henry Swan. Mr. and Mrs. Swan sailed the following day for a several month's tour in Europe.

---

On Wednesday, the fifteenth of September, Miss Pearl Victoria Nash, Class '08, to Dr. Charles Turner Sands, of Philadelphia. Dr. and Mrs. Sands are living in Silver City, New Mexico.

---

On Saturday, October the ninth, Miss Marie Baumann, Class '08, to Mr. Alex. L. Tarelli. Mr. and Mrs. Tarelli are living at 15 Charlton Street, New York.

---

## **BIRTHS**

In October, the wife of Dr. William B. Cutter—Miss Marie Moir—of a daughter.

---

In October, Mrs. John Fabie—Miss W. A. Swan—of a son.

## OFFICERS OF ALUMNAE ASSOCIATION 1909.

### *Honorary President*

Miss Irene H. Sutcliffe

### *President*

Miss. Amy Holmes..... Mills Training School

### *Vice-President*

Miss M. F. Mackenzie.....8 West 92nd Street

### *Recording Secretary*

Miss Ada B. Stewart.....414 East 14th Street

### *Corresponding Secretary*

Miss L. M. Wygant..... Plaza Hotel

### *Treasurer*

Miss M. M. Russell.....447 West 59th Street

### *Trustees*

Miss M. Wheeler.....9 West 92nd Street

Miss A. A. Strombom.....8 West 92nd Street

Miss F. Nash ..... 8 West 92nd Street

Miss M. Wilson ..... 8 West 92nd Street

Mrs. C. V. Twiss.....419 West 144th Street

## FUND FOR SICK NURSES.

### *Secretary and Treasurer*

Miss Jennie M. Whitelaw,  
253 East 68th Street.

## BOARD OF TRUSTEES.

### *Chairman*

Miss A. B. Stewart

### *Secretary*

Miss L. M. Wygant

## STANDING COMMITTEES.

### *Executive*

Mrs. Twiss

Miss Wheeler

Miss Hash

### *Finance*

Miss M. M. Russell

Miss Mackenzie

Miss Wilson

### *Credential*

Miss Wygant

Miss A. A. Strombom

Miss Holmes

# Special Courses for Nurses

## IN THE SWEDISH SYSTEM OF MASSAGE

### MEDICAL AND CORRECTIVE GYMNASTICS

(The System You Will Eventually Learn)

Term: Three Months = = Tuition Fee, Seventy-five Dollars

### COURSE IN ELECTRO-THERAPY

Term: Two Months = = Tuition Fee, Twenty-five Dollars

### COURSE IN HYDRO-THERAPY IN ALL ITS FORMS

Term: Six Weeks = = = = Tuition Fee, Thirty Dollars

Winter Classes open in Two Sections: Jan. 12th and March 22nd, 1910.

9109 TREATMENTS GIVEN IN 1908. No better clinical experience possible

All courses may be commenced at the same time and finished within three months. The instruction consists of daily clinical work and practical lessons on patients referred to our clinics from the various Hospital Dispensaries, Original Swedish (Ling) System, and Weir Mitchell's Rest-Cure System. All pupils attend clinics at several city hospitals. A complete Medico-Mechanical Zander Gymnasium for treatment of patients and instruction of students' Payments can be made to suit your convenience. Application blank and illustrated booklet on Massage upon request  
*Spring Classes open May 17th. '10.*

*An early application for admission is advisable*

Pennsylvania Orthopaedic Institute and School of Mechano-Therapy, (Incorporated)

1711 Green Street, PHILADELPHIA, PA.

MAX J. WALTER, Superintendent

## New York Hospital Nurses Club

8 WEST 92<sup>ND</sup> STREET

NEW YORK

## Caps and Bedside Notes For Sale.

H. Blumberg

Fashionable Ladies' Tailor

Suits and Skirts

a specialty



References

New York Hospital  
Nurses



Telephone Connection

243 West Thirteenth Street

Near Greenwich Avenue

New York

## SAL HEPATICA

For preparing an

EFFERVESCENT ARTIFICIAL

### MINERAL WATER

Superior to the Natural,

Containing the Tonic, Alterative and Laxative Salts of the most celebrated Bitter Waters of Europe, fortified by the addition of Lithia and Sodium Phosphate.

BRISTOL - MYERS CO.

277-279 Greene Avenue,

BROOKLYN - NEW YORK.



Write for free sample.

When ordering please mention the "Alumnae News"

"EVER IN THE LEAD"

# MEINECKE

"Perfection"  
BED  
AND  
DOUCHE PAN

Anatomically Correct in Shape

IT IS SANITARY

IT IS COMFORTABLE

IT IS EASY TO EMPTY

RECOMMENDED BY  
PHYSICIANS & TRAINED NURSES  
EVERYWHERE

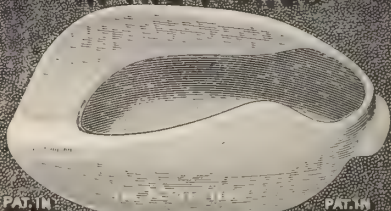
#### RETAIL PRICES

No. 1.	PORCELAIN,	-	-	Standard Size,	\$2.50
No. 2.				Small,	2.25
No. 3.	GREY ENAMELED,			Standard,	4.00
No. 4.	WHITE			"	4.50
No. 5.	GREY			Small	3.50
No. 6.	WHITE			"	4.25

SOLD BY ALL LEADING DEALERS  
Sent upon receipt of price, express prepaid east of  
the Mississippi

HOSPITALS SUPPLIED AT WHOLESALE PRICES

THE MOST COMFORTABLE  
AND SANITARY BED PAN  
IN THE WORLD



PAT. IN GERMANY TWO U.S. PATENTS JUNE 5, 1900 GREAT BRITAIN

MEINECKE & CO

48 & 50  
PARK PLACE

NEW YORK.

**VOLUME 4.**

**NUMBER 3.**

**The**  
**Alumnae News**

**JANUARY**

**1910.**

**(NON-POISONOUS. NON-IRRITATING)**  
DOES NOT COAGULATE ALBUMIN

# CHINOSOL

**DOES NOT INJURE MEMBRANES.  
DOES NOT MAKE THE HANDS SORE.  
FREE FROM DISAGREEABLE ODOR.**

CHINOSOL COMPANY-PARMELE PHARMACAL CO., SELLING AGENT, 54 SOUTH ST., N.Y.

[illegible]

# ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

VOL. IV.

JANUARY 1910

No. 3

**PUBLISHED MONTHLY, FROM NOVEMBER TO JULY.**

**Sent free of charge to all members of the "Alumnae Association"**

to others: } 50 cts. per year  
                  } 10 " " copy

Editor—MISS M. H. YOUNG, 8 W. 92nd Street

Business manager—Miss Harriet B. Leach, 7 W. 15th St.

Business manager (assistant) Miss A. H. Meier.

News Editor—MISS H. EARLE, 7 W. 15th St.

Secretary—MISS L. WYGANT, Plaza Hotel, 59th St. & 5th Ave.

## REPORTERS

Mrs. Jameson, 200 W. 14th St.

Miss Rough, 7 W. 15th St.

Miss Frederick, 5 Livingston Pl.

" Walton, 7 W. 15th St.

" Ryerson, 133 W. 140th St.

Miss A. B. Stewart,

414 E. 14th St.

Mrs. Hosking, 8 W. 92nd St.

Miss Golding, 245 W. 14th St.

" F. Nash, 8 W. 92nd St.

" Lavinia Wood, 8 W. 92th St.

~~It is~~ It is requested that notice of change of address be sent to the Secretary as promptly as possible, so that the mailing list may be kept corrected.

Those who have failed to receive the "Alumnae News"—or those who desire extra copies—can always be supplied by calling at the Club, or at Miss Macdiarmid's office—or copies will be mailed on application to the Secretary.

## EDITORIAL COMMENT.

---

Many Happy New Years, unbroken friendships, great accumulation of cheerful recollections, affection on earth, and Heaven for all of us

CHARLES DICKENS.

As the new year comes round probably most of us make good resolutions in regard to ideals—at least of a personal character; and to cherish a lofty personal ideal is well; to keep striving to attain thereto is also well; but in the coming year, while not neglecting the personal side, cannot those among us who feel that there are many questions in which our profession should take the lead, combine to make these larger ideals felt in the community? It seems as if this might be best done through the existing associations; and a starting point for the purpose would be to make ourselves, in our own Alumnae Association, as familiar as possible with the work already undertaken by the national and other societies with which we are connected, and with the problems they confront, so that, besides gaining greater understanding individually, we may, when our delegate to the National Convention is appointed, be able to instruct her intelligently upon the numerous questions likely to come up for discussion.

On page 77, November number of the American Journal, will be found a list of subjects and suggestions which could be very profitably taken up during the winter.

The "News" is glad to receive, through the kindness of the Secretary of the Alumnae Association, the "Quarterly Bulletin," the organ of the Alumnae of the St. Louis Training School with which Miss Warr, one of our graduates, has for many years been connected. We congratulate the St. Louis nurses on having such a paper and hope we may see more of it.

In this number of the "News" we have an advertisement of the "American Journal of Nursing" which it is hoped may call the magazine, anew, to the attention of our readers, and induce them to subscribe, or help it along by getting their friends to subscribe; reading the Journal is practically the only way of keeping in touch with what is being thought and

said and done in the nursing world, and we commend it to all who wish to be up to date; to all who recognize the responsibility of the members of our profession toward the many problems we get glimpses of in our daily individual work, problems of which it seems the solution will come only by concerted action and more extended vision.

---

## N. Y. H. ALUMNAE MEETING.

---

The regular monthly meeting was held in the Nurses Home, Thursday, December 9th, at 3 p. m., about forty members being present. In the absence of the Secretary, Miss Duncan was appointed Secretary pro tem.

The ticket of nominations for officers of the National Alumnae Association, presented by the Executive Committee of the New York County Society, was ratified by vote.

A request from the Secretary of the County Association was then read, asking that the delegates of each Alumnae Association to that body be fully instructed on the Central Registry question, before the next meeting of the Association.

It was announced that Mrs. Florence M. Kelly of the Consumers' League had consented to address the Alumnae at the January meeting, and that her subject would be "Conserving the Force of the Young Wage-Earner." A large attendance at this meeting was urged.

Miss Pindell's report of the Central Registry Committee was then read for the benefit of those members who had not been present at the Special County Meeting at the Bellevue Nurses' Home, November 19th.

The President spoke of the desire on the part of the National Board of the Young Women's Christian Association to co-operate with the County Association in the matter of a club house for nurses, part of which could be used as office quarters of the Central Registry. Following a general discussion of this matter, a motion was carried that the delegates to the County Association be instructed to vote to accept the

offer of the National Board of the Y. W. C. A., unless conditions should arise that would make them feel it wiser to vote otherwise.

In the discussion of this question the point was brought out that when the offer was made, express emphasis was laid upon the fact that there would be no interference of any sort in the affairs of the Registry on the part of the Christian Association. And also attention was called to the distinction between the Y. W. C. A. on 15th and 16th Streets and the organization from which the offer had come through Miss Grace Dodge, the National Y. W. C. A., whose offices are 125 East 27th Street.

There was some further discussion of the Central Registry and of the great need of placing the control of the nursing situation in New York in the hands of nurses, and taking it from those of money-makers, and also the need of eliminating the growing number of "undesirables" from the legitimate field of the accredited professional nurse, the hope being expressed that those needs would be met in the establishment of a Central Registry under the management of properly qualified nurses.

Upon the conclusion of the formal business of the meeting, Miss Goodrich gave a most entertaining and interesting talk on the International Congress of Nurses at London last summer. She said she never had attended meetings so full of interest and encouragement from the nursing standpoint; that the whole Congress was characterized by the spirit of fraternity, co-operation and progress. She read an account of the meetings from the Dublin "Times," in which high tribute was paid to the nursing profession in general and particular praise given the Americans for the able and statesman-like quality of their papers.

She briefly summarized the papers and resolutions adopted, gave charming accounts of some of the "functions" to which she had been invited and told many funny stories of amusing incidents so delightfully that many must have wished that they had been present.

The meeting was then adjourned and coffee and sandwiches were served.

JULIA C. STIMSON, R. N.

## INSTITUTIONAL NURSING

I have been asked to present to night that particular phase of nursing that is called Institutional, or Hospital Nursing. I think it is just seven years since I acceded to a similar request from the Alumnae. While I cannot recall any thing of what I said at the time, I am glad to testify that with seven years of added experience, including both hospital and private nursing, I can come with a like, but still greater enthusiasm to present the claims of this special branch of the work. It is an added pleasure to know that the graduating class is here with us. It is certainly inspiring to us who have been a good while in the work, to come into close contact with those whose anticipations and ideals are fresh and vivid and we trust it may be helpful to the younger members of the profession to meet with us who have been longer on the way, but who still share their enthusiasm and their endeavours to make real their ideals. I come with the hope also, that I may, in presenting this line of work, answer some of the practical questions regarding it, and if possible, take away some of the reluctance with which many nurses consider the question of hospital work. It is perhaps natural that, after the long strenuous time of training, one does not relish the idea of continuing uninterruptedly hospital routine, hospital pressure, and possible hospital fare as well. It certainly is always an advantage when accepting an institutional position that a nurse should have had previously the experience gained from a few private cases. After one has had a rest from *all* work for a sufficient length of time to recuperate from the strain of the training, and then some private work in order to realize the different conditions, and the necessary adaptability required to meet such conditions, *then* I wish I might urge the graduates to consider some of the points of which I speak to night. I want to tell you of the *benefits* of hospital work, by that I mean the advantages which accrue to one's self; then a word about some of the *dangers* of this work: and then I wish I might be able to open up before you the great *opportunities* of the work.

Most of us enter our profession with the perfectly laudable motive of earning a livelihood and while that is far from being the only incentive we have, you will all admit with me that it is a very important consideration. It is perhaps especially necessary to consider the financial problem just after the long training, when there has been little or no income, and the nurse, just graduating, looks forward with legitimate longing to her twenty-five dollars a week. It is true, that few, if any, can begin hospital nursing with the

---

Read at New York Hospital Alumnae Association reception to the graduating class—1909.

equivalent of that income. The nurse would do well, however to consider that on private duty she has *always* her room, telephone and laundry to pay for, and between cases she has the added board, which is so much more than one realizes at first. There is then the uncertainty of work which she must at times expect and the occasional illness which makes such deep inroads into the profits. Over against these considerations let the nurse think that, in the hospital she has a stated amount, and can gauge her expenditures accordingly, that her board and laundry are entirely taken off her hands, that in case of occasional illness all that is necessary is provided for her, and at the end of the year she will find her bank account will often compare favorably with that of her friend who has apparently received so much more in private work.

The *professional* benefit is the next of which I would speak, as it is made so easy for the nurse to keep in touch with what is new in surgical and medical work. We all know how readily we become "back numbers", and work in an up-to-date hospital is one of the greatest incentives to keep abreast of the times along the lines of professional work.

Once again there is the *social* benefit: by that I do not refer to society, so called (for, for that no nurse seems to have much opportunity) but I may explain it better, perhaps, by saying what it is *not*. It is the opposite of that peculiar loneliness from which a private nurse often suffers, as she must be in the family, but not of it. The nurse in the hospital can find always one among her associates who is congenial to her and some of the strongest, warmest and most loyal friendships have been formed in this working side by side in the same institution.

Then comes the benefit of *regular time off duty*; a benefit which those nurses know how to appreciate, who have been in cases of private duty where they were always on call. It is an untold luxury to be able to go to one's own room and close the door, and know that the work will go on, but that the pressure and responsibility of it may be dropped for the time. If that habit of throwing off care and responsibility at off duty times is but cultivated when the institutional life is *begun*, we should have fewer breakdowns later when the position is higher and the burdens greater. Believe me, we can control that condition and form that habit, if we *will*; and given the habit, I am sure that one could bear well longer time of hospital work, with its regular hours for food and sleep, than of private duty, where one's time must of necessity be so broken and irregular.

There are some very real *dangers* peculiar to this hospital work, about which I wish to sound a warning. The matter of broken health because of the great strain of institutional nursing is

a danger to be guarded against by the formation of the habit just spoken of, of dropping care and responsibility in off duty time.

Then there is the great danger of getting into a rut. There is so much of necessary routine that sometimes you find a woman narrowed down to just one way of looking at things and to one way of doing things, a condition most detrimental to herself and to all those with whom she comes in contact. Again you occasionally find an individual, who owing to the great pressure of work acting upon her temperament, turns into a machine. She goes on by means of some mechanical force without enthusiasm and without heart. She forgets the "patient" in the "case" and does not realize that her nurses are women with very human limitations. For such there is *no* room in *any* hospital. Let her earn her living where she is responsible for herself alone, and her lack of heart will soon necessitate some other work than nursing.

The routine and the strain become dangers mainly from the character of the woman who has undertaken the work, but they are nevertheless so real that we cannot afford to be careless as to their affect upon our characters.

Turning from the selfish view of the advantages to be gained from this kind of nursing; and from the darker picture of the dangers incident to it, I ask you to look for a moment with me at the wonderful *opportunities* open to a woman who finds her life-work in a hospital. It is quite enough to inspire us with enthusiasm to realize the opportunity we have of teaching the principles of nursing, and the adaptation of these principles in differing circumstances, to women, who come to us with but the vaguest ideas of the work. Add to this the opportunity of giving untrained women the discipline and training which shall qualify them for better work in every walk of life to which they may be called, and we begin to see how far-reaching our work may be. It is sometimes hard to realize just the position we hold, and the responsibility we possess until we look back to our own training days, and think how *we* felt toward those in like positions,—how we were influenced by them—how incidents trivial in themselves were burned into our memories, never to be effaced in after years.

Right here, let me ask if your experience does not agree with mine, in that we gained infinitely more from the personal contact with our teachers themselves than from anything that they taught us. A great deal of what they taught was lost, and we had to relearn it, sometimes by bitter experience, but the inspiration of their characters and personalities will *always* be a living reality.

Then the opportunity of doing our share toward the alleviation of suffering, not only in a larger professional way, but in the smaller personal ministrations which add to the patients' comfort and cheer;

this opportunity cannot fail to impress us. I grant you that in private nursing, we can come into more intimate relation, and give more time to the comfort of the individual patient, but after all, the chance, in the hospital ward, to show to the poor and the sick the real sympathy by which we are actuated, is an untold privilege.

The opportunity of seeking the best for our profession, of endeavoring to raise its standards in every way with the medical profession, and with the public at large, must appeal to us, who have put life and love into our nursing.

As institutional nursing with some of its difficulties and advantages is thus presented, I would like to say a word of the great privilege, now possible, of obtaining special preparation for this work at Columbia University. Most of us who have had to learn so largely by experience, and so often by mistakes, are almost envious of this great opportunity, now open to our graduates. It is to be hoped that more of our hospitals will offer scholarships so that those who are otherwise qualified, but cannot meet the expense, may be able to take this course of study. I understand that Miss Nutting has recently presented to our Alumnae the need for an Endowment Fund for this course at the college, and in the "Alumnae News", it is gratifying to see that there has been some response to this appeal. Surely we should be ready to give toward this Fund, as there is no quicker and more thorough way of raising the standard of our profession (and so benefiting all nurses alike,) than to give superintendents to our Training Schools who are technically and fully equipped for the position.

What kind of woman do we want then in our hospitals? The very best are none too good for this work. We want the woman of broad culture, because she must be truly representative of our profession, and must be able to meet the demands made upon her in this day of high-grade work. We want the woman of executive ability who shall, by means of this, bring things to pass and work out in practical details the theories that her education has evolved. These qualifications we want, but the quality without which the highest cultivation and the most wonderful executive power are useless, is what we *must* have, the woman with a *heart*. By this I have in mind no sentimentality nor lack of discipline, but that broad hope that looks for the very best in all with whom one comes in contact and never rests until the best is achieved.

The woman whom we want to see in hospital work, then, is the one who will train those under her to *nurse*, by means of the most approved methods, but who, beyond and above the training she is able to give them as nurses, shall, by her example, and the spirit she inculcates, inspire them to develop the noblest womanhood.

Along with our demands for higher educational *development*, let us require also with no less emphasis, the greater personal *devotion* to our work.

L. E. ANDERSON.

---

## NOTICES

### N. Y. H. ALUMNAE MEETING

The next regular meeting of the Association will be held in the Lecture Room, 8 West 16th Street, Thursday, January 13th at 3 p. m.

*Mrs. Florence M. Kelly, Secretary of the Consumers' League will speak on "Conserving the force of the Young Wage Earner"*

---

### NEW YORK COUNTY SOCIETY

The regular quarterly meeting of the New York County Society will be held at the Academy of Medicine, 17 W. 43rd Street, on Tuesday, January 4th, at 8 p. m.

*The Central Registry will be discussed, and the President of the Medical Society is expected to speak.*

---

### FOR THE NATIONAL ASSOCIATION

The Chairman of the Program Committee for the 1910 convention of the Nurses' Associated Alumnae requests that suggestions for the program be sent at an early date by all affiliated societies and by every nurse interested in having a good convention to E. Baldwin Lockwood, Granby, Conn.

---

## SPECIAL COUNTY MEETING.

On Nov. 19th a special meeting of the N. Y. County Nurses Association was held in the Assembly Room of Bellevue Hospital Training School for the purpose of discussing the plans for a Central Registry under the control of the County. Miss Pindell, the Chairman of the Committee having the matter in charge, reported that Miss Golding had been serving as Secretary of the Committee and had seen the Alumnae Associations of many of the affiliated schools and made careful inquiries to gain as much information as

possible for the use of the Association. More than half the Associations reported their willingness to support the Registry financially and some others were willing to approve the plan although they did not feel that they could promise money.

Mr. Dawson came to the meeting and explained the steps that it would be necessary to take to have a bond issue on the basis of an incorporated membership. It would be desirable to have Associate members, who should be subject to the control of the Association, but not necessarily have any vote. Miss Damer objected to this arrangement, as we have struggled so hard to get State Registration and she felt such action would let down the bars. The alternative of managing the registry as an Employment Bureau, subject to the Bureau of Licenses seemed preferable to her.

After interesting discussion on several important details of the plan a vote was passed that it was the sense of the meeting that the N. Y. County Nurses Association should establish a Registry.

There was a representative assembling of the nurses at this meeting and it is hoped that there will be an even larger number present at the meeting on Tuesday evening, Jan. 4th when various other details will come up for discussion.

This is a matter which is of special importance to the members who are doing private duty, and their advice and co-operation are needed. All who have studied the matter seem to be agreed that it is very important to make some definite move in the matter, but in order that it may be done well the freest and most intelligent discussion is imperative,

---

## NEWS OF THE CLUB AND THE CLASSES

---

Dr. and Mrs. Howell were Miss Sutcliffe's guests to dinner at the Club on the 9th, and a very pleasant evening was spent. We were very pleased to meet them, and to meet the Superintendent in an unofficial capacity, and trust that the kindly feeling and bond of sympathy that exists between Mr. Ludlam and the nurses has started and will strengthen as the years go by between Dr. Howell and ourselves.

---

Miss Sutcliffe is giving her services to Social work connected with the hospital. Convalescent patients who have no home, are without situations or in any distress, are her particular care; and already, with her untiring energy, has she been able to help many. Will the nurses bear in mind that gifts of clothing or anything useful will be welcome, if sent to her, addressed to the Hospital?

---

We were very pleased on December 1st to welcome Miss Gibson back to her duties in the P. P. B. Her position was filled for a time by Miss Anna Meier, recently graduated; Miss Meier has been home for a few weeks' holiday and is now in charge of Ward L, Miss Davis, late head-nurse there, having taken charge of Ward K.

---

Mrs. Virginia Baillie, class '09, has been several weeks a patient on the 4th floor; we are glad to say she is better, and has gone home to Virginia for Christmas. Miss Geisser is now on the 4th floor with typhoid; our earnest wishes for a rapid convalescence. Miss Hubbard contracted scarlet fever at Campbell Cottage, White Plains, and was in isolation there; she is better, and has gone home to recuperate; while Miss Mabel Henderson, who has been home for a holiday, has resumed her duties there.

---

Miss Ruth Birdsall, class '09, is doing settlement work in Hackensack, N. J.

---

Miss Florence Nash has gone home, Bath, Ontario, to nurse a younger sister who is ill with typhoid. Her sister, Mrs. Sands, class '08, who is living in Silver City, Mexico, was unfortunate enough to have her house burnt down, shortly after moving there; but we are glad to say that her furniture was all saved.

---

Mrs. Harris (Miss Katherine Sutcliffe '02) who lives in California, has been seriously ill; her many friends will be glad to know she is much better.

---

The Misses Paget, Millan, Anderson and Lillian Wilson have all gone to their respective homes for the Christmas holidays. Miss Jessie Cardiff will return to live at the club after Christmas.

---

Miss MacFadden has gone to the Bermudas with a patient for the winter; Miss Maude Creighton, after a long visit to Lindsey, Canada, has returned to the club; and so has Miss Anna Frazer, who has been home in Toronto, nursing her father, who was very ill.

---

Mr. and Mrs. J. H. Swan—Miss Cuthbertson '01—passed through New York last month, after a trip abroad, and are now at home, Toronto.

---

Miss Work has resigned her position as Superintendent of the Training School of the Italian Hospital, and is doing private nurs-

ing; Miss Florence Wright has taken the position at the Italian Hospital, having resigned from the Yonkers Hospital.

Miss Margaret MacKenzie is visiting her friends in Toronto.

Miss Elsie Turner is, this winter, nurse and house-mother at Miss Dana's school for girls in Morristown, N. J.

Mrs. Jameson, nurse in charge of the tuberculosis department at the hospital, has a little apartment at 200 West 14th Street.

Members of the Sick Nurse fund are reminded that their dues are to be paid in January.

A petition, signed by a large number of nurses, was presented to the trustees requesting that Miss Dwight be asked to reconsider her resignation as Superintendent of the club; whatever the outcome, it is gratifying to feel that her efforts and work at the club have been appreciated.

The committee in charge of renovating the Club is to be congratulated upon the great improvement made in both appearance and comfort. The residents thoroughly appreciate their efforts.

Miss Amy Elliott has returned to New York, after a long absence, and is now nurse in charge of Dr. Thomas' office. Her address is 54 West 52d Street.

The Report of the Proceedings of the International Congress on Tuberculosis which met in Washington last fall has at last been received; and has been placed in the library at the Club.

We learn with sorrow of the death of Mrs. Fred Bartlett; we tender our deepest sympathy to Dr. Bartlett in his great bereavement.

It has been decided to convert Seton Inn at Lakewood, N. J., into Recuperatory for Young Girls anywhere up to eighteen years of age and children, including boys up to ten years of age. We are sure that "parents wishing to travel and desiring to leave their children under responsible management," may send their children to Miss O'Geran with the assurance that every attention will be given to health and comfort, and happiness as well; arrangements can be made for those desiring to take light studies.

# **Special Courses for Nurses**

## **IN THE SWEDISH SYSTEM OF MASSAGE**

### **MEDICAL AND CORRECTIVE GYMNASTICS**

(The System You Will Eventually Learn)

**Term: Three Months = = Tuition Fee, Seventy-five Dollars**

### **COURSE IN ELECTRO-THERAPY**

**Term: Two Months = = Tuition Fee, Twenty-five Dollars**

### **COURSE IN HYDRO-THERAPY IN ALL ITS FORMS**

**Term: Six Weeks = = = = Tuition Fee, Thirty Dollars**

**Winter Classes open in Two Sections: Jan. 12th and March 22nd, 1910.**

**Over 9000 TREATMENTS GIVEN IN 1909. No better clinical experience possible**

All courses may be commenced at the same time and finished within three months. The instruction consists of daily clinical work and practical lessons on patients referred to our clinics from the various Hospital Dispensaries. Original Swedish (Ling) System, and Weir Mitchell's Rest-Cure System. All pupils attend clinics at several city hospitals. A complete Medico-Mechanical Zander Gymnasium for treatment of patients and instruction of students. Payments can be made to suit your convenience. Application blank and illustrated booklet on Massage upon request.

*Spring Classes open May 17th, '10.*

*An early application for admission is advisable*

**Pennsylvania Orthopaedic Institute and School of Mechano-Therapy, (Incorporated)**

**1711 Green Street, PHILADELPHIA, PA.**

**MAX J. WALTER, Superintendent**

## **New York Hospital Nurses Club**

**8 WEST 92<sup>ND</sup> STREET**

**NEW YORK**

**Caps and Bedside Notes For Sale.**

**H. Blumberg**

**Fashionable Ladies' Tailor**

**Suits and Skirts**

*a specialty*

*References*

*New York Hospital  
Nurses*

*Telephone Connection*

**243 West Thirteenth Street**

**Near Greenwich Avenue**

**New York**

## **SAL HEPATICA**

For preparing an

**EFFERVESCING ARTIFICIAL**

### **MINERAL WATER**

Superior to the Natural,

Containing the Tonic, Alterative and Laxative Salts of the most celebrated Bitter Waters of Europe, fortified by the addition of Lithia and Sodium Phosphate.

**BRISTOL - MYERS CO.**

277-279 Greene Avenue,

**BROOKLYN - NEW YORK.**



Write for free sample.

When ordering please mention the "Albany News"



**VOLUME 4.**

**NUMBER 4.**

**The**  
**Alumnae News**

**FEBRUARY**

**1910.**

# Special Courses for Nurses

## IN THE SWEDISH SYSTEM OF MASSAGE

### MEDICAL AND CORRECTIVE GYMNASTICS

(The System You Will Eventually Learn)

**Term: Three Months      =      =      Tuition Fee, Seventy-five Dollars**

**COURSE IN ELECTRO-THERAPY**

**Term: Two Months      =      =      Tuition Fee, Twenty-five Dollars**

**COURSE IN HYDRO-THERAPY IN ALL ITS FORMS**

**Term: Six Weeks      =      =      =      Tuition Fee, Thirty Dollars**

**Second Section of Winter Classes opens March 22nd, 1910.**

*Spring Classes open May 17th, '10.*

**Over 9000 TREATMENTS GIVEN IN 1909. No better clinical experience possible**

All courses may be commenced at the same time and finished within three months. The instruction consists of daily clinical work and practical lessons on patients referred to our clinics from the various Hospital Dispensaries, Original Swedish (Ling) System, and Weir Mitchell's Rest-Cure System. All pupils attend clinics at several city hospitals. A complete Medico-Mechanical Zander Gymnasium for treatment of patients and instruction of students. Payments can be made to suit your convenience. Application blank and illustrated booklet on Massage upon request. *Summer Classes open July 12th, '10*      *An early application for admission is advisable*

**Pennsylvania Orthopaedic Institute and School of Mechano-Therapy, (Incorporated)**

**1711 Green Street, PHILADELPHIA, PA.**

**MAX J. WALTER, Superintendent**

## New York Hospital Nurses Club

**8 WEST 92<sup>ND</sup> STREET**

**NEW YORK**

**Caps and Bedside Notes For Sale.**

**H. Blumberg**

Fashionable Ladies' Tailor

Suits and Skirts

a specialty



*References*

*New York Hospital  
Nurses*



Telephone Connection

**243 West Thirteenth Street**

Near Greenwich Avenue

**New York**

## SAL HEPATICA

For preparing an

**EFFERVESCING ARTIFICIAL**

**MINERAL WATER**

Superior to the Natural,

Containing the Tonic, Alterative and Laxative Salts of the most celebrated Bitter Waters of Europe, fortified by the addition of Lithia and Sodium Phosphate.

**BRISTOL - MYERS CO.**

277-279 Greene Avenue,

**BROOKLYN - NEW YORK.**



Write for free sample.

When ordering please mention the "Alumnae News"

# ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

VOL. IV.

FEBRUARY 1910

No. 4

PUBLISHED MONTHLY, FROM NOVEMBER TO JULY.

Sent free of charge to all members of the "Alumnae Association"

to others: } 50 cts. per year  
                  } 10 " " copy

Editor—Miss M. H. YOUNG, 8 W. 92nd Street

Business manager—Miss R. L. Cromwell, 7 W. 15th St.

Business manager (assistant) Miss A. H. Meier.

News Editor—Miss H. EARLE, 7 W. 15th St.

Secretary—Miss L. WYGANT, Plaza Hotel, 59th St. & 5th Ave.

## REPORTERS

Mrs. Jameson, 200 W. 14th St.

Miss Rough, 7 W. 15th St.

Miss Frederick, 5 Livingston Pl.

" Walton, 7 W. 15th St.

" Ryerson, 133 W. 140th St.

Miss A. B. Stewart,

414 E. 14th St.

Mrs. Hosking, 8 W. 92nd St.

Miss Golding, 245 W. 14th St.

" F. Nash, 8 W. 92nd St.

" Lavinia Wood, 8 W. 92th St.

It is requested that notice of change of address be sent to the Secretary as promptly as possible, so that the mailing list may be kept corrected.

Those who have failed to receive the "Alumnae News"—or those who desire extra copies—can always be supplied by calling at the Club, or at Miss Macdiarmid's office—or copies will be mailed on application to the Secretary.

## EDITORIAL COMMENT.

Miss Leach who has been acting as Business Manager of the "News" for the last two or three months has accepted a position in the west, so, much to our regret, has been obliged to sever her connection with the paper, and Miss Cromwell has kindly undertaken the work.

We wish them both all success.

The plans for the Central Registry seem to be coming on satisfactorily though slowly, as is proper in such an important matter where the ideas and interests of so many people have to be consulted and considered. We find that there are many, especially among those doing private nursing, who wish for more information: the report of our own Alumnae meeting and that of the County Society, in this number of the "News," give a good idea of what is being done—and has been done—and through our three members of committee we hope to be well posted as to further proceedings.

As we trust that the same policy of publicity in regard to discussion of plans may be followed in the future as in the past, as people can not take interest in things they do not know about.

A recognized centre, or headquarters, for the profession where both nurses and public may go for information and help seems desirable: most other organizations find such a centre necessary, and when ours has been once established we will wonder how we ever existed so long without it; also to our sister nurses from out of town, coming to New York without affiliations of any kind, it will be a great boon.

Other advantages, if the idea of a Central Club House is carried out, will be that, eventually, we must have there a reference and professional library, and a gymnasium and recreation rooms more complete than the clubs of any individual Alumnae Association could ever dream of having, so it will be a centre for these things also, and draw all schools closer, and make us not only members of certain schools, but members of a profession. If we can only acquire enough ground to have this Central Club with the different Alumnae Association houses around it, like the several colleges belonging to one university it seems as if the plan would be ideal. Can we not begin planning to get the money for *our* Association house—and let as many among us as can possibly do so subscribe for the Central Club bonds, blanks for which were sent out to our members some time ago.

The extracts we publish this month show most plainly that the trend is toward prevention and conservation in the medical and nursing professions—as in every other line; so that the coming generation of nurses, to be abreast of the times and ready to meet the demand made upon them, must take their places as teachers of hygiene and good living—be prepared to do what in them lies to prevent people from getting sick as well as helping such people get well, the former a much more encouraging employment.

With the new courses to be started at Teachers' College for instruction in this department, and the way being opened to use this knowledge through the work in connection with the hospitals as well as in every form of charitable society and even the Life Insurance Companies and some business houses it seems as if the more recent graduates especially should turn their attention joyfully toward these newer and pleasanter because more hopeful and more lastingly helpful methods. Let us then "go in strong" for social service and by helpfulness and sympathy improve conditions and make people believe that the brotherhood of man is a reality.

If this helpfulness toward the world at large is a spirit to be cultivated surely it should be shown in even greater degree toward "our own,"—and one very practical way would be for all members to join our Association Sick Fund which has aided so many since its establishment.

## **REPORT OF THE JANUARY ALUMNAE MEETING.**

A meeting of the Alumnae was held January 13th, in the classroom of the Nurses' Home. About thirty members were present. After the President had called the meeting to order the Secretary read the minutes of the last meeting. Then followed the report of the last two meetings of the Board of Trustees and the Treasurer's report. A communication from the Secretary of the N. Y. County Association in regard to the Central Registry was then read. It requested that three members from each Alumnae Association be appointed to serve on the Central Committee and that these members be carefully instructed as to wishes of their Association in regard to matters pertaining to the Central Registry. Miss Golding, Miss Russell and Miss Duncan were appointed. Then followed a discussion of several details of the Central Registry. Miss Sutcliffe asked if each Alumnae Association was to have a Registrar and switch board at the central office, whether the expense of the salary of such a registrar was to be borne by the individual nurses or the Alumnae Association and urged that no further expense be placed

on the individual member. Miss Golding replied that the details had been left to the Executive Committee of the County Association and as yet had not been worked out. She added that she felt that it was not generally understood that the Central Registry was not meant to absorb all calls but to act primarily as a Clearing House; to be a centre for those nurses in New York who are obliged to register at business registries because they have no city affiliations; to be a centre for institutional positions etc. and take care of surplus calls turned over to it by the co-operating Alumnae Registries, and that it will of course be entirely optional with nurses whether they register in the Central Registry as individuals paying the fee for the class to which they belong, or whether, if they belong to an Alumnae Registry of their own, they have no closer connection in the Central Registry than through their Alumnae Association as a whole.

A letter was read from Miss Young asking to be relieved as soon as convenient from the position as Editor of "The Alumnae News". The matter of choosing a successor was referred to the Board of Trustees. It was moved by the Secretary that the appointment of Miss Cromwell as Business Manager of the "News" as suggested by Miss Leach, the retiring Business Manager, be approved. This motion was carried.

A letter was read from Dr. Stimson, acknowledging a desk set that had been sent him (upon his resignation) by the Alumnae Association. At the December meeting a letter from Dr. Peabody had been read, thanking the Alumnae for the flowers sent him and his daughter upon their departure for Europe.

Mrs. Florence Kelly of the Consumers League then addressed the meeting on "Conserving the Force of the Young Working Girl". She spoke of the thousands of young girls between the ages of fourteen and sixteen who are every year turning their backs on their school life and entering the field of industry, and of the many years of labor on the part of the Consumers League to obtain legislation that would require proper working hours, and working conditions for such children. She said that even when the laws had been made, regulating child labor, the difficulty of enforcing them was overwhelming because of the limited number of inspectors that had been appointed; there being only eight inspectors for all the stores of three cities. She spoke of the unfair conditions under which cases of truancy were often tried and of the night courts to which so many young women were brought.

She told of first hand knowledge of appalling conditions existing in some of the well known department stores among the saleswomen and cash girls and of the common topic of conversation among those girls and women of the impossibility of living on the

wages they earn and the necessity, especially for those without homes, to supplement their wages by immoral methods. Such facts, she said, every cash girl who enters such a store fresh from school learns within her first week in the store. She urged a large membership for the Consumers League saying that it was only by their much importuning and the force of the increasing numbers in an association of that sort, that could women do anything to relieve such conditions. Following her talk Mrs. Kelly answered questions for a few minutes.

JULIA C. STIMSON R. N.

## BIG GIFT TO ADVANCE TRAINING OF NURSES.

An endowment fund for the support of a post-graduate school for teacher nurses, who will carry the theory and practice of hygienic living into schools, homes, factories, stores, and communities, has been presented to Teachers College, Columbia University, by Mrs. Helen Hartley Jenkins, a granddaughter of the late Marcellus Hartley.

In making public the news of Mrs. Jenkins's gift Dean Russell had this to say :

"Teachers College is about to inaugurate, through its new School of Household Arts, a public service movement of large promise. In brief, the college plans to train a body of teacher-nurses to carry the theory and practice of physical welfare for children and of hygienic living in general into homes, schools, and communities. Through the munificence of Mrs. Helen Hartley Jenkins an endowment has been provided for instruction in the science and art for hygienic living, with the special object of training women for public service as visiting nurses in home and school, teachers in farmers' institutes, and sanitary experts in the training of children in city and county.

"The School of Household Arts now provides specialized instruction in chemistry and physiology, bacteriology and hygiene, foods and nutrition, and in household management and economy. The Department of Physical Education has always directed its instruction and investigation toward the

entire physical welfare of the child. And the college has for ten years, in co-operation with the American Association of Superintendents of Training Schools for Nurses, maintained a Department of Hospital Economy preparing teachers and officers for nurses' training schools.

"The new department will co-operate with all of these departments in extending its work in the new direction. The first courses will prepare graduate nurses to become visiting teachers in the care of children and the guidance of mothers in social service as is carried on by the Nurses' Settlement.

"Immediately, also, courses will be arranged to meet the large and growing demand for especially trained nurses as officers in public school systems. The need of social settlements, farmers' institutes, civic associations, Health Boards, and City Governments for similarly trained teaching nurses will next be met. And, finally, the endowment makes provision for the training not only of public teachers, but, of advanced investigators and experts in the field.

"The whole movement which will be organized by the Trustees of the college at their next meeting, is full of promise for home, school, and community."

Mrs. Jenkins's gift was directed to the department of nursing through the influence of Miss Wald of the Henry St. Settlement, who has this to say:

"The settlements' contribution to the course will be a thoroughly arranged course of actual work; that is, the college will furnish the theory and we the work. The actual work will be carefully supervised, and will be to the college what the hospital is to the medical institution. Both departments of the course will be elaborately worked out.

"The School of Philanthropy will doubtless co-operate with the college.

"The gift itself has been appropriately granted to Teachers College, because of the course in hospital economics already established there under the direction of Miss Adelaide Nutting.

"The gift will give Miss Nutting perfect freedom in the development of her plans, and as an institution it will splendidly round out the educational opportunities for nurses."

## NOTICES

### N. Y. H. ALUMNAE MEETING

The next regular meeting of the Association will be held in the Lecture Room, 8 West 16th Street, Thursday, February 10th at 3 p. m.

---

### \* CLUB-HOUSES AND REGISTRIES FOR NURSES

DEAR EDITOR: The nurses interested in improving the conditions for graduate nurses are earnestly requested to furnish us with information on the subject. We would like to know on what lines the nurses would like to have model club-houses and homes constructed. We are also anxious to know what the nurses desire in regard to the organization of central registries.

It may not be possible to acknowledge all letters, but this does not indicate that they will not be gratefully received.

Very truly yours,

JANE M. PINDELL,

Chairman Central Registry Committee.

New York City Training School for Nurses,  
Blackwell's Island, N. Y.

\* Letter in "American Journal of Nursing" for January 1910.

---

### N. Y. H. SICK FUND DUES.

(Extract from a letter of the Secretary).

I believe many of the nurses do not understand that the Alumnae News is now the only way in which notices are issued. So many have said that they have received no notices about payment of dues. Will you please have a notice put in the "News", saying that the annual fee is due at the January meeting of the Alumnae Association or may be sent direct to Miss J. M. Whitelaw, 253 E. 68th Street.

---

## N. Y. COUNTY MEETING.

The regular meeting of the Association was held in Hosack Hall, Academy of Medicine, on January 4th, 1910, and a large and representative body of nurses was present.

Mrs. Twiss, Vice-President was in the chair and after the minutes had been read it was moved and seconded that in the continued absence of Miss Delano, the Vice-President be requested to act for the remainder of the year.

The nominating committee was elected as follows; Miss Samuel, (New York), Miss Russell (Manhattan and Bronx), Mrs. French (Presbyterian), Mrs. Joslyn (Bellevue), Miss Burgess (Roosevelt). They will present their report in April and the new officers will be elected in June.

After the minutes of the last meeting and the special meeting had been read, Mrs. Schenck (Roosevelt) moved that the recommendation of the special meeting that a central registry be established be approved and the motion was carried.

Miss Pindell, Chairman of the Central Registry Committee presented her report. She told of the work done in investigating the present conditions as to registries, and presented the offer of the National Y. W. C. A. to equip a Club-House for nurses in N. Y. on a plan similar to that their organization uses in their work with students in colleges, i. e., the nurses to have the regulation of their own affairs, but have the sympathetic aid of a body of philanthropic women.

A spirited discussion followed in which many members took part. Miss Damer (Bellevue) gave a clear summing up of the questions involved, the responsibility of the nurses to their profession in establishing some headquarters where the various nursing interest could have a center free from commercial control, where the interests of the different Alumnae Associations and of individuals could be balanced and co-ordinated to the advantage of all. She said that the offer of the National Y. W. C. A. while most generous in intent and worthy of our careful consideration brought up new and complicated questions of relationship and responsibilities, but that the aid of a body of women showing such broad-minded interest in the welfare of women as this association has in past years, must necessarily help solve many of our problems.

The questions of ways and means for the registry were discussed, including suggestions for its management. On motion of Miss Hartman (Mt. Sinai) the report of the Committee on Central Registry was referred to the Executive Committee with power to act.

This important move has had long discussion and it is to be hoped that the nurses of the city may all co-operate with the Executive Committee of the County in arranging a satisfactory conclusion of the matter.

---

## NEWS OF THE CLUB AND THE CLASSES

Miss Lillian Wald class '91 of Henry Street Settlement, starts for San Francisco on February 8th, en route for Japan, where she will visit for four months and a half.

Miss Hitchcock is away from the Settlement for a short trip: she is lecturing in Worcester, Mass. on district nursing.

---

Mrs. Phipps (Miss Helen Johnson, class '86) is living in Seattle, Washington.

---

A great many of the many friends of Dr. Van Slyke (Miss Elizabeth Johnson, class '83) are hoping she will soon resume her work in New York City.

---

Miss Elsie Wallace, class '90, has gone to the Sea Breeze Hospital, Porto Rico, W. I., there to do missionary work.

---

Miss Jane Hodgson has returned with her patient Mrs. Cheeney (Miss Julia Arthur) from a very long trip to the Pacific Coast.

---

With much regret we learn of the resignation of Miss Leach, in charge of ward H, and Miss Kelshaw, nurse in charge of The House of Relief. Miss Leach goes to Minneapolis to an institutional position there, some time next month. Miss Palser class 1900 is now in charge at The House of Relief.

---

Miss Lucy Smillie who was operated on by Dr. Downes early in December, convalesced rapidly and is now once more at work. Miss Elizabeth Smillie, who recently resigned her position at the Association for the Aid of Crippled Children, has also been a patient on the 4th floor, P. P. B. We are glad to say that she too made a quick recovery and has gone home for a long vacation: she will take up her duties on May 1st, at Sea Cliff as Miss Hasting's assistant, and has accepted Miss Hasting's position from next year.

---

We extend our sincerest sympathy to Mrs. Jameson in the loss of her sister.

---

Miss Charlotte Cady has returned to New York after a long absence.

---

Mrs. Purman, in charge of ward O, spent a couple of days in Philadelphia.

---

Mrs. Tom Martin (Miss Mary Weatherhead '06) has left Brockville and moved to Calgary, Alberta: her address will be in care of the General post office.

---

Miss Ruby Riddell spent two weeks at Christmas time, at her home in Canada.

---

Mrs. Jas. B. Morgan, Jr. (Miss Vandeburg, '04) is now in the city. We were very pleased to see her at the last Alumnae meeting.

---

Miss Rose Green's permanent address is 51 Suburban Avenue, Stamford, Conn.

---

The Club was the happy recipient of a large picture of Miss Irene Sutcliffe presented by Mrs. M. L. Rogers on Christmas.

---

Miss Justine Fearing is spending the winter visiting a friend on a ranch in the west.

---

Miss M. A. Graham class of 1900, is spending the winter in Santa Barbara, California, with a patient.

---

Miss Florence Mosher has accepted the position of nurse in charge of Dr. F. Hollister's, office.

We are glad to welcome Miss E. M. Dinehart back to the club after several years' absence.

Miss Lula Finney has returned to the club after a long visit in British Columbia.

---

### MARRIAGE

On Monday the tenth day of January, Miss Rachel Cooke Clarke class '07 to Mr. Richard Gambrell Macgill at Arlington, Howard County, Maryland. Mr. and Mrs. Macgill have gone to Europe on a six weeks' tour.

---

### HARVARD'S PIONEER SCHOOL.

A Department of Preventive Medicine and Hygiene has been started at Harvard. Here is the brief prospectus:

As its name indicates, it has for its field of work the laws of health in relation to the prevention of the occurrence and the limitation of the spread of disease; it will consider the laws of the town, the State and the country, in their bearing on the health of the community, and the natural history of disease in relation to the individual and the community; it will train men for the investigation of these problems, and men to fill various offices in boards of public health and other public health work; it will meet the growing need for men to direct the people in ways of rational healthy life.

Its establishment is another symptom of the strong tendency to draw the physicians of the country into an organized public service. Though all doctors are now engaged in the work of preventive medicine, this work cannot be privately measured and paid for. No doubt so long as death continues to claim mankind there will be a province for the private practitioner. But his field is narrowing to the treatment of the more hopeless forms of disease. If he would live by what has become the chief part of medicine he must either enter the public health service or invade the field just opened by the enlightened business prudence of the life insurance companies. The example of Harvard must be followed by the other medical schools of the country, to supply the demand for specially trained men both in the service of these companies and in the public service.

## OFFICERS OF ALUMNAE ASSOCIATION 1910.

*Honorary President*

Miss Irene H. Sutcliffe

*President*

Miss. Amy Holmes..... Mills Training School

*Vice-President*

Miss M. F. Mackenzie.....8 West 92nd Street

*Recording Secretary*

Miss Ada B. Stewart.....414 East 14th Street

*Corresponding Secretary*

Miss L. M. Wygant.....Plaza Hotel

*Treasurer*

Miss M. M. Russell.....447 West 59th Street

*Trustees*

Miss M. Wheeler.....9 West 92nd Street

Miss A. A. Strombom.....8 West 92nd Street

Miss F. Nash ..... 8 West 92nd Street

Miss M. Wilson ..... 8 West 92nd Street

Mrs. C. V. Twiss.....419 West 144th Street

## FUND FOR SICK NURSES.

*Secretary and Treasurer*

Miss Jennie M. Whitelaw,  
253 East 68th Street.

## BOARD OF TRUSTEES.

*Chairman*

Miss A. B. Stewart

*Secretary*

Miss L. M. Wygant

## STANDING COMMITTEES.

*Executive*

Mrs. Twiss

Miss Wheeler,

Miss Hash

*Finance*

Miss M. M. Russell

Miss Mackenzie

Miss Wilson

*Credential*

Miss Wygant

Miss A. A. Strombom

Miss Holmes

## IF YOU READ

The American Journal of Nursing and profit by it—you should see that your friends are benefited in the same way. Many of them only need **your recommendation** in order to subscribe for it for the coming year.

In this way you help to broaden the educational value of the only nursing magazine, national in scope, that is owned, edited and controlled by nurses.

**\$2.00 a year, the J. B. Lippincott Company,  
227 South 6th Street, Philadelphia, Pa.**

[illegible]



# MEINECKE FACE AND EAR BAG FOR ICE OR HOT WATER



PATENT APPLIED FOR

FOR SECURING BAG

WITH EVERY BAG

The "Meinecke" Face and Ear Bag is suitable for ice or hot water, and is a most practical little bag for either use, being a great improvement over the ordinary Face and Ear Bags.

It is an ideal shape for the forehead and over the eyes, for the lower part of the face, for back of the ear, at the base of the brain, on the throat, over the heart, and for any other affected part, where the use of a small ice or hot water Bag is required.

For the forehead and eyes and for the lower part of the face, it is especially adapted, as its curved shape leaves the nose free and uncovered.

For the mastoid region, it is an excellent and most sensible shape, as it fits nicely back of the ear, leaving the ear itself uncovered.

This dainty little Bag is light in weight and is made of our fine quality Maroon Rubber, re-inforced at the seams; it is fitted with brass collar and screw cap, covered with our patented "Unlosable" Washer.

A muslin bandage, about 2 inches wide and 36 inches long, is supplied with each Bag, for securing it in position.

"MEINECKE" SPECIAL BANDAGE

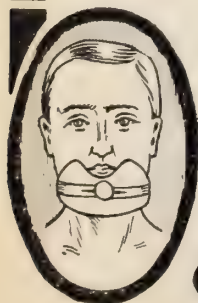
A BANDAGE FREE

**RETAIL PRICE, \$1.25**

Sent by Mail upon Receipt of Price

HOSPITALS SUPPLIED AT WHOLESALE PRICES

SOLD BY ALL LEADING DEALERS



## MEINECKE & COMPANY

48-50 PARK PLACE, NEW YORK



**VOLUME 4.**

**NUMBER 5.**

**The**  
**Alumnae News**

**MARCH**

**1910.**

# Special Courses for Nurses

## IN THE SWEDISH SYSTEM OF MASSAGE

### MEDICAL AND CORRECTIVE GYMNASICS

(The System You Will Eventually Learn)

Term: Three Months = = Tuition Fee, Seventy-five Dollars

### COURSE IN ELECTRO-THERAPY

Term: Two Months = = Tuition Fee, Twenty-five Dollars

### COURSE IN HYDRO-THERAPY IN ALL ITS FORMS

Term: Six Weeks = = = = Tuition Fee, Thirty Dollars

Second Section of Winter Classes opens March 22nd, 1910.

Spring Classes open May 17th, '10.

**Over 9000 TREATMENTS GIVEN IN 1909. No better clinical experience possible**

All courses may be commenced at the same time and finished within three months. The instruction consists of daily clinical work and practical lessons on patients referred to our clinics from the various Hospital Dispensaries, Original Swedish (Ling) System, and Weir Mitchell's Rest-Cure System. All pupils attend clinics at several city hospitals. A complete Medico-Mechanical Zander Gymnasium for treatment of patients and instruction of students. Payments can be made to suit your convenience. Application blank and illustrated booklet on Massage upon request

Summer Classes open July 12th, '10

An early application for admission is advisable

Pennsylvania Orthopaedic Institute and School of Mechano-Therapy, (Incorporated)

1711 Green Street, PHILADELPHIA, PA.

MAX J. WALTER, Superintendent

## New York Hospital Nurses Club

8 WEST 92<sup>ND</sup> STREET

NEW YORK

## Caps and Bedside Notes For Sale.

H. Blumberg

Fashionable Ladies' Tailor

Suits and Skirts

a specialty



References

New York Hospital  
Nurses



Telephone Connection

243 West Thirteenth Street

Near Greenwich Avenue

New York

## SAL HEPATICA

For preparing an

EFFERVESCENT ARTIFICIAL

### MINERAL WATER

Superior to the Natural,

Containing the Tonic, Alterative and Laxative Salts of the most celebrated Bitter Waters of Europe, fortified by the addition of Lithia and Sodium Phosphate.

BRISTOL - MYERS CO.

277-279 Greene Avenue,

BROOKLYN - NEW YORK.



Write for free sample.

When ordering please mention the "Alumnae News"

# ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

VOL. IV.

MARCH 1910

No. 5

**PUBLISHED MONTHLY, FROM NOVEMBER TO JULY.**

**Sent free of charge to all members of the "Alumnae Association"**

to others: } 50 cts. per year  
                  } 10 " " copy

Editor—MISS M. H. YOUNG, 8 W. 92nd Street

Business manager—Miss R. L. Cromwell, 7 W. 15th St.

Business manager (assistant) Miss A. H. Meier.

News Editor—MISS H. EARLE, 7 W. 15th St.

Secretary—MISS L. WYGANT, Plaza Hotel, 59th St. & 5th Ave.

## REPORTERS

Mrs. Jameson, 200 W. 14th St.

Miss Rough, 7 W. 15th St.

Miss Frederick, 5 Livingston Pl.

" Walton, 7 W. 15th St.

" Ryerson, 133 W. 140th St.

Miss A. B. Stewart,


414 E. 14th St.

Mrs. Hosking, 8 W. 92nd St.

Miss Golding, 245 W. 14th St.

" F. Nash, 8 W. 92nd St.

" Lavinia Wood, 8 W. 92th St.

 It is requested that notice of change of address be sent to the Secretary as promptly as possible, so that the mailing list may be kept corrected.

Those who have failed to receive the "Alumnae News"—or those who desire extra copies—can always be supplied by calling at the Club, or at Miss Macdiarmid's office—or copies will be mailed on application to the Secretary.

## EDITORIAL COMMENT.

We are glad, this month, to have so much about the progress of the Central Registry; it is *the* question of the hour for us, and we must surely all be following its development with interest, even if not doing anything more active.

Much as the R. N. means to us, we are pleased to notice that, in the Central Registry, those who have not this title are to be accepted for registration; this move seems to bring the nursing situation more completely under the control of the society, and will in the end, it seems to us, tend to make the title mean more rather than less.

According to Miss Duncan's resolution, which was accepted,—and is printed in full on another page—the registries of the individual schools are to remain undisturbed; this will be a relief to many who have a feeling about their school registries.

Here, by the way, would seem the proper place for insisting on R. N.—that every nurse on our own registry should pass the state examination seems only right if we are to make the title mean anything; and if we do not do our part in making it count we cannot grumble if the public disregard it.—This, our part, is so easy—for to pass one extra examination when she graduates is small hardship to any nurse.

---

The Association, next month, will hold its annual meeting when the officers for the ensuing year will be chosen; as the notice says, a large attendance is requested, but, whether members can be present or not, a full vote may be cast, as the ballot *can* be sent to the secretary by mail.

---

In choosing our delegates to the National Convention to be held in May would it not be well to elect at least some of them to act for three years, so that by attending thrice in succession they may become "permanent" delegates which entitles them to vote at any meeting of the National Association they may subsequently attend, independently of appointment by the local association.

Another suggestion for our appointees to the national association convention is, that while sending one or more delegates who have already served in that capacity, one dele-

gate at least should be a new one so that the interest may become more widespread—and the newer delegates may become accustomed to the questions coming up for discussion and decision, in a way that is perfectly impossible without actual attendance *as delegates*.

An appeal has recently been made, by the committee, for funds to buy the shares in "The American Journal" company now owned by individuals, so that all stock may be held by the National Association, and the policy of the Magazine directed by the Association. 1910 is the jubilee year of modern nursing in America and it is thought this would be a very suitable way to commemorate.

Will our Association give still further help in this direction?

---

## OUR ALUMNAE ASSOCIATION. \*

To you who are our guests this evening, it may seem that this part of the programme is a most unusual proceeding; it not being customary for hostesses to entertain their invited guest with details of their family experiences; as, however, we hope very soon to have the pleasure of welcoming you as members of the same family, perhaps a little of its history may not be uninteresting;

The Alumnae Association of the New York Hospital Training School was organized in 1893 with Miss Irene Sutcliffe as its first president. The objects of the society were threefold, namely; the mutual benefit of its members; their improvement in professional work; and a systematic method of registration.

The first annual meeting was held in March 1894 and in the same year the first steps were taken toward "Mutual Benefit" by establishing what we now know as "The Fund for Sick Nurses," a donation of \$125 from two friends of the nurses, and the initiation fees of 42 members constituted our first bank account. Shortly after this a fair was held, the proceeds of which increased the fund to nearly \$1,500 and in 1896 the first benefits were paid.

Since its foundation benefits amounting to nearly \$3,900 have been paid to 99 members. There are at present 90 members of the Alumnae Association who subscribe to this fund, and we would like to have many more.

"Mutual benefit" however means more than this, it means also the stimulation of enthusiasm that can only come from intercourse with our fellow workers: it means professional fellowships as

---

Read at Al. Ass. Recp. to graduates of class 1909.

well as professional friendships; we need each other, let us ask ourselves just one question, what are we doing to help each other?

It having become evident that means to keep well were just as necessary as means of assistance when ill, the Association set itself the task of devising the best way to establish a permanent registry, which would be of the most practical benefit to the public, the doctor and the nurse.

Through the courtesy of the Governors of the Hospital a Fair was again held in the stately salons of the old Thorn mansion, the results of which were so satisfactory that the Association finally decided that this money should go towards furnishing a house, to be known as the New York Hospital Graduate Nurses' Club.

We were fortunate indeed in having the interest and advice of two gentlemen, then Governors of the Hospital, and largely owing to their influence we were able to secure, on satisfactory terms, the house 54 E. 49th St., which was formally opened in March 1898, with Miss Margaret Munn as resident superintendent.

Notwithstanding many trials and varied experiences this venture proved a success; so much so, that the following year the next house was leased, a door of communication made between the two houses, and accommodation provided for 45 or more members. For six years these two houses in East 49th Street were the home of the Club: then, as memberships increased and increasing demands came for rooms, together with the fact that the property was for sale, the question of moving and to where became an all important one.

Again a "House Committee" was appointed, meetings were held and many houses and apartments inspected. Finally, on May 1st, 1904, the Club moved to its present quarters, 8 West 92nd St. Here in a very comfortable and home-like atmosphere live about one hundred of our members, each one of whom must have an honest and pardonable pride in this Club, maintained, supported and managed by nurses, and paying one of the largest rentals of any organization of women in the country.

To meet the heavy expenses of this much larger undertaking a Bazaar had been held in November, 1904, realizing for the Association \$6,000. \$2,325 of this was a donation from the Governors of the Hospital, who have always shown a genuine interest in all pertaining to the welfare of the nurses.

Thus was the registry systematically and permanently established. From 427 calls in the first year there has been a steady increase to as many as 1,600 a year or two ago.

In 1897 the Association sent its first delegate to the meeting of the National Alumnae Association, then completing its first year of existence, and which to-day has 14,000 nurses on its roll of membership.

The first printed annual report was issued in 1898 and has been continued yearly since.

In 1900 we became an incorporated society, and in 1903 we were admitted to membership in the N. Y. State Nurses' Association, thus affiliating ourselves with the first great effort of nurses themselves for the elevation and advancement of their profession now and always.

Having established the registry, put the fund for sick nurses on a firm footing, and affiliated ourselves with Associations whose aims are ever for the advancement of the profession, what further efforts have we made as an individual Association?

We have given support and recognition to the course in Hospital Economics in connection with Columbia University; we are a shareholder in the company of the American Journal of Nursing, a magazine devoted to the progress and development of professional education, and which is owned, managed and edited by nurses.

We have our own "Alumnae News," an unassuming, modest little paper, but which, nevertheless, brings us very near to each other, and of which we are justly proud.

Last, but not least, we have the greatest pride and honor in numbering among our members some of the most prominent and best known women of our profession, whose influence and efforts, not only for the best professional standards, but for the good of the community at large, have been, and will be, far reaching. Those women too, who volunteered their services to the sick and wounded in time of war, both in our own and foreign lands, can never be forgotten.

Much has been accomplished in the past decade; much remains to do, and many problems are yet unsolved. We must ever advance; ours is a progressive calling, says our Patron Saint, and only in unity of purpose, in hearty co-operation and loyal fellowships among us—graduates of the same school, members of the same profession—can we hope to fulfil in some measure the high ideals of this calling.

May we not count you among us? Will you not give us of your young enthusiasm, your freshly awakened interest, your eager endeavors, that we, who have travelled a little farther on the way, may be stimulated and encouraged to make more and greater efforts in all that counts for the highest and best in our chosen profession?

MARY A. SAMUEL.

### NURSE GIVEN MEDAL

The Aviation Committee has presented Miss Anne A. Williamson, superintendent of nurses of the California Hospital, with a duplicate of the medals presented to the aviators. In presenting the medal Secretary Zeelandelaar spoke in complimentary terms of Miss Williamson's efficient work at the aviation station of the California Hospital, where fifty-four patients were treated without charge. The most serious surgical case was that of a well-known Los Angeles woman who fell from the grand stand and fractured her hip.—*Los Angeles Times, January 23rd, 1910.*

---

### NOTICES

#### N. Y. H. ALUMNAE MEETING

The next regular meeting of the Association will be held in the Lecture Room, 8 West 16th Street, Thursday, March 10th at 3 p. m.

#### N. Y. H. TRAINING SCHOOL

The Graduating Exercises for the Class of 1910 will be held in the Administration Building of the Hospital on Thursday, March 3rd, at 8 P. M.

Rev. William T. Manning of Trinity Church, New York, will make the address.

#### ANNUAL MEETING

The members of the Alumnae Association are reminded that the Annual Meeting will be held in April; everyone is urged to make an effort to be present.

#### BALLOT

The ballots for the Annual Elections will be found in the April number of the "News." As these are to be used in voting, each member is asked to preserve hers for that purpose.

#### NATIONAL MEETING

Special attention is called to the change of date of the annual meeting of the Associated Alumnae to be held in New York. Instead of June as previously announced, it will be held the third week in May. This has been considered

advisable for several reasons, one of which is that Columbia University will be closed in June, which would be a great disappointment to all. The Hospital Economics Department having recently received a large endowment will be a cause for rejoicing at our Jubilee meeting, and it is specially appropriate that the meetings should be held while the course is in session.

AGNES G. DEANS, Secretary.

---

## N. Y. H. ALUMNAE MEETING.

The Association met in the class-room at the Nurses' Home on Thursday, February 10th, and the meeting was called to order by the President, twenty-seven members being present. The minutes of the last meeting were read and approved; the Treasurer's report, the Club House report, and the report of the Board of Trustee were also read and accepted.

Miss Golding reported the meeting of the Committee on Central Registry. She said the Chairman, Miss Pindell, was empowered to form sub-committees, that ten of the Alumnae Associations belonging to the County were represented at the Committee meeting, and that it was recommended that the registries of individual Schools remain undisturbed. A letter was read from Miss McVean stating that she would be unable to take the position of Editor of the "Alumnae News."

The following Nominating Committee was elected:

Miss Reutinger, Chairman.	
Miss Gibson,	Miss H. Earle,
" Duncan,	" Mary A. Smith.

---

## CENTRAL REGISTRY JOTTINGS

The Central Registry Committee meeting, at the Bellevue Club rooms on Friday, January 28th, was rather interesting; there are sixteen Alumnae Associations affiliated in the County Society, and ten of these were represented at this meeting. Mrs. Twiss, Miss Stewart, and the three delegates, Misses Russell, Duncan and Golding were the N. Y. H. members.

A resolution was presented by Miss Duncan and accepted by the meeting :

"That it is hereby resolved that the Central Registry be organized along simple lines, and that the Individual Registries as they now stand be not interfered with, but that the special and initial work of the Central Registry be to arrange for the registration of the floating population of nurses now registering at the undesirable Bureaus; to respond to all surplus calls and be a Central Bureau of Information."

That part of the report relative to the membership clause was acted upon, viz :

"Three classes of nurses. (1) R. N's. (2) Graduate nurses who will promise to take the R. N. examination within 2 years. (3) Non-graduates."

It was decided to have six sub-committees, appointed by the Chairman as follows :

*Rules and Regulations :*

Miss Duncan, N. Y.; Miss Yocum, N. Y. C.; Miss Merry, Roosevelt; Mrs. Kernan, Jr., Presb.; Miss Jocelyn, Bellevue.

*Membership :*

Miss Harding, Bellevue; Miss Russell, N. Y.; Miss Hoffman, German; Mr. Van Koch, Mills; Miss Lamb, N. Y. C.

*Finance :*

Miss Golding, N. Y.; Miss Greenthal, Mt. Sinai; Mr. McClintock, Mills; Miss Larkins, Hahn.; Miss Howard, Roosevelt.

*Statistics :*

Miss Hartman, Mt. Sinai; Miss J. Miller, Hahn.; Miss Matthews, German; Mrs. Schermerhorn, Man. & Bronx.

*Location of Office :*

Miss Mae Devitt, Met. A. A.; Mrs. M. E. Harley, St. Lukes; Miss Evans, St. Lukes; Miss Swathout, Man. & Bronx; Mrs. S. A. Brown, Pres.

*Nom. Com. on Registries :*

Miss Cadmus, Pres.; Miss Rogers, Mt. Sinai; Miss Duen-sing, German; Miss Doll, Laura Franklin; Miss Clancy, Lebanon.

The Executive of the County decided to co-operate with the National Y. W. C. A. There was a meeting of the Y. W. C. A. Board and the Presidents, etc., of the different Alumnae Associations the day after the Central Registry meeting, at which Miss Grace Dodge spoke about the presentation of the house by the National Y. W. C. A.; Miss Condé, Secretary, spoke on the affiliation of the Nursing Body with the Y. W. C. A., and Miss Damer spoke for the Nurses.

---

## NEWS OF THE CLUB AND THE CLASSES

Members of the fund for Sick Nurses are reminded that dues should be paid before April 1st. Members paying **after** that date are not entitled to benefit during the current year.

---

We are glad to hear that Miss Dwight is at last taking a well-earned holiday; she and Miss Smillie are spending a few days at Atlantic City. During her absence Miss Grafton is assisting in the office at the Club.

---

We are glad to hear that Miss Hubbard is able to resume her duties at Campbell Cottage, White Plains. Miss Pugh, who has substituted there for Miss Hubbard for several months, has returned to the Club.

---

Mr. and Mrs. Rothwell (Miss Jeannette Smith), have been spending a few weeks in Florida.

---

Miss Jessie Cardiff, after several months spent in Canada, has returned to the Club, and Miss Mattie McCabe is back at her home in the city after a very pleasant month spent at Lake George.

---

Miss Wheeler has resigned as trustee of the Club, and Miss Golding has been appointed in her place.

---

Miss Stubbs, who has been ill, is enjoying two weeks at The Brownery. Miss Jenkins was ill and off duty for several weeks last month; before returning to the hospital she spent a few days in Lakewood, and called on Miss O'Geran, who is very much interested in her Arts and Crafts Shop.

---

Miss Ohle Gill has been ill and a patient on the 4th floor with appendicitis; we are glad to see her back on duty.

---

Miss Dinehart is visiting her cousin at Niagara Falls; and Miss Mackay has gone to her home in Quebec to nurse her father who is very ill.

---

Miss Mary Smith spent a few days last month in Toronto. She was at Mrs. J. H. Swan's (Miss Cuthbertson) reception, and helped to receive; one of the guests was Mrs. Charles Trow (Miss Mathews).

---

Mrs. Nuttall has just returned from Europe, after a delightful trip of one year; she is now with her sister in Orange.

---

Miss Dakin has gone to Savannah, Ga., for two months. Miss Agnes Houston is substituting for her.

---

We extend our deepest sympathy to Miss Bessie Johnson in the death of her father: he was thirty years Rector of Christ Church, Syracuse.

---

Miss Henderson gave a tea in honor of Miss Leach on Monday afternoon, February 7th, to which the Head Nurses were invited. A very pleasant social hour was spent, and God-speed given to the parting guest. Yet with very real regret do we see her go, and it will be hard to fill her place in Ward H. Her work was excellent and her teaching and the standard she set for her pupils to attain were practical as well as ideal. We most cordially congratulate the Swedish Hospital, Minneapolis, Minn. on their new Superintendent of the Training School, for our loss is surely their gain, and since we had to lose Miss Leach, we are glad to know that out there "Far West" our hospital and training school will be so excellently well represented.

---

Friends of Mrs. T. A. Martin (Miss Weatherhead) will be glad of her address—Mrs. T. A. Martin, Suite No. 9, Thomas Block, 2nd St., West Calgary, Canada.

---

Miss Work is Asst. Superintendent at Dr. Bull's Sanitarium.

---

Miss Millan has returned to the Club after two months holiday at home, Kingston, Ontario.

---

Mrs. Charles Trow (Miss Mathews) received last month, Miss Emma Rose, '03, assisting.

---

Miss Florence Creighton, Miss Kyle, Miss Strombon and Miss Hay are at Atlantic City with patients

---

Miss Florence Wright held her first graduating exercises at the Italian Hospital February 1st. The evening proved to be a very successful and pleasant one. Eight nurses received their diploma.

There was dancing, music, refreshments and the celebrated Taran-tella dance was given. Miss Wright was spoken of in the highest terms and we congratulate her in her success.

---

We are sorry to hear that Miss Lasher is a patient in P. P. B. We hope it will not be for long.

---

On February 8th Mrs. Twist gave a very pretty reception to introduce her daughter Miss Symonds.

---

Miss Ethel Wentworth has gone to Jamaica for a two months visit to her friend and classmate, Miss Isabella Earle.

---

### MARRIAGES

On January 15th, at St. Francis Xavier, New York City, Miss Grace Kelshaw, to Mr. George Doane McCarthy. Mr. and Mrs. McCarthy will live at Wyoming, New Jersey.

---

On January 20th, at Florence, Italy, Miss Josephine Caccianiro, class '07, to Mr. Paoli Medici. Mr. and Mrs. Medici are spending their honeymoon in Nice.

---

### BIRTH

On January the wife of Dr. Edward Cussler—Miss May Catlin, class '06—of a son, Edward Lansing Cussler. Congratulations.

---

Dr. Eggleston, ex-House Physician, was operated on by Dr. Downes for appendicitis, and has, we are glad to say, convalesced rapidly; he was a patient on the 4th floor, P. P. B.

---

Dr. Foote, ex-House Surgeon, 2nd Division, was married on January 12th. Our hearty congratulations.

---

Dr. Stewart, ex-House, P. P. B., is about to start practice in New York. His many friends wish him every success.

---

Our heartiest congratulations to Dr. Roper, on the birth of a son and heir.

---

**OFFICERS OF ALUMNAE ASSOCIATION 1910.**

*Honorary President*

Miss Irene H. Sutcliffe

*President*

Miss. Amy Holmes..... Mills Training School

*Vice-President*

Miss M. F. Mackenzie.....8 West 92nd Street

*Recording Secretary*

Miss Ada B. Stewart.....414 East 14th Street

*Corresponding Secretary*

Miss L. M. Wygant..... Plaza Hotel

*Treasurer*

Miss M. M. Russell.....447 West 59th Street

*Trustees*

Miss E. E. Golding..... 245 West 14th Street

Miss A. A. Strombom.....8 West 92nd Street

Miss F. Nash ..... 8 West 92nd Street

Miss M. Wilson ..... 8 West 92nd Street

Mrs. C. V. Twiss.....419 West 144th Street

**FUND FOR SICK NURSES.**

*Secretary and Treasurer*

Miss Jennie M. Whitelaw,  
253 East 68th Street.

**BOARD OF TRUSTEES.**

*Chairman*

Miss A. B. Stewart

*Secretary*

Miss L. M. Wygant

**STANDING COMMITTEES.**

*Executive*

Mrs. Twiss

Miss Golding

Miss Nash

*Finance*

Miss M. M. Russell

Miss Mackenzie

Miss Wilson

*Credential*

Miss Wygant

Miss A. A. Strombom

Miss Holmes



ADVANCED SPECIALTIES FOR  
SICKROOM AND HOSPITAL.

*Meinecke*

## "Simplex" Sanitary Douche Bag



A New Bag  
for  
Hospitals, Private Nursing  
or  
Settlement Work.

Made of Strong Maroon  
Cloth-Inserted Rubber.  
Has a capacity of almost  
three quarts. Approximate  
Dimensions, 3 x 6 x 10 ins.

Reversible  
Easily and Thoroughly  
Cleansed.

The "Simplex" Sanitary Douche Bag is made of Maroon Cloth-Inserted Stock with metal rubber covered oval ring around the top opening, and with strong flexible, rubber handle for carrying or hanging up. It has a hard rubber screw connection piece at bottom for attachment of tubing.

It is a PRACTICAL and DURABLE DOUCHE BAG, and will be preferred by many to the Enameled Ware Irrigators. It is also sanitary, as it can readily be turned inside out and thoroughly cleansed.

From every view-point it is an Ideal Bag for Hospitals, Private Nursing or Settlement Work.

Retail Price, . . . . . each, \$2.00

Special Price Made to Hospitals.

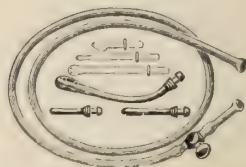
### Irrigator Attachment Set, No. 57

For Use with Above Bag.

Comprising 5½ feet length Maroon Pure Gum Tubing,  
3 Hard Rubber and 3 Glass Pipes and  
Hard Rubber Stopcock.

Retail Price, . . . . . per set, \$1.50

Special Price Made to Hospitals.



Sent to any address, prepaid, on receipt of price.

MEINECKE & COMPANY  
48-50 PARK PLACE NEW YORK

**VOLUME 4.**

**NUMBER 6.**

**The**  
**Alumnae News**

**APRIL**

**1910.**

# **Special Courses for Nurses**

## **IN THE SWEDISH SYSTEM OF MASSAGE**

### **MEDICAL AND CORRECTIVE GYMNASTICS**

(The System You Will Eventually Learn)

Term: Three Months      =      =      Tuition Fee, Seventy-five Dollars

### **COURSE IN ELECTRO-THERAPY**

Term: Two Months      =      =      Tuition Fee, Twenty-five Dollars

### **COURSE IN HYDRO-THERAPY IN ALL ITS FORMS**

Term: Six Weeks      =      =      =      Tuition Fee, Thirty Dollars

**Spring Classes open May 17th, 1910.**

*Summer Classes open July 12th, 1910.*

**Over 9000 TREATMENTS GIVEN IN 1909. No better clinical experience possible**

All courses may be commenced at the same time and finished within three months. The instruction consists of daily clinical work and practical lessons on patients referred to our clinics from the various Hospital Dispensaries, Original Swedish (Ling) system, and Weir Mitchell's Rest-Cure System. All pupils attend clinics at several city hospitals. A complete Medico-Mechanical Zander Gymnasium for treatment of patients and instruction of students. Payments can be made to suit your convenience. Application blank and illustrated booklet on Massage upon request  
*Fall Classes open September 21st, 1910.      An early application for admission is advisable*

**Pennsylvania Orthopaedic Institute and School of Mechano-Therapy, (Incorporated)**

1711 Green Street, PHILADELPHIA, PA.

MAX J. WALTER, Superintendent

## **New York Hospital Nurses Club**

**8 WEST 92<sup>ND</sup> STREET**

**NEW YORK**

## **Caps and Bedside Notes For Sale.**

Tel. 1739 Chelsea

**H. ROAMAN**

**Ladies Tailor & Furrier**

**135 W. 21st STREET**

**N. Y. C.**

10 per cent discount will be  
given to nurses ordering  
suits or dresses with  
my material.

**Own material made up.**

Tel. 1739 Chelsea

**Madam Marks**

**GOWNS**

**135 W. 21st STREET**

**N. Y. C.**

10 per cent discount will be  
given to nurses ordering  
Gowns with my material.

**Own material made up.**

When ordering please mention the "Mummae News"

# ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

VOL. IV.

APRIL 1910

No. 6

**PUBLISHED MONTHLY, FROM NOVEMBER TO JULY.**

**Sent free of charge to all members of the "Alumnae Association"**

to others: } 50 cts. per year  
                  } 10 " " copy

---

Editor—Miss M. H. YOUNG, 8 W. 92nd Street

Business manager—Miss R. L. Cromwell, 7 W. 15th St.

Business manager (assistant) Miss A. H. Meier.

News Editor—Miss H. EARLE, 7 W. 15th St.

Secretary—Miss L. WYGANT, Plaza Hotel, 59th St. & 5th Ave.

---

## REPORTERS

Mrs. Jameson, 200 W. 14th St.

Miss Rough, 7 W. 15th St.

" Frederick, 321 E. 15th St.

" Walton, 7 W. 15th St.

" Ryerson, 133 W. 140th St.

Miss A. B. Stewart,


414 E. 14th St.

Mrs. Hosking, 8 W. 92nd St.

Miss Golding, 245 W. 14th St.

" F. Nash, 8 W. 92nd St.

" Lavinia Wood, 8 W. 92nd St.

 It is requested that notice of change of address be sent to the Secretary as promptly as possible, so that the mailing list may be kept corrected.

Those who have failed to receive the "Alumnae News"—or those who desire extra copies—can always be supplied by calling at the Club, or at Miss Macdiarmid's office—or copies will be mailed on application to the Secretary.

## NOTICES

### N. Y. H. ALUMNAE MEETING

The annual meeting of the Association will be held in the Lecture Room, 8 West 16th Street, *Wednesday*, April 13th, at 3 p. m.

*All members are urged to make an effort to be present.*

**The yearly dues should be paid at the Annual meeting.**

### BALLOT

The ballots for the Annual Elections will be found in this number of the "News." As these are to be used in voting, each member is asked to preserve hers for that purpose.

### CHANGE OF ADDRESS

Members who have moved during the year are requested to send their new addresses to the Secretary of the Association, Miss A. B. Stewart, 414 East 14th Street, so that the list in the annual report may be correct.

### COUNTY SOCIETY

The quarterly meeting of the New York County Nurses' Association will be held in the Academy of Medicine, 17 East 43rd Street, on Tuesday, April 5th, at 8 p. m.

### NATIONAL MEETING

Special attention is called to the change of date of the annual meeting of the Associated Alumnae to be held in New York. Instead of June as previously announced, it will be held the third week in May. This has been considered advisable for several reasons, one of which is that Columbia University will be closed in June, which would be a great disappointment to all. The Hospital Economics Department having recently received a large endowment will be a cause for rejoicing at our Jubilee meeting, and it is specially appropriate that the meetings should be held while the course is in session.

AGNES G. DEANS, Secretary.

## EDITORIAL COMMENT.

On the ballot (which is bound with this number of the "News") it is gratifying to see the names of a number of the more recent graduates, as the complaint is often made that the nominees are so generally from the ranks of the older graduates who are not well known to the main body of our membership, consequently it is hard for the latter to decide for whom to vote; it may well be argued that a more faithful attendance at the meetings would, to a great extent, eliminate that difficulty—however, this year, it is as it should be, some old and some new members, also a good mingling of institutional and private duty nurses.

The ballot is in the hands of members in ample time for consideration of the merits of candidates, and though it will take time to make choice among so many good names, if each member will allow the feelings of personal responsibility and loyalty to our Association to be brought into play, no doubt there will be a large vote polled and a representative Board will be elected.

Let us vote early—even if we can not vote often.

Within the month yet another class has been graduated from the Training School—a large one this time. We welcome them to the ranks of the graduates, and while, of course, their first duty and greatest help to the profession will be in doing to the best of their ability their own individual work, may we hope that when they come into the Association they will bring with them enthusiasm for their Alma Mater and for the profession, which will show itself in a determination to become acquainted with what is being done in our own and affiliated societies, so that they may give their best thought and judgment to solving present problems and planning for the future; thus we may be ever progressing, and our Association in the future may bear its part in this progress as it has done in the past.

## N. Y. H. ALUMNAE MEETING.

The regular monthly meeting of the N. Y. Hospital Alumnae Association was held in the Nurses Home, Thursday, March 10, at 3.30 P.M. There were sixteen members present when the President called the meeting to order.

After the reading of the minutes of the previous meeting, the report of the last meeting of the Board of Trustees was presented. Following this, Miss Reutinger, reporting for the Nominating Committee, stated that the ticket of nominations was not yet ready, but would appear in the April "News."

The Secretary then read a letter from the Chairman of the Entertainment Committee, for the National Meeting in May, asking that our association vote fifteen cents a member towards defraying the expense of entertaining delegates. This request was made a motion and carried. It was also asked that we provide three or four members of our association to act as guides during the week of the meetings. Miss Duncan offered to be one of the four, and it was voted to reply to the request that the N. Y. Hospital Alumnae Association would do all in their power to provide such guides.

A communication from the New York State Nurses' Association was then read. It dealt with the nomination of officers for that Society to be elected in October. It was voted that this matter be left to the Board of Trustees. To the Board of Trustees was also left, by vote, the question of suggesting three names to aid the Central Registry Committee in choosing a Registrar.

Miss Stewart reported that at the last meeting of the Central Registry Committee, at which she had been present as proxy for one of the members, it had been recommended that the price of the Central Registry bonds be reduced from twenty-five to ten dollars; she also said that the committee is awaiting the report of the National Board of the Y. W. C. A. on the formation of a Joint Committee of nurses and representatives of the Y. W. C. A.

Miss Duncan, speaking for the Central Registry Committee on Rules and Regulations, said that her committee was trying to conform as closely as possible to the rules and regulations now in force in the regular alumnae registries. After a short and rather spirited discussion of some of these rules, the meeting adjourned.

JULIA STIMSON, R. N.

## **GRADUATION EXERCISES OF THE CLASS OF 1910.**

On Thursday evening, March third, the graduation exercises of the Class of 1910 were held in the Governors' Room of the Hospital. The room was tastefully decorated with palms; and its dark panelling and dignified paintings made a most effective background for the blue and white uniforms of the graduating class.

Long before the appointed hour of eight-thirty, the corridors of the Nurses' Home and Administrative Building where thronged with the parents, friends and guests of the class, and with old graduates, both from the Staff and outside. The Governors' Room was filled to its utmost capacity, and many were standing in the halls when the graduating class filed in—forty in number—the largest class since the school opened. Miss Henderson, Miss Gibson

and Miss Riddell followed, and presently all were seated in their allotted places and the formalities had begun.

The exercises were opened with prayer by the Rev. George H. Bottome, Vicar of Grace Chapel. Following the prayer, Miss Henderson's annual report was read by Mr. Hoppin, a splendid account of what the school has done during the past year, with an outline of plans for future development. In the absence of Mr. Reeve, President of the Board of Trustees, Mr. Hoppin introduced the Rev. Dr. Manning, Rector of Trinity Church, who delivered the Commencement Address, choosing as his subject "Personality." What Dr. Manning said was both interesting and instructive, and it should be exceedingly helpful to us all; for in our great profession there is no single attribute which counts so much as that indefinable asset—or handicap—which we recognize as personality.

At the close of the address, the roll was called and the Class were awarded their diplomas and medals. No one of us who has been through the Hospital course, and has suffered and struggled will forget with what pride and joy we received those pieces of parchment and that symbolic bit of gold. The formal exercises closed with a benediction, and there followed a pretty ceremony when Miss Henderson pinned their medals on the kerchiefs of the new graduates.

For the next two hours, the usually quiet corridors echoed with music, laughter and conversation; with a confusion of congratulations, meetings between old friends, introductions of whole families, and everywhere an air of informality, happiness and good-fellowship. The Reception Room in the Nurses' Home was artistically decorated with greens and quantities of cut flowers, gifts to the graduating Nurses. A stringed orchestra, stationed in the adjacent class-room, played excellent dance music, and the ices and lemonade were refreshing after the dances. The Governors furnished a delicious supper, and the dining-room was crowded until after midnight.

We were honored by having Dr. Murray with us, and could wish that more of the Attending Staff would feel it their privilege to be present on such occasions. Miss Sutcliffe was present to give us her blessing, and we missed Miss Goodrich, who was unable to come and add her good wishes. A much deplored vacancy was caused by the illness of Miss Reutinger whom we all missed. It is a pity that more of the graduates do not rally at Commencement exercises to meet the new graduates, exchange experiences, and generally foster a spirit of loyalty to our Alma Mater. She needs all her children and the best that they can give. We all give a welcome to the Class of 1910, and wish them health, happiness and a long life!

FLORENCE JOHNSON.

## CLASS 1910.

ETHEL ABERNEATHY  
OLIVE E. OTTOLE  
HELEN M. BISHOP  
EMILY E. WHITE  
AGNES L. HARPER  
HELEN A. DUMOND  
MARGARET P. BERRIEN  
ELIZABETH POWIS  
BEATRICE H. SWAN  
MARY L. GRAYSON  
MARY M. FAUQUIER  
MONICA BROCK  
WILHELMINA I. SCHMIDT  
ELSIE G. DAVIES  
HAZEL M. BACKUS  
MARY C. BEECROFT  
ELIZABETH B. OLCOTT  
AMANDA L. SWENSEN  
ELIZABETH M. WILKINSON  
LEONORA GREGORY-ALLEN  
LOUISE A. SCHLEIMANN

ESTER V. ANDERSSON  
NANEY G. MCGEHEE  
ELIZABETH D. BENNETT  
SUSAN A. DAVIS  
MARGARET E. GRAHAM  
ESTHER M. ALLEN  
LUELLA MACMILLAN  
ELEANOR M. NICKALLS  
DOROTHY G. WILSON  
ELIZABETH VON GUNTEN  
ELLA N. HAIR  
GLADYS A. ADAMS  
JEAN H. MACKAY  
CLARA L. GREENE  
MARY E. ROBERTS  
ALMA J. GEORGE  
ADA A. PENCHEON  
BEULAH A. BAIN  
MARY F. HOLLAND  
LAURA M. BARBER  
ADA R. WOODS

---

### FINAL EXAMINATION BY DR. A. B. JOHNSON

- 1.—Last week, during the cold weather, a patient was advised to leave the bed-room windows open at night. In the morning it was observed that the urine in the vessel by the bed contained a heavy deposit resembling brick-dust in appearance.
  - a.—What was the nature of the deposit?
  - b.—Why did it form?
  - c. What was its significance?
- 2.—Why is it important that a patient should eat no food for several hours before taking chloroform or ether?
  - a. If food be taken a short time before the anaesthetic what accidents may happen?
  - b.—With what results to the patients?
  - c. How might such accidents be avoided, in case it were necessary to give a general anaesthetic soon after a full meal?
- 3.—Why are rubber gloves worn by those who perform surgical operations?

- 4.—What signs and symptoms would lead you to think that a typhoid patient had a perforation of the intestines?
- 5.—Two conditions following severe injuries to the spinal cord require especial attention? What are they?
- 6.—What instruments would be ordinarily used in an operation for acute appendicitis?
- 7.—How would you make up a bed for a case of fracture of the thigh bone?
- 8.—Mention three antiseptics, and state some of their uses and the strengths in which they are used for different purposes?
- 9.—What are some of the dangers of applying a circular plaster of Paris dressing to a recently fractured limb?
- 10.—What is a compound fracture? And why is it a more serious injury than a simple fracture?

#### FINAL EXAMINATION BY DR. CONNER

- 1.—Mention the nursing measures that may be used for the relief of insomnia.
- 2.—Name the emergencies likely to arise in the course of typhoid fever.
- 3.—Describe the method of disposing of the soiled linen in a case of typhoid fever.
- 4.—What nursing measures would you employ in combatting a sudden and unforeseen collapse?
- 5.—In what excreta or emanations from the body is the infectious material contained in typhoid fever, in pneumonia, in scarlet fever?
- 6.—Name the three chief types of food-stuffs and give an example of each type.
- 7.—Give the approximate number of calories for 24 hours required to maintain nutrition in a resting adult of average size.
- 8.—Give the average dose of Fowler's Solution, of Majendie's Solution, of atropine.
- 9.—In giving belladonna, what symptoms would indicate that the drug should be withheld?
- 10.—What would you do in a case of poisoning by corrosive sublimate?

## NEWS OF THE CLUB AND CLASSES

As the April meeting of the Alumnae Association will be the *annual* meeting, it will be held on *Wednesday* (13th inst.) instead of Thursday.

---

The ballot will be found on the page facing this one. As this is to be used in voting, each member is asked to preserve hers for that purpose.

---

When the ballots, after being marked, are returned to the Secretary of the Alumnae Association, a notice of any change in address of the voter may be enclosed on a separate slip, so that the list in the outcoming annual report may be correct.

---

Miss Mary Beard, '03, is working in the Surgical Pathological Department of the P. and S. College, with Dr. W. C. Clarke and Dr. Auchincloss.

---

Miss Hutchinson, Superintendent of nurses, Sloane Maternity Hospital has three months' leave of absence, and sailed on March 12th for a trip to Europe.

---

We are very sorry to hear that Miss Whitehouse and Miss Gibson are patients in the P. P. B. and earnestly wish them a rapid and pleasant convalescence. We are glad indeed, to hear that Miss Gifford, Superintendent of House of Relief, who has been seriously ill, and operated on by Dr. Hartley, is getting along splendidly, and hopes soon to be up; Miss Simons and Miss O'Toole are nursing her. Our congratulations to Mrs. Chas. P. Cooley, (Miss Z. T. Whitman, Class '95), on the complete recovery of her husband, who was operated on by Dr. Hartley in the P. P. B.

---

We extend our deepest sympathy to Miss Henderson in her recent sad bereavement.

---

Miss Post and Miss McAllister have gone to California with patients.

---

Miss Wilson spent her week's vacation with her cousin in Easton, Penn. Miss Grafton assisted in the office during her absence.

---

We were very pleased to see so many of our out-of-town graduates at the graduating exercises on March 3rd.

---

Miss Anna B. Duncan, R. N., who has for fourteen years been connected with John Wanamaker's Employees' Association, has resigned her position, to the very great regret of those for whom she worked. She has secured half interest in the Storm Supporter Company, 1269 Broadway, and as business manager, will personally supervise all orders. We most cordially give Miss Duncan our heartiest and best wishes for success in her new enterprise.

---

Miss Work, Assistant at Dr. Bull's Sanitarium, has been ill and operated on for some trouble with her throat. She is taking a month's vacation, part of which she spent in Philadelphia.

---

### DEATH

On Sunday, March 6th, at her home, Stuart's Draft, Virginia. Mrs. Virginia Black Bailie, '09, of pneumonia.

---

### CHILDREN'S PARTY.

#### GIVEN BY THE JUNIORS TO THE GRADUATING CLASS.

On the evening of Wednesday, Feb. 23d, one of the parties for which our Training School is so justly famous, was given in honor of the Graduating Class; by the class of 1911, and surely had a stranger entered the Reception Rooms that night, it would have taxed his imagination to the utmost to believe that these gay and frolicsome children were really and truly nurses, and many of them graduates of some years. The costumes were positively charming, and the characters well sustained. The merry little girl, with her hair hanging, in short skirts and low neck, with pink ribbons and having a good time with the little boys, on turning round to recognize in her Miss Henderson, was, to say the least, a delicious surprise. Buster Brown and his dog Tige, (Miss Boyes and Miss Ethel Wilson) were true to newspaper life, and got the first prize for the best costume. Anything more comical than Mrs. Hain and Miss Esther Allen, dressed as a couple from the country—country and countryfied being written all over them, with their pretty baby, Miss Dorothy Wilson in a per-

ambulator with her feeding bottle, 'Teddy' bear and doll, would be hard indeed to find. Miss Ruddock and Miss Reesor made handsome young midshipmen; and the elegant courtly little George Washington—Miss Ferguson—was simply charming. Then that colored football player, it did not seem possible that could be Miss Reufinger, and one had to look several times to be quite sure, though it was quite easy to see that the dear little girl in pink silk and poke bonnet, flirting with all the boys, was Miss Sinnott. Miss Esther Anderson in a Swedish native costume was most picturesque; and so in a different kind of way was Miss Gibson in cap, sweater and knickerbockers—Miss MacMillan and Miss Nicholson were handsome gypsies, their costumes were splendid and so complete, and really it seemed impossible to believe them, knowing they were busy operating nurses, when on asking where they had bought their costumes to be told that they had gone that morning to the 10 cent store, bought the necessary things, and made them up themselves. But knowing trained nurses are truthful as well as marvellously adaptable, we just wondered and believed. And in these dear little school girls of nine or ten years old, to recognize Miss Moffat, Miss Lehmkuhl and Miss Harris! it seemed a dream having seen them in nurses' cap and uniform, and a reality, and just as it should be, dressed in short skirts and Buster Brown dresses. And how beautifully many danced, for the music was good, and the refreshments delicious, and whether we could dance well or not, how untiringly and indefatigably we all went round, just having a jolly good time, never thinking of to-morrow's work, but just satisfied and glad that we are a part of the Alumnae or Training School of our dear Hospital.

Our heartiest congratulations to Miss Eichbaum, President of the class, and her committee Mrs. Reinhardt and Miss Reesor, and to the Decoration and Refreshment Committee, Misses Francis Rathbun, Koyl and Stewart, for the successful evening, and we hope there will be other parties given by the class of 1911.

HELENA A. EARLE, R. N.

We congratulate Dr. Percy Turnure on his appointment as attending surgeon at the French Hospital, and congratulate that hospital on having secured his services.

Congratulations to Dr. Foucar, House in the P. P. B., on his marriage to Miss Kathleen Oden on March 10th.

Drs. Martin and Wheeler, Ex-House Physicians on the Public Side, are travelling abroad with a patient.

## IF YOU READ

The American Journal of Nursing and profit by it—you should see that your friends are benefited in the same way. Many of them only need **your recommendation** in order to subscribe for it for the coming year.

In this way you help to broaden the educational value of the only nursing magazine, national in scope, that is owned, edited and controlled by nurses.

**\$2.00 a year, the J. B. Lippincott Company,  
227 South 6th Street, Philadelphia, Pa.**

[illegible]

"EVER IN THE LEAD"

# MEINECKE

"Perfection"  
BED AND DOUCHE PAN

Anatomically Correct in Shape

IT IS SANITARY  
IT IS COMFORTABLE  
IT IS EASY TO EMPTY

RECOMMENDED BY  
PHYSICIANS & TRAINED NURSES  
EVERYWHERE

#### RETAIL PRICES

No. 1.	PORCELAIN,	- -	Standard Size,	\$2.50
No. 2.			Small,	2.25
No. 3.	GREY ENAMELED,		Standard,	4.00
No. 4.	WHITE			4.50
No. 5.	GREY	"	Small	3.50
No. 6.	WHITE	"		4.25

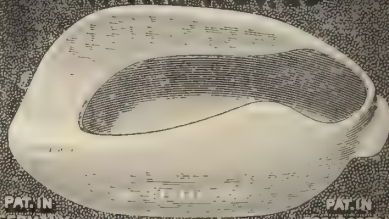
SOLD BY ALL LEADING DEALERS

Sent upon receipt of price, express prepaid east of the Mississippi

HOSPITALS SUPPLIED AT WHOLESALE PRICES

MEINECKE & CO  
438 50  
PARK PLACE  
NEW YORK.

THE MOST COMFORTABLE  
AND SANITARY BED PAN  
IN THE WORLD



PAT. IN GERMANY TWO U.S. PATENTS JUNE 5, 1900 GREAT-BRITAIN

**VOLUME 4.**

**NUMBER 7.**

**The**  
**Alumnae News**

**MAY**

**1910.**

# **Special Courses for Nurses**

## **IN THE SWEDISH SYSTEM OF MASSAGE**

### **MEDICAL AND CORRECTIVE GYMNASTICS**

(The System You Will Eventually Learn)

Term: Three Months = = Tuition Fee, Seventy-five Dollars

### **COURSE IN ELECTRO-THERAPY**

Term: Two Months = = Tuition Fee, Twenty-five Dollars

### **COURSE IN HYDRO-THERAPY IN ALL ITS FORMS**

Term: Six Weeks = = = = Tuition Fee, Thirty Dollars

**Spring Classes open May 17th, 1910.**

*Summer Classes open July 12th, 1910.*

**Over 9000 TREATMENTS GIVEN IN 1909. No better clinical experience possible**

All courses may be commenced at the same time and finished within three months. The instruction consists of daily clinical work and practical lessons on patients referred to our clinics from the various Hospital Dispensaries, Original Swedish (Ling) System, and Weir Mitchell's Rest-Cure System. All pupils attend clinics at several city hospitals. A complete Medico-Mechanical Zander Gymnasium for treatment of patients and instruction of students. Payments can be made to suit your convenience. Application blank and illustrated booklet on Massage upon request  
*Fall Classes open September 21st, 1910.*

*An early application for admission is advisable*

**Pennsylvania Orthopaedic Institute and School of Mechano-Therapy, (Incorporated)**

1711 Green Street, PHILADELPHIA, PA.

MAX J. WALTER, Superintendent

## **New York Hospital Nurses Club**

**8 WEST 92<sup>ND</sup> STREET**

**NEW YORK**

## **Caps and Bedside Notes For Sale.**

Tel. 1739 Chelsea

**H. ROAMAN**

**Ladies Tailor & Furrier**

**135 W. 21st STREET**

**N. Y. C.**

10 per cent discount will be  
given to nurses ordering  
suits or dresses with  
my material.

**Own material made up.**

Tel. 1739 Chelsea

**Madam Marks**

**GOWNS**

**135 W. 21st STREET**

**N. Y. C.**

10 per cent discount will be  
given to nurses ordering  
Gowns with my material.

**Own material made up.**

When ordering please mention the "Alumnae News"

# ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

---

VOL. IV.

MAY 1910

No. 7

---

PUBLISHED MONTHLY, FROM NOVEMBER TO JULY.

Sent free of charge to all members of the "Alumnae Association"

to others: } 50 cts. per year  
                  } 10 " " copy

---

Editor—Miss M. H. YOUNG, 8 W. 92nd Street

Business manager—Miss R. L. Cromwell, 7 W. 15th St.

Business manager (assistant) Miss A. H. Meier.

News Editor—Miss H. EARLE, 7 W. 15th St.

Secretary—Miss L. WYGANT, Plaza Hotel, 59th St. & 5th Ave.

---

## REPORTERS

Mrs. Jameson, 200 W. 14th St.

Miss Rough, 7 W. 15th St.

" Frederick, 321 E. 15th St.

" Walton, 7 W. 15th St.

" Ryerson, 133 W. 140th St.

Miss A. B. Stewart,

414 E. 14th St.


Mrs. Hosking, 8 W. 92nd St.

Miss Golding, 245 W. 14th St.

" F. Nash, 8 W. 92nd St.

" Lavinia Wood, 8 W. 92th St.

---

 It is requested that notice of change of address be sent to the Secretary as promptly as possible, so that the mailing list may be kept corrected.

---

Those who have failed to receive the "Alumnae News"—or those who desire extra copies—can always be supplied by calling at the Club, or at Miss Macdiarmid's office—or copies will be mailed on application to the Secretary.

---

## EDITORIAL COMMENT.

We record with regret the death, recently, of Mrs. Culbert who last fall, resigned from her position on the "News" staff on account of ill health: What proved a long illness was borne with great courage; and she was bright and cheerful almost to the end.

As our first Business Manager Mrs. Culbert entered into the untried work with enthusiasm and untiring energy, and did great things for the magazine—her enthusiasm lasting even after her energy was sapped by the disease. We are very grateful for her great work of initiation as well as for her devotion to the interests of the Hospital, and all that concerned her fellow graduates.

We print this month the outline of the programme for the meetings of our two National Societies which meet in New York in May. The full programme, by the way, will probably be given in the May number of the American Journal. As the majority of our members are living in New York, it is hoped that they will not fail to attend as many of these meetings as possible, for as a means of inspiration there is nothing like meeting those interested in the same work as ourselves; and at these meetings enthusiasm will be awakened and quickened by hearing different questions discussed by the many women who have done, and are doing, so much in organizing advances, and also in inspiring reforms in the nursing world.

Among the live topics we notice a report from the Associated Alumnae Committee on Pensions, which ought to be of interest to our members as there is talk of establishing such a fund in our own association; in the Superintendents' Society the question of "Student Government in Training Schools" will be brought up; and there will be a report from the committee on prophylaxis, a subject which none can afford to disregard, least of all those of us who are doing social service work; other interesting things will be the exhibition of employments for invalids, and the exercises to commemorate the jubilee of the establishment of the first training school for nurses, by Florence Nightingale. In this connection we would invite attention to the appeal for the purchase of the "American Journal of Nursing" as a fitting memorial of this jubilee and of the tenth anniversary of the Journal's establishment. Re-organization of the National Societies will also be considered, probably along the lines mentioned by the committee, and printed on another page. Can our members not show interest by their presence at the meetings and by their contributions.

All are welcome to attend, whether delegates or not, though only delegates may vote.

The plans for the Central Registry are progressing, as will be gathered from the County Society report given in this number. The County Society is to co-operate with the Y. W. C. A. which has had funds guaranteed to start a club for nurses—as a two years experiment—and the County Society will rent offices in this building for the Central Registry. It is rumored that suitable houses have been found in 34th St. and also that a reception will be held there during the week of the Associated Alumnae meetings.

Each Alumnae Association has been asked to suggest a name for possible Registrar, and it is hoped to start the registry by Sept. 1st. To raise the necessary money to pay the expenses of these Registry offices etc. bonds are to be issued, bearing 4 per cent interest; and, that a larger number of nurses may be induced to invest in them, the price has been put at the very low figure of \$10. It is cheering to find that \$1,925 has already been pledged—but more is needed, and the application blanks are being distributed this month in the hope that many more responses will be sent in—and soon.

Let each of us consider what is her duty in this matter.

---

One of our members has sent us a pamphlet being distributed by an association styling itself "Physicians Board of Regents", and purporting to give nurses the "right to do nursing", but which seems in reality to be a commercial registry. We regret we cannot devote the required space to the subject this month, but hope to do so in the near future.

---

## NEW YORK COUNTY SOCIETY.

The meeting of the N. Y. County Nurses' Association was held in DuBois Hall, Academy of Medicine on Tuesday evening, April 5, with about ninety delegates present. Mrs. Twiss, Vice-President, was in the chair.

It was reported that nearly \$2,000 had been subscribed to the bonds to be issued for the Central Registry. These bonds are to be issued at a value of \$10.00 each and bearing interest at 4%. Subscription slips have been made out and it is hoped that the nurses will subscribe themselves and also interest others in subscribing so that the committee may have enough money in hand to assure the starting of the enterprise without anxiety about ready money. Miss Greenthal, 80 East 81st St, will accept subscriptions.

Miss Samuel, Chairman of the Nominating Committee, presented the following ticket; which will be voted upon at the June meeting;

President, Mrs. Brockway,	Vice-Pres., Miss Cadmus,
Miss Ehrlicher,	Miss Golding,
Treasurer, Miss Greenthal,	Rec. Secretary, Miss Yocum,
	Mrs. Trotter,
Trustee, Miss Pindell,	Cor. Secretary, Mrs. Jack,
(3 yrs.) Miss Daniels,	Miss Duncan.

Dr. Houghton was introduced as the first speaker of the evening and he spoke very interestingly of the organization of a central registry from a physicians' point of view. He said that the present state of affairs was disconnected, lacking system and deficient in the refining cultural value derived from association of persons interested in professional matters; He hoped to see the great guild of trained nurses organized with a precision of detail that would fulfil our expectation of lasting and beneficent results to the patients, the medical profession and the nurses themselves.

Miss Bertha Condé, secretary of the National Young Women's Christian Association, spoke of the plans of the Association for work with the nurses. She said that for some years Miss Grace Dodge, President of the Association had been asking what the Association could do for the nurses as a profession, and for the last year she had detailed Miss Condé to give her time to working on the problem. It is the policy of the Association to stand by those who are endeavoring to work, for their own best good, not in the spirit of control, but of helpfulness. Every community of women needs every other and the Association has proven their usefulness to many groups of students and self-supporting women. Their present plan is to undertake an experiment for two years in managing a Club-House which should be a dignified and well equipped center for nursing interests. Miss Condé emphasized the fact that the Y. W. C. A. did not covet the control of the registry in any way; although realizing how important a matter it was to the nurses to have such a professional clearing house, they were ready to rent them offices under as advantageous conditions as possible.

An animated discussion of the report of the Central Re-

gistry Committee, giving its decision regarding some matters of detail concerning prices, fees and rules filled out the evening.

The matters now under discussion by the County Association are of such far-reaching importance in the practical life of our profession that it is very desirable that as many of the nurses as possible attend, whether they are delegates or not.

---

## NOTICES

### N. Y. H. ALUMNAE MEETING

The next regular meeting of the Association will be held in the Lecture Room, 8 West 16th Street, Thursday, May 12th at 3 p. m.

*\* It is hoped that Mrs. Clarence Mackay, President of the Equal Franchise Society, may be able to be at this meeting and talk about her Society and Suffrage.*

---

### N. Y. H. ALUMNAE DUES

Those members of the Association who did not pay their dues at the Annual Meeting may send them at any time to Miss Russell, 447 W. 59th St.

---

## THE NATIONAL SOCIETIES

### THE SUPERINTENDENTS' SOCIETY

The sixteenth annual meeting will be held in New York in May, beginning on Monday the 16th. The session on Monday and that on Tuesday morning will be held in the Academy of Medicine in Forty-third Street, familiar to members of the society as the place where many former meetings have been held.

The programme is not yet completed in detail, but papers are announced on the following subjects: "The Duties of the Ward Supervisors," "The Graduate Nurses Versus the Undergraduate Head Nurse," "Nursing in Contagious Diseases," "Student Government in Training Schools for Nurses." New papers are being arranged for, and there will be a discussion on the matter of forming local societies of training-school superintendents. The reports of the various committees appointed last year will be presented.

The session on Tuesday afternoon, the 17th, will be held in one of the halls at Teachers' College, and will be devoted entirely to occupations for invalids. Papers are promised from Dr. Hale of

Marblehead, Miss Tracy of Jamaica Plain, Miss Lathrop of Chicago, and others on this important subject. An exhibit of occupations and of work done by patients will be placed in the Educational Museum of the college.

On the afternoon of Wednesday, the 18th, the Superintendents' Society and the Associated Alumnae will unite in the exercises which are being arranged to celebrate the fiftieth anniversary of the founding of the first training school for nurses by Florence Nightingale at St. Thomas Hospital, London. The commemoration exercises will also be held in one of the halls of the college, and the committees are making every effort to ensure a fitting celebration of so important an event in history. An exhibit is being arranged which will show portraits and bust of Miss Nightingale, her complete writings, and some autograph letters. A very interesting programme is being prepared.

### THE ALUMNAE ASSOCIATED

#### OUTLINE OF PROGRAMME

Thursday, May 19th, 9.30 A.M. Call to order; roll call; report of Executive Committee; report of treasurer; report of standing committees, (a) arrangements, (b) publication, (c) eligibility, (d) programme, (e) nominating; address of the president; new business.

2 P.M. Unfinished business; symposium on private duty nurse, Katharine DeWitt presiding; (a) special duty nurse in the institution, Georgiana A. Ross, Baltimore, Md.; (b) the private duty nurse in rural homes, Margaret Pepoon, San Diego, Cal.; (c) missionary nursing, two short addresses by some missionary nurse on furlough and by Dr. Samuel M. Zwemer, missionary candidate secretary, Student Volunteer Movement; discussion; reports of inter-state secretary.

Friday, May 20, 9.30 A.M. Unfinished business; reports of special committees, (a) public health, (b) district nursing, (c) tubercular nursing, (d) nursing of the insane, (e) pension fund, (f) almshouse nursing, (g) revision of constitution and by-laws.

2 P.M. Paper: "Care of the Insane" by Dr. W. Mabory, discussion. Paper: "Ethics," by Miss Helen Scott Hay; discussion. Question box; report of election; adjournment.

The entertainment for the delegates will include a harbor trip for the 21st, ending with tea at the new residence at Bellevue, and it is hoped that all will be able to remain for this interesting feature.

## A SUBJECT FOR DISCUSSION

### RECOMMENDATIONS FROM THE COMMITTEE OF REORGANIZATION

To the members and affiliated associations of the Nurses' Associated Alumnae of the United States: According to instructions given at the last annual meeting, a committee has been appointed which will present to you proposed plans for reorganization, and requests that in the meantime the following suggestions be considered:

1. Shall we change the name of the association? The following names have been suggested: American Nurses' Association; National Nurses' Association; National Association of Graduate Nurses of the United States; National Association of Nurses of the United States.

2. Meetings: Shall we meet annually or every two years?

3. Organization and membership: Shall it be individual or federate? Federated as at present, consisting of alumnae, state, county and city organizations, with a growing list of permanent or individual members paying dues; or individuals paying dues of \$3.00 a year through their state societies, or directly to the national association?

4. Officers: That in addition to Board of Directors, there be a Council composed of presidents of affiliated state societies.

5. Nominations for office: That names to be placed on the official ticket of nominations shall have at least ten endorsements before being considered by the nominating committee.

6. Shall all business meetings be open to delegates only, or shall they open as at present to all members, with a right to discuss, but not vote?

7. That the annual dues for any society be not less than \$5.00.

8. That state associations remain affiliated having one vote, or on a basis of membership with votes in proportion.

Societies wishing further information are earnestly requested to correspond with the committee.

ANNIE DAMER, R. N., chairman, Yorktown Heights, N. Y.

GENEVIEVE COOKE, 615 Palisade Ave., Yonkers, N. Y.

KATHARINE DEWITT, 211 Westminster Road, Rochester, N. Y.

MRS. M. L. MOYER, Strafford, Pa.

MARY M. RIDDLE, Newton Hospital, Newton Lower Falls, Mass.

GRACE O'BRIAN, 219½ East North Avenue, Baltimore, Md.

---

## N. Y. H. ALUMNAE ASSOCIATION

About forty members were present at the annual meeting of the Alumnae Association on April 13th, in the Lecture

Room of the Nurses' Home. After the reading of the minutes of the last meeting, the Treasurer's report was read and the report of the Board of Trustees.

Following this the names of several nurses were presented and accepted, for membership in the Alumnae Association.

The Thirteenth Annual Reports of the Secretary, the Treasurer, and the Club House Committee were then read and accepted. These reports were so interesting and showed that the affairs of the Alumnae Association were in such a splendid condition, they met with hearty applause. The reports of the Editor of the Alumnae News and of the Chairman of the Sick Fund Committee were then read.

All these reports were concrete evidence that too much appreciation can not be given to those who so ably have managed the affairs of the Association and had its interests at heart. We trust that they will accept this as a expression of gratitude from the many members of the Association who enjoy its benefits so freely, but upon whom falls so little of the responsibility of its management or the hard work of its many activities.

Miss Golding made an informal report of the last County Meeting, and spoke briefly of the proposed Governing Board for the Central Registry. She explained that this Board is to be composed of thirty members, fifteen to be connected with the National Board of the Y. W. C. A. and fifteen to be members of the nursing profession, to be chosen by the National Board from a list of names of nurses to be presented to them by the County Association.

The following members were then chosen as delegates to the Annual Meeting in May. Miss Golding, Miss Stewart, Miss Goodrich, Mrs. Rogers, Miss Twitchel, Miss Stimson, Miss McVean.

Miss Sutcliffe suggested the advisability of our having a pension fund for nurses, and said that she thought it an opportune time for the discussion of the matter to be started. It seemed wise to her that it be handled not in connection with the Sick Fund but as a separate affair. It was moved and seconded that a committee be formed, with Miss Sutcliffe as chairman with power to appoint her own committee of six,

to look into the question of a Pension Fund. This motion was carried.

The list of nominations for the County Society election to be held June 7th, '10 as presented by Miss Samuel was then read.

It was voted that Dr. Murray be made an honorary member of the Alumnae Association. Miss Whitman was re-instated by vote as a member as she had paid up her arrears in dues. Miss. Monaghan's resignation was accepted.

The President was then authorized to appoint tellers and inspectors for the election of officers. While they were engaged in counting the ballots, business was suspended and ice cream and cake were served.

The tellers soon reported the following elections.

President	Miss McVean
Vice-Pres.	Miss Florence Johnson
Secretary	Miss Stewart
Cor. Sec.	Mrs. Rogers
Treas.	Miss Russell
Trustees	Miss Lindgren
	Mrs. Hosking
	Miss Elliot

After a rising vote of thanks and appreciation to the outgoing officers the meeting adjourned on motion.

JULIA C. STIMSON, R. N.

---

## NEWS OF THE CLUB AND THE CLASSES

Miss Pugh '09 goes to Halifax May 1st to take a six weeks' course at the Station Hospital of the Canadian Army Medical Corps. Miss Pugh has been appointed Nursing Sister in the Army Medical Corps, this appointment being somewhat the same as being a member of the Red Cross Society here. There are twenty-five nurses on the roll, who can be called when an emergency arises, these nursing sisters ranking as Lieutenants in the Medical Corps, Miss Pugh is at home, Kingston, Ontario, before taking up her work.

---

Mrs. William Finkell, (Miss Dorothy Walker) '95 of Pittsburg, has been spending a week at Atlantic City with her family.

---

Miss Dakin has returned to take up her duties after a delightful two months' vacation in Savannah, Ga. Miss Houston who

substituted for her is now Miss Sutcliffe's Assistant in the Social Service work, the latter is just back from a ten days' visit to Seven Oaks; Miss States substituted for her.

---

The graduating exercises of the French Hospital of which Miss Jordan '02 is Superintendent were held on the evening of April the 8th in the Forum Room of the Metropolitan Opera House. Ten nurses graduated. A short but very delightful programme was rendered. Dr. McConnell, President of the Medical Board addressed the Graduating Class, he took five words for his text, and they go to make the perfect Nurse—Neatness, Usefulness, Resourcefulness, Sympathy, Earnestness, the first letters of which spell "Nurse". Among the guests we noticed Dr. and Mrs. Peck; Dr. and Mrs. Farr; Dr. and Mrs. Turnure; Dr. Pool; Mrs. Purman; Miss Walton and Miss McCabe.

---

Miss Maria Davis has resigned her position as Head Nurse in Ward K, and is now Mrs. Rogers, First Assistant in the Brooklyn Hospital, in Miss Vroom's place

---

Several of our nurses have been recently to Atlantic City—Miss Reutinger has just returned from a two weeks' stay, looking and feeling so much better, Miss Gibson and Miss Hinch are still there, Miss Sinnott spent a few days there with Miss Reutinger, Mrs. Morse enjoyed a fortnight's change; and Miss Kate Smarden with her friend Mrs. Patterson of Montreal have returned after a week's visit.

---

Mrs. William D. Cutter, (née Moir) and her daughter are in Brooklyn on a visit for some months

---

Mrs. Purman, in charge of Ward O, spent Easter at home Bloombury, Pa., and Miss Gluck, Ward G. also went home for Easter.

---

We extend our deepest sympathy to Miss Jordan in the death of her father; and Miss McCabe losing her sister.

---

Miss Leila Huyck has been at Reading, Conn., nursing Mark Twain.

---

Miss Rough, ward F., has been ill for a week: we are glad to see her back on duty. Miss Gertrude Seeley who has been a patient on the 4th floor, is now at Campbell Cottage, White Plains, for two weeks' change. Miss Rose Green is now a patient at the hospital; Mrs. Van Antwerp—Miss Mack '89—has also been ill and a patient there, but we are glad to say is now better.

---

Mrs. Jones—Miss Gaylor '87—from Syracuse, was in the city last month, and called to see Miss Sutcliffe: she is a member of the first class of nurses Miss Sutcliffe graduated.

---

Miss Grayson, '10, is home for a long vacation.

---

Miss Jenkins and Miss Bridges finished their six months' course in hospital economics on March 31st. Miss Bessie Dickson '01, Supt. of the McCosh Infirmary, Princeton, is now taking that course. Miss Jenkins is visiting her sister, 340 Edward St., Decatur, Ill. Miss Bridges has accepted the position as Supt. Nurses Training School for District Nurses in Boston. On leaving here, she spent a few days in Henry St. Settlement, also at the Presbyterian Hospital in the interest of her work: she has been sent for two weeks to Cleveland, to spend that time at the headquarters of district nursing: before starting her duties in Boston, she will spend two weeks in that city in Social Service work. Miss Bridges has been appointed a delegate from her church to the Convention of Sunday School Workers, to be held in Washington.

---

Miss Nellie McCrae is acting for Miss Gibson in the P. P. B.

---

Miss Isabel Phymister has returned to the Club after a years' absence, we wish her every success.

---

Miss Josephine Hill will return to the Club, May 1st to resume private nursing.

---

Miss Alice Linton is in England on a pleasure trip.

---

Miss M. Graham is in Pasadena, Cal. with her patient.

---

We are sorry to hear that Miss Milo Hinch in charge of Patterson General Hospital, has been very ill, but is better and now away for change.

---

We are glad to see that Miss Fletcher is able to be out again after a severe attack of Grip. She has just spent a very pleasant week at the Brownery.

---

We extend our deepest sympathies to Mrs. Cooper in the sudden death of her mother.

---

Miss Paget's many friends will be sorry to hear that she has been called home by the illness of her mother.

---

Miss Caroline Robinson, class '08, spent the winter in Shanghai, China.

---

Dr. Bridge, who was one of our internes, Medical Division, and practises in Arizona, is now in New York on a visit: we are glad to see him looking so well.

Dr. Beeuwkes, ex-House of the 2nd Surgical Division, is here from Washington on a visit.

We are very sorry to hear of Dr. Bolling's recent illness; and his having to leave St. Mary's Hospital and go home to recuperate: we are glad to know he is well, and back on duty.

---

Our heartiest good wishes go with Mr. Robertson, who leaves us to take up his duties at the New York Eye and Ear Infirmary as Superintendent: our congratulations to him on his appointment mingled with regrets at losing him.

---

Miss Lavinia Wood has been with a patient in Miami, Biscayne Bay, Fla. From there they went to St. Augustine for a week; to Charleston S. C. for two; on to Washington, are now back in New York.

---

Mrs. Hosking is nursing Dr. Burnett, House Surgeon on the Second Division, who has been very ill with scarlet fever: we trust his convalescence will be rapid.

---

### **MARRIAGE.**

On Thursday the thirty first of March 1910 at Hackensack, New Jersey, Miss Janet May Dunlop '04 to Dr. Arthur Sherwood Corwin of Rye, N. Y.

---

### **DEATH**

In New York, March 11th, after a lingering illness, Mrs. R. B. Culbert (Mrs. Beck).


---

## IF YOU READ

The American Journal of Nursing and profit by it—you should see that your friends are benefited in the same way. Many of them only need **your recommendation** in order to subscribe for it for the coming year.

In this way you help to broaden the educational value of the only nursing magazine, national in scope, that is owned, edited and controlled by nurses.

**\$2.00 a year, the J. B. Lippincott Company,  
227 South 6th Street, Philadelphia, Pa.**

<p><b>BORDEN'S MALTED MILK</b></p> <p>(THE BEST THAT SCIENCE CAN PRODUCE)</p>			<p><b>FREE FROM STARCH AND CANE SUGAR</b></p> <p>IT HAS NO EQUAL</p>
Sheet No _____ Name _____ Address _____ Diagnosis _____  Date _____ Use of Disease _____ Notes _____			Doctor _____ Nurse _____  Date _____ 19____

Time	Temperature
107°	
106°	
105°	
104°	
103°	
102°	
101°	
100°	
99°	
98°	
97°	
Pulse	
Resp.	
Symptoms	
Medications	
Diet	
Examinations	
Urine	
Feces	
Sleep	

## Nurses' Temperature Charts

**ACKNOWLEDGED THE BEST**

Size, 12 inches by 11½ inches, 25 sheets to the pad.  
Price, 20c. per pad, postpaid.

## ALSO BEDSIDE CHARTS

Same size as above, 50 sheets to the pad.  
Price 20c. per pad, postpaid.

**Extra Fine Quality Paper. Write for Sample Sheets.**

Convenient, Durable, Folding Cloth Cover  
for these pads, 40c. extra.

Malted Milk Department.  
**BORDEN'S CONDENSED MILK CO.**  
 108 Hudson St.                  New York.

107°
106°
105°
104°
103°
102°
101°
100°
99°
98°
97°
PULSE
RESP.
SYMPTOMS
DIET
EXAMINATIONS
URINE
FECES
SLEEP

# ARMY & NAVY COMBINATION ICE BAG AND HELMET

# AN IDEAL BAG FOR THE HEAD



CLOTH INSERTED  
MAROON PURE RUBBER

PATENTED  
UNLOSABLE WASHER

The "Army and Navy" is the only PERFECT Helmet made.

It fits snugly and holds an ample quantity of Ice which can be moved to any part of the head, or centered over the base of the brain, if desired.

It can be flattened out to form the regular, round-shaped Ice-Bag suitable for use on any part of the body and especially for the abdomen.

It is made of cloth inserted Maroon Pure Rubber, with screw-cap and unlosable washer.

ADULT'S SIZE, 12 $\frac{1}{4}$  inches in diameter.

CHILD'S SIZE, 10 inches in diameter.

—Price List on Request—

## "PERFECTION" ICE BAG

### The Leading Hospital Ice Bag

It holds more ice than other bags, and is lighter in weight.

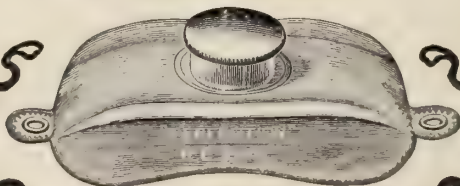
It can be perfectly adjusted and secured, and has a smooth and flat bottom surface when filled.

Its long, flat surface, makes the bag specially adaptable for the chest or abdomen.

It is the leading Hospital Bag and is made with our non-leaking, metal screw-cap, in both slate and maroon rubber. The Maroon Rubber Bags are fitted with our Patented 'Unlosable' Washers.

Small Size, 5x9 in.  
Medium " 6x11 in.  
Large " 7x13 in.

Price List on Request



Our specialties are sold by all leading dealers. We supply Hospitals at wholesale prices.

**Meinecke & Co.,** 48 & 50 Park Place **New York**

MAKERS OF ADVANCED SPECIALTIES FOR THE SICK-ROOM AND HOSPITAL  
WE SUPPLY HOSPITALS AT WHOLESALE PRICES

**VOLUME 4.**

**NUMBER 8.**

**The**  
**Alumnae News**

**JUNE**

**1910.**

## IF YOU READ

The American Journal of Nursing and profit by it—you should see that your friends are benefited in the same way. Many of them only need **your recommendation** in order to subscribe for it for the coming year.

In this way you help to broaden the educational value of the only nursing magazine, national in scope, that is owned, edited and controlled by nurses.

**\$2.00 a year, the J. B. Lippincott Company,  
227 South 6th Street, Philadelphia, Pa.**

[illegible]

# ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

VOL. IV.

JUNE 1910

No. 8

PUBLISHED MONTHLY, FROM NOVEMBER TO JULY.

Sent free of charge to all members of the "Alumnae Association"

to others: } 50 cts. per year  
                  } 10 " " copy

Editor—Miss M. H. YOUNG, 8 W. 92nd Street

Business manager—Miss R. L. Cromwell, 7 W. 15th St.

Business manager (assistant) Miss A. H. Meier.

News Editor—Miss H. EARLE, 7 W. 15th St.

Secretary—Miss L. WYGANT, Plaza Hotel, 59th St. & 5th Ave.

## REPORTERS

Mrs. Jameson, 200 W. 14th St.

Miss Rough, 7 W. 15th St.

" Frederick, 321 E. 15th St.

" Walton, 7 W. 15th St.

" Ryerson, 133 W. 140th St.

Miss A. B. Stewart,


414 E. 14th St.

Mrs. Hosking, 8 W. 92nd St.

Miss Golding, 245 W. 14th St.

" F. Nash, 8 W. 92nd St.

" Lavinia Wood, 8 W. 92th St.

 It is requested that notice of change of address be sent to the Secretary as promptly as possible, so that the mailing list may be kept corrected.

Those who have failed to receive the "Alumnae News"—or those who desire extra copies—can always be supplied by calling at the Club, or at Miss Macdiarmid's office—or copies will be mailed on application to the Secretary.

## CENTRAL REGISTRY.

The following announcement is made by the Executive Committee of the New York County Registered Nurses' Association, for the information of the nursing profession.

The nurses of New York County have felt for a long time the necessity for a central head-quarters, and have voted to establish a Central Registry, to be controlled by them as a professional matter, in order to meet the following needs:

FIRST: To furnish a clearing house for all nursing interests.

SECOND: To enable physicians and others to obtain nurses for private duty and positions of all kinds by means of a Central Registry and Directory.

### MEMBERSHIP

*Class A* Any member of an affiliated association if already registered with her own registry is eligible to membership on paying an annual fee of \$10.00.

*Class B*—An individual member of the County Association is eligible to membership on payment of an annual fee of \$15.00.

*Class C*—Graduate nurses who agree to apply for registration within a year may be admitted to membership, if acceptable to the County Association on payment of an annual fee of \$15.00.

*Class D*—Women who can give satisfactory credentials and do good work, but who have had no diploma from a hospital may be admitted to membership under rules formulated by the registry committee and on payment of an annual fee of \$5.00.

Affiliated Associations are requested to pay an annual fee of ten cents per capita.

### RULES FOR NURSES

1. Nurses on registering must state what class of cases they will take.

2. Nurses reporting for duty are placed at the foot of the list. When no request is made for a particular nurse, the Registrar shall, if possible, send the first one on the list who is registered for the class of work, to which the call belongs. The name of the nurse refusing a call for which she is registered will be placed on the foot of the list.

3. Nurses must notify the Registrar of illness or any other unavoidable cause which will prevent their responding to a call, in which case their place on the list shall remain the same.

4. Nurses on calls lasting only forty-eight hours retain their places on the list if notice has been sent to the Registrar within twenty-four hours after leaving the case.

5. Nurses on the list taking outside calls must notify the Registrar promptly.

6. Nurses needing a second nurse at a case are requested to secure the services of a registry member by telephoning to the Registrar.

7. When a nurse's name has become tenth on the list she shall receive a postal notification from the Registrar to that effect and after being thus notified she must not be out of reach of the registry for more than two hours at any one time. Otherwise she will forfeit her turn, and the next nurse will be assigned to the case. The right is reserved for an emergency case to assign the first nurse that can be reached.

8. When a call comes for a charity case the nurse at the foot of the list shall be called upon to take it, providing she is registered for such work. Any nurse on duty at a charity case shall be furnished a substitute when she is called to a regular case, or for any other reason wishes to be relieved. Nurses willing to take charity cases will be expected to report particulars of each registry case to the Registrar for her annual report.

9. Dues must be paid annually in advance on registering and no nurse in arrears shall be considered on call.

10. The Registry requires a week's quarantine after contagious calls, but if the doctor knowing the conditions, be willing to permit a nurse to take it under that time, he assumes all responsibilities.

### TERMS

The established uniform fees to which all nurses must conform *when engaged through the Central Registry* are as follows:

1. For general nursing \$25. per week and at the same rate for a period exceeding a week. Less that a week \$4.00 per day.

2. Obstetrical cases \$30. per week for the first two weeks, \$25. for the succeeding weeks unless there are two nurses, when \$25. per week will be charged for the entire time.

3. Nervous cases, alcoholic, insane and contagious \$30.00 per week, and at the same rate for a period exceeding a week. Less than a week \$5.00 per day.

4. In cases where there are more than one patient \$5.00 per week extra will be charged for each additional patient. For attendance at an operation or one day's engagement \$5.00.

5. No charge is made for attending the body after death unless called in especially for that duty when a charge of \$5.00 may be made.

6. When on twenty-four hour duty a nurse should have at least seven hours sleep and two hours recreation.

7. Travelling expenses are to be charged only when the en-

gagement is out of town, laundry shall be charged on out of town contagious cases.

8. Hourly nursing \$1.00 for the first hour or fraction thereof, fifty cents for each succeeding hour or fraction thereof.

9. The schedule of the Mills' Association shall govern the prices of the male nurses.

#### GOVERNING BOARD

<i>Chairman</i>		Miss Golding - - - New York
Miss Jane Greenthal, - Mt. Sinai		" Rhodes - - - Bellevue
<i>Secretary</i>		Mrs. Jennings - - - Bellevue
Miss Burgess, - - - Roosevelt		Miss Lurkins - - - Hahnemann
<i>Treasurer</i>		" McMillan - - - St. Lukes
Miss Cadmus, - - Presbyterian		" Maxwell - - - - -
<i>Members Alumnae Association</i>		Manhattan and Bronx
Miss Yocum, - - New York City		Mrs. Twain - - - - - Mills
" Greenthal, - - - Mt. Sinai		Miss Cadmus - - - Presbyterian
" Dunning, - - - German		" Ehrlichen - Post Graduate
" Burgess - - - Roosevelt		" Schweerer - Metropolitan
" Selden - Laura Franklin		" Clancy - - - - - Lebanon
" Russell - - - New York		" Goodale - - - - -
		New York Infirmary

The Governing Board shall elect from its own members, an Arbitration Committee of three which shall receive and investigate all complaints and refer their findings to the Governing Board for action.

#### NOTICES

##### N. Y. H ALUMNAE MEETING

The next regular meeting of the Association will be held in the Class Room, 8 West 16th Street, on Thursday, June 9th, at 3 p. m.

##### COUNTY SOCIETY

The quarterly meeting of the N. Y. County Nurses' Association will be held in the Academy of Medicine, 17 W. 43rd Street, on Tuesday June 7th. at 8 p. m.

##### RECEPTION

A reception will be given to the graduating class of 1910 by the Alumnae at the close of the June meeting of the Association, in Reception room of the Nurses' Home.

## ALUMNAE MEETING.

Although a rather dull day, there were 30 members present to greet the newly elected President, who on calling the meeting to order thanked the association for the honor conferred upon her.

The usual report of Secretary, Treasurer, Board of Trustees and Club House were read. We note that the vacancy on the Board of Trustees caused by the resignation of Miss Wilson, was filled by the election of Miss Grafton.

Under reports of Committees, Miss Sutcliffe, Chairman of Committee of Pension Fund, reported having looked carefully into those already in operation in other Societies; concluding that if such a Fund were to be considered a certain sum of money should be raised, some way, before going further, and suggested the holding of a Bazaar. Discussion followed resulting in a motion by Mrs. Twiss, seconded by Mrs. Rogers, that our Alumnae organize a Pension Fund. This motion being carried, it was decided to arrange for a Bazaar in the fall. On motion of Miss Stewart, the Committee on Pension Fund, will remain the same for a year.

The Credential Committee presented the following names for membership: Miss E. M. Wilkinson, Miss M. P. Berrien, Miss H. M. Bachus, Miss N. G. McGehee, Miss E. G. Davies.

These nurses, graduates of the class 1910, were gladly accepted into membership, and we trust will attend all the meetings and broaden their view of the profession they have chosen, by becoming interested, actively, in those questions which pertain to the betterment of the profession at large.

A letter of acceptance from Doctor F. W. Murray as an Honorary member of our Alumnae was read and speaks for itself.

Miss Ada B. Stewart,  
Secretary Alumnae Association,  
New York Hospital Training School,  
Dear Miss Stewart,

It is a pleasure to be elected an Honorary member of the Alumnae Association and kindly convey to the Association my appreciation of the honor conferred at their annual meeting on the 13th inst. Our Training School stands in the front rank of the schools in this country and while it may be due, in a measure, to the training; in my opinion it is chiefly because our pupils and

graduate nurses are women of high type and ideals, and naturally their work represents all that is good. Consequently you will understand why I appreciate being enrolled in the list of Honorary members.

April 15th, 1910.

Sincerely,  
F. W. Murray.

Miss Stewart announced that next week the Club House for Nurses would be opened at 52 East 34th Street in time to permit of entertaining the delegates to the National Alumnae meeting to be held on Wednesday, Thursday and Friday.

This Club House is to be under the management of a Board consisting of thirty women—fifteen registered nurses and fifteen representative women from the National Y. W. C. A., who are broadly and earnestly in sympathy with all classes of woman engaged in women's work and sufficiently interested in this organizing of a Club House for Nurses to offer to finance the project entirely for a period of two years.

It is intended that the New York County Society locate the Central Registry office in this Club House, but the control of the Registry shall be absolutely in the hands of the County Society.

The following is the list of Nurses on the co-operating Committee for the Central Club House.

Mrs. Hugh Auchincloss, Roosevelt Alumnae.  
Miss Bewley, Presbyterian Alumnae  
Mrs. Fred J. Brockway, President Manhattan and Bronx Association.  
Miss Daniels, Manhattan and Bronx Association.  
Miss Elizabeth Golding, New York Hospital Alumnae.  
Miss Kiel, St. Luke's Alumnae.  
Miss Laura R. Logan, Mt. Sinai Alumnae.  
Miss Frances Lurkins, Hahnemann Alumnae.  
Miss Jane M. Pindell, Chairman Central Registry Committee.  
Miss Annie Rhodes, Bellevue Alumnae  
Miss Ada B. Stewart, Chairman Executive Board New York County Association.

Miss Julia C. Stimson, New York Hospital Alumnae.  
Miss Louise Swarthout, Manhattan and Bronx Association.  
Mrs. C. Victor Twiss, President of New York State Association.  
Miss Agnes S. Ward, Metropolitan Hospital Alumnae.

The resignation of Miss Frederick as a member of our Alumnae Association, was read. It seemed the unanimous opinion that this be not accepted, and on motion by Mrs. Twiss, seconded by Miss Sutcliffe, it was voted to make Miss Frederick a life member of the Alumnae Association.

Notices of the meetings of Superintendent's Society and the National Alumnae were read, and eight recommendations from the Committee of Reorganization of the National Society were presented for discussion. It was thought that the seven delegates appointed at the last meeting would be in a better position to vote more intelligently after hearing the general discussion, therefore the casting of our votes was left to their discretion.

A letter from Mrs. Clarence Mackay was read expressing regrets at not being present to address the nurses and hoping to be able to do so at a meeting in the fall.

Miss Reutinger as Chairman of the Entertainment Committee and Miss Helena Earle, Chairman of the Program Committee have signified their willingness to serve another year. They evidently did good work and more is needed. The President was requested to appoint a Committee of five to arrange for an Afternoon Reception to the graduating class.

Meeting then adjourned for social session, when several of the older graduates were eagerly received, and we hope they will come soon again and often.

A. B. DUNCAN.

---

## NEWS OF THE CLUB AND THE CLASSES

Miss A. G. Holmes '96, Superintendent Mills' Training School for Nurses, leaves Bellevue on June 1st, and will take charge of a Fresh Air Home for Children, for this Summer.—The Mills' Training School is to be discontinued, and a school for male trained attendants established.

---

Miss Lindgren and Miss Denike are building a bungalow on the Maine Coast, and will be the fortunate possessors of a lobster park: a lobster claw will hang on their latch-string and friends will be always welcome. Miss McVean and her sister have plans for the building of their bungalow on the far end of Staten Island: we presume that the Badge of the Board of Health will be at the end their latch string! and always a hearty welcome inside.

---

Miss Duncan's address for the Summer is 149 East 34th St.,

Telephone 6408 Madison. Miss Nellie McCrae's address from June 15th to Oct. 1st will be care of Miss Greene, Tenafly N. J.

---

Miss Moesle '94, sailed for home on Saturday May 14th: she does not expect to return to this country, but will live with her brother near Zürich, Switzerland; and will send us her address later.

---

With much regret do we learn of Miss Ada B. Stewart's leaving New York. Miss Stewart has resigned her position as House Mother at Grace Church, and goes to live at home with her niece, in Bath, N. Y. We sincerely hope that she will plan to return to the city in the Autumn, as our Alumnae can ill afford to lose the services of one of its most valuable and active members.

---

The graduating exercises of the Bellevue and Allied Hospitals were held on the evening of April 26th; and were most impressive and interesting, on the platform were Miss Goodrich, Superintendent of Bellevue and Allied Hospitals; Miss Holmes, Superintendent of the Mills' Training School; and Miss Stimson, Superintendent of the Nurses Harlem Hospital. Among the guests we noticed the Misses Stewart, Sanborn, Walton and Earle.

---

The subject of the Pension Fund was discussed with much animation and interest at the meeting on May 12th: at the close of the meeting Miss Sutcliffe, who is the Pioneer in the movement, was pleased indeed at the fund being started by Miss MacDiarmid with a donation of fifty dollars, which was quickly followed by those from Miss Lindgren; and Mrs. Rogers. Many of the nurses have pledged certain sums to be paid by the Fall. The Treasurer for the fund, pro tem, is Miss H. A. Earle, 7 West 15th St., who will gladly receive and acknowledge any sums sent.

---

Miss Margaret Ryerson has accepted the position of house-keeper at the New York Infirmary for Women and Children, 321 East 15th St., and is the fifth N. Y. Hospital graduate on the Staff.

---

Miss Ruby Riddell spent ten days last month at Atlantic City.

---

The graduating exercises of the General Hospital, White Plains, N. Y. of which Miss Ida Nudell—class '00 is Superintendent, were held on the evening of April 30th. Mr. Ludlam addressed the graduating class; and Miss Sutcliffe and Miss Henderson were both present.

---

Miss Margaret Simpson '02, has gone to Canada for the Summer with her little nieces and nephews.—Miss Huyck and Miss Smellie are both going home to Canada for the Summer.

---

Miss Ohle Gill, in charge of the Reception Ward, is going to join the ranks of the Commuters! She and a friend have taken a bungalow on Rye Beach from June 1st to Nov. 1st.

---

Miss Fanny Buchan has gone to Chicago with a patient: from there she will go to Pittsburg to visit her brother, and then return to New York.

---

Miss Zula Stupplebean is nursing our Governor Mr. Camman, at Merrick, L. I.

---

Miss Pugh has had a mild attack of typhoid, and we are glad to say in convalescing rapidly. Miss Blott and Miss Jessup are also patients in the P. P. B.

---

Miss Berrien '10 is now in charge of the 6th floor, P. P. B.

---

Miss Justine Fearing '08 is living with her brother, and keeping house for him, on his ranch, Mountain Home; Idaho.

---

Our deepest sympathy to the Misses Abernethy, in the loss of their father.

---

Miss Charlotte Jouffret nursed Col. Hills in his last illness. He

died at his home, Bay Ridge, Brooklyn, and was buried in the military cemetery, Arlington, Virginia: our sincere sympathy is tendered to Dr. Hills.

---

Miss Meier, in charge of Ward L, has given up her room in the home, and lives with her sister at the Arts and Crafts Club on 19th Street.

---

On the eve of Dr. Stimson's departure on the Fleur de Lys, for a cruise in the Mediterranean, he was deeply touched and gratified by the presentation of a silver punch bowl, costing three hundred dollars, given him by the ex-officers and present members of his House Staff at Chambers' and Hudson Sts. The bowl, which is now on view at Howard's, Fifth Ave., was presented by Drs. Cole, Roper and Stielman; and contained a poem written by Dr. Cole; the seal of the hospital is engraved on one side; and the inscription on the other.

---

Dr. Otto Goehle, ex-House on the P. P. B. and 1st Surg. Division, is going to practice in Greenwich, Conn.

---

Our heartiest congratulations to Dr. Downes, on his marriage to Miss Kennedy on April 30th.

---

Very excellent demonstrations have been given lately in the Amphitheatre by the pupils of the Training School. Miss Lehmkuhl gave a hot pack; Miss Adams an alcohol sponge; Miss George a sponge bath, on another evening Miss Smaill gave a cold pack, Miss Eichbaum a mustard foot bath; and Miss Woods, cupping. The special feature of these demonstrations is, each pupil unassisted, treats her patient; and they all showed evidence of skillful and methodical teaching.

---

Miss Samuels has resigned as superintendent of Roosevelt Hospital, and leaves on July 1st.

---

Miss Helen Maher and Miss Colchester, '07, are now in Paris, France. The former is to have charge of a ward in the American Hospital; and the latter will again do private nursing there.

---

Miss McPhedran '06 is visiting in Ontario till July 1st. She then goes to live in Calgary, Alberta, and her address will be 1020 West 15th Avenue: her friend and class-mate Mrs. Tom Martin (Miss Weatherhead) lives there, which will make it very pleasant for them both.

---

Miss Madden has returned to the club, after a two months' vacation spent in Massachusetts. Miss Maud Jones '08 has also returned to the club, after a long visit home in Toronto.

---

Miss Kyle is going abroad with a patient.

---

Mrs. Cussler (Miss Catlin) has returned from Washington; where she went to attend the wedding of her cousin Miss Satterlee.

---

Miss Gertrude Seeley goes home, St. John, New Brunswick, for an indefinite stay; her friend and class-mate Miss Lena Skuse '06, in charge of ward M, goes with her to spend part of her vacation.

---

Mrs. Crawford '96, who is Supt. of The Crippled Children's School, No. 5 Livingstone place, with her assistants gave a most successful entertainment May 6th in aid of their work: over \$300.00 was realized. A "Chantecler" grab basket caused much merriment. Several of our own school were present, Mrs. Crawford, Miss Whitelaw, Miss Monaghan, Miss Walton and Miss Lamphea.

---

Miss Cardiff's sister is spending a month with her at the Club; and during that time they hope to visit Atlantic City.

---

A most delightful and instructive City Conference of Charities and Corrections was held May 10th and 11th in N. Y. City, and May 12th at The Carolina County Club, Hartsdale, N. Y. While at the Club, the delegates were entertained at luncheon by Mr. and Mrs. Fulton Cutting; the weather was perfect, speakers and subjects excellent. We were glad that so many of our nurses enjoyed the meeting. Among those present were Miss McVean, Miss Denike, Miss Walton, Miss Lindgren, Miss Whitelaw, Miss Stewart. We feel that many of our grad-

uates engaged in Philanthropic work in the city should join The Monday Club and keep in touch with all public work in this way: its members are eligible for membership at the County Club, Hartsdale, which is for Philanthropic workers and trained nurses.

---

A reception to the class of 1910 will be held at the close of the June Alumnae meeting, Thursday, the ninth.]

---

## BIRTH

In Calgary, Alberta, Mrs. Tom Martin (Miss Weatherhead '06) of a son, April 12th.

---

A new field of work has been invaded by one of our graduates, which is of interest to nurses and the nursing profession in that it is of import to the patients. Miss A. B. Duncan so long connected with the Social Service work at John Wanamaker's has become actively associated with a Company which manufactures the "Storm Abdominal Supporter"—the most sanitary and most comfortable Supporter made.

It is light (5 oz.) flexible, washable and durable, and without steel or rubber in its construction.

It is used for any purpose of which an adominal supporter may be needed for a man, woman or child. It is perfectly adapted for *General* Support and by the special application of the reinforcing strap with a pad may be used for *Local* Support as for Hernia.

It is a specially valuable for movable kidney and relaxation with ptosis of Stomach, Liver or Intestines, giving rise to symptoms of pain and obstinate indigestion.

As a *Post Operative Binder* it has no superior for comfort and efficiency and may be adapted to upper, middle, lower or lateral abdominal regions, thus making it an ideal binder after operations upon the kidney, gall bladder, appendix or pelvic organs.

The "Storm Binder" is a great comfort to women during pregnancy and the puerperium, and in conditions of bladder or pelvic inflammation marked relief is experienced by lifting the Super—imposed weight from the congested parts by means of this soft elastic (rubberless) Supporter.

---

# **Special Courses for Nurses**

## **IN THE SWEDISH SYSTEM OF MASSAGE**

### **MEDICAL AND CORRECTIVE GYMNASICS**

(The System You Will Eventually Learn)

Term: Three Months = = Tuition Fee, Seventy-five Dollars

### **COURSE IN ELECTRO-THERAPY**

Term: Two Months = = Tuition Fee, Twenty-five Dollars

### **COURSE IN HYDRO-THERAPY IN ALL ITS FORMS**

Term: Six Weeks = = = = Tuition Fee, Thirty Dollars

**Summer Classes open July 12th, 1910.**

*Fall Classes open September 21st, 1910.*

**Over 9000 TREATMENTS GIVEN IN 1909. No better clinical experience possible**

All courses may be commenced at the same time and finished within three months. The instruction consists of daily clinical work and practical lessons on patients referred to our clinics from the various Hospital Dispensaries. Original Swedish (Ling) System, and Weir Mitchell's Res-Cure System. All pupils attend clinics at several city hospitals. A complete Medico-Mechanical Zander Gymnasium for treatment of patients and instruction of students. Payments can be made to suit your convenience. Application blank and illustrated booklet on Massage upon request

*An early application for admission is advisable*

**Pennsylvania Orthopaedic Institute and School of Mechano-Therapy, (Incorporated)**

1711 Green Street, PHILADELPHIA, PA.

MAX J. WALTER, Superintendent

## **New York Hospital Nurses Club**

**8 WEST 92ND STREET**

**NEW YORK**

## **Caps and Bedside Notes For Sale.**

Tel. 1739 Chelsea

**H. ROAMAN**

**Ladies Tailor & Furrier**

**135 W. 21st STREET**

**N. Y. C.**

10 per cent discount will be given to nurses ordering suits or dresses with my material.

**Own material made up.**

Tel. 1739 Chelsea

**Madam Marks**

**GOWNS**

**135 W. 21st STREET**

**N. Y. C.**

10 per cent discount will be given to nurses ordering Gowns with my material.

**Own material made up.**

When ordering please mention the "Alumnae News"

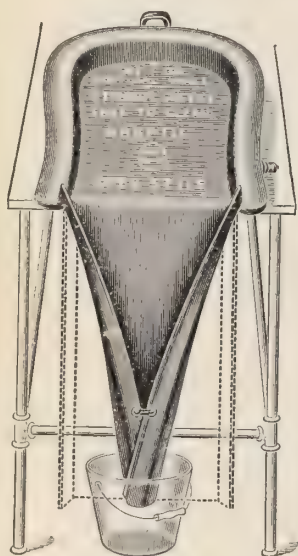
# The Pad Without A Crevice

## MEINECKE & CO'S

### ASEPTIC OPERATING PADS

Patented June 14 and 21, 1904.  
Also Patented in Gt. Britain, Germany and France.

*The Only Perfect Kelly Pads ~*

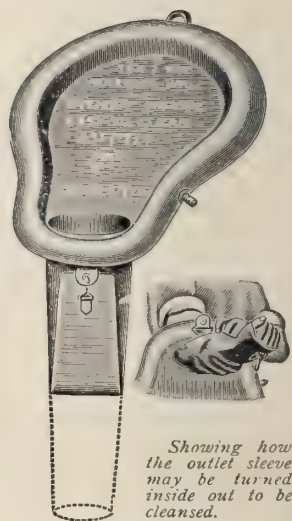


The dotted lines show how drainage apron hangs when not hooked together. Notice the gutter or protection shown by dotted lines, which is formed on each side of the apron, thus preventing the fluid from running off the sides of the apron when used in the position shown by dotted lines.

#### Easy to Clean.

Unlike the old style Kelly Pads these new Aseptic Operating Pads have no crevice under the inflated portion. Every square inch of the Pads can therefore be reached with a scrubbing brush. This permits them to be kept aseptic, a fact which will be appreciated by every surgeon.

#### Prices Quoted on Application.



*Showing how the outlet sleeve may be turned inside out to be cleansed.*



SECTIONAL VIEW

This style pad is made with a (reversible) closed sleeve, which hooks up to the rim in such a manner as to catch amnion, blood and placenta, which collected in this pocket can be transported to the bathroom, weighed and inspected without the use of any other vessel.

Read what Dr. Howard A. Kelly, the Original Inventor of the Kelly Pad says of them :

MEINECKE & COMPANY :

BALTIMORE, MD. December 31, 1903.

Gentlemen :—Sometime ago your new Aseptic Operating Pad was received, which is now used in my operating room with much satisfaction. It is a great improvement over any other pad that has as yet been put upon the market. The absence of crevices, which catch dirt and lodge infection, makes it practically a perfect pad.

I trust it will be as widely appreciated as it deserves.

HOWARD A. KELLY.

MEINECKE & CO., 48 & 50 PARK PLACE NEW YORK.

**VOLUME 4.**

**NUMBER 9.**

**The**  
**Alumnae News**

**JULY**

**1910.**

# Sterilized Obstetrical Supplies

The sterilized obstetrical supplies provided by Van Horn & Sawtell for the aid and convenience of physicians and nurses are prepared with the same attention to quality, utility and sterility that are given to every product of the Van Horn & Sawtell laboratories.

To the physician and nurse such care and attention spell protection and safety.

For complete lists of obstetrical supplies, special outfits, sutures, etc. address

VAN HORN & SAWTELL  
307 Madison Avenue, New York, N. Y.

## A Non-Greasy Lubricant

needs little comment as to its superiority from every standpoint of cleanliness. The avoidance of greasy clothes and bed linen is always gratifying to the painstaking nurse, and this is only one of the many advantages that attend the use of



## K-Y Lubricating Jelly

the "perfect lubricant" for *catheters, specula, rectal and colon tubes.*

"K-Y" is water-soluble and easily rinsed from instruments, dressings and clothing without leaving the slightest stain.

"K-Y" moreover, is emollient and soothing to the skin, offering a prompt and effective means of relieving "bi-chloride rash" and kindred irritations.

A postal request will bring a liberal sample.

VAN HORN & SAWTELL  
307 MADISON AVE., NEW YORK, N. Y.

# ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

VOL. IV.

JULY 1910

No. 9

PUBLISHED MONTHLY, FROM NOVEMBER TO JULY.

Sent free of charge to all members of the "Alumnae Association"

to others: } 50 cts. per year  
                  } 10 " " copy

Editor—Miss M. H. YOUNG, 8 W. 92nd Street

Business manager—Miss R. L. Cromwell, 8 W. 16th St.

Business manager (assistant) Miss A. H. Meier.

News Editor—Miss H. EARLE, 7 W. 15th St.

Secretary—Mrs. ROGERS, Brooklyn Hospital, Brooklyn.

## REPORTERS

Miss J. C. Stimson,  
Harlem Hospital

Mrs. Jameson, 200 W. 14th St.

Miss Rough, 8 W. 16th St.

" Frederick, 321 E. 15th St.

" Walton, 8 W. 16th St.

Miss Ryerson, 133 W. 140th St.


" A. B. Stewart, Bath, N. Y.

Mrs. Hosking, 8 W. 92nd St.

Miss Golding, 245 W. 14th St.

" F. Nash, 8 W. 92nd St.

" Lavinia Wood, 8 W. 92th St.

 It is requested that notice of change of address be sent to the Secretary as promptly as possible, so that the mailing list may be kept corrected.

Those who have failed to receive the "Alumnae News"—or those who desire extra copies—can always be supplied by calling at the Club, or at Miss Macdiarmid's office—or copies will be mailed on application to the Secretary.

## NOTICES

### N. Y. H. ALUMNAE MEETING

The first regular meeting of the Association after the summer vacation will be held in the Lecture Room, 8 West 16th Street, Thursday, October 13th at 3 p. m.

*It is hoped that Mrs. Clarence Mackay, President of the Equal Franchise Society, may be able to be at this meeting and talk about her Society, and Suffrage.*

### N. Y. COUNTY SOCIETY.

The regular quarterly meeting will be held in the Academy of Medicine, 17 W. 43rd St., at 8 p. m., Tuesday, October 4th.

### NEW YORK STATE MEETING

The annual meeting of the New York State Nurses' Association will be held in Rochester in October.

### THE NAVY NURSE CORPS

The congratulations of the members of the Navy Nurse Corps to the Superintendent and nurses of the Army Nursing Service upon the increase in pay which at last after years of waiting has become an assured fact are none the less cordial for the reason that they may be a trifle selfish as well. It may not be known to the nursing world at large that any legislation relative to the pay, allowances, emoluments and privileges of the Army Nurse Corps, must, according to law, apply also to the Nurse Corps of the Navy, therefore, it is with much pleasure that I submit the following schedule of pay for nurses in the Navy Service: In future nurses will receive first three years, \$50 per month; second three years, \$55 per month; third three years, \$60 per month; thereafter, \$65 per month. For service beyond the limits of the United States (with the exception of Porto Rico and Hawaii) \$10 per month in addition to the above rates will be allowed. When serving as chief nurses their pay may be increased by the authority of the Secretary of the Navy, such increase not to exceed \$30 per month. In addition to the above, chief nurses and nurses will be entitled to quarters and subsistence, travelling expenses when travelling under orders, and to leave of absence with pay at the rate of thirty days for each calendar year, such leave may, if desired, be allowed to accumulate for three years.

A change has also been made in the method of examination. In future a candidate for appointment in the Nurse Corps will be required to file the necessary certificates in regard to health, training, etc., and submit to the Bureau of Medicine and Surgery an essay of not less than two hundred and fifty words upon a given nursing subject. Certificates and essay together with training, subsequent experience, etc., will then be given careful consideration, and, if satisfactory in all respects, the applicant's name will be placed upon the waiting list as eligible for appointment when a vacancy occurs in the service.

Applications should be addressed to the Surgeon General, U. S. Navy, Bureau of Medicine and Surgery, Navy Department Washington, D.C.

---

## NATIONAL PENSIONS

The report of Miss M. E. P. Davis, Chairman of the Committee appointed three years ago at Richmond meeting of the Associated Alumnae to investigate the question of a Relief Fund for disabled nurses, was of especial interest to us as the question of establishing a "Pension Fund" of our own is so actively before us,

Miss Davis said they found it a mighty problem and they made such extensive investigations that it was not possible to give a report in condensed form. While there are many plans for such provision for old age or impaired health by special societies, there are many objections which render most of them expensive in operation, or inadequate in furnishing relief. The very best scheme in Miss Davis, estimation was a new Savings Bank established in Grandycee, Mass. for all wage-earners where the middlemans profit was eliminated.

This is open to state residents only. It seemed to be the consensus of opinion that if this scheme could become general it was a good business proposition as well as a philanthropic effort.

After a very interesting discussion it was decided to retain this committee and to appoint sub-committees in each state to make every effort to establish in each state the Banking system which has proved so beneficial to Massachusetts.

*Reported for the "News" by M. ROGERS, R. N.*

---

## ALUMNAE MEETING.

The meeting, which was well attended, was called to order by the President: The reports of Secretary, Treasurer, Board of Trustees and Club House read; after which Miss Sutcliffe gave the report of the Pension Fund Committee appointed at the May meeting: The Committee asks each member of the Alumnae to give not less than five dollars (\$5.00) to the fund and announces that a fair will be held in the Autumn to raise additional money; nurses are requested to work for said fair during the summer months, fancy articles of all kinds and useful ones as well will be gratefully received. One nurse is to be appointed from each class to form a committee of the whole, to be sub-divided into several committees later on to work for the fair.

Upon Miss Russell's motion, seconded by Miss Golding, Miss Mary H. Young was appointed our delegate to the State Convention to be held in Rochester in October.

Those of the County Delegates still residing in the County were re-elected and others appointed in place of the ones who have moved away.

A letter was read from Miss Frederick thanking the Alumnae for the honor of being made a life member of the Association.

The meeting then adjourned to receive their guests of the afternoon, the Graduating Class, for tea in the Reception Room of the Nurses Home. There were many at the "Tea" who could not attend the Alumnae meeting making a pleasant gathering of friends and acquaintances old and new. Mrs. Rogers, Miss Samuel and Miss Dwight poured tea and Miss Price served punch, the head nurses from the wards ably assisting them; music was furnished by Miss Grace Homan who played pleasing selections on the harp. The "Tea" was a very pleasant affair.

M. G. JENKINS, R. N.

## NEW YORK COUNTY NURSES ASSOCIATION.

The annual meeting was held in the Academy of Medicine on Tuesday evening June 7th and a good representation of the affiliated societies came to cast their votes.

The secretary made a careful report of the meetings of the association during the year. The business connected with establishing a Central Registry has taken the time and attention of the members of the Association at their regular meetings, and the Executive Committee has also given the matter careful consideration.

Mrs. Twiss, who has acted as President since Miss Delano's resignation, gave a very interesting address calling attention to the opportunities of co-operation and mutual helpfulness now open to the members of our profession through their different associations.

Miss Greenthal (Mt. Sinai) who is Chairman of the governing Board of the Central Registry, reported that Miss Dolliver had been engaged as Registrar and would assume full charge early in September. Her assistant, Miss Pless, will be able to begin the work of arranging and preparing the office as soon as the Club is able to give us the rooms that have been engaged at 52 East 34th St. Mrs. Brockway had withdrawn her name as candidate for President, and there were no nominations from the floor, for the office. The President appointed the inspectors, the ballots were cast and the following officers declared elected.

President, Miss Ehrlicher, (Post-Graduate)  
Vice-President, Miss Golding, (New York)  
Recording Secretary, Miss Yocum, (New York City)  
Corresponding Secretary, Mrs. Jack, (St. Luke's)  
Treasurer, Miss Greenthal, (Mt. Sinai)  
Trustee, 3 years, Miss Daniels (Manhattan and Bronx)  
Trustees for one year,  
    Mrs. Brockway, (Manhattan and Bronx)  
    Miss Evans, (St. Luke's)  
    Miss McKnight, (Presbyterian)

## N. Y. H. ALUMNAE FUND.

The need of a Pension Fund has already been seriously felt by this Association and will increase as it grows older. Many nurses are obliged to help others during the greater part of their working years, and while this may be a privilege it certainly interferes with providing for future needs. Then too, some, from insufficient strength or other misfortune, are able to do little more than meet yearly expenses. It is humiliating for self-respecting women to be obliged to accept aid when disabled from age or infirmity and all must acknowledge the importance of making some provision for future independence. It is too early to formulate methods but it may be of interest to know what is now being done by an Association fortunate enough to have already secured a large fund. I quote from their by-law:

### ELIGIBILITY.

Each member of this Pension Fund who shall have been nursing for twenty years after graduation or after five years' of nursing shall have supported herself by other occupation for the remainder of the twenty years, shall be eligible for the pension according to the following schedule:

a. Nurses who graduated before the existence of this fund and who joined within the first three years of its existence shall pay into the treasury of the fund two hundred dollars in addition to the initiation fee.

b. Nurses who graduated before the existence of this fund and who joined after the third year of its existence must have been members of the fund for twenty years before being eligible for a pension.

c. Nurses graduating after the establishment of this fund must have been members for twenty years before being eligible for a pension.

### EXCEPTIONS.

Should a member become totally incapacitated or disabled for self-support before the expiration of twenty years after graduations or before the expiration of twenty years' membership in the Pension Fund, she may procure a pension upon the recommendation of the investigating physicians and two-thirds vote of the entire Pension Fund Committee.

### LIMITATIONS.

No pension shall be paid until at least sixty thousand dollars is in the treasury to the credit of the Pension Fund. No pension shall exceed twenty-five dollars a month. If the net income of the fund,

after the payment of current expenses, shall not be sufficient to pay a pension of twenty-five dollars a month to each applicant who is eligible therefor, then such net income shall be divided equally among the applicants who are eligible for pensions in accordance with these by-laws.

As nothing can be done until a considerable sum is realized, we ask each nurse to give at least five dollars towards this, and it is proposed to hold a Bazaar in the winter. If each one of us will do her best we *must* succeed.

Contributions should be sent to: Miss Helena Earle, Treasurer, 8 West 16th Street.

IRENE H. SUTLIFFE, Chairman.

## NATIONAL MEETINGS.

The annual meetings of the Superintendents' Society and of the Associated Alumnae, occupying the entire week beginning May 16th, were most enjoyable and profitable, but as they were held in New York this year and so many of our members were able to be present, no attempt will be made to give a detailed account of the proceedings but merely to mention some of the happenings.

The attendance at the Superintendents' first meeting was so large that Du Bois Hall was found too small, and the following sessions had to be held in a larger room.

The tragic death of Mrs. Hunter Robb a few weeks previous to the meetings, rather tended to cast a gloom over those present as she has always been faithful in attendance—just as faithful *since* her marriage as before—her sympathy and magnetic personality creating many warm personal friends, and her forceful character and clear thinking making her a leader—and one greatly to be missed—in the councils of the profession; hardly a progressive movement can be mentioned in which she did not take a prominent part; it was her wise foresight that recognized the need of co-operation among nurses and largely her influence and enthusiasm which led to the organization of both the Superintendents' Society and the Associated Alumnae. Many were the tributes paid her; a committee was appointed to consider a suitable memorial; and Mrs. Jenkins, who has done so much for the Hospital Economics Course, offered "in her memory and to be called by her name" a scholarship of \$250 for "further education of women."

Mention was made of the death of Miss Isla Stewart who took so prominent a part in the meetings of the International Society in London, last year.

Among the familiar faces those of Miss Damer and Miss Palmer were missing—both through illness, though both are now reported as convalescing.

Different discussions in the course of the meetings brought out the following opinions on various subjects:

The difficulty of giving all desirable instruction to nurses and caring for the patients at the same time was recognized and supplementing the pupil body by paid workers advocated.

That nurses should specialize, but only after the regular course in a good general hospital; and that a nurse should know, at the end of two years, along which line she wishes to specialize.

That in the three years' course medical surgical and obstetrical training are necessary—mental and nervous should be optional.

Post graduate work was recommended (aside from its value in specializing) to broaden experience and, in the case of out of town nurses to earn a New York diploma.

There was great difference of opinion about the length of the post graduate courses; but all laid great emphasis on the importance of nurses being woman of broad culture and wide sympathies as well as adepts in technique.

The advisability of introducing student government into the training schools proved an interesting subject for discussion. The "occupations for invalids" exhibit was very good and many instructive talks were given telling of their helpfulness, especially in nervous and tubercular cases; but their limitations were also noted.

One evening was devoted to a "Jubilee meeting" to commemorate the founding of the first training school for nurses by Florence Nightingale at St. Thomas' Hospital, London,—in this meeting both societies joined and inspiring addresses were given by many prominent men.

The enterprising members of the Illinois State Association were selling, throughout the sessions, a very pretty postal card picture of Miss Nightingale; the proceeds to be used in building a shack for nurses who have contracted tuberculosis.

In the meetings of the Associated Alumnae the private duty nurse had a session almost entirely to herself where her problems were duly set forth, and solutions more or less helpful suggested. Pension funds, public health, and ethics; and the central registry system we are all interested in, but at this time, we in New York, are specially interested in the last named on account of the newly opened Club House for nurses which is under the management of the Y. W. C. A., and in which our N. Y. County Central

Registry intends opening its offices in the Autumn; the house warming receptions held on Thursday and Friday of this week were very pleasant, and were well attended.

Many were the other receptions and teas and the visits paid to institutions and other places of interest either from a philanthropic or historic point of view. The grand finale was the trip around the harbor, and the reception at the new and beautifully equipped Bellevue residence.

Altogether the week was a wonderfully inspiring one, full of interest, good will and fellowship, and the renewal of pleasant acquaintances; and it should surely prove a stimulus to renewed effort.

The annual meetings of both societies will be in Boston next year.

The new officers of the Associated Alumnae are :

Miss Delano, President, Washington.

Miss Hay, 1st Vice-President, Chicago.

Miss Fisher, 2nd Vice-President, San Francisco.

Miss Deans, Secretary, Detroit.

Mrs. C. V. Twiss, Treasurer, New York.

Miss McIsaacs, Director, Michigan.

Miss Maxwell " New York.

Out of respect to Mrs. Robb's memory no one was elected to fill the place (Director) made vacant by her death.

*Parts of many reports done into one by the EDITOR.*

If figures really talk, we must certainly believe that mechanical treatments of all descriptions are growing, not merely in the favor of the laity, but also in the favor of physicians and hospitals. The Pennsylvania Orthopaedic Institute and School of Mechano-Therapy (Inc.), 1711 Green Street, Philadelphia, Pa., offers to earnest men and women a carefully prepared and most complete course.

The students do only get a thorough practical and theoretical course but are sent to the leading hospitals of the city to give treatments to patients in the nervous and orthopaedic dispensaries.

The Summer classes open on July 12th; the Fall class will open in two sections, on September 21st and on November 17th. The Winter class opens January 10th, 1911.

Kindly address all communications to Max J. Walter, Supt.

## CENTRAL CLUB AND REGISTRY.

The Governing Board of the Central Registry met at the Laura Franklin Hospital, May 13th, and appointed several of the various committees; the Arbitration Committee consists of Miss Maxwell, Miss Russell and Miss Erhelur; the Advisory Board of three Physicians and three nurses viz:

Dr. Wyeth, Dr. L. L. Danforth and Dr. Goldwater of Mt. Sinai. So we have both schools of medicine and an institutional M. D. The nurses are Misses Goodrich, Van-Kirk and Damer; this *Governing Board* is entirely separate from the "Co-operating Committee of the Central Club." The Central Club Co-operating Committee has 15 members who co-operate with the Y. W. C. A. Club Committee House while the Governing Board which is composed of representatives from each Alumnae Association, manage only the affairs of the Registry.

It is proposed to open the Registry office as soon as possible and there will be regular office hours for the summer months. The Bonds will be issued shortly and any one who wishes to subscribe is urged to do so as soon as possible, so that the Finance Committee can get together as much money as possible.

Now about the Central Club.—It is very attractive; a housekeeper is installed and for the present the Club will be under the management of a secretary of the Y. W. C. A.

The Club dues are to be \$1.00 per year which will give a member the privileges of the *Club* (and the Registry). Luncheon will be served; also afternoon tea, in the garden of the Club. Over seventy nurses have already applied for membership. The rooms in 54 E. 34th St. are already taken and the house 52 will be ready next month; the committee have not yet gotten possession of it.

The receptions Thursday and Friday (during the Alumnae meetings) were pleasant affairs and well attended.

The co-operating committee were all asked to receive.

E. E. GOLDING, R. N.

## NEWS OF THE CLUB AND THE CLASSES

Miss Rough, ward F, is at home for her vacation; and so is Miss Skuse, whose place in ward M, is being filled by Miss Juanita Woods.

---

Miss Wygant has left the city for the summer, and is with her patient in Cambridge, Mass.

---

Miss Sayres is Head Nurse on night duty, House of Relief, Hudson Street.

---

Miss Hinch, Supt. Training School, Paterson General Hospital, leaves on July 1st.

---

Miss Florence Young has gone home to Toronto, for a month's vacation.

---

Miss Frances Innes '07, is again abroad with a patient.

---

Miss L. C. Lynch is at Seal Harbor, Maine, with a patient.

---

Miss Josephine Hill and Miss Stromborn have gone to Sterlington for the summer.

---

We were glad to see Mrs. M. A. Pearsall at the Club. She was the guest of Miss Lynch.

---

Miss Florence Fraser sailed on the 9th and is to be married in London. She has the best wishes of her friends for a very happy future.

---

Miss De Freest intends spending the summer in Denver. She will visit her uncle in Chicago on her way out.

---

Miss Wilson has resigned as Trustee and Miss Grafton has been appointed in her place.

---

### BIRTH

To Mrs. Edward Blake Young (Miss Dousman 1909) 324 Summit Avenue, St. Paul, Minn., a daughter on May 23rd, Mary Blake Young.

---

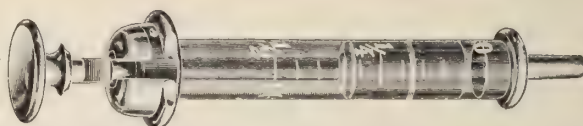
### MARRIAGE.

On Monday, June 6th. at Goshen, N. Y., Miss Mary Dumbell class '08 to Dr. Beemokes, U. S. A.

---

# Modern Surgical Supplies

EASILY and  
THOROUGHLY  
CLEANED



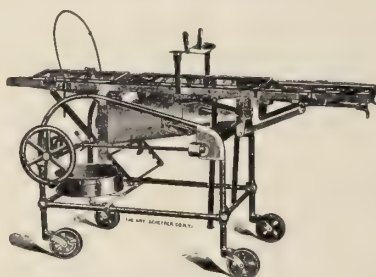
ALWAYS  
READY  
FOR USE

**RECORD SYRINGES.** made in a variety of sizes

SEND FOR CATALOGUE



ROLLING CHAIRS



SICK ROOM  
SUPPLIES

**SURGICAL FURNITURE AND STERILIZERS**


Complete Catalogues sent on application

**THE KNY-SCHEERER CO.**

404 West 27th Street

New York

(BORDEN'S MALTED MILK)  
THE BEST THAT SCIENCE CAN PRODUCE



FREE FROM STARCH AND CANE SUGAR  
IT HAS NO EQUAL

Sheet No. \_\_\_\_\_ Name \_\_\_\_\_ Date \_\_\_\_\_ 19\_\_

Address \_\_\_\_\_ Doctor \_\_\_\_\_

Diagnostics \_\_\_\_\_ Nurse \_\_\_\_\_

Date	Day of Disease	Hour	Temp.	Pulse	Resp.	Stimulants	Medications	Baths	Delications	Urine	Food	Sleep
			101°									
			100°									
			105°									
			104°									
			103°									
			102°									
			101°									
			100°									
			99°									
			98°									
			97°									

**Nurses' Temperature Charts**

**ACKNOWLEDGED THE BEST**

Size, 12 inches by 11½ inches, 25 sheets to the pad.  
Price, 20c. per pad, postpaid.

**ALSO BEDSIDE CHARTS**

Same size as above, 50 sheets to the pad.  
Price 20c. per pad, postpaid.

Extra Fine Quality Paper. Write for Sample Sheets.

Convenient, Durable, Folding Cloth Cover  
for these pads, 40c. extra.

Malted Milk Department.  
**BORDEN'S CONDENSED MILK CO.**  
108 Hudson St. New York.

# Special Courses for Nurses

## IN THE SWEDISH SYSTEM OF MASSAGE

### MEDICAL AND CORRECTIVE GYMNASTICS

(The System You Will Eventually Learn)

Term: Three Months = = Tuition Fee, Seventy-five Dollars  
COURSE IN ELECTRO-THERAPY

Term: Two Months = = Tuition Fee, Twenty-five Dollars  
COURSE IN HYDRO-THERAPY IN ALL ITS FORMS

Term: Six Weeks = = = = Tuition Fee, Thirty Dollars

Summer Classes open July 12th, 1910.

Fall Classes open in two sections: September 21st and November 17th 1910.

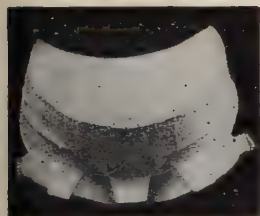
Over 9000 TREATMENTS GIVEN IN 1909. No better clinical experience possible

All courses may be commenced at the same time and finished within three months. The instruction consists of daily clinical work and practical lessons on patients referred to our clinics from the various Hospital Dispensaries, Original Swedish (Ling) System, and W. H. Mitchell's Rest-Cure System. All pupils attend clinics at several city hospitals. A complete Medico-Mechanical Zander Gymnasium for treatment of patients and instruction of students. Payments can be made to suit your convenience. Application blank and illustrated booklet on Massage upon request  
Winter Classes open January 10th 1911. An early application for admission is advisable

Pennsylvania Orthopaedic Institute and School of Mechano-Therapy, (Incorporated)

1711 Green Street, PHILADELPHIA, PA.

MAX J. WALTER, Superintendent



## "STORM" BINDER AND ABDOMINAL SUPPORTER

(PATENTED)

No Whalebones—No Elastic—Washable

### STORM SUPPORTER COMPANY

Anna B. Duncan, R. N.  
Manager.

1269 BROADWAY (32nd St.)

Telephone, 6276 Madison Square

STYLES	PRICES
Linen Mesh..	\$10.00
Silk .....	\$8.00
Half Silk ....	\$6.00
Cotton.....	\$5.00

Tel. 1739 Chelsea

### H. ROAMAN

### Ladies Tailor & Furrier

135 W. 21st STREET

N. Y. C.

10 per cent discount will be given to nurses ordering suits or dresses with my material.

Own material made up.

Tel. 1739 Chelsea

### Madam Marks

### GOWNS

135 W. 21st STREET

N. Y. C.

10 per cent discount will be given to nurses ordering Gowns with my material.

Own material made up.

When ordering please mention the "Alumnae News"

# ARMY & NAVY COMBINATION ICE BAG AND HELMET



**CLOTH INSERTED  
MAROON PURE RUBBER**



# AN IDEAL BAG FOR THE HEAD



**PATENTED  
UNLOSABLE WASHER**

The "Army and Navy" is the only PERFECT Helmet made.

It fits snugly and holds an ample quantity of Ice which can be moved to any part of the head, or centered over the base of the brain, if desired.

It can be flattened cut to form the regular, round-shaped Ice-Bag suitable for use on any part of the body and especially for the abdomen.

It is made of cloth inserted Maroon Pure Rubber, with screw-cap and unlosable washer.

ADULT'S SIZE, 12½ inches in diameter.

CHILD'S SIZE, 10 inches in diameter.

—Price List on Request—

## "PERFECTION" ICE BAG

### The Leading Hospital Ice Bag

It holds more ice than other bags, and is lighter in weight.

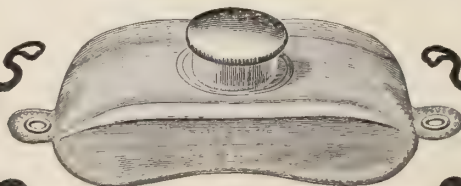
It can be perfectly adjusted and secured, and has a smooth and flat bottom surface when filled.

Its long, flat surface, makes the bag specially adaptable for the chest or abdomen.

It is the leading Hospital Bag and is made with our non-leaking, metal screw-cap, in both slate and maroon rubber. The Maroon Rubber Bags are fitted with our Patented 'Unlosable' Washers.

Small Size, 5x9 in.  
Medium " 6x11 in.  
Large " 7x13 in.

Price List on Request



Our specialties are sold by all leading dealers. We supply Hospitals at wholesale prices.

**Meinecke & Co., 48 & 50 Park Place New York**

MAKERS OF ADVANCED SPECIALTIES FOR THE SICK-ROOM AND HOSPITAL  
WE SUPPLY HOSPITALS AT WHOLESALE PRICES

**VOLUME 5.**

**NUMBER 1.**

**The**  
**Alumnae News**

**NOVEMBER**

**1910.**

# Sterilized Obstetrical Supplies

The sterilized obstetrical supplies provided by Van Horn & Sawtell for the aid and convenience of physicians and nurses are prepared with the same attention to quality, utility and sterility that are given to every product of the Van Horn & Sawtell laboratories.

To the physician and nurse such care and attention spell protection and safety.

For complete lists of obstetrical supplies, special outfits, sutures, etc. address

VAN HORN & SAWTELL  
307 Madison Avenue, New York, N. Y.

## A Non-Greasy Lubricant

needs little comment as to its superiority from every standpoint of cleanliness. The avoidance of greasy clothes and bed linen is always gratifying to the painstaking nurse, and this is only one of the many advantages that attend the use of



## K-Y Lubricating Jelly

the "perfect lubricant" for *catheters, specula, rectal and colon tubes.*

"K-Y" is water-soluble and easily rinsed from instruments, dressings and clothing without leaving the slightest stain.

"K-Y" moreover, is emollient and soothing to the skin, offering a prompt and effective means of relieving "bi-chloride rash" and kindred irritations.

A postal request will bring a liberal sample.

VAN HORN & SAWTELL

307 MADISON AVE.,

NEW YORK, N. Y.

# ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

VOL. V.

NOVEMBER 1910

No. 1

PUBLISHED MONTHLY, FROM NOVEMBER TO JULY.

Sent free of charge to all members of the "Alumnae Association"

to others: } 50 cts. per year  
                  } 10 " " copy

---

Editor—Miss L. M. WYGANT, 8 W. 92nd Street

Business manager—Miss R. L. Cromwell, 8 W. 16th St.

Business manager (assistant) Miss A. H. Meier.

News Editor—Miss H. EARLE, 8 W. 16th St.


Secretary—Mrs. ROGERS, Brooklyn Hospital, Brooklyn, N. Y.

---

## REPORTERS

Miss J. C. Stimson,	Miss Ryerson, 133 W. 140th St.
Harlem Hospital	" A. B. Stewart, Bath, N. Y.
Mrs. Jameson, 200 W. 14th St.	Mrs. Hosking, 8 W. 92nd St.
" - Rough, 8 W. 16th St.	Miss Golding, 245 W. 14th St.
" Frederick, 321 E. 15th St.	" F. Nash, 8 W. 92nd St.
" Walton, 8 W. 16th St.	" Lavinia Wood, 8 W. 92nd St.

---

 It is requested that notice of change of address be sent to the Secretary as promptly as possible, so that the mailing list may be kept corrected.

---

Those who have failed to receive the "Alumnae News"—or those who desire extra copies—can always be supplied by calling at the Club, or at Miss Macdiarmid's office—or copies will be mailed on application to the Secretary.

## PRIZE COMPETITION

If so you will be interested in the competition which is announced in our advertising columns by Messrs. Meinecke and Co. This enterprising firm of Hospital Specialists offers ten prizes of \$5.00 each, and twenty prizes consisting of one of their Progress Thermometers in Case (advertised at \$1.00) to those nurses who send them the best letters describing the merits of the "Perfection" Bed & Douche Pan, and giving the reasons why nurses should recommend it to their patients. To those nurses who are acquainted with the "Perfection" Bed Pan (and there are few who are not), the competition should not present any features of difficulty. An interesting point in connection with the competition is that it is confined solely to nurses.

---

## READING NOTICE

### RECENT RESEARCH ABROAD

Europe, the recognized centre of the world's health resorts, where thousands of Americans go annually to regain their health, has been visited again this year by the Superintendent of the Pennsylvania Orthopaedic Institute and School of Mechano-Therapy, of Philadelphia, for the purpose of gathering up-to-date ideas in the line of Mechano-Therapy. Wiesbaden with its healing springs for the treatment of rheumatic affections, Nauheim, the famous resort for heart diseases, Neuenahr, near the Rhine, the Mecca for those troubled with diseases of the kidneys, liver and stomach, and many other places not quite as well known to Americans were included in the tour of inspection, and their methods of treatment carefully studied.

Mr. Walter attended clinics at the leading Medico Mechanical institutions of Berlin, Hamburg, Frankford, Breslau, etc., under the guidance of well known specialists. The apparatus purchased and the new forms of treatment learned abroad will again make a valuable addition to the School's facilities for instruction in Massage, Gymnastics,

Electro- and Hydro-Therapy, and will be included in subsequent courses beginning with the Fall term 1910. Second section of the Fall class opens November 17th; The Winter class, January 10th, 1911. Illustrated particulars by addressing the Superintendent,

MAX J. WALTER, .

1711 Green St., Phila.

---

## NOTICES

### N. Y. H. ALUMNAE MEETING

The next regular meeting of the Association will be held in the Lecture room, 8 West 16th Street, Thursday, November 10th at 3 p. m.

It is expected that Mr. Ludlam will be present at the November meeting to address the Association.

### COMMITTEES OF ENTERTAINMENT

The Chairman of the Entertainment Committee of the Alumnae Association this year is the same as last Miss Reutinger, with Miss Gibson and Miss Riddell as assistants, Miss H. Earle continues on the Programme Committee.

### CENTRAL CLUB

The Nurses' Club House, 54 East 34th Street, which threw open its doors with two large receptions during the week of May conventions, is the centre of nursing interest, many members having been received during the summer. Application blanks for club membership may be obtained by writing or calling upon Miss Farquhar, acting secretary, at the club address, to whom also applications for rooms should be made. Annual dues are \$1.00 with an initiation fee of \$1.00. The dining-room is open to nurses and their friends for breakfast, luncheon, and dinner,—afternoon tea is served in the garden, and a quieter, more attractive spot it would be difficult to find. There has been such a cordial response on the part of nurses that the success of the club house is practically assured and plans have been drawn for a twelve-story permanent club to accommodate four hundred nurses.

## MEETING OF THE NEW YORK COUNTY NURSES ASSOCIATION.

The first fall meeting of the County Association was held at the rooms of the Central Club House, 52 East 34th Street, on Tuesday evening, October 4th 1910, with a good representation from the affiliated societies in attendance.

The Executive Committee reported the opening of the Central Registry and the beginning of its work. Several of its calls have come through the affiliated registries and it is hoped to be able to make this registry a bond between the different registries.

An amendment was proposed, as suggested by the lawyer, that would make it quite legal for the Association to manage a registry.

The nominating committee was elected as follows; Miss Daniels, Manhattan and Bronx; Mrs. Twiss, N. Y. Hospital; Miss Charles, Roosevelt Hospital; Miss Pless, German Hospital; Miss Stimson, N. Y. Hospital.

The proposed revision of the by-laws of the state was read and received, animated discussion followed. The Revision Committee suggested changes in the constitution that would make it possible for the Alumnae Association to belong directly to the state, and the County Associations also being state members, but not as including all the associations in their vicinity. This matter will come up for decision at the meeting in Rochester.

Miss Mary Richmond of the Russel Sage Foundation was introduced as the speaker of the evening and talked about the new spirit and the new methods of charitable work. She plead for a co-ordination of all those interested in the re-habilitation of the family in order that the church, the hospital and the school might help along the same line and not at cross-purposes.

Miss Stewart of the Teacher's College told a little about what is being done there to help nurses to fit themselves for work that will enable them to do the share of the philanthropic and social work that is theirs.

## ALUMNAE MEETING.

The first meeting for the year of the Alumnae Association was held at the Nurses' Home, October 13th at 3 p. m. About 30 members were present. After the report of the Secretary and the Treasurer and the report of the Club House for September had been read, Miss Irene Sutcliffe gave an informal report of the Pension Fund Committee. The Treasurer of this fund, Miss Earle reported \$144.00 in the bank. It was then voted that a personal letter be sent to each member of the Alumnae Association by the Chairman

of the Pension Fund Committee, to explain the object and plans for the proposed Bazar for the Fund and asking for a contribution of \$5.00 from each member of the Association to put it on a firm foundation.

Miss Sutcliffe's resignation as Chairman of the Pension Fund Committee was read and accepted. Miss McDarmid was appointed Chairman to fill this vacancy. It was then voted that the Bazar be postponed until after Miss Sutcliffe's return, but that plans and preparations go on as fast as possible nevertheless.

Mrs. Rogers then read the report of the Board of Trustees. The Credential Committee presented the names of 24 applicants for membership in the Alumnae Association, which were accepted. The resignation of Miss Anna A. Wilson was read and accepted with regret. Resignations as delegates to the County Association from Miss Goodrich and Miss Josephine Hill were read and accepted.

A letter from Mr. Ludlum was read in which he promises to be present at the meeting of the Alumnae Association next month.

The ticket of nominations for officers of the State Association was read. Mrs. C. V. Twiss is the only nominee for President. It was voted not to instruct the delegates in regard to their voting at the State Meeting.

The action of the Executive Committee in appointing Mrs. Purman as delegate to the State Meeting, together with Miss Young and at the latter's generous request, was ratified.

A discussion then followed in regard to the proposed change in the by-laws of the State Association Constitution. It was voted that in this matter, also, the delegates use their own discretion.

The guest of the day was Mrs. Jessica Garretson Finch, who spoke charmingly and forcefully in behalf of Woman's Suffrage.

Mrs. Finch said the best arguments for Suffrage are based on economical and social reasons. The last hundred years has brought about a complete revolution in industrial life, particularly in the life of women. From classical times up to the beginning of this change all women were busy, employed in the home, except that small class of women that had always existed, that have devoted their time to charm only. But now-a-days, through the great industrial change thousands of women have had to leave their homes and follow their trades into the factories. This is true not only of the poorer classes but also of the middle class. The able-bodied daughters of this class can no longer be kept busy or be supported in their own homes. Consequently they have gone out to earn their own livings in the great professional world. These women need a changed political status to correspond with their economical status.

The third group of women, the idle rich, the foolish, neurasthenic, discontented and utterly irresponsible woman need the suffrage to bring them back to a sense of responsibility and to a realization of their duties as citizens.

The fact that the economical world has been brought into political world in a vital way is shown in the modern interpretation of history. History now-a-days is concerned not so much with kings and courts as it is with the people and their economic conditions, how they earn their living and how they spend their money. Into such considerations modern women enter as much as do men. As the economic world had been brought into the political world, so woman who has been brought into the economic world should be brought into the political world.

Mrs. Finch thinks that since we live under economic conditions and since laws control such conditions, women should register by their votes, their opinions about the laws.

In regard to the psychological basis for suffrage, Mrs. Finch thinks that fundamental difference between a woman's and a man's mind is not as great as it has been supposed to be, that it is more secondary than primary. That if there is no difference, there is no reason for excluding women from the suffrage, but if there is a difference, then men can not supply the other point of view and the needs of women under the modern conditions, because they can not understand them. We must have the feminine element in the control of conditions. The problem of the future is the problem of the children, and who understands the children's side better than women?

Mrs. Finch concluded by saying that the best argument was the woman's rights movement had changed through education and increasing enlightenment to a movement of desire to give. Women are now coming to realize, even those of the so-called "privileged classes" that they have something the world needs and Mrs. Finch thinks that with the vote women will be able to help more than they can now without it.

JULIA C. STIMSON, R. N.

## NEWS OF THE CLUB AND THE CLASSES

Many of our nurses have changed their addresses, the following being amongst them: Miss Frances Nelson, St. Agnes Apartment, 41 Convent Avenue, Bet. 129th and 130th Sts.

Misses McCrae, Muirheid, Huyck and Smellie have a charming little apartment at 221 West 104th St. Miss Barret at 100 Morningside Ave. Miss Grill, 300 West 106th Street. Mrs. Henry Van Daalen (Miss Osborne) wishes her friends to know that her present

address is 679 Vanderbilt Avenue, Brooklyn, N. Y. Mrs. Thomas Rothwell (Miss Jeanette Smith) has moved to White Plains to live.

---

After residing in Australia for two years, Mrs. Joseph Collins Tregear with her husband and daughter Jessie are at 34 West St., East Orange New Jersey. She was Miss Lissa Page, class of '87,

---

Miss M. A. Frederick spent her vacation of five weeks in the Allegheny mountains at Moorefield, West Virginia with her friend and class mate Mrs. Seymour Randolph, who was Miss Lilia Littell, class of '87.

---

Miss M. M. Goodrich has resigned from her position as Superintendent of the Training School for Nurses, New York Infirmary for Women and Children.

---

Miss Amy Elliott will spend the winter at home, Irvington, on Hudson.

---

As usual, many of the nurses have spent the summer abroad with patients: Miss Kyle is just back, greatly benefited by her trip to England, France, Germany, Austria and Switzerland. Miss Maud Ferguson has spent most of her time in Switzerland, and expects to return in November. Miss Tydberg has been nursing in Paris, but spent the summer in Copenhagen with her mother. Miss Eileen Homibrook has been away in Europe for a year, nursing but has now returned to the Club. Miss Salter and Miss Burroughs are also back at home, having been in Mexico for some time.

Miss Edith Boyd is still with her patient in Colorado, and the far west: Miss A. E. Earle spent the summer with her patient in the Catskills, and Miss Charlotte Jouffret in the Adirondacks.

---

The Head Nurses are all back from their vacations and at work again in the hospital. Miss Reutinger spent a delightful two months in Spain, Italy and Switzerland, Misses Gibson, Palser and Earle spent their holiday in Nova Scotia: Miss Sayres also went there later. Miss Sinnott and her sister visited New Brunswick. Miss Walton went home to Toronto, and Miss Swan spent two months in Muskoka, Canada. Miss Rough visited Scotland for six weeks; Miss Riddell spending her vacation at Old Orchard Beach, Maine, Miss Skurse was away for three months, during her absence Ward M. was in charge of Miss Juanita Woods, who now has charge of

Ward H. Miss Wilson and Miss Montague went home to Canada, the latter has resumed her duties on the 7th floor, Miss Wilson now being in charge of the 6th. Miss Esther Anderson; '10, is in charge of the new children's ward, known as Ward F. 2nd.

---

Miss Marietta Wilsey is spending a few months with her mother in Stryker, Ohio; and Miss Helen B. Wilsey is at home, Bloomville, Ohio.

---

Miss Verna Smith visited Mrs. Busby for two months last summer, she spent a week with her class mate Mrs. McCarthy (Miss Kelshaw), in New Jersey, and a week with Miss Richardson at the Club. They with Miss Helen Smith all visited Miss Keator at her home in Roxbury, where with Mrs. Kilpatrick (Miss Case) they had a regular class re-union.

---

On Miss Smith's return to Toronto, she gave a New York Hospital nurses Tea; among the guests invited were Mrs. Morse, Mrs. White, and Misses Hinch, Walton, MacMurchey, and Forbes.

---

Miss Drumond, '10 substituted for Mrs. Jameson in tuberculosis work, during her vacation; and Mrs. Hais. is now acting for Miss Price in the children's clinic. Miss Hindela Whitehead substituted at Grace Settlement as both House Mother and District Nurse for six weeks.

---

Miss Dwight has returned to the Club, having benefited greatly from a long needed rest and change. Miss Hinch substituted during Miss Dwight's and Miss Wilson's vacations.

---

Miss Lindgren and Miss Denike have returned from their summer home in Maine; and are at their old address in New York.

---

Miss Sutcliffe and Miss Samuel sail on Nov. 2nd for Naples: their plans are to go where they will, and stay as long as they please in any of the beautiful parts of Europe. Surely the ideal way to start out to enjoy a pleasure trip!

---

Mrs. James Lewis (Miss Florence Golding) spent a few days at the Club last month; as did Miss Isabelle Rowland, who is going to live with her mother.

---

Miss Fannie Buchan is visiting her brother in Pittsburg.

---

Miss Minnie Jordan spent a delightful month's vacation at Crescent Beach, Conn.

---

The Misses Young are at home in Toronto for a few weeks.

---

We regret exceedingly to hear of Miss Helen Maher's severe illness. She is in charge of the Operating Room, in the American Hospital, Paris, and during her vacation started for Oberammergau, of course to see the Passion Play, on the way there, she had an acute attack of apendicitis, and hurried back to Paris, and was operated on, and the last accounts were that her condition was very critical. We earnestly hope she is now convalescing, and are glad she has as her nurses Miss Linton and Miss Colchester.

---

Miss Robinson and Miss Hubbard who have been two of Miss Ellison's Assistants at Campbell College for the past year, returns to New York on November 1st; their places will be taken by Miss Beecroft and Miss Adams. Miss Beecroft has been Head Nurse in various places since graduating, Wards K. and H. and the 7th and the 5th floors.

---

We are very glad to know that Miss Frank Sutcliffe is better: she was seriously ill last month, and her friends grieved indeed to hear of her sufferings; and admire her fortitude, patience and endurance.

---

Mr. and Mrs. Torelli (Miss Bauman) spent their vacation in the Berkshire Hills.

---

Miss Jessie Stales spent six weeks in the Coast, Long Island. Miss May Smith spent one week in Toronto, the rest of her vacation she is spending on a canoe trip in Lower Canada.

---

Mrs. Wm. Linkell (Miss Dorothy Walker '95) of Pittsburg, spent the summer, with her family on the Coast of Maine, Mrs. Pearsoll also of that class, and who lives in Bainbridge, N. Y., recently visited the city.

---

Miss Grayson has accepted the position as Superintendent Training School for Nurses at a hospital in Tennessee. Twelve nurses in the school.

---

Miss Richmond, Superintending Nurse, Gen. Mem. Hospital, goes to Roosevelt Hospital as Superintendent of the Training School. Miss Evelyn von Gunten, '10, takes up her duties as nurse in charge of the Op. Room, Sloane Maternity Hospital on Nov. 1st. Miss Goodrich has resigned her position at Bellevue and the Allied Hospitals, and is now Inspector of Training Schools, N. Y. State.

---

Miss Leila V. Jones has given up her position as Supt. of the Roper Hospital, Charleston. S. C.

---

Miss Agnes Houston, who is Miss Sutcliffe's Assistant in the Social Service Work in the hospital, spent her vacation in Maine; and Miss Ida Nudell of White Plains Hos. spent hers in Muskoka.

---

Miss Florence Johnson is now doing Social Service Work in Bellevue Medical School, Pediatric Dept.

---

Miss McVean had an enjoyable week at The Brownery. She goes as a delegate to the County Meeting, Rochester, and that being her home town, she will spend the rest of her vacation there.

---

Miss Macdiarmid spent two months this summer in England, Scotland and Wales. Miss MacKenzie substituted during her absence and Miss Dakin's.

---

Miss Annie Hatton has been all the summer at home in Toronto: her many friends will be glad to know that she expects soon to visit New York.

---

Mrs. William D. Cutler (Miss Marie Moir) who since her marriage has lived in Arizona, is now living in Brewster, N. Y.

---

Miss Nellie Gillette, Supt. of Norton Infirmary, Louisville, Ky., was at the Superintendent's Meetings in N. Y. this summer: her many friends were pleased indeed to see her.

---

Mrs. Charles Sands (Miss Pearl Nash) spent the summer touring with her father-in-law through the western states, and down the Pacific Coast.

---

We are heartily glad to see our Attending Surgeon and Honorary Member, Dr. Francis W. Murray once more among us. His

many friends were grieved indeed to know of his serious illness from typhoid fever in the summer, and we cordially congratulate him on his complete recovery. We are glad to know that two of our nurses Mrs. Hoskings and Miss Burroughs took care of him, and those of us who have seen him, are pleased indeed to see how well he looks. We know that Dr. Murray is always a staunch friend to the New York Hospital nurse.

---

The nurses of the Italian Hospital of which Miss F. S. Wright is Superintendent will hold a Bazaar December 5th from 4 to 6 in the afternoon and from 8 to 11 in the evening for the purpose of beginning a fund for the endowment of a room for sick nurses. Tickets will be sold for twenty-five cents each, which amount will include refreshments.

Donations of articles to sell will be appreciated.

---

### MARRIGES

On June 21st at Mount Road, Harrow, England, at the residence of her cousin, Miss Florence Frazer to Mr. Edwin K. Scheftel of New York City.

---

On July 26th at Dawson City, Yukon Territory, Canada, Miss Matilda Anne Graham to Mr. Justice Calixté Aimé Dugas.

---

In New York City at the Church of the Transfiguration Mrs. J. H. Cooper to Mr. Walter W. Berry. Mr. and Mrs. Berry are residing in Toronto.

---

On Wednesday, August 10th Miss Anna Florence Wilson to Mr. John Ballantyne Roddick.

---

On Thursday, August 11th, Miss Margaret Gray Jenkins to Dr. William C. Gilley. Dr. and Mrs. Gilley are residing at 176 West 81st St.

---

On Monday, August 15th, Miss Justine Fearing to Mr. Allen W. Campbell. Mr. and Mrs. Campbell will live in Emmet, Idaho.

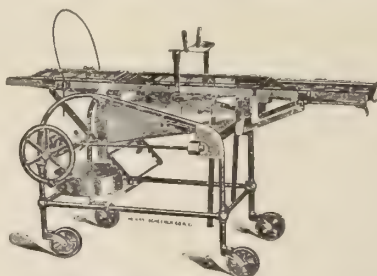
---

ALWAYS  
READY  
FOR USE

**RECORD SYRINGES**, made in a variety of sizes  
SEND FOR CATALOGUE



## ROLLING CHAIRS



## SICK ROOM SUPPLIES

## SURGICAL URNITURE AND STERILIZERS

**Complete Catalogues sent on application**

**THE KNY-SCHEERER CO.**

404 West 27th Street

New York

[illegible]

# Special Courses for Nurses

## IN THE SWEDISH SYSTEM OF MASSAGE

### MEDICAL AND CORRECTIVE GYMNASTICS

(The System You Will Eventually Learn)

Term: Three Months = = Tuition Fee, Seventy-five Dollars

### COURSE IN ELECTRO-THERAPY

Term: Two Months = = Tuition Fee, Twenty-five Dollars

### COURSE IN HYDRO-THERAPY IN ALL ITS FORMS

Term: Six Weeks = = = Tuition Fee, Thirty Dollars

**Second Section of Fall Classes opens November 17th, 1910.**

Winter Classes Open January 10th and March 21st, 1911.

**Over 9000 TREATMENTS GIVEN IN 1909. No better clinical experience possible**

All courses may be commenced at the same time and finished within three months. The instruction consists of daily clinical work and practical lessons on patients referred to our clinics from the various Hospital Dispensaries, Original Swedish (Ling) System, and Weir Mitchell's Rest-Cure System. All pupils attend clinics at several city hospitals. A complete Medico-Mechanical Zander Gymnasium for treatment of patients and instruction of students. Payments can be made to suit your convenience. Application blank and illustrated booklet on Massage upon request *Spring Classes open May 23d 1911.* *An early application for admission is advisable*

Pennsylvania Orthopaedic Institute and School of Mechano-Therapy, (Incorporated)

1711 Green Street, PHILADELPHIA, PA.

MAX J. WALTER, Superintendent



## "STORM"

## BINDER AND ABDOMINAL SUPPORTER

(PATENTED)

*No Whalebones—No Elastic—Washable*

### STORM SUPPORTER COMPANY

*Anna B. Duncan, R. N.  
Manager.*

Linen Mesh... \$10.00  
Silk ..... \$8.00  
Half Silk .... \$6.00  
Cotton ..... \$5.00

1269 BROADWAY (32nd St.)

Telephone, 6276 Madison Square

Tel. 1739 Chelsea

Tel. 1739 Chelsea

### H. ROAMAN

### Ladies Tailor & Furrier

135 W. 21st STREET

N. Y. C.

10 per cent discount will be given to nurses ordering suits or dresses with my material.

Own material made up.

### Madam Marks

### GOWNS

135 W. 21st STREET

N. Y. C.

10 per cent discount will be given to nurses ordering Gowns with my material.

Own material made up.

When ordering please mention the "Alumnae News"

ADVANCED SPECIALTIES FOR  
SICKROOM AND HOSPITAL.

# PRIZE COMPETITION

OPEN TO NURSES ONLY

Ten Prizes of \$5.00 Each  
and  
Twenty Prizes Consisting of One  
"Progress" Thermometer in Case

will be awarded to the Nurses sending us the best letters describing the merits of the "Perfection" Bed and Douche Pan, its advantages over all other kinds, and the reasons why a Nurse should recommend it to her patients.

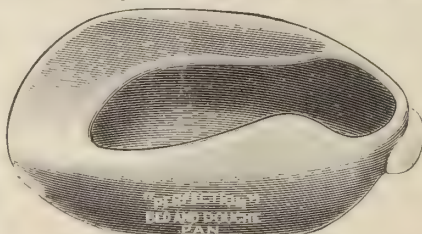
## RULES:

- 1—The competition is open only to Nurses.
- 2—Letters must not exceed 250 words in length.
- 3—All letters should be addressed "Prize Letter,"  
Meinecke & Co., 48-50 Park Place, New York, and  
should reach us by November 20, 1910.
- 4—We reserve the right to publish any of the Letters  
of the Prize Winners, but names will not be published  
if there is any objection on the part of the  
writers.
- 5—Nurses should state if they are connected with a  
Hospital, and if so give the Name of Hospital.

Adopted by Over 2000 Hospitals in the United States as the Standard Pan

Comfortable:

Fits  
the  
Body



Sanitary:

Easy  
to  
Clean

Two U. S. Patents, June 5, 1900

Although the "Perfection" has only recently been introduced into  
Great Britain, the sales there last year numbered almost 5000

MEINECKE & COMPANY  
48-50 PARK PLACE NEW YORK

**VOLUME 5.**

**NUMBER 2.**

**The**  
**Alumnae News**

**DECEMBER**

**1910.**

# Sterilized Obstetrical Supplies

The sterilized obstetrical supplies provided by Van Horn & Sawtell for the aid and convenience of physicians and nurses are prepared with the same attention to quality, utility and sterility that are given to every product of the Van Horn & Sawtell laboratories.

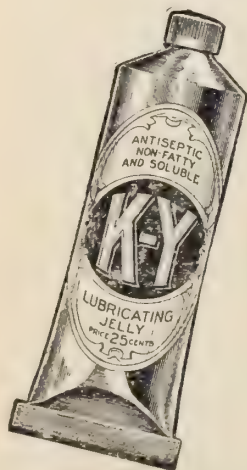
To the physician and nurse such care and attention spell protection and safety.

For complete lists of obstetrical supplies, special outfits, sutures, etc. address

VAN HORN & SAWTELL  
307 Madison Avenue, New York, N. Y.

## A Non-Greasy Lubricant

needs little comment as to its superiority from every standpoint of cleanliness. The avoidance of greasy clothes and bed linen is always gratifying to the painstaking nurse, and this is only one of the many advantages that attend the use of



## K-Y Lubricating Jelly

the "perfect lubricant" for *catheters, specula, rectal and colon tubes.*

"K-Y" is water-soluble and easily rinsed from instruments, dressings and clothing without leaving the slightest stain.

"K-Y" moreover, is emollient and soothing to the skin, offering a prompt and effective means of relieving "bi-chloride rash" and kindred irritations.

A postal request will bring a liberal sample.

VAN HORN & SAWTELL

307 MADISON AVE.,

NEW YORK, N. Y.

# ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

VOL. V.

DECEMBER 1910

No. 2

PUBLISHED MONTHLY, FROM NOVEMBER TO JULY.

Sent free of charge to all members of the "Alumnae Association"

to others: } 50 cts. per year  
                  } 10 " " copy

Editor—MISS L. M. WYGANT, 8 W. 92nd Street

Business manager—Miss R. L. Cromwell, 8 W. 16th St.


Business manager (assistant) Miss A. H. Meier.

News Editor—MISS H. EARLE, 8 W. 16th St.

Secretary—MRS. ROGERS, Brooklyn Hospital, Brooklyn, N. Y.

## REPORTERS

Miss J. C. Stimson,	Miss Ryerson, 133 W. 140th St.
Harlem Hospital	" A. B. Stewart, Bath, N. Y.
Mrs. Jameson, 200 W. 14th St.	Mrs. Hosking, 8 W. 92nd St.
Miss Rough, 8 W. 16th St.	Miss Golding, 245 W. 14th St.
" Frederick, 321 E. 15th St.	" F. Nash, 8 W. 92nd St.
" Walton, 8 W. 16th St.	" Lavinia Wood, 8 W. 92th St.

 It is requested that notice of change of address be sent to the Secretary as promptly as possible, so that the mailing list may be kept corrected.

Those who have failed to receive the "Alumnae News"—or those who desire extra copies—can always be supplied by calling at the Club, or at Miss Macdiarmid's office or copies will be mailed on application to the Secretary.

## EDITORIAL COMMENT

The readers of the "News" will note with regret the loss it suffers by the change of Editors. Miss Young, who planned the magazine and since its first issue in 1907 has given most efficient and energetic service feels that for various reasons she must be released. As our paper was originated and has for so long been conducted by our able predecessor we know that her interest in it will continue. This knowledge together with the assurance that her advice will always be gladly given encourages her successor to take up these new and untried duties.

We hope to show our appreciation of Miss Young's service by continuing in the path marked out by her. It is requested that each one give her interest and aid in maintaining the standard which has been set for us.

---

It is hoped you have remembered the notice printed in the November number of the "News" concerning the Central Club. A personal call was made there recently and a delightful hour passed very quickly as we were cordially met and shown through both houses and made to feel that the nurses are welcome at any time they may have an opportunity to pay the Club a visit or to accept the privileges of the dining room. Any who wish to satisfy themselves as to the outline, object or status of the Club can best do so by becoming personally acquainted with it and its environment.

The annual dues for Club membership are \$1.00 per year with an initiation fee of \$1.00 which will give a member the privileges of the Club but do *not* include the Registry as through a mistake in print, the July number of the "News" may have led you to think.

Those who wish to become members of the Club may obtain application blanks from Miss Farquhar at 54 East 34th Street. On the back of the blanks the following notice is found.

Applicants must be endorsed by two members of the Club, who are willing to fill out a blank form of endorsement that will be sent them by the Membership Committee, when the application is received for consideration.

The fiscal year of the Club shall begin the first day of September.

---

## NOTICES

### N. Y. H. ALUMNAE MEETING

The next regular meeting of the Association will be held in the Lecture room, 8 West 16th Street, Thursday, December 8th at 3 p. m.

Dr. Josephine Baker of the Health Department will address the December meeting on Child Hygiene.

---

### ALUMNAE MEETING.

At 3.15 p. m. the President called the meeting to order. Minutes of the October meeting were read and approved.

Mrs. Rogers, Secretary of Board of Trustees stated there was no meeting, on account of inclemency of weather which resulted in lack of a quorum.

Miss Macdiarmid, Chairman of the Pension Fund, reported having held a meeting of representatives of each year's graduates, and that the circular letter was to be sent immediately to every graduate of the New York Hospital Training School. The Treasurer of Pension Fund has \$222.00 on hand and \$145.00 promised.

Reports from delegates to the New York State meeting were next in order, and owing to the absence of Miss Young, her report was read by the Secretary, following an interesting one from Mrs. Rogers, who kindly consented to report on sessions which Miss Young could not attend. These reports will be printed in full in this issue.

The Treasurer's report was read and accepted, also that of the Club House.

A letter was read from Miss Sutcliffe stating that Mrs. Harry Perry wished to be re-instated, The Treasurer could find no record of previous membership, or of resignation. On motion of Miss Duncan it was decided that should further investigation show, Mrs. Perry had been a member and resigned, that she be accepted into membership at once.

Communication from the Nominating Committee of the National Alumnae enclosing a voting blank, was read, and

in this connection an invitation from the Bellevue Training School Alumnae to meet at their Club 14 E. 42nd Street, on Tuesday, Nov. 15th, at 3 p. m. to confer on nominations.

On motion by Miss Golding, two were elected to attend—Miss Russell and Miss Duncan.

Miss Jean B. White's resignation was read. Treasurer reported Miss White one year in arrears in dues. Miss Waldron moved that Miss White be notified of being in arrears, on payment of which her resignation would be acted upon.

To the deep regret of all who know how faithfully Miss Helena Earle has served the Association, her resignation as Chairman of the Program Committee was accepted. Even on her retiring she did not fail to secure something interesting and instructive for our next meeting—namely an address by Doctor Baker of the Health Department.

Miss Earle's going will leave a great many void places: in the Hospital, as News Editor of the monthly pamphlet and as an active worker in everything pertaining to the School and Alumnae. We wish her a long life and all the happiness she so richly deserves.

The business session ended, we listened to a most delightful address from Mr. Ludlam, who received a rising and hand clapping ovation on his entrance. This address excellent in its uplifting ideas will be given in full in the "News," and each nurse would do well to preserve it.

We are rather loath to think that the exceptionally large and enthusiastic audience was greatly due to Mr. Ludlam's presence, however it may be his address will awaken many to a sense of their loss in not attending the monthly meetings, for it is the aim of the Program Committee to provide entertainments, interesting and instructive which will tend to broaden the nurse's view of her profession and not allow of her getting into ruts too narrow to permit of proper development of latent powers.

---

## SUPERINTENDENTS MEETING.

The Meeting of the N. Y. State Association of Nurses at Rochester, opened Oct. 17th at 10 a. m. with a Meeting of the

Superintendents in charge of Miss Anna W. Goodrich, Inspector of Nurse Training Schools.

The principal subject under discussion and one of intense interest, to all of us, was the new requirement of the State Educational Department, regarding the filing of credentials of new Students at Albany.

Many of us, had been puzzling over the new credential blank send out recently, by the Regents and we were all interested, to know just what was expected of us, as well as what our Sister Superintendents were doing in this regard: after considerable discussion it was concluded unwise to send out the original blank to Students.

It was moved and seconded, that a Committee be appointed to draw up a trial form to mail to Candidates; that one be sent to each Superintendent asking her to return it with her criticism to the Committee, when a permanent form might be made and adopted by all Schools. This blank would be mailed to the Candidate, with the usual application paper and it is hoped it will be so plain, yet so complete that it will give the Superintendent some definite idea as to the applicants education: then after her arrival, should she prove an acceptable Student, the original blank from the Department of Education could be filled out under the direction of the Superintendent and send to Albany.

This sounds very complex, but it is really a very difficult matter to get anyone to fill out any blank correctly.

Preliminary education came up for its share of discussion and it was interesting, to note, that while all admitted the difficulty of living up to the required standard, no one was in favor of having it lowered.

The general opinion prevailed that until the work was less arduous, suitable time given for study and recreation we would continue to have this shortage of suitable material, as there were so many other lucrative avenues open, where lighter duties were demanded and shorter hours obtained.

Miss Goodrich thought, that much of the heavier work might be done by domestics and just sufficient "Scrubbing" and "Dusting" retained, to give scope for teaching and practical training to the new Student. Graduates, also might be engaged to fill shortages, in time of need and thus the Superintendent would be relieved of supplying a certain number of Students on account of pressure of work; to fill needs, rather than because of their especial fitness for the profession.

The Preliminary Course was noticed and while differences obtained as to its length and as to method, yet all Schools seemed to have a Preliminary Course of instruction and the Superintendents present were unanimous in their belief in its value.

The question of affiliation was discussed at some length, but nothing very definite arrived at, while all were agreed as to its value, particularly to the small Hospital, the whole question is so varied, each Hospital plan so different from its fellow that no uniformity of rule or regulation seemed to have been agreed upon even though a goodly number affiliate with other schools.

The local Societies of Superintendents were mentioned, Miss Aline spoke of the very great value they had been, particularly in parts of the State where Superintendents were isolated and seldom had the chance of discussing difficulties or methods. She cited one case where a Superintendent had to get a train at 2 a. m. and spend almost the entire day in order to attend the meetings, yet she was a regular attendant and thought the benefits derived well worth the effort.

Miss Goodrich inquired about methods of keeping Training School records and elicited the fact that great uniformity prevailed; after a short and earnest talk from Miss Goodrich urging us to stand by our own educational law and to hold our standards high the Meeting adjourned.

MARGARET L. ROGERS, R. N.

## N. Y. STATE NURSES' ASSOCIATION,

### PROCEEDINGS OF WEDNESDAY OCT. 19TH

Wednesday, Oct. 19th at 10 a. m. the Meeting opened with Miss D'Olier's paper "What Rochester is doing for her School Children:" the chief point taken up being the dental work: children whose teeth are discovered to be defective are advised to go to a private dentist, or are sent to the clinic, which ever seems the more feasible plan: talks, illustrated by stereoptican slides, are given on the teeth and their care: tooth brushes are presented, and the pupils encouraged to use them.

The second paper of the day, "Preventable Blindness" was contributed by Miss Von Blarcom of New York: she said that 40% or 50% of the blindness of the world is preventable, and that, though for thirty years this has been known, not much headway has been made until recently. Midwives attend about half of the births in the large cities of this country and as these women are usually ignorant, untrained and un-supervised it is not surprising that the percentage of cases of whole or partial blindness is large: In Europe

midwives are required to take a two years' training:—and in England the whole subject has been taken up by Parliament and the conditions much improved; it is hoped that something of the same kind may be done in the United States very shortly. Doctors and midwives in N. Y. State are provided with prophylactic outfits consisting of eye droppers and nitrate of silver solution: lantern slides and photographs are loaned by the department by those who wish them for lectures and talks.

---

In her paper on "Obstetric Nursing" Miss Cadmus recommended that the training in this branch be given before the nurses have been in the school long enough to be tired out: and that they should go after work in a surgical ward where they have been practising the methods of asepsis and anti-sepsis so necessary in obstetrical cases: The old question "Why are nurses, after graduation, so averse to doing obstetrical work" was asked—and answered in the old manner, viz: The care of two patients, long hours, the difficulty of making cases "fit" and the consequent loss of time: as a solution of the first two difficulties it was suggested that, whenever possible, two nurses should be engaged for the first week; the only remedy mentioned for the last difficulty was that nurses specialize.

---

Upon adjournment a luncheon was tendered the delegates, by the nurses of Rochester:—down the centre of the large ball room of the Hotel Seneca were set long tables decorated with white chrysanthemums, here sat the local nurses, while the visiting delegates were at small tables disposed at intervals on either side of the room: this allowed the gathering of congenial groups at the different tables, and the renewal of old acquaintance—or the formation of new—: the rosy carnation carried from the table by each visitor was a fitting souvenir of a most enjoyable time.

---

There being no afternoon session the members spent the time as they chose: one party of New York nurses hired a "rubber neck" automobile and "did" the town, and, coming at one point, to a two story triangular building the man with the megaphone, knowing whence his party hailed, announced in a most impressive tone—"and *this* is the Flatiron building"—and thereby elicited the expected applause from the wagonload.

---

Another session was held at 8 p. m. when Dr. Goler of the Rochester Dept. of Health read a most interesting paper on "The relation of the nurses to the health of the infant;" instancing the

successful work of the Rochester nurses, during July and August of this year, among 500 children—some of whom were sick, but most of whom it was their duty to keep well,—and saying that out of the 500 only 12 died—Dr. Goler made an eloquent plea for the extension of preventive nursing and care; urging nurses to become the teachers of all those who have the care of children; when asked how this might most effectively be done he replied, "use the woman's weapon—the tongue."

Dr. Marion Craig Potter, in her paper, "A study of the period of early adolescence" followed Dr. Goler's line of thought in so far as the idea of prevention is concerned, urging that mothers try to direct the energies of their children into safe channels, instead of letting the children struggle on alone and leaving chance to decide whether the right or wrong path shall be taken.

The task the nurse was asked to undertake seemed to be the delicate and dangerous one of instructing the mothers how to direct her own child: this the mother would probably resent; and not many of the nurses would feel equal to undertake especially when the comparatively short duration of most "cases" is taken into consideration; for Dr. Potter was evidently addressing her remarks to the nurse doing private work: the means she mentioned as likely to help in the attainment of the desired and being far beyond the reach of any mothers visited by district nurses.

The first papers on Thursday morning dealt with the subject of "Ethics."

The pupil nurse was advised to cultivate the qualities she admires in those who are considered good nurses; and warned that skilful technique and complete theory, alone, will not make a good nurse—personality and character are the things that really count.

Graduate nurses going to cases in the hospitals were reminded that they should not think themselves exempt from the rules of the institution simply because they have graduated. They were also asked to think of, and try to bring honor to their schools in all their dealings.

Miss Wadley followed with a very interesting account of the Social Service work in connection with Bellevue Hospital, New York; telling not only how the convalescents are cared for after leaving the hospital, but their minds relieved while they are still ill by the knowledge that the social worker is interested in and looking out

for, the distressed and perhaps needy family left at home. Miss Wadley concluded by saying that the main gratification needed by those wishing to enter this field of work is good common sense.

MARY H. YOUNG, R. N.

---

## NEWS OF THE CLUB AND THE CLASSES

Our deepest sympathy is extended to Miss Henderson, in her recent sad bereavement.

---

Mrs. Ella Hair, class '10, has accepted a position in Litchfield, Conn., as district nurse.

---

Miss S. J. Oliver is ill and a patient on the 4th floor : we hope her convalescence will be a pleasant and rapid one.

---

Miss Olmsted is Superintendent of nurses at the Women's Infirmary : she graduated a class of five nurses on Friday Nov. 11th, and Dr. Samuel Lambert addressed them.

---

Miss Isabella Earle has returned from a vacation of thirteen months in Jamaica, West Indies : she will live at the Club, and do private nursing.

---

Miss Margaret MacKenzie is Superintendent of a Hospital, Dobb's Ferry, New York.

---

Mrs. Evans (Miss McCurdy, '01) whose home is in Providence, R. I. is visiting her sister and her class-mates in the city.

---

Miss Maria Davis has resigned her position as Assistant in the Brooklyn Hospital.

---

Miss Elizabeth Richmond has been visiting for three weeks her class-mate, Mrs. Sengel, in Arkansas.

---

Miss Gertrude Seely's address is 138 East 37th Street.

---

In December, Whitcomb & Barrows of Boston are to bring out a small text-book by Miss Julia C. Stimson, called "Nurses Handbook of Drugs and Solutions."

---

Miss J. M. Whitelaw's Secretary of Sick Fund, present address is: Post Office Box 113, Brooklyn, N. Y.

---

Miss Nellie McCrafe is preparing for sale boxes with sterilized dressings etc., which will be advantageous to have in every home in case of emergency or accident. We wish her every success in this new venture.

---

Miss J. M. Whitelaw and her friend Miss Glass have purchased a cozy home in Oradell, N. J. where they moved November 1st.

---

Mrs. H. A. S. Van Daalen's (Miss Osborne '07) address is 679 Vanderbilt Avenue, Brooklyn, N. Y.

---

Miss Lee Cromwell and Miss Symons have gone on a trip to Philadelphia and Washington. After returning Miss Cromwell will spend the rest of her vacation at "The Brownery," Orange, N. J.

---

Miss G. R. Class '07 is assistant head nurse at The Cragmour Sanitarium, Colorado Springs.

---

Miss Grace Smiley '07 has returned from a five months trip to California and is at 119 Waverly Place.

---

Mrs. Purman has returned from a two months vacation spent at her home in Bloomsburg, Pa. and with friends in Washington, D. C.

---

Miss Hastings and Miss Smillie closed Sea Cliff for another winter Nov. 1st. Miss Hastings has gone to Toronto for an indefinite stay; Miss Smillie will be at the Club.

---

Miss E. McPhedran '06 is enjoying her life in the Great North West very much. She is assistant Superintendent of nurses in the Calgary General Hospital, Canada. In a recent letter she tells much of the life out there. Her class-mate, Mrs. Martin, has built a very pretty home there only a few blocks from the Hospital.

---

Mrs. Kilpatrick (Miss Case '06) has been visiting in N. Y., spending one week at the Club with her class-mate Miss Richardson.

---

### **MARRIAGES**

On Thursday July the twenty-first by the Rev. Hugh Munroe at St. Paul's Manse, Bowmanville, Canada, Miss Henrietta Lawton Work to Mr. Harold Carlton Allen. Mr. and Mrs. Allen will live at 114 West 76th St.

---

### **BIRTH**

On Tuesday, July 19th, the wife of Mr. Henry A. S. Van Daalen of a son—Henry A. S. Van Daalen, Jr.

---

In October to Mrs. McCarthy (Miss Kelshaw) a daughter.

---

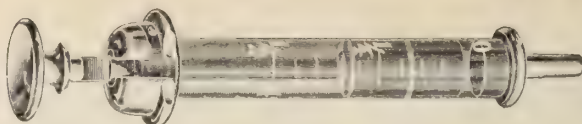
### **DEATH**

Miss Katherine Lasher, formerly a member of the New York Hospital Nurses' Club, died at the home of her brother, Frank Lasher, at Bennington, Vt., Oct. 21st 1910.

---

# Modern Surgical Supplies

EASILY and  
THOROUGHLY  
CLEANED

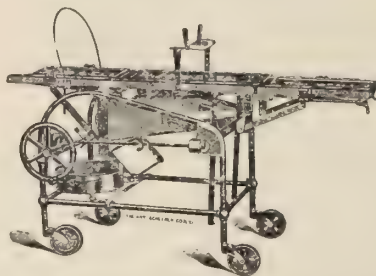


ALWAYS  
READY  
FOR USE

**RECORD SYRINGES.** made in a variety of sizes  
SEND FOR CATALOGUE



ROLLING CHAIRS



SICK ROOM  
SUPPLIES

## SURGICAL FURNITURE AND STERILIZERS

Complete Catalogues sent on application

**THE KNY-SCHEERER CO.**

404 West 27th Street

New York

BORDEN'S MALTED MILK		FREE FROM STARCH AND CANE SUGAR IT HAS NO EQUAL	
THE BEST THAT SCIENCE CAN PRODUCE		Date _____ 19__	
Sheet No. _____		Doctor _____	
Name _____		Nurse _____	
Address _____			
Diagnosis _____			
Case _____			
Examiner _____			
M. H. _____			
<p><b>Nurses' Temperature Charts</b></p> <p><b>ACKNOWLEDGED THE BEST</b></p> <p>Size, 12 inches by 11½ inches, 25 sheets to the pad. Price, 20c. per pad, postpaid.</p> <p><b>ALSO BEDSIDE CHARTS</b></p> <p>Same size as above, 50 sheets to the pad. Price 20c. per pad, postpaid.</p> <p>Extra Fine Quality Paper. Write for Sample Sheets. Convenient, Durable, Folding Cloth Cover for these pads, 40c. extra.</p> <p>Malted Milk Department. <b>BORDEN'S CONDENSED MILK CO.</b> 108 Hudson St. New York.</p>		<p>107°</p> <p>106°</p> <p>105°</p> <p>104°</p> <p>103°</p> <p>102°</p> <p>101°</p> <p>100°</p> <p>99°</p> <p>98°</p> <p>97°</p>	
Temp.			
Pulse			
Resp.			
Stimulants			
Medications			
Baths			
Defecations			
Urine			
Food			
Sleep			

# Special Courses for Nurses

## IN THE SWEDISH SYSTEM OF MASSAGE

### MEDICAL AND CORRECTIVE GYMNASTICS

(The System You Will Eventually Learn)

Term: Three Months = = Tuition Fee, Seventy-five Dollars  
COURSE IN ELECTRO-THERAPY

Term: Two Months = = Tuition Fee, Twenty-five Dollars  
COURSE IN HYDRO-THERAPY IN ALL ITS FORMS

Term: Six Weeks = = = = Tuition Fee, Thirty Dollars

**Winter Classes Open January 10th and March 21st 1911.**

***Over 9000 TREATMENTS GIVEN IN 1909. No better clinical experience possible***

All courses may be commenced at the same time and finished within three months. The instruction consists of daily clinical work and practical lessons on patients referred to our clinics from the various Hospital Dispensaries. Original Swedish (Ling) System, and Weir Mitchell's Rest-Cure System. All pupils attend clinics at several city hospitals. A complete Medico-Mechanical Zander Gymnasium for treatment of patients and instruction of students. Payments can be made to suit your convenience. Application blank and illustrated booklet on Massage upon request  
*Spring Classes open May 23d 1911.*

*An early application for admission is advisable*

**Pennsylvania Orthopaedic Institute and School of Mechano-Therapy, (Incorporated)**

**1711 Green Street, PHILADELPHIA, PA.**

**MAX J. WALTER, Superintendent**



## **“STORM” BINDER AND ABDOMINAL SUPPORTER**

(PATENTED)

***No Whalebones—No Elastic—Washable***

**STORM SUPPORTER COMPANY**

***Anna B. Duncan, R. N.  
Manager.***

**1269 BROADWAY (32nd St.)**

**Telephone, 6276 Madison Square**

Silk ..... \$12.00  
Linen Mesh.. \$10.00  
Half Silk .... \$8.00  
Cotton..... \$5.00

**Tel. 1739 Chelsea**

**H. ROAMAN**

**Ladies Tailor & Furrier**

**135 W. 21st STREET**

**N. Y. C.**

**10 per cent discount will be  
given to nurses ordering  
suits or dresses with  
my material.**

**Own material made up.**

**Tel. 1739 Chelsea**

**Madam Marks**

**GOWNS**

**135 W. 21st STREET**

**N. Y. C.**

**10 per cent discount will be  
given to nurses ordering  
Gowns with my material.**

**Own material made up.**

**When ordering please mention the "Alumnae News"**

# ADVANCED SPECIALTIES FOR SICK-ROOM AND HOSPITAL

## A GUARANTEED THERMOMETER IN A SANITARY CASE

*Meinecke*

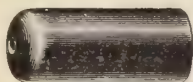
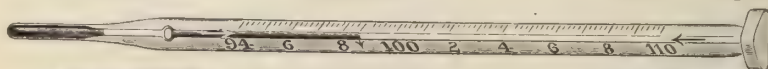
### "Progress" Clinical Thermometer

With Triangular Top

One Minute

Magnifying Front

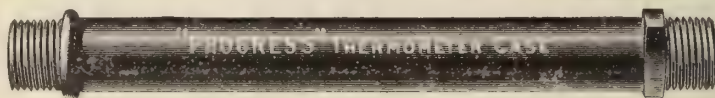
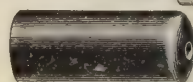
4 Inches Long



THERMOMETER PATENTED

AUGUST 2, 1904.

PATENT APPLIED FOR ON CASE



#### The Sanitary Case

The Case is provided with a screw cap at each end.

Both caps are partly filled with cotton to protect the Thermometer, and the cotton can readily be removed and replenished, which cannot be done with the old-style cases without great trouble.

Each cap is perforated at the end, through which a pin can be inserted to aid in easily removing the cotton.

#### → Two Good Points ←

Two Arrows on the Mercury Line of the Thermometer ingeniously assist in gauging the focus and finding the Mercury.

#### A Useful Triangle

A triangular knob forms the top or crown of the "Progress" Thermometer. This permits of a firm grip when shaking down the mercury. It not only permits of a full swing, thereby causing the mercury to be thrown back easily, but also prevents the Thermometer from slipping out of the hand.

The saving thus effected in breakage alone makes the "Progress" the best Thermometer.

The triangular knob also prevents the Thermometer from rolling. When resting on the knob the Thermometer is slightly elevated, and it is therefore more easily picked up than the old-style Thermometers.

Disinfect your Thermometer all you please,  
if you use the old-style case, with its cotton swarming with disease germs, you  
will help spread disease.

Retail Price, - - - - - \$1.25 Each

Special Price to Physicians and Nurses, \$1.00

Hospitals and Sanatoriums Supplied at Wholesale Prices

# MEINECKE & COMPANY, NEW YORK

**VOLUME 6.**

**NUMBER 3.**

**The**  
**Alumnae News**

**JANUARY**

**1911.**

# Sterilized Obstetrical Supplies

The sterilized obstetrical supplies provided by Van Horn & Sawtell for the aid and convenience of physicians and nurses are prepared with the same attention to quality, utility and sterility that are given to every product of the Van Horn & Sawtell laboratories.

To the physician and nurse such care and attention spell protection and safety.

For complete lists of obstetrical supplies, special outfits, sutures, etc. address

VAN HORN & SAWTELL  
307 Madison Avenue, New York, N. Y.

## A Non-Greasy Lubricant

needs little comment as to its superiority from every standpoint of cleanliness. The avoidance of greasy clothes and bed linen is always gratifying to the painstaking nurse, and this is only one of the many advantages that attend the use of



## K-Y Lubricating Jelly

the "perfect lubricant" for *catheters, specula, rectal and colon tubes.*

"K-Y" is water-soluble and easily rinsed from instruments, dressings and clothing without leaving the slightest stain.

"K-Y" moreover, is emollient and soothing to the skin, offering a prompt and effective means of relieving "bi-chloride rash" and kindred irritations.

A postal request will bring a liberal sample.

VAN HORN & SAWTELL  
307 MADISON AVE., NEW YORK, N. Y.

# ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

VOL. VI.

JANUARY 1911

No. 3

PUBLISHED MONTHLY, FROM NOVEMBER TO JULY.

Sent free of charge to all members of the "Alumnae Association"

to others: } 50 cts. per year  
                  } 10 " " copy

Editor—Miss L. M. WYGANT, 8 W. 92nd Street

Business manager—Miss R. L. Cromwell, 8 W. 16th St.

Business manager (assistant) Miss A. H. Meier.

News Editor—Miss L. O. GRAFTON, 8 W. 92nd St.

Secretary—MRS. ROGERS, Brooklyn Hospital, Brooklyn, N. Y.

## REPORTERS

Miss J. C. Stimson,  
Harlem Hospital

Mrs. Jameson, 200 W. 14th St.

Miss Rough, 8 W. 16th St.

" Frederick, 321 E. 15th St.

" Walton, 8 W. 16th St.

Miss Ryerson, 133 W. 140th St.

" A. B. Stewart, Bath, N. Y.  
108 E. Steuben St.

Mrs. Hosking, 8 W. 92nd St.

Miss Golding, 245 W. 14th St.

" F. Nash, 8 W. 92nd St.

" Lavinia Wood, 8 W. 92th St.

~~It~~ It is requested that notice of change of address be sent to the Secretary as promptly as possible, so that the mailing list may be kept corrected.

Those who have failed to receive the "Alumnae News"—or those who desire extra copies—can be supplied by calling at the Club, or copies will be mailed on application to the Secretary.

## ALUMNAE MEETING.

A meeting of the Alumnae Association was held December 8th, at 3 p. m. at the Nurses' Home. In the absence of the President, Miss Florence Johnson, the Vice-President presided. After the usual reading of minutes and reports, it was voted that the N. Y. H. Alumnae Association ratify the ticket of nominations for the officers of the Associated Alumnae that have been prepared with the exception of the name of Miss Delano for President, as the latter has refused to allow her name to remain on the ticket another year. It was suggested that Miss Sly's name be substituted for Miss Delano's.

It was then voted that the by-law relating to the initiation fee of new members to the Alumnae Ass'n be suspended, and that a committee be formed to consider the revision of the by-laws.

In spite of the fact that the Credential Committee had not as yet presented their names for membership in the Alumnae Ass'n, it was voted to allow those recent graduates who wished to, to register at the Club.

A resolution was then passed expressing gratitude to Miss Helena Earle, for the great assistance she has always rendered the Alumnae Ass'n, in the many ways that have shown her interest and desire to be of service, expressing regret that she is so soon to leave us, and wishing her every happiness in the new life to which she is going.

Considerable discussion was called forth by the report of a special committee appointed by the Trustees, which was presented by Miss Russell. It dealt with the Sick Nurses Benefit Fund and the necessity of having some definite statement in our by-laws regarding the signature of the attending physician on the application of a member for benefit. The question had arisen whether the signature of an Osteopathist could be accepted. It was voted that the President authorize the payment of the benefit of the nurse in question by suspending the by-laws for this particular case, and that in the revision of the by-laws the matter be more definitely stated.

The speaker of the day was Dr. Josephine Baker of the Health Department, under whose care matters pertaining to

Child Hygiene of the city are controlled. Dr. Baker said that the great problem of infant mortality is a problem that must be solved by the mothers, and that the help that nurses could give was one of the most important factors in the solving of this problem. The function of doctors nowadays is not so much to cure as to keep well, and the sphere of nurses in this preventive work is a very large one. New York City was the first city to use the cooperation of nurses for this work. It is only within the last ten years that it has been recognized that we must have physically perfect as well as mentally equipped citizens. Thus the work with our embryo citizens has broadened out tremendously.

Medical school inspection started some years ago. Doctors visited the schools and inspected the children and when they found children that were sick or ailing, such children were sent home. So many children were sent home by the doctors, the Board of Education found themselves confronted by a large problem. Commissioner Lederle talked the matter over with Miss Wald of the Nurses Settlement and the latter suggested nursing care to reduce the number of children sent home from the schools. There are now 141 nurses on the Board of Health staff.

The city care of the children begins with the registration and supervision of mid-wives. Fifty per cent of all births in the city are reported by mid-wives. Next is the charge of foundling babies. In New York 3000 children are boarded out in private homes, which must be licensed by the Board of Health. Hitherto foundlings have been kept in asylums, and the death rate has been from 75 to 100%. Some institutions have never been able to raise a child for more than twelve months. Babies that have wet-nurses in a home have a better chance of living, and a bottle-fed baby in a home has an infinitely better chance than any babies in an institution.

Then there is the so-called summer work. The nurse in each district received each day a list of all the births reported by mid-wives the previous day and visited the homes. Soon district centres were established, with a doctor and nurse in attendance, to which babies could be brought. 50,000 babies were thus under observation during the summer. The death

rate was reduced 20% by this oversight of young babies. On the first of January fifteen milk depots are to be opened, each having a doctor and nurse. Here milk will be sold and the nurses will demonstrate methods of modification and each baby will be prescribed for and have a formula ordered for it. In all this work the trained nurse is absolutely indispensable. Other cities are beginning to find this out and to learn from New York methods.

The formation of Little Mother Leagues is another branch of the work. In all the public schools lectures on the care of babies, are being given once a week to all girls over 12 years of age. They are the ones who bring up the babies, and are often the only members of the family who can speak English, and really those on whom the next generation depends. The Leagues are formed of these girls and 22,000 belong to them. The doctor and nurse of each school are the officers of the League and demonstrate and lecture each week.

The care of uncorrected non-contagious defects of school children is another phase of the work of the Child Welfare Division of the Health Department. Seventy-five per cent of all the New York school children are not physically normal. When defects are found, a nurse goes to the child's home, to explain the trouble and if possible to arrange for treatment. When cards only were sent to the homes, notifying the parents of their child's defect, it was found that only 6 per cent of such defects were treated. Under the present system, 84 per cent are being attended to.

The final department of the work is the issuing of employment certificates for all children before they can go to work.

Dr. Baker gave some startling statistics about the death rate of children in this country, particularly among very young children. She said that most children died from wholly preventable diseases, and that the diseases of infancy are preventable if only the knowledge that we already have could be applied. The opportunities for nurses in this great movement of preventive treatment, she said were enormous. Taking the child as the object of care, this work has more hopeful aspects than almost any other phase of nursing activity.

JULIA C. STIMSON, R. N.

## INDIVIDUALITY

ADDRESS BEFORE THE NOVEMBER MEETING OF THE  
ALUMNAE ASSOCIATION BY MR. LUDLAM.

A newspaper recently published an article containing severe criticism of our country and people by Lord Northcliffe, the eminent English editor and publisher, who is in this country, on his way to Canada. His strictures of our American schools were severest of all. These are his words as quoted:—"Thus it is that you ninety millions cut your hair in the same way, eat each morning exactly the same breakfasts, tie up your small girls' curls with exactly the same kind of ribbon fashioned into bows precisely alike, and in every way all try to look and act as much like all the others as you can, as the Chinese do. You are standardising the human being, just as you would standardize the size of city blocks in surveys, of bolts, nuts and screws in your machines, of plumbing and of what not in your buildings. On the other hand I believe that one of the reasons why so small a country as Great Britain maintains so vast a place in the world is that we produce individualities rather than numbers in our population, character rather than mere book knowledge in our education. That is why I said the curse of your country is its public school system, which grinds them out like sausages."

It is not my purpose to attempt either an answer to this article, nor an analysis of it. Whatever may be our opinion of the justice of the criticism, it contains a truth, and suggests a line of thought, which will form the basis of our meditation this afternoon.

We are living in an age when displacements occur rapidly. Methods have scarcely time to grow old before they are replaced by others. Short cuts to results appear every where. Natural processes, with which we have long been familiar have grown to be too slow in their working, and too limited in their product. The result is that we live faster, and accomplish more in the aggregate than in the old days.

This change has come not only in the natural sphere, but also in the sociological, and even in the moral sphere, so that we have become quite familiar with bold raids into the realm of truth once considered settled, and with the introduction of institutional arrangements and methods for raising humanity to a higher level. Whether all this is really a distinct gain may be open to question. But it is an advance which leaves no opening for retreat. We adjust ourselves to the changed environment, and accept the new conditions. To do otherwise would be like turning back the hands on the dial. That we cling, with some degree of affection, to the old times, and the old methods, and cherish a large degree of respect for them, is,

undoubtedly, a matter of sentiment. If they could be reproduced, and compared with the present, we would, probably, reject them. And, yet, there must be a distinct loss when the individual is merged into the mass, and the peculiar atmosphere diffused by the individual is so attenuated as to be unrecognizable.

Our line of thought, is a plea for individuality, against the tendency to include the individual in his environment, and to sink his personality in the organization through which he works. It needs no argument to establish the importance of preserving individual traits, when these have been properly trained, and of allowing them to influence and give color to the particular form of activity in which they may be employed. This is not to say that objectionable traits are not to be eliminated, or modified, nor that organization and combination are unwise and undesirable. Both are important and necessary, and become more so as communities increase in size, and it, thus, becomes evident that the individual cannot longer compete with the involved and complicated situation which confronts him. We should not allow ourselves to be prejudiced so as to act unreasonably in view of the assaults which are made upon combinations at the present day, because some have been found whose existence is prejudicial to the welfare of the community. However, I believe we, as a community, lose in effective force as the personality of the individual is obliterated, and he is turned out by the process which has shaped him with a stamp or label which marks him as one of a class, and makes his differentiation from his fellows difficult, if not impossible.

You will notice that I do not argue for the creation of this individuality by an educational process, but rather, for its cultivation and development. And this because I doubt the possibility of creating it, and fully believe that it is a part of the natural, congenital endowment of each individual.

It is a well-known fact that descriptions of an incident or occurrence by eye witnesses will vary in essential details so widely as to raise the question whether the witnesses can possibly be testifying to the same thing. Temperament, disposition, tendency, habit, inclination,—all have a part, and a large part, in determining what we see with the natural eye, and hear with the natural ear. It is in proportion as these characteristics are emphasized and stamped upon the work of the individual that that work receives into itself an element which makes it peculiarly effective and abiding.

The plea, then, is for the development, the cultivation of individuality, as against type or class, as an important element in successful work. We are familiar with the fact that in these days,

methods which, perhaps, can best be described by the term "institutionalism" very largely prevail. There is a measure, and a large measure of truth in the statement of our critic, already quoted, that we cut our hair in the same way, wear the same kind of clothes, and eat the same breakfasts daily. It makes no special difference whether this, and all it stands for, is more conspicuously true of us, as a people, than of others. That it is true of us at all is the interesting fact.

Without undervaluing the effectiveness of team work, it would seem possible for the individual, even while so working, to diffuse an atmosphere, to spread a color, indeed, to impress himself upon that work, in a way to make it in a proper sense peculiar, as he is peculiar.

Now, if this be wise, and if, as is probable, the element of individuality or personality will of necessity inject itself into a situation, it needs no argument to prove the importance of having that element itself healthful. The fact that the stream can rise no higher than its source is as true in morals as in physics. We are thus brought, by natural process, to a point where we make personal application of our theme, and we look to our own mental and moral furnishings, to learn the character, and, perhaps, the degree of the impress we are thus making, each for himself.

There is a story told of a man who, although blessed to an unusual degree with worldly possessions, that made it possible for him to lead a life of indolence and ease, addressed himself diligently and faithfully to acts which were wholly unselfish and altruistic. When asked for an explanation of that which made him a somewhat conspicuous figure in his community, he replied that upon looking out upon life he had found himself in a vine-yard, with the option before him of eating grapes or hoeing. He chose to hoe, believing that in that exercise he would get the most satisfaction out of life. The result had abundantly justified his choice. Whether the story is true or not, it conveys a lesson worthy of serious attention. Such choice is not always made. The wisdom of making it is not always appreciated. The disposition and the power to subordinate self and exalt the claims of others is not always present in the individual, or, if present, is not dominant, and so moral force is dissipated, and the community, in some degree, impoverished. It is the force, the power, the fullest and freest expression of individuality, when that individuality aims at exalted ideals, which extends and builds up moral power, and it is this power alone, in all its varied and multiplied ramifications, which enriches and strengthens the community. And not only are these high ideals necessary to the enrichment of

the personality, which tends to the moral betterment of the community, but, also, to a correct understanding of opportunity, and a proper appreciation of one's own mental and moral equipment.

A colored man was ambitious of becoming a minister of the Gospel. To enforce his claims before the ecclesiastical board, which had the power of appointment, he declared that he had had a vision wherein had appeared the cabalistic letters G. P. C., which, by interpretation, meant "Go preach Christ." Upon examination, the board ascertained that he was wholly unfit for the position he aspired to, so he was told that he had undoubtedly had the vision, but that he had misunderstood the signification of the letters. Their real interpretation was "Go pick cotton."

Our line of thought does not forbid the exercise of legitimate ambition for advancement. To eliminate that would be to make life a void indeed. It looks only to the carrying over of individuality into whatever sphere of action a proper and judiciously indulged ambition may lead us.

If we turn to literature, we find our subject illustrated in a conspicuous manner. There is an indefinable, but readily distinguishable something in an author's writings, which differentiates them from those of others, and makes them peculiarly his own. That is, they have received the indelible stamp of his own personality. And not only so, but, in the case of the great masters of fiction, this feature is injected into the characters which are the products of their own creative genius, and is maintained consistently throughout. A pleasant recollection in my own experience will serve as an illustration. When my children were young, it was my habit to introduce them to the classical writers of fiction by reading their works aloud. This was begun at so early a period in their lives that it was necessary to translate the text into their own vernacular to render it intelligible to them, and this process was gradually changed until, with advancing intelligence, it became possible to do less and less of translation, and, finally, to present the text exactly as it appeared on the printed page. And it was interesting to note that even in the early stages, the identity of a character was recognized by them, and announced immediately upon its appearance, even before that announcement was made by the author, so completely and consistently had he developed that character, and maintained its peculiarities, or, in other words, its individuality.

George William Curtis, a well known essayist and writer of the past generation, said, "I have been proud of my individuality, and resisted, so far as one may, all the world's attempts to merge me into the mass." He is not often read, and is, perhaps, little known

in the present day, but those who remember his graceful writings, and are still under their charm, as all must be who remember him at all, will readily testify to the success he achieved in this endeavor.

Rudyard Kipling in his "Soldiers Three" has created characters which, it would seem, must become immortal in the world of fiction. Mulvaney, Leayroyd and Ortheris will live so long as any taste remains for adventure described in the inimitable slang and patois of the race or tribe of which each of these was a type and illustration. The sketch which very conspicuously demonstrates this statement is entitled, "With the Main Guard." I cite it because, in addition to the interest the sketch has, in itself alone considered, it presents what I have always regarded as a remarkable example of efficient, intelligent and discriminating nursing. Hence the propriety of its use as an illustration on the present occasion. You remember the scene.—The immortal trio were doing guard duty in what is described as "the most desolate and least desirable of all fortresses in India." It was one o'clock of a stifling June night, and "the heat under the brick archway was terrifying." Leayroyd, the big Yorkshireman, was completely overcome by the intense exhausting heat, and on the verge of mania. Fully aware of the serious consequences which would follow if he were allowed to pass into that condition, Mulvaney, the inimitable Irishman addressed himself to the difficult task of keeping his interest aroused, and his attention engaged by reciting the details of one of the most serious and bloody engagements of their regiment, in which all three had participated. And so, through the long and weary hours of that interminable night, himself almost in collapse because of the intense, insufferable heat, he continued his graphic, dramatic description of that skirmish, encouraged by the evidences of success which came, from time to time, in the interest displayed by the sick man, until the night was over, the guard relieved, and comrade saved.

I have said that I regard this as an excellent illustration of our subject, and, also, a fair example of efficient nursing. Lest the connection between the two may not be immediately apparent, I would mention the following instance:—

A nurse, coming on duty at night, found her patient, a very sick man, semi-delirious and hysterical. Supposing that his depressed mental condition was due to his appreciation of the seriousness of the situation, and of the doubtful issue, she sought to encourage him by assurances that the case was not by any means hopeless, and, indeed, that there was no ground whatever for discouragement. Soon perceiving, however, that this course would not answer, and was not producing the desired result, she promptly

abandoned it, and seating herself by the bedside, began, in a quiet and natural way, to discuss the current events of the day. The patient was interested, quieted, and soon fell into a sound, refreshing sleep, conquered by the domination of the nurse, who, thus, by the injection of her own strong personality into the situation completely controlled it.

The basis of conduct in the realm which we are considering, as every where, is the Golden Rule. When the life is squared with the requirements of this rule, there will be adherence to principle as a basis of conduct. And this, too, regardless of the fact that often the result achieved will seem wholly disproportioned to the effort, or to the skill and ability prompting it. Thus the mind is free from prejudice or bias, or suspicion, and presents a clear field for the cultivation of kindly, hopeful, optimistic feelings towards others.

The opposite of all this brings discord and confusion. Undoubtedly, each individual diffuses his own atmosphere. It is stimulating or depressing according to the nature of the source whence it emanates. A startling illustration of the power of personal prejudice to mar the perfection of a great work is found in that wonderful painting by Michael Angelo, of the Last Judgment, in the Sistine Chapel of the Vatican in Rome. In the lower corner of this immortal work, the product of his great genius, he placed the figure of a man, normal in all respects except that from his head project ass' ears. Tradition says it is the portrait of a cardinal, who bitterly, but unsuccessfully opposed the artist in the execution of his great work, and upon whom the artist thus visited his revenge. All appreciation and, perhaps, all knowledge of the transient and local conditions which elicited this expression of personal spite have long since passed away. Yet the result remains and, as one stands before the masterpiece, and feels the thrill and inspiration of the artist's transcendent genius, he is chilled, and, in a measure repelled, as his attention is drawn to that unfortunate blot on the surface of the work.

The habit of mind, then, by which we approach others, with the conviction that there is good in them, and that the good has the ascendancy in their lives; which does not wait to have the presence of the good proved by logical demonstration; and which is not discouraged when a later and closer intimacy discloses the fact that first, favorable impressions were not well grounded, is the promising and fruitful soil out of which grows the bountiful harvest of hopeful, stimulating uplift, through personal contact with the individual, whose nature and disposition diffuse the atmosphere of

which we have been speaking. Dr. Henry Van Dyke has said, "If you are looking for that which is best in the man and woman with whom you come in contact; if you are seeking, also, to give them that which is best in yourself; if you are looking for friendship which shall help you to know yourself as you are, and to fulfil yourself as you ought to be; if you are looking for a love which shall not be a flattering dream, and a madness of desire, but a true comradeship and a mutual inspiration to all nobility of living, then you are surely on the ascending path."

The really fruitful, successful life is not necessarily the one which is filled with startling deeds which command the attention and admiration of the world. The great mass of individuals do not attain to this notoriety. But the world is full of quiet workers who, faithfully and persistently, day by day, accomplish the allotted task, meet responsibilities and discharge duties as they present themselves, diffuse sunshine in darkened lives, and inject hope and cheer into discouraged ones. And this, not as a result of intermittent, spasmodic effort, but of the natural, habitual unfolding and development of the dominant temperament. The first class is exclusive, not because any are refused admission, but because comparatively few can comply with the terms. The last class is inclusive, and the terms of admission can be readily complied with by all who appreciate the importance of the individual, personal factor in the social scheme, and who diligently and faithfully pursue its cultivation. Phillips Brooks said, "I do believe the common man's task is the hardest. The hero has the hero's aspiration that lifts him to his labor. All great duties are easier than the little ones, though they cost far more in blood and agony."

Recently one died in this city who was widely known as a successful business man. Many knew in his lifetime other things about him besides his great ability for business. It was not, however, until his death that the community came to know him as a large hearted philanthropist, closely identified with many of the city's benevolences, which have to do with what General Booth has called "the submerged tenth," spending his time and his ample income generously along these lines, and doing it without ostentation and without attracting attention to himself. After his death I met one who had been closely associated with him in this work, and I spoke some words appropriate to the occasion. His reply impressed me. It was to the effect that he would not be missed so much for his generous gifts in money, sorely needed as these are, as for the charm of his peculiar personality, which pervaded every sphere in which he moved, and proved an irresistible inspiration to his co-laborers.

And this brings us back to our starting point. We find the way back is not long for though we have rambled much, we have not wandered far. The thought is that in each of us is implanted a characteristic, which may be defined as personality, or individuality; that this trait is susceptible of cultivation and development; that in proportion as its source is one which prompts the maintenance of high ideals, may we expect to impress ourselves favorably upon those whom we meet and influence, and to diffuse an atmosphere which will be not only morally sanitary, but helpful, stimulating and inspirational.

---

## NOTICES

### N. Y. H. ALUMNAE MEETING

The next regular meeting of the Association will be held in the Lecture room, 8 West 16th Street, on Thursday, January 11th at 3 p. m.

Mr. R. W. Bruere, former Secretary of the A. I. C. P. will speak before this meeting on the "Milk Question."

### COUNTY SOCIETY

The quarterly meeting of the N. Y. County Nurses' Association will be held at the Central Club 54 East 34th St., on Tuesday, January 3rd, at 8 p. m.

### FUND FOR SICK NURSES

Dues for funds for sick nurses are payable at the January meeting. No other notice will be issued. Members in arrears after April 1st are not eligible for benefits during the current year.

### PROGRAM COMMITTEE

The vacancy caused by Miss H. Earle's resignation as Chairman of the Program Committee will be filled by Miss E. E. Golding assisted by Miss M. H. Wilson.

---

### FOR THE NEW YEAR

All our courage will be in vain and all our good resolutions will sleep as sentinels over wearied at their post if Thou, O God, art not vigilant for us during the year that is dawning before us. May we have clearer and truer conceptions of duty with each successive year until we are lifted up into the higher life. Amen.

---

BEECHER.

## NEWS OF THE CLUB AND THE CLASSES

Miss Mary Vroom is superintendent of the Greenwich Hospital Association at Greenwich, Conn. Address, Greenwich Hospital Association.

---

Miss Isabel Rowland is in New Britain, Conn. for the winter. Her address is 126 Lincoln Street.

---

Miss Susie Armstrong has gone to Toronto in order to be present at the marriage of her sister Ida.

---

Mrs. Sands (Miss Pearl Nash, class '08) whose home is in New Mexico, paid a flying visit to New York and Canada just before Christmas.

---

Miss Irene Sutcliffe has deferred the date of her sailing for Italy, until January 11th 1911. Our hearts go out to her in her sorrow.

---

Miss Minnie Lawrence who has been nursing in Europe two years, recently stopped a week at the Club on her way to Toronto. It will be remembered that Miss Lawrence was given charge of the Hospital Relief Ship which was sent to Sicily by the U. S. Government at the time of the disaster in Southern Italy.

---

Mrs. Esson Reid (Miss Helen Duncan, class '91) has been appointed on the staff of the Toronto General Hospital, instructor in dietetics. Mrs. Reid is the first incumbent of the office—she commenced her duties October 1st.

---

Our sympathies are with Mrs. G. E. Gallaway (Miss Nellie Thomas class '94) in the loss of her father who died November 7th after eight weeks illness, during which period his daughter was in constant attendance.

---

Miss Amy Paget will spend the winter at her home in Elora, Ontario.

---

Miss Nellie Oliver who has been ill a long time, has returned in excellent health and spirits.

---

Miss Ethel James has been at her home in Bermuda a year. She is at present settled at the Club and expects to do private nursing.

Our Rose has returned. She has been visiting her family and friends in Ireland and her return is a matter of great importance to the Club residents.

---

### DEATH

On November 29th. Miss Frank Sutcliffe, for many years the head of the housekeeping department of the New York Hospital.

---

## Something New in the Line of Hot Water Bottles.



Design Patent No. 34,417.  
Additional Patent applied for.

A new Hot Water Bottle has made its appearance on the market, and from all descriptions it will prove quite attractive from a Hospital and Sick-Room point of view. It is the latest addition to the already extensive line of Hospital Specialties put out by Meinecke & Co. of New York, who, since the "Perfection" Bed Pan was patented, have always something new to interest the Hospital Superintendent and Nurse.

The new Hot Water Bottle is made of handsomely nickel-plated metal, while the inside is lined with pure block tin, so that the bottle will not rust or corrode. In shape the Meinecke Metal Hot Water Bottle is like an ordinary rubber bag, and in a great many cases can be used as an ordinary rubber bag, but its principal use is as a Bed Warmer. Now that the high price of rubber has made itself felt amongst Hospitals, this Metal Hot Water Bottle will be appreciated as the manufacturers claim that it will outlast many rubber bags. The price is about double that of a high grade rubber bag.

## OFFICERS OF ALUMNAE ASSOCIATION 1910.

### *Honorary President*

Miss Irene H. Sutcliffe

### *President*

Miss. Jessie H. McVean, R. N.....45 E. 20th St.

### *Vice-President*

" Florence M. Johnson, R. N. ....129 E. 17th Street

### *Recording Secretary*

" Annie B. Duncan, R. N. .... 146 Madison Avenue

### *Corresponding Secretary*

Mrs. M. L. Rogers, R. N.....Brooklyn Hospital

### *Treasurer*

Miss Martha M. Russell, R. N..... 447 West 59th Street

### *Trustees*

Mrs. C. V. Twiss, R. N.....419 West 144th Street

Miss L. O. Grafton, R. N. .... 8 West 92nd Street

Miss E. Lindgren, R. N. ....210 E. 17th Street

Mrs. W. Purman, R. N. ....8 West 16th Street

Mrs. E. J. Hosking, R. N.....8 West 92nd Street

## FUND FOR SICK NURSES.

### *Secretary and Treasurer*

Miss Jennie M. Whitelaw,  
P. O. Box 113, Brooklyn, N. Y.

## BOARD OF TRUSTEES.

### *Chairman*

Miss A. B. Duncan

### *Secretary*

Mrs. M. L. Rogers

### — STANDING COMMITTEES.

#### *Executive*

Mrs. Twiss

Miss McVean

Miss Johnson

#### *Credential*

Mrs. Rogers

Mrs. Purman

Mrs. Hosking

#### *Finance*

Miss Russell

Miss Lindgren

Miss Grafton

ALWAYS  
READY  
FOR USE

A detailed illustration of a large industrial machine, possibly a steam-powered engine or pump. It features a prominent horizontal boiler section with various pipes and valves. A large flywheel is visible on the left side, connected to a mechanism. The machine is mounted on a sturdy metal frame with four wheels, suggesting it is portable. The overall design is characteristic of late 19th-century industrial machinery.



New York

[illegible]

# Special Courses for Nurses

## IN THE SWEDISH SYSTEM OF MASSAGE

### MEDICAL AND CORRECTIVE GYMNASTICS

The System You Will Eventually Learn

Term: Three Months = = = Tuition Fee, Seventy-five Dollars

#### COURSE IN ELECTRO-THERAPY

Term: Two Months = = = Tuition Fee, Twenty-five Dollars

#### COURSE IN HYDRO-THERAPY IN ALL ITS FORMS

Term: Six Weeks = = = = = Tuition Fee, Thirty Dollars

**Winter Classes Open January 10th and March 21st 1911.**

**Almost 10,000 TREATMENTS GIVEN IN 1910. No better clinical experience possible**

All courses may be commenced at the same time and finished within three months. The instruction consists of daily clinical work and practical lessons on patients referred to our clinics from the various Hospital Dispensaries Original Swedish (Ling) System, and Weir Mitchell's Res. Cure System. All pupils attend clinics at several city hospitals. A complete Medico-Mechanical Zander Gymnasium for treatment of patients and instruction of students. Payments can be made to suit your convenience. Application blank and illustrated booklet on Massage upon request  
*Spring Classes open May 23d 1911.* *An early application for admission is advisable*

Pennsylvania Orthopaedic Institute and School of Mechano-Therapy, (Incorporated)

1711 Green Street, PHILADELPHIA, PA.

MAX J. WALTER, Superintendent



## "STORM"

### BINDER AND ABDOMINAL SUPPORTER

PATENTED

*No Whalebones—No Elastic—Washable*

#### STORM SUPPORTER COMPANY

*Anna B. Duncan, R. N.  
Manager.*

Silk.....\$12.00  
Linen Mesh..\$10.00  
Half Silk....\$8.00  
Cotton.....\$5.00

1269 BROADWAY (32nd St.)

Telephone, 6276 Madison Square

Tel. 1739 Chelsea

**H. ROAMAN**

**Ladies Tailor & Furrier**

135 W. 21st STREET

N. Y. C.

10 per cent discount will be given to nurses ordering suits or dresses with my material.

Own material made up.

Tel. 1739 Chelsea

**Madam Marks**

**GOWNS**

135 W. 21st STREET

N. Y. C.

10 per cent discount will be given to nurses ordering Gowns with my material.

Own material made up.

When ordering please mention the "Alumnae News"

PROGRESS

WISHING  
YOU A  
HAPPY  
NEW  
YEAR



**MEINECKE & COMPANY**

ADVANCED SPECIALTIES  
For Sick-Room and Hospital

48 & 50 Park Place

NEW YORK

VOLUME 6

NUMBER 4

The  
**Alumnae News**

FEBRUARY  
1911

# Sterilized Obstetrical Supplies

The sterilized obstetrical supplies provided by Van Horn & Sawtell for the aid and convenience of physicians and nurses are prepared with the same attention to quality, utility and sterility that are given to every product of the Van Horn & Sawtell laboratories.

To the physician and nurse such care and attention spell protection and safety.

For complete lists of obstetrical supplies, special outfits, sutures, etc. address

VAN HORN & SAWTELL  
307 Madison Avenue, New York, N. Y.

## A Non-Greasy Lubricant

needs little comment as to its superiority from every standpoint of cleanliness. The avoidance of greasy clothes and bed linen is always gratifying to the painstaking nurse, and this is only one of the many advantages that attend the use of



## K-Y Lubricating Jelly

the "perfect lubricant" for *catheters, specula, rectal and colon tubes.*

"K-Y" is water-soluble and easily rinsed from instruments, dressings and clothing without leaving the slightest stain.

"K-Y" moreover, is emollient and soothing to the skin, offering a prompt and effective means of relieving "bi-chloride rash" and kindred irritations.

A postal request will bring a liberal sample.

VAN HORN & SAWTELL  
307 MADISON AVE., NEW YORK, N. Y.

# ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

---

VOLUME VI

FEBRUARY, 1911

No. 4

---

PUBLISHED MONTHLY, FROM NOVEMBER TO JULY.

Sent free of charge to all members of the "Alumnae Association"

to others: { 50 cts. per year  
              { 10 " " copy

---

Editor—MISS L. M. WYGANT, 8 W. 92nd Street.

Business manager—MISS R. L. CROMWELL, 8 W. 16th St.

Business manager (assistant) MISS A. H. MEIER.

News Editor—MISS L. O. GRAFTON, 8 W. 92nd St.

Secretary—MRS. ROGERS, Brooklyn Hospital, Brooklyn, N. Y.

---

## REPORTERS

Miss J. C. Stimson,  
Harlem Hospital

Mrs. Jameson, 200 W. 14th St.

Miss Rough, 8 W. 16th St.

" Frederick, 321 E. 15th St.

" Walton, 8 W. 16th St.

Miss Ryerson, 133 W. 140th St.

" A. B. Stewart, Bath, N. Y.  
108 E. Steuben St.


Mrs. Hosking, 8 W. 92nd St.

Miss Golding, 245 W. 14th St.

" F. Nash, 8 W. 92nd St.

" Lavinia Wood, 8 W. 92 St.

---

 It is requested that notice of change of address be sent to the Secretary as promptly as possible, so that the mailing list may be kept corrected.

---

Those who have failed to receive the "Alumnae News"—or those who desire extra copies—can be supplied by calling at the Club, or copies will be mailed on application to the Secretary.

## NOTICES

### N. Y. H. ALUMNAE MEETING

The next regular meeting of the Association will be held in the Lecture room, 8 West 16th Street, on Thursday, February 9th at 3 p. m.

The Program Committee hope to arrange for some music for the social hour of this meeting.

---

### ALUMNAE MEETING

A regular monthly meeting of the Alumnae Association was held at the Nurses' Home January 12th, at 3 p. m.

After the Treasurer's and the Secretary's reports, Miss Russell read the report of the Committee on the Revision of the By-Laws. The proposed changes will be found on another page of the Alumnae News. The blank for the nomination of officers of the County Society was referred to the Executive Committee.

Mrs. Rogers read the report of the trustees and the report of the Credential Committee. The latter presented the following names for membership in the Alumnae Association: Miss Powers, Miss Adams, Miss A. R. Woods, Miss A. C. Thompson, Miss E. A. Baldwin, Miss A. L. Ridell, Miss M. L. Hunter, Miss E. Dean, Mrs. C. Mac Andria, Miss G. M. Small, Miss M. F. Holland and Miss A. A. Pincheon.

The President then introduced Mr. Robert Bruere of the Association for the Improvement of the Condition of the Poor, who gave a most interesting talk on the subject of the milk question in New York City. His elaborate statistics regarding the cost of milk in New York compared to the profits of the large milk companies was very enlightening. He spoke also of the important relation of the cost of other food supplies to the general efficiency and healthfulness of New York people, particularly the poor. He advocated the more careful gathering of facts and the preparation of reports that a scheme might be devised to relate such facts to our industrial and social life for the purpose of bringing about greater public utility and industrial efficiency.

Among other things he spoke of one interesting fact: One division of a German insurance scheme for maternity insurance, in which it is provided that every wage earning woman is to have in her own right, protection in time of child birth; medical care, hospital treatment if necessary, and half wages for a period of six weeks after the birth of her child. The law provides this to be the minimum and compulsory.

JULIA C. STIMSON, R. N.

## MEETING OF THE NEW YORK COUNTY NURSES' ASSOCIATION—January 3, 1911

Altho only a small number of nurses braved the bad weather to attend the January meeting of the County Association, it was a very interesting evening.

The President, Miss Ehrlicher, called the meeting to order, and after the routine business, called for a report of the delegates to the State meeting in Rochester. A rather detailed report was given, telling of the business done, and the papers read. It was interesting to notice how large a proportion of the papers dealt with "Health Nursing." Preventable blindness, instruction of mothers in the care of children and adolescents, care of contagious diseases in such a way as to prevent their spread, were the subjects that evidently claimed the most eager interest.

Miss Ellicott, Superintendent of the Rockefeller Hospital, read a concise paper telling of the founding of the Institute about ten years ago for medical research, and the gradual development of the hospital plan in connection with it, so that the diseases selected for study might be observed and cared for under the best possible conditions. The nursing is in the hands of graduate nurses and it is desired to make it as nearly ideal as possible in order that the careful observations and accurate charting necessary may be done in such a way as to further the objects of the hospital.

Mr. Phillips, of the New York Milk Committee, gave a brief and earnest talk on the work that they have been doing for the past few years. He spoke of the terrible mortality of infants, 16,000 in New York annually, and said that it was one of the biggest health questions before the city. They have found that the instruction of the mothers has accomplished wonders and that is the work in which they are now co-operating with the Board of Health.

Miss Kerr, who has charge of the school nurses, spoke of the instruction they were giving the "little mothers," girls between ten and fourteen, in the care and feeding of infants and said that the genuine, unaffected interest of the girls in the subject had in it much of encouragement for the future.

There was brief discussion of the desirability of changes in the constitution and by-laws, looking toward a clearer statement of our relations to the State and to the affiliated associations, but no definite action was taken.

The President asked the delegates present to bring before their associations the matter of buying the bonds of the County Association issued to get funds to establish the Central Registry. It seems very desirable that these bonds should be held by nurses, either individually or as associations.

## LETTER

October 14th.

My dear MISS DWIGHT:

I felt very sorry to miss you when I visited the Club. I had intended this time to go to call on you, but had not expected to enjoy the hospitality of the Club.

I was very grateful for being taken in and enjoyed myself thoroughly.

I have always taken pleasure in the thought that I was a club member, but this is the first time that I have taken any meals there and lived there, as it were, intimately, to see the working and management of the home. It certainly is a place to be proud of, and I felt very sincere admiration for the splendid way in which such an immense establishment was carried on; and very grateful for the comforts and privileges extended to club members.

There was such a cheerful friendliness in the reception rooms and office which contrasted greatly with the cold cheerfulness of even the best of boarding and rooming houses. And in what boarding house could one have the privilege of taking meals or not as it suited one's convenience? It seemed to me that to have the privileges of a restaurant with the comforting home assurance of being able to stay in in inclement weather and I desire to return thanks to the Committee and Superintendent who gives so much and carry such burdens in order to insure the comfort and welfare of the occupants of the house.

I have not yet referred to the care of the business and letters which is invaluable. Although I always lived in good locations and had good landladies, I have vivid recollections of the mismanagement of my affairs through pressure of their own business or through ignorance and lack of promptness. One instance I particularly recall: I was out and had written on my slate on the table that I would be back at a certain hour. I returned promptly; and an hour after my return, the landlady sent up a note from a doctor who had come for me during my absence, asking me to go at once to a certain hotel. I rushed down to the landlady to ask why the note had not been left on the hall table, and the reply was "The doctor was so particular about your getting the note as soon as you came in, that I took it to my room where I was sewing with the door open, and thought I would see you pass."

Now I will say good-bye with many thanks for my very pleasant stay at the club.

Sincerely,

CHARLOTTE P. SEARCY.

# ADDRESS OF THE PRESIDENT OF THE N. Y. STATE ASSOCIATION

## MEETING HELD AT ROCHESTER IN OCTOBER

There is much on my mind that I would like to speak about to you to-day, but I realize that we have much to do and not over-much time for the accomplishing of it. I am sure you will allow me time, however, to mention a few things which I am certain will be of interest to you all, and I promise to be as brief as possible.

As a bit of encouragement, let us refer to some of the things we have brought into active operation during the past year, and some of the inspirations that have come to us.

First, our state has had splendid honor and great profit in having the annual meeting of the Associated Alumnae and Superintendents' Society meet within its borders. How full of inspiration was the meeting of the convention in New York City to those who were present—and even later to those who were not there by the published reports issued. The August number of the *American Journal of Nursing* will be instructive reading for some time to come. And who of the fortunate ones will ever forget their experience on the evening of the magnificent tribute to the mother of our profession, Florence Nightingale, at that time living, but now gone to that dear land where there are no parched lips to cool, no aching heads to bathe, no fever-racked limbs to assuage? Did it not make us all more fond of our profession to read the beautiful encomiums that were bestowed upon this "Angel of the Camps," as she was so lovingly referred to by the soldiers of the Crimean War?

It is said that Longfellow's poem, "The Lady with the Lamp," which he was inspired to write when the story was told of her work among the soldiers there, is inscribed on the statue that stands in the Nightingale home.

A lady with a lamp shall stand  
In the great history of the land,  
A noble type of good,  
Heroic womanhood.

How vivid the picture this poem presents! Some of you have had similar experiences. Does not the memory of her noble example inspire us to do the work that comes to our hand? At the grand old age of ninety years, she passed away, her name to remain among the immortals.

Since our last annual meeting, Isabel Hampton Robb, another brilliant woman of our profession, who did much, and perhaps more for the organization of nurses in this country than any other one of us, has gone to that bourn from whence no traveller returns.

It was my good fortune to attend a memorial service for Mrs.

Robb, held in New York City shortly before the national convention. A splendid tribute was paid her by the Rev. Dr. Lubeck. And thus, my sisters, we have this year had the noble lives of these two great and good women brought to our attention through their bodily deaths. Their spirits, of course, will never die. Let us emulate their nobility of character and achievements to the best of our ability.

I am glad to tell you that some good practical work has been done in New York City during the past year.

The county association has succeeded in establishing a central registry for nurses in New York, a registry which will be conducted in the interests of no particular school or *alumnæ*, but for the good of all nurses who may for the time abide in that community. We do not fear either, that this will interfere with the registries established by the various *alumnæ* associations. It may affect the commercial registry, but we are not desirous of contributing to their profits. A Central Club has also been established, the influence of which will be of the very highest and best. These two ventures are now in active operation, and we believe they will grow and be of inestimable benefit to our profession.

There are other problems for us to solve—other movements that we must carry on to completion. Some of those confronting us are knotty, and call for careful handling.

There is our relation to the State Board of Regents—whether or not state registration shall be of a character that will make the registered nurse superior in the eyes of the medical profession to one who is not registered. I am sure we are pleased that the legislative committee has succeeded in postponing any action for one year.

Then there is the medical profession itself. We must do nothing to antagonize those under whose direction we are to perform our duties. We must so carry ourselves that doctors cannot say that we are usurping their duties. We must make them feel that each branch is necessary to the other, and that at all times we are the subordinate branch.

And now, coming to our own organization, the state association—what have we before us that requires immediate attention?

There are two things, it seems to me, expansion and membership,—expansion to the end that every nurse within our borders shall become interested in the state organization and make it worthy of the great Empire State of which we are so proud. We should be enabled to send some one, qualified to set forth the advantages of organization, into every community where there is now no such organization, to bring it into more active co-operation with this organization and to cause every individual nurse too far removed to belong to a local organization to feel that the great state society is her friend and well-wisher and desires of her whatever she can give that will benefit her sister nurses; and membership to the end

that qualification of membership shall be clear to all who read our constitution and by-laws.

But more than anything else, we must have co-operation and unity of purpose, find out what shall be the greatest good for the greatest number, and give the good that is in us, not grudgingly as of necessity, but cheerfully, and let our lives be like the little poem entitled "Life's Mirror."

There are loyal hearts, there are spirits brave,  
There are souls that are pure and true,  
Then give to the world the best you have  
And the best will come back to you.

Give love, and love to your life will flow,  
A strength in its utmost need,  
Have faith, and a score of hearts will show  
Their faith in your work and deed.

Give truth, and your gift will be paid in kind,  
And honor will honor meet;  
And smile that is sweet will surely find  
A smile that is just as sweet.

Give pity and sorrow to those that mourn,  
You will gather in flowers again,  
The scattered seeds from your thought outborne  
Though the sowing seemed but vain.

For life is the mirror of king and slave  
It is just what we are and do,  
Then give to the world the best you have  
And the best will come back to you.

M. LOUISE TWISS, R. N.

---

## IN MEMORIAM—FLORENCE NIGHTINGALE

She whom we love, our Lady of Compassion,  
Can never die, for Love forbids her death.  
Love has bent down, in his old kindly fashion,  
And breathed upon her his immortal breath.

On wounded soldiers, in their anguish lying,  
Her gentle spirit shall descend like rain.  
Where the white flag with the red cross is flying,  
There shall she dwell, the vanquisher of pain.

—JOYCE KILMER.

## NEWS OF THE CLUB AND THE CLASSES

The former editor of this column, Miss Helena Earle, sailed for Jamaica on Thursday, January 5th. Prior to her departure Miss Earle and Miss Gibson gave a delightful tea to their many friends.

---

Miss Margaret Devereaux will be at her home in London, Ohio, indefinitely.

---

Miss E. Bishopric is doing Cripple School work. She has recently passed her Civil Service examination for the Board of Health.

---

We are sorry to hear of the death of Mr. Leger, Mrs. Van Wagenen's father.

---

Mrs. Helen Bishop ('09) expects to remain all winter with her patient at Dr. Ford's sanitarium, Kerhonkson, N. Y.

---

Mrs. W. S. Charles (Miss Harriet Collins, '97) of Hornell, N. Y., is visiting Mrs. George Jaeger, Maywood, N. J. Our sympathies are with Mrs. Charles in the loss of her mother.

---

Many distinguished representatives of the nursing profession bade Miss Sutcliffe "bon voyage" as she sailed for Italy January 11th.

---

Mrs. Ziegler and Miss Paisley, patients in the P. P. B., are recovering.

---

We are happy to say that Miss Helen Maher, who has been so critically ill in Paris, is now quite well.

---

Miss Margaret Collins has finished her long case and is now at the club.

---

Miss M. Palser has resigned the position of supervising nurse of the House of Relief. Her successor has not been officially appointed.

---

Miss Emma Hart is in Rome, Italy, with the Countess Guilio Senni.

Miss Florence Creighton has gone to her home in Canada for a much needed rest.

---

Miss L. V. Jones, (class '85) for many years superintendent of the Roper Hospital in Charleston, S. C., has accepted the position of assistant superintendent of the San Juan Hospital in Porto Rico. She sailed December 31st.

---

Miss Kirsten Tybjerg is in New York at 708 West End Avenue. Her sudden return from Paris was a pleasant surprise to all her friends.

---

Another agreeable surprise was the return of Mrs. M. R. Robinson after an absence of four years during which period she has been doing private nursing in Paris.

---

Miss Mary Post is doing social work for the Board of Health. Her address for the winter is 48 First Place, Brooklyn, N. Y.

---

A very interesting and profitable Bazaar was held in the Nurses' Home of the Italian Hospital on the afternoon and evening of December 5th. The proceeds, \$725, will be used for the endowment of a bed for incapacitated nurses of the Hospital Training School. Miss Florence Wright planned and supervised the fair and the exceptional success of the event was due to her personal labors. Her nurses presided at the tables and each was eager to dispose of all her wares and succeeded admirably. Refreshments were served each guest on entering by Miss Goodrich and Miss Duncan.

---

Mrs. Caroline Woodrow Schenck has taken an apartment at 8 West Ninety-eighth street and will be glad to see her friends at any time.

---

Miss C. N. Stevens ('83) is in Virginia with her sister for the winter. Her address is 2115 Chestnut Ave., Newport News, Va.

---

Four new members for the Sick Fund; we wish more of the nurses, especially the younger ones, would follow their example.

# AMENDMENTS TO CONSTITUTION AND BY-LAWS

## ARTICLE I.

SECTION 2. Omit "The initiation fee shall be two dollars, payable on election."

## ARTICLE III.

SECTION 3. Change to read, "The Recording Secretary shall keep a correct record of all meetings; order all printed matter and attend to the correspondence of the Association. She shall have custody of important papers and the seal, and shall provide a report for the annual meeting. The Corresponding Secretary shall keep a correct list of names and addresses of members and send all announcements and notices."

SEC. 4. Change—"Notify delinquent members of unpaid dues. Collect all dues," to read, "She shall collect all dues and notify members who are in arrears."

## ARTICLE VIII.

SECTION 9. To read—Members desiring benefit shall send application to the Secretary of the Sick Fund, accompanied by a certificate of illness from a physician recognized by the New York State Medical Board, etc.

## ARTICLE IX.

SECTION 3. Change to read—Any member of the Alumnae Association may become a member of the Club upon application to the Board of Trustees, through the Superintendent and payment of the annual fee. Exceptions may be made at the discretion of the Board of Trustees.

These proposed amendments will be voted upon at the March meeting.

MARTHA M. RUSSELL,  
Chairman.

## FLORENCE NIGHTINGALE

At a dinner given to the military and naval officers of the Crimean War a few months after its close, it was suggested that each guest write on a slip of paper the name of the person whose services during the late campaign would be longest remembered. When the papers were examined each bore the name of Florence Nightingale.

With the death of Miss Nightingale, the world loses not only a great spirit but one whose contributions to modern medical science many will be tempted to rank alongside those of Pasteur and Koch and Lister. Antiseptic surgery has revolutionized practice; but Florence Nightingale founded the nursing profession, and thereby made possible the great hospital of today and the present rational care of the sick.

Is it any wonder, therefore, that when the Nurses' Alumnae Association met in Carnegie Hall last May to celebrate the fiftieth anniversary of the founding of the first training school, its members cabled to Florence Nightingale that it cherished her "imperishable name and example as a guiding star in the profession?" If the general public thinks of Miss Nightingale only as a war heroine, all those who have studied nursing know that the lasting benefits of her life are to be found in nursing schools and in her writings. Her "Notes on Nursing: What It Is and What It Is Not" is still declared by historians of the nursing profession to be an "unrivalled monograph," an "immortal classic."

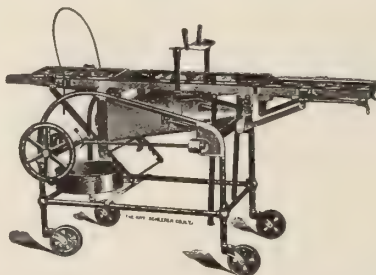
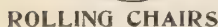
Certainly no nurse today should undertake her profession without reading this remarkable work. Every modern hospital probationer who feels that she has entered a calling above the necessity for manual labor at times should have impressed upon her Miss Nightingale's opinion:

If a nurse declines to do these things for her patient, "because it is not her business," I should say that nursing is not her calling. I have seen surgical "sisters," women whose hands were worth to them two or three guineas a week, down upon their knees scouring a room or hut, because they thought it otherwise not fit for their patients to go into. I am far from wishing nurses to scour. It is a waste of power. But I do say that these women had the true nursing calling—the good of their sick first, and second only the consideration what it was their "place" to do—and that women who wait for the housemaid to do this, or for the chorwoman to do that, when their patients are suffering, have not the making of a nurse in them.

*Copied Extracts from the Evening Post.*

ALWAYS  
READY  
FOR USE

**SEND FOR CATALOGUE**



**Complete Catalogues sent on application**

New York

[illegible]

# Special Courses for Nurses

## **IN THE SWEDISH SYSTEM OF MASSAGE** **MEDICAL AND CORRECTIVE GYMNASTICS**

(The System You Will Eventually Learn)

**Term: Three Months - - - Tuition Fee, Seventy-five Dollars**

### **COURSE IN ELECTRO-THERAPY**

**Term: Two Months - - - Tuition Fee, Twenty-five Dollars**

### **COURSE IN HYDRO-THERAPY IN ALL ITS FORMS**

**Term: Six Weeks - - - - - Tuition Fee, Thirty Dollars**

## **Second Section of Winter Classes, opens March 21, 1911**

*Spring Classes open May 23, 1911*

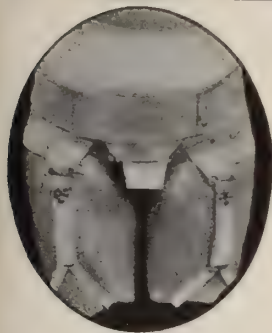
**Almost 10,000 TREATMENTS GIVEN IN 1910. No better clinical experience possible**

All courses may be commenced at the same time and finished within three months. The instruction consists of daily clinical work and practical lessons on patients referred to our clinics from the various Hospital Dispensaries. Original Swedish [Ling] System, and Weir Mitchel's Rest-Cure System. All pupils attend clinics at several city hospitals. A complete Medico-Mechanical Zander Gymnasium for treatment of patients and instruction of students. Payments can be made to suit your convenience. Application blank and illustrated booklet on Massage upon request.

**Summer Classes open July 11, 1911.**

*An early application for admission is advisable.*

**Pennsylvania Orthopaedic Institute and School of Mechano-Therapy, (Incorporated)**  
1711 Green Street, PHILADELPHIA, PA. **MAX J. WALTER, Superintendent**



## **"STORM"**

## **BINDER AND ABDOMINAL SUPPORTER**

PATENTED

*No Whalebones—No Elastic—Washable*

## **STORM SUPPORTER COMPANY**

**ANNA B. DUNCAN, R. N.**

MANAGER

Silk . . . . . \$12.00  
Linen Mesh . . 10.00  
Half Silk . . . . 8.00  
Cotton . . . . . 5.00

**1269 BROADWAY (32d Street)**

**Telephone, 6276 Madison Square**

# **The G. & M. Handy Accident Box**

A Complete Sterile Box made up by a trained nurse to meet any emergency that may arise in a home or in traveling.

The box is small and may be easily packed in a suit case or trunk. Address,

**G. & M. Handy Accident Box, Tenafly, N. J.**

AMERICA

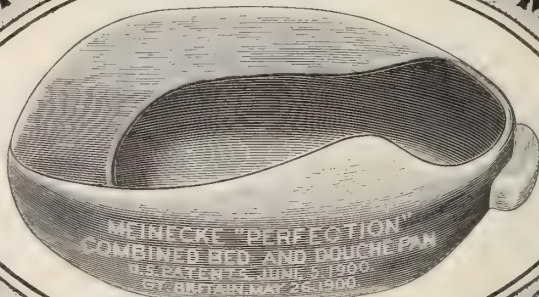
# THE BED PAN WITHOUT AN EQUAL

EUROPE

COMFORTABLE

SANITARY

## BEST FOR HOSPITAL AND SICKROOM



MEINECKE "PERFECTION"  
COMBINED BED AND DOUCHE PAN  
U.S. PATENTS, JUNE 5, 1900.  
ST. BRITAIN, MAY 26, 1900.

THE MOST COMFORTABLE  
AND SANITARY  
BED PAN IN THE WORLD

RECOMMENDED BY THE  
PROFESSIONS EVERYWHERE

THE "PERFECTION" BED AND  
DOUCHE PAN HAS BEEN ADOPTED  
BY OVER 2000 HOSPITALS  
IN THE UNITED STATES

### RETAIL PRICES

No. 1—Porcelain, Standard Size	\$2.50
No. 2—Porcelain, Small Size	2.25
No. 3—Grey Enameled, Standard Size	4.00
No. 4—White Enameled, Standard Size	4.50
No. 5—Grey Enameled, Small Size	3.50
No. 6—White Enameled, Small Size	4.25

SOLD BY LEADING DRUGGISTS  
AND DEALERS EVERYWHERE.  
INSIST ON THE "PERFECTION"  
AND ACCEPT NO SUBSTITUTE.

Sent by Express on Receipt of  
Price, Charges being Prepaid  
East of the River Mississippi.

HOSPITALS SUPPLIED  
AT WHOLESALE PRICES

EASY TO CLEAN

FITS THE BODY

AFRICA

AUSTRALIA

**MEINECKE & CO.**  
ADVANCED SPECIALTIES  
FOR  
HOSPITAL AND SICK-ROOM  
48-50 PARK PLACE  
NEW YORK, N.Y.

VOLUME 6

NUMBER 5

The  
**Alumnae News**

MARCH  
1911

# Sterilized Obstetrical Supplies

The sterilized obstetrical supplies provided by Van Horn & Sawtell for the aid and convenience of physicians and nurses are prepared with the same attention to quality, utility and sterility that are given to every product of the Van Horn & Sawtell laboratories.

To the physician and nurse such care and attention spell protection and safety.

For complete lists of obstetrical supplies, special outfits, sutures, etc. address

VAN HORN & SAWTELL  
307 Madison Avenue, New York, N. Y.

## A Non-Greasy Lubricant

needs little comment as to its superiority from every standpoint of cleanliness. The avoidance of greasy clothes and bed linen is always gratifying to the painstaking nurse, and this is only one of the many advantages that attend the use of



## K-Y Lubricating Jelly

the "perfect lubricant" for *catheters, specula, rectal and colon tubes.*

"K-Y" is water-soluble and easily rinsed from instruments, dressings and clothing without leaving the slightest stain.

"K-Y" moreover, is emollient and soothing to the skin, offering a prompt and effective means of relieving "bi-chloride rash" and kindred irritations.

A postal request will bring a liberal sample.

VAN HORN & SAWTELL  
307 MADISON AVE., NEW YORK, N. Y.

# ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

---

VOLUME VI

MARCH, 1911

No. 5

---

PUBLISHED MONTHLY, FROM NOVEMBER TO JULY.

Sent free of charge to all members of the "Alumnae Association"

to others:  $\left\{ \begin{array}{l} 50 \text{ cts. per year} \\ 10 \text{ " " copy} \end{array} \right.$

Editor—MISS L. M. WYGANT, 8 W. 92nd Street.

Business manager—MISS R. L. CROMWELL, 221 West 104th St.

Business manager (assistant) MISS A. H. MEIER.

News Editor—MISS L. O. GRAFTON, 8 W. 92nd St.

Secretary—MRS. ROGERS, Brooklyn Hospital, Brooklyn, N. Y.

---

## REPORTERS

Miss J. C. Stimson,  
Harlem Hospital

Mrs. Jameson, 200 W. 14th St.

Miss Rough, 8 W. 16th St.

" Frederick, 321 E. 15th St.

" Walton, 8 W. 16th St.

Miss Ryerson, 133 W. 140th St.

" A. B. Stewart, Bath, N. Y.  
108 E. Steuben St.


Mrs. Hosking, 8 W. 92nd St.

Miss Golding, 245 W. 14th St.

" F. Nash, 8 W. 92nd St.

" Lavinia Wood, 8 W. 92 St.

---

 It is requested that notice of change of address be sent to the Secretary as promptly as possible, so that the mailing list may be kept corrected.

---

Those who have failed to receive the "Alumnae News"—or those who desire extra copies—can be supplied by calling at the Club, or copies will be mailed on application to the Secretary.

## NOTICES

### N. Y. H. ALUMNAE MEETING

The next regular meeting of the Association will be held in the Lecture room, 8 West 16th Street on Thursday, March 9th, at 3 P. M.

---

*Dr. Francis W. Murray will be the guest of honor at this meeting and speak on "The Newer Things in Surgery."*

---

TEA.—In honor of the graduating class of 1911 a tea is to be given in the parlor of the nurses' home immediately after the close of the above meeting.—N. Y. H. TRAINING SCHOOL.

---

The graduating exercises for the class of 1911 will be held in the Administration Building of the Hospital on Thursday, March 2nd at 8 P. M. Rev. Dr. Slatterly of Grace Church, New York, will make the prayer; Dr. G. L. Peabody of the Attending Staff will make the address.

---

FUND FOR SICK NURSES.—Members of the Fund for Sick Nurses are reminded that dues should be paid before April 1st. Members in arrears on or after that date are not eligible for benefits during the current year.

---

LECTURES.—Under the auspices of the Public Health Education Committee of the American Medical Association, and the Hygiene Committee of the New York City Federation of Women's Clubs, a series of lectures is being given on the Prevention of Disease. The lectures are free, and are given at the New York Academy of Medicine, 17 West 43rd Street, on alternate Thursday afternoons and Wednesday evenings, from January 12th to March 29th. The outline is as follows: March 1st, 8.15 P. M., "Congenital and Acquired Deformities and Their Prevention;" March 9th, 3:15 P. M., "Mental Hygiene;" March 15th, 8.15 P. M., "Alcohol and Meat in Relation to Disease;" March 23rd, 3.15 P. M., "The Health of Women in Youth and Maturity;" March 29th, 8.15 P. M., "The Care of the Eyes."

(Continued on page 12.)

The following article "Our Affiliations" was contributed by a member to one of the first volumes of our magazine and is reprinted for the benefit of those about to join the ranks of graduates from our Training School, who we hope will immediately become interested and active members of the Association and its affiliations.

EDITOR.

## OUR AFFILIATIONS

Our ties as graduates of the N. Y. H. are quite strong enough to make it worth while to have an Alumnæ Association, but if we fail to realize that when we go away from the hospital with our diploma and pin we have entered on a larger world where our relations reach in various directions, we miss a great part of our birthright. The affiliations of our Association afford us the needed opportunity to keep in touch with other women who are doing similar work, but whose point of view is sufficiently dissimilar to make association with them stimulating and helpful.

The County Society represents the larger part of the nurses in the city. They hold quarterly meetings where matters of interest to all the profession are discussed. The meetings this year are to be held at the Central Club, 54 East 34th Street. We are entitled to send a delegate for every five members resident in New York County, and they only have the right to vote, although all our members are welcome at the meeting.

Our membership in the New York State Association is through the County Society, but we are entitled to nominate a delegate for every ten members. These delegates are confirmed by the County and so represent both.

The Associated Alumnæ of the United States meet annually. This Association was organized ten years ago and has been a mighty power in developing and moulding the nurses of the Country into a professional body. The Association has always been led by women whose vision has included the details of the work of caring for one patient and also the relations of our work to that of all who are working to raise the health standard of the community. The by-laws of the Association give us the right to send a delegate for every fifty members, so we are entitled to six. If a member is sent as a delegate for three successive years she becomes a permanent member. Most of the Associations avail themselves of this privilege and so have better representation and the National Association has a fairly permanent character, which greatly facilitates business.

The Associated Alumnæ is united with the national Associations of all the European countries as well as of Australia, so the

interests of our profession are joined with those of women everywhere, who are nursing the sick, and the various organizations form a strong influence for good or evil. It is the duty of every one of us to see that the branches with which we are connected stand for high ideals of womanly service.



## ALUMNAE ASSOCIATION MEETING

A meeting of the Alumnae Association was held Thursday, February 9th at 3 P. M. at the Nurses Home. After the reading of the minutes of the last meeting, the Treasurer's report was read by Miss Ada B. Stewart.

It was then voted that nominations for the State Ticket be left to the Executive Committee.

A Nominating Committee for the officers of our own Alumnae Association was then elected consisting of the following names: Miss Davis, Miss Wright, Miss Hunter, Miss Gibson, Mrs. Gillie.

It was then voted that our annual entertainment for the graduating class, consist this year of a reception and tea following the March meeting of the Association.

Mrs. Twiss then brought up the subject of our contributing as an association to the Isabel Hampton Robb Memorial Fund, and it was moved and carried that the sum of two hundred dollars be devoted to this object.

The meeting then adjourned on motion and became an informal reception in the parlor. A Mrs. Gibson, a former patient of Miss Golding's, sang several songs most delightfully. She was accompanied on the piano by her daughter and the only regret was that more of the alumnae were not present to show their appreciation of her kindness and to be charmed by her very beautiful singing. Miss Henderson's delicious refreshments were as usual much enjoyed.

JULIA C. STIMSON, R. N.

## PRIVATE NURSING

Our profession is so full of varied opportunity, that I only wish I might give expression to what I feel about it. Our work brings us into the tenement, into the hospital, into the homes of the well-to-do. In each we find enthroned that Great Leveler, Pain. It is a strange thing how all human beings are really only differentiated by a very superficial veneer of different circumstances. We all come into the world the same way; we all pass out by the same door.

Suffering and sickness seem to melt away the barriers that human beings build up around themselves. It is as though the nurse and the patient looked into each other's souls, and felt their truth. Strangers yesterday; to-day brought into peculiarly close relationship. In this relationship, a nurses every word and act will be closely weighed and criticised, therefore, "let your words be few." I know of one case where a patient raved in her delirium about a thoughtless remark made by a nurse. The remark had evidently made a great impression although the nurse did not know her words had been overheard. Just a word here about guarding well the inside history of a patient or of a family which a nurse has no more right to divulge than a priest has to betray the confidence of the confessional.

There is so much you can give over and above methodical work. Each one of you, as you go forth into the world, to use this training which has been so carefully given to you, has the chance, each time you go into the house of sickness, to make your work a ministration. We all of us have been ill one time or another in our lives, and we each of us must know what it means to feel that because they are caring for us somebody is trying to give us a little of their own health, a little of their own hope.

Of course, there are certain things which you know and I know you must do. In the first place, every nurse who has had any experience appreciates that absolute co-operation with the doctor in charge is necessary. I have heard physicians criticised about the way they treat nurses, probably some justly criticised, but I know the attitude of the nurse often helps matters. The physician will be more apt to treat you with friendliness and consideration if he feels you will accept his kindly overtures yet maintain the professional relationship.

The patient is hypersensitive to the slightest critical attitude on the part of the nurse, and if it does nothing else, such an attitude creates an atmosphere of distrust, which is certainly not a good one for any sick person.

Then, anybody who has had much illness themselves, appreciate what it means to have the nurse do her work so quietly that she is hardly noticed. Especially in surgical cases; anyone coming out of an anæsthetic has all the senses over-accentuated. I know of one woman who has repeatedly told me that it was perfect agony for her, as she came out of ether, or chloroform, to hear the rustling of the nurse's over-starched skirt as she moved about the room. Another spoke about a nurse manicuring her nails within hearing, adding that the filing of a nail had from childhood been particularly objectionable to her. Some people are peculiarly susceptible to sounds, others to odors, etc.

By a sympathetic recognition of mental distress, find out these idiosyncrasies and *endeavor to keep* the patient free from things that distress and irritate.

Of course, we are all supposed to be paragons of tact, and that isn't always easy. Generally we come into a household as an unexpected additional member. Very often it is for the head of the house that we come, and there is nobody to see that our hours or our needs are considered. There is only one thing to do—make the best of it, treat ourselves as a machine as far as the incidental and practical surroundings are concerned, and center all our interests in our patient. Our specific business in the household is to tend and care for the one who needs us, and if we put our whole heart into the work, we will have very little time left to think of petty discomforts, which after all is said and done, we shall probably have forgotten before many weeks have passed. I do not mean that we should not look out for our own interests. We all know how essential it is to have the proper amount of rest and outdoor exercise, but I do want to impress on you the importance of adapting yourselves to existing conditions—of taking your hours off duty at the convenience of the household, not your own.

Some of you may elect to do institutional work, others school or social, but no doubt many will, at one time or another, do private nursing. Whatever your selection may be, make up your mind to be happy *in* your work. "A merry heart," you know, "doeth good like a medicine." It is personality that counts, and Gladstone's prescription for many evils—"A little common sense."

What I should like to bring home to every one of you is just this: That you will be able to touch, and reach, and help, all sorts and kinds of people, and that you, each one of you, must so develop all the best instincts within you that each one of you shall be a good example of the high standard for which our training school stands.

## SOCIAL WORK

To help the helpless and in some small way smooth out the wrinkles in somebody's life has been done by many people, in many spheres and in as many different ways—and this humane interest shown by individuals or organizations, while as old as life itself, has of late been christened "SOCIAL WORK." It is nothing new—only an infant thought growing to full fruition and accomplishing such marvelously satisfactory results.

Were the writer to attempt to dwell upon all the phases of "SOCIAL WORK," it would consume more time than has been allotted; however, one important phase that must appeal strongly to the medical and nursing professions, is that carried on in some of the hospitals. The doctors and nurses in the ward care for and cure the sick, but as others are applying constantly for admission, necessarily convalescents are discharged before able to resume their usual vocations. What is the result? A discouraging and often hopeless convalescence in dismal, unhealthy, crowded homes where the urgent needs of the dependent ones often results in a return to work before able to do so, this meaning a relapse, which again necessitates hospital care. Just here the "SOCIAL SERVICE DEPT" gets in its good work. Before the patients are discharged the homes are visited by an investigator, who gives advice and assistance where needed; some patients are placed in convalescent homes or sent into the country to recuperate under more favorable environment. Incurables are placed in permanent homes; children are cared for while parents are ill in hospital; families, bereft of their only support are aided. These and many other ways of helping the unfortunate sick and those dependent on them, lies with the "SOCIAL SERVICE DEPT."

"SOCIAL WORK" in department stores has been one of rapid growth and is becoming recognized as an essential activity in a well organized corporation. One fundamental principal of the organization of which the writer is the visiting secretary is to be self-supporting and to eliminate all idea of charity, this being made a possible thing by the method of engagement. Membership in the organization is a condition of employment. The employees contribute monthly to a fund which is theirs to draw upon when ill, and if the illness prove fatal the heirs receive a sum more than ample to cover all burial expenses. This constitutes the regular work. The more important work, however, is that done through their Emergency Fund. When the visiting nurse finds cases needing expert medical advice, hospital care, medicines, surgical appliances, extra nourishing food,—all beyond their means—such are arranged for by the society. Should a patient be found too ill to be transferred to the hospital, professional nurses are engaged and

their services retained until the critical period is passed. Tubercular patients are given complete outfits when necessary, and sent to a Sanatorium or to a boarding place in the mountains until a vacancy occurs to allow of a transfer to an Institution. Incidentally, of course, comes the instruction on cleanliness of the patient and home, the careful preparation of food, and the absolute necessity of plenty of fresh air—in fact teaching the mothers and sisters, who, though *willing* and *anxious* to *do* for their own, do not know *what* to do, *how* to do it or *when*.

Connected with a doctor's office in the store is an emergency hospital, which contains four beds and all appliances incident to a dispensary or ward. Employees are treated temporarily, and a large percentage returning to duty with little loss of time. Those taken seriously ill are removed to hospitals or their homes. Cases of temporary relief average about eight hundred a month.

In conclusion, when we see this "SOCIAL SERVICE MOVEMENT" in connection with our Hospitals, The Charity Organization, The Board of Health, the Public Schools, the Churches, the Nurses Settlements, Women's Clubs, and Department Stores—what should it mean to the nurse? Just this—with their training they should be *best* fitted to do this work of directing the helpless in the right way to regain their faded health, their lost ambition, and the fact that in all these organizations mentioned we find graduate nurses the chief workers, goes to show that the professional nurse, who possesses tact, sympathy and executive ability *does* prove herself valuable in this great work.

It must be conceded that *all* nurses are not fitted to do *all* kinds of work, but when one *is* fitted for this field of energy, they certainly can prove a wonderful asset to the band of earnest workers whose remuneration may not be enormous from a standpoint of American Currency, yet whose efforts to relieve these distressing conditions must bring a reward far beyond financial calculation.

"Social work" in all its phases is a huge work which is worthy of the heartiest sympathy and support of thinking men and women, in that it lifts the depressed out of a slough of despond and places them on a solid foundation, smooths out difficult places and gives the discouraged a brighter view of life—in fact it dispenses idealized charity, by *inducing self help at the right moment*, and at the same time shielding the self-respect of the beneficiary.

## NEWS OF THE CLUB AND THE CLASSES

Miss M. E. Cruso ('98) of Coburg, Ont., and Miss Annie Hatton (1900) of Toronto have returned to New York after several years' absence, and intend to do private nursing until spring.

The resignation of Miss Florence Wright was accepted with great reluctance on the part of the Governing Board of the Italian Hospital. Miss Wright has accepted the position at Wanamaker's, which until recently was so creditably filled by Miss Annie Duncan.

Miss Amy Holmes, who has held the position of Supt. of The Mills Training School for several years, has also resigned.

Next in the order of resignations comes that of Miss R. L. Cromwell. She expects to do private nursing.

Miss Lillian Muirhead, with a friend, recently enjoyed a few days' outing at Lakewood.

Julia G. Crotty, M. D., (class '03) has been appointed interne at the Chicago Infirmary.

Miss Laura Lynch returned a few days ago. She has been at her home in Youngstown, Ohio, since June.

Miss J. L. De Freest recently spent three months in Minneapolis visiting her classmate, Mrs. Edgar Brown, (Miss H. J. Weakley) who is the proud mother of two sons and a daughter.

Miss Ada B. Stewart, accompanied by her niece was in New York for a few days, previous to sailing for Panama and the West Indies. The trip will extend over several weeks.

Mrs. MacIntyre and Miss Moss have returned to town, after having nursed the late Dr. Janeway since the beginning of his last long illness, being assisted during the last four days by Miss Cromwell.

---

### CENTRAL CLUB JOTTINGS.

Monday afternoons during January, February and March the St. Barnabas Guild holds a tea at the Central Club, 52 East 34th Street, from 3 to 6. All nurses are cordially invited.

The American Journal of Nursing held its annual meeting at the Central Club on Jan. 19th. The Club now has 393 members with enough applications to make over 400.

On Thursday, Jan. 26 from 4 to 6 in the afternoon and from 8 to 10 in the evening a reception was tended to Club members and friends. The rooms were prettily decorated with simlax and pink carnations.

(Continued from page 4.)

BALLOT.—The ballots for the Annual Elections will be found in the April number of the "News." As these are to be used for voting, each member is asked to preserve hers for that purpose.

---

The heavy mists trail low upon the sea,  
And equally the sky and ocean hide,  
As two world-wandering ships close side by side  
A moment loom and part; out o'er the lee  
One leans, and calls, "What ho!" Then fitfully  
A gust the voice confuses, and the tone  
Dies out upon the waters faint and lone,  
And each ship all the wide world seems to be.

So meet we and so part we on the land;  
A glimpse, a touch, a cry and one we go  
As lonely as one single star in space.  
Driven by a destiny none understand,  
We cross the track of one 'tween life to know,  
Then all is but the memory of a face.

ANON.

---

## MARRIAGE.

On Jan. 16, 1911, at the residence of the bride's brother, Dr. E. R. C. Earle, Maypen, Jamaica, W. I., Miss Helena Earle, and Dr. Stanley Mendez.

## BIRTH.

On Feb. 4th, 1911, to Mrs. James H. Swan (Miss Cuthbertson, class '01) a son.

## OFFICERS OF ALUMNAE ASSOCIATION 1911

### *Honorary President*

MISS IRENE H. SUTLIFFE.

### *President*

MISS JESSIE H. McVEAN, R. N.....45 E. 20th St.

### *Vice-President*

MISS FLORENCE M. JOHNSON, R. N.....129 E. 17th St.

### *Recording Secretary*

MISS ANNIE B. DUNCAN, R. N.....146 Madison Avenue

### *Corresponding Secretary*

MRS. M. L. ROGERS, R. N.....Brooklyn Hospital

### *Treasurer*

MISS MARTHA M. RUSSELL, R. N.....447 West 59th Street

### *Trustees*

MRS. C. V. TWISS, R. N.....419 West 144th Street

MISS L. O. GRAFTON, R. N.....8 West 92nd Street

MISS E. LINDGREN, R. N.....210 E. 17th Street

MRS. W. PURMAN, R. N.....8 West 16th Street

MRS. E. J. HOSKING, R. N.....8 West 92nd Street

---

## FUND FOR SICK NURSES.

### *Secretary and Treasurer*

MISS JENNIE M. WHITELAW,  
P. O. Box 113, Brooklyn, N. Y.

---

## BOARD OF TRUSTEES.

### *Chairman*

MISS A. B. DUNCAN

### *Secretary*

MRS. M. L. ROGERS

## STANDING COMMITTEES.

### *Executive*

MRS. TWISS

MISS McVEAN

MISS JOHNSON

### *Credential*

MRS. ROGERS

MRS. PURMAN

MRS. HOSKING

### *Finance*

MISS RUSSELL

MISS LINDGREN

MISS GRAFTON

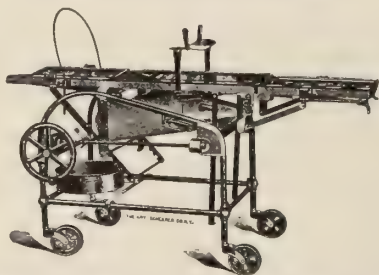
ALWAYS  
READY  
FOR USE

**RECORD SYRINGES** made in a variety of sizes

**SEND FOR CATALOGUE**



## ROLLING CHAIRS



## SICK ROOM SUPPLIES

## SURGICAL FURNITURE AND STERILIZERS

**Complete Catalogues sent on application**

THE KNY-SCHEERER CO.

404 West 27th Street

New York

[illegible]

# **Special Courses for Nurses**

## **IN THE SWEDISH SYSTEM OF MASSAGE**

### **MEDICAL AND CORRECTIVE GYMNASTICS**

(The System You Will Eventually Learn)

Term: Three Months - - - Tuition Fee, Seventy-five Dollars

### **COURSE IN ELECTRO-THERAPY**

Term: Two Months - - - Tuition Fee, Twenty-five Dollars

### **COURSE IN HYDRO-THERAPY IN ALL ITS FORMS**

Term: Six Weeks - - - - - Tuition Fee, Thirty Dollars

## **Second Section of Winter Classes opens March 21, 1911**

*Spring Classes open May 23, 1911*

**Almost 10,000 TREATMENTS GIVEN IN 1910. No better clinical experience possible**

All courses may be commenced at the same time and finished within three months. The instruction consists of daily clinical work and practical lessons on patients referred to our clinics from the various Hospital Dispensaries. Original Swedish [Ling] System, and Weir Mitchel's Rest-Cure System. All pupils attend clinics at several city hospitals. A complete Medico-Mechanical Zander Gymnasium for treatment of patients and instruction of students. Payments can be made to suit your convenience. Application blank and illustrated booklet on Massage upon request.

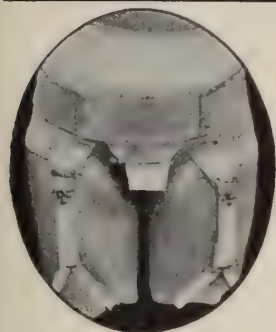
*Summer Classes open July 11, 1911.*

*An early application for admission is advisable.*

**Pennsylvania Orthopaedic Institute and School of Mechano-Therapy, (Incorporated)**

1711 Green Street, PHILADELPHIA, PA.

MAX J. WALTER, Superintendent



## **“STORM”**

## **BINDER AND ABDOMINAL SUPPORTER**

PATENTED

*No Whalebones—No Elastic—Washable*

## **STORM SUPPORTER COMPANY**

ANNA B. DUNCAN, R. N.

MANAGER

Silk . . . . . \$12.00

Linen Mesh . . 10.00

Half Silk . . . 8.00

Cotton . . . . . 5.00

1269 BROADWAY (32d Street)

Telephone, 6276 Madison Square

## **MME. PRINGLE** **Gowns**

147 EAST 54TH STREET

NEW YORK

# ADVANCED SPECIALTIES FOR SICK-ROOM AND HOSPITAL

## A GUARANTEED THERMOMETER IN A SANITARY CASE

*Meinecke*

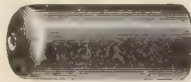
### "Progress" Clinical Thermometer

With Triangular Top

One Minute

Magnifying Front

4 Inches Long



THERMOMETER PATENTED

AUGUST 2, 1904.

PATENT APPLIED FOR ON CASE



#### The Sanitary Case

The Case is provided with a screw cap at each end.

Both caps are partly filled with cotton to protect the Thermometer, and the cotton can readily be removed and replenished, which cannot be done with the old-style cases without great trouble.

Each cap is perforated at the end, through which a pin can be inserted to aid in easily removing the cotton.

#### → Two Good Points ←

Two Arrows on the Mercury Line of the Thermometer ingeniously assist in gauging the focus and finding the Mercury.

#### A Useful ▲ Triangle

A triangular knob forms the top or crown of the "Progress" Thermometer. This permits of a firm grip when shaking down the mercury. It not only permits of a full swing, thereby causing the mercury to be thrown back easily, but also prevents the Thermometer from slipping out of the hand.

The saving thus effected in breakage alone makes the "Progress" the best Thermometer.

The triangular knob also prevents the Thermometer from rolling. When resting on the knob the Thermometer is slightly elevated, and it is therefore more easily picked up than the old-style Thermometers.

Disinfect your Thermometer all you please,  
if you use the old-style case, with its cotton swarming with disease germs, you  
will help spread disease.

Retail Price, . . . . . \$1.25 Each

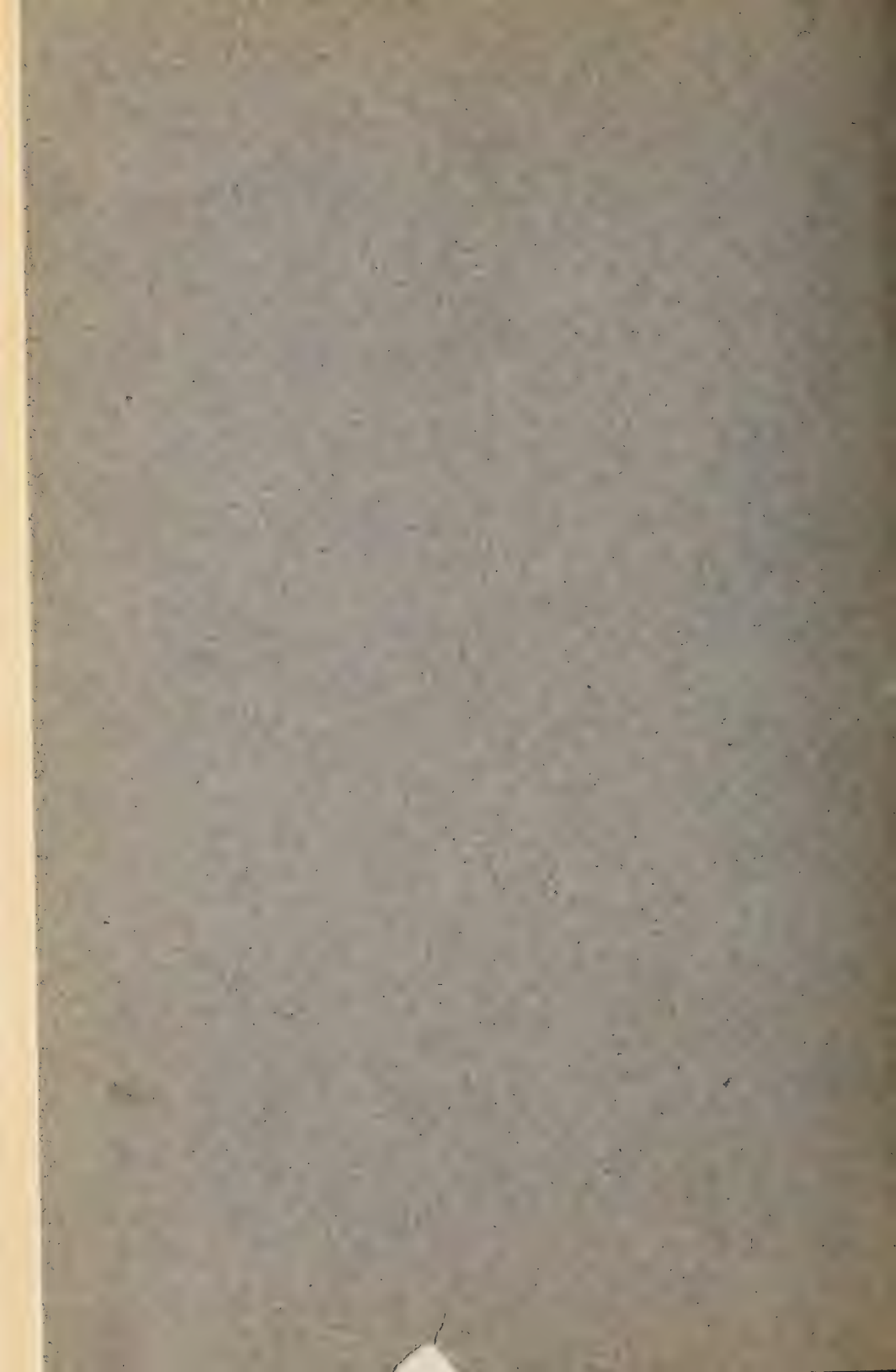
Special Price to Physicians and Nurses, \$1.00

Hospitals and Sanatoriums Supplied at Wholesale Prices

# MEINECKE & COMPANY, NEW YORK

THE  
ALUMNAE NEWS





# ALUMNAE ASSOCIATION

## New York Hospital Training School Annual Meeting

### Wednesday, April 12th, 1911.

To vote for any candidate on the ballot make a cross **X** mark in the square at the left of her name; or the voter may write in, under the respective offices, the names of any persons for whom she desires to vote for such offices, if such names are not already printed on the following ballot.

For President, vote for 1	For Secretary, vote for 1	For Treasurer, vote for 1
Miss Jessie H. McVean, R. N.	Miss Julia C. Stimson, R. N.	Miss E. E. Golding, R. N.
Miss Agnes Houston, R. N.	Miss Lena Skuse, R. N.	Miss Pencheon, R. N.
For Vice-Pres., vote for 1	For Cor. Sec'y, vote for 1	For Trustees, vote for 3
Miss Florence M. Johnson, R. N.	Miss Juanita Woods, R. N.	Miss L. E. Anderson, R. N.
		Miss Lucy O. Grafton, R. N.
		Miss Anna Reutinger, R. N.
Mrs. Alex Torelli	Miss E. S. Johnson, R. N.	Miss M. H. Jordan, R. N.
		Miss Elizabeth Price, R. N.
		Miss Helena R. Stewart, R. N.

Signature .....

## THE BALLOT.

Please detach this page, and, if unable to be at the Annual Meeting, mark the Ballot [see other side of this page] and send, before Wednesday, April 12th, 1911, to the Secretary,

MISS A. B. DUNCAN,  
146 Madison Avenue,  
New York City.

N. B.—It would be well to write "Ballot" on the outside of the envelope for the convenience of the Secretary.

# ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

---

VOLUME VI

APRIL, 1911

No. 6

---

**PUBLISHED MONTHLY, FROM NOVEMBER TO JULY.**

**Sent free of charge to all members of the "Alumnae Association"**

to others:  $\left\{ \begin{array}{l} 50 \text{ cts. per year} \\ 10 \text{ " " copy} \end{array} \right.$

Editor—MISS L. M. WYGANT, 8 W. 92nd Street.

Business manager—MISS R. L. CROMWELL, 221 West 104th St.

Business manager (assistant) MISS A. H. MEIER.

News Editor—MISS L. O. GRAFTON, 8 W. 92nd St.

Secretary—MRS. ROGERS, Brooklyn Hospital, Brooklyn, N. Y.

---

## REPORTERS

Miss J. C. Stimson,  
Harlem Hospital

Mrs. Jameson, 200 W. 14th St.

Miss Rough, 8 W. 16th St.

" Frederick, 321 E. 15th St.

" Walton, 8 W. 16th St.

Miss Ryerson, 133 W. 140th St.

" A. B. Stewart, Bath, N. Y.  
108 E. Steuben St.


Mrs. Hosking, 8 W. 92nd St.

Miss Golding, 245 W. 14th St.

" F. Nash, 8 W. 92nd St.

" Lavinia Wood, 8 W. 92 St.

---

 It is requested that notice of change of address be sent to the Secretary as promptly as possible, so that the mailing list may be kept corrected.

---

Those who have failed to receive the "Alumnae News"—or those who desire extra copies—can be supplied by calling at the Club, or copies will be mailed on application to the Secretary.

## NOTICES

### N. Y. H. ALUMNAE MEETING.

The annual meeting of the Association will be held in the Lecture Room, 8 West 16th Street, on Wednesday, April 12th, at 3 p. m.

Please keep the ballots found in this issue for voting purposes.

### COUNTY SOCIETY.

The quarterly meeting of the N. Y. County Nurses' Association will be held at the Central Club, 54 East 34th Street on Tuesday, April 4th at 8 p. m.

### FUND FOR SICK NURSES.

Members of the Fund for Sick Nurses are reminded that dues should be paid before April 1st. Members in arrears on or after that date are not eligible for benefits during the coming year.

### THEATRE TICKETS.

Those wishing the advantage of theatre tickets for a small price would do well to become members of The Wage Earners' Theatre League. The membership fee is small and good seats for many (not all) of the theatres may be obtained in this way. For further particulars inquire of Miss Dwight at the Club.

### EXCURSION.

Any who would like to join the party visiting Colgate's factory on Thursday, April 20th, at 1:45 p. m. communicate with Miss Farquhar, 54 East 34th Street, before that date that she may make arrangements. The number of the party is unlimited.

### SPECIAL COURSE.

A four months' course in Institutional Management is now offered to our graduates; the dates of admission are January first, May first and September first. At the completion of the course a certificate will be awarded. The students must provide their own sleeping accommodations outside, but may take their meals at the hospital; the tuition is free. The course includes instruction in office work, as well as in all the other departments, and is intended to be of practical benefit to those nurses who intend to do institutional work. In a two years' course of nursing and where all the positions of responsibility are filled by graduates, it is impossible to give the pupil nurses either instruction or experience in institutional management, and this course has been planned particularly to meet the defect. We want our graduates to take responsible positions and to stand at the head of the profession, and we believe that this course will help the nurses in that direction.

## ALUMNAE MEETING

The regular monthly meeting of the Alumnae Association was held March 9th at the Nurses Home. At the short business meeting which preceded Dr. Murray's address, the changes of the by-laws, which have been under consideration for some time, were passed.

The most important part of the afternoon was the reception which the Alumnae Association gave to the graduating class. Dr. Murray made an address on "The Newer Things in Surgery," which was extremely interesting. He gave a little history of the advance of ideas in the treatment of surgical conditions and called attention to the many new methods now employed in the care of modern surgical cases.

The Entertainment Committee deserves great praise for the splendid results of their efforts. The parlors looked most attractive, and the music and refreshments could not have been better. A large number of nurses were present. It is hoped that the new nurses felt themselves warmly welcomed into the Alumnae Association, and that they will be glad to add their strength to ours, to help us continue to earn the reputation for being a strong, active, useful body in the community.

—Julia C. Stimson, R. N.

---

## THE PERSONAL ELEMENT OF A NURSE'S TRAINING.

By Harriet Leck,

Kansas City, Mo., General Hospital.

Ideal nursing involves no great feat, no daring deeds of heroism, but demands that the nurse live each day, "the golden rule of life."

There are two types of trained nurses. One rigidly adheres to the path of duty and exhibits her loyalty to the methods taught by her Alma Mater, regardless of any personalities. Of this type a patient once said, "Miss C—— is a splendid nurse. She does everything well, but she gives me hardly a thought aside from any disease and I did miss the lack of personal interest." We admire nurses of this type as one admires a statue, but she is not our ideal.

The other nurse is just as thorough; duty to her patient is always first; she has love for her profession and the love for Christ and humanity, also, so that she has tenderness and sympathy which lessen pain and suffering and looking out beyond and above the narrowing confines of professionalism. She is a friend and comforter to every patient, and is the ideal nurse.

It is well for nurses and for those who train them to have a

high ideal, for we are prone in our earnestness and enthusiasm in our profession to become so absorbed in the detail and technique of the daily routine that we forget some of the large things in the development of our profession.

Is the doctor who is merely a doctor, the lawyer who is merely a lawyer, or the nurse who is merely a nurse, a potent factor in the betterment of his fellowmen? No; they are mere machines, fallen far below the ideal set by their Creator. If we do not wish to hear the criticism that the nursing profession is becoming slack, that nurses do so many indiscreet, unwise and frivolous things, we must be keenly alert, at all times, to observe the niceties and delicacies of conduct in our profession.

The keen observer, noting the trend of thought, realizes that the relation between many nurses and patients is not ideal.

The nurse has reached the conclusion that the patient expects too much of her in the way of manual labor; she is a servant, she must submit to any inconvenience and be unreasonably deprived of sleep and rest.

The patient complains that the nurse pries into her personal affairs and talks too much about the affairs of her last patient. This gives the inevitable idea that the nurse will be equally indiscreet as to the personal and confidential matters in conversation with succeeding patients. The complaint is also made that the nurse is in no way willing to help the patient out in cases of household emergency, such as the servant leaving suddenly, etc.

It is maintained that it is an imposition upon a nurse to expect her to perform any of the duties of a servant beyond those of her own profession; but, on the other hand, there should be nothing—absolutely nothing—that she would not be willing and ready to do for the good and comfort of the mind or body of her patient.

One of our prominent surgeons has said that a nurse should have as much the bearing of a lady in the home into which she goes as has the wife in that home. She must meet the husband's highest ideal of a woman as well as all the requirements of the wife, and that she cannot afford to be guilty of any frivolities or indiscretions at any time in that home.

But let us look into the training school from which the nurse emanates. It is needless to say that much of the esprit du corps, the standard of ideals, and the moral tone of the training school must largely be in the hands of the superintendent.

If she is a woman of deep sincerity and of lofty zeal in her profession, as well as of forceful earnestness of character, she will impress upon her nurses the vestiges of these same traits. And at this point, we who are superintendents of training schools, may well ask ourselves the question whether we have thus far measured up to the high standard of excellence which we should have set for ourselves.

How can we expect our nurses to be a credit to us if we do not impress them, not once a year, not at the time of graduation only, but each and every day of their time spent in the school, with learning to look at the higher things of life in order to counteract the depressing effect of constant association with the abnormal, the weak, and the hysterical, and teaching them, as Amiel tells us, "Never to tire; never to grow cold; to be patient, sympathetic, tender; to look for the budding flower and the opening heart; to hope always, like God; to love always—this is duty."

How often do we, in endeavoring to lead young nurses into correct habits, counteract and destroy the effect of all our teaching by carelessness or inadvertance on our part.

The training school bears the same relation to the nurse's professional life as the home does to a child's natural life. If the nurse is allowed to be indifferent, careless and unprofessional toward the doctor and the patient in their training, can we expect her to form other habits when she is away from home? "Example is greater than precept" is a rule that we sometimes forget in dealing with our family of nurses.

The superintendent should be an example in dignity—a sweet and gentle dignity so much needed in the sick room, and at the same time cultivate that deft and unobtrusive readiness and solicitude that is the charm of a true nurse.

She should be an inspiration to her pupils, leading them to realize that the profession which they are learning to follow is one of the noblest and highest possible; helping them to see that each individual has the power to make the profession more or less noble and that whatever one does to advance the cause for which she

nurses so firmly that it cannot be removed, no matter what the circumstances and environment they may meet after they have gone out from us?

Someone has said that "the nursing profession is not a stepping stone towards acquiring a fortune or even fame—but is a boundless sphere for doing good in the Master's own way." Do we, as teachers in this work, impress this lesson by both example and precept, and point them daily to what Drummond tells us is the "Greatest thing in the world"—love—analyzed by Paul as patience, kindness, generosity, humility, courtesy, unselfishness, good temper, gentleness, sincerity.

May we not elevate our own thought and that of our nurses by keeping before us and them the thought of Elizabeth Barrett Browning:

"The sweetest lives are those to duty and  
Whose deeds both great and small  
Are close—kind strands of an unbroken thread  
Where love ennobles all.  
The world may sound no trumpets, ring no bell  
The Book of Life the shining record tell  
Thy love shall chant its own beatitudes  
After its own life working—a child's kiss  
Set on thy sighing lips shall make thee glad;  
A poor man served by thee shall make thee rich;  
A sick man helped by thee shall make thee strong;  
Thou shalt be served thyself by every sense  
Of service which thou renderest."

## NEWS OF THE CLUB AND THE CLASSES

The graduating class of 1911 wish to extend to the Alumni their heartfelt appreciation and thanks for the most delightful reception given in their honor last week.

Miss Whitehead has resigned her position at the N. Y. H.

Mrs. Purman has resigned her position in Ward O and has accepted the position of Superintendent of Nurses of the Paterson General Hospital.

Miss Florence Johnson is doing Social Service work at Harlem Hospital.

Mrs. Andia, Miss Dean, Miss Pencheon, Miss A. Riddell, Miss Hunter, Miss A. Stewart, Miss C. C. Thompson, class of 1911, have taken an apartment at 170 West 85th Street.

Miss Lynch is a patient on the 4th floor, P. P. B.

We had a very pleasant visit from Mrs. Reid (Miss Rose Thompson) on March 12th, who with Mrs. Peck poured tea for the graduates reception.

Drs. Michailovsky, Wilkinson, Crouse, Monroe and Layton have all been ill. We are very glad that Dr. Monroe is well enough to take a trip to Bermuda.

Miss Walton spent a few days in Toronto recently.

Miss Sayers has resigned her position at Hudson Street and has been for several weeks in the N. Y. H.

Miss Powell who has been home for several months has returned to the city to take the position of head nurse at Hudson Street Hospital.

Mrs. Morse who has been at her home in Toronto for the past eighth months has started her duties in the Social Service work at Gouverneur Hospital.

Miss Margaret Wilson who has been ill for some time has left for her home in Toronto for an extended rest. At present Miss Wilkinson is in charge of the 6th floor.

Miss Charlotte Joffret and Miss M. Wilsey spent a few days at Atlantic City recently.

Miss Riddell has resigned her position as clerical assistant, on Miss Henderson's staff. She and Miss Rough spent ten day at Atlantic City.

Miss McCrae has accepted the position formerly occupied by Miss Riddell.

Miss Meier has been away on a week's vacation and Miss Wood of Ward H has had a vacation of two weeks.

Mrs. Thos. Rothwell (Miss Jeannette Smith) is spending a month in Florida.

Miss Amy Holmes sailed on March 13th to take charge of the nursing department in the American Hospital in Paris, France. It will make it pleasant for her having Dr. Wing, one of our former N. Y. H. staff, as superintendent.

Dr. Bolling is physician in charge at Wanamaker's.

Mrs. Stanley Mendez's address is 14½ Retirement Road, Kingston, Jamaica, West Indies. Our thoughts will often go out to her in her home in the tropics.

Mrs. Allen T. Hill's (nee Hornibrook) address is 329 East Forsyth Street, Jacksonville, Florida. We extend our best wishes for every happiness in this new home.

Miss Florence Young gave a very pleasurable tea on February 28th at which time her friends were apprised that she was leaving the Hospital where she has been on duty for the past four years and has gone to her home in Toronto where her marriage will occur in the near future. We wish her every happiness.

Miss Olcott, class '10, has gone to Hudson Street Hospital as supervising night nurse.

Miss Montague has had a severe attack of "Grippe." She has gone to Long Island to recuperate.

Miss Berrian, class '10, has gone to Bermuda for a six weeks' trip with Miss Morgan.

Miss McGee, '10, is in charge of Dr. Dillard's private sanitarium, Lynchburg, Va.

Miss Bercroft, '10, who is on the staff at Campbell Cottage, is down at the N. Y. Hospital caring for her mother, who has been quite ill. Miss Lawrence is substituting for her.

The Misses Allen, Greene, Fairguire, McMillan, Brock, and Harper, '10, have taken a much larger apartment in the Schuyler Arms, 98th Street near Riverside Drive.

Miss McMillan, '10, who has been at her home in Guelph, Canada, since last August, has returned to New York and is doing private nursing.

Miss Gunten, '10, has accepted the position of assistant in the public operating rooms; every one was delighted to have her back in the hospital again.

Miss F. Barber, '11, has been out at The Brownery for two weeks.

Miss Mable Tom, '09, has just returned from Washington where she has been with a patient.

Miss Lillian Wilson, '09, has gone to her home in London, Canada, for a two weeks rest.

Miss Mary Grayson, '10, resigned her position at Tennessee Hospital and is doing private nursing in Baltimore.

## GRADUATING EXERCISES

The class of 1911 held its graduating exercises on the evening of the second of March. Mr. Howard Townsend presided, Mr. George L. Rives, the President of the Board of Governors, being absent. The exercises were opened with a prayer offered by Dr. Slatterly, Rector of Grace Church, and Dr. George L. Peabody then gave the nurses of the graduating class an interesting and instructive address. It was a pleasure to have him for the speaker, as the nurses have no better friend than Dr. Peabody. After the graduation there was a dance in the reception room, where the floor was never in better condition, the music never better, nor the flowers more beautiful. As usual, the supper which was served in the nurses' dining-room, was most dainty and attractive. The nurses of the graduating class are as follows:

### GRADUATING CLASS.

CLARA MCCURDY ANDIA	ELSIE MARGUERITE JESSUP
JANE WOOLLEY ATWATER	EDITH SARAH MIGNON KERR
ELIZABETH ALICE BALDWIN	CLARE KIRBY
FRANCES ELLEN BARBER	MURIEL BIGELOW KOYL
MARTHA EDITH BLAKE	OLIVE GERTRUDE LEY
FOREST BELLE BOYER	GLADYS STEELE NICHOLSON
MARY ALICE JUDSON CRAMER	SARAH EDNA POWELL
RACHEL LOUISE DEACON	ANNA THEODOSIA RATHBUN
ELIZABETH ANN DEAN	FANNY ALBERTA REESOR
LAURA GAYLE EICHBAUM	FLORENCE MADELINE REID
DIVINA OTWAY FERGUSON	EDITH STEWART REINHARDT
BELLE FRANCIS	ANNA LURA RIDDELL
WINIFRED FRASER	BERTHA HORNCastle RUDDOCK
MARY ALICE GARRARD	OLIVE VAN CORTLANDT SECORD
MABEL EMORY HITCHCOCK	GERTRUDE MAUD SMAILL
MARTHA MILDRED MARIA	AGATHA STEWART
HUNTER	CATHERINE THOMPSON
MARY LILLIAN JEFFERS	ETHEL HAMILTON WILSON

---

### MARRIAGE.

On February 22nd, 1911, at the Church of Transfiguration in New York City, Miss Eileen Louise Hornibrook to Mr. Allen Thurman Hill.

### DEATH.

On February 13th, 1911, in Alleghany, Pa., where she had been confined by ill-health for some years, Miss C. P. Covert (class of '87).

### BIRTHS.

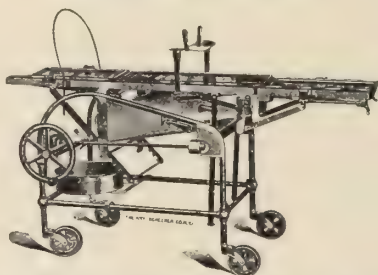
To Dr. and Mrs. Farr, February 24th, 1911, a daughter, Helen.  
To Dr. and Mrs. Foucar, a son.

ALWAYS  
READY  
FOR USE

**SEND FOR CATALOGUE**



## ROLLING CHAIRS



## SICK ROOM SUPPLIES

**Complete Catalogues sent on application**

404 West 27th Street

New York

BORDEN'S MALTED MILK  
THE BEST THAT SCIENCE CAN PRODUCE

FREE FROM STARCH AND CANE SUGAR  
IT HAS NO EQUAL

Sheet No. \_\_\_\_\_ Name \_\_\_\_\_  
Address \_\_\_\_\_ Date \_\_\_\_\_  
Diagnosis \_\_\_\_\_ Nurse \_\_\_\_\_

Date \_\_\_\_\_ Day of Disease \_\_\_\_\_ Hour \_\_\_\_\_

**Nurses' Temperature Charts**

**ACKNOWLEDGED THE BEST**

Size, 12 inches by 11½ inches, 25 sheets to the pad.  
Price, 20c. per pad, postpaid.

**ALSO BEDSIDE CHARTS**

Same size as above, 50 sheets to the pad.  
Price 20c. per pad, postpaid.

**Extra Fine Quality Paper. Write for Sample Sheets.**

Convenient, Durable, Folding Cloth Cover  
for these pads, 4c. extra.

Malted Milk Department.  
**BORDEN'S CONDENSED MILK CO.,**  
108 Hudson St. New York.

Pulse \_\_\_\_\_  
Temp \_\_\_\_\_  
Stimulation \_\_\_\_\_  
Mental state \_\_\_\_\_  
Breath \_\_\_\_\_  
Expectorations \_\_\_\_\_  
Urine \_\_\_\_\_  
Food \_\_\_\_\_  
Sleep \_\_\_\_\_

STANDARD PATENTED

# The American Journal of Nursing

IS A MONTHLY MAGAZINE

The Subscription Price is two dollars a year, payable in advance; single copies, twenty-five cents; foreign copies, five cents a copy additional.

**Official Organ.** This Journal is the official organ of the eleven largest and most important nursing organizations in the country, viz.:

The American Society of Superintendents of Training-Schools for Nurses.

The Nurses' Associated Alumnae of the United States.

The International Council of Nurses.

The Hospital Economics Association.

The New York State Nurses' Association.

The Graduate Nurses' Association of Connecticut.

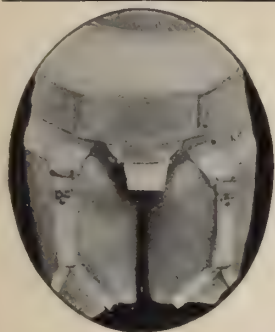
The Massachusetts State Nurses' Association.

The Graduate Nurses' Association of New Hampshire.

The Texas State Nurses' Association.

The Wisconsin Association of Graduate Nurses.

The Ohio State Nurses' Association.



## "STORM" BINDER AND ABDOMINAL SUPPORTER

PATENTED

*No Whalebones—No Elastic—Washable*

### STORM SUPPORTER COMPANY

ANNA B. DUNCAN, R. N.

MANAGER

Silk . . . . . \$12.00

Linen Mesh . . . 10.00

Half Silk . . . . 8.00

Cotton . . . . . 5.00

1269 BROADWAY (32d Street)

Telephone, 6276 Madison Square

# The G. & M. Handy Accident Box

A Complete Sterile Box made up by a trained nurse to meet any emergency that may arise in a home or in traveling.

The box is small and may be easily packed in a suit case or trunk. Address,

## G. & M. Handy Accident Box, Tenafly, N. J.

ADVANCED SPECIALTIES FOR  
SICKROOM AND HOSPITAL.

"MEINECKE"

TRADE

**SIMPLEX**  
**SANITARY**

MARK

## PAPER SPUTUM CUP

With Hinged Cardboard Cover which Closes Automatically

A NEW CUP AND COVER TO BE USED DAILY AND  
TO BE BURNED WITH CONTENTS



The "SIMPLEX" Is the Most Practical and  
Best Paper Sputum Cup on the Market

### SIX REASONS WHY

- 1.—It is already folded into shape for immediate use.
- 2.—Each Cup has a cardboard cover, attached with a paper hinge, and both Cup and cover are burned after being in use a day.
- 3.—The cover is easily and quickly raised, and closes automatically.
- 4.—The Cup having no flanges, allows free entrance of sputum.
- 5.—It is made of heavy manila, waterproof paper, which, being light in color, facilitates ready examination of the sputum.
- 6.—It has a neat wire holder, which is easily kept clean.

### RETAIL PRICES

25 CENTS PER PACKAGE OF 10 CUPS AND COVERS

5 PACKAGES (50 Cups and Covers) FOR \$1.00

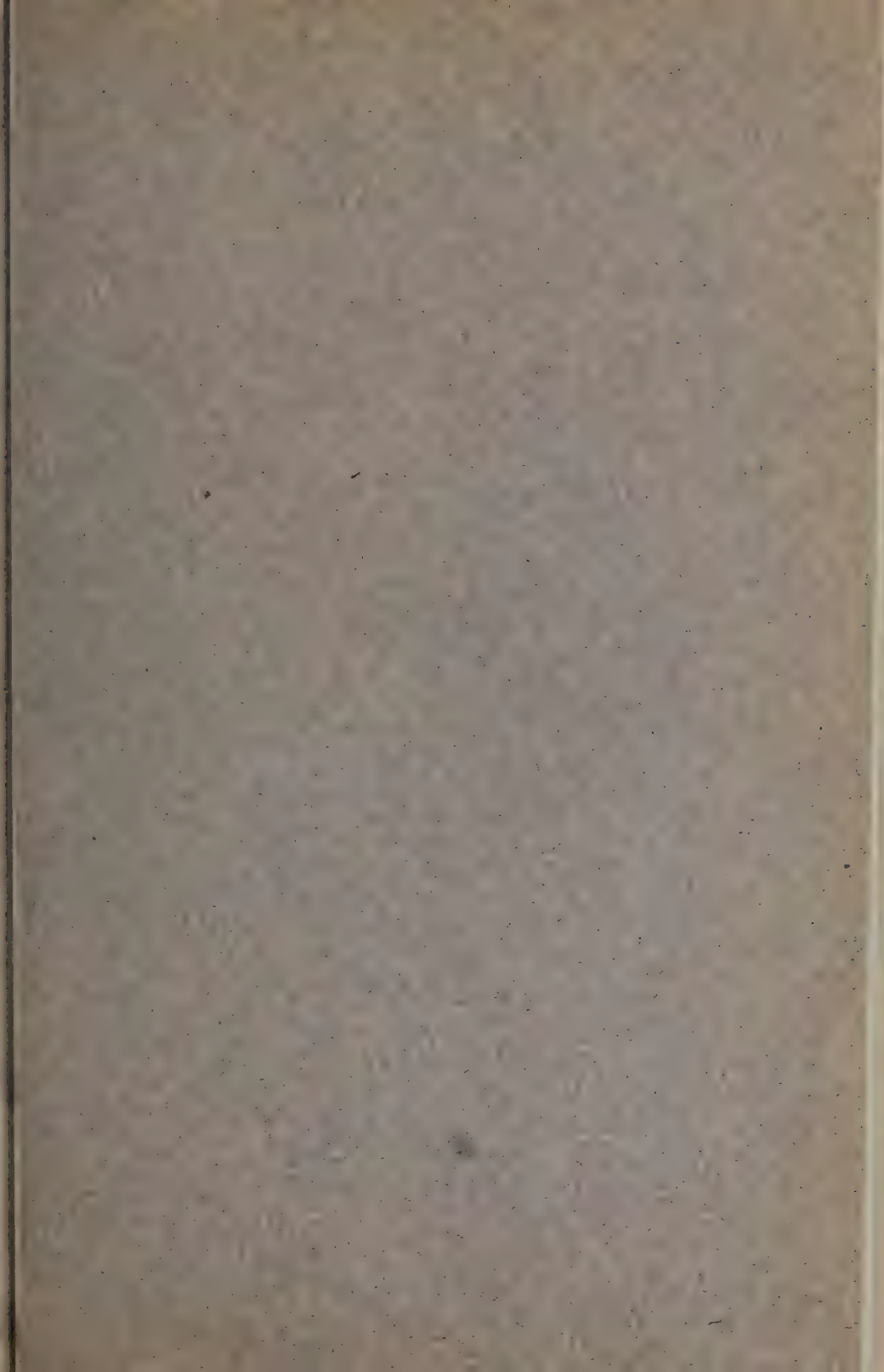
WIRE HOLDERS 10 CENTS EACH

*One Holder will do for a Hundred or more Cups*

SPECIAL PRICES MADE TO HOSPITALS AND SANATORIUMS

Sample Package of Cups sent by mail, prepaid, for 25c and Holder for 10c.—Stamps or Currency

**MEINECKE & COMPANY**  
**48-50 PARK PLACE NEW YORK**





THE  
ALUMNAE NEWS



Vol. 6.

MAY, 1911

No. 7



# ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

---

VOLUME VI

MAY, 1911

No. 7

---

PUBLISHED MONTHLY, FROM NOVEMBER TO JULY.

Sent free of charge to all members of the "Alumnae Association"

to others: { 50 cts. per year  
              { 10 " " " copy

Editor—MISS L. M. WYGANT, 8 W. 92nd Street.

Business Manager—MRS. W. C. GILLEY, 176 West 81st St.

Business manager (assistant) MISS A. H. MEIER.

News Editor—MISS L. O. GRAFTON, 8 W. 92nd St.

Secretary—MRS. ROGERS, Brooklyn Hospital, Brooklyn, N. Y.

---

## REPORTERS

Miss J. C. Stimson,  
Harlem Hospital

Mrs. Jameson, 200 W. 14th St.

Miss Rough, 8 W. 16th St.

" Frederick, 321 E. 15th St.

" Walton, 8 W. 16th St.

Miss Ryerson, 321 E. 15th St.

" A. B. Stewart, Bath, N. Y.  
108 E. Steuben St.


Mrs. Hosking, 8 W. 92nd St.

Miss Golding, 245 W. 14th St.

" F. Nash, 8 W. 92nd St.

" Lavinia Wood, 8 W. 92 St.

---

 It is requested that notice of change of address be sent to the Secretary as promptly as possible, so that the mailing list may be kept corrected.

---

Those who have failed to receive the "Alumnae News"—or those who desire extra copies—can be supplied by calling at the Club, or copies will be mailed on application to the Secretary.

# Sterilized Obstetrical Supplies

The sterilized obstetrical supplies provided by Van Horn & Sawtell for the aid and convenience of physicians and nurses are prepared with the same attention to quality, utility and sterility that are given to every product of the Van Horn & Sawtell laboratories.

To the physician and nurse such care and attention spell protection and safety.

For complete lists of obstetrical supplies, special outfits, sutures, etc. address

VAN HORN & SAWTELL  
307 Madison Avenue, New York, N. Y.

## A Non-Greasy Lubricant

needs little comment as to its superiority from every standpoint of cleanliness. The avoidance of greasy clothes and bed linen is always gratifying to the painstaking nurse, and this is only one of the many advantages that attend the use of



## K-Y Lubricating Jelly

the "perfect lubricant" for *catheters, specula, rectal and colon tubes.*

"K-Y" is water-soluble and easily rinsed from instruments, dressings and clothing without leaving the slightest stain.

"K-Y" moreover, is emollient and soothing to the skin, offering a prompt and effective means of relieving "bi-chloride rash" and kindred irritations.

A postal request will bring a liberal sample.

VAN HORN & SAWTELL  
307 MADISON AVE., NEW YORK, N. Y.

# OFFICERS OF ALUMNAE ASSOCIATION 1911

## *Honorary President*

MISS IRENE H. SUTLIFFE.

## *President*

MISS JESSIE H. McVEAN, R. N.....333 E. 17th St.

## *Vice-President*

MISS FLORENCE M. JOHNSON, R. N.....129 E. 17th St.

## *Recording Secretary*

MISS JULIA C. STIMSON, R. N.....Harlem Hospital

## *Corresponding Secretary*

MISS E. S. JOHNSON, R. N.....245 W. 14th Street

## *Treasurer*

MISS M. V. POST, R. N.....8 W. 92nd Street

## *Trustees*

MRS. M. L. ROGERS, R. N.....Brooklyn Hospital

MISS L. E. ANDERSON, R. N.....109 Greene Ave., Brooklyn

MISS E. LINDGREN, R. N.....214 E. 17th Street

MISS H. R. STEWART, R. N.....8 West 92nd Street

MRS. E. J. HOSKING, R. N.....8 West 92nd Street

---

## FUND FOR SICK NURSES.

### *Secretary and Treasurer*

MISS JENNIE M. WHITELAW,  
P. O. Box 113, Brooklyn, N. Y.

---

## BOARD OF TRUSTEES.

### *Chairman*

MISS McVEAN

### *Secretary*

MISS E. S. JOHNSON

## STANDING COMMITTEES.

### *Executive*

MRS. ROGERS

MISS ANDERSON

MISS STEWART

### *Credential*

MISS E. S. JOHNSON

MISS STIMSON

MISS F. M. JOHNSON

### *Finance*

MISS POST

MISS LINDGREN

MRS. HOSKING

## NOTICES

### N. Y. H. ALUMNAE MEETING

The next regular meeting of the Association will be held in the Lecture room, 8 West 16th Street, on Thursday, May 11th, at 3 P. M.

### COUNTY SOCIETY

The regular quarterly meeting of County Association was held at the Central Club for Nurses. Owing to inclement weather the attendance was small. The routine business over Miss Rhodes brought up the question of reorganization of membership in the National Associated Alumnae. The committee on reorganization suggested in order to avoid duplication of votes that membership be through County Societies *with individual membership*. As the success of the New York County Society is due to its being made up of Alumnae Membership, there was naturally heated discussion of the question. It was decided to ask each Alumnae association to take the matter up at their next meeting, so that when the time came to decide the question there could be intelligent voting. Another matter which caused alarm was the Brennan Bill to be presented to the Legislature, in which an attempt would be made to eliminate the word "Registered" from the nurses bill. Mrs. Brockaway was appointed to act with Miss Maxwell in this matter.

The guest and speaker of the meeting was Miss Jane Delano, Chairman of the National Red Cross Nursing Service. Miss Delano's talk in detail of the methods used in coping with the work of emergency in time of great disaster, gave a splendid idea of just what organized effort can do in times of distress. The having of Local R. C. Committees, being of untold value in getting relief, in the way of nurses, doctors and supplies on the field of need in the shortest time possible. Miss Delano said more nurses were wanted who were ready to serve not only in other parts of the country, but right in their own towns. She urged more enrollments.

A. B. DUNCAN.

## ALUMNAE MEETING

The annual meeting for the election of officers of the Alumnae Association was held in the Nurses' Home on Wednesday, April 12. The minutes of the last meeting were read and the regular monthly business preceded the annual reports. It was voted that blue be adopted as the official and standard color of the association.

The annual reports of the Secretary and Treasurer were read by Miss Duncan and the following officers elected for the ensuing year:

President, Miss J. H. McVEAN, R. N.

Vice-President, Miss F. M. JOHNSON, R. N.

Secretary, Miss J. C. STIMSON, R. N.

Cor. Secretary, Miss E. S. JOHNSON, R. N.

Treasurer, Miss M. V. POST, R. N.

Trustees, Miss L. E. ANDERSON, R. N.;

Miss H. R. STEWART, R. N.;

Mrs. M. L. ROGERS, R. N.

---

## ADDRESS TO THE GRADUATING CLASS OF NURSES OF THE NEW YORK HOSPITAL\*

MARCH 2, 1911

By GEORGE L. PEABODY, M. D., New York.

Consulting Physician to the Hospital.

It is twenty-six years since I last had the pleasure of addressing the Training School upon an auspicious occasion which was a predecessor of the event which we celebrate to-night. On that evening, April 27, 1885, the class that graduated numbered sixteen. I will not give you their names, but I will tell you that the well kept records of the school show that of them all only two are still exercising their calling, thirteen are known to be living, six are married, two have disappeared without leaving any trace, one has become a hospital superintendent, one a sanitary inspector.

If the pleasure of appearing before the school should be again accorded to me at the rate of frequency with which you seem willing to tolerate me, that is to say, once in every quarter of a century, I shall be talking to your daughters in 1937, and I promise to give them a good account of you and your day!

Many changes have come to the hospital since that evening. Of the governors of that time only four are living: of the medical

*\*By permission of the New York Medical Journal.*

board the same number; and the good superintendent, who endeared himself to many generations of you and to two generations of me, is enjoying a rest from his labors. This building had not then even been planned, and the very land upon which your school building rests belonged to other owners. Your school, then in its infancy, gave great promise as a sturdy infant, which, under the hospital's fostering care, has been more than fulfilled. Since then it has graduated more than six hundred nurses, a large majority of whom are still engaged in nursing.

Who could have predicted then the growth of the training school movement, or the extent of its development?

Dr. W. Gilman Thompson tells us, in a recently published article, that in 1908 there were in this country 935 training schools for women nurses, with 22,100 pupils, and an annual graduation roll of over 5,600. There were in that year 1,484 hospitals of all sizes, and about two thirds of them were supplied with training schools. In this State alone 116 such schools are registered by the Board of Regents.

The average rate of increase for the first decade after 1872 was two new schools per annum; whereas the average for the two succeeding decades was forty-two, or almost a new school in each week for twenty years.

In several of the large cities of this country there are as many as nine schools, and in Chicago there are thirteen.

The present rate of increase in attendance at all schools exceeds five hundred a year.

The 22,100 pupils care for about 98,000 hospital beds, which would furnish an average of one nurse to every four and a half beds. Making allowance for probationers who are not fully admitted to hospital duty, and for those on sick leave, vacation, and night duty, the average throughout the country is probably one nurse to every eight or ten beds.

In our own school there are ninety pupil nurses, nine graduate nurses in charge of wards; and one nurse cares for an average of five beds. Besides these there are three graduate nurses in the operating room, one in charge of the dispensary, two visiting nurses in the dispensary, and one for social service work.

Do you know the origin of the training school idea? It is so often erroneously attributed to Florence Nightingale that I think I will repeat to you the few words that I said about it when I addressed you so long ago that everybody has forgotten them. The movement took its origin in Germany and was started not by a woman at all, but by a mere man!

Theodor Fliedner was born in 1800 in the duchy of Nassau, which was annexed by Prussia in 1866. He was a protestant clergyman and philanthropist. When this good Pastor Fliedner, the John Howard of Germany, began his ministrations among the released female convicts of Dusseldorf in 1833, he hardly thought that there, at

Kaiserwerth, the little village of his adoption in the low country of the Rhine, a seed was sown which was to flourish and bear fruit all over the civilized world. Those interested with him had banded themselves together and founded the first Prison Society of Germany in 1826. The good man's circle of practical philanthropy soon widened. The state of the sick poor had for some time excited his interest; and it seemed to him that hospitals might best be served by an organized body of women specially trained and devoted to the work. Accordingly, in 1836 he began the first deaconess house and the hospital at Kaiserwerth. By their ordination vows they devoted themselves to the care of the poor, the sick, and the young. This was the beginning of the movement which has led to the establishment of schools for the training of nurses. To this beginning and to good Pastor Fliedner you owe your existence as nurses. It was here that Florence Nightingale, to whom you all look up as to your patron saint, obtained her training. I need not allude to the further progress of the movement after she transplanted the idea to British soil; you are all familiar with the rest, and especially with the impetus which was given to the new idea in the Crimean War, twenty years after its origin in Germany.

You cannot imagine what a benign influence you brought into hospital life, for you have never seen the working of hospitals in which trained nurses are not. When I was an interne in the Roosevelt Hospital the only training school for nurses in America was just beginning its career at Bellevue. At the Roosevelt, as at all the others, there was not a trained nurse. There were a few "professional" nurses, one in each female ward; and the male wards were under the care of men who were, for the most part, untrained, or had had only such training as they had got in army hospitals. The night nursing of all the hospital wards, male and female, medical, surgical and gynæcological, was performed by one middle aged woman who was without training and without human sympathy; and not a ward attendant of any grade, by day or by night, was capable of using the clinical thermometer. All the taking of temperatures was done by the members of the house staff. There was a night watchman who was just capable of waking us at pre-arranged hours in order that we might take such temperatures as were necessary.

I need not tell you that, thanks to the zeal and ability of a graduate of this school, there is now at Roosevelt Hospital one of the best training schools of the country.

When we think of all the complicated procedures which are now entrusted to you, of the complete dependence of hospital life upon you, it seems very strange that you should not have entered into the medical household years before you came. But you must remember that hospitals had not then learnt that to be properly conducted they must be liberally endowed; and a training school is a very costly accessory. For the most part hospitals were very poor; and

they did the best they could with their slender means. Antiseptic surgery, the precursor of present day aseptic surgery, the great object lesson in modern hospital economics, was just struggling into existence in Scotland and had not yet been heard of here. Laparotomy, which is hardly considered a major operation to-day, was usually fatal in those days. It was well said by a famous gynecologist of the time that no man was justified in performing laparotomy who had not done it at least a dozen times! I remember the first successful case of it at the Roosevelt Hospital. It was performed for an abdominal tumor by one of the hospital *physicians*! When it seemed likely that the woman would recover, a woman friend who had remained with her and had done much of the nursing, came to me and said that the patient wanted to know if she might smoke a pipe, to which she was accustomed. She thought she would feel much better and sleep better if I would allow it. As she was in a little room which was not connected with the ward and thus where others would not be demoralized by the unwonted indulgence, I authorized the pipe, and she got well. She was a native and a resident of this State.

When you came into hospital life to do your share, of course you were an immediate and very welcome source of comfort to the patient. You all know the many ways in which your tact and judgment and good feeling enable you to smooth the wrinkles out of his life—all the world knows of that, so I will not dilate upon it.

There is another view of your usefulness to which I have not seen allusion anywhere. I am thinking of the *results* of your help to the doctor *in the study and solution of his problems*. It seems to me that her share in the *advancement of medical knowledge* has never been fully accorded to the trained nurse. For all of our information as to the symptoms presented by the patient in the intervals of our visits we must rely upon your powers of observing and your skill in recording your observations. You must fill many a gap in our experience of the patient's condition; much of our knowledge of daily, hourly changes in his disease could not be acquired without your assistance; our study of his malady would be but fragmentary and disconnected if you were not here to help us.

When I look back upon the years of my medical life in which I worked **without** you, and the other years when you were present in very small numbers, I wonder how I got along at all in certain very serious situations. Conditions of those days rendered the doctor's duties much more arduous, of course, and the patient's sufferings much less endurable; and they certainly rendered the present day careful study of disease and present day results quite impossible of attainment. It would not be possible to say how much or exactly what has been contributed by nurses to the advance in clinical knowledge which has of late years been so rapid; but for my part I wish to accord you your full share.

In spite of all the allurements of your calling it is a shadow on

the picture that the period of your activity as nurses is so brief. Your work is very hard, many of you never learn how to take care of yourselves and thus prolong your usefulness, and many of you, with very proper regard for your highest potential functions in life, abandon your chosen career for marriage. Of the total number of alumnae published in the hospital report for last year 187 are married, or nearly one-third of you all. The only adverse criticism that I have to make upon your matrimonial proclivities is that too many of you marry doctors. This shows undue haste, failure to appreciate true perspective, lack of imagination. What kind of a wife would a trained nurse make who did not abandon her calling? Doctors, when you marry them, continue to practise their profession; and practising doctors do not make good husbands. If I were a woman, I would no more marry a doctor than an actor, and for much the same reason.

*You learn by experience, for I observe that in your second marriages you show better judgment!*

For ten years I was physician to your school; and in that capacity I had some interesting experiences. I remember years ago one of your number who prolonged her evening of leisure until the next morning, and was seen entering the hospital shortly after sunrise by the night watchman. She made the unfortunate mistake of recording her return in a book which was in those days kept at the door, as of a reasonable hour the previous evening. When these facts reached the despot who then presided over the destinies of the school, she reported the matter to the training school committee, who, in due course, summoned the delinquent before them. By the way, why should the welfare of such a large number of wholly devoted human beings of your tender age and gentle sex always be entrusted to the care of an unsympathetic despot, a veritable dragon? And yet, with one very distinguished exception, such has always been the case!

To return to history: We had brought your delinquent sister into the awe inspiring presence of the committee on the training school, and it would be an unconstitutional punishment to leave her there too long, for it would be both cruel and unusual. You must remember that, although they were a much less terrifying body of men than the committee of present day power, much less austere and heartless, nevertheless a quarter of a century ago it was not entirely pleasant to be ushered by the dragon in charge before the representatives of omnipotence with a recommendation of speedy annihilation! So let us go back to the sufferer. She was, as so many of her sisters are, a very demure creature; and she told these gentlemen in her soft voice and with her winning manner a very harrowing tale. The hospital elevator, weeks before, in its unexpected descent—the door of the shaft having been improperly left open by the attendant—(note the responsibility of the hospital for the accident) had struck her head very violently, and, since that

injury, she had occasionally found herself inappreciative of the lapse of time. There had been occasional headache, but the only really disturbing symptom had been this peculiar inability to measure time in the instinctive way that is common to all normal people. On the evening in question, which had been spent with a lady friend, time had passed so unconsciously that before she was really aware of it, it had become quite too late for her to return alone to the hospital, and she had felt obliged to remain with her friend until the morning.

This presented an embarrassing situation. The training school committee of those days, as I have intimated to you, was composed of a kindly, genial body of men who could not deal harshly with a young girl who was trying, under their guidance, to qualify herself for a noble calling, for what is so often described to your willing ears, as a life of self sacrifice. So what do you suppose these sympathetic gentlemen did? They made a medical case of her, and shifted the responsibility to me! They told her that as I was the school's physician they would leave it to me to say whether the results of the elevator accident, which they greatly deplored, were so serious as to impair her future usefulness as a pupil or a nurse. Accordingly she was told to report to me; and I have never forgotten the demure look, the hesitating manner, the uncertain air with which she entered my office, and the soft, sad voice with which she retold the queer story, with all its wealth of detail. I had been officially informed that the matter had been referred to me with power, and I had no wish to prolong her distress, so, I told her at once that if she would promise me never to do it again I felt quite sure that her health would at once be sufficiently restored for her to go on with her work. She thanked me very quietly and promised; and she kept her promise and justified my diagnosis, prognosis, and treatment by the nonrecurrence of symptoms. Although the result of this treatment was very satisfactory I have never felt quite confident of the lesson. The nature and location of the brain injury by which she was led to mistake and misstate even the *day* of her return to duty after an all night absence, has always remained a mystery to me, but the decision seemed entirely satisfactory to her, and comment upon it never reached my ears.

Hospital life is full of tragedies. Is the tragedy of the little bootblack still extant, or has it been forgotten like so many others? This little bootblack lived and died before the present day surrender of his craft to the Italians, who have coined a word to describe their monopoly of a worthy calling. Now they are all *shinatori*. The bootblack of my story was an Irish-American: he was tall and pale and emaciated; and he was brought to the hospital by a little friend and fellow craftsman who was sturdy and pony built and had red hair and a freckled face. As a rule I like a boy with red hair and freckles. He is usually an honest, earnest sort of fellow, but this one showed himself to be an exception. These boys were about

twelve years old and were partners in business. They entered the hospital office one day and stood, cap in hand, abashed before Mr. Ludlam. Presently the sturdy little chap, he of the red hair and freckles, tugging at his forelock, told Mr. Ludlam that his friend was sick and as he was afraid to come alone to the hospital *he* had "kinder come along to introduce him." His friend wanted to enter the hospital to be cured of a cough which was very persistent and was accompanied by afternoon fever and emaciation. He was sent to one of the wards and there it soon became obvious that he was incurably ill with a rapidly advancing pulmonary consumption. His parents were dead: he knew of no relatives, and he had only the one little friend who had come with him. This boy came to see him at first on every visiting day: then, later, his visits became infrequent and soon they ceased altogether and he was never seen again. Meanwhile, the dying patient, who felt very lonely and missed his only friend, interested some charitable volunteer visitors in his case, two ladies who made regular visits to his ward, and they promised to hunt up his little friend.

One day Mr. Ludlam found the patient in an agony of tears; and, taking a seat by his bedside, he listened to his story. Shortly before his mother died, she had given him a twenty dollar gold piece (which was the entire fortune that she had to leave him), with the traditional injunction never to part with it except in case of most urgent necessity. Throughout the trials of his childhood's weary efforts at earning his living he had often been tempted to spend this money for food and shelter, but the sacredness of his dead mother's injunction had always restrained him, and he had kept his treasure carefully wrapped up in a piece of newspaper to conceal it, and had stowed it in his bootblack's box. When he came into the hospital, because he could no longer work, he had entrusted the care of his worldly possessions, including his professional kit, to the keeping of the only friend of his lonely little life. Now, when it became obvious to the keen and watchful eye of this friend that he was marked for death he had stolen the kit and its contents and had disappeared. I suppose that to his mind what he had received as a trust really became his own property when it ceased to be of use to the owner. His friend could not live long; and, in his hospital life and in his death, neither gold nor kit would be of value. Did not the hospital do all? Was not his food better and his bed cleaner than anything he had ever known? And *he* was the heir, so why not make sure of it all by inheriting at once, before the testator's death and without the formality of surrogate or tax gatherer?

The sufferer's few remaining days were days of very bitter distress. His disease racked him, day and night, and his mind was never at rest. Like so many tuberculous invalids he was confident of recovery and dreaded having to face the world, which had not been a kind world to him, without kit, without clothing, and with-

out the sustaining thought of his mother's gift and his partner's friendship.

These amateur philanthropists wanted to relieve his anxiety, and they destroyed his peace for the short remainder of his life. His faith in his only friend shattered, and his little treasure and his professional outfit stolen, there remained to him no hope. With the best intentions they had made a grave mistake. Even the simple details of instinctive philanthropy require *some* knowledge of life and its problems, *some* experience of the world, *some* judgment and *some* skill; pity alone will not replace them.

Do you think we fully appreciate the sufferings—I mean the mental sufferings—of childhood? I fear not, and I fear that by our very inability to understand their troubles we often add to them. *They are very real.* If we should always make a serious effort to understand and appreciate them I think we could lift or lighten many a burden that weighs very heavily upon shoulders unfitted to bear it.

Highly trained minds are utilizing every possibility to understand the languages of monkeys and birds: I fear the minds that are devoted to penetration into the hidden recesses of the mental processes of childhood are less highly trained.

Crises as grave as this in life, at any age, ought not to be left to chance. Is suffering like this less worthy of skilled treatment than the physical ills that enchain your interest and arouse your best endeavor? Do you think it likely that any hospital ward in this city to-night is without some sufferer who stands in urgent need of our *moral* help?

And how many hospital wards are there here in New York, where we boast of our charity, in the spirit of our commercialism which threatens to overwhelm all lofty purpose? Every such sufferer is crying loudly to us for the very bread of life; and I fear that we sometimes enjoy a very unholly satisfaction when we offer him a stone!

I hear you say that you cannot leave your duties in the ward to go to a remote tenement and see that the children are not starving or stolen and thus set the suffering mother's mind at rest. Certainly you cannot. Equally, you may not prescribe opium to relieve her physical pain, but you *may* let the doctor know that she is in pain and needs relief; and you do so. Can you not also let the superintendent know that the patient is in great mental distress because she knows not what has become of all that is dearest to her since illness drove her forth from home? I feel quite safe in committing the hospital to the obligation of doing all that is possible to relieve her mind while you minister to her body, if you will but discover and disclose her need.

By neglecting this part of our duty as healers are we not driving many to seek aid at other and less competent hands than ours? We are inclined to speak lightly of the people who wander into all

sorts of devious paths in search of assistance which they ought to receive from us. But are they really as fairly open to criticism as *we* are—I take for my profession its full share of the responsibility—who ought to look beyond the mere surface injuries and diseases from which they suffer to the deeper, hidden sources of distress which might furnish many a useful clue, many a serious complication, or even a predisposing cause?

If I were bold enough to venture a suggestion for the improvement of our work—*yours and mine*—I would say that we should not regard the hospital as a big healing machine, and content ourselves, as I fear, in the unavoidable hurry of life that we sometimes do, with the thought that as integral parts of the machinery we are doing our whole duty if we act merely as wheels in its composition, and keep on revolving in connection with other wheels to contribute our share of work to turn out the normal amount of product in the shape of satisfactory results as the years go by. All this it is: but you and I have learnt to make it much more. Many of us know that the *clinical material*, as it is cynically called, that fills our beds, cannot be all classed as *material* on which we are to do machine work.

It is much more even than flesh and blood. We are becoming ever more mindful of the personal equation, of the individuality of the sufferers that compose it, and even more of the mental and moral individuality than of the physical differences in its composition.

If one touch of nature makes the whole world kin, how much more ought the suffering which illness or accident brings with it to impress us with the feeling that these fellow mortals whom misfortune has placed at our mercy really become our kin in the truest sense?

Our responsibility is greater in proportion to their helplessness. Those whom you are going to serve in your work after the receipt of your diplomas this evening are so differently placed that they can usually fully protect themselves. If *they* do not like you and me they have no hesitation in letting that fact be known to their **entire environment**, with the result that you and I disappear from the scene and are easily replaced by others.

It is the sufferer in the hospital ward that has always been to me the chief interest in my medical life, and he is very defenceless in our hands; and his defencelessness entitles him to our very highest consideration.

Pray do not mistake me. I am not now scolding: the time when I had the right to scold you has gone by.

I wish to accept for myself the full share of responsibility in this regard, if there is really any **shortcoming**; and I do not feel that you are any more to blame than all of the rest of us in authority, medical and lay authorities alike, in our hospitals. But your relations with the patients are so much closer and more intimate than

mine that your possibilities of good work with them are greater, and therefore your responsibilities are, perhaps, proportionately graver.

Believe me, the rewards of good work of this kind are very great: it will never cause you any regrets.

Do you know that most worthy settlement in Henry Street, on the lower East Side, surrounded by poverty and the results of generations of oppression in other lands, whose founder and supporter and main worker is one of your older sisters? I know no one of you all, past or present, whose life has been fuller or more useful than hers; and I know not one among you whose face portrays the evidence of a happy life more than does hers whenever I am so fortunate as to meet her.

Work akin to this is now open to your profession after graduation, and some of the best of your predecessors are engaged in it. To succeed in work such as that in which the amateur philanthropists failed is among the purposes which the noblest branch of your calling is going to accomplish, that branch which, for want of a better designation, bears the very un-descriptive title of *Social Service*. I like to describe things by their names, but this name seems to me to describe nothing. It might equally well include the sending of invitations or writing of notes or checks for any grand social personage.

However, call it what you will, it is a noble calling; and do you know where it originated? I am not sure that I do: but my acquaintance with it was made in the New York Dispensary, whose existence is unknown to you, but which is 122 years old and has lived its very useful and very obscure life in the shadow of the City Prison which until recently was called the Tombs.

It is just thirty years since the Society for Ethical Culture offered to its trustees to defray the salary of a trained nurse to work with our doctors in the dispensary and in the homes of patients for one year, in the hope that they would thus demonstrate to us the usefulness of such an arrangement. One of our alumnæ was selected, Mrs. M. E. Dilts, who graduated from the school in one of the earliest of the classes.

Dr. Felix Adler and his society taught us this lesson, and Mrs. Dilts is still in our service: but she is not alone in it. We have two other nurses now regularly employed, and we should have more if the obscurity of our venerable little charity had not kept us hidden from the eyes of the benevolent. Just as this hospital was opened when the city first needed a hospital and has been followed by dozens of others, so the old Centre Street Dispensary, as it has been called for many years, was the first dispensary to be opened when the city grew large enough to have an ambulant class of patients; and, in its turn, it has been followed and overshadowed by many others.

There is no higher calling for you than this work which takes

you into the inmost lives of the poor in their homes. There is no better exercise for your brains and hearts, there is no better field for the cultivation of self sacrifice, there is no nobler opportunity for the exercise of that one of your many graces which has seemed to me to mark many of you as a race apart from other women, your charm of intense earnestness.

After all my levity I want, in bidding you good-night, to leave you with this very serious thought in our minds. Of course such work is not to be undertaken lightly, nor merely as a livelihood, nor as a matter of sentiment. There must be something of the feeling that inspires the missionary, something of the zeal of the crusader, a real desire to *servir* in the highest sense, the feeling that animated many a knight of old in his weary quest and his noble service!

"As Sir Launfal mused with a downcast face,  
"A light shone round about the place;  
"The leper no longer crouched at his side,  
"But stood before him glorified,  
"Shining and tall and fair and straight  
"As the pillar that stood by the Beautiful Gate.  
"Himself the Gate whereby men can  
"Enter the temple of God in Man.

"His words were shed softer than leaves from the pine,  
"And they fell on Sir Launfal as snows on the brine,  
"That mingled their softness and quiet in one  
"With the shaggy unrest they float down upon;  
"And the Voice that was softer than silence said,  
"Lo, it is I, be not afraid!"  
"In many climes, without avail,  
"Thou hast spent thy life for the Holy Grail;  
"Behold, it is here, this cup which thou  
"Didst fill at the streamlet for me but now:

\* \* \* \* \*

"The Holy Supper is kept, indeed,  
"In whatso we share with another's need;  
"Not what we give, but what we share,  
"For the gift without the giver is bare;  
"Who gives himself with his alms feeds three,  
"Himself, his hungering neighbor, and me."

## NEWS OF THE CLUB AND THE CLASSES

Miss Irene Sutcliffe sailed from Italy for home on April 7th.

Miss Mary Samuel (93), is visiting her people in Montreal. On May 1st Miss Samuel assumes charge of the Lakeside Hospital, Cleveland, Ohio.

Miss Hart has returned from Europe.

We extend our sincere sympathy to the Misses Smardon in the loss of their mother, and to Miss Isabel Gordon, in the loss of her father.

Miss Mary Whitman sailed for Paris, April 15th. She will do private nursing abroad.

Miss Annie Hatton, who has been in New York during the winter, expects to join her sister in Holland early in May. She is taking a pleasure trip.

Mrs. Wm. D. Cutter (Miss M. F. Moir, '05), has been visiting her classmate, Miss "Bess" Bower at the club.

The former Editor of the *Alumnæ News*, Miss Mary Young, spent a week at the club before going to Toronto, to attend her sister's wedding.

Miss Nina Sinnott has resigned her position of Operating-room Nurse at the N. Y. H. and has gone abroad.

Miss Maud Jones (Class '08), is living at the club. She expects to do private nursing.

Miss Whitehouse and Miss Silva have been resting at "The Brownery."

---

### MARRIED.

AYCRIGG-YOUNG—On Wednesday, April 19, 1911, in the Bloor Street Presbyterian Church, the Rev. W. G. Wallace, D. D., officiating. Benjamin Arthur Aycrigg of New York, to Florence Emily, daughter of the late Archibald Young, Esq.

# The American Journal of Nursing

IS A MONTHLY MAGAZINE

**The Subscription Price** is two dollars a year, payable in advance; single copies, twenty-five cents; foreign copies, five cents a copy additional.

**Official Organ.** This Journal is the official organ of the eleven largest and most important nursing organizations in the country, viz.:

The American Society of Superintendents of Training-Schools for Nurses.

The Nurses' Associated Alumnae of the United States.

The International Council of Nurses.

The Hospital Economics Association.

The New York State Nurses' Association.

The Graduate Nurses' Association of Connecticut.

The Massachusetts State Nurses' Association.

The Graduate Nurses' Association of New Hampshire.

The Texas State Nurses' Association.

The Wisconsin Association of Graduate Nurses.

The Ohio State Nurses' Association.

---

## READING NOTICE.

For over ten years the Pennsylvania Orthopaedic Institute and School of Mechano-Therapy, Inc., 1711 Green Street, Philadelphia, Pa., offers its courses of instruction in Mechano-Therapy to the nursing profession. From small beginnings the school has grown to be one of the foremost in this country and has more than seven hundred graduates in all parts of the United States and Canada. The facilities to teach this branch of medicine are unsurpassed. The equipment is the very best to enable the pupil to become familiar with all the various forms of mechanical treatments. The instruction is theoretical and practical. Lectures, quizzes and lantern-slide demonstrations on Anatomy, Physiology, Pathology, Theory of Massage and Gymnastics, Hydro-Therapy and Electricity by members of the staff and invited physicians accompany the practical class room instruction and the clinical experience on our dispensary patients. Pupils are required to attend regularly several of the largest hospital clinics in the city. The school's diploma is given at the end of the course upon satisfactorily passing the final examinations. Though the school does not guarantee any positions after graduation, we have placed several hundred of our graduates in well paying positions. For full particulars and illustrated prospectus write to the institute.

ALWAYS  
READY  
FOR USE



## SICK ROOM SUPPLIES

New York

[illegible]

# Special Courses for Nurses

## IN THE SWEDISH SYSTEM OF MASSAGE

### MEDICAL AND CORRECTIVE GYMNASTICS

(The System You Will Eventually Learn)

Term: Three Months      =      =      =      Tuition Fee, Seventy-five Dollars

### COURSE IN ELECTRO-THERAPY

Term: Two Months      =      =      =      Tuition Fee, Twenty-five Dollars

### COURSE IN HYDRO-THERAPY IN ALL ITS FORMS

Term: Six Weeks      =      =      =      =      Tuition Fee, Thirty Dollars

Spring Classes open May 23, 1911

Summer Classes open July 11, 1911

Fall Classes open Sept. 20 and Nov. 15, 1911.

*Almost 10,000 TREATMENTS GIVEN IN 1910. No better clinical experience possible*

All courses may be commenced at the same time and finished within three months. The instruction consists of daily clinical work and practical lessons on patients referred to our clinics from the various Hospital Dispensaries. Original Swedish [Ling] System, and Weir Mitchell's Rest-Cure System. All pupils attend clinics at several city hospitals. A complete Medico-Mechanical Zander Gymnasium for treatment of patients and instruction of students. Payments can be made to suit your convenience. Application blank and illustrated booklet on Massage upon request. **AN EARLY APPLICATION FOR ADMISSION IS ADVISABLE**

**Pennsylvania Orthopaedic Institute and School of Mechano-Therapy, (Incorporated)**  
1711 Green Street, PHILADELPHIA, PA.      MAX J. WALTER, Superintendent



## **"STORM"** BINDER AND ABDOMINAL SUPPORTER

PATENTED

*No Whalebones—No Elastic—Washable*

### **STORM SUPPORTER COMPANY**

ANNA B. DUNCAN, R. N.

M-NAGER

Silk . . . . . \$12.00

Linen Mesh . . . . . 10.00

Half Silk . . . . . 8.00

Cotton . . . . . 5.00

1269 BROADWAY (32d Street)

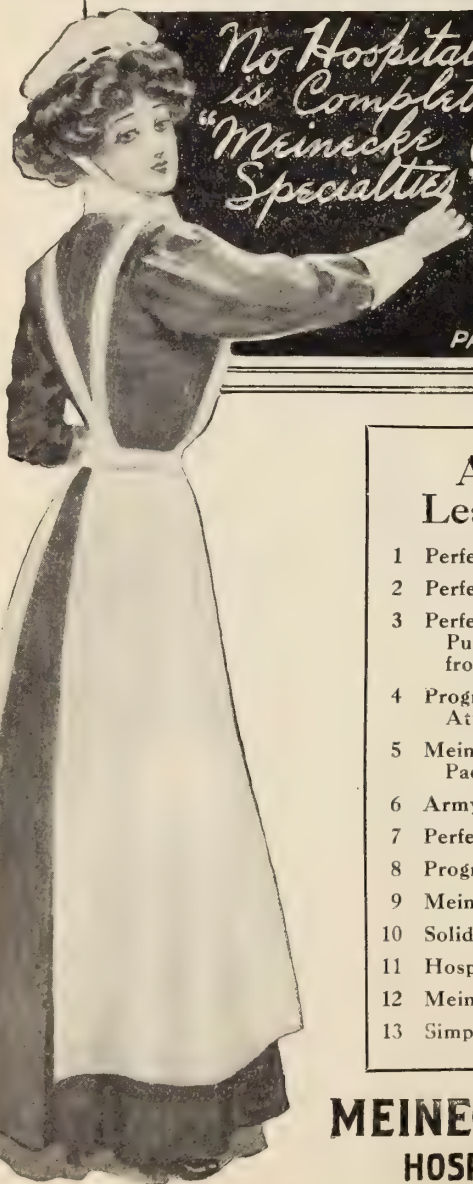
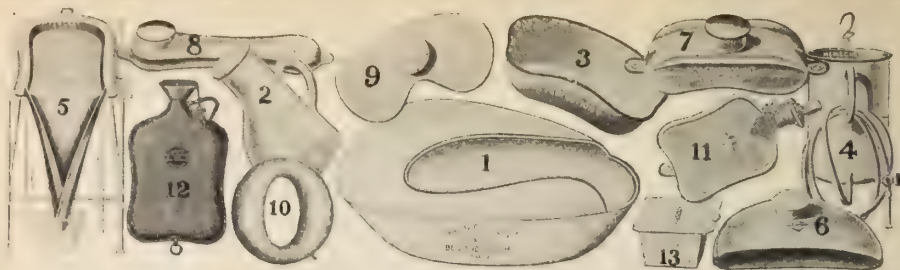
Telephone, 6276 Madison Square

## **The G. & M. Handy Accident Box**

A Complete Sterile Box made up by a trained nurse to meet any emergency that may arise in a home or in traveling.

The box is small and may be easily packed in a suit case or trunk. Address,

**G. & M. Handy Accident Box, Tenafly, N.J.**



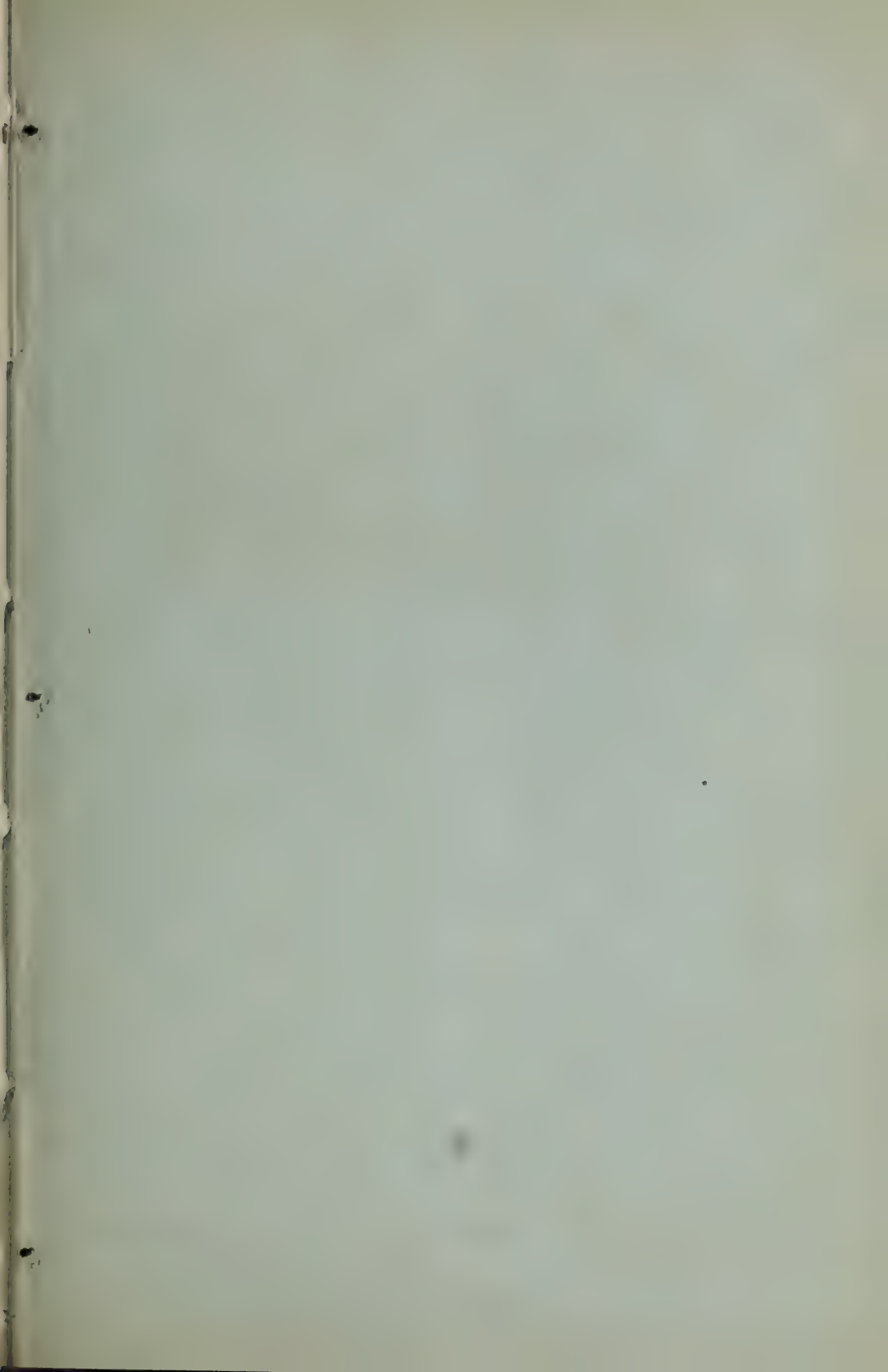
*No Hospital or Sick Room  
is Complete without  
"Meinecke Advanced  
Specialties"*

**BEST FOR  
PATIENT AND NURSE**

### A Few of Our Leading Specialties

- 1 Perfection Bed and Douche Pan.
- 2 Perfection Male Urinal.
- 3 Perfection Dressing Basin (an improved Pus Basin with back higher than front.)
- 4 Progress Enameled Irrigator with Attachments.
- 5 Meinecke Aseptic Operating Pad (the Pad without a Crevice.)
- 6 Army and Navy Ice Helmet.
- 7 Perfection Ice Bag.
- 8 Progress Throat Ice Bag.
- 9 Meinecke Face and Ear Bag.
- 10 Solid Comfort Invalid Ring.
- 11 Hospital Beauty Hot Water Bag.
- 12 Meinecke Metal Hot Water Bottle.
- 13 Simplex Sanitary Paper Sputum Cup.

**MEINECKE & COMPANY**  
**HOSPITAL SPECIALISTS**  
**48-50 PARK PLACE, NEW YORK**





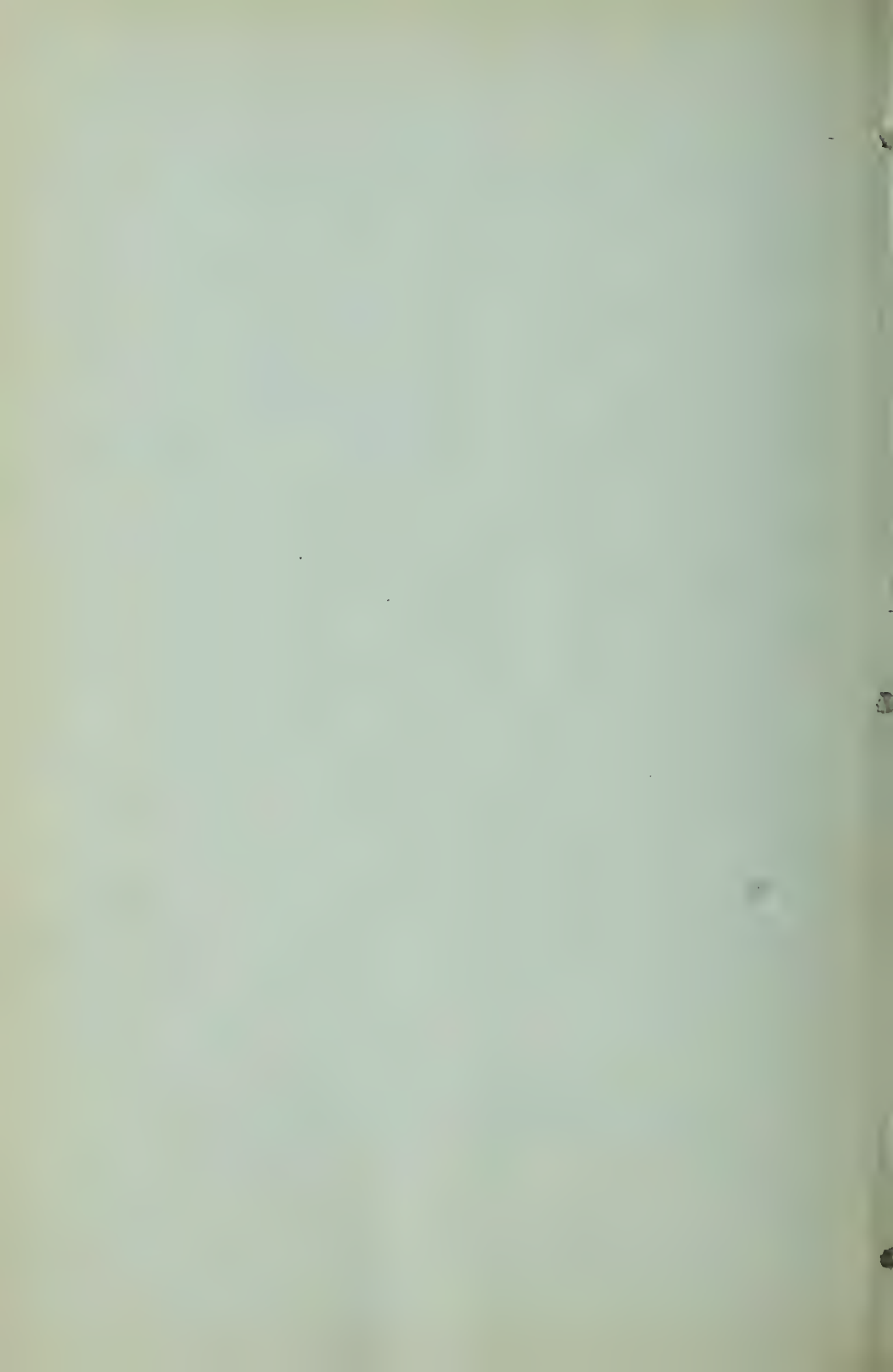
THE  
ALUMNAE NEWS

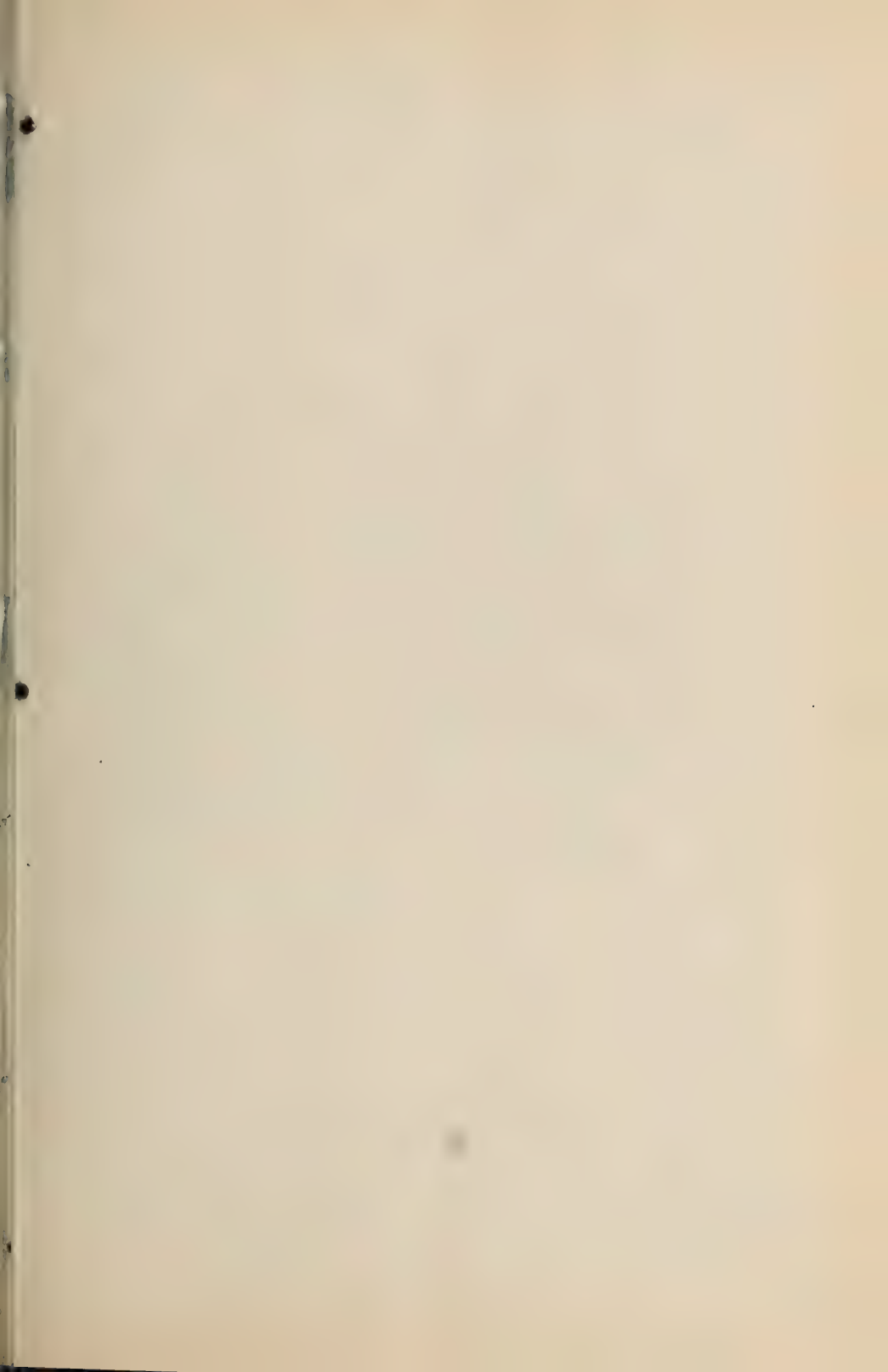


Vol. 6.

JUNE, 1911

No. 8





# Sterilized Obstetrical Supplies

The sterilized obstetrical supplies provided by Van Horn & Sawtell for the aid and convenience of physicians and nurses are prepared with the same attention to quality, utility and sterility that are given to every product of the Van Horn & Sawtell laboratories.

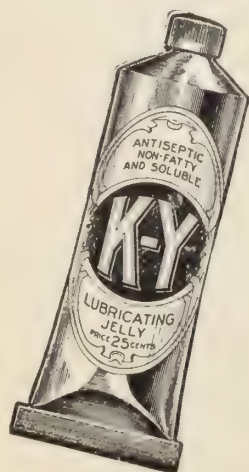
To the physician and nurse such care and attention spell protection and safety.

For complete lists of obstetrical supplies, special outfits, sutures, etc. address

VAN HORN & SAWTELL  
307 Madison Avenue, New York, N. Y.

## A Non-Greasy Lubricant

needs little comment as to its superiority from every standpoint of cleanliness. The avoidance of greasy clothes and bed linen is always gratifying to the painstaking nurse, and this is only one of the many advantages that attend the use of



## K-Y Lubricating Jelly

the "perfect lubricant" for *catheters, specula, rectal and colon tubes.*

"K-Y" is water-soluble and easily rinsed from instruments, dressings and clothing without leaving the slightest stain.

"K-Y" moreover, is emollient and soothing to the skin, offering a prompt and effective means of relieving "bi-chloride rash" and kindred irritations.

A postal request will bring a liberal sample.

VAN HORN & SAWTELL  
307 MADISON AVE., NEW YORK, N. Y.

# ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

VOLUME VI

JUNE, 1911

No. 8

PUBLISHED MONTHLY, FROM NOVEMBER TO JULY.

Sent free of charge to all members of the "Alumnae Association"

to others: { 50 cts. per year  
              { 10 " " copy

Editor—Miss L. M. WYGANT, 8 W. 92nd Street.

Business Manager—Mrs. W. C. GILLEY, 176 West 81st St.


Business manager (assistant) Miss A. H. MEIER.

News Editor—Miss L. O. GRAFTON, 8 W. 92nd St.

Secretary—Miss E. S. JOHNSON, 245 West 14th St.

## REPORTERS

Miss J. C. Stimson,	Miss Ryerson, 321 E. 15th St.
Harlem Hospital	" A. B. Stewart, Bath, N. Y.
	108 E. Steuben St.
Mrs. Jameson, 200 W. 14th St.	Mrs. Hosking, 8 W. 92nd St.
Miss Rough, 8 W. 16th St.	Miss Golding, 245 W. 14th St.
" Frederick, 321 E. 15th St.	" F. Nash, 8 W. 92nd St.
" Walton, 8 W. 16th St.	" Lavinia Wood, 8 W. 92 St.

 It is requested that notice of change of address be sent to the Secretary as promptly as possible, so that the mailing list may be kept corrected.

Those who have failed to receive the "Alumnae News"—or those who desire extra copies—can be supplied by calling at the Club, or copies will be mailed on application to the Secretary.

*Entered at the Post Office at N. Y. City as second class matter.*

## EDITOR'S PAGE

Contributed by MISS FREDERICK.

In 1903 the Legislature passed the Nurse Practice Act, placing all nurse training schools under the control of the State Department of Education, giving a professional standing to registered nurses.

Our State Association holds the same place in the community as the New York State Medical Association, as it is composed of nurses whose diplomas are registered with the Department of Education.

Under the General Business Law, relative to employment Agencies, enacted June 25, 1910, registries conducted by duly incorporated associations of registered nurses are not compelled to take out license, to furnish bond and be subject to inspection. The known character of the members of such associations makes this unnecessary. As the law now stands, we are protected and are satisfied with it.

The amendment to this law as introduced by Assemblyman Thomas A. Brennan proposes to strike out the words "registered nurses" and leave in the words "professional nurses."

There is no definition of what constitutes a nurse or any group of nurses, consequently sick attendants, midwives, trained or untrained, and persons with no training of any kind and with no qualifications or morals may associate themselves and send out nurses and midwives upon application, and are freed from the restrictions of filing a bond, keeping their books open for proper inspection. They are not limited in the fee they may charge. Are not prohibited from sending persons to houses of ill fame or to places where liquor is sold. Are not compelled to investigate the character of the places to which they send female applicants, as the present law requires.

So the door is opened wide for prostitution and to the practice of fraud and oppression in a kind of work most closely connected with the moral and physical health of the community where fraud and concealment of any kind would be most disastrous.

This amendment known as the Brennan Bill takes away our professional standing and places us on the same plane as those who call themselves professional nurses without graduation or registration.

Therefore, it behooves us to be ever watchful and vigilant in guarding and protecting our interests, and in maintaining the dignity of our profession.

The bill has been read once and ordered recommitted to the Committee on General Laws, so may have another reading.

The New York County Registered Nurses' Association has a very able committee at Albany working in our interest, and we as individuals and as an association should do everything possible to help and support them financially and every other way.

## NOTICES

### N. Y. H. ALUMNAE MEETING

The next regular meeting of the Association will be held in the Lecture room, 8 West 16th Street, on Thursday, June 8th, at 3 P. M.

### COUNTY SOCIETY

The annual meeting for the election of officers of the N. Y. County Nurses' Association will be held in the Academy of Medicine, 17 West 43d St., Tuesday, June 6th, at 8 P. M. All delegates are asked to make a special effort to attend this meeting.

---

---

### TICKET OF NOMINATIONS

---

#### NEW YORK COUNTY REGISTERED NURSES' ASS'N.

NEW YORK CITY

June 6th, 1911

---

#### President

MISS GOLDING, R. N.....New York

---

#### Vice-President

MISS JANE E. NASH, R. N.....Bellevue

---

#### Recording Secretary

MISS IRENE YOCUM, R. N....New York City

MISS JULIA STIMSON, R. N.....New York

---

#### Corresponding Secretary

MRS. HUGH JACK, R. N.....St. Luke's

MISS NOMA CHARLES, R. N.....Roosevelt

---

#### Treasurer

MISS JANE GREENTHAL, R. N....Mt. Sinai

---

#### Trustee for Three Years

MISS ANNIE RHODES, R. N.....Bellevue

MISS ISABEL L. EVANS, R. N.....St. Luke's

---

Candidates for three members of the Executive Committee and for Chairman of the various Standing Committees will be named from the floor.

---

---

## SUPERINTENDENT'S SOCIETY.

THE SEVENTEENTH ANNUAL MEETING of the American Society of Superintendents of Training Schools for Nurses will be held in Boston, May 29, 30 and 31. The programme will include several papers on Training School Work and Nursing Education. The following members have consented to take part, either in papers or in the discussion: Isabel McIsaac, Clara D. Noyes, Julia C. Stimson, Jessie E. Catton. Together with these an address is promised from Dr. David Snedden, Commissioner of Education of the State of Massachusetts, dealing with educational problems. It is hoped the members will also hear from Sarah Arnold, Dean of Simmons College, Boston. In addition to the papers there are several important reports from committees to be presented; of particular importance will be the report on Revision of the Constitution and By-Laws. Other features of interest, which it is understood are being arranged, will be demonstrations in the Massachusetts General Hospital and the Children's Hospital, showing some new developments in nursing work.

Boston, as is well known, has many attractions to offer the visitor. The Museum of Fine Arts, the Public Library, Harvard University, and the many historical associations in and around Boston are an education in themselves. It is hoped there will be a full attendance and that every member of the society will make an effort to be present. Further details of the meeting will be mailed with the programme to all members on or about May 1st.

MARY W. McKECHNIE, R. N.,  
Acting Secretary.

---

THE FOURTEENTH ANNUAL MEETING of the Nurses' Associated Alumnae of the United States will be held in Boston, Massachusetts, May 31, June 1, 2, and 3, 1911.

The meetings will be held in the Park Street Church and the Hotel Brunswick has been selected as headquarters.

---

The Red Cross Society has fitted out a complete travelling hospital. It is to be used for the double purpose of giving instruction to workingmen, at railway, manufacturing and mining centres, in the best method of rendering aid to injured workingmen. It will also be available for emergency and rescue work in case of disaster. The car has been donated by the Pullman Company and equipped by the Red Cross Society.

## ALUMNAE MEETING

The regular monthly meeting of the Alumnae Association was held at the Nurses' Home, May 11th, at 3 P. M., attended by about forty members.

The minutes of the last meeting were read, corrected and approved.

Eight new members were accepted into the Association; their applications having been presented by the Credential Committee. They were, namely:

MISS FANNY REESOR,  
MISS MARY L. JEFFERS,  
MISS MARY GARRARD,  
MISS LEILA JONES,

MISS HELEN SMITH,  
MISS FRANCES BARBEE,  
MISS EDITH REINHARDT,  
MISS MURIEL B. KAYLE.

At the annual meeting in April, Dr. Frank Hartley and the Rev. Herbert Shipman were elected honorary members of the Alumnae Association. Letters were read from each accepting the membership.

A communication from the Red Cross Committee asking that nominations for the Manhattan District Committee be sent them resulted in the decision that our Association have a standing Red Cross Committee and that the names of Miss Walton and the Chairman of the Red Cross Committee be sent as nominations to the Manhattan District Committee.

The ticket of nominations for the County Association was read and delegates instructed regarding to voting for the candidates.

The following delegates to the Associated Alumnae meetings to be held in Boston, May 31st, June 1st, 2d, and 3d, were then elected. Miss L. E. Anderson, Miss E. E. Golding and Miss A. B. Duncan, also Miss Henderson, Miss Goodrich, Miss Minnie Bridges, Miss J. C. Stimson and Miss Ada B. Stewart as alternate.

The President stated that the Entertainment Committee for the ensuing year are Miss Reutinger, Chairman; Miss Gibson and Miss McCrea.

The Program Committee are Miss Ryerson, Chairman, assisted by Mrs. Twiss.

A discussion regarding the prices for private nursing arose. It was finally moved that a committee be appointed to confer with other associations about this matter.

## NEWS OF THE CLUB AND THE CLASSES

Miss Grayson, '07, resigned her position at the Rocketteller Hospital and returned to her home in Frederick, Md., where she was married to Lieutenant Walter F. Martin, U. S. Cavalry, on Jan. 26th. Her classmate, Miss Smiley, was maid of honor. Lieutenant and Mrs. Martin left immediately for the Philippines where he is stationed. Their address is Jolo, Philippine Islands.

Dr. R. Bolling has been appointed Chief of Clinic in the Surgical Department at Hudson Street Hospital.

Miss Skuse, '06, has returned from Geneva, N. Y., where she has been spending two weeks.

The many friends of Dr. Charles Page will learn with regret that on account of ill health he has resigned his position in the O. P. D. He has given up his practice in New York and gone to his old home in Orange, Virginia, to live. There will always be a warm welcome for him both at the N. Y. H. and Hudson Street when he is in the city.

Dr. Eugene H. Pool has been appointed a First Lieutenant in the Medical Reserve Corps, U. S. Army.

Dr. Karl Connell has resigned his position of attending physician for contagious diseases at the hospital and has been succeeded by Dr. Cary Eggleston.

Miss Sinnott has an extended leave of absence from the operating room and has gone to Europe to enjoy a well earned rest. Her place is being filled by Miss Von Gunten. Miss Agatha Stewart is also in the operating room.

Miss Ada B. Stewart has returned from a trip to Panama. On her way home she stopped over for a few hours at Kingston, Jamaica, and had a delightful visit with Dr. and Mrs. Mendez (Miss H. Earle).

Miss Helen Smith, '06, has been visiting in Catskills and has returned to New York to do private nursing.

Miss M. Russell has returned from a two weeks' trip to Old Point Comfort, Va.

Mrs. Morse, '06, is living at Osborne Hall, "The Bellevue Nurses' Club." She is delightfully situated there and finds it much nearer her work on the East Side.

Miss Walton spent the week end visiting Miss Whitelaw at her bungalow, Oradell, New Jersey.

Miss Smillie and her assistant, Miss Harper, have gone to Sea Cliff, Long Island, to open the Convalescent Babies' Home. We wish them all success in their summer's work.

Dr. Cowan has quite recovered from his operation for appendicitis.

Dr. Monroe sailed April 8th for Europe. He expects to be away about three months.

Dr. Samuel Lyon, who has been Superintendent of Bloomingdale for so many years, has resigned and will be succeeded by Dr. U. L. Russell early in July.

Mrs. Hoffman (Miss Breck, '85) is in New York on a visit. Her address is care of Miss Long, 60 Manhattan Avenue.

Dr. Arthur Martin has just come on the staff of the Out Patient Department.

Dr. Beekman has also accepted an appointment on the O. P. D. staff.

Miss Irene Sutcliffe has been enjoying a pleasant little visit at her home, "Seven Oaks;" every one is delighted to have her back in the hospital.

It is quite like old times to see Dr. Adriance coming in and out of the hospital. We also enjoyed a call from Dr. S. Stewart, who has been in the city for a few days.

Miss Ida Nudell, Superintendent of the White Plains Hospital, has just returned from a trip to Atlantic City. The graduating exercises of her school and a most successful demonstration of practical work were both held in April.

A small but most complete hospital at Babylon, Long Island, is nearing completion.. It will have two wards, eleven beds each, and eight private rooms. The nurses are to have a separate building for their home.

Miss Mary Grayson, '10, has returned from Baltimore and is at the Rockefeller Hospital.

Miss Beulah Bain, '10, is in Montclair, New Jersey, doing district nursing in tuberculosis work.

Miss Beatrice Anderson, '09, is in town again; she is living at the Sesrun Club.

Miss Gifford, Superintendent of Hudson Street Hospital, has taken three months vacation. Miss Luta Jones, '85, late of Roper Hospital, Charleston, S. C., is substituting for her.

Miss Olcott has resigned the night duty at Hudson Street and is succeeded by Miss Blott.

Every one is glad to see Miss Symons back in the N. Y. H. She is in charge of Ward O.

Miss I. Swan has left Ward I and gone to her home in Toronto, Canada. She is greatly missed by both graduates and school nurses.

Miss Holland, class '10, sailed for Europe April 26th and expects to be abroad for six months.

Miss Eichbaum, '10, has accepted the position in the P. P. operating room.

We extend our sincere sympathy to Miss Anna C. Fraser in the loss of her brother.

Miss Edna Halsey, class '08, who during the winter has had charge of the Wake Forest College Hospital, N. C., will spend the summer in New York, making preparations for greater usefulness in the same field next winter. She will stay at the club.

Miss M. E. Cruso has returned to Canada.

Miss Minnie Lawrence sailed for Paris May 16th. She intends to do private nursing.

Miss Irene Sutcliffe has returned to the club.

Miss Anna Hastings has been spending the winter with her sister in Pickering, Canada. We were sorry to hear that she has been suffering from a severe attack of neuritis. The following clipping from the Annual Report of Sea Cliff speaks for itself:

"It was to all of us a cause of sadness that it was the last year Miss Hastings could be with us. She has been obliged to resign owing to calls on her by her family, and, I think, from what she said to me, will miss the work almost as much as we will miss her. She has given years of great devotion to the Home and has been a mother to all the little ones under her charge. It was an inspiration to all who came in contact with her to see the enthusiasm with which she did the hard work of each day, and the Trustees desire to make this public expression of their gratitude. Miss Smilie, who succeeds her, promises to be a worthy successor."

Miss Kidney will spend the summer in Bauff as usual.

Miss Kate Clarke was a guest of honor at the Graham-Gould wedding. When the bride was born Miss Clarke was the nurse in charge.

The graduating exercises of the Training School of the French Hospital, 34th Street, were held in the Oak room of the Marie Antoinette Hotel, April 26th. Miss Minnie Jordan, Superintendent of Nurses, is to be congratulated on the success of the evening.

It was quite homelike to see so many of our own doctors there. Dr. Turnure, Dr. Pool and Dr. Farr are all very much interested in the school and hospital.

Dr. Eugene H. Pool gave the address to the graduating class and his words will surely often be a help to them. He spoke to the graduates as members of the medical profession, who had been care free and dependent, but who were now loaded with responsibilities and emancipated; free to go and come, forced to think and to decide." He suggested to them to "take as their maxim at the outset of their career, as their principal in the pursuit of it and as their final goal Charity. Charity in the highest acceptance of the term; that given by Addison as a habit of good will or benevolence in the soul which disposes us to the love, assistance and relief of mankind, especially those who are in the need of it." He thanked them for their good work during their years of training and congratulated them on now being in a position to pursue their subsequent careers with pleasure and satisfaction to themselves and with pride to their training school and its "incomparable head."

In closing, he said, let me recall to you Shakespeare's exhortation:

"This above all, to thine own self be true,  
And it must follow as the night the day,  
Thou canst not then be false to any man."

Dr. J. H. Kenyon, First Lieutenant, First Battery Field Artillery, New York, who with twenty-eight other officers was detailed to San Antonio, Texas, to observe the maneuvers on the border, has returned after an absence of three weeks.

A dinner of about forty covers was given by the League for Nursing Education at the Park Avenue Hotel on Tuesday evening, April 25th, in honor of Miss A. W. Goodrich. Toasts and speeches were given by Miss Delano, Miss Ward, Miss Dock, Miss Stimson and others. A delightful and profitable evening was enjoyed by all.

Dr. Hellenbrand has just returned from a three months trip abroad.

Dr. S. S. Goldwater has been engaged as advisory expert to represent the board of governors of the New York Hospital, New York City, in the preparation of the plans for the new hospital, and will act in conjunction with Dr. Thomas Howell, superintendent of the hospital. McKim, Mead & White are the architects.

---

#### BIRTH.

April 20, 1911, to Dr. and Mrs. Archibald H. Busby (Miss S. E. M. Stanbury, class '99), a son.

#### MARRIAGE.

At Chicago, Ill., Miss Ellen Apthorp to Mr. George William-Smallbridge.

## WATER AN OLD ANAESTHETIC

The use of lukewarm water as the sole anaesthetic in operations for appendicitis at Johns Hopkins Hospital, Baltimore, was declared by surgeons here to be quite possible and in line with the use of water anaesthetic, first tried in this city years ago.

One surgeon who has performed successfully more than 5,000 operations with no other anaesthetic than an injection of water into the skin, declared, however, that the use of this simplest of all anaesthetics would probably never come into general use, and that, while it was applicable in many major abdominal operations, it was not applicable in a majority of such cases, especially where inflammation or an abscess had formed.

As long ago as 1885 Dr. J. Leonard Corning of this city pointed out in his book on "Local Anaesthesia," the value of heating the anaesthetic before injecting it. The use of water as an anaesthetic in a certain class of operations was explained by Dr. Samuel G. Gant in a paper before the Medical Association of the city in 1903. Dr. Gant mentioned Burney, Yeo, and Griffith of England as among the pioneers to suggest in 1868 the relief of pain by the subcutaneous injection of water.

The theory on which water so used is believed to act, according to Dr. Gant, is that the water provides a pressure on the nerve ending, which blocks all sensation of pain so long as the water continues unabsorbed or unscattered. Dr. Gant said he had found that any other fluid that gave pressure and was not absorbed would have the same anaesthetic effect. The method was applicable, he said, in nearly all skin operations, and he had tried it successfully in some operations for laparotomy, colostomy and appendicostomy, all of which necessitate the opening of the abdomen."

"Water anaesthesia, however, is no good at all for operations where an abscess has formed or inflammation set in, as, for example, in cancer or in case of a ruptured appendix," said Dr. Gant. "To be successful the water anaesthesia must be applied to the whole part where the operation is to be made, and in the majority of such abdominal operations as I have mentioned there is, in the first place, uncertainty as to where to operate, and in the second place the tissues refuse to hold the water and allow it instead to scatter."

Dr. Gant at the last meeting of the Maryland Medical Society read a paper telling of some 2,000 skin and muscle operations he had performed with water anaesthesia in the last eight or ten years, and it is thought he may have suggested the most recent application of water anaesthesia now reported in operations for appendicitis at Johns Hopkins.—From the N. Y. Times.

# The American Journal of Nursing

IS A MONTHLY MAGAZINE

The Subscription Price is two dollars a year, payable in advance; single copies, twenty-five cents; foreign copies, five cents a copy additional.

**Official Organ.** This Journal is the official organ of the eleven largest and most important nursing organizations in the country, viz.:

The American Society of Superintendents of Training-Schools for Nurses.

The Nurses' Associated Alumnae of the United States.

The International Council of Nurses.

The Hospital Economics Association.

The New York State Nurses' Association.

The Graduate Nurses' Association of Connecticut.

The Massachusetts State Nurses' Association.

The Graduate Nurses' Association of New Hampshire.

The Texas State Nurses' Association.

The Wisconsin Association of Graduate Nurses.

The Ohio State Nurses' Association.

---

## READING NOTICE.

Twenty years ago Physiologic Therapeutics as a recognized adjunct to medicine practically did not exist. To-day there are few practitioners who do not make use of it in some form or other in their daily practice. Most of the apparatus fulfilling the requirements of modern science for the proper administration of Mechano-Therapy have been devised within that space of time. Only a few years hence Electro and Hydro-Therapy were scoffed at by leading medical men and these branches were in the hands of quacks and charlatans. The changes modern research has effected in this field are remarkable and all indications seem to indicate a still more remarkable development in the next few years. To-day every trained nurse employs some of the simpler forms of Mechano-Therapy in her daily routine work. Nearly all training schools attempt to give some instruction in these branches, however, generally with poor success. No matter how efficient the instructors may be, the time of the pupil nurse is so taken up with ward work and instruction in other nursing duties and theoretical work that it is an impossibility to successfully include a thorough course in Mechano-Therapy in the regular course of training. Here the special training school has to step in and give the trained nurse after her nursing training the necessary knowledge of physiologic therapeutics. In response to the demand for specially trained operators in Mechano-Therapy the Pennsylvania Orthopaedic Institute and School of Mechano-Therapy, Inc., 1711 Green St., Philadelphia, Pa., over ten years ago opened its school department to teach all these branches to nurses who are desirous to gain a thorough knowledge and to specialize in this work. If you are interested write for particulars and illustrated booklet.

# Modern Surgical Supplies

EASILY and  
THOROUGHLY  
CLEANED

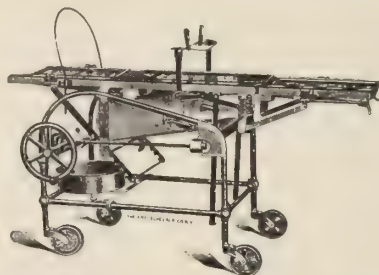


ALWAYS  
READY  
FOR USE

**RECORD SYRINGES** made in a variety of sizes  
*SEND FOR CATALOGUE*



ROLLING CHAIRS



SICK ROOM  
SUPPLIES


**SURGICAL FURNITURE AND STERILIZERS**

Complete Catalogues sent on application

**THE KNY-SCHEERER CO.**

404 West 27th Street

New York

BORDEN'S MALTED MILK (THE BEST THAT SCIENCE CAN PRODUCE)		 FREE FROM STARCH AND CANE SUGAR IT HAS NO EQUAL	
Sheet No. _____	Name _____	Doctor _____	Date _____
Address _____		Nurse _____	
Diagnosis _____			
Temp.			
Day of Disease			
Hour			
107			
106			
105			
104			
103			
102			
101			
100			
99			
98			
97			
Pulse			
Resp.			
Stools			
Medications			
Baths			
Expectorations			
Urine			
Food			
Sleep			

## Nurses' Temperature Charts

**ACKNOWLEDGED THE BEST**  
 Size, 12 inches by 11½ inches, 25 sheets to the pad.  
 Price, 20c. per pad, postpaid.

## ALSO BEDSIDE CHARTS

Same size as above, 50 sheets to the pad.  
 Price 20c. per pad, postpaid.

**Extra Fine Quality Paper. Write for Sample Sheets.**  
 Convenient, Durable, Folding Cloth Cover  
 for these pads, 40c. extra.

Malted Milk Department.  
**BORDEN'S CONDENSED MILK CO.**  
 108 Hudson St. New York.

# Instruction in Mechano-Therapy

## SWEDISH SYSTEM OF MASSAGE

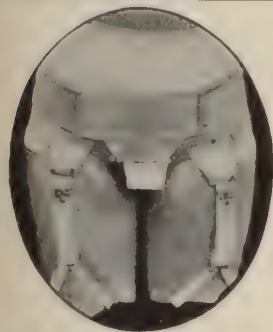
Medical and Corrective Gymnastics,  
Courses in Electro-Therapy and Hydro-Therapy.

We teach all branches of Physiologic Therapeutics; Original Swedish (Ling) system of Massage, Swedish Movements, corrective and medical gymnastics in specially equipped gymnasium. Medico-Mechanical Zander Gymnasium, Von Leyden and Frenkel systems for the treatment of locomotor ataxia, Bier's hyperemia method, Vibrators, Nebulizers, Frazier-Lentz Baking apparatus, Electric Light, dry hot air, blue light baths, hydriatic table, Solar and Lencodescent lamps, galvanic, faradic, static electricity, high frequency, sinusoidal currents, X-Ray work, Bachelet magnetic wave, Nauheim baths and Schott exercises, etc., etc.

The instruction is theoretical and practical. Daily lessons, lectures, quizzes, demonstrations on Anatomy, Physiology, Pathology, Massage and Gymnastics, Electro and Hydro-Therapy. Abundant clinical material. Students attend several City Hospitals. Diploma. Particulars and illustrated prospectus upon request.

Summer Classes open July 11; Fall Classes open Sept. 20 and Nov. 15, 1911.

Pennsylvania Orthopaedic Institute and School of Mechano-Therapy, (Incorporated)  
1711 Green Street, PHILADELPHIA, PA. MAX J. WALTER, Superintendent



## "STORM" BINDER AND ABDOMINAL SUPPORTER

PATENTED

*No Whalebones—No Elastic—Washable*

## STORM SUPPORTER COMPANY

ANNA B. DUNCAN, R. N.

M. NAGER

1269 BROADWAY (32d Street)

Telephone, 6276 Madison Square

Silk . . . . . \$12.00  
Linen Mesh . . . 10.00  
Half Silk . . . . 8.00  
Cotton . . . . . 5.00

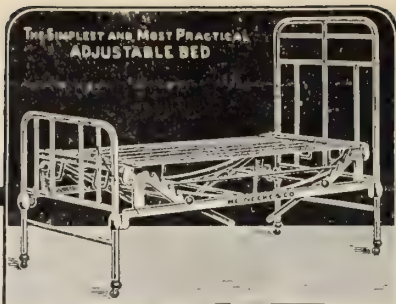
# The G. & M. Handy Accident Box

A Complete Sterile Box made up by a trained nurse to meet any emergency that may arise in a home or in traveling.

The box is small and may be easily packed in a suit case or trunk. Address,

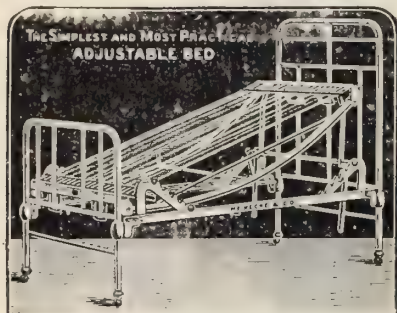
G. & M. Handy Accident Box, Tenafly, N. J.

**SIMPLE  
AND  
PRACTICAL**

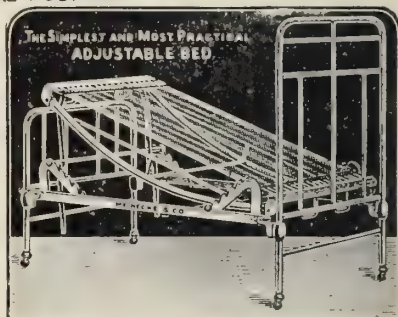


SHOWS BED IN NORMAL POSITION

**SANITARY  
AND  
DURABLE**



SHOWS HEAD OF BED ELEVATED



SHOWS FOOT OF BED ELEVATED

U. S. PATENT, JULY 12, 1910

**T**HE Key-note of the Meinecke Adjustable Bed is Simplicity. It has no cogs, cranks, chains, or wheels to get out of order, or harbor rust and infection. Instead, it is fitted at each end with a crossbar and automatic self-locking ratchet. As a result the bed can be instantly elevated at either head or foot in varying grades from 6 to 20 inches, the latter being sufficient to meet any contingency.

In all Hospitals it becomes necessary at certain times to raise the head or foot of the bed, and the method usually adopted of using books, blocks, and chairs, is not only cumbersome, and occasions great confusion, but is often attended with serious results to the patient, as well as occupying the time of two or three assistants.

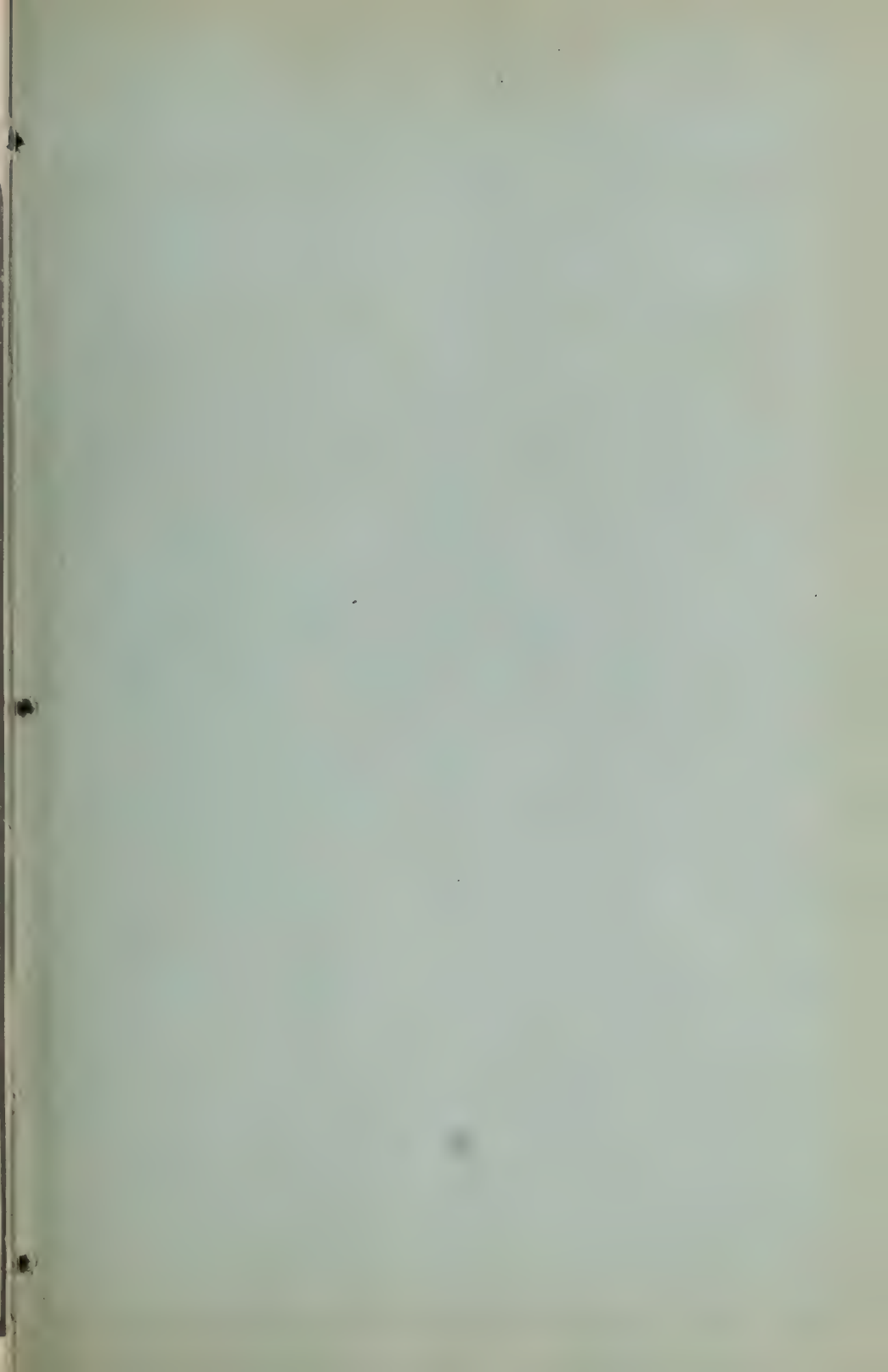
With the Meinecke Adjustable Bed one nurse can accomplish the work of two or three people in the space of a few seconds, as she can instantly elevate the foot or the head of the bed without the slightest jar for the patient, or strain to herself.

The absence of intricate working parts makes the bed just as sanitary as the regular Hospital Bed, and a great deal more so than other Adjustable Beds. The frame is strongly made, and coated with the finest White Enamel, while the woven wire spring Mattress is of exceptional strength.

Its simplicity, practicability, and durability make it a necessary article in every Hospital, and particularly in surgical wards.

*Write for Descriptive Circular*

**MEINECKE & Co.,** HOSPITAL SPECIALISTS  
48-50 PARK PLACE **NEW YORK**





THE  
ALUMNAE NEWS



Vol. 6.

JULY, 1911

No. 9



# ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

---

VOLUME VI

JULY, 1911

No. 9

---

PUBLISHED MONTHLY, FROM NOVEMBER TO JULY.

Sent free of charge to all members of the "Alumnae Association"

to others: { 50 cts. per year  
              { 10 " " copy

---

Editor—Miss E. DENIKE, 210 East 17th St.

Business Manager—MRS. W. C. GILLEY, 176 West 81st St.

Business manager (assistant) MISS A. H. MEIER.

News Editor—MISS L. O. GRAFTON, 8 W. 92nd St.

Secretary—MISS E. S. JOHNSON, 245 West 14th St.

---

## REPORTERS

Miss J. C. Stimson,

Harlem Hospital

Mrs. Jameson, 200 W. 14th St.

Miss Rough, 8 W. 16th St.

" Frederick, 321 E. 15th St.

" Walton, 8 W. 16th St.

Miss Ryerson, 321 E. 15th St.

" A. B. Stewart, Bath, N. Y.  
108 E. Steuben St.


Mrs. Hosking, 8 W. 92nd St.

Miss Golding, 245 W. 14th St.

" F. Nash, 8 W. 92nd St.

" Lavinia Wood, 8 W. 92 St.

---

 It is requested that notice of change of address be sent to the Secretary as promptly as possible, so that the mailing list may be kept corrected.

---

Those who have failed to receive the "Alumnae News"—or those who desire extra copies—can be supplied by calling at the Club, or copies will be mailed on application to the Secretary.

---

*Entered at the Post Office at N. Y. City as second class matter.*

# Sterilized Obstetrical Supplies

The sterilized obstetrical supplies provided by Van Horn & Sawtell for the aid and convenience of physicians and nurses are prepared with the same attention to quality, utility and sterility that are given to every product of the Van Horn & Sawtell laboratories.

To the physician and nurse such care and attention spell protection and safety.

For complete lists of obstetrical supplies, special outfits, sutures, etc. address

VAN HORN & SAWTELL  
307 Madison Avenue, New York, N. Y.

## A Non-Greasy Lubricant

needs little comment as to its superiority from every standpoint of cleanliness. The avoidance of greasy clothes and bed linen is always gratifying to the painstaking nurse, and this is only one of the many advantages that attend the use of



## K-Y Lubricating Jelly

the "perfect lubricant" for *catheters, specula, rectal and colon tubes.*

"K-Y" is water-soluble and easily rinsed from instruments, dressings and clothing without leaving the slightest stain.

"K-Y" moreover, is emollient and soothing to the skin, offering a prompt and effective means of relieving "bi-chloride rash" and kindred irritations.

A postal request will bring a liberal sample.

VAN HORN & SAWTELL  
307 MADISON AVE., NEW YORK, N. Y.

## ALUMNAE MEETING

The regular monthly meeting of the Alumnae Association was held June 8th at the Nurses' House with a large attendance.

Miss McVean being ill, Miss Florence M. Johnson presided.

After the various reports had been read and approved there was discussion regarding the prices for private nursing, and the same committee is to continue its work.

Miss Sutcliffe consented to serve as chairman of the Bazaar Committee for the Pension Fund.

Eight new members were accepted.

---

## NOTICES

### N. Y. H. ALUMNAE MEETING

The next regular meeting of the Association will be held in the Lecture room, 8 West 16th Street, on Thursday, October 12th, at 3 P. M.

### COUNTY SOCIETY

The quarterly meeting of the N. Y. County Nurses' Association will be held at the Central Club, 54 East 34th St., Tuesday, October 3d, at 8 P. M.

---

### COUNTY TICKET.

#### *President*

MISS CHARLOTTE EHRLICHER, R. N.....Post Graduate

#### *Vice-President*

MISS E. E. GOLDING, R. N.....New York

#### *Recording Secretary*

MISS IRENE YOCUM, R. N.....New York City

#### *Corresponding Secretary*

MISS NORMA CHARLES, R. N.....Roosevelt

#### *Treasurer*

MISS JANE GREENTHAL, R. N.....Mt. Sinai

#### *Trustees for Three Years*

MISS ISABEL EVANS, R. N.....St. Lukes

---

## COUNTY NURSES' ASSOCIATION MEETING

The annual meeting of the New York County Nurses' Association was held at the Academy of Medicine on Tuesday evening, June 6th, and elected officers, received reports and heard many matters of interest discussed.

The establishment of a Central Registry has been accomplished this year, and while its first year has been in the main satisfactory, it is expected that another year will enable it to mean more to the profession.

Miss Maxwell was chairman of the Legislative Committee last year, and she made a careful report of the work they had done to help the defeat of the Brennan bill. It seems probable that that bill will not be passed, but all those in touch with the matter feel that it is very important that the nurses keep in close communication and get ready to stand by a bill of their own controlling their own registries, as there seems to be strong interests wishing to command the situation. The necessity for registration of all nurses was emphasized.

---

## FOURTEENTH ANNUAL CONVENTION

The 14th Annual Convention of the Nurses Associated Alumnae was held in Boston May 31st, June 1st, 2d and 3d, at Park Street Church. Our alumnae was represented by Misses Goodrich, Henderson, Stimson, Anderson, Bridges, Duncan, Golding and Mrs. Rogers, with Mrs. Twiss as a permanent member. The invocation was by Rev. Hilyer, assistant rector of Trinity Church, and the address of welcome was made by Mayor Fitzgerald, the ever alert and interesting mayor of Boston. There were the various reports of Executive Committees, Treasurer, Interstate Secretary, Programme Committee, and addresses of the President, Miss Delano, on Wednesday.

Thursday the report of the Committee on Revision of the Constitution and By-Laws occupied the greater part of the day. The paper by Prof. C. E. A. Winsow, Professor of Biology of the College of the City of New York, on "The Role of the Visiting Nurse in the Public Health Campaign," aroused such enthusiasm that it was voted to print it and send copies to doctors, trustees, board members and superintendents of training schools and hospitals throughout the country. It will also be published in the Journal of Nursing.

The paper by Dr. Richard C. Cabot, on "Social Service Work;" Miss Mary E. Lent, of Baltimore, on "The Study and Prevention of Infant Mortality;" Miss Hillard, on "Nursing the Insane," will all be published and it is hoped every nurse will avail herself of the opportunity to read them.

As there are 198 separate organizations (including State, county, city and alumnae associations) forming the Nurses' Associated Alumnae, the name was a misnomer, so it was voted to change it to American Nurses' Association. The annual dues to the Association were increased from 10 to 15 cents per capita on the basis of membership January 1st.

The Committee on Pension Fund recommended that that work be dropped and an emergency relief fund or an emergency and permanent relief fund be started. This met with unanimous approval, the name to be decided upon later and over \$2,000.00 was pledged in a very few moments.

The Isabel Hampton Robb fund, to which we gave \$200.00 the past year, now amounts to \$7,000.00.

The Journal Purchase Fund, which has been ever with us, is now a thing accomplished and the Journal now belongs to The American Nurses' Association.

There are about 1,800 nurses enrolled in the Red Cross Nursing Service.

There were about 400 nurses at the convention, 273 delegates voting. Mrs. Helen Hartley Jenkins, who gave the money for the "Chair of Nursing" at Columbia, and Mrs. William K. Draper were elected honorary members of the Association.

The ticket as elected is:

*President*, Miss Sarah Sly, of Michigan.

*First Vice-President*, Mrs. Colvin, of Minnesota.

*Second Vice-President*, Miss Nichols, of Massachusetts.

*Secretary*, Miss Agnes Deans, of Michigan.

*Treasurer*, Mrs. C. V. Twiss, of New York.

*Directors for Three Years*: Miss Riddle, of Massachusetts; Mrs. Frederick Tice, of Illinois.

The Entertainment Committee provided automobile rides, receptions and a banquet and the Red Cross gave a reception to enrolled nurses. It was a most enjoyable occasion.

Next year the meetings will be held in Chicago.

---

## PENSION FUND

The Pension Fund Bazaar will be held in the afternoons and evenings of December 5th and 6th, 1911.

We require the co-operation of all the nurses to make it successful.

Miss Macdonald, 10 West 16th St., secretary and treasurer, will be glad to receive donations at any time.

I. H. SUTLIFFE,  
*Chairman.*

## NEWS OF THE CLUB AND THE CLASSES

Mrs. E. Young, of St. Paul, Minn. (Miss Dousman, '08), has been visiting friends in New York. While here she entertained her classmates, the Misses Moss, Birdsall, Hubbard, Cromwell, Torn Symons Wilson and Ethel Robinson at "afternoon tea" at the Plaza.

Miss Montague has returned from a ten weeks' vacation spent in Byron, N. Y.

Miss R. Riddle has been spending a few days in the city.

Miss Dakin is on a two months' vacation. She is visiting at Cherry Valley. Miss Boroughs is subbing for her.

Miss Olive Secord and Miss Hitchcock, class '11, have gone up to Campbell Cottage for the summer to assist Miss Ellison.

Miss Olcott, '10, is assistant superintendent of nurses at the Woman's Infirmary.

Miss Dora Browning has returned from Mexico, for the summer.

Miss Juanita Woods has resigned her position as head nurse in Ward H on account of ill health. She was operated on for appendicitis, was a patient on the fourth floor. She would like to thank all of her friends for their many kindnesses during her illness.

Dr. Stillman has been appointed on the medical staff of the O. P. D.

Miss Jessie McVean and Miss Jackes have both been patients on the fourth floor, P. P. B. After leaving this hospital Miss McVane went up to "Seven Oaks" to stay with Miss Carrie Sutcliffe for a short time, and Miss Jackes will go to her home in Toronto. Mrs. Emma Morse has also been up to Toronto for a few days.

Dr. and Mrs. Custler have returned from a two weeks' walking trip in the Catskills. Miss Ann Keator has been visiting Mrs. Custler.

Miss Jean Mackay has just returned from a trip to her home in Scotland. Her parents came back with her and are visiting in Hartford, Conn.

Miss Meyer has gone on an extended leave of absence. We hope she will enjoy her much needed rest.

Miss M. Hutchinson and Miss Gifford spent two weeks at Hebron, Nova Scotia.

Miss Mary Holland, '10, was among the nurses on duty in Westminster Abby, during the coronation ceremonies, June 22d.

Miss Florence Wright has gone to Osborne Hall, Bellevue Nurses' Club, to live.

Miss Golding has returned from a delightful visit with Miss Jane Wright at Wright Settlement, New York.

---

### MARRIED.

On Thursday, June 15th, at Melrose Park, Pennsylvania, Margaret Price Berrian to Dr. Fletcher Irvin Krauss.

The many friends of Laura C. Lynch will be glad to hear of her marriage to Mr. Samuel Alexander Linhart, of Bloomdale, Ohio, where she is now living.

---

### DEATH.

Suddenly at her home in Rome, N. Y., Mrs. Emeline W. Har-macker (class of 1878).

---

### HOSPITAL SUPPLIES FOR THE GOVERNMENT.

The recent estimates sent out by the Navy Department for their Supply Depot at Brooklyn, called for 300 of the Meinecke "Army & Navy" Combination Ice Bags and Helmets. This Combination Ice Bag and Helmet is so shaped that when flattened out, it forms a regular round shaped Ice Bag suitable for use on any part of the body. It can also be folded into Helmet shape, and in this way, is suitable for applying to any part of the head. This combination feature makes it very valuable for general use in a Hospital. The Bag is also fitted with a brass collar and with the patented Meinecke Unlosable Washer.

The same estimate also called for 100 of the Meinecke "Perfection" White Enameld Bed and Douche Pans.

On May 24th, the Field Medical Supply Depot of the U. S. Army at Washington, awarded a contract to Meinecke & Co. for 200 of the No. 4 White Enameld "Perfection" Bed and Douche Pans, while on June 12th, the same firm was awarded a contract by the Department of the Interior, for 38,000 of their "Simplex Sanitary" Paper Sputum Cups for use in the Indian Service.

## THE GREAT DEMANDS IN POST GRADUATE WORK.

When the subject of post graduate work was first presented to me for a paper, it seemed a possible matter to handle, but to my increasing dismay, as I have thought it over and discussed it with other people, I have found that it has assumed amazing proportions and that it presents problems far beyond my ability to solve.

The present system of post graduate work, or rather the lack of system is as confused as were my ideas, and I am now able to present not a paper on the subject but only a catechism.,

I intend to lay before you some questions that are, sooner or later to be faced. The need of their solution presses upon me in my own work, daily, as I see how harsh criticism is merited, because of our haphazard and unorganized methods. For an important part of a large educational system, it is deplorably lacking in regulation, unity, standards or anything else that goes to make it a system at all.

You will see that the questions that I am going to ask cannot possibly be answered except by the combined thought and the active interest of all who wish the elevation and advancement of the nursing profession.

1. What is post graduate work, in the commonly accepted sense of the term?
2. Are the so-called post graduate courses offered by our hospitals entitled to that name?
3. Why are nurses asking for post graduate work?
4. Why are hospitals offering it?
5. How can post graduate pupils be classified at present?
6. How should they be classified?
7. Should post graduate pupils be asked to work 9, 10 to 12 hours a day?
8. Should post graduate nurses pay a tuition fee?
9. Should there not be standards and methods, at least for the fundamental principles of nursing, that are universal?
10. Should post graduate nurses not be admitted at stated intervals in groups, that their training might be systematic and in classes?
11. To make this possible should hospitals not supply the training schools sufficient funds to enable the officers of the school to supply paid nurses to cover gaps occurring through emergencies?
12. Should not training schools that offer post graduate courses organize and work out together some scheme by which it is possible better to meet the demands of the post graduate applicants as well as take care of the need of the hospitals?
13. Shall we definitely offer Supplementary or Deficiency Courses for the graduates of those schools whose courses of training are so obviously inadequate?
14. Shall we not offer courses for specializing without demanding that with the course that is desired some other course be taken, in addition, in order to cover our own needs?
15. Should there not be a permanent graduate head nurse force in the hospitals where post graduates are taking their courses?
16. Should "recognized Training Schools" send out graduate nurses who feel an immediate need of further training?

These are the questions and their importance is great, particularly to those of us who are in the midst of the difficulties of the present arrangement.

From the point of view of the hospital these difficulties and disadvantages might be grouped as follows:

The difficulty of taking care of our patients properly on account of the varieties of method, and often on account of the ignorance of any method at all.

The difficulty of properly instructing either in theoretical or practical work. The necessity for giving the same class work over and over continuously because of the never ending stream of pupils.

The difficulty of fitting the work to the applicant, due to the lack of classification.

Differences in standards and ideals.

Difficulty in grading the applicants.

Lack of esprit de corps or any feeling of unity.

Difficulties of discipline due to difference of training, and of age, even of nationality and language.

Difficulties of attitude which is not always receptive and eager, but sometimes critical and faultfinding.

Difficulty in pretending to teach in a few months what it ordinarily takes two to three years to impart.

From the nurse's point of view the following are some of the difficulties:

Lack of systematic instruction.

Lack of proper instructors.

Overwork and too long hours.

Frequent unsuitable and unjust grading in work, on account of improper or lack of classification on admission.

The frequent feeling of too great pressure and perhaps of a lowering of standards, in the rush and swing of large active wards because it is so often impossible to care for each patient as the nurses are accustomed to care for the patients in the smaller hospitals from which they have come.

I cannot answer the questions nor solve the difficulties, but partial answers to some have been suggested in various discussions with heads of institutions and with young women who are doing post graduate work.

1. What is post graduate work? In the commonly accepted sense of the word, a post graduate course is a course in some special subject, following the completion of a sound fundamental preliminary training, with definite standards.
2. Are the so-called post graduate courses offered by our hospitals entitled to that name? Of the 53 nurses whom I interviewed personally, in 4 different hospitals (2 general and 2 special hospitals) 27 told me they were endeavoring by means of a post graduate course to make deficiencies in their preliminary training. It would seem then that a large proportion of post graduate courses are not post graduate courses at all, but deficiency or supplementary courses.
3. Why are nurses asking for post graduate work? For a good many reasons.
  - a. To make good deficiencies in their original training.
  - b. To specialize.
  - c. To learn the methods of another section of the country or of another country. (11)
  - d. To learn modern hospital methods after several years of private nursing. (5)
  - e. To prepare for institutional positions. (5)

- f. To qualify for state registration.
- g. For the entree into professional circles. (4)
- h. Because the original course was considered too short. (2 yrs., 3 mos.)
4. Why are hospitals offering post graduate courses?
  - a. Because there is a demand for it. Bellevue and Allied can do the nursing of three of its hospitals of nearly 200 beds apiece, with only affiliating and post graduate pupils.
  - b. Because until the time comes when training schools will be either self supporting or endowed, hospitals must have unpaid or cheap labor to take care of their patients.
  - c. Because of the dearth of applicants for the training schools.
5. How are post graduate nurses classified at present? They are not classified at all as far as I can tell.
6. How should they be classified? According to their elementary training, to the length of time since their training, the reason for desiring further experience, etc.
7. Should post graduate nurses (or any nurses) be required to work such long hours? Very few women in either industrial or professional work have such long hours and it is very much to be hoped that the time will come when nurses will have shorter hours and lighter work.
8. Should post graduate nurses pay a tuition fee? If the post graduate course can be made a part of a definite educational system, a tuition fee might properly be required, but if post graduate courses are given for the benefit of the hospital, it would hardly seem justified.
9. Should there not be standards and methods, at least for the fundamental principles of nursing, that are universal? This would seem not only ideal, but necessary if the nursing profession in the United States is to hold its place among the other professions. One might think that when the requirement for post graduate courses is that the applicant be a graduate, in good standing, from a "recognized training school," that such a statement was a guarantee for at least a certain amount of education and nursing knowledge, but such is not the case. Bellevue and Allied receive post graduates only from "recognized training schools" with the signature of the Superintendent of the Training School as a surety for that fact, but I have at Harlem started the post graduate course of graduate nurses who actually could not take temperatures, had never administered medication by hypodermic injection, had never assisted at a surgical dressing, had no knowledge whatever of some of the commonest nursing treatments, except from lectures and demonstrations, and had no conception of asepsis and antisepsis. Fortunately for Harlem all the post graduates have not been of this sort.  
It may seem Utopian, but it does not seem too much to hope for that the time may come when all graduates of "recognized training schools" can be relied upon to understand at least a few of the elements of nursing knowledge.
10. The admission of post graduate pupils at certain stated intervals would, I am sure, simplify affairs for the Superintendents of Nurses who are admitting post graduates and are struggling with the continuous performance of class work, the overlapping and curtailing of theoretical work, and the separate and individual planning that is necessary for every change.
11. To make this class work possible, some scheme must be devised. But that has yet to be worked out, at least at Bellevue and Allied.

12. In regard to the co-operation of training schools, in the matter of post graduate work, suppose that the Superintendents of Training Schools in New York, for instance, that offer post graduate work, should make themselves into a committee meet together and discussed their various courses, and applicants, and decided to co-operate. When one hospital had too many applicants at one time, it would send them to one of the others. Or when some special service in one hospital became light, nurses who were not needed for that service in that particular hospital would be sent to another hospital to complete their service there. At Bellevue and Allied of course it is possible to transfer nurses from one hospital of the system to one of the others, but there have been times when we would have been glad to send some of our nurses to some outside hospital for some service which for some particular reason had become too light or had become over-stacked with nurses, in our own hospitals. Details of such co-operation could easily be worked out.
13. The question of whether we shall offer definite deficiency or supplementary courses, as such, for the large number of graduate nurses who are seeking them under the present title of post graduate courses, must be met with another question. Do the Superintendents of the Training Schools from which these young women are continually coming, realize why their graduates are asking for further experience and more training, and if so, why don't they affiliate with such other schools as will give to their pupils the wider experience that they need and want?
14. At Harlem, if a nurse wishes special experience in surgical work, we are obliged to ask her to give us a corresponding period of service in our medical wards, and at Bellevue, if she wishes a two months' course she must also have with it a three months' course in some other subject. It seems to me that our New York Committee could take care of this difficulty after a little experimenting.
15. In regard to the permanent graduate head nurse force in the hospitals that offer post graduate work, does it seem right to place post graduate nurses under pupil head nurses or even under other post graduates, who in the last few weeks of their course are given charge of the wards? Surely no defense of either of these schemes can be made except from the point of view of economy.

Inadequate indeed are all these suggestions, but we dream of a time when there will be in various sections of the country a Board of Training School Superintendents with a paid secretary, to whom all applications for post graduate work will be sent; in whose hands is full information about the post graduate courses offered by hospitals; and who will advise and suggest and make up classes for the various hospitals. A year ago there were 2,742 letters of inquiry during the year to 12 hospitals alone. Suppose these letters had been referred to a Central Board and to each writer had been sent an application blank with definite questions to be answered about previous training, length of course, special subjects desired, amount of time that could be given to a course, the necessity for compensation, or the ability to pay a fee, section of the country preferred, etc., when the blanks came back to the Central Board does it not seem possible that the young women might have been directed to hospitals where each would have found her particular need best satisfied? Not that those of the 2,700 letter-writers who took post graduate courses did not get what they hoped for, probably most of them would have said they were quite satisfied with what they had received but they don't know what they might have had.

It embarrasses me sorely when my post graduates tell me on leaving

how valuable they feel their training at Harlem has been, for I know in my heart how much more they should have been given.

Suppose this Central Board—and why should each state not have its own post graduate board under the department of education? Suppose this Central Board had the power to say what schools could register with its sanction for post graduates, and what standards they must come up to, to do so, would schools that could not qualify receive applications for post graduate work individually? Certainly not for long.

Imagine that a "Class A" applicant, say from some excellent general hospital, with superior qualifications wishes to specialize in executive work, or some other special subject, her application, or possibly she herself, if the scheme is worked out so well, that the board knows even when vacancies are to occur, would be sent directly to the hospital which can best give her that experience. Suppose a "Class B" applicant, some one who wishes to brush up after several years of private work, or a "Class C" applicant who comes from a state hospital and wishes more practical experience, or a "Class D" applicant from a small private hospital wishing general training (one such nurse told me she was taking a post graduate course because she felt she needed a little more experience though she had had excellent experience, except in Surgery, Medicine and Obstetrics?) All these can be sent to the hospitals where they are ready and qualified to satisfy just such needs.

In our dream let us follow one of these nurses to her new field of work. We see her presenting her application card from the Central Board to the Superintendent of Nurses, who of course, was expecting her in accordance with her notification from the Board. No pedigree need be taken at this time, for the Superintendent has already received a copy of it from the Board.

We see her taken to her pleasant single room in the nurses home, and a little later go with her to a classroom where she is introduced to the other post graduate nurses who are to be in her class and who have been coming for the previous ten days or two weeks. We then hear a special instructor give an introductory talk on the work that is before them, on the ways of the hospital, the class of patients, and a general idea of the course. The next morning we see her taken to a ward and introduced to a head nurse in white, who delegating her own duties to her senior nurse, gives immediate attention to the newcomer. We see her lay out work that will give the strange nurse time to look around and to adjust herself. It may have to be bed-making, but it will not be dusting. Soon however, she will have to be shown various treatments or dressings and before long she will find herself in the full swing of the ward work. Her class work two or three times a week, in the afternoons will begin at once.

We have not time to follow her through, but at the end of her course, we learn that when she has passed an examination given by the central board, she receives a special certificate, authorized by the board, but given by the hospital.

We can even dream of the time when Training School Committees will offer prizes of special scholarships for some special post graduate course to those who could best profit by them, and we have visions of the time when hospital work will be so readjusted and lightened that pupils, post graduates, head nurses and superintendents will not be so physically worn out every night of their lives that they will be able to use their evenings as most women in other professions do, for study or recreation, or the reading that keeps one from believing that all the world's a hospital, or that the hospital is all the world.

This is a dream, but even dreams, if thought about and worked for, may come true.

JULIA C. STEVENSON, R. N.

## OFFICERS OF ALUMNAE ASSOCIATION 1911

### *Honorary President*

MISS IRENE H. SUTLIFFE,

### *President*

MISS JESSIE H. McVEAN, R. N.....333 East 17th Street

### *Vice-President*

MISS FLORENCE M. JOHNSON, R. N.....129 East 17th Street

### *Recording Secretary*

MISS JULIA C. STIMSON, R. N.....Harlem Hospital

### *Corresponding Secretary*

MISS E. S. JOHNSON, R. N.....245 W. 14th Street

### *Treasurer*

MISS M. V. Post, R. N.....8 W. 92nd Street

### *Trustees*

MRS. M. L. ROGERS, R. N.....Brooklyn Hospital

MISS L. E. ANDERSON, R. N.....109 Greene Ave., Brooklyn

MISS E. LINDGREN, R. N.....214 E. 17th Street

MISS H. R. STEWART, R. N.....8 West 92nd Street

MRS. E. J. HOSKING, R. N.....8 West 92nd Street

---

### FUND FOR SICK NURSES.

#### *Secretary and Treasurer*

MISS JENNIE M. WHITELAW,  
P. O. Box 113, Brooklyn, N. Y.

---

### BOARD OF TRUSTEES.

#### *Chairman*

MISS McVEAN

#### *Secretary*

MISS E. S. JOHNSON

### STANDING COMMITTEES.

#### *Executive*

MRS. ROGERS

MISS ANDERSON

MISS STEWART

#### *Credential*

MISS E. S. JOHNSON

MISS STIMSON

MISS F. M. JOHNSON

#### *Finance*

MISS Post

MISS LINDGREN

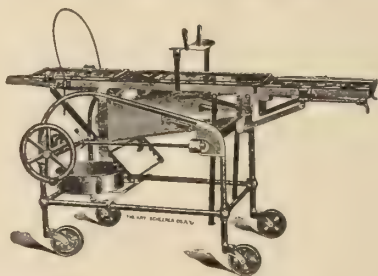
MRS. HOSKING

ALWAYS  
READY  
FOR USE

**SEND FOR CATALOGUE**



## ROLLING CHAIRS



## SICK ROOM SUPPLIES

**Complete Catalogues sent on application**

404 West 27th Street

New York

[illegible]

# Instruction in Mechano-Therapy

## SWEDISH SYSTEM OF MASSAGE

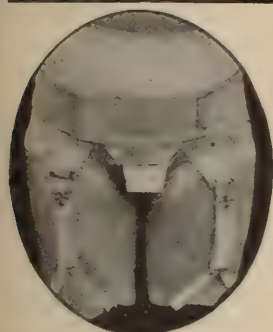
Medical and Corrective Gymnastics,  
Courses in Electro-Therapy and Hydro-Therapy.

We teach all branches of Physiologic Therapeutics; Original Swedish (Ling) system of Massage, Swedish Movements, corrective and medical gymnastics in specially equipped gymnasium. Medico-Mechanical Zander Gymnasium, Von Leyden and Frenkel systems for the treatment of locomotor ataxia, Bier's hyperemia method, Vibrators, Nebulizers, Frazier-Lentz Baking apparatus, Electric Light, dry hot air, blue light baths, hydriatic table, Solar and Lencodescent lamps, galvanic, faradic, static electricity, high frequency, sinusoidal currents, X-Ray work, Bachelet magnetic wave, Nauheim baths and Schott exercises, etc., etc.

The instruction is theoretical and practical. Daily lessons, lectures, quizzes, demonstrations on Anatomy, Physiology, Pathology, Massage and Gymnastics, Electro and Hydro-Therapy. Abundant clinical material. Students attend several City Hospitals. Diploma. Particulars and illustrated prospectus upon request.

Summer Classes open July 11; Fall Classes open Sept. 20 and Nov. 15, 1911.

Pennsylvania Orthopaedic Institute and School of Mechano-Therapy, (Incorporated)  
1711 Green Street, PHILADELPHIA, PA. MAX J. WALTER, Superintendent



## "STORM" BINDER AND ABDOMINAL SUPPORTER

PATENTED

*No Whalebones—No Elastic—Washable*

## STORM SUPPORTER COMPANY

ANNA B. DUNCAN, R. N.

MANAGER

1269 BROADWAY (32d Street)

Telephone, 6276 Madison Square

Silk . . . . . \$12.00  
Linen Mesh . . 10.00  
Half Silk . . . 8.00  
Cotton . . . . . 5.00

# The G. & M. Handy Accident Box

A Complete Sterile Box made up by a trained nurse to meet any emergency that may arise in a home or in traveling.

The box is small and may be easily packed in a suit case or trunk. Address,

G. & M. Handy Accident Box, Tenafly, N.J.

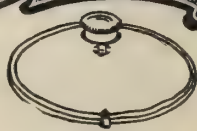
# ARMY & NAVY COMBINATION ICE BAG AND HELMET



# AN IDEAL BAG FOR THE HEAD



CLOTH INSERTED  
MAROON PURE RUBBER



PATENTED  
UNLOSABLE WASHER

The "Army and Navy" is the only PERFECT Helmet made.

It fits snugly and holds an ample quantity of Ice which can be moved to any part of the head, or centered over the base of the brain, if desired.

It can be flattened out to form the regular, round-shaped Ice-Bag suitable for use on any part of the body and especially for the abdomen.

It is made of cloth inserted Maroon Pure Rubber, with screw-cap and unlosable washer.

ADULT'S SIZE, 12 $\frac{1}{4}$  inches in diameter.

CHILD'S SIZE, 10 inches in diameter.

—Price List on Request—

## "PERFECTION" ICE BAG

### The Leading Hospital Ice Bag

It holds more ice than other bags, and is lighter in weight.

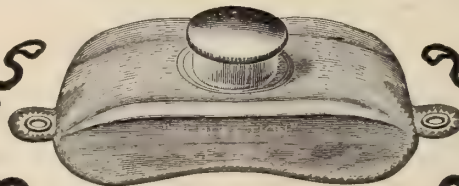
It can be perfectly adjusted and secured, and has a smooth and flat bottom surface when filled.

Its long, flat surface, makes the bag specially adaptable for the chest or abdomen.

It is the leading Hospital Bag and is made with our non-leaking, metal screw-cap, in both slate and maroon rubber. The Maroon Rubber Bags are fitted with our Patented 'Unlosable' Washers.

Small Size, 5x9 in.  
Medium " 6x11 in.  
Large " 7x13 in.

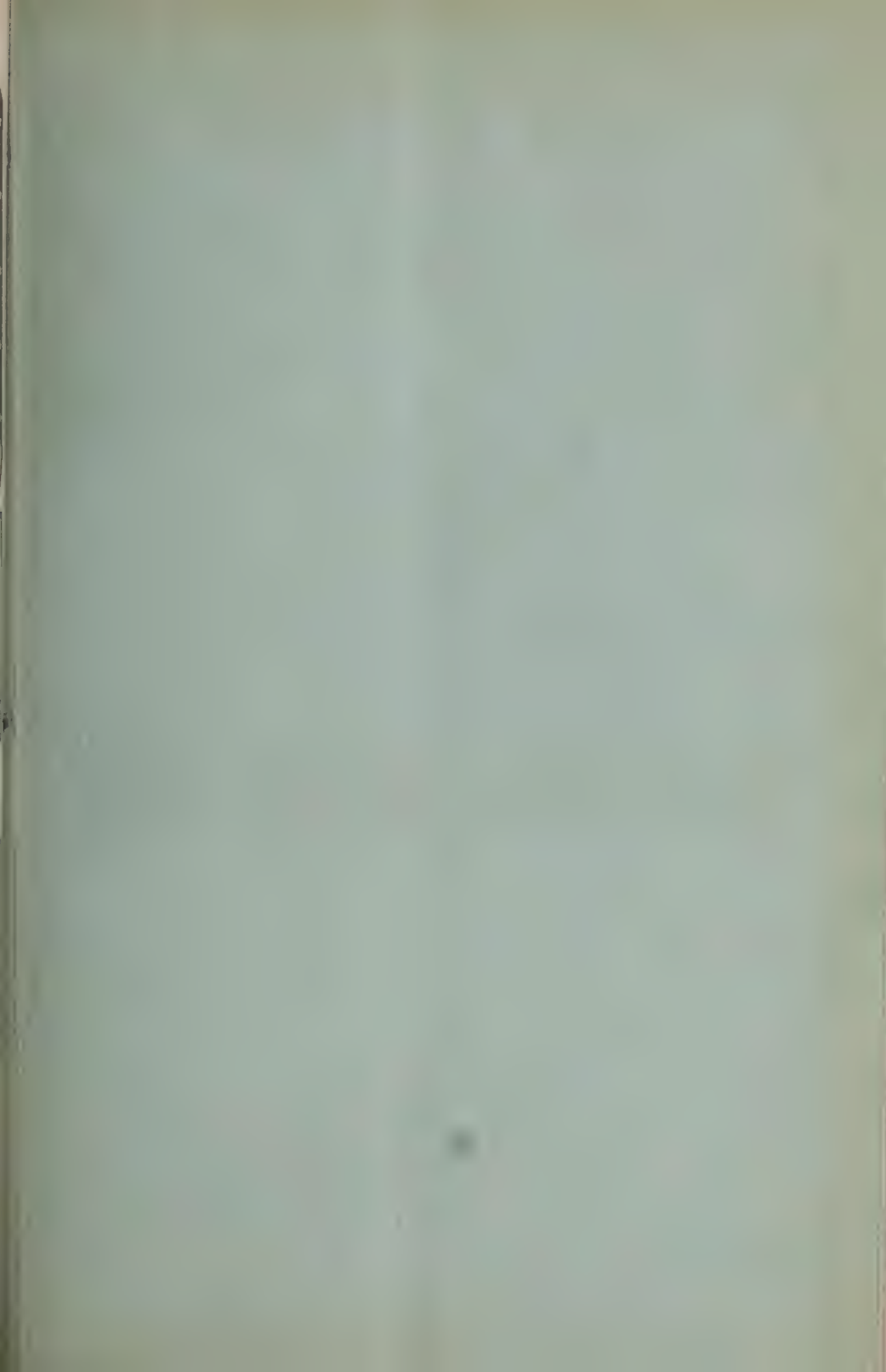
Price List on Request



Our specialties are sold by all leading dealers. We supply Hospitals at wholesale prices.

**Meinecke & Co.,** 48 & 50 **New York**  
Park Place

MAKERS OF ADVANCED SPECIALTIES FOR THE SICK-ROOM AND HOSPITAL  
WE SUPPLY HOSPITALS AT WHOLESALE PRICES





THE  
ALUMNAE NEWS



Vol. 7. ♡ NOVEMBER, 1911 ♡ No. 1

The  
Pension Fund Bazaar  
Number



# Sterilized Obstetrical Supplies

The sterilized obstetrical supplies provided by Van Horn & Sawtell for the aid and convenience of physicians and nurses are prepared with the same attention to quality, utility and sterility that are given to every product of the Van Horn & Sawtell laboratories.

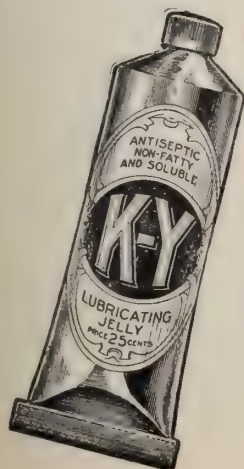
To the physician and nurse such care and attention spell protection and safety.

For complete lists of obstetrical supplies, special outfits, sutures, etc. address

VAN HORN & SAWTELL  
307 Madison Avenue, New York, N. Y.

## A Non-Greasy Lubricant

needs little comment as to its superiority from every standpoint of cleanliness. The avoidance of greasy clothes and bed linen is always gratifying to the painstaking nurse, and this is only one of the many advantages that attend the use of



## K-Y Lubricating Jelly

the "perfect lubricant" for *catheters, specula, rectal and colon tubes.*

"K-Y" is water-soluble and easily rinsed from instruments, dressings and clothing without leaving the slightest stain.

"K-Y" moreover, is emollient and soothing to the skin, offering a prompt and effective means of relieving "bi-chloride rash" and kindred irritations.

A postal request will bring a liberal sample.

VAN HORN & SAWTELL  
307 MADISON AVE., NEW YORK, N. Y.

# ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

---

VOLUME VII

NOVEMBER, 1911

No. 1

---

PUBLISHED MONTHLY, FROM NOVEMBER TO JULY.

Sent free of charge to all members of the "Alumnae Association"

to others: { 50 cts. per year  
10 " " copy

---

Editor—MISS E. DENIKE, 210 East 17th St.

Business Manager—MISS L. M. WYGANT, 8 West 92d St.

News Editor—MISS A. L. REUTINGER, 8 West 16th St.

Secretary—MISS E. S. JOHNSON, 245 West 14th St.

---


## REPORTERS

MISS FREDERICK, 321 E. 15th St. | MISS GOLDING, 245 W. 14th St.

MISS DUNCAN, 1269 Broadway | MRS. HOSKINGS, 8 W. 92d St.

MISS ANDERSON, 109 Greene Av., | MISS ROUGH, 8 W. 16th St.  
Brooklyn

---

 It is requested that notice of change of address be sent to the Secretary as promptly as possible, so that the mailing list may be kept corrected.

---

Those who have failed to receive the "Alumnae News"—or those who desire extra copies—can be supplied by calling at the Club, or copies will be mailed on application to the Secretary.

---

*Entered at the Post Office at N. Y. City as second class matter.*

## 1911 - 12

A renewal of interest is asked on the part of our members in the "News" and in the general work of the Alumnae Association for the season of 1911-12. The accomplishments of past years have brought great benefit to our graduates, through the Sick Fund, the Club and Registry, and the affiliation with various societies—all of which have made for progress and usefulness. This, however, has only been attained by the devotion and energy of comparatively few of our members, and it is hoped that a larger number will give greater effort to the problems which confront us. The most important of which, and the one calling for serious thought and action, is that of establishing a Pension Fund, the need of which is felt now, and will be felt more in the coming years. Other associations are working to meet the necessity for providing for the future of their graduates, and we are optimistic in our conviction, that with united interest and effort, we shall reach the goal.

Quotation from the By-laws of an Alumnae Association which has made splendid progress, will give an idea of the aims of a Pension Fund:

### ELIGIBILITY.

Each member of this Pension Fund who shall have been nursing for twenty years after graduation or after five years of nursing shall have supported herself by other occupation for the remainder of the twenty years, shall be eligible for the pension according to the following schedule:

a. Nurses who graduated before the existence of this fund and who joined within the first three years of its existence shall pay into the treasury of the fund two hundred dollars in addition to the initiation fee.

b. Nurses who graduated before the existence of this fund and who joined after the third year of its existence must have been members of the fund for twenty years before being eligible for a pension.

c. Nurses graduating after the establishment of this fund must have been members for twenty years before being eligible for a pension.

### EXCEPTIONS.

Should a member become totally incapacitated or disabled for self-support before the expiration of twenty years after graduations or before the expiration of twenty years' membership in the Pension

Fund, she may procure a pension upon the recommendation of the investigating physician and two-thirds vote of the entire Pension Fund Committee.

#### LIMITATIONS.

No pension shall be paid until at least six<sup>y</sup> thousand dollars is in the treasury to the credit of the Pension Fund. No pension shall exceed twenty-five dollars a month. If the net income of the fund, after the payment of current expenses, shall not be sufficient to pay a pension of twenty-five dollars a month to each applicant who is eligible therefor, then such net income shall be divided equally among the applicants who are eligible for pensions in accordance with these by-laws.

It is necessary to raise a large amount of money before anything can be accomplished. A nucleus fund is already formed, through the subscriptions of the graduates, which we hope will be greatly increased by the proceeds of a Pension Fund Bazaar, to be held at the Hospital on the afternoons and evenings of December 5th and 6th. Many contributions have already been received, and others may be sent to the Treasurer, Miss Macdiarmid, 8 West 16th St.

---

### ALUMNAE MEETING

The regular monthly meeting of the Alumnae Association was held in the Lecture Room, October 12th, at 3 P. M. The meeting was well attended, and called to order by the President. The reports of Secretary and Treasurer read and approved.

The schedule of increased rates for nurses was discussed and voted favorably upon by the members.

The appointment of Mrs. Gilley to fill the office of Secretary made vacant by the resignation of Miss Stimson, was announced.

Miss Sutcliffe, Chairman of Committee on Pension Fund Bazaar, spoke at length of its arrangements, and reported great progress.

The meeting was then adjourned.

---

#### NOTIFY THE SECRETARY OF CHANGE OF ADDRESS.

The members of the Association and subscribers to the "News" are most earnestly requested to keep the Secretary, Miss E. S. Johnson, 245 West 14th St., informed of change of address.

This request is made with each issue of the "News," but is not always complied with, as copies frequently do not reach subscribers. The "News" is not sent by letter post; therefore cannot be forwarded from an old address without extra charge—according to the postal laws.

## NOTICES

### N. Y. H. ALUMNAE ASSOCIATION.

The next regular meeting of the Association will be held in the Lecture Room, 8 West 16th St., on Thursday, November 9th, at 3 P. M.

The annual meeting of the New York State Nurses' Association was held at Albany, October 18-19.

The N. Y. Hospital was represented by Mrs. Twiss, President; Miss A. Goodrich and Miss Henderson, and by its delegates, Miss Wright and Miss Gibson. A report of the meeting will be given in the next issue.

---

### N. Y. COUNTY NURSES' ASSOCIATION

The October meeting was held at the Central Registry Club, with a large attendance. Nine delegates from New York Hospital Alumnae.

Miss Daniels' resignation from Executive Board was read and accepted. Miss Rhodes elected to fill the vacancy.

The new schedule of prices for private duty nurses was discussed at some length. There was quite a diversity of opinion.

Miss M. E. Thornton was elected as delegate to Convention of State Association, to represent the individual members. All names of delegates from affiliated associations were ratified.

The question of meeting every two months was discussed. Each affiliated association is requested to discuss the question and attend January meeting prepared to vote.

Nominating Committee to report at January meeting: Miss Russell, Miss Johnson, Miss Hillard, Miss Minegerade and Miss Purcell.

Miss MacIsaacs, Interstate Secretary of the American Nurses' Association, gave a delightful talk on "Organization and Organization Work," saying, in part: "There are 100,000 nurses—a great army for doing good work, if rightly directed. Nurses should conserve their ability by keeping well informed, as well as their means by keeping a bank account. Every association should pursue a course of study as part of the regular programme. There are two problems confronting us—education and relief fund. The Robb Memorial Fund, which is purely educational, is now \$3,700.

"If every nurse in New York City would subscribe for the 'American Journal of Nursing,' these two problems would be solved. Every nurse needs the Journal, and the Journal needs every nurse."

MATILDA AGNES FREDERICK.

Oct. 4, 1911.

## PENSION FUND BAZAAR

The Committee on Pension Fund Bazaar, of which Miss Sutcliffe has kindly consented to act as chairman, is most hopeful of success, and with committees and sub-committees are planning many novel features, which are sure to interest those who attend.

Booths beautifully arranged and decorated will display many articles, useful and ornamental.

The undergraduates will have a booth, which promises to be very popular and attractive, on which will be articles made or secured entirely by the pupils themselves.

The China Table will exhibit beautiful china of exquisite designs and finish, a delight to the connoisseur.

Innumerable dolls are in the hands of tailor and milliner, and some will be in the dear old uniform of the school.

There will be "side shows," including Dancing Dolls; Moving Pictures; The Dwarfs; Winkie-blinkie and Dinkie-kinkie; and others, affording amusement to young and old.

The Tea Room will be a charming nook, where cakes and jellies will be sold.

The sale of books, pictures, brasses and numerous articles, will give opportunity for selection of Christmas gifts.

Many books are in circulation, containing chances for an automobile, but Miss McCrea has still a number which she will be glad to furnish to those who will help. She will also give information as to size, style and power of the machine. It is hoped that all will be sold before the date of the Bazaar. The fortunate number will be announced on the last evening.

There will be tables of fancy articles, fine needle work, handkerchiefs, domestic and foreign; household articles of every description, flowers and candies, toilet articles of high grade, and boxes of surgical dressings, carefully sterilized.

A collection of pennies will be made, enough to reach from the Hospital to the Club. Please get as many as possible, so the line may be complete.

A number of graduates will appear in costumes of different countries and characters, and many in hospital uniforms.

A programme of the Bazaar is in preparation, for which advertisements will be gladly received.

Rates, Full Page.....	\$10.00
Half Page.....	6.00
Quarter Page.....	3.00

Everyone is most enthusiastic. Nurses working on paper flowers for decorations, cutting old uniform material for rag rugs, etc., etc., etc.

We feel success is ours.

## NEWS OF THE CLUB AND THE CLASSES

Miss Annie R. Young has completed her medical studies in Boston, and after a year in the post of superintendent of a hospital in Worcester, Mass., will begin the practice of medicine in Maine.

Miss Lillian I. Nichols, who has charge of the Tubercular work of the out-patient department of the Saginaw General Hospital, Saginaw, Michigan, sailed on the Berlin in September for a two months' trip to Europe. She is very successful in her work, and the Board of Managers have testified their appreciation by presenting her with an electric run-about, to aid her in getting around the city.

Miss Alice Strombom will spend several months at her home in Nassau, Bahamas.

Miss A. A. Taylor spent the summer at her home in Bethel, Conn.

Miss K. Tybjerg has resumed private nursing in Paris, after a summer at Copenhagen.

Mrs. Van Huzon is taking her vacation at Worcester, New York.

Miss M. E. Whitehouse has returned from a very happy vacation in Thompson, Conn.

Miss Josephine Hill has enjoyed the privilege of witnessing operations by the Mayo Brothers, Rochester, Minn.

The Misses Fligg, M. A. Robinson, A. Nudel, A. Fraser, Grace McCall, F. Nash, L. Finney, E. Richmond, Lillian Wilson, M. Tom, M. Kidney, G. Webster, L. Huyck, L. Smellie, I. Walton, Winifred Fraser, Mrs. E. Morse, N. M. Rough, A. Riddell, are in town, and report delightful vacations in Canada.

Miss M. Falconer and G. Morton are travelling towards California, where they expect to remain several weeks.

Miss Lena Hubbard and Ethel Robinson have taken up apartment life at 508 West 114th St.

Miss Ethel James sails for Bermuda October 21st, where she will remain until after the holidays.

Miss Bertha Sinnott sailed for Southern France, October 17th, where she will spend the winter with friends.

Miss Gertrude Seely spent some time at Short Beach, Conn.

Miss G. Sayers is living at the Club and doing private nursing.

Miss Rosenmüller has returned from Niagara-on-the-Lake.

Miss Isabel Earle sailed October 14th for her home in the West Indies, where she will spend the winter.

Miss Hannah Coffin has returned to the club after a very pleasant trip abroad.

Miss Buchan will remain at her home in Bright, Canada, for the winter.

Miss Florence Creighton enjoyed a delightful month at Atlantic City.

Miss Margaret Collins and Miss Gertrude Miller spent their vacations at Amagansett, L. I.

Miss Miller has taken an apartment at 381 Central Park West.

Miss Dora Browning has returned to the club after spending nearly two years in Mexico City.

Miss Bower has resumed her office work with Dr. Hartley and Dr. Murray, after a most successful summer as resident nurse at Mount Kineo House, Kineo, Maine. Among other nurses who enjoyed Maine this summer are: Miss E. Denike, E. Lindgren, E. Price, F. M. Johnson, R. Riddell, N. McCrae, A. L. Reutinger, E. M. Allen.

Mrs. William P. Despard, of Picton, Ontario, Canada, has announced the engagement of her daughter Katherine Inogene to Doctor Ralph W. Hillenbrand.

Doctor and Mrs. Cutter (Marie F. Moir, Class '05) have gone to Augusta, Ga., to live, Dr. Cutter having been appointed Professor of Physiology in the State Medical College.

Miss Florence Dakin has resigned from the N. Y. H., and is now housekeeper at the Paterson General Hospital, Paterson, N. J. She is succeeded by Miss E. Burroughs.

Miss L. Eichbaum (Class 1911), who has charge of the P. P. B. operating room, spent her vacation at her home in Dexter, Mich.

Miss Adeline Henderson enjoyed her vacation with friends in Virginia.

Miss Virginia Hunter is living at Osborne Hall, the Bellevue Nurses' Club, 426 East 26th St. She spent part of her vacation in the Catskills, and part with Miss Stewart at Bath, N. Y.

Miss Julia Stimson resigned from Harlem Hospital, and has gone to organize the Social Service work in connection with the Washington Heights University Hospital, St. Louis, Mo.

The Misses Jouffret spent the summer at Lake George and Niagara Falls.

Miss Ida Nudell has returned from her vacation. She went to Asbury Park and Toronto.

Miss Elsie Davies spent two months in England. Miss Davies and Miss Juanita Woods crossed on the Mauretania.

Mrs. L. A. Martin (M. Weatherhead, '06) has returned to her home in Calgary, after spending several months at her old home in Brockville. Miss Nettie Nudel, her classmate, visited her for several weeks.

Mrs. Rogers has resigned from the Brooklyn Hospital, and is resting at the club.

Miss Leila V. Jones, who substituted for Miss Gifford at the House of Relief, has accepted the position of Superintendent of St. Luke's Hospital, Newburgh, N. Y.

Miss Lamphear is residing at the club this winter, to be near her school work. She and other residents are busily working for the Bazaar.

Mrs. S. W. Cutler, Class 1894, sailed in July on the Scandinavian Line for Norway and Sweden.

Miss Carpenter, late of the Town and Country Club, spent the last year in Southern California, and enjoyed it so much that she will stay another winter.

Dr. Rollin Hills, who has been connected with the Tubercular work in the out-patient department, has resigned his post, and is succeeded by Dr. Mersenreau.

Miss M. Wilsey spent the summer at her father's camp, West Hill, New Hartford, Conn.

Mrs. Chas. Sands is now living in Las Cruces, New Mexico.

We extend our sincere sympathy to Mrs. Trow (H. G. Mathews) in her recent bereavement. Dr. Trow was a prominent specialist of Toronto.

Miss S. V. Gifford, Assistant Superintendent of the House of Relief, has returned after five months' leave of absence.

Miss Montagu, who has been in charge of the seventh floor P. P. building, resigned October 1st. We wish her every happiness in her new home.

Miss M. Ranken spent her vacation in the Green Mountains.

Miss Nancy Mitchell, Class 1889, has built a pretty home in Lebanon, Pa. Miss Mitchell sails soon for Dresden, where she spends most of the winter months.

Miss Eleanor Nickalls sailed on the *Lustania* October 18th, for her home in England, where she will remain some weeks.

Mrs. H. F. Smith enjoyed her vacation at Beacon-by-the-Sea, Point Pleasant, N. J.

Miss Helen Smith, Class '06, spent a busy and useful summer at her home in Hamilton, Canada, where she has been organizing district nursing and milk stations.

Mrs. Edward A. Buckley (R. Slocum, Class 1889) writes of the attractions of ranch life near Santa Barbara, California.

Miss H. L. Josephi, of Portland, Oregon, paid a short visit to her friends in New York in August. She returns to her home in October.

Miss Alice Twitchell is Superintendent of Nurses at the Hahne-mann Hospital, 67th St. and Park Ave. We all welcome Miss Twitchell on her return to New York.

Miss Kate M. Clarke will soon return from a visit in North Dakota and Wisconsin.

Miss Grafton returned October 10th after a most interesting three months' trip in Europe.

Miss Florence Giddings has taken an apartment at 116 West 109th St. She was appointed by the Board of Health to take up school nursing.

Dr. Francis Murray returned from a short visit to Paris, London and Berlin.

Miss Maud Jones, '08, is in charge of Ward L; Miss M. Grayson, '10, Ward M; Miss G. Nicholson, '11, Ward 1; E. Jessup, '11, Ward H; Miss E. M. Wilkinson, the seventh floor P. R. B.; Miss M. Koyl, '11, sixth floor; Miss M. Garrard, '11, fifth floor.

Miss M. Pugh has returned. She spent May and June at the Royal School of Instruction at Halifax, taking the nursing sisters' course in the Canadian Army Medical Corps.

Miss Anna Meier is the Assistant Superintendent of Nurses at the New York Infirmary for Women and Children.

Miss Nina Sinnott has returned to the operating room after a six months' trip abroad. She visited extensively in Italy and Switzerland. While in Paris she met Miss J. Woods, Miss Moesle. M. Whitmans, Mrs. Hosking, Miss Tucker and Miss Amy Holmes, who is Superintendent of Nurses at the American Hospital, Neuilly.

Mrs. James spent her vacation in Athens, N. Y.

Miss A. Pencheon is residing at the club house, after a successful summer with Mrs. E. N. Hair at The Lakeside Convalescent Home, Bantom Lake, Litchfield, Conn.

Dr. L. Wing, who was resident physician at the American Hospital, Neuilly, France, has returned, and is now connected with the out-patient department of the N. Y. H.

Miss M. M. Hunter is living at the club, and taken up private nursing.

Miss Agnes Houston spent her vacation at Hebron, N. S.

A letter from Miss Eleanor McPhedron, who is Assistant Superintendent in the Calgary General Hospital, graphically describes a most delightful vacation spent in the heart of the Rockies, with the Canadian Alpine Club, of which she is a member, having qualified for membership by climbing Mt. Daly.

Mrs. Emma Ewing's friends will be glad to know that she and her mother are living in Denver with her sons.

---

### MARRIED.

Lawrie—Innes. On Monday, September 4th, 1911, in London, England, Frances T. Innes to Alvah Kittredge Lawrie.

Kenyon—Hemenway. On Thursday, September 7th, 1911, in Glasgow, Mo., Josephine Hemenway to Dr. James Henry Kenyon.

Wheeler—Montagu. On Wednesday, Oct. 11th, 1911, Ella Louise Montagu to Dr. George Whiting Wheeler.

### BORN.

Campbell. On May 16th, 1911, to Mr. and Mrs. Allan W. Campbell, a daughter.

Goodman. On October 4th, 1911, to Mr. and Mrs. Julius Goodman, a daughter.

Cussler. On October 18th, 1911, to Dr. and Mrs. E. Cussler, a daughter.

---

## CHILDS' WELFARE LEAGUE

Owing to the fact that the work of the Metropolitan Auxiliary of the New York Child Labor Committee has grown to include moral reforms and educational efforts of broader significance than is indicated by the present name, it has been changed to Child Welfare League by a unanimous vote of its members.

The California State Nurses' Association, at its last annual meeting, held in Los Angeles, passed a resolution indorsing the woman suffrage movement by a unanimous vote. We rejoice with them in the recent attainment of the franchise.

## A Visit to Miss Amy Holmes of the American Hospital at Paris

Talking over the crazy French telephone, which was like trying to speak through a small ear trumpet into my own ear, I could barely understand Miss Holmes' directions how to reach "The American Hospital of Paris," but I was so eager to see her and her hospital that my friend and I decided to make a real excursion of it, and drive out to it, instead of taking the tram. It turned out to be a much shorter trip than we expected, for, although situated at Neuilly, one of the suburbs of Paris, it was only a short drive beyond the gate of the city proper. By tram from the centre of Paris it probably can be reached in about twenty minutes.

It was a very warm afternoon, but as the door of the hospital was opened to us by a neat little buttons boy, it seemed as though we had entered a different atmosphere. The shape of the building is that of a hollow square, situated at one corner of a large garden, and is a part of what sometime may be a large quadrangular building enclosing the central garden. From the street, the hospital, which is three stories high, looks like quite a large building, but as it has the depth of only one room and the corridor beyond, this appearance is deceptive. As we entered the door and ascended the few steps of the vestibule, we found ourselves looking through, directly into the cool, shady garden. Near the door were standing two or three nurses in white, one of them being Miss Holmes in the familiar New York Hospital cap, who came forward to meet us.

She took us at once into the garden, and gave us tea while we plied her with questions. The hospital can accommodate 24 patients, and had at that time 9 nurses, all English or American graduates. Miss Holmes is in entire charge, and has behind her and assisting her an active Board of Americans. The nurses are paid forty dollars a month, and have the usual hours of duty, from 7:30 to 7:30, with two hours off duty a day, half a day a week, and three or four hours on Sunday. They live in a comfortable apartment near the hospital, but have their meals in a pretty little dining-room in the hospital that opens on the garden. Miss Holmes and her house-keeper are the only nurses living in the hospital, and there is one resident interne.

The busiest time of the hospital is the summer, when the patients are almost entirely American travelers. During the other seasons, American students and other Americans resident in Paris, are apt to be the patients.

Out under the large spreading trees were several convalescent patients in lounging chairs, having tea. The nurses had just had theirs, and were going or coming across the grass, and the neat gravelled paths, and a little fountain was splashing in the centre. All was cool, shady, quiet, and the place seemed an ideal one for convalescence.

Before we left, Miss Holmes took us over the building, which seemed to us a perfect gem of a hospital. Never was there so white and shining and immaculate a little place. There were private rooms, costing from 28 dollars a week up, and a couple of most attractive small wards, containing about 8 beds each, where so many of the beds are endowed, that most of the patients are not obliged to pay at all. In the women's ward, there was one patient who had not been able to go out into the garden with the others. She was lying in a bed by a big open, double window, looking out on the cool greenness of the garden, and as she said to us, "If a person must be sick, she couldn't be in a more comfortable or beautiful place." The little operating room was most complete and compact, and Miss Holmes said, was used a great deal.

As we drove away, we thought that never again would the idea of illness in Europe have terrors for us, for if able to travel, we should always make a bee-line for The American Hospital of Paris.

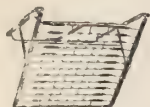
JULIA C. STIMSON.

---

### ANNOUNCEMENT.

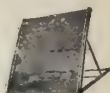
The Pennsylvania Orthopaedic Institute and School of Mechano-Therapy, Inc., 1711 Green Street, Philadelphia, Pa., wishes to announce the opening of the second section of the Fall classes on November 15, 1911. Applicants for this class are requested to report at 10 A. M. on this day of registration. If you have not sent in your application, kindly do so at once. All branches of Mechano-Therapy are theoretically and practically taught in individual instruction by experienced teachers. Upon satisfactorily passing the final examinations a diploma will be awarded. Graduates who desire institutional positions, register with us, and can generally, upon, or shortly after graduation, be provided with suitable positions. The beginning salary usually paid is \$50.00 per month and maintenance. At the present time we have over ten positions open paying up to \$75.00 per month and maintenance. Hundreds of our graduates have been placed by us in well-paying positions. We also place our wide experience at the disposal of those graduates who desire to engage in private practice, and find for them the proper places to locate. Trained nurses with a thorough training in Mechano-Therapy will do much better, if engaging in private work in this line, than in private nursing. The work is steady all year round; the hours of work are suited to your convenience; you are not tied down like in private nursing, and the remuneration is good for anyone who does conscientious work. In a letter we received a few days ago a trained nurse in Kentucky, who took our courses of instruction some time ago, stated: "Have worked all year and done well financially. Have made over \$200 almost every month." If you are interested in our line of work, write for particulars and illustrated prospectus.

# Thoughtful Nurses Study Patients Comforts



Q-2698 \$3.50

During this weather, the bed is trying. To relieve tired backs, make their meals more enjoyable, permit the sick to sit up without strain, Suggest a back rest. Styles to suit all requirements.



Q-2701 \$3.50



Q-2643 \$16.50

Aseptic Commode Chairs are comfortable to the sick—the ease with which the steel, porcelain enameled, pail may be cleaned recommends them to the nurse.

Moore's Patented Sick Bed Chair is unrivaled. Thoroughly appreciated by patient, physician and nurse. For your next serious case get one and see how much your labors are lightened.



Q-2655 \$12.50

Like all apparatus bearing our trade mark, these may be obtained from your dealer or

## THE KNY-SCHEERER CO.

*Manufacturers of*

### Surgical and Therapeutic Instruments and Apparatus

404-410 WEST 27th STREET,

NEW YORK.

Sheet No. _____		BORDEN'S MALTED MILK "THE BEST THAT IS MADE FOR INFANTS"		FREE FROM STARCH AND CANE SUGAR IT HAS NO EQUAL		Date. _____ 19__	
Name _____		Doctor _____		Nurse _____			
Address _____							
Diagnosis _____							
Date _____	Temp _____	<h2>Nurses' Temperature Charts</h2> <p><b>ACKNOWLEDGED THE BEST</b> Size, 12 inches by 11½ inches, 25 sheets to the pad. Price, 20c. per pad, postpaid.</p> <p><b>ALSO BEDSIDE CHARTS</b> Same size as above, 50 sheets to the pad. Price 20c. per pad, postpaid.</p> <p><b>Extra Fine Quality Paper. Write for Sample Sheets.</b> Convenient, Durable, Folding Cloth Cover for these pads, 40c. extra.</p> <p>Malted Milk Department. <b>BORDEN'S CONDENSED MILK CO.</b> 108 Hudson St. New York.</p>				Pulse _____	
Temp of Disease _____	Hour _____					Resp _____	
Temp _____	Temp _____					Stimulants _____	
Temp _____	Temp _____					Medicaments _____	
Temp _____	Temp _____					Baths _____	
Temp _____	Temp _____					Defecations _____	
Temp _____	Temp _____					Urine _____	
Temp _____	Temp _____					Food _____	
Temp _____	Temp _____					Sleep _____	
Temp _____	Temp _____						

# Instruction in Mechano-Therapy

## SWEDISH SYSTEM OF MASSAGE

Medical and Corrective Gymnastics,  
Courses in Electro-Therapy and Hydro-Therapy.

---

We teach all branches of Physiologic Therapeutics: Original Swedish (Ling) system of Massage, Swedish Movements, corrective and medical gymnastics in specially equipped gymnasium. Medico-Mechanical Zander Gymnasium, Von Leyden and Frenkel systems for the treatment of locomotor ataxia, Bier's hyperemia method, Vibrators, Nebulizers, Frazier-Lentz Baking apparatus, Electric Light, dry hot air, blue light baths, hydriatic table, Solar and Lencodescent lamps, galvanic, faradic, static electricity, high frequency, sinusoidal currents, X-Ray work, Bachelet magnetic wave, Nauheim baths and Schott exercises, etc., etc.

The instruction is theoretical and practical. Daily lessons, lectures, quizzes, demonstrations on Anatomy, Physiology, Pathology, Massage and Gymnastics, Electro and Hydro-Therapy. Abundant clinical material. Students attend several City Hospitals. Diploma. Particulars and illustrated prospectus upon request.

---

**Second Section of the Fall Class opens on Nov. 15, 1911—Winter Classes open on Jan. 9 and March 12, 1912**

---

**Pennsylvania Orthopaedic Institute and School of Mechano-Therapy, (Incorporated)**  
1711 Green Street, PHILADELPHIA, PA. MAX J. WALTER, Superintendent

---

## ABOUT CORSETS

Those made to individual measurements are the most satisfactory, because they are not only conducive to comfort, but good health.

Next to securing a well fitting corset comes proper adjustment.

We manufacture a light durable corset guaranteed to be made of **unbreakable** boning, yet so flexible as to allow of easy movement.

Special prices to Nurses.

### STORM SUPPORTER COMPANY

ANNA B. DUNCAN, R. N., Graduate, N. Y. H.

1269 Broadway (32d Street)

∴

NEW YORK

---

## The G. & M. Handy Accident Box

A Complete Sterile Box made up by a trained nurse to meet any emergency that may arise in a home or in traveling.

The box is small and may be easily packed in a suit case or trunk. Address,

**G. & M. Handy Accident Box, Tenafly, N. J.**

"EVER IN THE LEAD"

# MEINECKE

"Perfection"  
BED AND  
DOUCHE PAN  
Anatomically Correct in Shape

IT IS SANITARY  
IT IS COMFORTABLE  
IT IS EASY TO EMPTY

RECOMMENDED BY  
PHYSICIANS & TRAINED NURSES  
EVERYWHERE

#### RETAIL PRICES

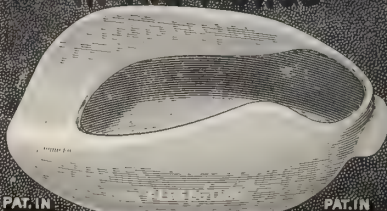
No. 1.	PORCELAIN,	-	Standard Size,	\$2.50
No. 2.		-	Small,	2.25
No. 3.	GREY ENAMELED,		Standard,	4.00
No. 4.	WHITE		"	4.50
No. 5.	GREY	"	Small	3.50
No. 6.	WHITE	"	"	4.25

SOLD BY ALL LEADING DEALERS

Sent upon receipt of price, express prepaid east of  
the Mississippi

HOSPITALS SUPPLIED AT WHOLESALE PRICES

THE MOST COMFORTABLE  
AND SANITARY BED PAN  
IN THE WORLD



PAT. IN GERMANY TWO U.S. PATENTS JUNE 5, 1900 GREAT BRITAIN

MEINECKE & CO

48 & 50  
PARK PLACE

NEW YORK.





THE  
ALUMNAE NEWS



**Vol. 7. DECEMBER, 1911 No. 2**



***DO YOU WANT ?  
BEAUTIFUL HAIR?***

---

# **Una Non-Oily Hair Tonic**

Thoroughly Cleanses the Scalp, Makes Hair Grow,  
Cures Dandruff, and Gradually Restores Faded or  
Prematurely Gray Hair to Its Natural Color.

For Shampooing and Scalp Treatments according to the  
"Una Method" consult **MARY L. PECK,**

**THE UNA MFG. CO.**

*Telephone 2562 Riverside*

**543 West End Ave.**

**NEW YORK, N. Y.**

# Sterilized Obstetrical Supplies

The sterilized obstetrical supplies provided by Van Horn & Sawtell for the aid and convenience of physicians and nurses are prepared with the same attention to quality, utility and sterility that are given to every product of the Van Horn & Sawtell laboratories.

To the physician and nurse such care and attention spell protection and safety.

For complete lists of obstetrical supplies, special outfits, sutures, etc. address

VAN HORN & SAWTELL  
307 Madison Avenue, New York, N. Y.

## A Non-Greasy Lubricant

needs little comment as to its superiority from every standpoint of cleanliness. The avoidance of greasy clothes and bed linen is always gratifying to the painstaking nurse, and this is only one of the many advantages that attend the use of



## K-Y Lubricating Jelly

the "perfect lubricant" for *catheters, specula, rectal and colon tubes.*

"K-Y" is water-soluble and easily rinsed from instruments, dressings and clothing without leaving the slightest stain.

"K-Y" moreover, is emollient and soothing to the skin, offering a prompt and effective means of relieving "bi-chloride rash" and kindred irritations.

A postal request will bring a liberal sample.

VAN HORN & SAWTELL

307 MADISON AVE.,

NEW YORK, N. Y.

# ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

---

VOLUME VII

DECEMBER, 1911

No. 2

---

PUBLISHED MONTHLY, FROM NOVEMBER TO JULY.

Sent free of charge to all members of the "Alumnae Association"

to others: { 50 cts. per year  
              { 10 " " copy

---

Editor—MISS E. DENIKE, 210 East 17th St.

Business Manager—MISS L. M. WYGANT, 8 West 92d St.

News Editor—MISS A. L. REUTINGER, 8 West 16th St.

Secretary—MISS E. S. JOHNSON, 245 West 14th St.

---


## REPORTERS

MISS FREDERICK, 321 E. 15th St.	MISS GOLDING, 245 W. 14th St.
---------------------------------	-------------------------------

MISS DUNCAN, 1269 Broadway	MISS ROUGH, 8 W. 16th St.
----------------------------	---------------------------

MISS ANDERSON, 109 Greene Av., Brooklyn	MISS ELIZABETH M. BOWER, 8 W. 92d St.
--	--

---

 It is requested that notice of change of address be sent to the Secretary as promptly as possible, so that the mailing list may be kept corrected.

---

Those who have failed to receive the "Alumnae News"—or those who desire extra copies—can be supplied by calling at the Club, or copies will be mailed on application to the Secretary.

---

*Entered at the Post Office at N. Y. City as second class matter.*

## DECEMBER, 1911

For the benefit of the members of the association living at a distance and those unable to attend the November meeting, the News publishes this month the reports of the annual meeting of the New York State Nurses' Association, held at Albany in October.

The papers and addresses keep us in touch with the problems before our profession, and the progress we are making toward their solutions. We must read with special interest of the address of Miss Annie W. Goodrich, and the appreciation of her work, as Training School Inspector, by the meeting.

It would also call attention to the notice of the meeting of the League for Nursing Education and to urge all nurses who can possibly attend, to do so, as it has been made an open meeting for the benefit of all who are interested in the subject to be discussed. It offers one of the many opportunities for enlightenment and education and we should spare no effort to merit and to live up to, the high reputation, which the nurses of New York State enjoy.

The work of the Pension Fund Bazaar is progressing splendidly, committees working with great enthusiasm. Many articles of different kinds have been received, besides sums of money from those who find that the most convenient form of giving. Graduates from afar have contributed according to their means, and we expect to hear from others before the date of the Bazaar. The booths will be beautifully decorated with paper flowers, and these decorations will be sold at the end of the sale, affording an opportunity to secure them for some similar occasion. A great amount of time and patience has been given to their manufacture by the nurses themselves.

A unique and attractive program described in detail on another page is in preparation and will be a treasure for the small sum asked for it.

There are still a few books on the Automobile, which we hope will be taken before the date of the Bazaar, and can be obtained from Miss McCrae, 8 West 16th Street.

We feel more confident with each day that passes, of big success for our Pension Fund Bazaar.

We welcome the new members who have joined the Association, and trust their interest and co-operation will grow with each year, and that the older members may have their help in carrying forward the work of the Association.

---

### ALUMNAE MEETING

The regular monthly meeting of the Association, which was held in the Lecture Room, November 9th, was largely attended, forty-nine members being present. There were five new members voted into the Association. Miss Macdiarmid, the treasurer of the

Pension Fund, reported that there was a sum of \$985.99 in the bank, and \$26.00 ready for deposit.

It was voted to recommend to the Association that it pay into the Pension Fund, the sum of \$1,000.00 in yearly installments of \$200.00. The papers were then read by our delegates to the New York State Nurses' Association, held in Albany in October. Miss Henderson told of the Superintendents' Meeting; Miss Gibson reported the proceedings of the first day, and Miss Wright reported those of the second day.

Upon adjournment, the social spirit of the meeting was greatly promoted by the delicious coffee and sandwiches served by the committee.

---

## NOTICES

### N. Y. H. ALUMNAE MEETING.

The next regular meeting of the Association will be held in the Lecture Room, 8 West 16th Street, on Thursday, December 14th, at 3 p. m.

### LEAGUE FOR NURSING EDUCATION.

The League for Nursing Education will hold an open meeting, to which all nurses are invited, to hear the subject of midwifery discussed. It is expected that Miss Van Blarcom will address the meeting on this subject, which she has been studying abroad. Miss Noyes will tell of the Midwifery School which has been started at Bellevue Hospital and the subject will be discussed from the standpoint of the Nurses' Settlement and from that of the Obstetrical Hospital. This meeting will be held at the Central Registry, 52 East 34th Street, on Wednesday, December 13th, at 8.30 p. m.

### FUND FOR SICK NURSES.

Members of the Fund for Sick Nurses are requested to pay their dues for 1912 at the January meeting or to send amount to the Secretary, J. M. Whitelaw, P. O. Box 113, Brooklyn, N. Y.

### SOUVENIR PROGRAM.

It will be of much interest to know that a specially arranged program is to be issued, in which will be found attractive cuts of the New York Hospital, the Nurses' Home, also photos of Mr. George P. Ludlum, Supt. Emeritus, Doctor Howell, the present Superintendent; Miss Irene Sutcliffe, Chairman of the Pension Fund; Miss Henderson, Superintendent of the Training School and Miss K. Macdiarmid, Secretary Pension Fund. As these programs should be prized by every graduate nurse of the New York Hospital, they will sell at 25 cents each, and should the demand be greater than the supply, orders will be taken at the Bazaar.

## ANNUAL MEETING OF NEW YORK STATE NURSES' ASSOCIATION

The Tenth Annual Meeting of the New York State Nurses' Association was held in the Assembly Chamber of the State Capitol, Albany, N. Y., on October 18th and 19th, 1911.

The meeting was called to order at 10 a. m., by the President, Mrs. Twiss. In the absence of the Secretary, Mrs. Schenck, Miss Irene Yocum, Secretary of the New York County Nurses' Association, kindly consented to act as Secretary pro tem.

*Invocation* by the Rev. Lewis Lounsbury.

Address of welcome by Mr. Rollins, Secretary to the Mayor of Albany.

Secretary's report was read and approved.

Treasurer's report stated that we had on hand a balance of \$1,361.91.

### REPORTS OF STANDING COMMITTEES:

*Almshouse:* Miss Pindell reported very gratifying progress in the County Homes. Nurses are being placed in charge, new buildings and additions to the old buildings are being erected for hospital use in several instances.

*Red Cross:* Miss Dewey. There are six local Committees, Manhattan and Bronx, Brooklyn, Utica, Albany, Rochester and Buffalo. There have been 532 enrollments during the year, 60 only being from Manhattan. Mrs. Stevenson was appointed a delegate with expenses paid to attend the Annual Red Cross meeting which is to be held in Washington, December, 1911.

Some were glad to know that duties preventing them from leaving home need not bar them from becoming members of the Red Cross Society, for such things as sending food and supplies to those in active service would be most acceptable at times.

*Public Health:* Miss Damer, although abroad, sent a very comprehensive report of the progress that is being made by nurses in schools, district nursing, social welfare work in stores, factories, insurance companies, etc.

*Uniform By-Laws;* in reference to Alumnae and County Associations. Miss Aline, Chairman, being unable to be present the report was read by Miss Yocum. A great amount of work has been done by this Committee, but the results are not in a sufficiently condensed shape to present to the Association. It was moved that the Committee be allowed an extension of time in which to complete their work.

*Legislation:* In the absence of the Chairman, Mrs. Burrill,

the following report was read: The Committee had availed themselves of the services of the Legislative Index Company of New York, who keeps it advised of any new bills or amendments that in any way may effect the Nurse Practice Act or the status of the Nurses throughout the State of New York. The New York County Nurses' Association was much interested in the Brennan Bill for the Licensing of Registries conducted by Nurses, which eventually was lost in the Committee. It was voted to continue the services of the Legislative Index Company for the coming year.

Report of the Training School Inspector, Miss Annie W. Goodrich. Miss Goodrich drew attention to changes in the new syllabus just put out by the State Department of Education in reference to Training Schools and gave the following statistics in regard to registration. Applications for registration in 1911—894; passed 884, 64 with honors. Failed—50. The schools represented were 107. We now have legislation in 27 States. In seven it is compulsory. Fifty-three per cent. of the schools allow one-half day on Sunday; 18 per cent. of the registered schools still have the bulk of their class work in the evening. We were urged to concentrate our efforts towards obtaining preliminary training outside the hospital schools in some secondary school.

She said that the standard of all professions have been made by their members, as an encouragement to us to keep on.

Address by the President. This address omitted all mention of special work as this was brought out by the various reports and papers, but she gave much appreciation to the faithful work which is being done by the private duty nurse.

She said it was her belief that "nurses are generally conscientious in their work. A correct discharge of the rites of our profession is not enough, and we shall not gain the esteem of our association nor the love of our patients by a simple carrying out of orders. It should be the aim of all members to give something more than faithful service."

The applause which followed her address showed how sincerely her faithful, efficient work is being appreciated by all the members of the association.

At 2.30 in the afternoon a most interesting talk was given at the Albany City Hospital by Dr. Henry L. K. Shaw on Modern Problems in Infant Feeding. A demonstration was also made by St. Joseph's Hospital, of Troy, in the Bathing of the New Born. Afternoon tea was served in the Nurses' Home by the Albany Hospital Nurses' Alumnae Association.

The meeting reconvened at 8 o'clock when a very interesting address was given by the Hon. Augustus S. Downing, First Assistant Commissioner of Education, his subject being, "The Nurse Practice Act and Its Administration." Mr. Downing spoke about the protection of the word "nurse" and the need of trained attend-

ants, saying that our great problem at present is that when the trained attendant goes she speedily practices as a nurse; that anyone may practice now as a nurse, there is no law prohibiting it; that we must have a body of trained attendants, there is no question, and that we should have certified trained attendants is still more important. It is really the nurses' problem to train these attendants, for as the nurse is to the doctor, so the trained attendant must be to the nurse—we need these different classes. There is work for all, but we must have a law which shows the difference clearly to the community.

He traced the progress of the laws governing the profession and the growth of the training schools. Only since 1903 has the profession been regulated by statute and marvelous work in construction has been done in the last eight years.

He laid great stress on the necessity of education in the building up of the organization. "The time is at hand," he said, "when the Nurse Practice Act should be amended so that the registered nurse will be protected. The whole problem of public health rests with the nurses, and they must have education. In the interest of health and well-being of State and Nation, strengthen the Nurse Practice Act and make it possible only for the trained nurse to act as nurse."

He gave a beautiful tribute to the ability and work of Miss Goodrich, saying that she was always reaching for and nearing her ideals. (Address will be printed and we hope to have a copy in the *Alumnae News* a little later.)

At Mrs. Twiss' suggestion, a vote of thanks was extended to Dr. Downing for his most interesting talk.

(Just what steps the Department is to take in advising a change in our present Nurse Practice Act was not brought up or discussed.)

After Mr. Downing's address Miss Adelaide Nutting was to have spoken on "The Professional Spirit," but as she was unable to be present, her assistant, Miss I. N. Stewart, read a very comprehensive article on "The New Demands in Nursing." One of the principal thoughts in her article was to show the increasing necessity of more efficient teachers for our training schools.

By this time it was late and everyone was ready to return to their rooms, having spent what seemed a very profitable day and evening.

BLANCHE GIBSON.

#### SECOND DAY—THURSDAY, OCTOBER THE 19TH.

Meeting called to order at 9 o'clock, the President, Mrs. Twiss, in the chair.

The President announced that the incorporation papers of the New York State Nurses' Association were filed and recorded April 7, 1902. It was moved and seconded that a seal should be secured for the Association.

Miss Katherine DeWitt, of Rochester, made her report as delegate to the Annual Meeting of American Nurses' Association, then followed an address by Miss Isabel McIsaac, Interstate Secretary. Miss McIsaac explained to us how the Interstate Secretary was appointed for the purpose of trying to bring the nurses all over the country from the local alumnae association up to the National Society to a realizing sense of what we might do if we all banded together and if we were working for a common good. She said that in looking back over what our nurses have done for the whole nursing body during the past eighteen years is really marvelous, and instead of being discouraged, as a good many of us are, and feeling that we are never going any further, we should be mightily encouraged. Our educational problem is, of course, the greatest problem that we have, and if we look after that and the ethical side of our work the economical side will take care of itself. She said things are gradually becoming better everywhere because our schools are becoming better, and that what we do need above all things all over the country is better teachers. She impressed upon us that we in New York should realize all of our opportunities because we have such fine schools, and New York nurses do very largely set the pace for what nurses do in other States, because we are such a large body and because we have opportunities for doing, in our contact with one another, and that is something we should not forget, and that whether we wish to be or not we are sort of an example for the rest of the country. Wherever State registration comes up and whenever there is any discussion of it, there is the New York law and the administration of the New York law spoken of, and that every State in the Union is sending to Albany inquiries about the administration of our law. This paper was fully discussed as to the relative requirements of education in the various States, the work done in the hospitals, hours of rest, hours of service and methods of teaching.

Then followed a paper by Miss Anna M. McGee, of Schenectady, on "The Opportunities and Need of Nurses Trained for Social Service in Small Cities." This paper was certainly a most interesting and inspiring one, showing what one nurse can accomplish with faith and determination, and we are certainly indebted to Miss McGee for her able paper and should offer her our sincere congratulations upon the splendid work she has accomplished.

The next paper presented was "District Nursing in Westchester County," by Mrs. Ralph Waldo Trine, chairman of one of the district committees. The Westchester District Nursing Association was the first in the United States to introduce visiting and district nursing into the rural districts. It was started by Miss Ellen Wood, graduate of Johns Hopkins Hospital, who gave lectures on "First Aid to the Injured" at her home in Mount Kisco.

Reports were read from the work of Miss Mary R. MacKenzie, Superintendent of Victorian Order of Nurses for Canada.

At 1 o'clock a very delightful luncheon was served at The Hampton, to the officers and delegates present, by the nurses of Albany and vicinity.

Meeting reconvened at 2.30 p. m.

A most interesting paper was read by Dr. J. Montgomery Mosher, of Albany, on "The Training of Nurses in Mental Affections." Dr. Mosher's paper was most able and contains many problems pertaining to the nursing of the insane, in which we as a profession should be vitally interested.

He spoke particularly of the folly of opposing an insane patient and especially of uselessness of treatment given against the patient's wishes, and most especially of establishing friendly relations with the patients.

He believes that mental training may pave the way for the elimination of the word "tact" from the graduating address, which seems to be the only thing the layman has left to warn the graduate about.

A paper followed by Dr. Lois Gannett on "Nurses in Country Homes." Dr. Gannett stated that in discussing this question of nursing in country homes with one of the leaders of the profession, she stated quite simply, "we must consider this question because it affects our own families, those nearest and dearest to us." She impressed upon us absolutely the cultivation of tact, and that it is the duty of us all when called upon to nurse in the country to teach the mother how to care for her home and children, so that when the nurse leaves, the family will feel they are better for having known her.

She must have had many unfortunate experiences with nurses in the country for her criticism of them was bitter, but she also gave a generous appreciation of the tactful nurse.

She believes that the problem of the care of the people of moderate means may be solved by every nurse assuming the role of teacher, so that every one of these families having had a nurse may eventually care for its own ill ones.

This ended the papers.

The President called for the report of the District Chairman, which was presented by Miss Annie Rhodes.

Miss Rhodes stated that since she had been in Albany she had talked with many, and when she asked, "what are you doing in your respective county, or in your respective Alumnae," she regretted to say that the answer usually was, "we are not doing much." She begged that each member would realize the individual responsibility that rests upon us in respect to our County and Alumnae Associations. On motion Miss Rhodes was asked to continue as District Chairman for the coming year.

A letter was read from Miss Von Blarcom, of the Society for the Registration and Regulation of Midwifery, who asked the support of the Association in the efforts of that Society to raise public interest and co-operation. A motion was made and approved that the Chair appoint a committee to draw up a resolution to this effect.

Miss Goodrich stated that she had received a letter concerning the Convention of Infant Mortality which is to be held in Chicago in November. It is being considered whether it is possible to have a section of nurses who are doing social work at this convention, or whether it is possible to carry on such a section continually.

It was moved and carried that the New York State Association join the Infant Mortality Association.

The question box was then opened and many interesting things discussed. The question came up that all nurses who are engaged in health problems should get together just exactly as superintendents do, as otherwise the work lacked uniformity. It was left to the Executive Committee to make arrangements for sectional meetings of the State Association for discussion of the different problems in which we are interested.

Invitations were received from Niagara Falls and Utica for the 1912 meeting. It was moved and carried that our next meeting should be held in Utica. Miss Dewey was nominated as our representative at the next meeting of the American Nurses' Association.

It was moved and carried that re-prints should be made of Mr. Downing's address, and that they should be sent to the different superintendents belonging to the State Nurses' Association.

Report of tellers: Following officers elected:

1911-1912.

<i>President</i> .....	MRS. TWISS,
<i>First Vice-President</i> .....	MISS DEWEY,
<i>Second Vice-President</i> .....	MISS JONES,
<i>Secretary</i> .....	MRS. STEVENSON,
<i>Treasurer</i> .....	MISS O'NEILL,
<i>Trustees for 3 years</i> .....	MISS GOODRICH,
<i>Executive Committee</i> .....	{ MISS MAXWELL,
	{ MISS YOCUM,
	{ MISS DANIELS,
<i>Nurse Examiner Board</i> ...	{ MISS CALLAHAN,
	{ MISS MORLEY,
	{ MISS CHRISTIE,
<i>Nominating Committee</i> ...	{ MISS RHOADES,
	{ MISS LIGENFELTDER,

F. S. WRIGHT.

## NEWS OF THE CLUB AND THE CLASSES

On Friday evening, November 3rd, a dance was given at the Nurses' Home for the benefit of the Pension Fund. About one hundred dollars was cleared and great credit is due to the committee, and especially to Miss Nellie McCrae for the success of the affair.

The music furnished by a stringed orchestra, provided through the generosity of Dr. Stella, was exceptionally good. In addition to an attractive program, a number of encores and extras were given.

Delicious refreshments of cake and fruit punch were served during the evening. There was a large attendance, and the floor was always well filled. Many of the graduates were among those present, while the Training School was well represented. On the Reception Committee were Miss Irene Sutcliffe, Miss Adeline Henderson, Miss Anna Reutinger, Miss Blanche Gibson, Miss Nellie McCrae, Miss Macdiarmid, Miss Burroughs, and Miss Florence Johnson.

A number of the House Staff and Alumni of the Hospital attended and contributed largely to the success of the evening. Dancing was continued until one o'clock, and everyone pronounced it a thoroughly enjoyable affair.

Miss Gladys Adams, Class 1910, has resigned from Campbell Cottage and is now in charge of the operating room, St. Luke's Hospital, Newburgh, N. Y.

Miss Ester Anderson and Miss A. Schleimann have taken an apartment at 101 Lexington Avenue.

Miss Helen Mewhort sailed for Europe November 18th.

Mrs. Hosking and Miss Juanita Woods returned from Europe and are living at the club.

Miss Mary C. Beecroft leaves on December 1st for San Francisco, where she will spend the winter.

Miss Anna Rathbun, Class 1911, accepted a position at Campbell Cottage, White Plains.

Dr. Herbert S. Thompson resigned as physician in charge of the P. P. B., and has accepted a position with the Public Service League of Baltimore.

Miss Hermine Moesle, who has been nursing in Paris, will spend two months in New York and return to Switzerland for the winter.

Dr. and Mrs. James R. Judd, of Honolulu, visited the Hospital last week. They are to go abroad for a year, returning by the way of India and Japan.

We were incorrect in the November item in regard to the social work in which Miss Julia C. Stimson is engaged, it is in connection with The Washington University Hospital and St. Luke's Children Hospital, St. Louis, Mo.

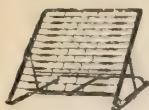
Miss Frances M. Quaife, Class 1889, who is at Vassar College, Poughkeepsie, is interested in and doing good work for the Bazaar.

Dr. Pauline Morton, of Rochester, Class 1883, was recently in town, calling on old friends. Dr. Morton was a delegate to the convention of the Federation of Women's Clubs.

A letter received in the early autumn from Miss Louise Swenson, Class 1910, from the Methodist Hospital, Nanking, China, tells of the almost impossible conditions of the institution in which she is working. She is the only trained nurse and all help is of the coolie class. There is no bathroom; all water is brought into the building in buckets, and the patients, who enter in unspeakable conditions of neglect, are cared for by relatives who come with them. Miss Swenson tells of the famine during the past year, following the flooding of the lands and destruction of crops. Dreadful as this report is, it is trifling, compared with the state in Nanking at the present time during the frightful revolution which is raging in China. We can have no personal news for some time, and can only hope that Miss Swenson has either joined the Americans who have withdrawn from Nanking, or that the hospital will be spared attack.

Through the courtesy of Rear Admiral Osterhout the enrolled Red Cross nurses of New York City were invited to inspect the fleet. The day was bright and sunny and the nurses eagerly responded to the kind invitation. They were received very courteously by the officers of the various ships, special attention being given to the operating room and hospital part. It was most interesting for them to see just how the officers and sailors were cared for when ill. Among the nurses from the N. Y. Hospital were Miss Maria Davies, Miss Blanche Gibson, Miss Florence Johnson, Matilda Jouffrett, Miss Jessie McVean, Miss Martha Russell, Miss Anna Reutinger, Miss Elizabeth Price, Miss Irene Sutcliffe, Mrs. C. V. Twiss.

## Thoughtful Nurses Study Patients Comforts



Q-2698 \$3.50

During this weather, the bed is trying. To relieve tired backs make their meals more enjoyable, permit the sick to sit up without strain, suggest a back rest. Styles to suit all requirements.



Q-2701 \$3.50



Q-2643 \$16.50

Aseptic Commode Chairs are comfortable to the sick—the ease with which the steel, porcelain enameled, pail may be cleaned recommends them to the nurse.

Moore's Patented Sick Bed Chair is unrivaled. Thoroughly appreciated by patient, physician and nurse. For your next serious case get one and see how much your labors are lightened.



Q-2655 \$12.50

Like all apparatus bearing our trade mark, these may be obtained from your dealer or

### THE KNY-SCHEERER CO.

*Manufacturers of*

Surgical and Therapeutic Instruments and Apparatus

404-410 WEST 27th STREET,

NEW YORK.

## WHEN YOU'RE FAGGED OUT

from a hard, nerve-wrecking case, and come home completely exhausted, rest is imperative. Your body demands sleep. Do you get it—or do you toss about through a restless night? If so, take a cup of

### BORDEN'S Malted Milk

(IN THE SQUARE PACKAGE)

hot before you "turn in." It will soothe your tingling nerves, mildly stimulate your aching body, and induce sound, refreshing slumber. It is free from that objectionable sweet taste and "tang" supposedly peculiar to all Malted Milks. Try it and be convinced.

Write today for TRIAL PACKAGE, together with copy of our "Unusual Recipe Book" and Samples of our NURSES' TEMPERATURE CHART, and BEDSIDE NOTES.

MALTED MILK DEPARTMENT

### BORDEN'S CONDENSED MILK CO.

NEW YORK

# Instruction in Mechano-Therapy

## SWEDISH SYSTEM OF MASSAGE

Medical and Corrective Gymnastics,

Courses in Electro-Therapy and Hydro-Therapy.

---

We teach all branches of Physiologic Therapeutics: Original Swedish (Ling) system of Massage, Swedish Movements, corrective and medical gymnastics in specially equipped gymnasium. Medico-Mechanical Zander Gymnasium, Von Leyden and Frenkel systems for the treatment of locomotor ataxia, Bier's hyperemia method, Vibrators, Nebulizers, Frazier-Lentz Baking apparatus, Thermo-Electric apparatus (system Dr. Tyrnauer). Electric Light, dry hot air, blue light baths, four cell baths (Dr. Schnee) hydriatic table, Solar and Lencodescent lamps, galvanic, faradic, static electricity, high frequency, sinusoidal currents, X-Ray work, Bachelet magnetic wave, Nauheim baths and Schott exercises, etc., etc.

The instruction is theoretical and practical. Daily lessons, lectures, quizzes, demonstrations on Anatomy, Physiology, Pathology, Massage and Gymnastics, Electro and Hydro-Therapy. Abundant clinical material. Students attend several City Hospitals. Diploma. Particulars and illustrated prospectus upon request.

---

Winter Classes open on Jan. 9 and March 12, 1912

Spring Class will open on May 15, 1912

---

Pennsylvania Orthopaedic Institute and School of Mechano-Therapy, (Incorporated)

1711 Green Street, PHILADELPHIA, PA.

MAX J. WALTER, Superintendent

---

## Announcement

Recognizing the demand  
for **CORSETS** to  
meet certain conditions

which may not require a supporter, and realising that the efficiency of a corset depends as much on proper adjustment as on the make of a corset itself, we beg to announce our readiness to not only design a corset for individual figures, but also instruct the wearer in the essential points of how to adjust it. Guaranteed for one year.

## STORM SUPPORTER COMPANY

ANNA B. DUNCAN, R. N.  
Manager

1269 Broadway (32d Street)

---

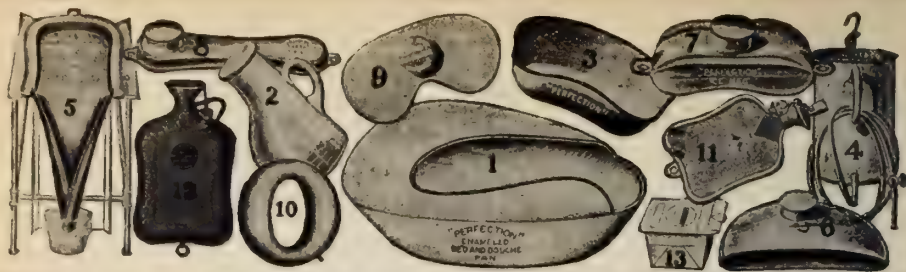
## ANDREW ALEXANDER

## SHOES

FIFTH AVENUE  
AT 45TH STREET

SIXTH AVENUE  
AT 19TH STREET

NEW YORK



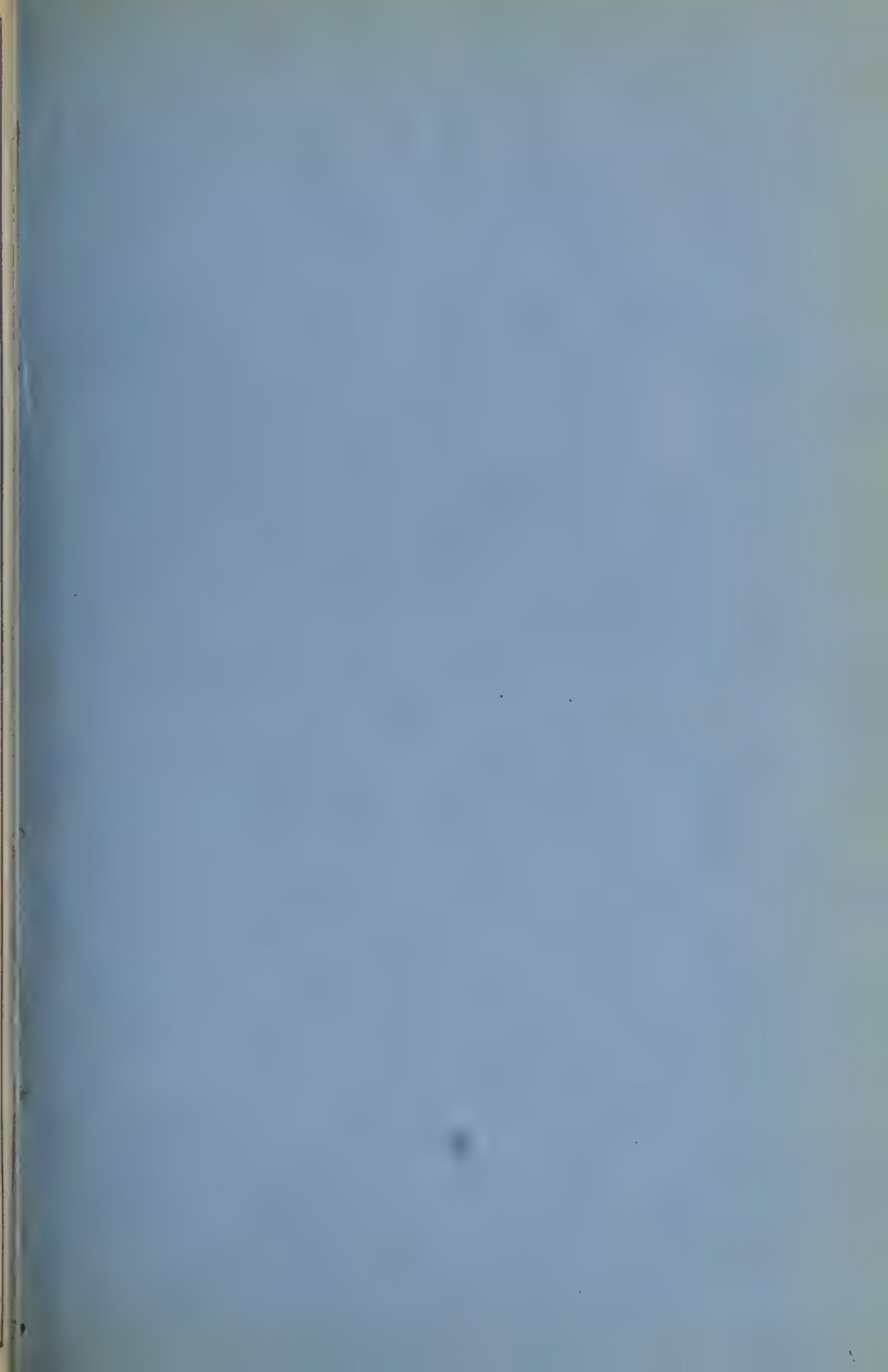
*No Hospital or Sick-Room  
is Complete without  
"Meinecke Advanced  
Specialties"*

**BEST FOR  
PATIENT AND NURSE**

### A Few of Our Leading Specialties

- 1 Perfection Bed and Douche Pan.
- 2 Perfection Male Urinal.
- 3 Perfection Dressing Basin (an improved Pus Basin with back higher than front.)
- 4 Progress Enameled Irrigator with Attachments.
- 5 Meinecke Aseptic Operating Pad (the Pad without a Crevice.)
- 6 Army and Navy Ice Helmet.
- 7 Perfection Ice Bag.
- 8 Progress Throat Ice Bag.
- 9 Meinecke Face and Ear Bag.
- 10 Solid Comfort Invalid Ring.
- 11 Hospital Beauty Hot Water Bag.
- 12 Meinecke Metal Hot Water Bottle.
- 13 Simplex Sanitary Paper Sputum Cup.

**MEINECKE & COMPANY**  
**HOSPITAL SPECIALISTS**  
**48-50 PARK PLACE, NEW YORK**





THE  
ALUMNAE NEWS



Vol. 7.      JANUARY, 1912      No. 3





## THE BERMUDA SANATORIUM

ST. GEORGE'S WEST BERMUDA

**A** HIGH-CLASS modern "kur-anstalt" for treatment, rest, recreation and the benefits of the sea. Not for tuberculosis or mental cases. ✱ Building of stone and concrete; spacious verandas and private balconies. Heated and lighted by electricity. Hot and cold sea water in the bath rooms. ✱ Driving, riding, boating, bathing, fishing, tennis, etc. ✱ Site unrivalled. Ice plant and farm in connection. ✱ Open the year round.

R. R. HIGINBOTHAM, Physician in Charge AUSTIN W. HOLLIS, Consulting Physician

Booklet and particulars from

EDITH P. WILKINSON, Secretary, 40 West Seventy-first St., NEW YORK CITY, or the Sanatorium

## SUPERFLUOUS HAIR

Moles and Facial Blemishes Permanently Removed by the Electric-  
Needle Operation No Pain Consultation Free

*Reference to Leading Physicians*

### ELECTROLYSIS COMPANY

9 East 40th Street

S. P. GILMORE, NEW YORK

Telephone, 6536 Bryant

OPEN SUNDAY BY APPOINTMENT

PHONE 5995 GRAMERCY

HIGH-CLASS  
PHOTOGRAPHS  
AT VERY REASONABLE PRICES

E. F. FOLEY, 164 Fifth Ave., Bet. 21st & 22nd Sts., New York

SPECIAL RATES TO N. Y. HOSPITAL STAFF AND ALUMNI

# Sterilized Obstetrical Supplies

The sterilized obstetrical supplies provided by Van Horn & Sawtell for the aid and convenience of physicians and nurses are prepared with the same attention to quality, utility and sterility that are given to every product of the Van Horn & Sawtell laboratories.

To the physician and nurse such care and attention spell protection and safety.

For complete lists of obstetrical supplies, special outfits, sutures, etc. address

VAN HORN & SAWTELL  
307 Madison Avenue, New York, N. Y.

## A Non-Greasy Lubricant

needs little comment as to its superiority from every standpoint of cleanliness. The avoidance of greasy clothes and bed linen is always gratifying to the painstaking nurse, and this is only one of the many advantages that attend the use of



## K-Y Lubricating Jelly

the "perfect lubricant" for *catheters, specula, rectal and colon tubes.*

"K-Y" is water-soluble and easily rinsed from instruments, dressings and clothing without leaving the slightest stain.

"K-Y" moreover, is emollient and soothing to the skin, offering a prompt and effective means of relieving "bi-chloride rash" and kindred irritations.

A postal request will bring a liberal sample.

VAN HORN & SAWTELL  
307 MADISON AVE., NEW YORK, N. Y.

# ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

---

VOLUME VII

JANUARY, 1912

No. 3

---

**PUBLISHED MONTHLY, FROM NOVEMBER TO JULY.**

**Sent free of charge to all members of the "Alumnae Association"**

to others:  $\left\{ \begin{array}{l} 50 \text{ cts. per year} \\ 10 \text{ " " copy} \end{array} \right.$

---

Editor—MISS E. DENIKE, 210 East 17th St.

Business Manager—MISS L. M. WYGANT, 8 West 92d St.

News Editor—MISS A. L. REUTINGER, 8 West 16th St.

Secretary—MISS E. S. JOHNSON, 245 West 14th St.

---


## REPORTERS

MISS FREDERICK, 321 E. 15th St.	MISS GOLDING, 245 W. 14th St.
---------------------------------	-------------------------------

MISS DUNCAN, 1269 Broadway	MISS ROUGH, 8 W. 16th St.
----------------------------	---------------------------

MISS ANDERSON, 109 Greene Av., Brooklyn	MISS ELIZABETH M. BOWER, 8 W. 92d St.
--	--

---

 It is requested that notice of change of address be sent to the Secretary as promptly as possible, so that the mailing list may be kept corrected.

---

Those who have failed to receive the "Alumnae News"—or those who desire extra copies—can be supplied by calling at the Club, or copies will be mailed on application to the Secretary.

---

*Entered at the Post Office at N. Y. City as second class matter.*

The old year is at its close with its accomplished work, and other problems well launched for solution during the coming year. The Rate Question is practically settled, and it is hoped that its uniformity will be satisfactory to nurses, patients and doctors. The Bazaar, which was a splendid success, adds largely to our Pension Fund and for the benefit of those not able to attend, it is described below by one of its most interested workers.

May the new year be a happy and prosperous one to all our members and to our Association, a year full of useful work and accomplishment.

---

## PENSION FUND BAZAAR

The Bazaar was held in the reception room of the Nurses' Home on December 5th and 6th. The room presented a beautiful appearance and reflected much credit on the Committee on Decoration. The first booth was most beautifully covered with cherry blossoms and hung with Japanese lanterns. The dainty ladies who had for sale articles of every description, and were most attractive in costumes of various countries, were pupils of the Training School.

The flower booth was covered with natural leaves and vines which enhanced the beauty of the flowers. Several dark haired French flower girls sold flowers about the room. The candy booth, decorated with bright yellow chrysanthemums, attracted crowds eager to test the home-made and other sweets so temptingly displayed.

The doll booth, covered with morning glories was particularly attractive, and was in charge of an Alsatian peasant girl.

<sup>of the</sup> The beautiful china on Mrs. Wilson's table will be long remembered, not less for its beauty than for the large sum realized.

The Bloomingdale booth covered with wistaria attracted crowds, interested to see articles made by the patients in that institution, as part of their treatment

<sup>10—</sup>  
<sup>9th</sup> The large booth decorated with red poppies, filled with articles of fancy work made by the nurses and their friends, was most popular. It would be difficult to find a more attractive display.

Next to this was the handkerchief booth covered with chrys-

anthemums. The proceeds of this booth showed how popular these articles are for Christmas gifts.

The book, picture, and brass booth decorated with poppies and evergreens was most artistic, and the Swedish peasant girl added much to its charm.

The little Dutch house with the shingled roof and sun flowers where nurses in Dutch costume sold household articles, attracted much attention.

Near the door at the cashier's desk were sold souvenir programs, and china with the hospital seal. This china will be kept for sale indefinitely at the hospital, and the proceeds devoted to the Pension Fund.

Attached to the Training School booth was a table where pennies were collected by the yard. This collection will be continued until a mile is secured. The Chinese Laundry of "Ching Lee," where Chinamen were at work, created much amusement and every one seemed eager to patronize so worthy an industry.

The illustrious "Mrs. Wiggs" was also there with her cabbage patch. She lamented that Asia and Europe had gone on an excursion and could not be present.

The tea-room was enclosed in green curtains and hung with wistaria. Music, vocal and instrumental, was provided for the guests.

Up a tiny stairs in an Egyptian room, Madam Seranté, the celebrated palmist, told of the past as well as the future and impressed all by her psychic power.

Aunt Dinah consented to show her "dancing dools" (also on sale), and we were fortunate to secure the services of "Winkie blinkie," the dancing dwarf. The crowds waiting to see them showed how much these celebrities were appreciated.

Colonial dames, Swedish, Swiss, Italian and Russian peasants, Turkish and Japanese ladies, added to the general charm and helped make the Bazaar attractive.

As the books for the automobile were not all in, the Committee is at this date unable to present a report. We hope, however, to realize about \$6,000.

## **NOTICES**

### **N. Y. H. ALUMNAE ASSOCIATION.**

The next regular meeting of the Association will be held in the Lecture Room, 8 West 16th Street, on Thursday, January 11th, at 3 P. M.

### **COUNTY SOCIETY**

The quarterly meeting of the New York County Nurses' Association will be held at the Central Club, 54 East 34th Street, on Tuesday, January 2nd, at 8.15 P. M.

### **LEAGUE FOR NURSING EDUCATION**

The League for Nursing Education will hold an open meeting at the New York Hospital on Wednesday, January 10th, at 8.30 P. M., at which Miss Goodrich will speak on State Registration.

### **RED CROSS COMMITTEE**

The meeting of the Manhattan Local Committee on Red Cross Nursing Service, to be held at the residence of Mrs. William K. Draper, 121 East 36th Street, has been changed from January 10th to January 17th, to enable Miss Delano to be present.

### **FUND FOR SICK NURSES**

Members of the Fund for Sick Nurses are reminded that dues for 1912 must be paid before the end of March, 1912. T. M. Whitelaw, P. O. Box 113, Brooklyn, N. Y.

### **ADVISORY BOARD**

At the January meeting of the Alumnae Association, a committee will be chosen to select an Advisory Board to assist in the investment of the Pension Fund.

## ALUMNAE MEETING

The Alumnae meeting was held on December 14th at the usual time, with 34 members present. The reports of the Secretary and Treasurer were read and approved and then Miss Sutcliffe, as chairman of the Pension Fund, told something of the Bazaar, though a full report was not yet possible, as the returns are not all in. Miss Sutcliffe said we had now about \$3,775.00 and \$500.00 in contributions, and she felt quite sure it would mount up to a total of considerably over \$6,000.00. She then gave an interesting bit of information regarding our last Fair, held nine years ago. The total receipts then were \$6,034.91, but of that amount \$3,372.00 were by contributions.

A report of the Committee on Salary Adjustment was then called for. The chairman not being present, a letter was read by the Secretary, stating that the committee had passed an amended schedule and were to hold a meeting January 27th, and hoped that this amended schedule would go into effect February 15th. As we had already voted a certain schedule at a previous meeting, it was voted to rescind that resolution and to adopt the schedule as amended by the committee, so that all the Training Schools might stand by one uniform schedule.

Miss Sutcliffe wished us to bear in mind that as our Fund has increased so much, it will be necessary to have an Advisory Board of men who will advise us as to investments, and she wished that we might be considering who would best serve us, so as to be prepared to vote when it became necessary. It was also mentioned that in January, 1912, those who are registered should again have their certificates registered by the County Clerk, as our law calls for such registration every third year in January.

The meeting adjourned to partake of the usual enjoyable refreshments.

## THE SCHEDULE OF RATES

The vexed question of rates was again considered by the joint committee, composed of delegates from the various city alumnae associations.

After hearing the reports from the associations represented, there was much discussion, and the schedule, amended once more, was sent back to the associations for their approval, and to allow of consultation with the boards.

It was suggested that the individual nurses talk the matter over with the doctors they know, so that there may be a general understanding that these changes are contemplated.

There seemed, at this meeting, to be perfect unanimity about the \$4 per day charge; also about the charge for contagious, alcoholic and mental cases; the discussion centering on "Day of going to a case, etc."—9 A. M. being considered by some too early, especially if the nurse had not gone on duty till the afternoon of her first day; in this connection, however, it must be remembered that when a nurse is called late in the day she is very likely to have to remain on duty all night—often very active duty—and if this happen, she has certainly put in a day's work by nine the following morning.

The charge in obstetrical nursing also was much discussed; the difference in rates while waiting; for the first week, or month, and the time remaining after this first week or month, seeming to the majority too complicated. A straight charge of \$30 per week throughout the case was recommended.

Another difficult point to settle was whether typhoid fever and tuberculosis should be classed as contagious diseases. This had finally to be left for each association to settle for itself.

This revised schedule (appended below) was brought before the N. Y. H. Alumnae at the December meeting and after due deliberation it was decided, in the interest of harmony of action, to accept this instead of the schedule adopted at a former meeting of our Association.

It is hoped that all our members will feel satisfied, as final action is to be taken at the meeting of the joint committee on Saturday, January 27th, 1912.

If there is anything further to be said on the subject it ought to be said before that date.

### SCHEDULE OF RATES

General Nursing .....	\$4 per day.
Contagious Cases .....	5 per day.
Alcoholic Cases .....	5 per day.
Mental Cases .....	5 per day.
Nervous Cases .....	30 per week.
Obstetrical Cases .....	30 per week.

Laundry to be paid by the patient on cases of contagion and out-of-town cases only.

All traveling expenses to be paid by the patient on out-of-town cases.

Day of going to the case, day of leaving the case, to be considered separate days, excepting where the nurse leaves before 9 A. M.

The nurse to be paid from time of engagement, providing she makes it known at the time.

---

## CONDENSED REPORT OF THE LEAGUE FOR NURSING EDUCATION

This meeting was held in the Central Registry on Wednesday, December 13th, at 8.15 P. M. The subject was "Midwifery, From the Nurses' Standpoint of View." Miss Van Blarcom, who has just returned from abroad, where she has been studying the question, gave the address of the evening. She began by saying that fifty per cent. of the births in this country were attended by midwives. Up to six months ago there were no schools in America for them, though there were a few "diploma-mills" in New York City, where by the payment of \$50 or \$75 women could obtain a certificate, often without seeing one case delivered. Miss Van Blarcom mentioned two solutions of the problem: first, the midwives must be eliminated, or, second, they must be trained and controlled. After long deliberation the first solution would seem to be impossible, owing to the large foreign element, who insist upon having midwives. If these people are educated to hold different views, the constant influx of new material in our immigration, renders it impossible to solve the question by the first method. The second solution must then be considered, and in order to do this intelligently, Miss Van Blarcom made first a study of the conditions in this country and then went abroad to study them there. In 33 of our States there are no laws relating to midwives. In 13 States mention is made of them, but there are no requirements as to training or education. Ours is the only civilized country where there are no efforts made to train or to control them. Miss Van Blarcom studied the laws of 16 countries, with the good or bad results of the general midwifery system. After that general survey she found the work in England the most simple and best suited to our conditions. She called attention to the fact that Miss Nightingale urged the training of midwives, and founded a school for midwives at King's College. In 1872, the Obstetrical Society of London founded a Board of Examiners of Midwives; in 1902, The Midwives' Act became a law and they then took over the Board of Examiners, which is composed of obstetricians, ophthalmologists, nurses and surgeons; this board gives recognition to schools and the graduates must pass their examinations and be subject to their inspection. The inspectors are women, usually physicians and nurses, and they feel a definite responsibility for the work of the midwives. Each midwife leaves a list when she goes out, of the

cases in the order in which she goes to them; the inspector takes this list and follows; if there is a labor case on, the inspector will often go and assist, criticize and make notes of the work of the midwife, and also make note of her progress or whether she is retrograding. If after repeated trials, she is inefficient she is requested to leave or is dropped by the board, and if she attempts to do that work again, it is a penitentiary offense.

The board requires that midwives make notes of all cases and that they get medical help when they recognize symptoms requiring it.

In 1910 medical aid was summoned just twice as often as in 1909, showing that symptoms of danger were more quickly recognized since there had been training of the midwife. This answers the objection of some who feel that in training midwives, there will be encroachment on medical practice. In New York City last year, the midwives reported 52,000 births. This would indicate the impossibility of eliminating them, and now the question remains of training and supervising their work. Miss Noyes then told of the school at Bellevue, which is in charge of Miss Aikman, who has recently left the Boston Lying-In Hospital, and who has been engaged in obstetrical work for 14 years. The night superintendent is a certified midwife from England. There are 12 beds for patients and 10 midwives in training. In less than five months, these midwives have each delivered 6 or 7 cases and they have seen all that have come. They are taught to cook and to clean, then to care for convalescent patients, next the babies, and then the sick. They attend every case, have seen 9 breech cases, eclampsia, placenta previa and p. p. hemorrhage. They are of six or seven nationalities; they come for a course of six months, receive no allowance, provide their own uniforms and have their own laundry done. Among the applicants to enter the school have been two from graduate nurses in the West. Miss Schatz, of the Henry Street Settlement, then told how the settlement had first thought that the midwives should be eliminated, but now they had come to feel very differently, as they saw that the sentiments of the foreigners who come in such numbers must be upheld. The Settlement then welcomes any measures that will place midwifery on a basis of training and control. Miss Cadmus followed with the statement that since the establishment of the Manhattan Lying-In, six years ago, in their district there has been a marked decrease of septic cases under midwifery, due either to the education of the midwives themselves, or possibly to the fact that the people are more ready to have medical help from the hospital. Miss Van Blarcom then added that the Department of Health had determined on midwifery inspection, and that in January a staff of 8 or 10 trained obstetrical nurses who had been appointed as inspectors, would begin their work. The meeting was very largely attended, both staircases being crowded, and it was voted to hold the next meeting at the New York Hospital, January 10th. This is also to be an open meeting, and Miss

Goodrich is to talk on State Registration, followed by a discussion of the Regents' Examinations. With Miss Goodrich as the speaker, State Registration as the topic, and the New York Hospital the place of meeting, it is hoped that our nurses will be present in large numbers.

---

## THE HOUSE OF HEARTS' DESIRE

One bright Saturday afternoon in the fall, we dropped in to see Doctors McQuinness, Asserson and Farrar, at their delightful house for private patients, 40 West 96th Street. After a social cup of tea, we had the pleasure of going over the house, and it was a pleasure, I can assure you. The only time you would ever suspect you were in a hospital, was when you saw the nurses in uniform and the operating room. It is just a beautiful private home, where twelve patients can be accommodated; one bright ward with four beds at \$2.00 per day; obstetrical ward, \$25.00 per week; private rooms from \$21.00 per week up. The House of Hearts' Desire, the patients call it among themselves, because all the little things not looked for in a hospital are found here. A vase just suitable for one's orchids. An old bit of copper that lightens the gathering gloom, leaping flames in the open fire to weave pictures in; a curtain with Bouncing Bets, and a screen with birds a-wing. I do wish you could have seen the old colonial room, with its great four-poster, quaint draperies, "comfy" old horse hair chairs, gay rugs and oval mirrors. The bed is draped with old linen sheets and counterpane made by the hands of Mistress Old Colonial Dame. In one corner stands a mahogany what-not, with treasures centuries old; on the walls hang samplers worked in the long, long ago, on endless summer days and cold winter evenings, when the great log fires glowed, and the wind roared in the chimney, and mayhap an Indian prowled about, and England was far away. Throughout the house—treasures from China, Italy, France, Germany, Canada, England and other places greet one from walls, bookcases and tables. A glimpse into the pantry disclosed an array of dishes that made us wild with envy. Patients may choose between Wedgwood, Belleek, Devonshire, or, if a lovely set of Chantecler is more appealing—there it is. In connection with this array of beautiful china we heard the only sad note in the House of Hearts' Desire, and that from Martha, the dear old Southern cook, who cooks as only a Southern mammy can and who says: "I don't see no reason, nohow, why dese yere folks ain't got good appetites. Lord-a-massy, dey don't eat nuffin." One patient had gone there to diet, but who could diet with such temptations near, as Martha's soups, roasts, puddings, cakes and sweet potato pies.

As nurses, it gave us great pleasure to hear one of the doctors give much of the credit of their success to the nursing staff; she said the patient's care comes first, they must be happy and will be, if the nurses' care and helpfulness can make them so. Whether

a bell rings at 2 A. M. or 2 P. M., it is answered promptly, and always with a smile and cheerful word. After meeting Miss Mudge and her associate nurses, we quite understand why the nursing went like clock-work. There are no hard and fast rules to be smashed or fractured. The patients have their own doctors or nurses, visitors or not, as they desire, their own books, papers and belongings. The men doctors are loud in their praise of the house, and are among its staunchest friends.

How I wish pen could describe the lovely rooms, flooded with sunshine and bright with flowers and plants, the darling babekin domain with its cribs, blankets and toilet articles, all of which are perfect.

But you must drop in, as we did, and see for yourselves the numberless little home touches that go to make 40 West 96th Street such a haven of rest and comfort for the sick and weary. It is well located for chronic semi-invalid cases, being near Central Park and the Riverside drive, and in the summer, the house has its own roof garden. May I add, that the latch string is always out to nurses and a warm welcome with it.

---

## NEWS OF THE CLUB AND THE CLASSES

Miss Mary Young has returned from Canada and is living at the Club.

Miss Caroline Robinson and Miss Edna Halsey, Class of 1908, sailed on December 7th for Paris, where they will take up work in the American Hospital.

Mrs. Van Huzon is visiting friends in Florida for the winter.

Miss Beulah Bain is doing district nursing in Montclair, N. J.

Miss Dora Browning has sailed for the City of Mexico, where she will resume private nursing.

Miss Ryerson has resigned from her position at the New York Infirmary for Women and Children.

Miss Frederick has quite recovered from a fall which she had a short time since.

At the December Alumnae meeting Miss Sutcliffe reported that when all returns from the Fair are in we shall have a comparatively large sum on hand for the Pension Fund; and as it would be the wise thing to invest this money, suggested that we each try to think of some man who might be invited to act on an advisory committee to assist us in investing it well.

Let each association member have at least one name ready to send in time for the January meeting; then, at that same meeting, a committee can be appointed to select the advisory board.

Judge and Mrs. Dugas (Mathilda Graham, Class, 1900) called recently on friends in this city. They were en route for Paris, where they will remain some months.

We learn with great regret of the recent resignation of Dr.

P. R. Bolton from our staff of Attending Surgeons. Dr. Bolton was House Surgeon in 1891 and appointed to the Attending Staff in 1900. His familiar presence will be greatly missed and his advanced skill as an operator, a great loss to the Hospital.

Dr. Otto Goehle has left Greenwich, Conn., and intends to practice in Cleveland, Ohio.

Dr. George Cottle, Assistant Surgeon in the U. S. Navy, has left the Samoan Islands. Dr. and Mrs. Cottle will settle in Chicago.

Miss Henderson has the deepest sympathy of the Alumnae Association and of all her co-workers in the recent loss of her sister, Mrs. Buchan.

The sympathy of the Association is extended to Miss Danaher in the loss of her father.

### MARRIED.

On Thursday, December seventh, at La Crosse, Wisconsin, Miss Florence Losey Easton, to Doctor Richard Walker Bolling.

### BIRTHS.

To Doctor and Mrs. James H. Lewis, November 28th, a daughter.

To Doctor and Mrs. F. E. Shine, Bisbee, Arizona, November 10th, a daughter.

---

With the new college year the University of Pennsylvania has established a chair of Mechano-Therapy and installed a mechanical department at the University Hospital. R. Tait McKenzie, M.D., Professor of Physical Education, has been appointed to fill the new professorship. This appointment well illustrates the importance leading medical colleges attach to Physiological Therapeutics and should impress the vast army of trained nurses with the necessity of thoroughly studying these branches. The more the medical profession recognizes the value of Mechano-Therapy the larger is the demand for well-trained operators in this line. The busy practitioner has to rely for this work on the services of the nurse who is specially trained for it and whose diploma from a recognized institution vouches for her efficiency. Only a school of high standing, which makes this work a specialty, with an able staff of instructors and an elaborate equipment can give such instruction of the highest standard. The Pennsylvania Orthopaedic Institute and School of Mechano-Therapy, Inc., Philadelphia, Pa., offers such courses of instruction to the nursing profession. To keep up with the rapid strides science is making, the courses are constantly improved and broadened and new apparatus installed. Among the new apparatus just installed are the Thermo-Electric Apparatus, devised by Dr. Tyrnauer, of Karlsbad, Austria, and the Hydro-Electric Four Cell Baths of Dr. Schnee.

Nurses interested in this work are advised to write to the Institute for particulars. The winter classes will open on January 9th and March 12th, 1912.



(Five yards long when stretched)

When  
your  
patient  
needs a  
Bandage  
get a

## Teufel Diakon Bandage

These bandages are made of long fibred cotton. They have all the elasticity of woven rubber and the coolness of cloth. They cannot ravel on the edges or fray at the ends.

All the sizes and styles are given in the "Teufel" catalog. Write to us for a copy.

**The Kny-Scheerer Co.**

*Manufacturers of Surgical and Therapeutic Instruments and Apparatus*  
404-410 West 27th Street, New York

## WHEN YOU'RE FAGGED OUT

from a hard, nerve-wrecking case, and come home completely exhausted, rest is imperative. Your body demands sleep. Do you get it—or do you toss about through a restless night? If so, take a cup of

### **BORDEN'S Malted Milk**

(IN THE SQUARE PACKAGE)

hot before you "turn in." It will soothe your tingling nerves, mildly stimulate your aching body, and induce sound, refreshing slumber. It is free from that objectionable sweet taste and "tang" supposedly peculiar to all Malted Milks. Try it and be convinced.

Write today for TRIAL PACKAGE, together with copy of our "Unusual Recipe Book" and Samples of our NURSES' TEMPERATURE CHART, and BEDSIDE NOTES.

MALTED MILK DEPARTMENT

**BORDEN'S CONDENSED MILK CO.**  
NEW YORK

# Instruction in Mechano-Therapy

## SWEDISH SYSTEM OF MASSAGE

Medical and Corrective Gymnastics,

Courses in Electro-Therapy and Hydro-Therapy.

---

We teach all branches of Physiologic Therapeutics; Original Swedish (Ling) system of Massage, Swedish Movements, corrective and medical gymnastics in specially equipped gymnasium. Medico-Mechanical Zander Gymnasium, Von Leyden and Frenkel systems for the treatment of locomotor ataxia, Bier's hyperemia method, Vibrators, Nebulizers, Frazier-Lentz Baking apparatus, Thermo-Electric apparatus (system Dr. Tyrnauer). Electric Light, dry hot air, blue light baths, four cell baths (Dr. Schnee) hydriatic table, Solar and Lencodescent lamps, galvanic, faradic, static electricity, high frequency, sinusoidal currents, X-Ray work, Bachelet magnetic wave, Nauheim baths and Schott exercises, etc., etc.

The instruction is theoretical and practical. Daily lessons, lectures, quizzes, demonstrations on Anatomy, Physiology, Pathology, Massage and Gymnastics, Electro and Hydro-Therapy. Abundant clinical material. Students attend several City Hospitals. Diploma. Particulars and illustrated prospectus upon request.

---

Winter Classes open on Jan. 9 and March 12, 1912

Spring Class will open on May 15, 1912

---

Pennsylvania Orthopaedic Institute and School of Mechano-Therapy, (Incorporated)

1711 Green Street, PHILADELPHIA, PA.

MAX J. WALTER, Superintendent

---

## Announcement

Recognizing the demand for **CORSETS** to meet certain conditions

which may not require a supporter, and realising that the efficiency of a corset depends as much on proper adjustment as on the make of a corset itself, we beg to announce our readiness to not only design a corset for individual figures, but also instruct the wearer in the essential points of how to adjust it. Guaranteed for one year.

## STORM SUPPORTER COMPANY

ANNA B. DUNCAN, R. N.  
Manager

1269 Broadway (32d Street)

---

## ANDREW ALEXANDER

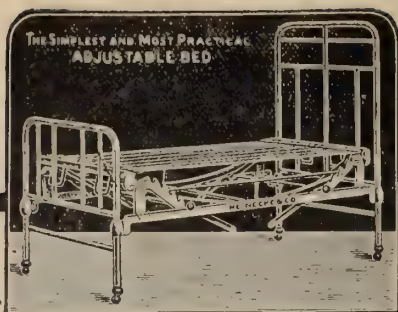
# SHOES

FIFTH AVENUE  
AT 45TH STREET

SIXTH AVENUE  
AT 19TH STREET

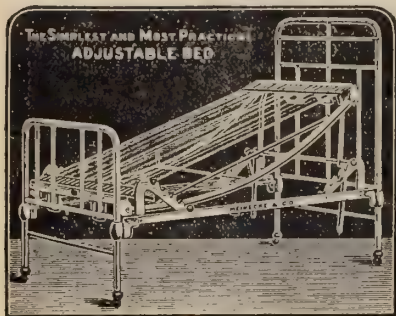
NEW YORK

**SIMPLE  
AND  
PRACTICAL**

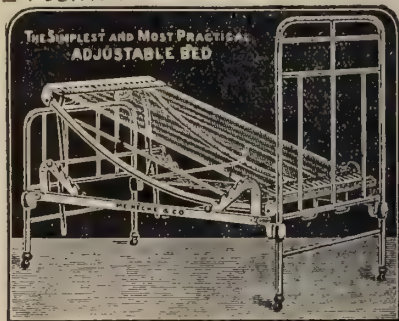


SHOWS BED IN NORMAL POSITION

**SANITARY  
AND  
DURABLE**



SHOWS HEAD OF BED ELEVATED



SHOWS FOOT OF BED ELEVATED

U. S. PATENT, JULY 12, 1910

**T**HE Key-note of the Meinecke Adjustable Bed is Simplicity. It has no cogs, cranks, chains, or wheels to get out of order, or harbor rust and infection. Instead, it is fitted at each end with a crossbar and automatic self-locking ratchet. As a result the bed can be instantly elevated at either head or foot in varying grades from 6 to 20 inches, the latter being sufficient to meet any contingency.

In all Hospitals it becomes necessary at certain times to raise the head or foot of the bed, and the method usually adopted of using books, blocks, and chairs, is not only cumbersome, and occasions great confusion, but is often attended with serious results to the patient, as well as occupying the time of two or three assistants.

With the Meinecke Adjustable Bed one nurse can accomplish the work of two or three people in the space of a few seconds, as she can instantly elevate the foot or the head of the bed without the slightest jar for the patient, or strain to herself.

The absence of intricate working parts makes the bed just as sanitary as the regular Hospital Bed, and a great deal more so than other Adjustable Beds. The frame is strongly made, and coated with the finest White Enamel, while the woven wire spring Mattress is of exceptional strength.

Its simplicity, practicability, and durability make it a necessary article in every Hospital, and particularly in surgical wards.

Write for Descriptive Circular

**MEINECKE & Co.,** HOSPITAL SPECIALISTS 48-50 PARK PLACE **NEW YORK**





THE  
ALUMNAE NEWS



Vol. 7. FEBRUARY, 1912 No. 4





# THE BERMUDA SANATORIUM

ST. GEORGE'S WEST

BERMUDA

**A** HIGH-CLASS modern "kur-anstalt" for treatment, rest, recreation and the benefits 'of the sea. Not for tuberculosis or mental cases. ✱ Building of stone and concrete; spacious verandas and private balconies. Heated and lighted by electricity. Hot and cold sea water in the bath rooms. ✱ Driving, riding, boating, bathing, fishing, tennis, etc. ✱ Site unrivalled. Ice plant and farm in connection. ✱ Open the year round.

R. R. HIGINBOTHAM, Physician in Charge    AUSTIN W. HOLLIS, Consulting Physician

Booklet and particulars from

EDITH P. WILKINSON, Secretary, 40 West Seventy-first St., NEW YORK CITY, or the Sanatorium)

## SUPERFLUOUS HAIR

Moles and Facial Blemishes Permanently Removed by the Electric-  
Needle Operation    No Pain    Consultation Free

*Reference to Leading Physicians*

### ELECTROLYSIS COMPANY

9 East 40th Street

S. P. GILMORE, NEW YORK

Telephone, 6536 Bryant

OPEN SUNDAY BY APPOINTMENT

PHONE 5995 GRAMERCY

HIGH-CLASS  
PHOTOGRAPHS  
AT VERY REASONABLE PRICES

E. F. FOLEY, 164 Fifth Ave., Bet. 21st & 22nd Sts., New York

SPECIAL RATES TO N. Y. HOSPITAL STAFF AND ALUMNI

# Sterilized Obstetrical Supplies

The sterilized obstetrical supplies provided by Van Horn & Sawtell for the aid and convenience of physicians and nurses are prepared with the same attention to quality, utility and sterility that are given to every product of the Van Horn & Sawtell laboratories.

To the physician and nurse such care and attention spell protection and safety.

For complete lists of obstetrical supplies, special outfits, sutures, etc. address

VAN HORN & SAWTELL  
307 Madison Avenue, New York, N. Y.

## A Non-Greasy Lubricant

needs little comment as to its superiority from every standpoint of cleanliness. The avoidance of greasy clothes and bed linen is always gratifying to the painstaking nurse, and this is only one of the many advantages that attend the use of



## K-Y Lubricating Jelly

the "perfect lubricant" for *catheters, specula, rectal and colon tubes.*

"K-Y" is water-soluble and easily rinsed from instruments, dressings and clothing without leaving the slightest stain.

"K-Y" moreover, is emollient and soothing to the skin, offering a prompt and effective means of relieving "bi-chloride rash" and kindred irritations.

A postal request will bring a liberal sample.

VAN HORN & SAWTELL  
307 MADISON AVE., NEW YORK, N. Y.

# ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

---

VOLUME VII

FEBRUARY, 1912

No. 4

---

PUBLISHED MONTHLY, FROM NOVEMBER TO JULY.

Sent free of charge to all members of the "Alumnae Association"

to others: { 50 cts. per year  
              { 10 " " copy

---

Editor—MISS E. DENIKE, 210 East 17th St.

Business Manager—MISS L. M. WYGANT, 8 West 92d St.

News Editor—MISS A. L. REUTINGER, 8 West 16th St.

Secretary—MISS E. S. JOHNSON, 245 West 14th St.

---

## REPORTERS

MISS FREDERICK, 321 E. 15th St.	MISS GOLDING, 245 W. 14th St.
---------------------------------	-------------------------------

MISS DUNCAN, 1269 Broadway	MISS ROUGH, 8 W. 16th St.
----------------------------	---------------------------

MISS ANDERSON, 109 Greene Av., Brooklyn	MISS ELIZABETH M. BOWER, 8 W. 92d St.
--	--

---

~~It~~ It is requested that notice of change of address be sent to the Secretary as promptly as possible, so that the mailing list may be kept corrected.

---

Those who have failed to receive the "Alumnae News"—or those who desire extra copies—can be supplied by calling at the Club, or copies will be mailed on application to the Secretary.

---

*Entered at the Post Office at N. Y. City as second class matter.*

## FEBRUARY, 1912

The month of January has been a very interesting one in the annals of our Association.

It has seen the final settlement of the Pension Fund Bazaar, which has added to the fund, the substantial sum of \$6,855, this with the previous amount in the fund, makes a nucleus which encourages to constant effort toward its growth.

The League for Nursing Education met with us on January 10th and was one of the largest and most notable meetings ever held in our Lecture Rooms.

If one recalls the birth of this league, a few years ago, when Miss Sutcliffe issued an appeal to superintendents of training schools and a handful met together to discuss training school subjects, one realizes the advance the profession has made in the direction of organization.

The Alumnae meeting was also of unusual interest.

A detailed accounting was given of the proceeds of the bazaar and other matters were freely discussed by the members present. The report of the meeting given on another page, speaks of the discussion following the announcement of the Treasurer, that a number of nurses were in arrears for dues, and the decision to enforce the By-law, by dropping all such members who fail to respond to notification.

We are very reluctant to lose members, but it is impossible for the Association to meet the obligations of these nurses, as their dues must be paid to the County, State and all associations with which we are affiliated, as long as their names stand on the membership list.

An effort is being made to clarify the membership list, and this can only be accomplished by weeding out those who are in arrears.

---

The fact that the famous surgeon, Dr. Charles Mayo, has recently undergone operation at one of our New York Hospitals, gives added interest to the paper on the Mayo Brothers' Hospital, published in this month's "News."

## NOTICES

### **N. Y. H. ALUMNAE ASSOCIATION.**

The next regular meeting of the Association will be held in the Lecture Room, 8 West 16th Street, on Thursday, February 8th, at 3 P. M.

### **NEW YORK COUNTY REGISTERED NURSES' ASSOCIATION.**

An adjourned meeting of the New York County Registered Nurses' Association will be held in the Academy of Medicine, February 7th at 8 P. M. All delegates are urged to attend this meeting.

### **LEAGUE FOR NURSING EDUCATION.**

The League for Nursing Education will hold an open meeting at the Manhattan Eye and Ear Hospital, on Wednesday, February 14th, at 8.30 P. M., at which the Regents Examination will be discussed.

### **FUND FOR SICK NURSES.**

Members of the Fund for Sick Nurses are reminded that dues for 1912 should be paid now. J. M. Whitelaw, P. O. Box 113, Brooklyn, N. Y.

### **FREE PUBLIC MEDICAL TALKS.**

A series of free lectures is being given at the N. Y. Academy of Medicine on the prevention of disease, on alternate Wednesday evenings and Thursday afternoons.

---

Immediately after the Alumnae meeting, to be held Thursday, February 8th, there will be a sale of the New York Hospital souvenir china, and also of rugs made from the nurses' uniforms. Whatever is realized from this sale will increase so much the Pension Fund. It is hoped there will be a large attendance of members and of all friends who are interested.

## ALUMNAE MEETING

The monthly meeting of the Alumnae Association was held on January 14 with about 45 members present.

The reports of Secretary, Treasurer and Club House were read and approved. Miss Sutcliffe read the report of the results of the bazaar for Pension Fund, and reported that we will have on hand about \$7,150 as a nucleus. The choosing of an "Advisory Board" will be left to the discretion of the chairman of the Pension Fund and the Executive Committee of the Alumnae Association.

The treasurer reported that a number of nurses were in arrears, and it was decided to send notice to all these, notifying them that they would be dropped at the annual meeting unless their obligations were met.

The question of ethics was strongly brought out. Our By-laws state that *ONLY members* of the Alumnae Association *can belong to, and REGISTER AT THE CLUB.* Miss Greenthal, chairman of the Central Board of the Central Registry, read an interesting paper, telling of the work of the Central Registry and its desire for close relations with all the affiliated societies.

A report of the New York County Registered Nurses Association was given and nurses were notified that an adjourned meeting will be held at the Academy of Medicine on Wednesday, February 7th, at 8 P. M., which all delegates are urged to attend. At this meeting final action will be taken relative to continuing the co-operation with the Young Woman's Christian Association in the Central Club.

The usual social hour with refreshments was held.

## N. Y. COUNTY REGISTERED NURSES' ASSOCIATION

The N. Y. County Registered Nurses' Association met at the Academy of Medicine, Tuesday evening, January 2nd, Miss E. E. Golding, vice-president, presiding.

Dr. Harry H. Weist read a most interesting and instructive paper on "Tuberculosis and Its Dietetic Treatment." From a rich fund of information and experience he entered into the many phases and treatments of this disease, giving "Proper Diet" the paramount value over everything else. Many cases deprived of all other treatment were known to have recovered simply because they were fortunate enough to have proper food. Milk and eggs being rich in lime salts, should be given in large quantities, with sulphuric acid in small quantities, and as much other nourishing food as can be taken. Free use of cathartics being indispensable to carry off the large amount of waste from so much food. Tea, coffee, cocoa and alcoholic drinks positively forbidden.

The all-absorbing topic of the evening for discussion was "Affiliation with the National Y. W. C. A. to maintain a central club and registry for nurses." The proposed plan of co-operation was most clearly and convincingly outlined by Miss Amy F. Patmore, of the Post Graduate Alumnae.

The Y. W. C. A. have plans drawn for a house to be built on a site not above 61st Street, nor below 30th Street, between Third and Seventh Avenues.

This plan provides for 400 single bed rooms with telephone in each one. A kitchenette on each floor and laundry facilities.

Auditorium seating 400 to be used for dances, card parties, entertainments. Religious services must be held on Sundays. Gymnasium, swimming pool, library and tennis court. Small dining rooms where one may entertain friends apart from the main restaurant.

The Y. W. C. A. assume all financial obligations for erecting and maintaining the club, inviting the N. Y. County Registered Nurses Association as a representative body to co-operate. Said association to maintain and manage a Central Registry. The club is open to any woman recognized by the nursing profession.

It is proposed to have a co-operating board of 15 professional women and 15 non-professional women who, according to the constitution must be professed Christians and members of evangelical churches. This board to be elected by club members.

The general sentiment of the meeting was decidedly in favor of "Affiliation."

A meeting will be held at the Academy of Medicine, Wednesday evening, February 7th, at 8 o'clock, when the final decision will be made.

MATILDA AGNES FREDERICK.

January 5, 1912.

## LEAGUE FOR NURSING EDUCATION

The League for Nursing Education held an open meeting in the parlors of the New York Hospital Training School, on Wednesday, January 10th, with an attendance of over a hundred.

Miss Annie Goodrich, State Inspector of Training Schools, was the first speaker, and gave us especially the point of view of the Board of Regents at Albany. She said that the deficiencies in the equipment and teaching forces of the various schools was most discouraging as far as reaching any uniformity of results was concerned, although much had been accomplished during the past few years, and there was a disposition on the part of the schools to conform to the standard as much as possible. One of the greatest difficulties has been with the subject of dietetics, in which the opportunities offered nurses for experience and instruction have been far below that required by the importance of the matter of diet, in the present day treatment of disease. Frequently the hospitals have required less than the high schools in their regular course. Miss Goodrich closed her talk with an earnest plea for careful effort on the part of the schools to work out some plan by which there could be a training offered for attendants, who should be able to do much of the practical work of caring for patients, but would not undertake the more technical part of medical and surgical nursing, which called for longer training and more scientific knowledge of conditions underlying health and disease. Miss Goodrich said that any objection of the nurses to such a class of workers seemed to her entirely untenable, as there was plenty of work needing both classes, and so it behooved us to make every intelligent effort possible to make such arrangement possible.

Miss Hitchcock and Miss Anderson followed, speaking from the point of view of examiners. Miss Hitchcock told of the impression made by the nurses in their practical examinations and urged the co-operation of the head-nurses and those engaged in teaching practical work, in impressing upon the pupils the need of careful, sympathetic nursing, having in view the immediate comfort and the ultimate recovery of the patient. She instanced the question recently given the candidates concerning the application of cold to an excruciatingly tender knee; very few of the nurses remembered to suspend the ice-cap, although the appliances necessary were all at hand.

Miss Anderson spoke concerning the theoretical examinations, telling of the encouraging improvement in the marks it was possible to give, showing much more careful training and instruction. She said that accuracy was so often absent from the answers, as to make them wonder if the pupils were reliable in any part of the work, when so many failed to answer the exact number of questions requested.

## AMERICAN RED CROSS NURSING SERVICE

At the meeting held in the interest of the American Red Cross Nursing Service at the residence of Mrs. William K. Draper, Jan. 17th, Miss Delano, chairman of the National Committee, spoke of the work from the nursing standpoint, and told of what had been effected by definite organization, while Mr. Robert De Forest, vice-president, explained the work of the committees, and talked of the general working-out of relief measures.

After general discussion in regard to the care which should be taken by the Alumnae Associations, in certifying the right kind of women to the local committees, a social hour ended a most enjoyable evening. Our Association was represented by the president, vice-president, Miss Russell and Miss Gibson, of the Red Cross Committee, and Miss Reutinger.

---

## THE MAYO BROTHERS' HOSPITAL

I have been asked to give some information of the Mayo Brothers' Hospital, as I have recently returned from Rochester, Minn., where I have spent about three weeks. I was sent out there with a patient by a New York doctor, and I may just here say, that there are many surgeons in New York equally skillful.

The patients on arriving in the town, go to the hotels or boarding-houses. Nearly every private house has a notice on the door, "Private Ward." The patient goes, the first thing, to the "Office," which is a brick building with as many as thirty different rooms of specialists on the first floor.

There is a wide hall running through, and another across the building, with chairs against the wall. A tall, plain Irishman meets you and seats you and you wait your turn.

The rich and poor are treated alike and the mixed collection of humanity sitting there and patiently waiting their turn, is an unusual sight. The red Indian sits beside some stylish couple from a big town.

The patient may have to consume several days in what Dr. Mayo terms laboratory findings. He has a specialist for every thing and each finding is written on his card, which is kept in the history room, of which Dr. Eastman has charge.

The X-Ray apparatus is considered the best in this country and it is free from that snapping and lightening, which is so trying to patients. After the findings are all recorded, the patient must report to room 4, to ask for a room at the hospital, and will be

told to come back tomorrow or later and then you are told you can have a room the next day and to be at the hospital at 1.30. All patients are entered at 1.30 p. m.

The hospital is a new building, modern in every way and more modern than the Eastern hospitals in labor saving devices. There is an elevator used for freight and to take up the patients when they enter; this is run by the porter, and he is seldom there. There is another elevator used only to take the patients to the operating room, and is run by any one, consequently the friends and every one coming and going walk up stairs, even to the fourth floor. The hospital, St. Mary's, is under the management of the Roman Catholics. The Sisters are referred to in all matters of business. They scrub the floors, clean the rooms, help serve the meals, cook and have the authority of the hospital.

The training school is young, only about two years old, and is under the management of Miss Jammie, a graduate of Johns Hopkins. They have a register in the hospital of "specials," who live around in the town and they are called as needed to do special duty. Outside nurses are not allowed to special their patients, but are allowed to come in two hours in the morning and two hours in the afternoon. All the special nurses take time off from 2 to 4 P. M., visiting hours, that is, if the special is on 24 hours duty.

The Mayo clinic has an international reputation, and while I was there, there were three surgeons from Italy and two from London attending the clinics daily. Only doctors and graduate nurses are allowed to attend.

The operations begin promptly at 8 A. M. and continue until 1 P. M.

There are four operating rooms and after each operation the room is made ready with wonderful rapidity for the next operation.

Dr. William Mayo has room I for abdominal cases or stomach. Dr. Charles Mayo has room II for goitre and stomach cases. Dr. Beekman (brother-in-law) has room III. for head cases, and Dr. Judd (son-in-law) has room IV. for goitre.

Each one of these rooms has brass railing seats holding about thirty doctors. The surgeons lecture while they operate on each case and explain anything unusual.

The cases are posted on a bulletin in the cloak room or waiting room as to time and room, so the visiting surgeons can see just what they are most interested in. The Mayos' success is due largely to the fact that they consider the condition of the patient and if poor, the patient is sent back to bed with operation not completed.

They take no diagnosis sent to them, but make their own laboratory findings before the operation. They use hot water from the tap in the operating room, and I was told it is pathologically clean

and not sterile, according to our idea of the word. The water comes from a spring in a hill just above the hospital.

All the gauze and bandages from clean cases are cleaned and boiled and used again. They operate in rubber gloves and use wash cloths over the abdominal cases.

The surgeons wear gauze across their nostrils and mouth and long cuffs pinned on the sleeves and towels in front; they do not change their gowns but only the cuffs and towel and gloves, unless it is a dirty case. Sister Mary Joseph assists Dr. William Mayo in all operations and the finishing of all cases is left to her or to the house surgeon. She has been there eighteen years and is considered a wonder. She is an experienced nurse, not a graduate.

The anaesthetic is given by nurses who are specialists and do nothing else. They are graduates and must take a three months course in giving anaesthetics. There are five on duty and one learning. The patients are expected to stay in the hospital only two weeks and then to return to the hotel where a doctor makes rounds q. d.

At the Kabler Hotel there are on duty a head nurse, a senior and a probationer; these make regular rounds on the convalescents, doing the surgical dressings, giving baths, alcohol rubs and medication. These nurses are engaged and paid by the Mayos and the hotel guest gets this attention without extra charge, but the hotel is very expensive and the patient really pays in the end. There is a complete operating room in the hotel and all appliances and conveniences on hand.

The hospital is well situated on the edge of the town, surrounded by fields and pastures, and has its own garden, vineyard and chicken yard.

I saw many wonderful operations, and the surgery is skillful and swift, but I feel that in New York there are equally good surgeons and I think the patients here get more attention and after treatment.

They do not consider the medical side but leave a great deal to nature, fresh air and faith.

Dr. William Mayo said to one patient: "You have behaved very well, considering you are from New York."

The Mayo father was a surgeon and these two sons have inherited a natural gift for surgery and have studied in many cities in this country and abroad, to keep abreast of the times; but they seem to have gone ahead of the times and have learned much from experience.

They are the centre of the West and have patients from all over the States.

Many doctors are there as patients, and doctors all over our country prove their appreciation of the skill of the Mayo brothers by going to them either as patients or students.

JOSEPHINE HILL.

## NEWS OF THE CLUB AND THE CLASSES

Miss Minnie Lawrence is spending the winter in Egypt.

Miss Gladys Nicholson, who is in charge of Ward I, returned from a months' vacation which was spent at her home in Kansas City.

Miss Ruby L. Riddell is spending the winter at her home in Galetta, Canada.

Miss H. L. Josephi, of Portland, Oregon, is living at the club for a few weeks during a visit to New York.

Miss Mary Grayson has resigned as head nurse of Ward M and is living at her home in Frederick, Maryland.

Miss Golding has returned from New Orleans and is resuming her work and connections with the societies in which she is interested.

Miss Mary Whitman, who has been abroad, is at the Hotel Martha Washington and will depart for Italy next month.

Mr. and Mrs. Martial J. G. Jouffret announce the engagement of their daughter Charlotte, to Dr. Rolin Hills.

Miss Mary Holland is in charge of Ward M.

Miss Nellie S. Oliver, who has been ill for several weeks, is now convalescing in Mendham, New Jersey.

Miss Ohle Gill returned from a cruise in the West Indies and has resumed charge of Ward E.

Miss Louise Swenson, who was in charge of the nursing at the M. E. Hospital, Nanking, China, has returned and will live at the club.

Julia Crotty, M. D., Class 1903, was graduated from the Rush Medical School and received the appointment as interne at the Cook Co. Hospital, Chicago, Ill.

Mr. Stanley E. Bowdle, of Cincinnati (Lillian Scott), has been visiting friends in New York.

Miss Mosher is spending the winter in Jacksonville, Florida.

Miss Dinehart and Miss Joyce are in Pasadena, Cal.

Miss Winifred Fraser is doing private nursing in Bronxville, N. Y.

Miss Florence Nash is in Pinehurst, N. C.

Miss Jackes is spending some months in Panama.

### MARRIAGES.

On Wednesday, December the twenty-seventh, at Blenheim, Ont., Miss Elizabeth Evelyn von Gunten, to Dr. Charles Baldwin Langford.

On Wednesday, January 3d, at East Orange, New Jersey, Miss Ethel Matilda Abernethy, to Mr. Robert James Davis.

At home, after February 1st, Avoca Block, Winnepeg, Canada.

### BIRTHS.

To Mr. and Mrs. Allen T. Hill, Jacksonville, Florida, on November 27th, a son.

# OFFICERS OF ALUMNAE ASSOCIATION 1912

## *Honorary President*

MISS IRENE H. SUTLIFFE,

## *President*

MISS JESSIE H. McVEAN, R. N.....333 East 17th Street

## *Vice-President*

MISS FLORENCE M. JOHNSON, R. N.....129 East 17th Street

## *Recording Secretary*

MRS. W. C. GILLEY, R. N.....176 West 81st Street

## *Corresponding Secretary*

MISS E. S. JOHNSON, R. N.....245 W. 14th Street

## *Treasurer*

MISS M. V. POST, R. N.....8 W. 92nd Street

## *Trustees*

MRS. M. L. ROGERS, R. N.....Brooklyn Hospital

MISS L. E. ANDERSON, R. N.....109 Greene Ave., Brooklyn

MISS E. LINDGREN, R. N.....214 E. 17th Street

MISS H. R. STEWART, R. N.....8 West 92nd Street

MRS. E. J. HOSKING, R. N.....8 West 92nd Street

---

## FUND FOR SICK NURSES.

### *Secretary and Treasurer*

MISS JENNIE M. WHITELAW,  
P. O. Box 113, Brooklyn, N. Y.

---

## BOARD OF TRUSTEES.

### *Chairman*

MISS McVEAN

### *Secretary*

MISS E. S. JOHNSON

## STANDING COMMITTEES.

### *Executive*

MRS. ROGERS

MISS ANDERSON

MISS STEWART

### *Credential*

MISS E. S. JOHNSON

MRS. GILLEY

MISS F. M. JOHNSON

### *Finance*

MISS POST

MISS LINDGREN

MRS. HOSKING



(Five yards long when stretched)

When  
your  
patient  
needs a  
Bandage  
get a

## Teufel Diakon Bandage

These bandages are made of long fibred cotton. They have all the elasticity of woven rubber and the coolness of cloth. They cannot ravel on the edges or fray at the ends.

All the sizes and styles are given in the "Teufel" catalog. Write to us for a copy.

**The Kny-Scheerer Co.**

*Manufacturers of Surgical and Therapeutic Instruments and Apparatus.*

404-410 West 27th Street, New York

## WHEN YOU'RE FAGGED OUT

from a hard, nerve-wrecking case, and come home completely exhausted, rest is imperative. Your body demands sleep. Do you get it—or do you toss about through a restless night? If so, take a cup of

## BORDEN'S Malted Milk

(IN THE SQUARE PACKAGE)

hot before you "turn in." It will soothe your tingling nerves, mildly stimulate your aching body, and induce sound, refreshing slumber. It is free from that objectionable sweet taste and "tang" supposedly peculiar to all Malted Milks. Try it and be convinced.

Write today for TRIAL PACKAGE, together with copy of our "Unusual Recipe Book" and Samples of our NURSES' TEMPERATURE CHART, and BEDSIDE NOTES.

MALTED MILK DEPARTMENT

**BORDEN'S CONDENSED MILK CO.**  
NEW YORK

# Instruction in Mechano-Therapy

## SWEDISH SYSTEM OF MASSAGE

Medical and Corrective Gymnastics,

Courses in Electro-Therapy and Hydro-Therapy.

We teach all branches of Physiologic Therapeutics; Original Swedish (Ling) system of Massage, Swedish Movements, corrective and medical gymnastics in specially equipped gymnasium. Medico-Mechanical Zander Gymnasium. Von Leyden and Frenkel systems for the treatment of locomotor ataxia, Bier's hyperemia method, Vibrators, Nebulizers, Frazier-Leutz Baking apparatus, Thermo-Electric apparatus (system Dr. Tyrnauer). Electric Light, dry hot air, blue light baths, four cell baths (Dr. Schnee) hydriatic table, Solar and Lencodescent lamps, galvanic, faradic, static electricity, high frequency, sinusoidal currents, X-Ray work, Bachelet magnetic wave, Nauheim baths and Schott exercises, etc., etc.

The instruction is theoretical and practical. Daily lessons, lectures, quizzes, demonstrations on Anatomy, Physiology, Pathology, Massage and Gymnastics, Electro and Hydro-Therapy. Abundant clinical material. Students attend several City Hospitals. Diploma. Particulars and illustrated prospectus upon request.

Winter Classes open on Jan. 9 and March 12, 1912

Spring Class will open on May 15, 1912

Pennsylvania Orthopaedic Institute and School of Mechano-Therapy, (Incorporated)

1711 Green Street, PHILADELPHIA, PA.

MAX J. WALTER, Superintendent

## "STORM"

### BINDER AND ABDOMINAL SUPPORTER

(PATENTED)

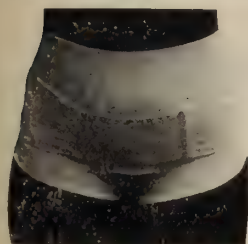
*No Whalebones—No Elastic—Washable*

### STORM SUPPORTER COMPANY

*Anna B. Duncan, R. N.*  
*Manager*

1269 BROADWAY (32nd St.)

Telephone 6276 Madison Square



STYLES

PRICES

Silk ..... \$12.00

Linen Mesh... \$10.00

Half Silk..... \$6.00

Cotton..... \$5.00

## ANDREW ALEXANDER

## SHOES

FIFTH AVENUE  
AT 45TH STREET

SIXTH AVENUE  
AT 19TH STREET

## NEW YORK

# ADVANCED SPECIALTIES FOR SICK-ROOM AND HOSPITAL

## A GUARANTEED THERMOMETER IN A SANITARY CASE

*Meinecke*

### "Progress" Clinical Thermometer

With Triangular Top

One Minute

Magnifying Front

4 Inches Long



THERMOMETER PATENTED

AUGUST 2, 1904.

PATENT APPLIED FOR ON CASE



#### The Sanitary Case

The Case is provided with a screw cap at each end.

Both caps are partly filled with cotton to protect the Thermometer, and the cotton can readily be removed and replenished, which cannot be done with the old-style cases without great trouble.

Each cap is perforated at the end, through which a pin can be inserted to aid in easily removing the cotton.

#### → Two Good Points ←

Two Arrows on the Mercury Line of the Thermometer ingeniously assist in gauging the focus and finding the Mercury.

#### A Useful Triangle

A triangular knob forms the top or crown of the "Progress" Thermometer. This permits of a firm grip when shaking down the mercury. It not only permits of a full swing, thereby causing the mercury to be thrown back easily, but also prevents the Thermometer from slipping out of the hand.

The saving thus effected in breakage alone makes the "Progress" the best Thermometer.

The triangular knob also prevents the Thermometer from rolling. When resting on the knob the Thermometer is slightly elevated, and it is therefore more easily picked up than the old-style Thermometers.

Disinfect your Thermometer all you please,  
if you use the old-style case, with its cotton swarming with disease germs, you  
will help spread disease.

Retail Price, . . . . . \$1.25 Each

Special Price to Physicians and Nurses, \$1.00

Hospitals and Sanatoriums Supplied at Wholesale Prices

# MEINECKE & COMPANY, NEW YORK





THE  
ALUMNAE NEWS



Vol. 7.

MARCH, 1912

No. 5





## THE BERMUDA SANATORIUM

ST. GEORGE'S WEST

BERMUDA

**A** HIGH-CLASS modern "kur-anstalt" for treatment, rest, recreation and the benefits of the sea. Not for tuberculosis or mental cases. ✱ Building of stone and concrete; spacious verandas and private balconies. Heated and lighted by electricity. Hot and cold sea water in the bath rooms. ✱ Driving, riding, boating, bathing, fishing, tennis, etc. ✱ Site unrivalled. Ice plant and farm in connection. ✱ Open the year round.

R. R. HIGINBOTHAM, Physician in Charge    AUSTIN W. HOLLIS, Consulting Physician

Booklet and particulars from

EDITH P. WILKINSON, Secretary, 40 West Seventy-first St., NEW YORK CITY, or the Sanatorium

## SUPERFLUOUS HAIR

Moles and Facial Blemishes Permanently Removed by the Electric-  
Needle Operation    No Pain    Consultation Free

*Reference to Leading Physicians*

### ELECTROLYSIS COMPANY

9 East 40th Street

S. P. GILMORE, NEW YORK

Telephone, 6536 Bryant

OPEN SUNDAY BY APPOINTMENT

PHONE 5995 GRAMERCY

## HIGH-CLASS PHOTOGRAPHS

AT VERY REASONABLE PRICES

E. F. FOLEY, 164 Fifth Ave., Bet. 21st & 22nd Sts., New York

SPECIAL RATES TO N. Y. HOSPITAL STAFF AND ALUMNI

# Sterilized Obstetrical Supplies

The sterilized obstetrical supplies provided by Van Horn & Sawtell for the aid and convenience of physicians and nurses are prepared with the same attention to quality, utility and sterility that are given to every product of the Van Horn & Sawtell laboratories.

To the physician and nurse such care and attention spell protection and safety.

For complete lists of obstetrical supplies, special outfits, sutures, etc. address

VAN HORN & SAWTELL  
307 Madison Avenue, New York, N. Y.

## A Non-Greasy Lubricant

needs little comment as to its superiority from every standpoint of cleanliness. The avoidance of greasy clothes and bed linen is always gratifying to the painstaking nurse, and this is only one of the many advantages that attend the use of



## K-Y Lubricating Jelly

the "perfect lubricant" for *catheters, specula, rectal and colon tubes.*

"K-Y" is water-soluble and easily rinsed from instruments, dressings and clothing without leaving the slightest stain.

"K-Y" moreover, is emollient and soothing to the skin, offering a prompt and effective means of relieving "bi-chloride rash" and kindred irritations.

A postal request will bring a liberal sample.

VAN HORN & SAWTELL  
307 MADISON AVE., NEW YORK, N. Y.

# ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

---

VOLUME VII

MARCH, 1912

NO. 5

---

PUBLISHED MONTHLY, FROM NOVEMBER TO JULY.

Sent free of charge to all members of the "Alumnae Association"

to others: { 50 cts. per year  
              { 10 " " copy

---

Editor—MISS E. DENIKE, 210 East 17th St.

Business Manager—MISS L. M. WYGANT, 8 West 92d St.

News Editor—MISS A. L. REUTINGER, 8 West 16th St.


Secretary—MISS E. S. JOHNSON, 245 West 14th St.

---

## REPORTERS

MISS FREDERICK, 321 E. 15th St.	MISS GOLDING, 245 W. 14th St.
MISS DUNCAN, 1269 Broadway	MISS ROUGH, 8 W. 16th St.
MISS ANDERSON, 109 Greene Av., Brooklyn	MISS ELIZABETH M. BOWER, 8 W. 92d St.

---

 It is requested that notice of change of address be sent to the Secretary as promptly as possible, so that the mailing list may be kept corrected.

---

Those who have failed to receive the "Alumnae News"—or those who desire extra copies—can be supplied by calling at the Club, or copies will be mailed on application to the Secretary.

---

*Entered at the Post Office at N. Y. City as second class matter.*

## MARCH, 1912

We arrive at the Spring months this season with more than usual joy, feeling the Winter weather, with the very low temperature must be at an end and with the advent of Spring, the sufferings of the inadequately fed, clothed and housed will be in a measure abated.

The month sees the task of finding officers for the coming year, begun; the committee on nominations having been named at the February meeting. The year before us brings with it, matters of grave importance to work out, and we need those of our members at the helm, who through experience and knowledge are best fitted to guide us. May all personal feeling be put aside and the selection and vote given to those who can the most ably serve the best interests of the association; and may those of our members who have the gift of leadership, not fail us in our time of need.

The plan of the Red Cross Nursing Service to undertake rural nursing, that is, to send nurses to isolated regions where it is impossible for those living in such places to obtain skilled help in time of illness, either through lack of means or on account of their remoteness, must appeal to many of our graduates, some of whom are already doing splendid work in this direction.

We are privileged to read a letter from one who is engaged in a very unusual Winter work in Porto Rico.

It is always a pleasure to hear of those who have gone so far afield, and whose lives differ so widely from those at home.

At a recent meeting of hospital officials and social workers held in the Academy of Medicine, plans were completed for a permanent conference to be attended by delegates from the hospitals in this city which have already installed social service departments in connections with their regular work of treating the sick. The purpose of the conference is to stimulate the growth of social work in all our city hospitals as well as to establish uniformity of work. Dr. John Winters Brannan, President of Bellevue and Allied Hospitals, was elected permanent chairman of the conference, which will hold meetings three times a year, the next meeting occurring some time in April.

## NOTICES

### N. Y. H. ALUMNAE ASSOCIATION.

The next regular meeting of the association will be held in the lecture room, 8 West 16th Street, on Thursday, March 14th, at 3 p. m.

### FUND FOR SICK NURSES.

Members of the Fund for Sick Nurses are notified that dues should be paid before the end of March. Members in arrears April first are not eligible for benefit during 1912.

J. M. WHITELAW,  
P. O. Box 113,  
Brooklyn, N. Y.

Mrs. Charles G. Stevenson, R. N., will be the guest of the Alumnae Association at the March meeting and will speak of the work of the Red Cross Nurse.

It is hoped that all who are able to be present will avail themselves of this opportunity of hearing Mrs. Stevenson speak.

### PUBLIC HEALTH LECTURES

The last of the series of lectures given at the Academy of Medicine on Public Health Education and Hygiene, on alternate Wednesday evenings and Thursday afternoons during March, will comprise the following subjects: Sex Hygiene for Women, Care of the Eye and Ear, Nerves in their relation to Efficiency, and Causes and Prevention of Pelvic Disorders. At each meeting three papers are read by experts on the subject for the day.

Dr. Alma Vedin, graduate of the N. Y. H. Training School, has been appointed official anaesthetist to the public operating of our hospital. Dr. Vedin has held a similar position at the New York Infirmary for Women and Children, and the Medical Board are to be congratulated on having secured her services.

## ALUMNAE MEETING

The regular monthly meeting of the association was held in the lecture room, Thursday, February 8th, with fifty members present. The reports of the Secretary and Treasurer were read and approved.

Miss Florence M. Read, Class 1911, was admitted to membership in the Alumnae Association.

Miss Sutcliffe was appointed chairman of committee to select advisory board to assist in the investment of the pension fund.

Miss Golding gave a brief report of the adjourned meeting of the County Association held February 7th, stating that the motions for the Central Registry Club to co-operate with the Y. W. C. A. was carried, while the motion to train attendants in the general hospitals was opposed by the superintendents of training schools.

A motion to discontinue the salary paid to the treasurer of our association was unanimously carried.

A letter was read from Mrs. Ewing, thanking the association for making her a life member.

The committee on nomination of officers for the coming year was appointed, consisting of Miss Grafton, Miss S. J. Mackenzie, Mrs. Twiss, Miss Twitchell and Miss Bower.

The following names were chosen by the association, and forwarded to the nominating committee of the State Association.

### STATE TICKET

<i>President</i> .....	MISS KATHARINE DEWITT. Rochester.
<i>1st Vice-President</i> .....	MISS LENA LIGHTBORN..Syracuse.
<i>2nd Vice-President</i> .....	MISS DEWEY .....Brooklyn.
<i>Secretary</i> .....	MRS. C. S. STEVENSON....Brooklyn.
<i>Treasurer</i> .....	MISS ANNA O'NEIL.....Utica.
<i>Trustee, 3 years</i> .....	MRS. C. V. TWISS.....New York.
<i>Nurse Examiner</i> .....	MISS M. M. RUSSELL....New York.

### COUNTY TICKET

<i>President</i> .....	MISS E. E. GOLDING .....	N. Y. Hospital
<i>Vice-President</i> .....	MISS PATERSON .....	Post Graduate.
<i>Recording Secretary</i> ...	MISS CHARLES .....	Roosevelt.
<i>Corresponding Secretary</i>	MRS. JACKS .....	St. Lukes.
<i>Treasurer</i> .....	MISS JANE GREENTHAL	.Mt. Sinai.
<i>Trustee</i> .....	MISS YOCUM	

The following delegates were elected to fill vacancies: Mrs. Rogers, Miss Wright, Miss Travers, Miss States, Miss Twitchell, Miss Welles, Miss McAllister, Miss Pencheon, Miss Holland and Miss McCrea.

At the conclusion of the business meeting, the members remained for the social hour and a sale of useful and fancy articles which added considerably to the Pension Fund.

## N. Y. COUNTY REGISTERED NURSES' ASSOCIATION

An adjourned meeting was held February 7th at the Academy of Medicine, Miss E. E. Golding, Vice-President, presiding.

Ten of the fifteen affiliated associations were represented and voted unanimously to co-operate with the National Y. W. C. A. to establish and maintain a Central Club and Registry for nurses.

There are now 500 members of the club, and it is free of debt.

At the annual meeting, January 24th, the following members were elected to serve on the Co-operating Committee:

### PROFESSIONAL

#### ONE YEAR.

Miss Golding, N. Y. Hospital.	Miss Ward, Metropolitan Hos- pital.
Miss Kiel, St. Luke's Hospital.	
Miss Rhoades, Bellevue Hos- pital.	Miss Daniels, Manhattan and Bronx Hospital.

#### TWO YEARS.

Miss Bewley, Presbyterian Hos- pital.	Miss Pindell, N. Y. City Hos- pital.
Miss Lurkins, Hahneman Hos- pital.	Mrs. Twiss, N. Y. Hospital.
	Mrs. Brockway, Manhattan and Bronx Hospital.

#### THREE YEARS.

Miss Patmore, Post Graduate Hospital.	Miss Brownell, N. Y. City Hos- pital.
Miss Maxwell, Manhattan and Bronx Hospital.	Miss Lee, Roosevelt Hospital.
	Mrs. Jack, St. Luke's Hospital.

### NON PROFESSIONAL

#### ONE YEAR.

Miss Janette Alexander,	Miss Rosina Hoyt,
Mrs. Hugh Auchincloss,	Mrs. Wm. Church Osborne.
Miss Clara Hyde,	

#### TWO YEARS.

Miss Ellen L. Adee,	Mrs. N. B. Potter,
Mrs. Edward S. Harkness,	Mrs. John G. Pratt.
Miss Martha McCook,	

#### THREE YEARS.

Miss Harriett Alexander,	Chairman, Mrs. N. B. Potter,
Mrs. C. Ledyard Blair,	Vice-chairman, Miss Pindell,
Miss Eleanor Blodgett,	Secretary, Miss McCook,
Mrs. O. Mills,	Treasurer, Mrs. Pratt.
Miss Sarle,	

The "trained attendant" was very freely discussed with much feeling. How to combat this menace to the profession is a difficult problem to solve. That we must meet it and control the situation was the general sentiment of those present. The Central Registry may prove a very present help in this time of need.

There was a unanimous protest against admitting them to the hospitals for training.

Feb. 10, 1912.

MATHILDA AGNES FREDERICK.

## DELEGATES TO COUNTY ASSOCIATION

In view of the fact that there were but six delegates representing our association at an important meeting of the County Association held in the Academy of Medicine, February 7th, we print the list of our delegates as a reminder to each one of her responsibility.

Miss A. Henderson,  
Miss M. M. Russell,  
Miss E. Lindgren,  
Miss E. Denike,  
Miss M. Abernathy,  
Miss A. B. Duncan,  
Miss M. M. Goodrich,  
Miss I. H. Sutcliffe,  
Mrs. C. V. Twiss,  
Miss K. Macdiarmid,  
Miss M. H. Jordan,  
Miss V. Hunter,  
Miss J. McVean,  
Miss F. Johnson,  
Miss I. J. Walton,  
Miss A. L. Reutinger,  
Miss B. Gibson,  
Miss D. Dwight,  
Miss E. E. Golding,  
Miss L. Grafton,  
Miss I. G. Woods,  
Miss A. Meier,  
Miss R. L. Cromwell,  
Miss M. Ryerson,  
Mrs. H. C. Allen,  
Mrs. L. Wilson,  
Miss E. Price,  
Mrs. S. T. Jameson,

Miss E. Smillie,  
Miss N. Sinnot,  
Miss S. V. Gifford,  
Miss S. C. Olmstead,  
Miss S. J. MacKenzie,  
Miss M. H. Young,  
Miss A. Houston,  
Miss R. L. Riddell,  
Miss M. M. Rough,  
Miss M. A. Frederick,  
Miss K. Clarke,  
Miss M. A. Munn,  
Miss M. Hutcheson,  
Miss J. M. Whitelaw,  
Miss K. Sanborn,  
Miss L. M. Wygant,  
Miss J. E. Hitchcock,  
Miss E. M. Bower,  
Mrs. C. W. Schenck,  
Miss J. S. States,  
Miss A. I. Twitchell,  
Mrs. M. Rogers,  
Miss J. A. Wright,  
Miss E. V. Welles,  
Miss G. D. Travers,  
Miss A. B. McAllister,  
Miss A. A. Pencheon,  
Miss N. McCrae.

## PORTO RICO LETTER}

San Juan, P. R., Feb. 4, 1912.

My Dear Miss \_\_\_\_\_:

I am glad at last to have a bit of leisure wherein to comply with your request for a "letter about something in Puerto Rico."

This lovely little island is so all-around intensely interesting to me, that it is difficult to select topics of special interest to others; and the fact that I am writing to a nurse and for nurses, eliminates a little from my problem, because nurses are all-around citizens.

Most of all I should like to tell about the Leper Colony, but the story would be too long alike for your patience and space. Still, if you care for an idea of their place of segregation, just imagine, at the entrance of a picturesque harbor, a long, narrow, rocky, wind-and-spray swept, nearly cut in two, dreary islands.

It has two buildings of fair size, and a number of smaller ones, all more or less filthy; a cemetery, a few cocoa palms, and a small cistern with a cracked bottom. It is aptly called Isla de Cabras, or Goat Island. It would be an ideal home for indigent goats, or, for an American who wants the lepers to stay there, but says he would like the island for a summer home. It was here suggested to him that, if he owned it, he could leave at option, while it is otherwise with the lepers! He smiled a large and vacuous smile, otherwise saying nothing. He is, unfortunately, one of "the powers that be"!

You can write it on your memory walls that it is Americans, not Puerto Ricans who, so far, hinder plans for putting the lepers where they should be for their own and the public weal.

San Juan, Capital of P. R., whence I am writing, has two fine, municipal hospital buildings, about two years new, but quite inadequate to the needs of its teeming population, a majority being very poor. While about 75 per cent. of patients admitted come from other towns. A new Spanish hospital has just been opened which will relieve the situation a little.

A tuberculosis camp is exceedingly well placed on an elevation near the sea. These are the administration building, quite unpretending, a good small hospital (the gift of an American woman), for patients in a critical condition, and a number of tents with floors, for two patients each. The camp and La Liga Anti-Tuberculose, which owns and backs it, represent the energy and tact of its founder, the wife of a United States naval officer.

But tuberculosis is everywhere, and the characteristic bacilli have what I call an unending baile.

As yet there is no definite provision for sick children, and the waste of infant life is enormous, thru death and thru the up-rearing of half-starved, stunted, diseased atoms of humanity. Never was any people more devoted to children than Puerto Ricans, and they want and mean to have a hospital for them as soon as they can

command the money, while they never seem to think that a good work can be *begun small*, so they wait.

But probably a Floating Hospital for a few children could be started on a pair of metamorphosed lighters, without very great expense; in this lovely climate and on the beautiful Bay of San Juan it could be run all the year. Some interest is being shown, but we need data to arouse more. Who can "lend a hand" by giving pointers?

Well, dear comrades in the world's night and day work you will have heard enough, however severely this letter may be blue pencilled! May each of us try to keep her social service quite unspotted!

JULIA A. C. JACKSON.

---

## NEWS OF THE CLUB AND THE CLASSES

We report with great pleasure that Miss Henderson is greatly improved, and after a short rest and change of air in New Jersey, will assume her duties again.

Miss Ada B. Stewart of Bath, N. Y., was with us at the February meeting, and after a short stay in New York, will sail with her niece for Bermuda for several weeks' sojourn. We hope Miss Stewart will be with us at another meeting on the return trip.

Miss Mary Beard, Class 1903, was also with us at the February meeting. Miss Beard has accepted the position of supervising nurse with the Instructive Visiting Nursing Association of Boston. We hope to give in some later issue a paper on this very interesting work.

Miss Alice Linton passed through the city recently, en route, for Europe.

Miss Josephi, Class 1901, who has lived for some time in Portland, Oregon, is spending a month at Skeneatles, after which she will be in New York.

Miss Boyd sailed last month with her mother, for six or eight weeks' travel in England and southern Europe.

The graduating exercises of the Class of 1912 will be held on March 6th.

Mrs. George Alexander has returned from a trip to Cuba.

Miss Olmstead has resigned from the position of superintendent of nurses at the New York Infirmary for Women and Children, and will go West in a short time.

Miss Cruso has returned to the club.

Miss A. C. Fraser left town last week for Toronto, to attend the wedding of a brother and to spend some time with her mother and sister, previous to their sailing for Europe.

Miss Powis has been called home, owing to the death of her mother.

Miss Annie Taylor is visiting friends in Baltimore.

Miss L. Thompson is spending some time in the Bahama Is, where she has seen Miss Stromborn several times.

Misses De Forest and Winants are on the staff of school nurses for crippled children.

Miss S. Jean MacKenzie has purchased a large and attractive residence, with modern improvements, at Northfield, Mass., with six acres of land containing apple trees, grape vines, fruit and flower gardens. "Quatrefoil" (four leaf clover), with its high situation and magnificent view of the grand hills of Vermont and New Hampshire, is an ideal place to spend a summer vacation.

Miss Harding who has been in Honolulu, sailed for India March 18th, to visit her brother, who is manager of an extensive rubber estate in Malay.

Miss Lavinia Wood has just sailed for Egypt.

Miss Hatton is spending a few weeks in Florida.

Mrs. Hoskings is at Staatsburg-on-the-Hudson.

Mrs. Van Huzon has returned from a four weeks' sojourn in Florida, greatly improved in health. She entertained a number of her classmates at a very enjoyable tea on the afternoon of February 13th. Among the guests were the Misses Ellison, McCabe, Burroughs, Richmond, Smardon, Phymister, Hay and Bower.

Miss Tyberg has taken residence in a French pension in Paris, in order to perfect herself in the French language.

Miss Emily Simpson is assisting Miss Greer at Caroline Rest, Hartsdale.

Miss Ellen Bishopric is nurse in the association for the aid of crippled children, No. 5 Livingston Place, N. Y.

Miss Helena R. Stewart is visiting her father in De Land, Florida.

Miss Ellen Lee returned after three years' work in northern California. Miss Lee wrote a very interesting article on small-pox nursing, which was published in the February number of the American Journal of Nursing.

Miss Anna T. Rathbun is in charge of Ward M.

Miss Ruth Birdsall is doing district nursing in connection with the Tuberculosis Dispensary in Yonkers, N. Y.

Elizabeth Johnson van Slyke, M. D., has accepted the position of Superintendent of the Woman's Hospital, 110th Street.

Miss Laura G. Barrett is clerical nurse in the Department of Records of the Henry Street Settlement.

Miss Elizabeth R. Smillie is resident nurse at the Riverdale Country School, Riverdale-on-Hudson.

Miss Leta M. Sewell is engaged in district nursing in Pasadena, California.

We extend our sincere sympathy to Miss Emma M. M. Rose in her recent bereavement.

---

## FIRST IMPRESSIONS OF PARIS

I felt at once that here was not the bustle and hurry of New York streets. The law and order of things made its impression upon me as I stepped off the boat at Havre. I thought I must hurry to catch the train; but no one seemed to have the feeling, but myself, consequently, I soon relaxed.

It was raining hard while we were on the train, which carried us through a country that seemed to be planned and laid out in neat rows of cottages and gardens, wherein, every vegetable was in a straight line. No evidence of debris was to be seen.

When I reached the Gare St. Lazare, at 5:30 P. M., I felt as though I had been going backwards and had by mistake landed at the old Grand Central, as it existed years ago. The same line of cabbies and taxis stood waiting a fare. As I became acquainted with things about me, I felt that I must be careful what I did or how I turned my eyes, because at every entrance or corner there seemed to be a guard in red and blue with a very formidable looking sword at his side.

I stood still a minute to decide whether I would engage a taxi or a fiacre. Then I decided quickly, because I felt I must not stand still. I was accosted with many hotel agents, as to my choice of an hotel. I ignored them all. This gave me a feeling of stage

fright, so I gave directions to a cabby to drive me to my destination—the American Hospital.

Driving through Paris, every building seemed to be in a formal dress, every street I passed through was very wide and lined with trees. There were no porches, but large double doors that seemed to open of themselves, after the visitor rang, into a large courtyard. No one had a key to the entrance door. The city seemed to be dwarfed. No building was higher than seven stories.

Finally, I arrived at the outskirts of the city. Paris is a walled city. So it was at one of the "portes" that I had arrived. After a short inspection made by the guards, we went through the gate. Here another scene opened upon me. All the grounds were surrounded by high iron fences or walls. The houses were of stone. I did not see any frame houses such as we have. The gates to these chateaus were opened in answer to the visitor's ring. The same feeling of law and order existed even here in the suburbs.

I noticed a "tram" standing with a line of people waiting to enter. At first I supposed someone was hurt. On closer inspection I found these people were entering the "tram" one by one, each handing a ticket to the conductor. I learned that these tickets had numbers and each person entered the "tram" according to his consecutive number, until it was filled. Those left had to await another "tram." The same law and order existed even in boarding the street cars.

After this we drove through several streets bordered with trees and lined with chateaus. It was very quiet and clean. Once in awhile we would meet an auto crossing a street or a pedestrian here and there.

The stars came out and the rain had stopped. I found myself being reminded that I was at a standstill in front of a very long red brick building. I, at first, thought the cabby had put me down at the carriage entrance instead of the door for visitors. However, I jumped out and found what I supposed would ring the bell.

I was astonished to find the door opened and no one appeared so I walked in to the next door and was met by a "lady in white." While she went to find the superintendent, I saw I was standing in a corridor that reached the full length of the building terminating in a salon of palms.

The interior reminded me of the Hotel Plaza entrance, everything in gold and white. The palm room at the end looked very much like the tea room at the Plaza. The superintendent and a class-mate, eventually appeared, and made me feel so much at home that I almost lost my impressions of Paris.

E. B. HALSEY.



(Five yards long when stretched)

When  
your  
patient  
needs a  
Bandage  
get a

## Teufel Diakon Bandage

These bandages are made of long fibred cotton. They have all the elasticity of woven rubber and the coolness of cloth. They cannot ravel on the edges or fray at the ends.

All the sizes and styles are given in the "Teufel" catalog. Write to us for a copy.

**The Kny-Scheerer Co.**

*Manufacturers of Surgical and Therapeutic Instruments and Apparatus*  
404-410 West 27th Street, New York

## WHEN YOU'RE FAGGED OUT

from a hard, nerve-wrecking case, and come home completely exhausted, rest is imperative. Your body demands sleep. Do you get it—or do you toss about through a restless night? If so, take a cup of

## BORDEN'S Malted Milk

(IN THE SQUARE PACKAGE)

hot before you "turn in." It will soothe your tingling nerves, mildly stimulate your aching body, and induce sound, refreshing slumber. It is free from that objectionable sweet taste and "tang" supposedly peculiar to all Malted Milks. Try it and be convinced.

Write today for TRIAL PACKAGE, together with copy of our "Unusual Recipe Book" and Samples of our NURSES' TEMPERATURE CHART, and BEDSIDE NOTES.

MALTED MILK DEPARTMENT

**BORDEN'S CONDENSED MILK CO.**  
NEW YORK

# Instruction in Mechano-Therapy

## SWEDISH SYSTEM OF MASSAGE

Medical and Corrective Gymnastics,

Courses in Electro-Therapy and Hydro-Therapy.

We teach all branches of Physiologic Therapeutics; Original Swedish (Ling) system of Massage, Swedish Movements, corrective and medical gymnastics in specially equipped gymnasium. Medico-Mechanical Zander Gymnasium, Von Leyden and Frenkel systems for the treatment of locomotor ataxia, Bier's hyperemia method, Vibrators, Nebulizers, Frazier-Leutz Baking apparatus, Thermo-Electric apparatus (system Dr. Tyrnauer). Electric Light, dry hot air, blue light baths, four cell baths (Dr. Schnee) hydriatic table, Solar and Lencodescent lamps, galvanic, faradic, static electricity, high frequency, sinusoidal currents, X-Ray work, Bachelet magnetic wave, Nauheim baths and Schott exercises, etc., etc.

The instruction is theoretical and practical. Daily lessons, lectures, quizzes, demonstrations on Anatomy, Physiology, Pathology, Massage and Gymnastics, Electro and Hydro-Therapy. Abundant clinical material. Students attend several City Hospitals. Diploma. Particulars and illustrated prospectus upon request.

Second Section of the Winter Classes will open on March 12, 1912

Spring Class will open on May 15, 1912

Pennsylvania Orthopaedic Institute and School of Mechano-Therapy, (Incorporated)

1711 Green Street, PHILADELPHIA, PA.

MAX J. WALTER, Superintendent



# "STORM"

## BINDER AND ABDOMINAL SUPPORTER

(PATENTED)

*No Whalebones—No Elastic—Washable*

### STORM SUPPORTER COMPANY

*Anna B. Duncan, R. N.  
Manager*

1269 BROADWAY (32nd St.)

STYLES	PRICES
Silk.....	\$12.00
Linen Mesh...	\$10.00
Half Silk.....	\$6.00
Cotton.....	\$5.00

Telephone 6276 Madison Square

# ANDREW ALEXANDER

# SHOES

FIFTH AVENUE  
AT 45TH STREET

SIXTH AVENUE  
AT 19TH STREET

## NEW YORK

# A SQUARE DEAL OR NO DEAL AND ONE PRICE TO ALL



## A FEW OF OUR LEADING SPECIALTIES

Perfection Bed Pan  
 Perfection Urinals  
 Ideal Douche Pan  
 Perfection Ice Bag with Unlosable washer  
 Perfection Dressing Basin  
 Progress Throat and Spinal Ice Bags  
 Army and Navy Combination Ice Bag and Helmet  
 Meinecke Face and Ear Bag  
 Safety Metal Hot Water Bottle  
 Meinecke Aseptic Operating Pads  
 Meinecke Maroon Rubber Sheeting  
 Solid Comfort Invalid Rings  
 Horse Shoe Air Cushions  
 Enameled Irrigators with Detachable Spouts  
 Simplex Feeding Cup  
 Simplex Sanitary Paper Sputum Cup  
 Progress Paper Sputum Cuplet and Enameled Holder  
 Hospital Beauty Hot Water Bag with Unlosable Stopper  
**MEINECKE STERILE SUTURES AND LIGATURES**  
 TOGETHER WITH  
 A Complete Line of White Enameled Steel Ware and Hospital Sundries

## One Price to All—

whether you place your order through our salesmen, whether you write and ask for quotations, or whether you send us your order without mentioning any price.

One Price to All—that is your safeguard, a price which would be dear for inferior goods, but which is reasonable for goods of Meinecke quality.

One Price to All—whether your Hospital is large or small, whether you have 500 beds or 10 beds, a price which is clearly stated in our Discount Sheet.

We sell exclusively to Hospitals, and all our energies are devoted to the perfection of more useful Hospital Supplies, supplies that will give greater comfort to the patient, that will save time and labor, and that will aid the nurse and physician in their work.

Our Specialties and Goods are in use in over 2000 Hospitals in the United States, where we have a reputation for everything that is best in Hospital Supplies.

*If you have not a copy of our Catalogue, write for one today.*

**MEINECKE & COMPANY**  
**ADVANCED SPECIALTIES FOR HOSPITAL AND SICK-ROOM**  
**48-50 PARK PLACE NEW YORK**





THE  
ALUMNAE NEWS




Vol. 7.

APRIL, 1912

No. 6





# SHORE-HILLS HOTEL

ST. GEORGE'S WEST BERMUDA

**N**EWEST and most beautiful Hotel in Bermuda out of town by the sea. Accommodates Sixty. Fireproof. Electric and ice plants. 27 open air balconies. Sea water in bath rooms. Vegetable and dairy farm. Extensive grounds. Tennis, boating, driving, and all out door sports. An ideal place for rest, recreation and sport. Open the entire year.

Information and booklet from

**EDW. S. WILTBANK, Manager, 1122 Broadway, N. Y. City, (Phone, 1872 Madison Sq.)**

Or Bermuda, Cable Address, "Shorehills" Bermuda.

---

## SUPERFLUOUS HAIR

Moles and Facial Blemishes Permanently Removed by the Electric-  
Needle Operation No Pain Consultation Free

*Reference to Leading Physicians*

### ELECTROLYSIS COMPANY

9 East 40th Street

S. P. GILMORE, NEW YORK

Telephone, 6536 Bryant

---

OPEN SUNDAY BY APPOINTMENT

PHONE 5995 GRAMERCY

HIGH-CLASS  
PHOTOGRAPHS  
AT VERY REASONABLE PRICES

---

**E. F. FOLEY, 164 Fifth Ave., Bet. 21st & 22nd Sts., New York**

SPECIAL RATES TO N. Y. HOSPITAL STAFF AND ALUMNI

# Sterilized Obstetrical Supplies

The sterilized obstetrical supplies provided by Van Horn & Sawtell for the aid and convenience of physicians and nurses are prepared with the same attention to quality, utility and sterility that are given to every product of the Van Horn & Sawtell laboratories.

To the physician and nurse such care and attention spell protection and safety.

For complete lists of obstetrical supplies, special outfits, sutures, etc. address

VAN HORN & SAWTELL  
307 Madison Avenue, New York, N. Y.

## A Non-Greasy Lubricant

needs little comment as to its superiority from every standpoint of cleanliness. The avoidance of greasy clothes and bed linen is always gratifying to the painstaking nurse, and this is only one of the many advantages that attend the use of



## K-Y Lubricating Jelly

the "perfect lubricant" for *catheters, specula, rectal and colon tubes.*

"K-Y" is water-soluble and easily rinsed from instruments, dressings and clothing without leaving the slightest stain.

"K-Y" moreover, is emollient and soothing to the skin, offering a prompt and effective means of relieving "bi-chloride rash" and kindred irritations.

A postal request will bring a liberal sample.

VAN HORN & SAWTELL  
307 MADISON AVE., NEW YORK, N. Y.

# ALUMNAE ASSOCIATION

## New York Hospital Training School Annual Meeting

### Wednesday, April 10th, 1912.

To vote for any candidate on the ballot make a cross **X** mark in the square at the left of her name; or the voter may write in, under the respective offices, the names of any persons for whom she desires to vote for such offices, if such names are not already printed on the following ballot.

For President, vote for 1	For Rec. Sec'y, vote for 1	For Treasurer, vote for 1
Miss Florence S. Wright, R. N.	Mrs. William C. Gilley, R. N.	Miss Mary V. Post, R. N.
Miss Susan V. Gifford, R. N.	Miss Katherine Sanborn, R. N.	Miss Jessie De Freest, R. N.
For Vice-Pres., vote for 1	For Cor. Sec'y, vote for 1	For Trustees, vote for 3
Miss Florence M. Johnson, R. N.	Miss Blanche Gibson, R. N.	Miss Rose Lamphear, R. N.
		Miss Anna C. Fraser, R. N.
		Miss A. A. Pencheon, R. N.
Miss Elizabeth Burroughs, R. N.	Miss Sarah C. Olmstead, R. N.	Miss L. M. Wygant, R. N.
		Miss Mary Rankin, R. N.

Signature .....

### THE BALLOT.

Please detach this page, and, if unable to be at the Annual Meeting, mark the Ballot [see other side of this page] and send, before Wednesday, April 10th, 1912, to the Secretary,

MRS. W. C. GILLEY,  
176 West 81st Street,  
New York City.

N. B.—It would be well to write "Ballot" on the outside of the envelope for the convenience of the Secretary.

# ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

---

VOLUME VII

APRIL, 1912

No. 6

---

PUBLISHED MONTHLY, FROM NOVEMBER TO JULY.

Sent free of charge to all members of the "Alumnae Association"

to others: { 50 cts. per year  
              { 10 " " copy

---

Editor—MISS E. DENIKE, 210 East 17th St.

Business Manager—MISS L. M. WYGANT, 8 West 92d St.

News Editor—MISS A. L. REUTINGER, 8 West 16th St.

Secretary—MISS E. S. JOHNSON, 245 West 14th St.

---


## REPORTERS

MISS FREDERICK, 321 E. 15th St.	MISS GOLDING, 245 W. 14th St.
---------------------------------	-------------------------------

MISS DUNCAN, 1269 Broadway	MISS ROUGH, 8 W. 16th St.
----------------------------	---------------------------

MISS ANDERSON, 109 Greene Av., Brooklyn	MISS ELIZABETH M. BOWER, 8 W. 92d St.
--	--

---

 It is requested that notice of change of address be sent to the Secretary as promptly as possible, so that the mailing list may be kept corrected.

---

Those who have failed to receive the "Alumnae News"—or those who desire extra copies—can be supplied by calling at the Club, or copies will be mailed on application to the Secretary.

---

*Entered at the Post Office at N. Y. City as second class matter.*

## NOTICES

### N. Y. H. ALUMNAE MEETING.

The annual meeting of the Association will be held in the Lecture Room, 8 West 16th Street, on *Wednesday*, April 10th, at 3 p. m.

### COUNTY SOCIETY.

The quarterly meeting of the New York County Registered Nurses' Association will be held at the Central Club, 54 East 34th Street, on *Tuesday*, April 2nd, at 8 p. m.

### CHARGES.

#### New York Hospital Graduate Nurses' Club.

1. General Nursing \$4 per day, or part of a day.
  2. Alcoholic Cases, \$5 per day.
  3. Mental Cases, \$5 per day.
  4. Nervous Cases, \$30 per week.
  5. Obstetrical Cases, \$30 per week.
  6. Contagious Diseases, \$5 per day. Scarlet Fever, Diptheria, Measles, Small Pox, Erysipelas and Venereal diseases.
  7. To prepare patient and room for operation, \$5.
  8. All travelling expenses to be paid by the patient on out-of-town cases only.
  9. Laundry to be paid by the patient on cases of contagion and out-of-town cases only.
  10. Day of going to the case, day of leaving the case, to be considered separate days excepting where the nurse leaves before 9 a. m.
  11. When the order for the nurse is cancelled after her arrival at the house, she is entitled to one day's pay pro rata.
  12. The nurse to be paid from time of engagement, providing she makes it known at the time.
  13. Should a nurse voluntarily give up a case, she should not make a charge for that day.
  14. Hourly nursing \$1.50 for first hour, 50 cents for each succeeding hour.
  15. In any case for each additional patient, \$5.00 per week.
- Copies may be obtained at the club.

---

N. B. All material for publication should be sent to the editor not later than the fifteenth of the month preceding the publication.

## ALUMNAE MEETING

The regular meeting of the Association was called to order by the President, Miss McVean, and the minutes of the February meeting were read and accepted.

The Credential Committee presented the following names for membership, and all were accepted. We hope they will find time to attend as many of the monthly meetings as possible, giving the organization the benefit of their new ideas, and at the same time receive pleasure through this affiliation. Miss Alice Maud Moffatt, Miss Marjorie M. Moore, Miss Sophia Marguerite Jellett, Miss Emily A. Stewart, Miss Edna Jane Beal, Miss Elizabeth L. Lewis, Miss Irene Helen Harris, Miss Kathleen S. Cains, Miss Clarissa Adams Bookhout, Miss Marion Louise Shedden, Miss Bertha Hermanne Lehnkuhl, Miss Alice May Brodie.

Miss Sutcliffe, Chairman of the Pension Fund Committee; reported having had several meetings of the committee and asked Miss Macdiarmid to read the minutes of these meetings. She stated that nine names had been sent in as desirable members of the Advisory Board, and that the Committee had found it hard to eliminate any of them. The final choice was, Mr. Rives, President of the Board of Governors, Mr. Cammann and Mr. Sheldon, who are also Governors of the hospital and much interested in the nurses and their affairs.

The question was raised by this Board, as to just what form of organization was desired by the nurses, and how many were ready now to become members of the Pension Fund. There was full discussion and many pertinent questions raised, which led to a motion suggesting that the committee formulate tentative plans, including an outline of just what membership would mean to graduates young and old, and what premiums would be settled upon, as well as the possible benefits derived.

This Committee is to report at the next meeting, and we hope many will attend and show their interest in this important project.

As the Advisory Board stated it would be necessary for the fund to be under the control of the Alumnae Association in order to be legal, Miss Russell was appointed chairman of a committee on revision of the constitution, with power to choose her associates, to present the proper amendment to provide for this additional object.

Letters were read, one from an old graduate thanking Miss Sutcliffe and the Association as a whole, for a pillow which had been sent to her.

The private nurses especially will be glad to learn that in reply to a letter from our President to the Board of Governors, requesting an increase in weekly remuneration of those nurses on private duty at the hospital, a letter was read from the governors agreeing to make the remuneration \$3.50 per day.

A sincere vote of thanks was tendered the governors for their willing and satisfactory compliance with the request; and also to Miss Henderson for her persistent interest in this matter.

Miss Sutcliffe presented to the attention of the Alumnae, the need of some action in the case of one of our graduates, who had become wholly incapacitated through an accident and the infirmities of old age, and who had no one to care for her when she left the hospital in the fall.

It was moved and seconded that the Alumnae Association pledge \$50.00 towards raising a sum sufficient to place this nurse in a comfortable home, and that a personal appeal be put in the next issue of the Alumnae News.

A most interesting address was given by Mrs. Stevenson on the Red Cross organization, and its great work, and it is to be regretted that more of our nurses were not present to hear it.

The meeting then adjourned into social session.

ANNA B. DUNCAN.

---

## GRADUATING EXERCISES

The graduating exercises of the Class of 1912 were held in the Governors' Room at the hospital on Thursday evening, March sixth, at half after eight. Although the night was a stormy one, a large number of relatives, friends and Alumnae gathered to enjoy the evening and to bring their good wishes to the graduates.

The Governors' Room, the pride of all connected with the hospital, was tastefully decorated with palms and ferns, softening the stern beauty of the room and lighting the portraits of the fine men who, having meant so much to the hospital in the past, always look down with kindly faces upon each succeeding class which leaves the training school for the larger discipline of the outside world.

Mr. George L. Rives, President of the Board of Governors, presided and we were honored in having six of the governors with us: Mr. Rives, Mr. Howard Townsend, Mr. Edward W. Sheldon, Mr. Frank K. Sturgis, Mr. Augustine T. Smith, and Mr. Henry G. Barbey.

The Rev. Mr. Sutton of Trinity Parish opened the exercises with prayer. Mr. Rives then delivered his address. He spoke of the aims of the present day hospital as a place not alone for the care of patient but an institution also for the education of the future doctors and nurses. The educational idea of the hospital seems to be on the increase, and the time and thought expended upon the curricula of the training schools of today prove that those in charge appreciate the heavy responsibility placed upon them.

Mr. Rives introduced the Rev. Dr. Slattery of Grace Church, who made the address of the evening. As his address as a whole will be published later, only a passing word will be given here. Dr. Slattery divided his subject into three parts. First, be professional; second, do not let that professionalism be apparent; third, be religious. He spoke of the great comfort a nurse may bring into a house of sickness and confusion by her sympathy and calm of manner, by her training, by her very presence in uniform and cap. The public expects much of a nurse, but Dr. Slattery advises us to do even more than is expected of us. Let us not, however, wear our professional manner like a badge or allow ourselves to be conspicuous as nurses. Lastly, the real spirit of religion—not talking about it, but quietly living the Christian life—means much to those with whom we come into contact.

Mr. Rives then presented diplomas and medals to the following nurses: Florence Elizabeth Alston, Edna Jane Beal, Emma Frances Beal, Ethel Leah Bingeman, Lucy Gunn Birnie, Sara Wyckoff Bonnell, Clarissa Adams Bookhout, Alice May Brodie, Anna Mabel Brown, Kathleen Stuart Cains, Martha Verity Carling, Maggie Isabel Galbraith, Grace Elizabeth Gilman, Bertha Camilla Grassl, Evelyn Grace Guernsey, Irene Helen Harris, Rosa Maria Hellberg, Charlotte Cornwall Hotchkiss, Sophia Marguerite Jellett, Leona May Johnston, Mary Eleanor Kehoe, Bertha Hermanne Lehmkuhl, Elisabeth Lawton Lewis, Mary McAlister, Alice Maud Moffatt, Marjorie May Moore, Marion Louise Shedden, Margaret Ellen Shields, Emily Alexander Stewart, Margaret Elsie Sutherland, Cecil Rea Weldon, Edna Sargent Williams.

The exercises were closed with a benediction.

The reception followed and handshaking and congratulations were the order of the hour. Our deep appreciation is extended to Dr. Joseph Roper, who was the only representative of the medical or surgical staff who attended. Numbers of the alumnae were present. It is always a pleasant opportunity to see old friends, and a chance to meet some of the younger nurses who are coming to swell the ranks.

The Reception Room in the Nurses' Home was the scene of much festivity. The floor was good, the music inspiring and the number of dancers large. Delicious refreshments were served in the dining-room. The evening was a great success, and the Alumnae extend their best wishes to the graduates of 1912.

FLORENCE M. JOHNSON.

## A GLANCE AT BERMUDA

First, probably a rough trip to reach there, but only about forty-eight hours in length. Many islands come into view, instead of the small dots which our geographies show us; they say there are three hundred and sixty-five, one for each day of the year.

Hamilton is the only port which a large steamer can enter, and is the largest town in the Bermudas. The islands are of volcanic formation and the white coral rock makes the roads, builds the houses, walls and roofs, and can be quarried with a hand-saw.

The water supply is gathered into tanks by pipes leading from the corrugated roofs. This year there has been a great deal of rain and the water tastes fresh and good, but I do not like to think what it might be in a dry season. It is pleasantly soft for bathing.

It is certainly a most beautiful land; the sea and sky so blue, the houses and roads so white, the flowers and birds so brilliant in color, and with it all, an atmosphere of gay idleness. Automobiles are not allowed, so people walk, drive or ride bicycles.

The universal tree is the red cedar, a rather small variety, not the stately one of the far East, and there are various kinds of palms, cacti, century plants and bamboo cane of the semi-tropical vegetation. Rubber trees grow from thirty to fifty feet in height and with an equal spread. It is hard to imagine them the same species as our potted ones.

Flowers grow in great profusion, oleanders form great hedges, like our willows and the lily fields, cultivated in long rows are a beautiful sight when in bloom. Jessamines, geraniums, begonias and all kinds of foliage plants grow in every part of the island. Roses of all varieties and the scarlet hibiscus are in profusion, and there is an attractive plant called the Life Plant with thick leaves and great drooping flowers which grows everywhere.

The soil is very shallow, from two to three inches in depth, but the climate with no frost, keeps things growing the year round. One is greatly surprised at the lack of fruit, there is a small variety of banana raised, but nothing else that I can discover, excepting strawberries, and they so scarce that the price is never below thirty-five cents a quart. Fish and lobsters are plentiful and excellent. Goats and kids are all over the island and the kid is served as spring lamb.

The cave formations are beautiful and unusual with the wonderful stalactites and stalagmites; then there are the wonders of the sea, which can be seen through the glass lenses in the bottom of

the boats; a small steamer runs out to the coral reefs and the sight of the branches of varied colored coral, endowed with life, waving their fingers, is a weird and alluring sight. One can easily enough believe in mermaids living in these enchanted gardens.

St. George, on St. George's Island, is the oldest town of Bermuda, and is quaint and interesting with its old houses and narrow streets.

Taken altogether, Bermuda is a delightful winter resort.

ADA B. STEWART.

---

## NEWS OF THE CLUB AND THE CLASSES

We open the news column this month with a note of sadness and ask the thought of the readers for a school-mate who has fallen by the wayside, the one referred to in the report of the March meeting of the Association.

Graduating in the early years of the Training School, after long and faithful toil, she finds her days of usefulness suddenly at an end through accident, illness and old age.

Fortunately we can lift the burden from her and give rest and freedom from care for her remaining years. It is our duty and our pleasure to do so.

Let each of us give our mite and the necessary sum will be realized at once. A fraction of the earnings of one day from all will do it. Kindly send to Miss Sutcliffe, 8 West 92nd Street, N. Y. City.

The class mates of Miss Charlotte Jouffrett gave a miscellaneous shower for her, at 508 W. 114th St., on March 12th.

Miss W. Salter has returned to New York from a visit to her home in New London, Conn.

Miss Kate Clarke is visiting her cousins, Dr. and Mrs. Russell at Bloomingdale, White Plains.

Miss Backus is back at the club after an absence of six months.

Miss Hatton has returned from Aiken, S. C.

Miss Blott has gone with her mother on a Southern trip. She will visit her cousin, Mrs. A. Hill (nee Hornibrook) in Jacksonville, Florida.

Mrs. Henrietta Smith, who has been night supervisor of nurses for fourteen years, is now matron of the nurses home.

Miss M. M. M. Hunter has succeeded Mrs. Smith.

Miss Florence M. Creighton has been enjoying a few days' rest at the Chalfonte, Atlantic City.

Miss Irene Harrison, class 1912, is nurse in charge at night, at the House of Relief.

The Misses Kerr, Jellet, Moffat and Cains have taken rooms at No. 35 W. 16th St.

Miss Susan Gifford is enjoying a vacation at Atlantic City.

Miss Peck is living at the Club.

Miss Helen Maher is in charge of one of the milk stations in connection with the Board of Health.

Miss Pugsley has gone to Millbrook, N. Y., to look after her farm.

Miss Despard has returned from Lakewood, N. J.

### **MARRIAGE.**

On Tuesday, March 5th, 1912, at Woodlawn Avenue, Toronto, Canada, Miss Isabella Bertha Swan to Dr. Herbert Sedgfield Thomson.

### **BIRTH.**

To Mr. and Mrs. Martin (Virginia Grayson, 1907) at Manila, Philippine Islands, a son.

---

### **GRADUATION REPORT.**

At the end of the Fall, 1911 course in Mechano-Therapy the following students received their diplomas at the Pennsylvania Orthopaedic Institute and School of Mechano-Therapy, Inc., Philadelphia, Pa.:

Ella W. Hill, Bluefield, W. Va., Halls Hospital, Cincinnati, Ohio, night Supt. Women's Hospital, New York City; Elizabeth Auld, Naugatuck, Conn.; Jessie W. Doty, Burlington, Ill., Sycamore Hospital; Alice F. Ware, Townshend, Vt., General Hospital, Claremont, N. H.; Harriett E. Adams, Mobile, Ala.; Providence Infirmary, Mobile, G. & S. O. Hospital, Hattiesburg, Miss.; Effie R. Hatfield, Lumberton, N. C., Highsmith Hospital, Fayetteville, N. C., Postgraduate New York Polyclinic Hospital, Supt. C. C. Hospital, Sanford, N. C.; Agnes Deegan, Savannah, Ga., St. Joseph's Hospital, Savannah, Ga.; Lizetta Keebler, Pittsburgh, Pa.; Allegheny General Hospital, Allegheny, Pa.; Margaret M. Maloney, Pittsburgh, Pa., Huron St. Hospital, Cleveland, Ohio; Sarah E. Moorman, Lynchburg, Va., New York City Training School for Nurses; Jennie Dean, Bellingham, Wash., Maternity Hospital, Minneapolis, Minn.; Lucy S. Wright, Atlanta, Ga., Presbyterian Hospital, Atlanta, Ga.; Lucy M. L. Maloney, Ottumwa, Iowa; Margaret Jamieson, Cananoke, Ont., Can.; Helen C. Good, Norwich, Conn.; Emily N. Miller, Reading, Pa.; Marion W. Bryant, Mt. Airy, Pa.; Jeanne H. Fracker, Philadelphia, Pa.; Anna M. Vetter, Fairbury, Ill., Hinsdale Sanitarium, Hinsdale, Ill.; Herman E. Knies, Hazelton, Pa.; Herman J. Schingeeck, Buffalo, N. Y.

The second section of the Winter classes will open on March 12th,

## CLARA BARTON IS 90

### Receives Many Tokens of Remembrance at Her Home in Glen Echo, Md.—Her Reasons for Believing in Votes for Women

On Dec. 25, Miss Clara Barton, founder of the American National Red Cross Society, was showered with greetings and good wishes in honor of her 90th birthday.

Although feeble from her illness early in the year, Miss Barton was able to celebrate the day with relatives and friends who spent Christmas with her at her home in Glen Echo, Md.

Miss Barton has probably been the means of relieving more human suffering than any other person in the United States. Like Florence Nightingale, she has been a lifelong advocate of equal rights for women. In an address given at the May Festival of the New England W. S. A. some years ago, Miss Barton said:

"I believe I must have been born believing in the full right of woman to all the privileges and positions which nature and justice accord to her in common with other human beings. Perfectly equal rights—human rights. There was never any question in my mind in regard to this. I did not purchase my freedom with a price; I was born free; and when, as a younger woman, I heard the subject discussed, it seemed simply ridiculous that any sensible, rational person should question it. And when, later, the phase of woman's right to suffrage came up, it was to me only a part of the whole, just as natural, just as right, and just as certain to take place.

Miss Barton was born in Oxford, Mass., in 1821. She was first a schoolteacher, and founded a free school at Bordentown, N. J. She was then employed in the patent office in Washington until the outbreak of the civil war. Her offer to distribute stores and money among the wounded soldiers at the front brought generous responses, and she became busy with this work. She went to Europe in 1869, and on the outbreak of the Franco-Prussian war relieved the suffering of the soldiers.

The American Red Cross Society was founded in 1881. Miss Barton became its President, retaining this position until its reorganization, when she relegated its management to younger officials. —*Woman's Journal*.

---

When you were weak and I was strong, I toiled for you. Now you are strong and I am weak. Because of my work for you, I ask your aid. I ask the ballot for myself and my sex. As I stood by you, I pray you stand by me and mine.—Clara Barton to the Soldiers.

The fact that for equal work equally well performed by a man and by a woman, it is ordained that the woman on the ground of her sex alone shall receive a less recompense, is the nearest approach to a wilful and unqualified "wrong" in the whole relation of woman to society today.—Olive Schreiner.



(Five yards long when stretched)

When  
your  
patient  
needs a  
Bandage  
get a

## Teufel Diakon Bandage

These bandages are made of long fibred cotton. They have all the elasticity of woven rubber and the coolness of cloth. They cannot ravel on the edges or fray at the ends.

All the sizes and styles are given in the "Teufel" catalog. Write to us for a copy.

**The Kny-Scheerer Co.**

*Manufacturers of Surgical and Therapeutic Instruments and Apparatus*

404-410 West 27th Street, New York

## The American Journal of Nursing

IS A MONTHLY MAGAZINE •

The Subscription Price is two dollars a year, payable in advance; single copies, twenty-five cents; foreign copies, five cents a copy additional.

**Official Organ.** This Journal is the official organ of the eleven largest and most important nursing organizations in the country, viz.:

The American Society of Superintendents of Training-Schools for Nurses.

The Nurses' Associated Alumnae of the United States.

The International Council of Nurses.

The Hospital Economics Association.

The New York State Nurses' Association.

The Graduate Nurses' Association of Connecticut.

The Massachusetts State Nurses' Association.

The Graduate Nurses' Association of New Hampshire.

The Texas State Nurses' Association.

The Wisconsin Association of Graduate Nurses.

The Ohio State Nurses' Association.

# Instruction in Mechano-Therapy

## SWEDISH SYSTEM OF MASSAGE

Medical and Corrective Gymnastics,

Courses in Electro-Therapy and Hydro-Therapy.

We teach all branches of Physiologic Therapeutics; Original Swedish (Ling) system of Massage, Swedish Movements, corrective and medical gymnastics in specially equipped gymnasium. Medico-Mechanical Zander Gymnasium, Von Leyden and Frenkel systems for the treatment of locomotor ataxia, Bier's hyperemia method, Vibrators, Nebulizers, Frazier-Lentz Baking apparatus, Thermo-Electric apparatus (system Dr. Tyrnauer). Electric Light, dry hot air, blue light baths, four cell baths (Dr. Schnee) hydriatic table, Solar and Lencodescent lamps, galvanic, faradic, static electricity, high frequency, sinusoidal currents, X-Ray work, Bachelet magnetic wave, Nauheim baths and Schott exercises, etc., etc.

The instruction is theoretical and practical. Daily lessons, lectures, quizzes, demonstrations on Anatomy, Physiology, Pathology, Massage and Gymnastics, Electro and Hydro-Therapy. Abundant clinical material. Students attend several City Hospitals. Diploma. Particulars and illustrated prospectus upon request.

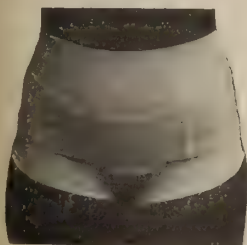
**Second Section of the Winter Classes will open on March 12, 1912**

**Spring Class will open on May 15, 1912**

**Pennsylvania Orthopaedic Institute and School of Mechano-Therapy, (Incorporated)**

1711 Green Street, PHILADELPHIA, PA.

MAX J. WALTER, Superintendent



# "STORM"

## BINDER AND ABDOMINAL SUPPORTER

(PATENTED)

*No Whalebones—No Elastic—Washable*

### STORM SUPPORTER COMPANY

*Anna B. Duncan, R. N.*  
Manager

1269 BROADWAY (32nd St.)

Telephone 6276 Madison Square

STYLES	PRICES
Silk.....	\$12.00
Linen Mesh...	\$10.00
Half Silk.....	\$6.00
Cotton.....	\$5.00

# ANDREW ALEXANDER

# SHOES

FIFTH AVENUE  
AT 45TH STREET

SIXTH AVENUE  
AT 19TH STREET

## NEW YORK

# The Pioneers of Improved Hospital Supplies

## "Meinecke"

Advanced Specialties for the Hospital and Sick Room accomplish three objects:

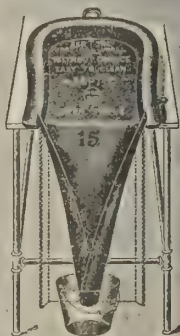
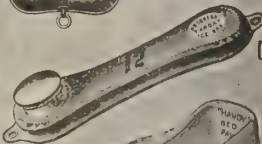
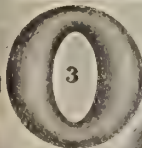
- 1-They provide greater comfort for the patient
- 2-They save time and labor
- 3-They make the work of physician and nurse easier

The patient is the first consideration. The Hospital was built for him. The saving of time and labor means economy in the highest sense; while to make the work of Physician and Nurse easier produces efficiency and leads to greater achievements.

*If You Have No Copy of Our Catalogue, Write for One To-Day*

## A Few of Our Leading Specialties

- 1-Perfection Bed and Douche Pan
- 2-Army and Navy Combination Ice Bag and Helmet
- 3-Solid Comfort Invalid Ring with Oval Opening
- 4-Perfection Male Urinal
- 5-Hospital Beauty Hot Water Bag
- 6-Improved Irrigator with Detachable Spout
- 7-Simplex Sanitary Paper Sputum Cup
- 8-Perfection Dressing Basin (The Improved Pus Basin)
- 9-Perfection Ice Bag with Unlosable Washer
- 10-Safety Metal Hot Water Bottle
- 11-Simplex Feeding Cup
- 12-Progress Throat Ice Bag
- 13-Handy Bed Pan and Female Urinal
- 14-Sterile Sutures and Ligatures
- 15-Meinecke Aseptic Operating Pad



**MEINECKE & COMPANY**  
ADVANCED SPECIALTIES FOR HOSPITAL AND SICK ROOM  
48-50 PARK PLACE NEW YORK





THE  
ALUMNAE NEWS



Vol. 7.

MAY, 1912

No. 7





# SHORE—HILLS HOTEL

ST. GEORGE'S WEST BERMUDA

**N**EWEST and most beautiful Hotel in Bermuda out of town by the sea. Accommodates Sixty. Fireproof. Electric and ice plants. 27 open air balconies. Sea water in bath rooms. Vegetable and dairy farm. Extensive grounds. Tennis, boating, driving, and all out door sports. An ideal place for rest, recreation and sport. Open the entire year.

Information and booklet from

**EDW. S. WILTBANK, Manager, 1122 Broadway, N. Y. City, (Phone, 1872 Madison Sq.)**  
Or Bermuda, Cable Address, "Shorehills" Bermuda.

# SUPERFLUOUS HAIR

**Moles and Facial Blemishes Permanently Removed by the Electric-  
Needle Operation No Pain Consultation Free**

*Reference to Leading Physicians*

**ELECTROLYSIS COMPANY**

9 East 40th Street

S. P. GILMORE, NEW YORK

Telephone, 6536 Bryant

OPEN SUNDAY BY APPOINTMENT

PHONE 5995 GRAMERCY

**HIGH-CLASS  
PHOTOGRAPHS  
AT VERY REASONABLE PRICES**

**E. F. FOLEY, 164 Fifth Ave., Bet. 21st & 22nd Sts., New York**

SPECIAL RATES TO N. Y. HOSPITAL, STAFF AND ALUMNI

# Sterilized Obstetrical Supplies

The sterilized obstetrical supplies provided by Van Horn & Sawtell for the aid and convenience of physicians and nurses are prepared with the same attention to quality, utility and sterility that are given to every product of the Van Horn & Sawtell laboratories.

To the physician and nurse such care and attention spell protection and safety.

For complete lists of obstetrical supplies, special outfits, sutures, etc. address

VAN HORN & SAWTELL  
307 Madison Avenue, New York, N. Y.

## A Non-Greasy Lubricant

needs little comment as to its superiority from every standpoint of cleanliness. The avoidance of greasy clothes and bed linen is always gratifying to the painstaking nurse, and this is only one of the many advantages that attend the use of



## K-Y Lubricating Jelly

the "perfect lubricant" for *catheters, specula, rectal and colon tubes.*

"K-Y" is water-soluble and easily rinsed from instruments, dressings and clothing without leaving the slightest stain.

"K-Y" moreover, is emollient and soothing to the skin, offering a prompt and effective means of relieving "bi-chloride rash" and kindred irritations.

A postal request will bring a liberal sample.

VAN HORN & SAWTELL  
307 MADISON AVE., NEW YORK, N. Y.

# ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

---

VOLUME VII

MAY, 1912

No. 7

---

PUBLISHED MONTHLY, FROM NOVEMBER TO JULY.

Sent free of charge to all members of the "Alumnae Association"

to others: { 50 cts. per year  
              { 10 " " copy

---

Editor—MISS E. DENIKE, 210 East 17th St.

Business Manager—MISS L. M. WYGANT, 8 West 92d St.

News Editor—MISS A. L. REUTINGER, 8 West 16th St.


Secretary—MISS E. S. JOHNSON, 245 West 14th St.

---

## REPORTERS

MISS FREDERICK, 321 E. 15th St.	MISS GOLDING, 245 W. 14th St.
MISS DUNCAN, 1269 Broadway	MISS ROUGH, 8 W. 16th St.
MISS ANDERSON, 109 Greene Av., Brooklyn	MISS ELIZABETH M. BOWER, 8 W. 92d St.

---

 It is requested that notice of change of address be sent to the Secretary as promptly as possible, so that the mailing list may be kept corrected.

---

Those who have failed to receive the "Alumnae News"—or those who desire extra copies—can be supplied by calling at the Club, or copies will be mailed on application to the Secretary.

---

*Entered at the Post Office at N. Y. City as second class matter.*

## NOTICES

### N. Y. H. ALUMNAE ASSOCIATION

The regular monthly meeting of the Association will be held in the Lecture Room, 8 West 16th Street, on Thursday, May 9th, at 3 p. m.

The League of Nursing Education holds its next meeting on Tuesday, May 7th, at which the subject of scientific management as applied to hospitals, will be discussed.

The International Congress of Nurses to be held in August at Cologne, is planning a most interesting program, official and social.

The nursing exhibit will be of great interest, and the nursing pageant to be given in one of the wonderful old halls will be very beautiful.

Delegates to the Congress are to be prepared to vote on the place for meeting in 1915 and on the resolutions. The American Journal of Nursing, says: "That resolution on which it is most necessary for American nurses to prepare themselves, is the one on woman suffrage, and each alumnae association has been asked by the international secretary to have it considered and the vote made clear."

Our Alumnae Association which is so well represented along the line of woman suffrage by Miss Annie Goodrich and many others of our members, was greatly helped by the talk given at the April meeting by Mrs. John Rogers. Mrs. Rogers' testimony seconding that given by Mrs. Jessica Finch and Miss Dock in times past, resulted in speeding up the number to join the party and to march in the parade of May 4th.

A tea will be given to the graduating class in the Nurses Home May 9th, after the usual meeting of the Alumnae Association.

## ALUMNAE MEETING

The annual meeting of the Alumnae Association was held on April 10th, 1912. The regular monthly reports of the Secretary and Treasurer were read, also the reports of the meetings of the trustees; all being accepted as read.

The Secretary then read her annual report, which, with some corrections, was approved.

The Treasurer's annual report was then read and the association is to be congratulated on such a showing.

The report of Miss Daisy Dwight, superintendent of the Club, also gave evidence of the year's good work under her able direction, backed by the wisdom of the trustees.

The work of the Alumnae News still speaks for itself, and it continues to be the looked for bulletin, which keeps the members close together, though apart.

Miss J. Whitelaw, secretary of the Sick Fund, sent her report which was read by the secretary.

Miss Sutcliffe, chairman of the Pension Fund, stated that the tentative plans drawn up by the Committee had been submitted to an expert, who said they were not feasible. The Committee asked for an extension of time, which was granted.

The names of the nurses whose dues had lapsed two years, and who had been notified of their delinquency were read, and on regular motion, said nurses were dropped from membership.

An invitation was read from the Women's Political Union, inviting our nurses to a reception and tea on Sunday, April 14th, from 4 to 6 o'clock.

The regular business meeting was suspended in order to listen to an address by Mrs. John Rogers, Jr., on "Suffrage," to which all listened with great pleasure, and which we feel sure will result in many of our nurses turning out May 4th, in the parade for the cause.

When the meeting convened again, the President appointed the tellers and inspectors of election; Miss Sutcliffe, Miss Macdiarmid and Miss Duncan, tellers, and Miss Vroom, Miss Davis and Miss Sinnott, inspectors.

Miss McVean and Miss Duncan were appointed delegates to the National Convention to be held in Chicago in June, with power to appoint their proxies if unable to go. As we are entitled to

eight delegates, the president was authorized to ascertain which others of our nurses would be present at the meeting, and state that the association had appointed them delegates.

The result of the elections was then announced by Miss Sutcliffe, and it was a pleasure to see what confidence the members place in our president, when they again elected her to the presidency, although her name was not on the ticket.

The following officers were elected:

President, Miss J. McVean; Vice-President, Miss Florence Johnson; Recording Secretary, Mrs. Wm. C. Gilley; Corresponding Secretary, Miss Blanche Gibson; Treasurer, Miss Mary V. Post; Trustees, Miss Rose Lamphear, Miss Mary Rankin.

ANNA B. DUNCAN.

---

## NEW YORK COUNTY REGISTERED NURSES' ASSOCIATION

The regular quarterly meeting of the New York County Registered Nurses' Association was held at the Central Club, Tuesday, April 2nd. Miss E. E. Golling, Vice-president, presiding.

Dr. Homer E. Swift, of the Rockefeller Institute, read a most instructive and interesting paper on "Salvarsan." His lecture was presented with charts, showing the intra-venous method of introduction.

Dr. Swift also showed how the Salvarsan was prepared for use.

It may be interesting to the profession to know that each tube of Salvarsan (enough for one treatment) costs the hospital \$3.00.

Dr. Swift's lecture was most carefully prepared and explained.

Miss Goodrich gave a most interesting talk on "The Trained Attendant." It is always a pleasure to have Miss Goodrich with us.

When we have a "Nurse Practice Act" which shall say who shall practice as a nurse, then we shall be able to control the attendant question.

The chiropodist and blacksmith are obliged to have licenses, but any woman can put on a uniform and use a thermometer.

St. Vincent's Hospital Alumnae Association was admitted to membership.

A motion was passed asking the associations affiliated with the County Association to endorse the standard of the "League of Nursing Education."

E. E. GOLDING.

## LEAGUE FOR NURSING EDUCATION.

At the April meeting of the League for Nursing Education, held at the Bellevue Training School, the subject of the Social Phases of Nursing was interestingly and ably discussed.

Miss Kerr spoke of School Nursing, stating that the Civil Service examinations were soon to be held, and she greatly wished that more of our good graduates would take the examinations and become eligible to this most important work.

Miss Bewley, of the Presbyterian Hospital, spoke of the visiting nursing there and told what a broadening influence it had on the pupil nurses engaged in it.

Miss Crandall then spoke very well on the other lines of work, infant mortality, tuberculosis, etc., and said there was at present great need of co-operation and executive management from a central board, so there might be the greatest efficiency in the various branches.

---

## ST. MARY'S NURSING HOME.

KASR-EL-DUBARA,  
CAIRO, EGYPT.

March 20, 1912.

*My dear Miss \_\_\_\_\_.*

I had intended writing as soon as I had settled in this lovely Cairo, but between sight-seeing and our few patients the time has been fully occupied. I came here as assistant in a small nursing home where there are but eight private rooms, but all large, and look so cool with furnishings of pretty chintz. The season has been a very quiet one, with very little illness, so not much for either doctors or nurses to do.

This home is situated in the best part of city, the air splendid, and all the houses about us have fine gardens with lovely flowers, and the palm trees that I so much admire. We have a very pretty roof garden with a fine view of the citadel.

The sunsets are wonderful. I thought the sunsets of Naples and Rome beautiful, but they cannot compare with those of Egypt, with the wonderful coloring and the afterglow that artists always speak of.

I have visited many old mosques which are most interesting, and the minarets, each with its various balconies are most unique.

One could spend days in the bazaars among the Egyptian

embroideries and metals where the natives are very kind and helpful.

Then the pyramids and the much talked-of Sphinx which I have visited many times by day and moonlight. Just a week ago I had the wonderful experience of hearing the opera Aida, given at the foot of the great pyramid by moonlight. It was a great sight, the crowd of people—the beautiful music, and the superb Arab's horses, of which there were at least one hundred.

The natives are like children, and all so fond of bright colors and decorations. They hang great strings of beads about the necks of their donkeys and camels, and they are a most picturesque people, the better classes wearing long flowing robes of colored silks, while the rich harem women wear black silk robes and fine white face masks.

The standing of Egyptian women is not very high, the men regarding them with little respect.

Then the wonderful desert where I have spent two whole days. One day we took our lunch baskets and went by train to a place called Bachaskem, and after one and a half hours' ride we left the train and took donkeys and rode right into the desert for miles, visiting several temples at Sakkara, one very interesting one, the tomb of Apis, the sacred bull which was in ancient times worshiped by the Egyptians, and embalmed and buried with great pomp. Then we rode still further into the desert and visited other places of unsurpassed interest, after which we rode homeward, stopping at the Mena House, the oldest hotel at the Pyramids, for tea at 6.30—finally home very tired and oh! so weary the next day, but nothing could be more enjoyable unless it were the next trip which was a long ride into the desert by camel, visiting the camel fair. It is all so marvellous that I wonder how I can possibly return to plain every day life after spending four months here. You must surely visit Cairo, it is not a difficult trip from New York, and there are numerous good pensions. I could go on indefinitely with my rhapsodies of Egypt, but I must stop and send this rambling letter just to let you know that I think often of you and the dear old N. Y. H., and I am wondering if the new N. Y. H. will be started before my return. I have finished the education of a number of people whom I have met here, who have known other hospitals in New York, but not our own dear one, and each time I feel I have done good work in making it known to them.

I expect to return to Paris about the second week in April, and then to New York, where I shall hope to see you.

Very sincerely yours,

MARY H. LAWRENCE.

## NEWS OF THE CLUB AND THE CLASSES

A delightful card and tea party was given recently by Miss Virginia Hunter at Osborn Hall, for Miss Ada Stewart, who was visiting in New York. "We all enjoyed ourselves so much that we remained at the Hall for dinner where Miss Johnston, the superintendent, always gives a warm welcome. We sat around a huge open fire and gossiped until all hours. Among those invited were Miss Agnes Brennan, Miss Denniston, who was visiting in the city, and told us she had been down from her home in Waldon, N. Y., to visit Miss Lila Jones at the hospital in Newburgh. Miss J. McVean, Miss Alice Lyon, Miss F. Wright, Miss Johnstone, Miss Walton and Mrs. Morse.

In a recent letter from Miss Agnes Harper (Class 1910), she tells of nursing in the California Hospital, Los Angeles, Cal., and that when she went on duty in her school uniform, Miss Williamson (Class 1896), who is superintendent of nurses, was more than pleased to see the dear old uniform, which she had not seen for so many years. They both sent kind message to all friends in the East.

Miss Blanche Swan, who was in the operating room for so long, is now living in Victoria, British Columbia. Her address is 1330 Gladstone Avenue. She sends regards to her friends in the hospital.

Miss Jessup, Class 1911, has been quite ill for several weeks. She is much better now and will sail soon for Bermuda.

Miss Martha Russell, superintendent of Sloane Hospital, has gone to Europe for a three months' trip.

A reunion of the classes of 1901-02-03 of St. Luke's Hospital nurses was held recently in the Dutch room of the Woman's Exchange, at which Miss Goodrich joined them, and all had a very happy time.

Miss Bishopric has returned to the club from an Easter vacation in Toronto.

Miss Hannele Coffin has accepted the position of office nurse with Dr. Putman, 121 East 38th Street.

Miss Rough has been spending a few days at Atlantic City.

Miss Annie Fraser is superintendent of the Robb-Hampton Memorial Club for nurses in Cleveland, Ohio. Our best wishes are with her.

Miss Dinehart writes very glowing accounts of her winter in Pasadena, California.

We are glad to hear that Miss Hastings has quite recovered from her late illness and is making her home at 291 Avenue Road, Toronto.

Miss Margaret Wilson has taken up her residence at the club, and is in splendid health.

Miss Sara Olmsted left on April 10th for a visit to Chicago, Ill., and later will go to Los Angeles, Cal.

Miss Anna S. Keator has accepted the position of superin-

tendent of nurses at the N. Y. Infirmary for Women and Children, at 321 East 15th Street.

Miss Lavinia Wood left in February for a year's travel abroad.

Miss Elizabeth Richmond is in charge of the Sanitarium at Oakland, N. J.

Miss Phymminster and her sister, Mrs. Hutchison, of Montreal, have gone for a few days to Atlantic City. Miss Phymminster's sister has been visiting her at the club.

Miss Rose Green lately spent a week at St. John's Land.

Mrs. Hoffman (Miss Bouck, Class 1885), is spending a month in New York.

Mrs. Thomas Rothwell (Miss J. Smith), spent Easter at Atlantic City.

Miss I. J. Walton spent Easter in the Catskills, and the following week end with Miss J. Whitelaw at her home in Oradell, N. J.

The graduating exercises of the White Plains Hospital were held in the Nurses' Home, April 19th. Miss Pelton, Miss Forbes, Miss MacKerracher and Miss Fowler graduated. As Miss Nudel's nurses have three months' medical training in the N. Y. Hospital, we feel they belong to us and extend to them our hearty congratulations.

Mrs. Emma Morse, Class '06, has been entertaining her sister, Miss Minnie Jacobi of Toronto, at Osborn Hall, where she makes her home.

Miss J. States and Miss Houston have had a delightful visit with Miss Whitelaw at Oradell, N. J.

We learn with great regret of the resignation of Miss Nina Sinnott from the operating room, of which she has been in charge over four years. She will be greatly missed by every one.

Miss H. E. Whitehead's permanent address is 2914 Broadway, N. Y.

Miss Ethel James remembered the club at Easter with a great box of beautiful Easter lilies from St. Georges, Bermuda.

A number of nurses have recently returned to the club. Among them are Miss Powis from Canada; Miss Helena Stewart, and Miss Smillie from Florida; Miss Strombom, from a hot season in the Bahamas; Miss Florence Nash, from Pinehurst, N. C.; Miss Mewhort from Europe; Miss Nellie Oliver, who has quite recovered from her illness, while Miss Hatton and Miss Cruso have gone to Toronto, and Miss Despard to her home in Picton, Canada, for a month's vacation.

Our deepest sympathy is extended to Miss Isabella Earle in the loss of her father, and to Miss Olive McDougall, who has recently lost her brother.

On April 13th the members of the class of 1885 had a reunion and luncheon at "Vanity Fair," 4 West 40th Street. Those who attended were Miss H. E. Whitehead, N. Y.; Miss Wood, Staten Island; Miss Van Zellar, Philadelphia; Mrs. Hoffman (Miss Bouck), Middleburg, N. Y.; Miss Lila Jones, Newburgh, N. Y.; and Mrs. J. E. Nicholson (Miss Adams), N. Y. After luncheon

they went to the new library where they met Mr. Ludlam and spent a very happy hour talking over old times. Every one went home feeling they had had a glorious time.

In the Louis XVI room of the Hotel Majestic, on the evening of the 9th of April, Miss Charlotte Jouffret, Class '08, was married to Doctor Rollin Hills of Brooklyn. The bride was attended by her sister, Miss Mathilde Jouffret, class '07, and the groomsmen was Mr. Stacy Hills, the groom's brother. After a very delightful reception, Doctor and Mrs. Hills left for a southern trip. They will be at home after May 1st, at 216 77th Street, Brooklyn.

Our warmest congratulations are extended to Doctor and Mrs. Fletcher Kraus on the birth of their daughter, Margaret Elizabeth, at their home in Chatham, N. Y., on April 9th. Miss J. Wood, a classmate of Mrs. Kraus, is staying with them.

Dr. George Bridge, who has made his home for some time in Arizona, has lately been visiting in New York, and it has been a great pleasure to have him coming in and out of the hospital like old times.

Dr. Charles Page was in the city for a few days last week, and spent a morning with his old friends in the out-patient department, where he had a warm welcome.

Dr. J. C. Roper, who has been our clinical pathologist for some years, has resigned and has been succeeded by Dr. Ralph Stillman, who was Dr. Roper's assistant. Dr. Stillman's position being filled by Dr. Wm. R. May.

A new dental clinic has been opened in connection with the out-patient department.

---

## A CLINIC FOR FEEBLE-MINED.

**Prof. Schlapp in Charge of a New Work at Post-Graduate Hospital.**

A clinic for mental and nervous diseases in which special attention is being paid to feeble-mindedness has been established by the New York Post Graduate Medical School and Hospital at Twentieth Street and Second Avenue. It will be in charge of Professor Max G. Schlapp, who is the head of the department of neuro-pathology at Cornell and the examiner at the Children's Court.

This clinic is for the worthy poor from any part of the city. Children may be brought there for examination and free treatment. The special purpose of it is to identify mental and moral defectives and incorrigibles and give advice to parents concerning the care of them.

When it is thought necessary that a child should be treated in an institution, a suitable place will be found for it, without expense to the parents. It is hoped that in this way the conditions recently reported by the Society for the Prevention of Cruelty to Children, showing that one per cent of the school population was mentally affected will be somewhat relieved. Taken in time the authorities believe these children can be greatly improved and possibly cured or in any event will be kept from doing harm to themselves or others.

## CLARA BARTON.

Clara Barton, founder of the Red Cross Society died at her home in Glen Echo, Md., April 12th, in her ninety-first year.

Miss Barton was in Washington when the first blood of the war was shed. The soldiers killed and injured in the Baltimore riot were from her own State, belonging to the Sixth Massachusetts. Her great career as a nurse began when she saw forty of the soldiers, wounded at Baltimore, taken to the infirmary in Washington. After visiting them and giving what aid she could, she distributed thousands of baskets of food for the soldiers and a hungry crowd which had invaded Washington without provisions.

During the Peninsula campaign, she made daily trips down the river, leaving Washington in a boat carrying a cargo of provisions and returning with a load of wounded men, for whom she cared at her own expense. She wrote letters home for the wounded under her charge, and was entrusted with thousands of gifts for soldiers from their friends in the States. When the regiments were ordered to different sections of the country it became impossible to locate all the soldiers to whom packages were addressed, but with the co-operation of army officers Clara Barton maintained a parcels post service throughout the war.

She spent large sums on a train of army wagons loaded with provisions and medical supplies. At the battle of Antietam her supplies were used by the whole army, the regular supplies being three days delayed.

Before the war ended she was appointed Superintendent of the Tenth Army Corps Hospital, near City Point. Shortly before he was assassinated, President Lincoln appointed her to trace captured Union troops who were missing after prisoners of war had been exchanged. Of the 1,300 graves of soldiers who died at Andersonville Prison, she was able to identify all except 400. There was no appropriation at the time for this work, and Miss Barton later declined to accept reimbursement when Congress voted it for her.

In 1869 she went to Europe to rest. While she was at Berne she was called upon by representatives of the International Committee of Relief, who asked her to take part in their convention. This convention led to the organization of the International Red Cross Society. While she was in Europe the Franco-Prussian war broke out, and at the request of Dr. Appia she went to the front and served as she had done during the civil war. She took part in the relief work at Strassburg, Belfort, Montpelier, and during the siege of Paris. The Emperor and Empress of Germany presented her with the Cross of Merit. The Grand Duke and Duchess of Baden gave her a Red Cross brooch, the Gold Cross of Remembrance, and the colors of Baden.

When Clara Barton came home in 1873 she set about persuading this Government to sign the international treaty guaranteeing protection and exemption from capture to those who go on the battlefield to take care of the sick and wounded. The matter was delayed till the term of President Garfield, who favored the treaty. He was assassinated before he signed it, but this was done shortly after by President Arthur.

In 1877 a few men and women at Washington had formed an American National Committee of the Red Cross. Under President Garfield it reorganized and was incorporated under the title of the American Association of the Red Cross. Miss Barton was appointed President by President Garfield. At her suggestion the work of the society was broadened to include, in addition to work on the battlefield, the object of relieving suffering in times of great National calamity. In 1893 Miss Barton organized a relief corps which was sent to Russia to the relief of peasants during the famine of that year. In 1898 she headed a party which went to Armenia after the Armenian massacre.

During the Spanish-American war Miss Barton, who was then nearly eighty years of age, went to Cuba and directed the work of the society on the field. For years she had borne a large share of the expenses of the organization. In 1903, when changes in the by-laws were proposed, placing more power in her hands, one faction of the society revolted.

President Roosevelt took sides with her opponents and in May, 1904, she resigned. But her great and noble work had been accomplished and the American Red Cross survives as her monument.

---

### SPRING CLASSES IN MECHANO-THERAPY.

The Pennsylvania Orthopaedic Institute & School of Mechano-Therapy, Inc., 1711 Green St., Philadelphia, Pa., wishes to announce the opening of the Spring classes on May 15th. This institution has been engaged in teaching scientific Mechano-Therapy since over twelve years and has established in this time a record unequalled by any other school in this line in this country. Scientific Mechano-Therapy has today become a necessary branch to scientific medicine. The instruction is thoroughly practical and theoretical. We have over eight hundred graduates in the United States and Canada in well-paying positions who can testify to the efficiency of our courses. Quite a number of these have taken instruction along these lines at other similar institutions and have frequently gladly testified to the superiority of our instruction. More than ten thousand mechanical treatments are given at this institution every year, besides the large number of hospitals to which our students are sent to assist in the mechanical departments assures the students large practical experience. We have placed a large number of our graduates in well-paying institutional positions or have advised them about the proper places to establish a lucrative practice. Any one interested in Physiological Therapeutics is advised to write to the above institution for further information.

The Summer classes will open on July 9th, and it is advisable to make an early application for admission to either the Spring or Summer class on account of the large numbers who have already enrolled for these classes.



(Five yards long when stretched)

When  
your  
patient  
needs a  
Bandage  
get a

## Teufel Diakon Bandage

These bandages are made of long fibred cotton. They have all the elasticity of woven rubber and the coolness of cloth. They cannot ravel on the edges or fray at the ends.

All the sizes and styles are given in the "Teufel" catalog. Write to us for a copy.

**The Kny-Scheerer Co.**

*Manufacturers of Surgical and Therapeutic Instruments and Apparatus*  
404-410 West 27th Street, New York

## The American Journal of Nursing

IS A MONTHLY MAGAZINE

The Subscription Price is two dollars a year, payable in advance; single copies, twenty-five cents; foreign copies, five cents a copy additional.

**Official Organ.** This Journal is the official organ of the eleven largest and most important nursing organizations in the country, viz.:

The American Society of Superintendents of Training-Schools for Nurses.

The Nurses' Associated Alumnae of the United States.

The International Council of Nurses.

The Hospital Economics Association.

The New York State Nurses' Association.

The Graduate Nurses' Association of Connecticut.

The Massachusetts State Nurses' Association.

The Graduate Nurses' Association of New Hampshire.

The Texas State Nurses' Association.

The Wisconsin Association of Graduate Nurses.

The Ohio State Nurses' Association.

# Instruction in Mechano-Therapy

## SWEDISH SYSTEM OF MASSAGE

Medical and Corrective Gymnastics,

Courses in Electro-Therapy and Hydro-Therapy.

We teach all branches of Physiologic Therapeutics; Original Swedish (Ling) system of Massage, Swedish Movements, corrective and medical gymnastics in specially equipped gymnasium. Medico-Mechanical Zander Gymnasium. Von Leyden and Frenkel systems for the treatment of locomotor ataxia, Bier's hyperemia method, Vibrators, Nebulizers, Frazier-Lentz Baking apparatus, Thermo-Electric apparatus (system Dr. Tyrnauer). Electric Light, dry hot air, blue light baths, four cell baths (Dr. Schnee) hydriatic table, Solar and Leucodescent lamps, galvanic, faradic, static electricity, high frequency, sinusoidal currents, X-Ray work, Bachelet magnetic wave, Nauheim baths and Schott exercises, etc., etc.

The instruction is theoretical and practical. Daily lessons, lectures, quizzes, demonstrations on Anatomy, Physiology, Pathology, Massage and Gymnastics, Electro and Hydro-Therapy. Abundant clinical material. Students attend several City Hospitals. Diploma. Particulars and illustrated prospectus upon request.

Spring Class opens on May 15, 1912

Summer Class opens on July 9, 1912

Pennsylvania Orthopaedic Institute and School of Mechano-Therapy, (Incorporated)

1711 Green Street, PHILADELPHIA, PA.

MAX J. WALTER, Superintendent



## "STORM"

### BINDER AND ABDOMINAL SUPPORTER

(PATENTED)

*No Whalebones—No Elastic—Washable*

### STORM SUPPORTER COMPANY

*Anna B. Duncan, R. N.*  
Manager

1269 BROADWAY (32nd St.)

Telephone 6276 Madison Square

STYLES	PRICES
Silk.....	\$12.00
Linen Mesh...	\$10.00
Half Silk.....	\$6.00
Cotton.....	\$5.00

## ANDREW ALEXANDER

## SHOES

FIFTH AVENUE  
AT 45TH STREET

SIXTH AVENUE  
AT 19TH STREET

## NEW YORK

# ADVANCED SPECIALTIES FOR SICK-ROOM AND HOSPITAL

## A GUARANTEED THERMOMETER IN A SANITARY CASE

*Meinecke*

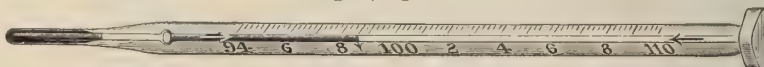
### "Progress" Clinical Thermometer

With Triangular Top

One Minute

Magnifying Front

4 Inches Long



THERMOMETER PATENTED

AUGUST 2, 1904.

PATENT APPLIED FOR ON CASE



#### The Sanitary Case

The Case is provided with a screw cap at each end.

Both caps are partly filled with cotton to protect the Thermometer, and the cotton can readily be removed and replenished, which cannot be done with the old-style cases without great trouble.

Each cap is perforated at the end, through which a pin can be inserted to aid in easily removing the cotton.

#### → Two Good Points ←

Two Arrows on the Mercury Line of the Thermometer ingeniously assist in gauging the focus and finding the Mercury.

#### A Useful Triangle

A triangular knob forms the top or crown of the "Progress" Thermometer. This permits of a firm grip when shaking down the mercury. It not only permits of a full swing, thereby causing the mercury to be thrown back easily, but also prevents the Thermometer from slipping out of the hand.

The saving thus effected in breakage alone makes the "Progress" the best Thermometer.

The triangular knob also prevents the Thermometer from rolling. When resting on the knob the Thermometer is slightly elevated, and it is therefore more easily picked up than the old-style Thermometers.

Disinfect your Thermometer all you please,  
if you use the old-style case, with its cotton swarming with disease germs, you  
will help spread disease.

Retail Price,

\$1.25 Each

Special Price to Physicians and Nurses, \$1.00

Hospitals and Sanatoriums Supplied at Wholesale Prices

# MEINECKE & COMPANY, NEW YORK





THE  
ALUMNAE NEWS



Vol. 7.

JUNE, 1912

No. 8





# SHORE-HILLS HOTEL

ST. GEORGE'S WEST BERMUDA

**N**EWEST and most beautiful Hotel in Bermuda out of town by the sea. Accommodates Sixty. Fireproof. Electric and ice plants. 27 open air balconies. Sea water in bath rooms. Vegetable and dairy farm. Extensive grounds. Tennis, boating, driving, and all out door sports. An ideal place for rest, recreation and sport. Open the entire year.

Information and booklet from

**EDW. S. WILTBANK, Manager, 1122 Broadway, N. Y. City, ('Phone, 1872 Madison Sq.)**

Or Bermuda, Cable Address, "Shorehills" Bermuda.

---

## SUPERFLUOUS HAIR

Moles and Facial Blemishes Permanently Removed by the Electric-  
Needle Operation No Pain Consultation Free

*Reference to Leading Physicians*

### ELECTROLYSIS COMPANY

9 East 40th Street

S. P. GILMORE, NEW YORK

Telephone, 6536 Bryant

---

Telephone, 3946 Madison

## MRS. ALICE T. RAUBER

### Scalp Specialist

185-187 Madison Avenue, corner 34th Street

CAMERON BUILDING

NEW YORK

Harper Method Scalp Treatment

# Sterilized Obstetrical Supplies

The sterilized obstetrical supplies provided by Van Horn & Sawtell for the aid and convenience of physicians and nurses are prepared with the same attention to quality, utility and sterility that are given to every product of the Van Horn & Sawtell laboratories.

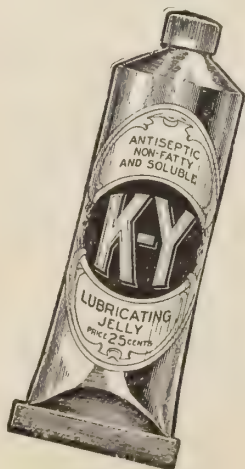
To the physician and nurse such care and attention spell protection and safety.

For complete lists of obstetrical supplies, special outfits, sutures, etc. address

VAN HORN & SAWTELL  
307 Madison Avenue, New York, N. Y.

## A Non-Greasy Lubricant

needs little comment as to its superiority from every standpoint of cleanliness. The avoidance of greasy clothes and bed linen is always gratifying to the painstaking nurse, and this is only one of the many advantages that attend the use of



## K-Y Lubricating Jelly

the "perfect lubricant" for *catheters, specula, rectal and colon tubes.*

"K-Y" is water-soluble and easily rinsed from instruments, dressings and clothing without leaving the slightest stain.

"K-Y" moreover, is emollient and soothing to the skin, offering a prompt and effective means of relieving "bi-chloride rash" and kindred irritations.

A postal request will bring a liberal sample.

VAN HORN & SAWTELL  
307 MADISON AVE., NEW YORK, N. Y.

# ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

---

VOLUME VII

JUNE, 1912

No. 8

---

PUBLISHED MONTHLY, FROM NOVEMBER TO JULY.

Sent free of charge to all members of the "Alumnae Association"

to others: { 50 cts. per year  
              { 10 " " copy

---

Editor—MISS E. DENIKE, 210 East 17th St.

Business Manager—MISS L. M. WYGANT, 8 West 92d St.

News Editor—MISS A. L. REUTINGER, 8 West 16th St.

Secretary—MISS BLANCHE GIBSON, 8 West 16th St.

---

## REPORTERS

MISS FREDERICK, 321 E. 15th St.	MISS GOLDING, 245 W. 14th St.
MISS DUNCAN, 1269 Broadway	MISS ROUGH, 8 W. 16th St.
MISS ANDERSON, 109 Greene Av., Brooklyn	MISS ELIZABETH M. BOWER, 8 W. 92d St.

---

✂ It is requested that notice of change of address be sent to the Secretary as promptly as possible, so that the mailing list may be kept corrected.

---

Those who have failed to receive the "Alumnae News"—or those who desire extra copies—can be supplied by calling at the Club, or copies will be mailed on application to the Secretary.

---

*Entered at the Post Office at N. Y. City as second class matter.*

## NOTICES

### N. Y. H. ALUMNAE ASSOCIATION.

The regular monthly meeting of the Association will be held in the Lecture Room, 8 West 16th Street, on Thursday, June 13th, at 3 p. m.

### COUNTY SOCIETY.

The regular annual meeting of the New York County Nurses' Association will be held at the Academy of Medicine, 17 West 43d Street, on Tuesday, June 4th, at 8 p. m.

The meetings of the Superintendents' Society and the American Nurses' Association to be held early in June in Chicago give promise of very great interest. The meetings will be largely attended by nurses from all parts of our country and questions of importance will be discussed; meetings open to all nurses whether delegates or not. We are constantly hearing from one and another of our graduates who will be in attendance, and we know that our associations will be fully represented. Our immediate delegates will bring to us inspiration and courage for the problems of another year.

The New York School of Philanthropy announce a summer session from June 17th to July 26th, for preparations on Social Work for Children. Under the general topics will be comprised the subjects of Heredity and Physical Welfare, Defective Children, The Child and Organized Society, The Dependent Child, Institutions for Children, The Home and the School.

In view of the recent agitation to lower the present educational standard of nurses, which has been attained by persistent effort on the part of superintendents of training schools, it is most interesting to learn from Miss Lydia E. Anderson, of the State Board of Examiners, that of the thirteen graduates of the New York Hospital Training School who took the State examinations in January, seven passed with purple seals—Misses Lehm Kuhl, Jelletie, Harris, Bookhout, Lewis, Sutherland, Rathbun. The others passed with high percentage. We look forward with interest to June when sixteen go up for examinations.

On Monday, May 13th, a demonstration of work was given by the nurses of the Training School before a gathering of gov-

ernors, doctors, and nurses which filled the amphitheatre, among them being a number of superintendents and instructors of other schools all of whom watched with interest the methods employed in the application of various remedial measures in use in the hospital.

Each number was announced by Dr. James M. Hitzrot, with a few explanatory words, after which the nurse proceeded with the treatment.

The program included the Hot Pack, Slush Bath, given for the reduction of temperature, to take the place of the tub bath in cases where it is not advisable or practicable to take the patient from the bed. Cupping, Strapping Ankle and Foot, Head Bandages, and innumerable clever ways of arranging pillows for the comfort of the patient including the substitution of materials available when hospital appliances cannot be obtained. The pupils were quiet and very skillful in their manipulations and reflected credit upon Miss Henderson and her score of instructors. Each demonstration was followed by a hearty applause and at the finish the expression of appreciation and commendation were very gratifying to those who work so faithfully and untiringly in the training of the nurses and to all who have the good of the school at heart.

---

Miss Reutinger has accepted the position of Superintendent of Nurses at the Lying-in Hospital, Second Avenue and Seventeenth Street. This leaves a vacancy which will be very difficult to fill.

Miss Reutinger's ability and devotion to the work during the years with us has been a marked factor in the training of our nurses and has helped in a great measure to keep up the high educational standard toward which we strive. While we feel deep regret in the loss, we congratulate the institution which has been fortunate enough to obtain her services.

Miss Reutinger will be missed along all the lines of our hospital work and carries with her our best wishes for happiness and success in the new field of action.

---

"A nurse's personality is a factor that can never be disregarded. Certain qualifications of mind and body may be born in us, but it is always in our power to modify or increase their significance."  
—Robb Memorial Calendar.

## ALUMNAE MEETING

The regular monthly meeting of the Association was held on Thursday, May 9th.

There were present at the opening of the meeting fifteen members, the number being doubled before the meeting was over.

The president called the meeting to order and the minutes of the April meeting were read and approved.

The treasurer's report was accepted as read.

The president announced that the Committee on Entertainment for 1912 would consist of Miss McCrae, Miss Gill, and Miss Rough. A letter of resignation was read from Miss Laura Lynch and accepted with regret.

A letter was read from one of the members of the Association who had been dropped for non-payment of dues, inclosing back dues and asking to be reinstated. The motion to reinstate was carried.

A letter was read from Miss Samuel offering her services as delegate to the American Nurses' Association to be held in Chicago. Motion carried that Miss Samuel be made a delegate.

The president then proposed that Miss Hubbard, Miss Robinson and Miss Stimson, who would be at the convention, should be appointed delegates.

The motion was then made and carried that the president be empowered to appoint among those graduates in attendance at the convention sufficient delegates to give the Association its full number of votes.

Letter was read from the County Association asking our Association to appoint a successor to Miss Russell on the governing board of the Central Registry, the term of office expiring June 1st. Motion was carried that Miss Russell be reappointed.

The circular from the New York State Association requesting that delegates to the next annual meeting of the State Association be prepared to vote upon the advisability of amending the Nurse Practice Act was laid upon the table till the next meeting.

Letter from Miss Dock was read asking that our delegates to the American Nurses' Association be instructed as to the vote they wished the delegates to the Cologne Congress to cast on the resolution that women should be enfranchised. Motion carried that the vote should be in favor of enfranchisement.

The names of two graduates were proposed for membership, both accepted, Miss M. E. Sutherland, Miss M. I. Galbraith.

The meeting then adjourned to the reception to the graduating class.

## TEA AND RECEPTION

On the afternoon of Thursday, the 9th of May, a most enjoyable tea was given by the Alumnae in honor of the graduating class. The reception room of the Nurses' Home was charmingly decorated with potted plants, and a profusion of daffodils and yellow tulips. At the farther end of the room was a long table, from which ice cream, cake, sandwiches, bon bons and nuts were served. Four little tables in different parts of the room were presided over by Miss Sutcliffe, Miss Henderson, Miss McVean and Miss Dwight, all of whom dispensed either tea or coffee, in a most delightful manner. The music furnished by a trio of Italians was varied and made a pleasant background for conversation.

There was a fair number of the Alumnae present, although we had hoped that more would avail themselves of the opportunity of coming in to see old friends and to make new ones.

The graduating class were dainty and immaculate in their uniforms, and we were all glad of a chance to meet them individually, and welcome them into the larger family of the Alumnae.

Miss McCrea and her committee deserve great credit for arranging such a delightful afternoon.

FLORENCE M. JOHNSON.

---

## NURSES IN THE PARADE

A bright sunny day with clear exhilarating air was nature's contribution to the success of the Woman's Suffrage Parade on May fourth; and few there were in this big city of ours, who, having the leisure to enjoy the sunshine and Spring air, remained within doors, and came not out, either to walk with those who believe in Votes for Women, or to view them from the vantage-ground of sidewalk and adjacent stoop. At least so it seemed to those who marched from Ninth Street to Carnegie Hall between those continuous lines of cheerful spectators on that bright May afternoon.

The public press has given such full and interesting reports in general of the various incidents, that it remains only to record such particular items as may be of peculiar interest to the nurse section—and more especially to the readers of our Alumnae News. The nurses' section is estimated to have been made up of between two and three hundred marchers, but this by no means com-

prised the entire body of nurses in line, because many of our profession were otherwise grouped for obvious reasons. Miss Wald certainly belonged with the settlement group, for as one newspaper truly said, she and Jane Addams, both suffragists, "are the heads of perhaps the two most important settlements in the world." Miss Hitchcock, one of the State nurse examiners, and Miss Dock also marched with the settlement group, as did several other nurses.

Quoting still further from the New York Times of Sunday, May 12th: "The trained nurses were a splendid section of the parade, organized by the marshal, Miss Thornton, and by Mrs. Cyrus W. Field and Mrs. John Rogers, Jr., wife of the surgeon. Meetings had been held in the Presbyterian Hospital and there had been great enthusiasm among the nurses, enthusiasm larger than even the creditable size of the section indicated, since only a small proportion of the suffragists in that exacting profession could get away to march." The Presbyterian Hospital must not be given all the honor for having held enthusiastic meetings, because there are others.

Mrs. Rogers addressed our Alumnae Association at the April meeting, giving us an earnest, straightforward and sensible argument for suffrage, which was received with marked attention, and given serious consideration by all who listened. We also met together to discuss our parade costume, and decided to wear the simple white uniform with black hats, and also to meet at the Hospital, and go together to the starting place.

Among others not in our group was Miss Ada B. Stewart, who was in town for the parade, and marched with the State organization, of which she is an active member. Miss Mary W. McKechnie, superintendent of nurses for the Association for Improving the Condition of the Poor, was another representative nurse not in our section.

Miss Hinchcliffe detailed as speaker's assistant, Miss Denike, with her assembly district, and Miss Lindgren with the Swedish Society, in native costume, were among those outside the nurses' section. With us were our own dear Miss Sutcliffe, Miss Nutting, of Columbia University; Miss Noyes, superintendent of Bellevue and Allied Hospitals, and president League of Nursing Education; Miss Goodrich, State inspector nurse training schools, Miss Sanborn, superintendent of nurses, St. Vincent's Hospital, and Mrs. Stevenson, secretary of the State Nurses' Association, who helped to carry our banner; Miss Munn, superintendent Woman's Infirmary, and many others. Our hospital staff was

represented by Miss Reutinger, Miss McCrae, Miss Macdiarmid, Miss Houston, Miss Sinnott, Miss Gibson, Mrs. Jameson, Miss Symons, Miss M. Hunter, Miss Meier, Miss Horton and Mrs. Robinson.

Hospital social service workers included Miss Hunter, Mrs. Morse, of Gouverneur, and Miss Johnson, of Harlem. Miss Wright, welfare worker at John Wanamaker store; Miss Duncan, formerly in that position, helped swell the number of New York Hospital nurses.

On all sides one hears favorable mention of the fine appearance of the nurses. A friend who watched the parade from 57th Street told me that the college women and the nurses made the best appearance, because they were both in such absolute uniform. All along the line, as our banner came into view, those of us who were directly behind it, heard from the curb, the exclamation, "Trained Nurses!" then after one glance at the women behind it, hands came together in spontaneous applause. The crowds' sympathized with us professionally, if not politically! They were, however, respectful, and the nurses heard nothing discourteous during the entire march.

One pretty, fresh-faced girl with unusually good teeth, smiled broadly at a remark made by her companion, and was amused and a little nonplussed to hear a small boy exclaim, gazing admiringly at her, "Gee! look at that one! She's sure cleaned *her* teeth!" So inadvertently, perhaps, a lesson in personal hygiene was driven home, scoring for the lately instituted dental clinics in the public schools.

At Carnegie Hall, space was reserved for the paraders who filled it completely from floor to roof, and overflowed to many street meetings. The enthusiasm was inspiring, and under its spell all fatigue was forgotten. Mrs. Harriet Stanton Blatch presided and spoke with her accustomed force. Mrs. Anna Garlan Spencer made an earnest address, and told of her first march for the cause when a girl of seventeen, by the side of Lucy Hooker, in a small New England town, and compared the small and feeble group of those days with the strong, active body here represented. Dr. Anna Shaw also spoke with her usual strength and clearness of vision.

When it was over we were tired, but, felt the day's effort well worth while, and whether or not we who love our Alumnae News, and all that it represents to us, are all convinced that this movement is making for the advancement of the world's work, and the good of our democratic institutions, I feel sure that one and all will be glad to know that the nurse section of the parade was a real success. As one anti-suffragist in the Hospital, who was interested in our choice of a hat, put it. "Well, since you *will march*, I don't want to be ashamed of you!"

JESSIE H. McVEAN.

## INTERNATIONAL CONGRESS OF HYGIENE

It is interesting to learn that through the influence of Miss Wald, nurses will have a place in the exhibition and scientific sessions of the International Congress of Hygiene to be held in Washington Sept. 23-28, under the auspices of the Government of the United States.

The American Journal of Nursing says: "This has been made possible by the initiative and professional loyalty of Miss Wald, head of the Nurses' Settlement of New York, who enjoyed the distinction of being the only woman placed on the Organization Committee of the Congress, and who, in that capacity, suggested a presentation of the work of nurses in public health service. She was warmly and strongly seconded by Dr. Wm. Welch, of Johns Hopkins Hospital. Miss Wald said: "I would like to ask whether there has been any effort to secure either addresses or exhibits from nurses. They are largely employed throughout the United States in public health movements. There are now between 2,500 and 3,000 employed by private agencies or municipal or State authorities in the public health service, the tuberculosis propaganda, public school work, etc. Their work is one of the distinctive things that America is doing. . . . I suggest that their work on such lines, be given a place on the program."

Dr. Welch seconded in saying, "I think this matter of very great importance. We desire to secure the interest of this very large group of persons and if we are going to try to demonstrate what we are doing in the way of public health, I think we should emphasize very much the work of the nurses. They occupy a unique position in this country, in the lines of work intended to promote health in city and rural districts . . . I move that Miss Wald be requested to form a committee and make suggestions as to how nurses can best be represented on the program."

---

### REPLY TO THE RESOLUTION

ADOPTED FEBRUARY 13TH, 1912,

By the

COMMITTEE OF TRAINING OF NURSES  
OF THE HOSPITAL CONFERENCE.

We, the undersigned, representing the League of Nursing Education of New York City, which is composed of Superintendents of Training Schools, their Assistants and Representatives of other important bodies of nurses, were appointed as a Special Committee to meet in co-operation with the members of the Board of Managers of Bellevue Hospital Training School; the Chairmen of Advisory Boards of the New York City Hospital and the Metropolitan Hospital Training Schools.

At a meeting held March 20th, 1912, the suggestions em-

bodied in the Resolutions recently adopted by the Hospital Conference, through its Special Committee on Training of Nurses were carefully considered.

We view, with grave concern, the apparent attempt to break down the standards of education which have, so far, been established. We feel this would result in a deterioration of the general character of nursing work done in hospitals, the home and in public service, also in such a general lowering of the estimation in which nursing is held in the public mind, as to render still greater the difficulty in attracting properly educated, refined and otherwise qualified women to our schools. We feel assured that only upon sound educational standards can a stable structure in nursing be finally developed.

Believing that an attempt is being made to remedy a condition by sacrificing an important principle, we therefore feel under deep obligation to reply to the statements and suppositions upon which these Resolutions are based.

Taking up specifically the last clause of the first Resolution

“(b) such interpretation of the Education Department of the existing regulations, as shall render it possible for the hospitals of the city to continue the training of nurses in sufficient numbers to meet the public demand for trained nursing service.”

REPLY: After a study by the League of the registries, and after conference with those familiar with the general situation, it does not appear that there is an insufficient number of graduates from New York City schools to meet the ordinary demand. Investigation seems to show that the only demand which cannot be met is for the more highly educated and better prepared nurses for the higher positions in the institutions, social service, public health work, etc., the supply of which would be lessened and not increased by the removal of the present educational standards.

The first section of the preamble, reading as follows:

“The strict enforcement at this time of the existing regulations of the State Education Department governing the admission of probationers to registered training schools for nurses is impracticable.”

REPLY: A careful study shows that there is not, and never has been any strict enforcement of the “requirement of one year’s high school or its equivalent.” The very great elasticity of the interpretation of the equivalent, is such as would not be allowed in any other profession claiming an educational basis. It can be considered impracticable only when viewed from the standpoint which looks upon the pupils in the training school as the only

means by which the nursing work, in all its aspects, in the hospital, may be done.

Second section reading as follows:

"The restriction of the admission of probationers is working a hardship on hospitals which are conducting properly equipped and ethically administered training schools."

REPLY: We realize fully from intimate knowledge of the situation, that the restriction of admission of probationers may present temporary difficulties which the hospital, accustomed to depend entirely upon the training school, may feel to be a hardship. Even if we feel it to be a hardship, we should, nevertheless, try to find other ways of meeting the difficulty, rather than by sacrificing an educational standard and *principle*. No school, however, can be considered as ethically conducted which would break down standards which are not excessive, for the purpose of securing a sufficient number of probationers to maintain an unpaid nursing service.

Third section reading as follows:

"The said restriction creates a dearth of pupils and hence of New York State graduates, and therefore, tends to attract to New York State large numbers of undesirable nurses who are the poorly trained graduates of inferior schools.

REPLY: The dearth of pupils is not a local condition, it exists in all other States and countries; moreover, it is not a recent condition. It has been recognized for many years as a problem with which we must ultimately contend. It has, however, increased and intensified within the late years for the following reasons:

(a) Rapid growth of private and special hospitals, calling for a larger number of workers and creating a keener competition for students.

(b) The many other fields for women which have opened up, viz.: the expansion of the teaching field, social work in various forms, librarian and secretarial work and certain forms of commercial work, etc.

(c) The undeniable fact that the hospital training school has not kept pace with other educational institutions. The long hours, hard routine work, infrequent vacations, often poor living conditions and inadequate instruction place the hospital training school at a disadvantage with other institutions rendering it unattractive to the more intelligent woman.

The dearth of pupils appears to be greater in schools of low standards of admission, etc., than in those of higher require-

ments. Almost the only schools which do not appear to have a lack of pupils are those which have for years building up high admission requirements and educational standards. To the clause relating to the "poorly trained graduate of inferior schools," we reply that a majority of the graduates of smaller schools who come to New York for post-graduate courses are neither poorly trained nor undesirable; they come here to complete their education by study in certain branches which their home hospitals are unable to supply. Such post-graduate training is a properly progressive movement, of value to the nurse, the hospital and the public.

*Resolution*—"That we urge upon the Educational Department of the State of New York, the adoption of such amendments to the existing regulations as will give to the authorities of properly organized registered training schools a freer hand in the selection of probationers."

REPLY: Inasmuch as the only educational requirement now necessary is the filing with the Board of Education of evidence showing an attendance of one year at a high school or its equivalent, and inasmuch as this equivalent is now liberally interpreted, we, therefore earnestly and unanimously protest against any interference with the present regulation as we believe that an occasional case of hardship to a candidate, or to a school deprived of her services, is more than counterbalanced by the protection now afforded to the nursing profession, and also to those Superintendents who, being hard pressed for material with which to nurse their hospitals, might be induced to admit probationers who would not as graduates reflect credit on their school.

In view of the widespread publicity given the Resolution of the Hospital Conference, it is felt that this reply should be given equal publicity and prominence.

Miss Clara D. Noyes, Mrs. G. M. Gibson, Miss Elizabeth C. Burgess, Miss Anna C. Maxwell Miss Adeline Henderson, Mrs. C. E. Bath, Miss Jane M. Pindell, Miss M. Adelaide Nutting, Miss Annie W. Goodrich, Miss Carrie J. Brink, Miss Martha M. Russell, Miss Amy L. Hilliard Miss Agnes S. Ward, Miss Katherine A. Sanborn, Miss Anna C. Schulze, Miss Nancy P. Ellicott, Miss Alice I. Twitchell, Miss Jane E. Nash, Miss I. C. Barnard, Miss Susan E. Emmott, Miss Pauline L. Dolliver, Miss Isabel M. Stewart, Miss Jane E. Hitchcock, Miss Nancy E. Cadmus, Miss Lydia E. Anderson, Mrs. William Church Osborn, Miss Harriette Rogers, Mrs. Richard Mortimer, Mrs. Frances M. Scott, Miss Eleanor de G. Cuyler, Mrs. Edward P. Fowler, Mrs. William H. Hyde, Mrs. Cadwalader Jones, Mrs. Wm. Kinnicutt Draper.



When  
your  
patient  
needs a  
Bandage  
get a

## Teufel Diakon Bandage

These bandages are made of long fibred cotton. They have all the elasticity of woven rubber and the coolness of cloth. They cannot ravel on the edges or fray at the ends.

All the sizes and styles are given in the "Teufel" catalog. Write to us for a copy.

**The Kny-Scheerer Co.**

*Manufacturers of Surgical and Therapeutic Instruments and Apparatus*  
404-410 West 27th Street, New York

## The American Journal of Nursing

IS A MONTHLY MAGAZINE

The Subscription Price is two dollars a year, payable in advance; single copies, twenty-five cents; foreign copies, five cents a copy additional.

**Official Organ.** This Journal is the official organ of the eleven largest and most important nursing organizations in the country, viz.:

The American Society of Superintendents of Training-Schools for Nurses.

The Nurses' Associated Alumnae of the United States.

The International Council of Nurses.

The Hospital Economics Association.

The New York State Nurses' Association.

The Graduate Nurses' Association of Connecticut.

The Massachusetts State Nurses' Association.

The Graduate Nurses' Association of New Hampshire.

The Texas State Nurses' Association.

The Wisconsin Association of Graduate Nurses.

The Ohio State Nurses' Association.

# Instruction in Mechano-Therapy

## SWEDISH SYSTEM OF MASSAGE

Medical and Corrective Gymnastics,  
Courses in Electro-Therapy and Hydro-Therapy.

We teach all branches of Physiologic Therapeutics; Original Swedish (Ling) system of Massage, Swedish Movements, corrective and medical gymnastics in specially equipped gymnasium. Medico-Mechanical Zander Gymnasium, Von Leyden and Frenkel systems for the treatment of locomotor ataxia, Bier's hyperemia method, Vibrators, Nebulizers, Frazier-Lentz Baking apparatus, Thermo-Electric apparatus (system Dr. Tyrnauer). Electric Light, dry hot air, blue light baths, four cell baths (Dr. Schnee) hydriatic table, Solar and Leucodescent lamps, galvanic, faradic, static electricity, high frequency, sinusoidal currents, X-Ray work, Bachelet magnetic wave, Nauheim baths and Schott exercises, etc., etc.

The instruction is theoretical and practical. Daily lessons, lectures, quizzes, demonstrations on Anatomy, Physiology, Pathology, Massage and Gymnastics, Electro and Hydro-Therapy. Abundant clinical material. Students attend several City Hospitals. Diploma. Particulars and illustrated prospectus upon request.

Spring Class opens on May 15, 1912

Summer Class opens on July 9, 1912

Pennsylvania Orthopaedic Institute and School of Mechano-Therapy, (Incorporated)

1711 Green Street, PHILADELPHIA, PA.

MAX J. WALTER, Superintendent



# "STORM"

## BINDER AND ABDOMINAL SUPPORTER

(PATENTED)

*No Whalebones—No Elastic—Washable*

### STORM SUPPORTER COMPANY

*Anna B. Duncan, R. N.  
Manager*

1269 BROADWAY (32nd St.)

Telephone 6276 Madison Square

STYLES	PRICES
Silk.....	\$12.00
Linen Mesh...	\$10.00
Half Silk.....	\$6.00
Cotton.....	\$5.00

# ANDREW ALEXANDER

## SHOES

FIFTH AVENUE  
AT 45TH STREET

SIXTH AVENUE  
AT 19TH STREET

## NEW YORK

**Every Private Duty  
Nurse should write  
for a Free Copy of  
Meinecke's New  
Catalogue of  
Improved Appliances  
for Use in Hospital  
and Sick-Room**

*Fill in this Coupon and Mail To-day*

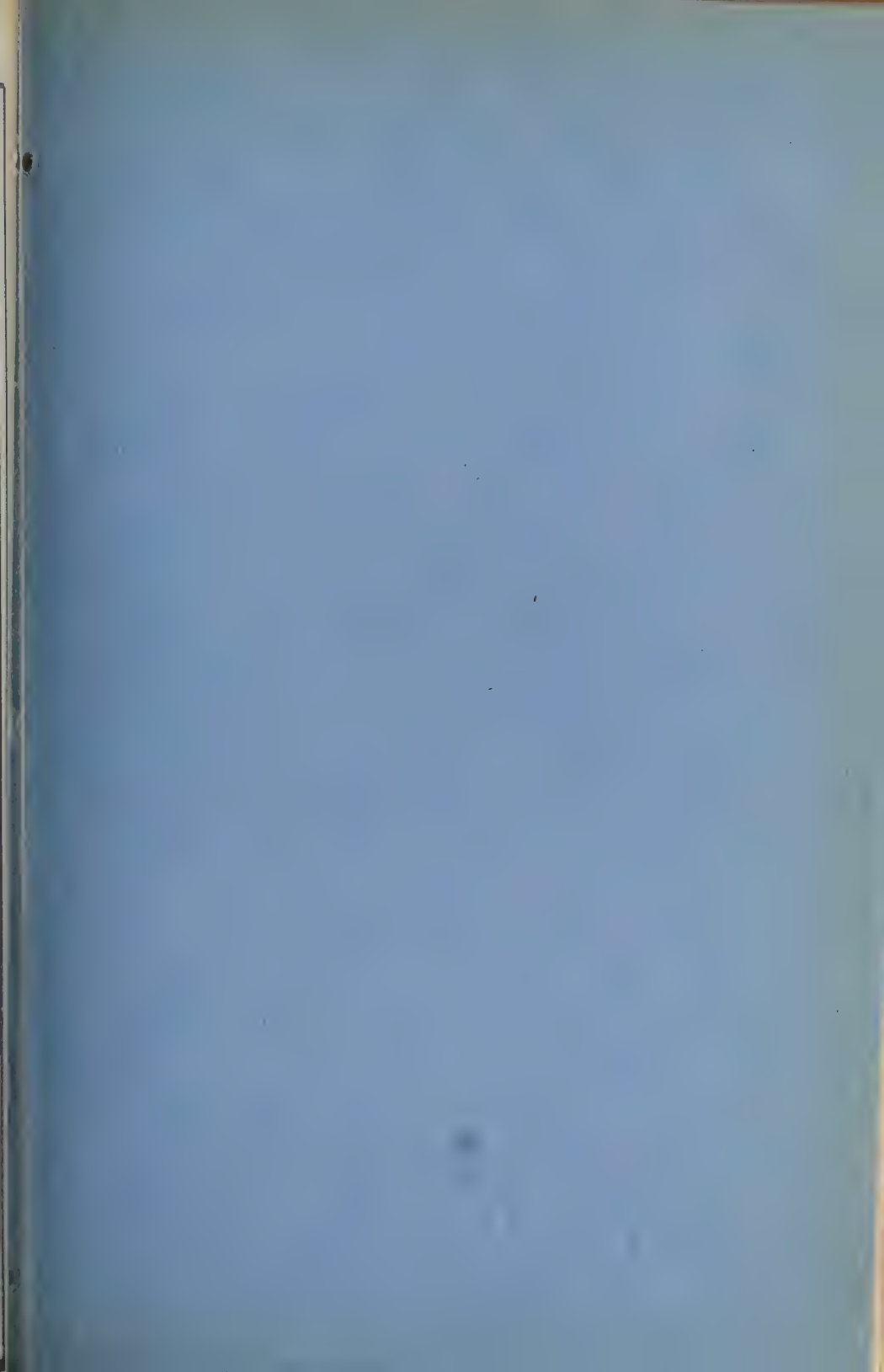
*Meinecke & Co.  
52 Park Place  
New York*

Please send me a  
Free Copy of your New  
Catalogue.

Name.....

Street.....

City and State .....





THE  
ALUMNAE NEWS



Vol. 7.

JULY, 1912

No. 9





# SHORE—HILLS HOTEL

ST. GEORGE'S WEST BERMUDA

**N**EWEST and most beautiful Hotel in Bermuda, out of town by the sea. Accommodates Sixty. Fireproof. Electric and ice plants. 27 open air balconies. Sea water in bath rooms. Vegetable and dairy farm. Extensive grounds. Tennis, boating, driving, and all out door sports. An ideal place for rest, recreation and sport. Open the entire year.

Information and booklet from

**EDW. S. WILTBANK, Manager, 1122 Broadway, N. Y. City, (Phone, 1872 Madison Sq.)**  
Or Bermuda, Cable Address, "Shorehills" Bermuda.

# SUPERFLUOUS HAIR

Moles and Facial Blemishes Permanently Removed by the Electric-  
Needle Operation No Pain Consultation Free

*Reference to Leading Physicians*

## ELECTROLYSIS COMPANY

9 East 40th Street

S. P. GILMORE, NEW YORK

Telephone, 6536 Bryant

Telephone, 3946 Madison

## MRS. ALICE T. RAUBER

### Scalp Specialist

185-187 Madison Avenue, corner 34th Street

CAMERON BUILDING

NEW YORK

Harper Method Scalp Treatment

# Sterilized Obstetrical Supplies

The sterilized obstetrical supplies provided by Van Horn & Sawtell for the aid and convenience of physicians and nurses are prepared with the same attention to quality, utility and sterility that are given to every product of the Van Horn & Sawtell laboratories.

To the physician and nurse such care and attention spell protection and safety.

For complete lists of obstetrical supplies, special outfits, sutures, etc. address

VAN HORN & SAWTELL  
307 Madison Avenue, New York, N. Y.

## A Non-Greasy Lubricant

needs little comment as to its superiority from every standpoint of cleanliness. The avoidance of greasy clothes and bed linen is always gratifying to the painstaking nurse, and this is only one of the many advantages that attend the use of



## K-Y Lubricating Jelly

the "perfect lubricant" for *catheters, specula, rectal and colon tubes.*

"K-Y" is water-soluble and easily rinsed from instruments, dressings and clothing without leaving the slightest stain.

"K-Y" moreover, is emollient and soothing to the skin, offering a prompt and effective means of relieving "bi-chloride rash" and kindred irritations.

A postal request will bring a liberal sample.

VAN HORN & SAWTELL

307 MADISON AVE.,

NEW YORK, N. Y.

# ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

---

VOLUME VII

JULY, 1912

No. 9

---

PUBLISHED MONTHLY, FROM NOVEMBER TO JULY.

Sent free of charge to all members of the "Alumnae Association"

to others: { 50 cts. per year  
              { 10 " " copy

---

Editor—MISS E. DENIKE, 210 East 17th St.

Business Manager—MISS L. M. WYGANT, 8 West 92d St.

News Editor—MISS A. L. REUTINGER, 8 West 16th St.


Secretary—MISS BLANCHE GIBSON, 8 West 16th St.

---

## REPORTERS

MISS FREDERICK, 321 E. 15th St.	MISS GOLDING, 245 W. 14th St.
MISS DUNCAN, 1269 Broadway	MISS ROUGH, 8 W. 16th St.
MISS ANDERSON, 109 Greene Av., Brooklyn	MISS ELIZABETH M. BOWER, 8 W. 92d St.

---

 It is requested that notice of change of address be sent to the Secretary as promptly as possible, so that the mailing list may be kept corrected.

---

Those who have failed to receive the "Alumnae News"—or those who desire extra copies—can be supplied by calling at the Club, or copies will be mailed on application to the Secretary.

---

*Entered at the Post Office at N. Y. City as second class matter.*

## OFFICERS OF ALUMNAE ASSOCIATION 1912

### *Honorary President*

MISS IRENE H. SUTLIFFE,

### *President*

MISS JESSIE H. McVEAN, R. N.....333 East 17th Street

### *Vice-President*

MISS FLORENCE M. JOHNSON, R. N.....129 East 17th Street

### *Recording Secretary*

MRS. W C. GILLEY, R. N.....176 West 81st Street

### *Corresponding Secretary*

MISS BLANCHE GIBSON, R. N.....New York Hospital

### *Treasurer*

MISS M. V. POST, R. N.....8 W. 92nd Street

### *Trustees*

MRS. M. L. ROGERS, R. N.....8 W. 92nd Street

MISS L. E. ANDERSON, R. N.....109 Greene Ave., Brooklyn

MISS H. R. STEWART, R. N.....8 West 92nd Street

MISS ROSE LAMPHEAR.....8 W. 92nd Street

MISS MARY RANKIN.....8 W. 92nd Street

---

### FUND FOR SICK NURSES.

#### *Secretary and Treasurer*

MISS JENNIE M. WHITELAW,  
P. O. Box 113, Brooklyn, N. Y.

---

### BOARD OF TRUSTEES.

#### *Chairman*

MISS McVEAN

#### *Secretary*

MISS BANCHE GIBSON

### STANDING COMMITTEES.

#### *Executive*

MRS. ROGERS

MISS ANDERSON

MISS RANKIN

#### *Credential*

MISS GIBSON

MRS. GILLEY

MISS LAMPHEAR

#### *Finance*

MISS POST

MISS JOHNSON

MISS STEWART

## NOTICES

### N. Y. H. ALUMNAE ASSOCIATION.

The next regular meeting of the Association will be held in the Lecture Room, 8 West 16th Street, on Thursday, October 10th, at 3 p. m.

### COUNTY SOCIETY.

The quarterly meeting of the New York County Registered Nurses' Association will be held at the Central Club, 54 East 34th Street, October 1st, at 8 p. m.

### LEAGUE FOR NURSING EDUCATION.

The League for Nursing Education will hold its next meeting October 9th.

At the annual meeting of the League for Nursing Education held in May, Miss Noyes was re-elected President, Mrs. Gibson was elected Vice-President, Miss E. C. Burgess Secretary and Treasurer.

Miss Crandall was appointed Chairman of Committee to frame new Constitution and By-Laws.

The Program Committee was re-elected as last year.

Mr. Gilbreth spoke on the Scientific Management of Hospitals in an interesting and suggestive way.

The "News" gives greetings to all of its readers, with the hopes that the summer may be a very pleasant one.

---

## REPORT OF COUNTY COMMITTEE

The annual meeting of the New York County Nurses' Association was held in Dubois Hall, at the Academy of Medicine on June 4th, 1912, at 8 p. m.

Owing to the fact that many members were in Chicago, the attendance was small. Miss Ehrlicher was in the Chair for the first time since her return from her trip around the world. The

minutes of the last annual meeting and the annual reports were read. The following officers were elected for the ensuing year:

*President*, Miss Golding, New York Hospital.

*Vice-President*, Miss Patmore, Post Graduate Hospital.

*Recording Secretary*, Miss Charles, Roosevelt Hospital.

*Corresponding Secretary*, Mrs. Hugh Jack, St. Lukes Hospital.

*Treasurer*, Miss Hartman, Mt. Sinai Hospital.

*Trustee for Three Years*, Miss Ehrlicher.

*Executive Committee*: Mrs. Brockway, Miss Bamber, Miss Bissell.

*Chairman Credential Committee*, Miss Dollivar.

*Chairman By-Laws Committee*, Miss Yocom.

*Chairman Press and Publication Committee*, Miss Burns.

*Chairman Finance Committee*, Miss Maxwell.

*Chairman Lectures and Papers Committee*, Miss Thornton.

*Chairman Legislative Committee*, Mrs. Brockway.

The question of reciprocity between the different States was discussed, but no decision was reached on the subject, the opinion of the members seeming to be, that conditions were not yet such as to make it advisable.

Miss Rhodes reported having organized the Ontario County Nurses' Association and expressed her desire to organize other county associations in any localities where they do not already exist.

The question of the formation of a Public Health Committee in connection with the County Association was discussed. It was decided that the Executive Committee be authorized to appoint a member to the proposed committee to represent each branch of public health work. The different branches to be included will be district nurses, hospital social service nurses, and all others whose work is of a prophylactic nature. The duties of this committee will be to collect and formulate information regarding nurses' work in this field.

The question of having meetings every two months instead of four times a year was discussed. There seemed to be a great difference of opinion as to the advisability of this step and no decision was reached. Some members agreed that more frequent meetings would encourage a larger attendance by keeping the matter more continually in the mind of the delegates. Others considered that more meetings were unnecessary and undesirable as being a needless claim on the time of women who are already sufficiently occupied.

It was urged that the various alumnae associations endeavor to form some plan by which they may have a better representation at the county meetings.

FLORENCE S. WRIGHT.

## NEWS OF THE CLUB AND THE CLASSES

At the annual election of officers for the New York County Association held June 4th, Miss Emma E. Golding (Class 1894) was elected its President.

Miss Bertha Sinnott has returned from an extended trip in southern France and Italy.

Mrs. Van Huzon has recently made a visit at her home in Worcester, N. Y.

Mrs. M. L. Rogers has accepted the position of superintendent of the Danbury Hospital, Danbury, N. Y.

Miss E. Rose is planning a six weeks' tour in Europe.

Miss R. Riddell has returned to the club after a winter spent at home.

Miss Collins and Miss Salter have gone abroad for the summer. Miss Brodie is supervising night nurse at Hudson Street.

Mrs. Hoskings will spend the summer in England and Scotland.

Mr. and Mrs. Allen Hill, of Jacksonville, Florida, are coming north to spend the summer.

Miss Maude Abernethy is assisting Miss Clapp in Ramapo Hills Sanitarium, Oakland, New Jersey, during the summer months.

Miss Powell has resigned as nurse-in-charge of the House of Relief and will resume private nursing.

Miss E. M. Bower has recently visited her class-mate, Mrs. S. W. Alexander at Meadow Lark Farm, Amityville, L. I.

Miss Florence Mosher is resuming private nursing after a winter spent in Florida.

Miss Pencheon and Miss A. L. Riddell will help Mrs. Hair in Litchfield, Conn., during the summer.

Miss Reesor has left for her home in Lindsay, Ontario, where the wedding bells will ring in the near future.

Miss Annie Hastings has received the appointment of superintendent of The Infants' Summer Hospital, Rochester, N. Y., and will be assisted by Miss N. Sinnott and Miss Brock.

Announcement is made of the engagement of Mary C. Whitman to Mr. Charles D. Ridgway, Jr.

The friends of Dr. McClure will be glad to know that he is convalescing from an attack of typhoid fever.

Miss McCabe is convalescing from a recent operation for appendicitis.

In appreciation of valuable services rendered to the sufferers at Sicily after the disastrous earthquake, Miss Nelson, Miss Lawrence and Miss Moier have been awarded medals by the King of Italy.

Many writings descriptive of those dreadful days record the help the nurses gave. Mrs. Maud Howe Elliot in "Sicily in Sunshine

and Shadow" tells how the first sight of them in the harbor brought courage and relief.

Miss Sutcliffe is resting for a short time at her home, "Seven Oaks."

#### BIRTHS.

On May 5th, to Mr. and Mrs. Henry Swan, a daughter.

On March 28th, to Mr. and Mrs. W. D. Cutter, a daughter.

---

### ALUMNAE MEETING

The regular meeting of the Alumnae Association was held in the Nurses' Home, June 13th, 1912, with a fair attendance. The reports of the various committees were given, the Credential Committee presenting 14 names for membership, all of which were accepted.

The recommendation of the Committee of the State on the Amending of the Nurse Practice Act then came up for discussion.

(a) To make registration compulsory in New York State, extending the term of waiver to include all nurses in good standing at the time of the passage of the Act.

(b) To insert a reciprocity clause.

(c) To eliminate the requirement for recording every three years.

*By order of the President,*  
BEATRICE VAN H. STEVENSON,  
Secretary.

The amendments were discussed in turn and it was moved, seconded and carried that each amendment be accepted.

Miss Annie W. Goodrich then spoke on the Nurse Practice Act. In discussing the question of reciprocity between the States as regards registration, she said, the laws of New York differ from the laws of other States and that present registration in New York of nurses graduated from schools outside the State depends on the school from which the nurse comes, meeting the New York standards. If reciprocity were in force it might be more difficult to keep these schools up to our standard.

In speaking of the conditions found in some schools of the State, applying for registration, Miss Goodrich told some appalling stories. In some instances the ages of pupils ranged from eighteen to forty years, with the majority under eighteen. Many pupils are obtained from undesirable sources—one school having consisted of three former cooks and laundresses, four former nursery maids and two women who had been factory hands. When women of this sort are herded eight and ten in a dormitory, no privacy, no place to bathe, is it to be expected they will develop the qualities expected of nurses? These conditions are not likely to be remedied until the public is educated to demand their improvement. We are all responsible for each and every woman who enters the profes-

sion. Progress in any profession has always come about through the efforts of the members in the profession. Many hospitals now take nurses from any source to get free nursing for the patients. Public opinion must force institutions to provide graduate nurses to supervise and teach and to care fully for private patients. Hospitals apply for registration because women will not enter the schools of those not registered. If all hospitals said they would not register, what would happen is plain. The law should say who may practice as a nurse—but the public may employ an attendant or other person in the same way that now anyone may have Christian Scientist and osteopathist or a regular doctor. The law must insist that the patient know what he is getting. The object of the desired law is to protect the community—not the nurse. Miss Goodrich does not anticipate much opposition.

Miss Goodrich called our attention to the fact that whenever practical work is combined with proper educational requirements the work becomes popular. In support of this statement she cited all the practical courses in colleges, such as mining, engineering, domestic science, and so forth. She prophesies that nurse training schools will feel this tendency in the near future.

Miss Florence Wright gave a brief account of the county meeting and annual election at which Miss E. E. Golding was elected president.

Two delegates were chosen to attend the State Nurses' Association to be held in Utica in October. They were Miss M. V. Post and Miss A. S. Keator. Other delegates who will be in attendance with power to vote are Miss J. H. McVean, Miss K. Sanborn, Miss A. Henderson, Miss A. I. Twitchell.

The reports of the Superintendents' meetings held in Chicago, June 3-4, 1912, were given by Miss Henderson and Miss Twitchell. The reports of the meetings of the American Nurses' Association held in Chicago June 5-6-7, 1912, were given by the delegates, Miss M. E. Samuel, Miss L. M. Hubbard, Miss E. E. Robinson, Miss J. M. McVean, and Miss M. A. Frederick. These reports follow in full.

The meeting then adjourned.

MARGARET J. GILLEY, R. N.

---

## REPORTS OF CHICAGO MEETINGS

June 10, 1912.

Session held the afternoon of June 5th. In the absence of Miss Sly, through illness, the First Vice-President opened the meeting by introducing Mrs. Catherine McCulloch, who gave the address of welcome. Responses were made by Miss Damer, Mrs. Scroggs, of Oklahoma, and Miss McKinley, of St. Louis. The program was principally reports of the various interests and activities of the Association and which, on account of their length and the limited time, were not all read at this session. The Presi-

dent's address (read by Mrs. Colvin) expressed clearly and concisely the broad-minded views of the writer regarding the various problems confronting the nursing world to-day. As this address will appear in the Journal I will only say that special emphasis was given to the growing need for permanent headquarters for the American Nurses' Association and the ever present problem of how to provide nursing, care for people of moderate means and the sliding scale. Miss McIsaac's report of her work as Inter-State Secretary for the past two years, showed an enormous territory covered and much enlightening information given. Knowledge of the nursing situation in general was thus gained that will surely prove valuable and help to settle many questions. Miss McIsaac's report contains much that requires of every nurse serious thought and definite action.

216 associations, representing 20,000 members, with applications from 32 associations for membership this year, is proof positive of our strength, and still call for an increased interest in proportion. It was a very great pleasure to meet so many N. Y. H. Alumnae and to note the interest and enthusiasm of the younger graduates.

I consider it an honor to represent such a flourishing association as the N. Y. H. Alumnae.

MARY A. SAMUEL.

#### REPORT OF SESSION ON STATE REGISTRATION.

Wednesday evening a special session was held on State Registration, under the auspices of the two societies, and presided over by Miss Riddle.

The first paper, by Miss Goodrich, was a clear, concise presentation of the laws concerning registration of nurses in the different States.

Thirty-three States have laws regulating the practice of nursing. In seven of these the laws are compulsory. In twenty-nine States the Board of Education is composed entirely of nurses. The State having the largest number of registered nurses is New York—and New York and Illinois are the only States having training school inspectors.

As yet the State registration laws are very weak, and it devolves upon us to decide one of the vital questions of the near future—that is: Who shall practice as a nurse?

Miss Eyre, of Colorado, next talked upon the enforcement of the law in her own State, giving illustrations of her experience as Secretary of the Board of Nurse Education in that State. She told a number of amusing incidents connected with the enforcement work, when it concerned nurses coming into Colorado from other States.

Missouri hopes to have her State registration laws passed this year, and an interesting talk upon the making of this law was given by Miss Forrester. She touched upon some of the strong

points and some of the weak points in their wording of the law, in the hope that those States which had not yet succeeded in getting State registration might profit by their example. She told of the excellent work done in Kansas City by 'Mrs. Smith in establishing a uniform curriculum in the schools there. One problem which confronts Missouri and is uniquely her own, is: What standing shall be given the nurses graduating from the Osteopathic Hospital Training School? That the hospital has conformed in every way to the State requirements, adds tenfold to their problem.

Miss Wheeler, in her paper, which was the final one of the evening, presented some of the points to be considered by the training school inspector.

They considered the hospitals under three heads—Erection, equipment, and operation. It has taken Illinois more than a year to compile a statistical list of only ninety-eight of her schools, classifying them according to the number of beds—whether one hundred fifty or less, the number of nurses in each class, etc.

She ended with the hope that before long the registration requirements would be the same in each State, to facilitate reciprocity. Owing to the lateness of the hour, discussions had been omitted after all papers except the first. In that case the questions asked were such that they but served as opportunities, which Miss Goodrich was not slow to seize, to emphasize some of the vital points in her speech.

. RUTH THOMPSON.

The report of the American Journal of Nursing was read by its editor-in-chief, Miss Sophia F. Palmer. The Journal is twelve years old and ninety-nine shares are owned by nurses. Subscriptions to it are earnestly solicited. It announces two new books nearly ready for the press. Both are on nursing and one is on private nursing by Miss De Witt, who has had fifteen years of experience. The Journal has twenty-three text books in all.

The American Journal of Nursing is the only magazine managed and edited by women.

The report of Red Cross Nursing Service was given by Miss Jane A. Delano. The Red Cross is three years old and has an enrollment of 3,100. Manhattan leads with 374 members. Miss Delano reported splendid response from local committees—not one failed for calls to either the Mexican border or the flooded southern districts. The increased requirements have stimulated membership.

The highest form of philanthropy is the conservation of human life. The Red Cross is the means to that end.

Japan leads the world in membership, having one and one-half millions with an endowment fund of one and one-half millions (in addition to its annual dues). She sent eleven delegates to Washington last month and a donation of \$50,000 from his Im-

perial Majesty (to study the conditions of peace—not war). The meeting was addressed by a Japanese baron (address translated by his secretary, Mr. Togo).

In behalf of rural nursing, Miss Delano wished all those caring for such work, to familiarize themselves along that line and report to the Red Cross (which intends including that department).

---

Report of the Isabel Hampton Robb Memorial Fund was read by Miss McIsaac. Although the fund is but two years old, it has assets of \$11,440 and can afford to confer two scholarships (of \$200 each) for courses in the Department of Public Health and Hygiene. One is for preparation for teaching in the training schools—the other for work in public schools.

Requirements.—She must be a registered graduate nurse and deemed worthy and fitted for the work, by the board.

---

Regarding the appeal of the insane to the nursing profession, America is behind in her treatment of the insane. Germany, Switzerland and Italy have studied this problem and seem able to cope with it. The increase in New York alone—per year—is from 700 to 800.

The treatment accorded these unfortunates is much better than of old, but much is still to be desired. It was discovered from different reports sent in, that very few had anything more than the care given by most ignorant attendants. In fact, five institutions near New York, charging from \$75 to \$100 per week, were found to even refuse a graduate male or female nurse, entering with a patient.

Upon discussion it was decided to seek to have employed the best possible supervision of nurses, improve the teaching, have shorter hours, better accommodations for nurses, higher salaries, employ more educated women, make a distinction between nurse and attendant and urge affiliation for at least six months with a general hospital.

LENA M. HUBBARD.

---

Thursday afternoon the session opened with a most interesting paper on Teaching Sex Hygiene, by Mrs. Edith M. Hickey, R. N., of Seattle, Washington. This was a scholarly discussion of this most difficult but important subject, and was listened to with marked attention.

Mrs. Hickey believes that in order to achieve the best results from this teaching, the child should begin at a very early age and develop this knowledge with his growth.

It is necessary to inculcate within the child as early as possible a thorough appreciation of the beauty of the human form—and a good working vocabulary is a positive necessity because it is impossible for the child to ask the questions which naturally come

to the mind of every child if he has not the words with which he may convey his thought. This is often the reason that a child goes to his companions or to those of an inferior grade of refinement for this knowledge.

A carefully graded course should be maintained in the high school and should be in charge of a nurse trained for this special work. Instruction to be given of course in separate classes of the sexes. Social or sex hygiene may be woven in with the teaching of personal hygiene.

In all the public schools of Germany sex hygiene is regularly taught. Discussion brought out the belief that no one is so well qualified to teach this subject as the trained nurse, and the woman physician, and nurses should qualify themselves to meet this demand. Lack of suitable literature on this subject is one reason that the demand for knowledge along these lines has not been met, and Miss Crandall, of Teachers' College, New York, called to the attention of those interested the publications of the National Vigilance Association, of 156 Fifth Avenue, New York. The output of this association is all censored, so we may be sure we are getting only the best.

The second paper was on Municipal Care of Tuberculosis, by Miss Ellen M. La Motte, R. N., of Baltimore, Md.

She says the end to strive for, and to be attained is the absolute elimination of the disease.

Municipal care includes three things—Rest, fresh air, good food. These must always go together. No one of them is of any use without the other two.

Sanatoria, playgrounds, etc., are only superficial measures. Registration is of value for obvious reasons—for the sake of the statistics—to keep the patients in sight, etc.

A chain of tuberculosis dispensaries is absolutely necessary in order successfully to wage this war.

Phipps Dispensary in Baltimore is the largest and best endowed in the country. There are four others in the city. Nurses have two hours a week, in each of these dispensaries, in order that the patients may all be seen once a week. The rest of her time is spent in the home of the patients under her care.

The value of the hospital for the advanced case is no longer questioned. The hospital is much more necessary than the sanatorium. One advanced case is a great menace to the public—if not cared for in a hospital.

The municipal nurse's greatest value is the teaching done in the home of the patient. A nurse who takes up this work should not do so with a view of settling down to it for any great length of time, but rather to fit herself for taking up an administrative position.

Very few of the nurses in Baltimore have succumbed to the disease, and they were all predisposed.

The uniform worn by the nurses is blue denim.

The death rate from tuberculosis is steadily falling in Baltimore and the nurses feel that they are largely responsible for this result.

In the discussion which followed, the necessity of extending this work to the rural districts was brought out.

---

The afternoon was brought to a close by an automobile trip for delegates and officers to the University of Chicago, where we were received by Dean Breckenridge, and after a delightful hour spent in wandering over the campus and through some of the beautiful buildings of this wonderful new seat of learning, we returned to the Auditorium Hotel. Here in the evening we were the guests of the Board of Directors of the Illinois Training School for Nurses, who gave a most delightful musicale for our entertainment.

Thursday morning from 11 to 12.30 was given to three special conferences.

1. Private Duty Nursing.
2. Mental Nursing.
3. State Registration Laws.

And our Miss Josephine Hill wrote a paper for the Private Duty Conference, which will later appear in the Journal of Nursing. It was considered by the chairman one of the best papers presented.

JESSIE H. McVEAN,  
Delegate.

---

#### ALMSHOUSE REPORT—BY MISS HELEN W. KELLEY, R. N.,

Friday morning, June 7th.

Fifteen States were heard from in this report, most of them trying to form committees for their betterment. New York reported the building of special tuberculosis hospitals to remove the tubercular patients from almshouses.

North Carolina isolates her tubercular and Illinois is trying to change the name to Infirmary.

All felt the need of the following:

1. Affiliation with State Boards of Charities.
2. Employment of graduate male nurses.
3. Employment of more graduate nurses.
4. Nurses to volunteer service.
5. Interest and sympathy be worked for.
6. Women should be on the Board of Directors.
7. Care of the aged poor should devolve upon the State.
8. That the name should be changed to something less suggestive—as Home, or Infirmary.
9. Better food and lodging were also advised.

CARE OF THE INSANE—BY MISS A. M. HILLIARD, R.N.

As general hospitals are useful through the nurses, so should the care of the insane come from them. New hospitals are being equipped and even the medical students are unprepared.

Tactfulness is essential, truthfulness most necessary. The idea is not to cure the patient but to set up a standard.

The committee recommends the establishing of schools of nursing non-existent now. That the superintendent be a graduate nurse with extra mental training. There should also be an opportunity for a post-graduate course—training two years for nurses, one year for attendants and the hope that in future it will receive as much consideration as a general hospital.

Fifty per cent. of beds in hospitals are occupied by insane.

THE HOSPITAL HEAD NURSE—BY MISS BERTHA ALLEN, R. N.

Above all else, she must be loyal to her superintendent and to her hospital, in that her influence is felt more, and she has a better knowledge of the pupil than the superintendent. She could undermine all the work of a good superintendent.

The head nurse must be broad enough to recognize deficiencies in herself and her hospital and strive to correct as far as possible. She should be an educated woman and of more value than that, have a good home training. A cheerful, sunny disposition is essential. The doctor depends upon her for fulfillment of orders and even the demands of the cranky should not be met with tears. Her recreation must not be forgotten—not to consider this or to misuse her strength is disloyalty. Her loyalty extends even to her uniform. Occasions demand rules, she must keep them. She helps or mars.

Economy, personal hygiene and better modes of living are taught by her. She should have at least six months' private nursing with rich and poor; be progressive, keep up with methods taught and be an active member of her alumnae association.

THE RESPONSIBILITIES OF THE NURSE FOR THE HEALTH OF MOTHER AND CHILD AFTER DELIVERY—BY DR. JOSEPH B. DE LEE.

In 1910 between eight and nine thousand women died in child birth. This report came from only one-half the United States.

Puerpual Infection	.....one-half
Convulsions	.....one-quarter
Hemorrhage	.....one-sixth

Many thousands more are added by deaths from operations for lacerations, pus tubes, etc.

There are 10,000,000 women suffering from badly conducted confinements. Even from the easiest may result inflammation of the genito-urinary tract and genital organs.

Dr. De Lee would like to hear of more nurses taking up obstetrics. He thinks the fault lies in the fact that they are not taught enough in this direction.

The day is to be hoped for when special maternity hospitals will exist—also special pavilions, for pneumonia, rheumatism, throat cases, etc.

A nurse is a missionary as well as a guardian angel, and she must be careful not to cast reflection upon herself or her training school.

A large percentage of medical doctors have had poor practical training. If they become obstetricians they have to receive poor pay, upset their private practice and household arrangements, therefore it is not surprising how many of them enter upon gynecology.

It is to be deplored that in a confinement at home, one nurse is expected to be everything at once, whereas in hospitals, a minor operation has four assistants. However, by perfecting a system, the work is accomplished.

Different conditions exist in different places, but if the nurse has a surgically aseptic conscience, work in most rural places should be as successful as in a city. Remember, however, that even two feet of area cannot remain sterile long, therefore limit the sterile area and allow the shortest possible time between the preparation of solutions and instruments and their use.

Air infection is still in debate. A case was quoted where, in a hospital, scarlet fever was carried from a lower floor to three upper floors by means of a defective ventilation flue.

In general hospitals 10 to 40 per cent. of babies have fever. In private homes, hardly one baby in 20.

There is more danger in general hospitals than homes, of infection as people become accustomed to an area and can take care of germs formed there. Introduce an alien germ, and there is danger.

---

ETHEL E. ROBINSON.

Friday Afternoon, June 7th.

When I entered "Orchestra Hall" at 1.30 for this session I was greeted with melodious strains of music from the grand pipe organ evoked by the master hand of a sylph like girl clad in virgin white. I thought "this must be a rehearsal, but will enjoy it just the same." I found very soon that the music was provided for the entertainment of the assembling delegates and was just one more evidence of the kind thoughtfulness of our friends in the "Windy City," of which we had so many evidences.

There were no papers read as the time was short and so much business to come up. My report will not be in exact order as notes were written at random all over our program.

It was proposed that a committee from the Educational League be appointed to confer with the Medical Association to study hospitals. Also that State Board of Examiners require a grammar school certificate and a more explicit expression of other educational requirements.

Miss Palmer recommended that the laws governing State registration be made uniform in all States and that State examinations be made compulsory. Seven States now have it so and what seven States can do 23 others States can do.

A resolution was passed that the secretary be paid an adequate salary to enable her to devote all of her time to the work of the Association. Executive Committee to determine amount of salary.

Perfection of rules governing Relief Fund was referred back to Chairman of Committees. Pledges taken amounted to about \$2,000 in sums varying from \$5.00 to \$200. Some of them for definite sums for three or five years. Some were just a lump sum. N. Y. H. Alumnae Association pledged \$50.00. Pledges came in thick and fast as snowflakes and there were great interest and enthusiasm.

The most enthusiasm and the nearest to any excitement was when the vote was taken to instruct the four delegates to International Congress at Berlin to vote for enfranchisement of women which carried by a hearty majority of ayes. No's were feeble and scattered. Miss McIsaacs said we could never face Miss Dock if we voted against it.

Committees on Almshouse and Insane continued.

Miss McIsaacs moved that the American Nurses' Association condemn the habit of nurses wearing their uniform on street and public places. Carried. She said we cannot feel nor speak too strongly on this subject.

The Visiting Nurses' Association formed a society to be known as the National Organization for Public Health Nursing.

Committee on corporate seal presented two designs. One oval in shape with two circles outer one bearing the words, American Nurses' Association, 1897. Next circle the words, Humanity, Service, Efficiency. Center of seal photo of the statuette of Florence Nightingale. Second design gives an artist's conception of the "Lady with the Lamp," representing a woman, lamp in hand, standing beside a bed. It was decided to adopt this design, substituting a portrait of our own Miss Linda Richards, oldest graduate nurse in America, holding instead of lamp a scroll bearing date of her graduation and the words, Humanity, Service, Efficiency. Greetings were sent her from the Association.

Convention will be held at Atlantic City, 1913. Invitations were received from Baltimore and South Carolina.

*Tellers*, MISS REESE, Chairman, Misses Giler, Nevins, Stuart, reported result of election as follows:

*President*, MISS SARAH E. SLY, Birmingham, Mich.

*First Vice-President*, MISS ISABELLA McISAACS, Washington, D. C.

*Second Vice-President*, MISS EMMA NICHOLS, Boston, Mass.

*Secretary*, MISS AGNES DEAN, Detroit, Mich.

*Treasurer*, MRS. C. V. TWISS, New York City.

*Directors*, Miss Jane A. Delano, Miss Mary Riddle, Miss



(Five yards long when stretched)

When  
your  
patient  
needs a  
Bandage  
get a

## Teufel Diakon Bandage

These bandages are made of long fibred cotton. They have all the elasticity of woven rubber and the coolness of cloth. They cannot ravel on the edges or fray at the ends.

All the sizes and styles are given in the "Teufel" catalog. Write to us for a copy.

**The Kny-Scheerer Co.**

*Manufacturers of Surgical and Therapeutic Instruments and Apparatus*  
404-410 West 27th Street, New York

Annie Damer, Miss Anna Maxwell, Mrs. Frederick Tice, Miss Mary B. Eyre.

The most enjoyable and delightful entertainment given us was the reception at the Art Institute Friday evening. The spacious halls, wide stairs, liveried attendants, beautiful music with the art exhibits, brilliant lights, beautifully groomed receiving line and guests all combined to make a most delightful evening.

I believe this to be the largest attended, most enthusiastic and enjoyable convention ever held. The weather was ideal, attendance prompt and regular, perfect order maintained and arrangements good.

The manager of the Auditorium Hotel said he had never entertained so fine a body of women.

MATILDA AGNES FREDERICK.

### NEW BUILDING FOR SCHOOL OF MECHANO-THERAPY

The rapid growth of the Pennsylvania Orthopaedic Institute and School of Mechano-Therapy, Ind., Philadelphia, Pa., has again necessitated the finding of additional accommodations. In response to these increased requirements a large adjoining property has been acquired which after extensive building operations will also be utilized by the school. This new building will be thoroughly equipped for the treatment of patients and instruction of students and will contain all the most modern appliances and apparatus, thus greatly increasing the facilities for our students.

The Summer class will open on July 9, 1912. The Fall term will be divided into two sections. The first section will open on September 17th and the second one on November 12, 1912. For particulars and application blank address the Superintendent, Max J. Walter, M.D., 1711 Green St., Philadelphia, Pa.

# Instruction in Mechano-Therapy

## SWEDISH SYSTEM OF MASSAGE

Medical and Corrective Gymnastics,

Courses in Electro-Therapy and Hydro-Therapy.

We teach all branches of Physiologic Therapeutics; Original Swedish (Ling) system of Massage, Swedish Movements, corrective and medical gymnastics in specially equipped gymnasium. Medico-Mechanical Zander Gymnasium, Von Leyden and Frenkel systems for the treatment of locomotor ataxia, Bier's hyperemia method, Vibrators, Nebulizers, Frazier-Lentz Baking apparatus, Thermo-Electric apparatus (system Dr. Tyrnauer). Electric Light, dry hot air, blue light baths, four cell baths (Dr. Schnee) hydriatic table, Solar and Leucodescent lamps, galvanic, faradic, static electricity, high frequency, sinusoidal currents, X-Ray work, Bachelet magnetic wave, Nauheim baths and Schott exercises, etc., etc.

The instruction is theoretical and practical. Daily lessons, lectures, quizzes, demonstrations on Anatomy, Physiology, Pathology, Massage and Gymnastics, Electro and Hydro-Therapy. Abundant clinical material. Students attend several City Hospitals. Diploma. Particulars and illustrated prospectus upon request.

Summer Class opens on July 9, 1912

Fall Classes open in two sections, on Sept. 17, and Nov. 12, 1912.

Pennsylvania Orthopaedic Institute and School of Mechano-Therapy, (Incorporated)

1711 Green Street, PHILADELPHIA, PA. MAX J. WALTER, M. D. Superintendent



## "STORM"

### BINDER AND ABDOMINAL SUPPORTER

(PATENTED)

*No Whalebones—No Elastic—Washable*

**STORM SUPPORTER COMPANY**

*Anna B. Duncan, R. N.*  
*Manager*

1269 BROADWAY (32nd St.)

Telephone 6276 Madison Square

STYLES	PRICES
Silk.....	\$12.00
Linen Mesh...	\$10.00
Half Silk.....	\$6.00
Cotton.....	\$5.00

## ANDREW ALEXANDER

# SHOES

FIFTH AVENUE  
AT 45TH STREET

SIXTH AVENUE  
AT 19TH STREET

NEW YORK

# ARMY & NAVY COMBINATION ICE BAG AND HELMET

# AN IDEAL BAG FOR THE HEAD



CLOTH INSERTED  
MAROON PURE RUBBER

PATENTED  
UNLOSABLE WASHER

The "Army and Navy" is the only PERFECT Helmet made.

It fits snugly and holds an ample quantity of ice which can be moved to any part of the head, or centered over the base of the brain, if desired.

It can be flattened out to form the regular, round-shaped Ice-Bag suitable for use on any part of the body and especially for the abdomen.

It is made of cloth inserted Maroon Pure Rubber, with screw-cap and unlosable washer.

ADULT'S SIZE, 12½ inches in diameter.

CHILD'S SIZE, 10 inches in diameter.

—Price List on Request—

## "PERFECTION" ICE BAG

### The Leading Hospital Ice Bag

It holds more ice than other bags, and is lighter in weight.

It can be perfectly adjusted and secured, and has a smooth and flat bottom surface when filled.

Its long, flat surface, makes the bag specially adaptable for the chest or abdomen.

It is the leading Hospital Bag and is made with our non-leaking, metal screw-cap, in both slate and maroon rubber. The Maroon Rubber Bags are fitted with our Patented 'Unlosable' Washers.

Small Size, 5x9 in.  
Medium " 6x11 in.  
Large " 7x13 in.

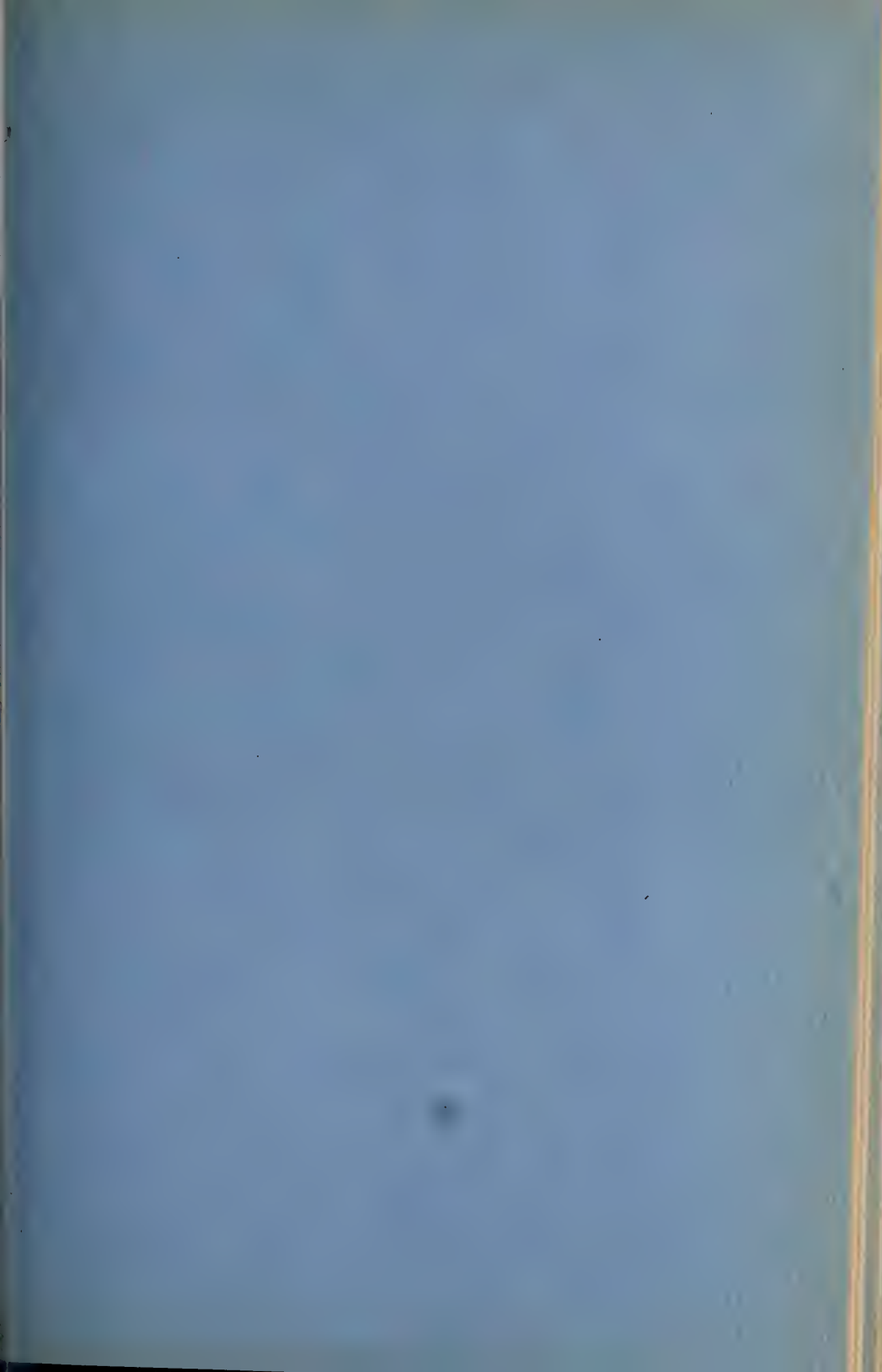
Price List on Request



Our specialties are sold by all leading dealers. We supply Hospitals at wholesale prices.

**Meinecke & Co.,** 48 & 50 **New York**  
Park Place

MAKERS OF ADVANCED SPECIALTIES FOR THE SICK-ROOM AND HOSPITAL  
WE SUPPLY HOSPITALS AT WHOLESALE PRICES





# THE ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

---

Vol. 8

NOVEMBER 1912

No. 1





(Five yards long when stretched)

When  
your  
patient  
needs a  
Bandage  
get a

## Teufel Diakon Bandage

These bandages are made of long fibred cotton. They have all the elasticity of woven rubber and the coolness of cloth. They cannot ravel on the edges or fray at the ends.

All the sizes and styles are given in the "Teufel" catalog. Write to us for a copy.

**The Kny-Scheerer Co.**

*Manufacturers of Surgical and Therapeutic Instruments and Apparatus*  
404-410 West 27th Street, New York

## SUPERFLUOUS HAIR

Moles and Facial Blemishes Permanently Removed by the Electric-  
Needle Operation. Absolutely Painless. Consultation Free.

*Reference to Leading Physicians*

### ELECTROLYSIS COMPANY

104 East 40th Street

S. P. GILMORE, NEW YORK

Telephone, 1844 Murray Hill

Telephone, 3946 Madison

## MRS. ALICE T. RAUBER

### Scalp Specialist

185-187 Madison Avenue, corner 34th Street

CAMERON BUILDING

NEW YORK

Harper Method Scalp Treatment

# Sterilized Obstetrical Supplies

The sterilized obstetrical supplies provided by Van Horn & Sawtell for the aid and convenience of physicians and nurses are prepared with the same attention to quality, utility and sterility that are given to every product of the Van Horn & Sawtell laboratories.

To the physician and nurse such care and attention spell protection and safety.

For complete lists of obstetrical supplies, special outfits, sutures, etc. address

VAN HORN & SAWTELL  
307 Madison Avenue, New York, N. Y.

## A Non-Greasy Lubricant

needs little comment as to its superiority from every standpoint of cleanliness. The avoidance of greasy clothes and bed linen is always gratifying to the painstaking nurse, and this is only one of the many advantages that attend the use of



## K-Y Lubricating Jelly

the "perfect lubricant" for *catheters, specula, rectal and colon tubes.*

"K-Y" is water-soluble and easily rinsed from instruments, dressings and clothing without leaving the slightest stain.

"K-Y" moreover, is emollient and soothing to the skin, offering a prompt and effective means of relieving "bi-chloride rash" and kindred irritations.

A postal request will bring a liberal sample.

VAN HORN & SAWTELL  
307 MADISON AVE., NEW YORK, N. Y.

# ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

---

VOLUME VIII

NOVEMBER, 1912

No. 1

---

**PUBLISHED MONTHLY, FROM NOVEMBER TO JULY.**

**Sent free of charge to all members of the "Alumnae Association"**

to others: { 50 cts. per year  
10 " " copy

---

Editor—MISS E. DENIKE, 210 East 17th St.

Business Manager—MISS L. M. WYGANT, 8 West 92d St.

News Editor—MISS I. J. WALTON, 8 West 16th St.

Secretary—MISS BLANCHE GIBSON, 8 West 16th St.

---

## REPORTERS

MISS A. FREDERICK,

MISS A. DUNCAN,

MISS L. ANDERSON,

MISS E. E. GOLDING,


MISS M. H. WILSON,

MISS J. HILL,

MISS N. MCCRAE,

MISS F. COBBAN.

---

 It is requested that notice of change of address be sent to the Secretary as promptly as possible, so that the mailing list may be kept corrected.

---

Those who have failed to receive the "Alumnae News"—or those who desire extra copies—can be supplied by calling at the Club, or copies will be mailed on application to the Secretary.

---

*Entered at the Post Office at N. Y. City as second class matter.*

3

## OFFICERS OF ALUMNAE ASSOCIATION 1912

### *Honorary President*

MISS IRENE H. SUTLIFFE,

### *President*

MISS JESSIE H. McVEAN, R. N.....Great Neck, L. I.

### *Vice-President*

MISS FLORENCE M. JOHNSON, R. N.....129 East 17th Street

### *Recording Secretary*

MRS. W. C. GILLEY, R. N.....176 West 81st Street

### *Corresponding Secretary*

MISS BLANCHE GIBSON, R. N.....New York Hospital

### *Treasurer*

MISS M. V. POST, R. N.....8 W. 92nd Street

### *Trustees*

MRS. M. L. ROGERS, R. N.....8 W. 92nd Street

MISS L. E. ANDERSON, R. N.....109 Greene Ave., Brooklyn

MISS H. R. STEWART, R. N.....8 West 92nd Street

MISS ROSE LAMPHEAR, R. N.....8 W. 92nd Street

MISS MARY RANKIN, R. N.....8 W. 92nd Street

---

### FUND FOR SICK NURSES.

#### *Secretary and Treasurer*

MISS JENNIE M. WHITELOW,  
P. O. Box 113, Brooklyn, N. Y.

---

### BOARD OF TRUSTEES.

#### *Chairman*

MISS McVEAN

#### *Secretary*

MISS BLANCHE GIBSON

### STANDING COMMITTEES.

#### *Executive*

MRS. ROGERS

MISS ANDERSON

MISS RANKIN

#### *Credential*

MISS GIBSON

MRS. GILLEY

MISS LAMPHEAR

#### *Finance*

MISS POST

MISS JOHNSON

MISS STEWART

## 1912-13

The regular monthly meeting of the Alumnae Association will be held in the Lecture Room, 8 West 16th Street, on Thursday, November 14th, at 3 p. m.

---

We are confronted at the outset of the season by the resignation of our president, whose experience and judgment we greatly need to help us through the year; we earnestly hope, however, as was suggested at the October meeting of the Association, that some change may be effected in Miss McVean's duties, which will make it possible for her to be with us.

---

We give in this issue many personal notes from our nurses, telling of pleasant journeys and restful days during the summer months; now we ask for papers from those of our graduates at home and abroad, who are doing interesting and often unique work, a description of which, with interchange of experience and ideas, could not fail to be helpful and inspiring.

---

The wonderful conventions of Chicago and Cologne of last season, have brought us in close touch with the world's work of nursing; and the election at Cologne of Miss Goodrich, for President of the International Congress, the next meeting to be held in California, is a great pleasure and satisfaction to our school, as it is to all American nurses.

---

At the International Congress of Hygienics and Demography, held at Washington, D. C., in September, the nursing profession was represented by Miss Wald, head-worker and founder of Henry Street Settlement.

We are also interested to read, that at the seventy-fifth anniversary of the founding of Mt. Holyoke College, Miss Wald was one of a noted group, who received honorary degrees.

---

The fact that at the Chicago convention, Miss Goodrich made the motion which was carried, that delegates should be instructed to vote in favor of Woman Suffrage, gives interest to the following special dispatch sent by Miss Dock to the Woman's Journal, immediately after the vote was taken:

"The International Council of Nurses, with voting delegates from Great Britain, the United States, Canada, Germany, Holland, Denmark, Finland, India and New Zealand, at its triennial in Cologne on August 5, 1912, passed the following resolutions unanimously:

"In the belief that the highest purposes of civilization and the truest blessings to the race can only be attained by the equal and united labors of men and women possessing equal and unabridged political pow-

ers, we declare our adherence to the principle of woman suffrage, and regard the suffrage movement as a great moral movement making for the conquest of misery, preventable illness, and vice; and as strengthening the feeling of human brotherhood.' "

N. B.—All matter for publication to be sent to the Editor, not later than the fifteenth of the month preceding publication.

---

---

## ALUMNAE MEETING

The first regular monthly meeting of the season was held in the Lecture Room, 8 West 16th Street, on Thursday, October 10th, at 3 p. m., with Miss Florence Johnson, Vice-President, in the chair.

The reports of the Secretary and Treasurer were read and approved.

Letter was read from Miss McVean, tendering her resignation as President of the Alumnae Association, made necessary by duties which made it impossible to attend the meetings. A motion was made by Miss Sutcliffe and unanimously carried, to lay the letter on the table for further consideration.

Letter read from Miss E. E. Golding, resigning from the Governing Board of the Central Registry. The letter had already been acted upon by the Board of Trustees and Miss McVean had been asked to succeed Miss Golding.

Letter read from Miss McVean accepting appointment to succeed Miss Golding.

Letter read from Mrs. John Bryson (Miss M. E. Samuel), resigning from the Alumnae Association.

Letter read from Miss E. Rowe sending payment of dues in arrears and asking for reinstatement in the Association. A vote in favor of re-instatement was carried.

Miss Sutcliffe made an earnest appeal for help in behalf of a graduate, incapacitated for work, through loss of means by fire, and injury by accident. An earlier appeal in June had met with some response, but not enough to ensure adequate provision for the future. Miss Sutcliffe called urgently upon the nurses for more generous help.

Miss Frederick gave a brief report of the October meeting of the County Society.

Miss Williams and Miss Brown were admitted to membership.

The meeting then adjourned to the usual social hour and had the pleasure of listening to some beautiful piano music by Miss Topping. Among the selections which Miss Topping played were *La Neige* and *Erlkönig*. Some good vocal music was also rendered by Miss Kelly and others of the Training School.

## NEW YORK COUNTY REGISTERED NURSES' ASSOCIATION

There was a very large attendance at the regular meeting held at Central Club Tuesday evening, October 1st, Miss E. E. Golding, President, presiding.

After preliminary exercises Dr. James J. Walsh, Dean of Fordham University, was introduced as speaker for the evening. He is a large man of most pleasing personality, with a delightfully soft musical voice. His subject was, "Women in Medicine." He went back to prehistoric ages and came down to the present day, evidencing a great deal of study and very careful preparation. He said, "All literature and poetry was written for women."

Also said, "'There is nothing new under the sun," proving it by many known facts, citing among other instances that of dentistry, saying that bodies of earliest ages have been found with gold filling in their teeth and teeth with crowns.

Only six of the sixteen affiliated organizations sent names of their delegates to State Convention for ratification. It was decided to leave this to the secretary of State Association to whom the names will be forwarded.

Action upon changes in by-laws of State Association was left to discretion of delegates.

Miss A. A. Goodrich was elected delegate to represent the individual members of County Association. All delegates were instructed to ratify any action she may take in regard to legislation.

Miss Emma Dueusing was elected treasurer in place of Miss Hartman, resigned. Miss Ida Hoffman to Executive Committee in place of Mrs. Brockway, resigned. Both are from the German Hospital.

Nominations for Nominating committee were made from the floor, resulting in the following election:

MISS GUNN .....	Presbyterian Hospital
MISS DOLLIVER .....	Manhattan and Bronx Hospital
MISS KRUER .....	Mt. Sinai Hospital
MISS EMILY KERR .....	Bellevue Hospital
MRS. C. V. TWISS .....	New York Hospital

Everything going smoothly at Central Club with Miss Crawford, of Presbyterian Hospital, in charge.

October 10, 1910.

MATILDA AGNES FREDERICK.

"The woman who would be a success as a nurse, needs the combined qualities of a trained mind, capable hands and body, and all must be dominated by the soul."

ISABEL HAMPTON ROBB.

## A WORD TO THE UNLUCKY NURSE

By JOSEPHINE HILL, R. N.

*Read at the Special Session of Private Duty Nurses,  
Chicago, June 6, 1912.*

It is not to the experienced and successful nurses that I wish to speak, but to those who have been, as they term it, "unlucky." Of course your own good luck depends on yourself, inasmuch as you make yourself acceptable to your patients. Any one can be successful with some people, but it is harder to win a victory over ourselves and also over circumstances, to make a success of a case when the patient is one of the impossible kind. A cranky, nervous, peevish patient may tire out many nurses until one comes that has hold of the philosophy of life and meets all onslaughts of irritability with a calm composure, a mixture of sympathy and firmness that conquers the patient.

I think self-consciousness is the handicap of most new nurses. It narrows life down to the viewpoint of the nurse only, the woman in her has been submerged under the professional training of the nurse. If we just remember that we are *women* first of all, to help, to think, to plan, to sympathize, to advise, it makes our work much broader, and the fact that we have been trained to care for the sick, is an additional adjunct to the make-up, but it is not everything.

Some of the best nurses I know are disagreeable women. Some of the best nurses, in one sense, do not use common-sense. A happy medium is what constitutes the successful nurse. Some nurses are overburdened with conscientiousness to do as they are told by the doctor, or to live up to their ward training. These nurses are not a success, because they lack adaptability. They lack a general knowledge of human nature, they lack a feeling of sympathy from the standpoint of the patient. Hysterical sympathy, or obtrusive sympathy, we know is not good for the patient, but you must be *in sympathy* with your patient. You must let the patient feel that you are her friend, that you are doing what you would for one of your own family; empty words and empty sympathy are soon detected and mistrusted by a patient. Imagine yourself sick and think how you would like your nurse to treat you,—that makes a great difference. Eliminate the idea of "patient and nurse" from your mind and take the broader attitude of two human beings,—one sick, uncomfortable, and unhappy; the other (you), well, kind, and attentive. I think kindness and adaptability two of the most important characteristics of a successful nurse. An interested attention is necessary, but not a busy-body attention. Do not weary your patient with useless, fussy treatments just to be busy; do what is necessary for comfort, and then be peaceful and

babies of the clinic at Morgan Memorial Hospital during July, August and September. She is now living at 508 West 112th Street.

Mrs. Haubert (Miss Shoebridge, Class 1896) has moved to Salt Point, Dutchess Co., N. Y., where she has bought a farm.

Miss Frances Nelson, Class 1901, has charge of the Tubercular Camp on the roof of the Vanderbilt Clinic.

Mrs. Trow (Miss Mathews, Class 1898) and Miss Emma Rose are making an extended trip in Europe.

Miss Mabel Hitchcock, Class 1910, attended the International Congress of Hygiene at Washington, D. C., and stopped a few days with Dr. and Mrs. Thompson (Miss I. Swann), at their home in Baltimore.

Miss Helen Smith, Class 1906, is doing a most successful work in the Babies' Dispensary at Hamilton, Canada. There are twelve doctors in attendance. She has two nurses, a stenographer and an automobile. She was sent to Washington to attend the International Congress of Hygiene and has been called to Cleveland, Montreal, and London to talk of her work.

Mrs. Buchan has been entertaining two nieces from Canada.

Miss De Freest has most acceptably substituted at the Club during July and August.

Mrs. Deignan spent a happy vacation with her two children at the seashore.

Miss Cromwell, Class 1909, is in charge of the operating room at the Paterson General Hospital, Paterson, N. J.

Miss M. Robinson relieved Miss Macdiarmid and Miss Burroughs during their vacations.

Mrs. Emma Morse spent her vacation in Toronto and Montreal and is now living at the Club.

Miss Emily Simpson spent some time with her family in Virginia.

Miss Oliver spent a few weeks in Maine, having quite recovered from her recent illness.

Miss Annie Taylor sailed for England August 27th to visit with friends.

Mrs. Van Huzon enjoyed the summer at Asbury Park, Saratoga and Cooperstown.

Mrs. Van Meter spent some time in New Jersey.

Mrs. Reinhardt, after spending two months in New York has returned to her home in Maine.

Miss Randall will spend the winter in Atlanta, Georgia.

Miss Ethel Greenwood has returned to the Club after an absence of eight months in Canada.

Miss Gordon spent the summer in Vermont.

Miss Sarah MacKenzie spent the summer at her home in East Northfield.

Miss Barbee spent her vacation in Virginia.

Miss Jean Oliver was in Rome, N. Y.

Miss Nicodemus was in California, Penn.

Miss M. Collins and Miss Saulter have returned from abroad.

Miss Reutinger has assisting her at the Lying-in-Hospital, the following N. Y. Hospital graduates: Miss Rose Hellberg, in charge of the operating room; Miss M. Rankin, visiting nurse for Babies' Class, and Miss Monica Brock, in charge of fifth floor.

The Misses Falconer, Devereaux and Morton are at the American Hospital, Paris.

The following changes of address are noted: Miss Margaret Wilson, 508 W. 114th Street; Mrs. Schenk, 104 W. 94th Street; Miss Florence Wright, 416 W. 118th Street; Miss Peck, 8 W. 92nd Street (doing private nursing); Miss Amy Elliott, 22 King Street, Englewood, N. J.

Mrs. Allen Campbell (Miss Fearing), Riverside, Cook Co., Illinois.

On July 9th, Mrs. W. A. Maltbie (Miss A. S. Bridges, Class 1892) died at her home in Bensonhurst, L. I., after an illness of two years. Our heartfelt sympathy is extended to her family.

It is with deep sorrow that we refer to the death of our dear friend, Hon. John P. Faure. On the morning of June 19th, Mr. Faure left his home at Ossining-on-Hudson in the best of health and spirits, and while standing at the station talking with friends, he suddenly fell forward and passed away. Our deepest sympathy is extended to Mrs. Faure in her sad bereavement.

## MARRIAGES.

At Grace Church Chantry, May 13, 1912, Miss Lila Lowell Haskell to Dr. Carl Goodwin Burdick.

At Grace Church Chantry, Sept. 6, 1912, Miss Mary Whitman to Mr. Charles Dallas Ridgway.

At Hamilton, Ontario, Sept. 10, 1912, Miss Bertha Webster to Mr. Oscar H. Davis. At home after October 15th, 1233 Judson Avenue, Evanston, Ill.

At Lindsay, Canada, Sept. 11, 1912, Miss Fannie Reesor to Mr. Milton H. Bingeman. At home after October 15th. 82 Roncesvalles Avenue, Toronto.

## BIRTHS.

On Sept. 7, 1912, to Mr. and Mrs. Hendrick van Daalen, a daughter. (C. Osborne, Class 1907.)

To Dr. and Mrs. C. B. Langford, Blenheim, Canada, a daughter, Winifred Louise. (Evelyn von Gunten, Class 1910.)

On Sept. 2, 1912, to Mr. and Mrs. Alexander Torelli, a son. (Marie M. Baumann, Class 1908.)

# Instruction in Mechano-Therapy

## SWEDISH SYSTEM OF MASSAGE

Medical and Corrective Gymnastics,

Courses in Electro-Therapy and Hydro-Therapy.

We teach all branches of Physiologic Therapeutics: Original Swedish (Ling) system of Massage, Swedish Movements, corrective and medical gymnastics in specially equipped gymnasium. Medico-Mechanical Zander Gymnasium, Von Leyden and Frenkel systems for the treatment of locomotor ataxia, Bier's hyperemia method, Vibrators, Nebulizers, Frazier-Lentz Baking apparatus, Thermo-Electric apparatus (system Dr. Tyrnauer). Electric Light, dry hot air, blue light baths, four cell baths (Dr. Schnee) hydratic table, Solar and Leucodescent lamps, galvanic, faradic, static electricity, high frequency, sinusoidal currents, X-Ray work, Bachelet magnetic wave, Nauheim baths and Schott exercises, etc., etc.

The instruction is theoretical and practical. Daily lessons, lectures, quizzes, demonstrations on Anatomy, Physiology, Pathology, Massage and Gymnastics, Electro and Hydro-Therapy. Abundant clinical material. Students attend several City Hospitals. Diploma. Particulars and illustrated prospectus upon request.

Fall Classes open in two sections, on Sept. 17, and Nov. 12, 1912.

Winter Classes open in two sections, on Jan. 9, and March 12, 1913.

Spring Class opens May 15, 1913.

Pennsylvania Orthopaedic Institute and School of Mechano-Therapy, (Incorporated)

1711 Green Street, PHILADELPHIA, PA. MAX J. WALTER, M. D. Superintendent

## "STORM"

### BINDER AND ABDOMINAL SUPPORTER

(PATENTED)

*No Whalebones—No Elastic—Washable*

STORM SUPPORTER COMPANY

*Anna B. Duncan, R. N.  
Manager*

1269 BROADWAY (32nd St.)

Telephone 6276 Madison Square

## ANDREW ALEXANDER

## SHOES

FIFTH AVENUE  
AT 45TH STREET

SIXTH AVENUE  
AT 19TH STREET

NEW YORK

# ARMY & NAVY COMBINATION ICE BAG AND HELMET

# AN IDEAL BAG FOR THE HEAD



CLOTH INSERTED  
MAROON PURE RUBBER



PATENTED  
UNLOSABLE WASHER

The "Army and Navy" is the only PERFECT Helmet made.

It fits snugly and holds an ample quantity of Ice which can be moved to any part of the head, or centered over the base of the brain, if desired.

It can be flattened out to form the regular, round-shaped Ice-Bag suitable for use on any part of the body and especially for the abdomen.

It is made of cloth inserted Maroon Pure Rubber, with screw-cap and unlosable washer.

ADULT'S SIZE, 12 $\frac{1}{4}$  inches in diameter.

CHILD'S SIZE, 10 inches in diameter.

—Price List on Request—

## "PERFECTION" ICE BAG

### The Leading Hospital Ice Bag

It holds more ice than other bags, and is lighter in weight.

It can be perfectly adjusted and secured, and has a smooth and flat bottom surface when filled.

Its long, flat surface, makes the bag specially adaptable for the chest or abdomen.

It is the leading Hospital Bag and is made with our non-leaking, metal screw-cap, in both slate and maroon rubber. The Maroon Rubber Bags are fitted with our Patented 'Unlosable' Washers.

Small Size, 5x9 in.  
Medium " 6x11 in.  
Large " 7x13 in.

Price List on Request



Our specialties are sold by all leading dealers. We supply Hospitals at wholesale prices.

**Meinecke & Co.,** 48 & 50 **New York**  
Park Place

MAKERS OF ADVANCED SPECIALTIES FOR THE SICK-ROOM AND HOSPITAL  
WE SUPPLY HOSPITALS AT WHOLESALE PRICES



the year of 1898

3. Muelba

Feb 1898 Mrs J

THE  
ALUMNAE NEWS



**Vol. 8    DECEMBER, 1912    No. 2**





(Five yards long when stretched)

When  
your  
patient  
needs a  
Bandage  
get a

## Teufel Diakon Bandage

These bandages are made of long fibred cotton. They have all the elasticity of woven rubber and the coolness of cloth. They cannot ravel on the edges or fray at the ends.

All the sizes and styles are given in the "Teufel" catalog. Write to us for a copy.

**The Kny-Scheerer Co.**

*Manufacturers of Surgical and Therapeutic Instruments and Apparatus*  
404-410 West 27th Street, New York

## SUPERFLUOUS HAIR

Moles and Facial Blemishes Permanently Removed by the Electric  
Needle. Absolutely Painless. Consultation Free.

*Reference to Leading Physicians*

### ELECTROLYSIS COMPANY

104 East 40th Street  
NEW YORK.

Telephone, 1844 Murray Hill

S. P. GILMORE

---

Telephone, 3946 Madison

**MRS. ALICE T. RAUBER**

**Scalp Specialist**

185-187 Madison Avenue, corner 34th Street

CAMERON BUILDING

NEW YORK

Harper Method Scalp Treatment

# Sterilized Obstetrical Supplies

The sterilized obstetrical supplies provided by Van Horn & Sawtell for the aid and convenience of physicians and nurses are prepared with the same attention to quality, utility and sterility that are given to every product of the Van Horn & Sawtell laboratories.

To the physician and nurse such care and attention spell protection and safety.

For complete lists of obstetrical supplies, special outfits, sutures, etc. address

VAN HORN & SAWTELL  
307 Madison Avenue, New York, N. Y.

## A Non-Greasy Lubricant

needs little comment as to its superiority from every standpoint of cleanliness. The avoidance of greasy clothes and bed linen is always gratifying to the painstaking nurse, and this is only one of the many advantages that attend the use of



## K-Y Lubricating Jelly

the "perfect lubricant" for *catheters, specula, rectal and colon tubes.*

"K-Y" is water-soluble and easily rinsed from instruments, dressings and clothing without leaving the slightest stain.

"K-Y" moreover, is emollient and soothing to the skin, offering a prompt and effective means of relieving "bi-chloride rash" and kindred irritations.

A postal request will bring a liberal sample.

VAN HORN & SAWTELL  
307 MADISON AVE., NEW YORK, N. Y.

# ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

---

VOLUME VIII

DECEMBER, 1912

No. 2

---

PUBLISHED MONTHLY, FROM NOVEMBER TO JULY.

Sent free of charge to all members of the "Alumnae Association"

to others: { 50 cts. per year  
10 " " copy

---

Editor—MISS E. DENIKE, 210 East 17th St.

Business Manager—MISS L. M. WYGANT, 8 West 92d St.

News Editor—MISS I. J. WALTON, 8 West 16th St.

Secretary—MISS BLANCHE GIBSON, 8 West 16th St.

---

## REPORTERS

MISS A. FREDERICK,

MISS A. DUNCAN,

MISS L. ANDERSON,

MISS E. E. GOLDING,


MISS M. H. WILSON,

MISS J. HILL,

MISS N. MCCRAE,

MISS F. COBBAN.

---

 It is requested that notice of change of address be sent to the Secretary as promptly as possible, so that the mailing list may be kept corrected.

---

Those who have failed to receive the "Alumnae News"—or those who desire extra copies—can be supplied by calling at the Club, or copies will be mailed on application to the Secretary.

---

*Entered at the Post Office at N. Y. City as second class matter.*

## NOTICES

### N. Y. HOSPITAL ALUMNAE ASSOCIATION.

The regular monthly meeting of the Alumnae Association will be held in the Lecture Room, 8 West 16th Street, on Thursday, December 12th, at 3 p. m.

### N. Y. COUNTY REGISTERED NURSES' ASSOCIATION.

The quarterly meeting of the N. Y. County Registered Nurses' Association will be held at the Central Club, 54 East 34th Street, on Tuesday, December 3rd, at 8 p. m.

### THE LEAGUE FOR NURSING EDUCATION.

The League for Nursing Education will hold its next meeting at Bellevue Hospital Training School on Wednesday, December 4th, at 8 p. m.

### FUND FOR SICK NURSES.

Members of the Fund for Sick Nurses are requested to pay their dues for 1912, at the January meeting or to send to the Secretary, J. M. Whitelaw, P. O. Box 113, Brooklyn, N. Y.

Dr. Michailovsky will give a lecture on Research Work in the Lecture Room, December 11th, 8 p. m., to the undergraduates of the Training School and to the graduates working in the Hospital. This lecture is one of a course to be given during the season and will be open to all graduates who may be interested to attend.

---

## ALUMNAE MEETING

The regular monthly meeting was held in the Lecture Room, 8 West 16th Street, on Thursday, November 14th, 1912, at 3 p. m., with Miss Florence Johnson, Vice-President, in the Chair.

The minutes of the preceding meeting and the reports of the Treasurer and the Board of Trustees were read and approved. We regret to learn of the resignation of Mrs. Rogers from the Board of Trustees. There was no report from the Red Cross Committee. The statement was made from the Chair that the enrollment of Red Cross Nurses from the New York Hospital is not as large as that from other hospitals. We should know why this condition exists and take immediate steps to maintain our reputation for leadership.

The following letter was read:

WEEHAME, GREAT NECK, L. I.

My dear Mrs. Gilley:

The action of the Alumnae Association in laying on the table my resignation from the Presidency, is deeply appreciated.

I wish I could hold out a hope that circumstances will later alter the disposal of my time, so that I might look forward to giving to the work of the Association that attention and thought which it demands and which it should have; but at present I see nothing except a strenuous year before me, with limited time for any outside work.

Very sincerely yours,

JESSIE H. McVEAN, R. N.

October the twenty-second.

Miss Sutcliffe reported that there was no quorum at the last meeting of the Pension Fund Committee. Two plans for the work of the fund for the coming year were discussed. Mrs. Hartley has offered to assist with "Bridge" at the Waldorf some time during December. It was also suggested that an informal sale of home-made candies and so forth be held. No decision was reached, but Miss Sutcliffe offered to bring the matter before the nurses living at the Club House and learn their opinion.

The question of nominations for the State ticket was laid on the table till the next meeting.

Miss Frederick read an interesting report of the State meeting. In Miss Russell's absence her report was read. The Alumnae News Committee has authorized to confer and to appoint a competent Assistant to the Editor and the Business Manager of the News.

The meeting adjourned and the members present enjoyed to the fullest extent the pleasant social hour which followed.

FLORENCE S. WRIGHT, R. N.

---

## THE LEAGUE FOR NURSING EDUCATION

The League for Nursing Education held its first meeting of the season on Wednesday night, November 16th, in our Training School Reception Room. The meeting began quite promptly and Miss Noyes, the President, introduced Miss Albinia Roderick, who gave a most interesting account of Rural Nursing in Ireland. Miss Roderick had the true Irish brogue and the quick mother-wit that goes with it, and many of the stories of her dealings with the poor Irish peasants, brought at once the smile to the lips and the tears to the eyes. The people are trying to raise funds to put up a hospital building in order to have a centre from which to work in the rural districts and also to have a place to which those who are very sick may be removed, and Miss Roderick is over here, hoping to add something by her efforts to this fund.

The last part of the evening was given over to the very necessary but very dry consideration of constitution and by-laws for the Society. The next meeting is to be held at Bellevue Training School on Wednesday, December 4th.

LYDIA E. ANDERSON, R. N.

## HOSPITAL SOCIAL SERVICE AND THE NURSE AS A SOCIAL WORKER

Read before the Missouri State Nurses' Association, October 17, 1912,  
Kansas City, Mo.

Social Service is a much used phrase and an old idea, but Hospital Social Service is a very recent development, which has arisen to meet needs that are peculiarly modern. It came into being in answer to the demand for more light on the deeper causes of disease and to make treatment more effective. More and more have the causes of diseases come to be recognized as social. No longer can drugs be the chief aid of the physician, but what he relies upon nowadays is fresh air, sunshine, good food, change of occupation, rest, etc. He now knows that the social causes of disease must be combated with social remedies.

Modern conditions such as the massing of people in cities have brought about hospitals and dispensaries for the care of the sick, and it has become impossible for the doctor to know at first hand, the home and working environment of his patients. If hospital and dispensary doctors could get a glimpse into the homes of their patients they would have far better chances for results. In most dispensaries and many hospitals there are but a few minutes to devote to each case, and diseases have to be treated not so much in the light of the patient's living conditions as in that of appearances and the general impression that a few words with the patients can give.

In this way treatment has been carried on with more or less success but with increasing recognition of a need of co-operative work. At first a few doctors and gradually more and more, came to want trained workers to find out facts which no physician has either time or strength to secure and also to bring together all the forces of the community which will supplement his efforts to help the patients.

This sounds sensible. Mr. Homer Folks has said: "Social Service is simply common sense applied to getting patients well," but in spite of the simplicity of the idea its practical development is still new in the East and is entirely unknown to some parts of the country.

The field is therefore wide and not yet over crowded and the opportunity is especially good for nurses. I will refer to this again later.

The value of Hospital Social Service can hardly be over-estimated. It reaches not only the patient and the hospital but also the community.

Social workers by promoting the interests of a patient with people who are able financially to be of help, and by speaking of the work when opportunities arise are often able to teach the newest and most progressive ideas of modern constructive philanthropy and social hygiene. Problems of vital community interest, too, may sometimes be formulated by carefully watching accumu-

lated individual cases and the attention of the community may be attracted to them. As an example of such a problem: the accumulating records of a hospital social service department has brought about the present agitation in St. Louis among civic and philanthropic bodies concerning the need of special educational facilities for crippled children, and a strong attempt is being made to bring St. Louis up to the standard set by New York and Chicago in the care of such handicapped children.

The value to the hospital is perhaps even more easily defined. The Social Service Department often is able to cause economy of effort and to prevent waste. An example of such value is given in a recent report from Boston. Every member of a family, eleven in number, had been treated at a large hospital and had been given treatment and medicines amounting to cost of \$255.77. At the end of three years they were referred to the Social Service Department. A thorough investigation showed that nothing had been accomplished medically. Then in a week's time it was proved that the oversight and instruction of a social worker had been needed to cure infection which had spread from ignorance through the entire family.

Again, the department is often of help to a hospital in keeping track of discharged patients, so that it can be ascertained whether cures and improvements have been permanent. To bring back to clinic patients who for a dozen reasons might not return; to collect statistics of constructive value; and to bring the hospital into close operation with other philanthropic agencies, to the enlightenment of all concerned, are surely activities of actual value to the hospital.

From the point of view of the patient the uses of the department are innumerable. From humanizing the relationship between the patient and the hospital, to the giving of immediate relief, should the occasion arise, the list of possible helpfulnesses is long. Assistance in securing needful surgical or other special appliances or special diet; convalescent care and rest; care of children during the mother's absence in the hospital; provision for unmarried mothers; instruction in hygiene and the carrying out of doctors' orders, are only a few ways in which the department can be useful.

It is generally conceded that this work can be most successfully undertaken by women who have had nurse's training, provided they have some very essential personal qualities and some special work along lines of social theory. No person ought to undertake social work unless she has a ready sympathy, tactful address, untiring patience, intelligence in character reading, a willingness to learn and grow and the ability to fit her treatment of the pressing personal woes of each individual patient into a great scheme of social betterment. Every social worker needs also some training in a good school of philanthropy. Almost every large city in the United States has such a school, offering special advantages to nurses. A few courses of this kind make an almost essential supplement to the nursing training.

The demand for nurses possessing such qualities and training is increasingly urgent. I have spoken especially of Hospital Social Service work, but the need for women with medical and social training is equally great in many allied fields. Calls for them are coming for juvenile court officers, factory and department store welfare workers, inspectors of institutions, school nurses, settlement workers, investigators, etc.

Since the ideal nurse is one who nurses the sick mind as well as the sick body and realizes their interdependence, and since the social worker meets the same diseased conditions of mind and body, the three great enemies of mankind—ignorance, disease and sin, it follows that only a nurse, and one with such qualities and training as we have mentioned, makes the ideal social worker.

JULIA C. STIMSON, R. N.

---

## NEW YORK STATE NURSES' ASSOCIATION

The eleventh annual convention was held at Utica, October 16th, 17th. Bishop Olmsted spoke the invocation. Mayor Baker gave the delegates a most cordial welcome, and said, among other good things: "Nurses require something more than mere training, they must have a deal of human kindness, for of all duties hers are the most trying."

Miss Palmer in her response, spoke of the growth of the Association since the convention held in Utica ten years ago, after organizing with 15 members. It now has 68 charter and individual members, and 43 societies. \$1,166 in the treasury.

The Alms House Committee reported progress in various alms houses in the way of better conditions for hospital treatment, employment of nurses at the institutions, and the campaign for tuberculosis hospitals.

Report of Committee on Public Health told of the work of nurses in instructing foreign families in hygiene and otherwise.

Outside of New York City 67 nurses are employed in tuberculosis work. In New York 179 engaged in school work. Rochester schools have 3, Syracuse 4 nurses. Visiting nurse associations are increasing throughout the State. These nurses instruct mothers how to keep well, about food, and how to bring up their children to be strong, healthy citizens.

Under the State Department of Health rural school children are being examined and reports on eye and throat tests will be made. Thousands of children who have heretofore been overlooked will now receive attention. This move will lead to compulsory examinations in the country, and employment of nurses.

The President, Mrs. C. V. Twiss, presided throughout the Convention with justice, dignity and dispatch. In her address she spoke of the inspiring work of nurses and gave some good advice. Speaking of the faithfulness of the officers, she made especial mention of Mrs. Stevenson, the secretary, who offered

many good suggestions and deserves credit for the design of the new seal.

Mrs. Stevenson gave a full report of the Red Cross Convention at Washington, and told of the world wide relief work the society is doing and asked every delegate to urge enrollment.

Committee on Legislation were empowered by unanimous vote to take action to have the Nurse Practice Act amended, first to make registration compulsory, and extend the term of waiver to include all nurses in good standing at the time of the passage of the act.

Second, to insert a reciprocity clause applying to those States whose requirements are not less than those of New York State, and to eliminate the clause requiring re-recording registration every three years.

Miss Annie Goodrich said: "Compulsory registration will not debar people who are trained attendants or who serve voluntarily or for pay. But it does debar any such practicing as a nurse who is not a nurse. It will require institutional training of sufficient time, usually two years. It will debar those who have not had institutional training from practicing as a nurse. Correspondence schools in a non-resident course of only six months turn out hundreds who can now practice as a nurse.

"The law will be enforced by any person making complaint, and the district attorney where the offense is committed will prosecute.

"Registration is now compulsory in six States."

Miss Nutting in her paper on Educational Standards, said: "Records of 1,000 training schools show standards of education lamentably low."

Miss Palmer said: "There was a larger proportion of educated women in the early days of our profession than now.

"Women who have attained eminence are all well educated.

"Nurses should work for legislation for compulsory education. Now is the time for nurses to assert themselves, else in five years the term nurse will mean nothing."

Miss Hitchcock reported some improvement shown in educational progress. There are 1,000 graduates from registered schools, 3,000 from correspondence schools.

Miss Crandall in her paper on Public Health Nursing said in part: "The growth of district nursing has been very rapid in the last ten years. It has been determined to make the membership very broad and to include not only nurses, but all lay workers in any way interested in district nursing."

In Miss Dolliver's paper on Registries for Nurses she sketched the establishment of various kinds of registries, and the conditions which gave rise to them. "It has been the aim of the Nurses Association to establish in the larger cities a central registry. The purpose being to get nurses who are not only trained, but skilled and experienced."

Revision of Constitution and By-Laws as reoptred by the committee was adopted as read, after a few minor changes.

Miss Irene B. Yocum was elected delegate to annual convention of American Nurses Association at Atlantic City, June, 1913.

Miss Anderson read an interesting paper on The Problems of Private Nursing. She advised against the practice of remaining in the home as a guest of the family after recovery of the patient. She said: "It would be wise for nurses to have a uniform price, certain hours off duty and certain requirements in the way of hygienic arrangements and quarters, so that no misunderstanding can arise as to what is due the nurse.

"A nurse should be conservative in her pleasures."

"In Miss Callahan's paper on Mental Nursing, she said: "It is very hard for nurses to realize that insane people are ill.

"It requires special training to care for them, and no amount of training in a general hospital fits a nurse for this work."

Dr. Howe, of State Department of Health, said among many things instructive: "We as physicians do not give to the nurse her full share of credit for the great responsibility she assumes in the care of her patient. The responsibility of the nurse to the patient, the physician, and to herself is a point you should more and more appreciate, and govern yourselves accordingly. The profession of nursing stands in much the same relation to the people as does the medical profession.

"With the great wave of preventive medicine that is now with us, the greatest amount of it will be practiced by the nurse. The physician will hold you responsible for the sanitary management of such cases. If another inmate of the house becomes infected your record as a nurse will come into question. You mould public opinion. Educate yourselves to teach others.

"I would like to see you take a positive stand to elevate the practice of midwifery. Get legislation which will exclude ignorant midwives who are doing so much to injure mothers to-day.

"You as nurses should submit yourselves regularly, at least once in three years, to typhoid vaccination. There is no danger in its operation, and it gives absolute protection for three years. You should be vaccinated for smallpox, and take phophylactic treatment for diphtheria."

Next convention will be held at Niagara Falls, October, 1913.

Private automobiles were at the disposal of the delegates to ride around and see the city. An elegant luncheon was served in the ballroom of Hotel Utica.

We are indebted to the Press for the generous notices given, and the very full and accurate reports of all papers and proceedings of the Convention.

A. S. KEATOR,  
M. A. FREDERICK,  
Delegates.

## NEWS ITEMS

Miss Amy Holmes has resigned her position in the American Hospital, Paris, France, and returned to England. She has been succeeded at the hospital by Miss C. E. Robinson, Class 1908.

Miss Minnie Lawrence has returned to New York. We are glad to have her with us once more.

During the summer months the Misses Harris, Williams, Galbraith, Bookhout and Grassh substituted in the wards and P. P. Building.

Our deepest sympathy is extended to Mr. and Mrs. Harding in the loss of their daughter, Edna.

Miss Mabel Hitchcock, Class 1911, sailed for Italy, October 19th, where she expects to remain and do private nursing.

Miss Margaret Paisley has returned from her home in Mahoningtown and has gone into new quarters at Ardsley Hall, 320 Central Park West.

Miss Agnes Houston has resigned her position in the Social Service department and is making her home in Bronxville, N. Y., where she is most delightfully situated.

Miss Ethel Wilson, Class 1911, who has been Miss Nudell's assistant at the White Plains Hospital for the past year, has resigned and has been succeeded by Miss E. A. Dean, Class 1911.

Miss M. H. Young has returned from two weeks visit with her family in Toronto.

Miss Rose Green, Class 1894, has given up her work as head nurse at Caroline Rest, Hartsdale, N. Y., and is doing private nursing, making her headquarters at Stamford, Conn.

Eleanor McPhedron, Class 1906, writes from the Alpine Club House, Banff, Canada, August 30th: "We had a heavy snow storm yesterday and I assure you that the library with its big open fire is a most attractive place to-day." In a later letter she tells of a most delightful trip that she had the privilege of taking with a survey party, who went into the Lake O'Hara district for a few days' work and then on to the head of the Yoho Valley for the glacier measurements, which are made annually. They had a five days' trip on horseback through the Rockies, camping at night and sleeping in the open.

Miss H. L. Josephi has taken an apartment at 106 West 13th Street and Mrs. Emma Morse has also taken one at 128 West 13th Street. They are both delightfully situated and very happy in their new homes.

Miss Lena Skuse, Class 1906, has charge of one of the floors in the P. P. Building at the Memorial Hospital, Canandaigua, N. Y. She is enjoying her work and is within a half hour's ride of her home.

Miss Gertrude Seeley, Class 1906, sailed in October for Baden Baden, Germany. We extend to her our deepest sympathy in the loss of her dear mother.

Miss Esther Allen, Class 1910, is visiting in Terre Haute, Ind.

Miss Kathleen Despard, Class 1908, has gone to Edmonton, Alberta, where she and a friend have opened "The Rose Tea Room."

Miss Maud Fanquier, Class 1910, has been assisting for the past few months in the typhoid research work at Bellevue Hospital, under Dr. Coleman.

Miss Jessie McVean and her sister have built a most delightful house at Great Neck Station, Long Island, where they are just settled. We wish them every joy in their new home.

Miss Carling, Class 1912, has accepted the position of nurse at Barnard College.

Miss Deacon has come back to New York and is on a case at Roosevelt Hospital.

Miss Ruby Riddell has resigned the position of clerical assistant in Miss Henderson's office and has been succeeded by Miss Bookhout, Class 1912.

Miss Anne A. Williamson, superintendent of Training School, Los Angeles, Cal., has been made president of the County Nurses Association.

Annie R. Young, M. D., Class 1892, is practicing in Portland, Maine. Her address is 639 Congress Street.

Miss Bingeman, Class 1912, who has been operating room nurse at night, is now at the Club and registered for private work.

Mrs. Hosking, Class 1905, has been ill in the P. P. B. We are glad to know she is now quite recovered.

Mrs. Andia has taken an apartment at 609 West 127th Street.

Every one will be glad to know that John Fitzgibbons has recovered from his long illness and has gone to Bisbee, Arizona, where he will be at the hospital for some months with Dr Shine.

Miss H. L. White has been spending her vacation with her sister in Jamestown, N. Y.

Miss S. W. Bonnell has returned from Troy, Pa., where she has been nursing one of the many typhoid cases.

Through the courtesy of Mr. Spriggs, whose wife is a patient in the hospital, the nurses and staff were entertained Nov. 14th with a delightful concert in the reception room of the Nurses' Home by the members of the Victoria Quartette.

We are glad to report that Miss Jessie States is recovering from her recent illness.

The National Organization for Public Health Nursing has rented a room at the Central Club, 54 East 34th Street, where they will have their headquarters.

Miss Dwight spent her vacation in the Adirondacks, "Big Moose."

Misses Stupplebeen, Riddel and Gregory-Allen have returned to the Club.

Miss Kyle has returned from her vacation in Canada, to the Club.

The following graduates are living at the Club: Mrs. Hotchkiss, Misses Williams, Galbraith, Brown, Alston, Harris, Stewart.

The hospital is settling down to its winter work and the nurses are gathered back to "The Home" once more. Mrs. Smith was at Lake Oscawana, N. Y. Miss Hunter at her home in Toronto, Miss Eichbaum at Dexter, Mich.; Miss Wilkinson at Woodstock, Canada; Miss Secord at Toronto, Miss Burroughs, North Asbury, N. J.; Miss Symour, Albany and Saratoga; Miss Rathbun, Shelton, Conn.; Miss Nicholson, Kansas City and Chicago; Miss Jessup, Cresca, Pa.; Miss Macdiarmid at Muskoka Lakes, Miss Walton, Toronto and Utica, N. Y.; Miss Holland, Cape Cod; Miss Davis, Delaware Water Gap; Miss Lehmkuhl, in mountains; Miss Atwater, Westhampton, L. I.

Hallowe'en's arrival brought an unusual assembly of ghosts, hobgoblins, witches, spirits and even cats together in the Nurses' Reception Room. Anticipation of the affair was shown in the unique decorations so arranged that by the light of "a moon" the weird crowd danced among all sorts of fantastic figures and creatures.

The costumes were baffling and puzzling, the music mystically melodious and refreshments of sandwiches, real country apples and cider, afforded no small contribution to the enjoyment.

The disguises were funny and the surprises overwhelming, when at the hour of eleven, they unmasked. Such revelations! Your supposed friend and partner with whom you had conversed

at length, had recognized by her voice (?), proved to be some one nameless and unknown. Then perhaps one whom you had not dared approach because of some professional atmosphere that seemed to exist, lo! 'twas your room-mate or colleague, and many lost in the crowd at the time have not been guessed yet.

The staff, Hudson Street men and a few outside doctors completed the party. It was after midnight when the last strains of music ushered out the tired but enthusiastic gathering.

### MARRIAGES.

At Tweed, Canada, October 15th, 1912, Miss Lela Etta Huyck to Mr. Maurice Richardson Sanborn. At home after December 1st, 461 Fort Washington Avenue, New York.

At New York, November 2nd, 1912, Miss Lucy Gunn Birnie, to Mr. Henry Vincent Horgan.

### DEATH.

On September 12th, 1912, at the home of her parents, Elmira, New York, Edna Scott Harding, Class of 1906.

---

### REMUNERATIVE WORK.

If you have been nursing for a time and feel the necessity of a change to get shorter hours and rest at night, an excellent opportunity offers itself to you in the study of Mechanical treatments.

The Pennsylvania Orthopaedic Institute and School of Mechano-Therapy, Inc., 1711 Green St., Philadelphia, Pa., offers to nurses thorough and scientific courses in the Swedish system of Massage, Medical, and Corrective Gymnastics, Electro and Hydro-Therapy, lasting three months, at a moderate tuition fee.

The practical and theoretical instruction cannot be surpassed anywhere, and the fact that almost twelve thousand mechanical treatments are given at this Institute per year, guarantees the best experience obtainable. We secure Institutional positions for our graduates, or advise them in regard to engaging in private work.

A newly issued prospectus of 56 pages containing over 40 illustrations will be mailed upon request.

MAX J. WALTER, M.D., Supt.

# Instruction in Mechano-Therapy

## SWEDISH SYSTEM OF MASSAGE

Medical and Corrective Gymnastics,

Courses in Electro-Therapy and Hydro-Therapy.

We teach all branches of Physiologic Therapeutics; Original Swedish (Ling) system of Massage, Swedish Movements, corrective and medical gymnastics in specially equipped gymnasium. Medico-Mechanical Zander Gymnasium, Von Leyden and Frenkel systems for the treatment of locomotor ataxia, Bier's hyperemia method, Vibrators, Nebulizers, Prazier-Lentz Baking apparatus, Thermo-Electric apparatus (system Dr. Tyrnauer). Electric Light, dry hot air, blue light baths, four cell baths (Dr. Schnee) hydriatic table, Solar and Leucodescent lamps, galvanic, faradic, static electricity, high frequency, sinusoidal currents, X-Ray work, Bachelet magnetic wave, Nauheim baths and Schott exercises, etc., etc.

The instruction is theoretical and practical. Daily lessons, lectures, quizzes, demonstrations on Anatomy, Physiology, Pathology, Massage and Gymnastics, Electro and Hydro-Therapy. Abundant clinical material. Students attend several City Hospitals. Diploma. Particulars and illustrated prospectus upon request.

Winter Classes open in two sections, on Jan. 9, and March 12, 1913.

Spring Class opens May 15, 1913.

Summer Class opens July, 9, 1913.

Pennsylvania Orthopaedic Institute and School of Mechano-Therapy, (Incorporated)

1711 Green Street, PHILADELPHIA, PA. MAX J. WALTER, M. D. Superintendent

## "STORM"

### BINDER AND ABDOMINAL SUPPORTER

(PATENTED)

*No Whalebones—No Elastic—Washable*

STORM SUPPORTER COMPANY

*Anna B. Duncan, R. N.*

*Manager*

1269 BROADWAY (32nd St.)

Telephone 6276 Madison Square

## ANDREW ALEXANDER

## SHOES

FIFTH AVENUE  
AT 45TH STREET

SIXTH AVENUE  
AT 19TH STREET

## NEW YORK

# ADVANCED SPECIALTIES FOR SICK-ROOM AND HOSPITAL

## A GUARANTEED THERMOMETER IN A SANITARY CASE

*Meinecke*

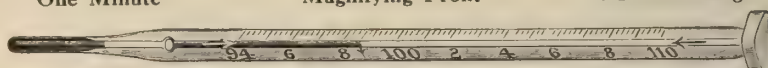
### "Progress" Clinical Thermometer

With Triangular Top

One Minute

Magnifying Front

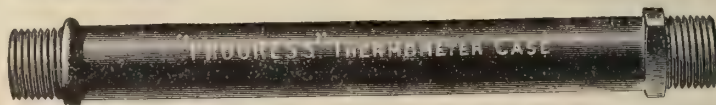
4 Inches Long



THERMOMETER PATENTED

AUGUST 2, 1904.

PATENT APPLIED FOR ON CASE



#### The Sanitary Case

The Case is provided with a screw cap at each end.

Both caps are partly filled with cotton to protect the Thermometer, and the cotton can readily be removed and replenished, which cannot be done with the old-style cases without great trouble.

Each cap is perforated at the end, through which a pin can be inserted to aid in easily removing the cotton.

#### → Two Good Points ←

Two Arrows on the Mercury Line of the Thermometer ingeniously assist in gauging the focus and finding the Mercury.

#### A Useful Triangle

A triangular knob forms the top or crown of the "Progress" Thermometer. This permits of a firm grip when shaking down the mercury. It not only permits of a full swing, thereby causing the mercury to be thrown back easily, but also prevents the Thermometer from slipping out of the hand.

The saving thus effected in breakage alone makes the "Progress" the best Thermometer.

The triangular knob also prevents the Thermometer from rolling. When resting on the knob the Thermometer is slightly elevated, and it is therefore more easily picked up than the old-style Thermometers.

Disinfect your Thermometer all you please,  
if you use the old-style case, with its cotton swarming with disease germs, you  
will help spread disease.

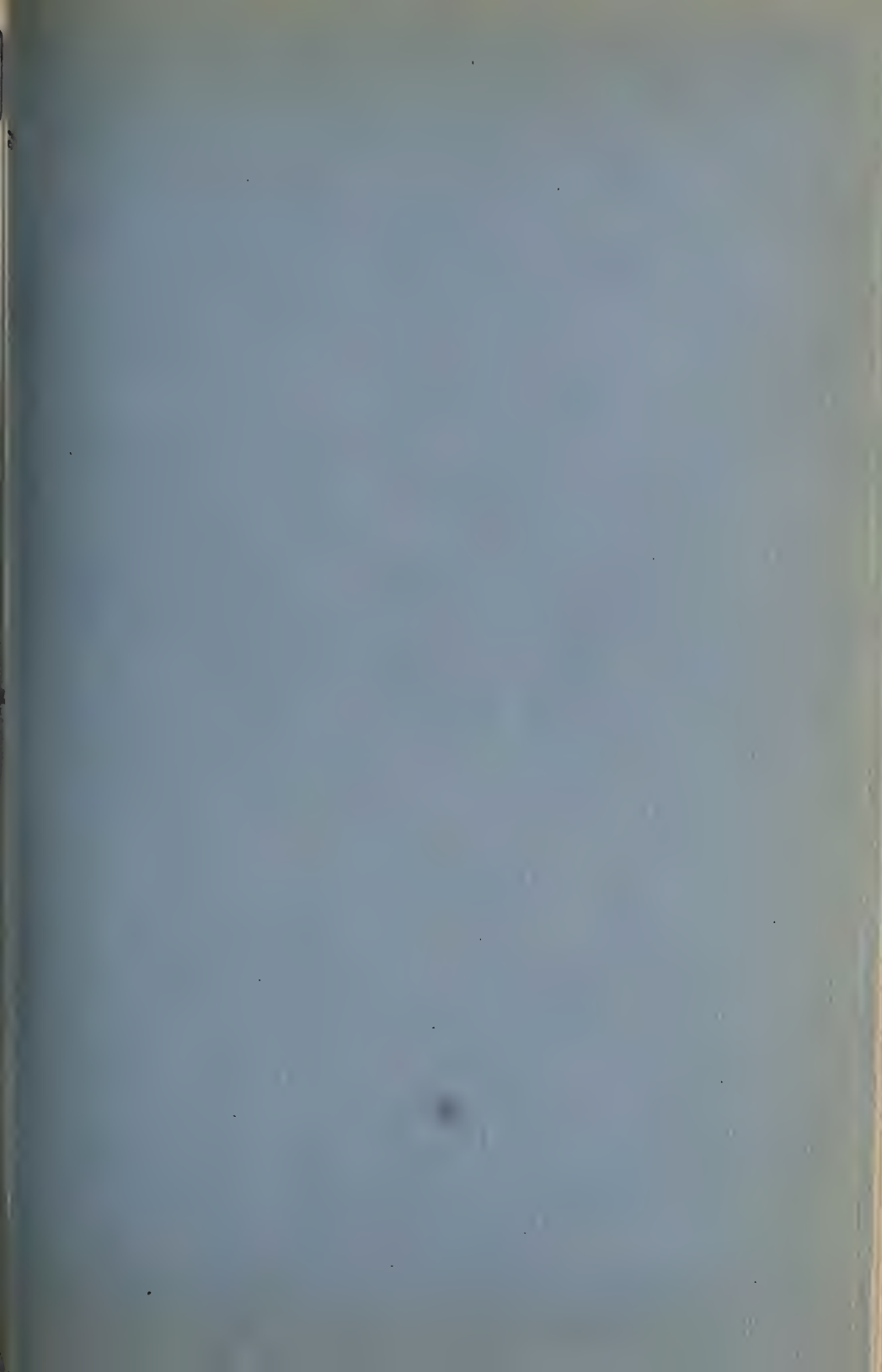
Retail Price, . . . . .

\$1.25 Each

Special Price to Physicians and Nurses, \$1.00

Hospitals and Sanatoriums Supplied at Wholesale Prices

# MEINECKE & COMPANY, NEW YORK





THE  
ALUMNAE NEWS



Vol. 8      JANUARY, 1913      No. 3



---

# SUPERFLUOUS HAIR

Moles and Facial Blemishes Permanently Removed by the Electric  
Needle. Absolutely Painless. Consultation Free.

*Reference to Leading Physicians*

## ELECTROLYSIS COMPANY

104 East 40th Street  
NEW YORK.

Telephone, 1844 Murray Hill

S. P. GILMORE

---

---

Telephone, 3946 Madison

## MRS. ALICE T. RAUBER

### Scalp Specialist

185-187 Madison Avenue, corner 34th Street

CAMERON BUILDING

NEW YORK

Harper Method Scalp Treatment

---

# Sterilized Obstetrical Supplies

The sterilized obstetrical supplies provided by Van Horn & Sawtell for the aid and convenience of physicians and nurses are prepared with the same attention to quality, utility and sterility that are given to every product of the Van Horn & Sawtell laboratories.

To the physician and nurse such care and attention spell protection and safety.

For complete lists of obstetrical supplies, special outfits, sutures, etc. address

VAN HORN & SAWTELL  
307 Madison Avenue, New York, N. Y.

## A Non-Greasy Lubricant

needs little comment as to its superiority from every standpoint of cleanliness. The avoidance of greasy clothes and bed linen is always gratifying to the painstaking nurse, and this is only one of the many advantages that attend the use of



## K-Y Lubricating Jelly

the "perfect lubricant" for *catheters, specula, rectal and colon tubes.*

"K-Y" is water-soluble and easily rinsed from instruments, dressings and clothing without leaving the slightest stain.

"K-Y" moreover, is emollient and soothing to the skin, offering a prompt and effective means of relieving "bi-chloride rash" and kindred irritations.

A postal request will bring a liberal sample.

VAN HORN & SAWTELL  
307 MADISON AVE., NEW YORK, N. Y.

# ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

---

VOLUME VIII

JANUARY, 1913

No. 3

---

**PUBLISHED MONTHLY, FROM NOVEMBER TO JULY.**

**Sent free of charge to all members of the "Alumnae Association"**

to others:  $\left\{ \begin{array}{l} 50 \text{ cts. per year} \\ 10 \text{ " " copy} \end{array} \right.$

---

Editor—MISS E. DENIKE, 210 East 17th St.

Associate Editor—MISS L. G. EICHBAUM, 8 West 92d St.

Business Managers—MISS L. M. WYGANT, 8 West 92d St.

MISS F. S. WRIGHT, 416 West 114th St.

News Editor—MISS I. J. WALTON, 8 West 16th St.

Secretary—MISS BLANCHE GIBSON, 8 West 16th St.

---

## REPORTERS

MISS A. FREDERICK,

MISS A. DUNCAN,

MISS L. ANDERSON,

MISS E. E. GOLDING,


MISS M. H. WILSON,

MISS J. HILL,

MISS N. MCCRAE,

MISS F. COBBAN.

---

 It is requested that notice of change of address be sent to the Secretary as promptly as possible, so that the mailing list may be kept corrected.

---

Those who have failed to receive the "Alumnae News"—or those who desire extra copies—can be supplied by calling at the Club, or copies will be mailed on application to the Secretary.

---

*Entered at the Post Office at N. Y. City as second class matter.*

# OFFICERS OF ALUMNAE ASSOCIATION 1912

## *Honorary President*

MISS IRENE H. SUTLIFFE,

## *President*

MISS JESSIE H. McVEAN, R. N.....Great Neck Station, L. I.

## *Vice-President*

MISS FLORENCE M. JOHNSON, R. N.....129 East 17th Street

## *Recording Secretary*

MRS. W C. GILLEY, R. N.....176 West 81st Street

## *Corresponding Secretary*

MISS BLANCHE GIBSON, R. N.....New York Hospital

## *Treasurer*

MISS M. V. Post, R. N.....8 W. 92nd Street

## *Trustees*

MRS. M. L. ROGERS, R. N.....8 W. 92nd Street

MISS L. E. ANDERSON, R. N.....109 Greene Ave., Brooklyn

MISS H. R. STEWART, R. N.....8 West 92nd Street

MISS ROSE LAMPHEAR, R. N.....8 W. 92nd Street

MISS MARY RANKIN, R. N.....8 W. 92nd Street

---

## FUND FOR SICK NURSES.

### *Secretary and Treasurer*

MISS JENNIE M. WHITELAW,  
P. O. Box 113, Brooklyn, N. Y.

---

## BOARD OF TRUSTEES.

### *Chairman*

MISS McVEAN

### *Secretary*

MISS BLANCHE GIBSON

## STANDING COMMITTEES.

### *Executive*

MRS. ROGERS

MISS ANDERSON

MISS RANKIN

### *Credential*

MISS GIBSON

MRS. GILLEY

MISS LAMPHEAR

### *Finance*

MISS Post

MISS JOHNSON

MISS STEWART

## NOTICES

### N. Y. HOSPITAL ALUMNAE ASSOCIATION.

The regular monthly meeting of the Alumnae Association will be held in the Lecture Room, 8 West 16th Street, on Thursday, January 9th, at 3 p. m.

---

### N. Y. COUNTY REGISTERED NURSES' ASSOCIATION.

The quarterly meeting of the N. Y. County Nurses' Association will be held at the Central Club, 54 East 34th Street, on Tuesday, January 7th, at 8 p. m. Miss Crandall has been invited to speak on "The Public Health Organization."

---

### FUND FOR SICK NURSES.

Members of the Fund for Sick Nurses are requested to pay their dues at the January meeting or to send to the Secretary, J. M. Whitelaw, P. O. Box 113, Brooklyn, N. Y.

---

The readers of the News will be glad to find in this issue the address of Mrs. Twiss, President of the New York State Nurses' Association, which was delivered at the annual meeting held in Utica, N. Y., in October.

---

We must also feel great interest in the paper by Miss Lillian Nichols, on tubercular and visiting nursing in Saginaw, Michigan, where she is in the thick of organization. The present work is one of the many valuable and useful things accomplished by Miss Nichols since her graduation; that just previous was superintending the Visiting Nurses' Work in Youngstown, Ohio.

---

The News wishes to acknowledge the receipt of the following exchanges: Mt. Sinai Alumnae News, St. Luke's Bulletin, The John Hopkins Nurses' Alumnae Magazine, and the N. Y. City Alumnae Journal. These magazines will be found on the table in the Nurses' Home.

## ALUMNAE MEETING

The regular monthly meeting of the Alumnae Association was held November 12th, 1912. The minutes of the last meeting, the Treasurer's report, and the report of the Club were read and approved.

Miss Sutcliffe, Chairman of the Pension Fund Committee, reported that it had been found impossible to arrange for either a candy sale or a "Bridge" before Christmas. Mrs. Hartley will be unable to assist owing to the serious illness of Dr. Hartley. However, \$50.00 has been added to the Fund through the sale of the game set which was presented to the Fund after having been drawn at the Bazaar last December.

Miss Sutcliffe, as Chairman of the Publication Committee of the News, reported a meeting at which two Assistants, Miss Eichbaum and Miss Wright, were appointed to aid the Editor and the Business Manager.

A letter was read from a clergyman regarding the nurse for whom an appeal was made last spring. It will be remembered that this nurse had become incapacitated through accident and that she had no means of support. The letter stated that this nurses' expenses were light and that while her recovery is only partial, she is now able to work with her needle. As the money collected has not been sent it was voted that it be placed in trust for this nurse.

A letter was read from Miss Quipp telling of the death of Miss Quaife.

It was voted that the head of the Training School be appointed a Committee of one to send flowers in the name of the Association in the case of the death of a member.

The proposed ticket for the National Association was read and Mrs. Gilley was appointed to attend the special meeting of the County Association at Osborne Hall, December 17th, 1912, to ratify the ticket. It was voted that the question of the County ticket be left to the Board Trustees.

The attendance was small and we did not see the faces of any from the Club. Are the nurses there all so busy?

FLORENCE S. WRIGHT.

## THE LEAGUE FOR NURSING EDUCATION

The regular monthly meeting of the New York City League for Nursing Education was held in the large hall of the Nurses' Home at Bellevue on December 4th, at 8.15. Nearly three hundred members and guests were present, Miss Noyes in the Chair.

Miss Maxwell read extracts from a very interesting paper read by Miss Goodrich at the State meeting in Albany. Great stress was laid on the necessity for all nurses to stand together, and work for the "Nurse Practice Act," which is to come up during the winter. Miss Goodrich spoke also of the large numbers of nurses, so called, graduating from correspondence schools, three thousand coming last year from a single school.

Miss Nutting was the next speaker, and gave a most delightfully vivid description of the International Congress in Cologne. Every detail for the entertainment and comfort of the guests had been admirably planned. There were representatives from many countries and papers on varied subjects of interest to all. Numerous entertainments and excursions had been arranged for the pleasure of the delegates. The result of the election for officers was particularly gratifying to the American nurses, as Miss Goodrich was chosen President of the next Congress, to be held in San Francisco in 1915.

Miss Crandall was to have spoken of the Public Health Movement, of which she is the Interstate Secretary. She was unable to be present and Miss Stewart spoke very briefly in her place. The meeting was one of great interest, and it was gratifying to have such a large number present.

FLORENCE M. JOHNSON.

---

## ELEVENTH ANNUAL MEETING OF THE NEW YORK STATE NURSES' ASSOCIATION

ADDRESS OF PRESIDENT, MRS. C. VICTOR TWISS.

Your president rises to address you on this, the eleventh annual meeting of the New York State Nurses' Association, with a good deal of diffidence. She feels that she has been so long out of practice in her profession, in which you are so active that she hardly dare offer any suggestions for the uplift of your work.

You are so much better qualified than she to propose and carry forward the work of your profession.

Nevertheless, my sisters, although I have many other duties

so pressing that I scarcely have time to attend to the routine work of the office you so gracefully honored me with three years ago, I have never lost interest in the ethics of the nursing profession and I find sincere pleasure in hearing or reading the many things said or done by the talented women of our fraternity.

Perhaps it is a spirit of adventure in my make-up, that prompts me to be on the lookout for every little incident out of the common run. Is not this a good viewpoint to cultivate?

How trite but true it is that the next turn of the road is just ahead and that delightful experiences may await us there, and how when we reach it, the new perspective may reveal to us something we had little dreamed of—Love, friendship, fortune, success, or any one of a hundred other blessings or pleasures may be there.

Life is full of possibilities, each hour has its interests, each task its opportunities opening toward still other, greater opportunities.

Many of you have contributed and are contributing thoughts which tend to bring us out of the daily grind and lift our eyes to a vision which, though we may never attain, the memory will sweeten the common task which has been laid upon us to do.

The facts of life are hard and fast and must be met, but let us not forget that a little imagination will oftentimes help us to solve these problems, and so my sisters, my message to you is this: Perform such duties as fall to your lot, faithfully and efficiently, but do not rest satisfied with merely a technical performance of them, try and invest them all with the divine spark of love, then your work will take on a new experience, an experience that will enable you to overcome all worry, all repugnance, dissatisfaction with your every-day duties, and the spirit of Florence Nightingale, with its message of peace, will come very near to you.

Your officers and committees have tried in every way during the year past to carry on the work of the Association faithfully and efficiently. I wish especially to commend our secretary for what she has done; she has not only promptly attended to all correspondence and routine work, but has made suggestions that were most valuable. She is entitled to all the credit for the design of our new seal, the spirit of which has been so highly commended.

Your Programme Committee has prepared a programme that I believe will prove to be most interesting. I am certain that we shall have reason to remember the Utica Convention with both pride and pleasure.

Let us then proceed with the business of the Convention and let us each try to see who best can work and best agree.

## TUBERCULOSIS WORK IN SAGINAW, MICH.

LILLIAN I. NICHOLS, R. N.

Saginaw has a population of over 60,000. The climate can scarcely be called ideal, for as an old native put it rather tersely, "we have eleven months of winter and one of sleighing."

Three years ago I came to Saginaw to take charge of the work which was being carried on by the Board of the Saginaw General Hospital. This work was made possible by a memorial fund of \$30,000, the interest alone to be applied to the work. This fund is called "The Helen Wells Fund" and is a memorial to one of the first presidents of the hospital board. The work was being done by graduate nurses who had received only their hospital training and with no centre from which to survey the work.

A monthly average of from 15 to 18 patients was on the books, at an average cost for incidentals, eggs, milk, carfare, etc., of from \$65 to \$75 per month.

My first move here was to sprain my ankle so severely that it necessitated my being a hospital patient. From my room in the hospital I organized a special nursing committee from the Hospital Board and engaged rooms for a dispensary. In two weeks I was in the field, with a good knowledge of the inner workings of the Hospital. Getting in touch with the doctors, popularizing the work is all familiar ground to every visiting nurse, but there was a lack of co-operation; any community is willing to sit calmly by and see the work carried on, my idea was to make them help.

Our Anti-Tuberculosis Society was a dead letter, so I set about re-organizing that, with the result that we have to-day a real working force of interested people and several hundred members.

The next dead letter to be brought to life was the Board of Health: results in that direction have been a fine tuberculosis hospital which accommodates 36 patients, a trained nurse in charge, with one assistant and giving a proper place to segregate our cases. We lack legislative power, but that matter is under discussion and I trust will be satisfactorily settled during the winter.

My pet plan was a shack for incipient children where we could mother and restore them to health. That, too, has been realized and we have now accommodations for twelve, and a happier, healthier lot it would be hard to find.

We are averaging between sixty and seventy patients a month,

with an average incidental expense, including milk and eggs, of less than \$25. This is, of course, exclusive of the nurse's salary.

The Anti-Tuberculosis Society has provided the nurse with a gasoline runabout, which at present is the only assistant. The first of November, 1912, the nurse was taken over by the Anti-Tuberculosis Society and is now wholly under its supervision.

There is no school nurse as yet, but the most serious cases are also in my care. Preventive and educational are the strong factors.

One hundred and twenty-four children are my Christmas family, each one to be provided with a filled stocking, clothing, etc., and at least twenty families to be provided with Christmas dinner.

When one gets started on a subject of interest it is difficult to know when to call a halt, but I trust I have not said too much. The Alumnae News comes as a greeting from old friends and it is pleasant to feel that while so far away one is not altogether forgotten. The New York Hospital has a very warm place in my heart and some day I shall return long enough to renew old friendships formed there.

---

## NEWS ITEMS

Dr. and Mrs. George Whitney Wheeler (Miss E. L. Montague, '09), of Byron, N. Y., have been visiting in the city. Dr. Wheeler has quite recovered from the effects of a slight operation on his foot, which caused him to rest for some months.

We hear that Miss Mabel Millan, '09, is doing private nursing in Toronto, Canada.

Miss Helena R. Stewart, '04, has been visiting her sister in West Rutland, Vermont.

Mrs. David Mac Ilwraith (Miss Anna Grant, '02), is living at 293 Montgomery Avenue, Aurora, Ill. They have built a lovely little home on the outskirts of the town and are only a few hours' run from Chicago. Mrs. Mac Ilwraith enjoyed a visit not long ago from her class-mate, Miss M. B. Fanning, who has been living with her uncle in Worcester, Mass., but who is now at an Episcopal hospital in the southwest of Mexico.

Miss M. M. Hunter, '11, who has been supervising night nurse for some months has resigned and is doing private nursing and living in the Club. The position is being filled at present by Miss Gregory-Allen, '10.

Miss Ella Roberts, '95, who has been in Elliott, Maine, for the

past five months, has returned to New York. Her address is care Professor Chase, 309 West 74th Street.

Miss Ella C. Richardson, '95, who has been away from New York for so many years, has been spending a few days in the city preparatory to settling in her new home up the Hudson. Her many old friends are glad to welcome her back and hope to see her often in town. Her address is Box 186, Croton-on-Hudson.

Miss M. Wilsey, '08, has returned from a delightful trip to California. On her way home she spent a few days in Chicago, with her class-mate, Mrs. Allen Campbell (Miss Fearing).

Miss Esther Anderson, '10, has returned to New York after having spent five months with her family in Sweden. Her address is 45 East 34th Street.

Miss Whitelaw would like to impress upon the nurses the necessity of paying their dues to the Sick Fund at the January meeting.

Miss E. Gill, '01, left for Portland, Oregon, December 1st, where she expects to be for two months.

Mrs. Kate Jameson, '88, who has had charge of the Tuberculosis Clinic in the O. P. D. for the past six years, has resigned. She will be greatly missed by both staff and patients. Mrs. Jameson is succeeded by Mrs. C. Andia, '11, who began her duties December 1st.

The serious illness of Dr. Hartley is greatly regretted by hospital and training school.

Miss Jennie Whitelaw has closed her home in Oradell for the winter months and is at 184 West 82d Street.

The Misses Stubbs and W. S. Oliver, '08, sailed from New York, November 30th for Grand Turk, West Indies. Miss Stubbs will remain a year with her family and Miss Oliver will return after two weeks' visit.

Miss Bertha Ruddock, '11, has gone to her home in St. Johns, N. B., where she will be for two months.

Dr. and Mrs. Frederick Foucar are living at Hot Springs, Arkansas, where the Doctor is stationed for two years at the Military Hospital.

Miss Clara E. Jerome, '85, will be at Park Hill, Yonkers, N. Y., during the winter with Mrs. Elbert S. Carman. We hope to have the pleasure of seeing Miss Jerome frequently while she is so near the city.

Miss Gertrude Smaill, '11, has been at her home in Montreal, Canada, for the last year and is doing private nursing.

Miss Margaret Wilson, '09, left for Toronto, December 9th, and will be away for some months. Part of the time will be spent in London, Canada. Her Toronto address is 60 Howard Street.

Miss Gladys Adams, '10, has resigned her position at Newburgh. She is living with Miss Jellett, 34 East 58th Street, and is doing private nursing.

Mrs. Andia gave a delightful house-warming at her apartment, November 22d, when the decorations were all pink. Those who were invited were the Misses Armstrong, Powell, Nudell, Riddell, Robinson, Walton, M. Hunter, Jean Mackay, Smellie, L. Hubbard and Wilsey.

Mrs. Hotchkiss, '12, is living with Miss Ferguson, 708 West End Avenue.

The Misses Edna and Emma Beal, '12, are to be congratulated on their appointment in charge of floors at the new Wellsley Hospital, Toronto. The hospital, which is a private one, has 75 beds and is one of the most beautifully appointed hospitals on the continent.

A letter from Mrs. Brock Carey (Miss Somerville, '95), of "Sky High," Burke, California, tells of a summer's sojourn in Canada with her little son, Richard.

We are sorry to hear of the illness of Miss W. Fraser, '11, at her home in Toronto and hope that she has quite regained her health.

Mrs. Oscar H. Davis (Bertha Webster, '06), is visiting her husband's relatives in the Southern States and is having a very enjoyable time.

Miss Emma Powell, '09, will be at the Great Northern Hotel, West 57th Street, for the winter.

Miss S. E. Powell, '11, has just returned from her home in the South and has resumed private nursing.

Mrs. E. F. Hoffman (Miss Bouck, '85), has been spending a week in New York.

Miss Gladys Morton, '08, who is in the American Hospital, Paris, is thoroughly enjoying that wonderful city.

Miss H. A. Woodruff, '85, who has been living in New York for some time, has gone to her home in Plattsburg, N. Y.

Miss H. E. Whitehead, '85, went to Atlantic City December 11th, for a two weeks' visit with a party of friends.

Miss Agnes L. Harper, '10, is to be married January 16th to Dr. Gabe H. Croom, of Wilmington, North Carolina. We extend hearty congratulations to Miss Harper and to Dr. Croom.

Miss Denniston's many friends were glad to see her looking so well during the week spent in the city. She is now living at Walden, N. Y.

Miss May Bryson, '97, has assumed the duties of housekeeper at the Babies' Hospital, Lexington Avenue. We are glad to welcome her back to New York.

Mrs. H. F. Minsher (Miss A. B. Close, '91), who is living in Providence, R. I., has been in the city visiting her class-mate, Miss Bessie Johnson, at 245 West 14th Street.

Miss Marguerite Jellett has taken an apartment at 34 East 58th Street.

Dr. Norman Shenstone, who is practicing in Toronto, where he is much interested in hospital work, has been in the city for a few days and has been warmly welcomed by old friends in the N. Y. H.

Miss M. A. Symons, '09, who has been ill in the P. P. B., is at home at Sloatsbury, N. Y., recuperating. She has been greatly missed in the hospital and we shall be glad to have her back.

We were more than glad to hear that Miss Searcy had been able to resume her duties at McCosh Infirmary, Princeton, N. J.

The tables were turned in the Nurses' Home on the 29th of November, when the members of the House Staff were the hosts at dance given for the head nurses and members of the Training School. The doctors proved themselves equal to the occasion, the music and refreshments were of the best and every one sorry when the time came for the musicians to pack up their instruments. We were all delighted to have Doctors Hitzrot, Downes and Pool with us for part of the evening, and those who had the pleasure of dancing with them appreciated the time they gave to such frivolity, and our only regret was that more of the attending staff could not spare the time to renew the joys of their "Houseship" days.

Miss Elizabeth Price spent Thanksgiving at Campbell Cottage, where the children look forward to her visits with much pleasure.

Mrs. A. F. Dwight, '06, spent two days recently at Campbell Cottage. She is very enthusiastic over her work in the Vanderbilt Clinic which is a highly interesting organization and operated on a large scale. She has charge of the Social Service Department.

Dr. Armstrong, of Tuxedo, came down for the doctors' dance.

Miss Marian Koyle, '11, is making her home in Saskatoon, in the northwest of Canada, where she is thoroughly enjoying the life.

Miss Jessie States spent a week with Dr. and Mrs. Putnam at their delightful home at Vineyard Haven, Mass.

The Social Service Department through the generosity of the Ladies' Committee, filled and distributed forty-seven Thanksgiving baskets. They are now busy preparing for the Christmas Tree

Entertainment which will be held as usual in the Out Patient Department on Christmas afternoon. We regret the News is not issued in time to extend invitations to all to be with us.

We all regret to know that Miss Kate Clarke, while on duty at the Presbyterian Hospital, had the misfortune to fall and fracture her leg in two places. Every attention was given her at the Presbyterian and she was taken to the N. Y. H. in the ambulance where Dr. Downes took charge of her.

Miss Susie Armstrong has gone to her home to spend the Christmas holidays.

Miss Finney and Miss Creighton have returned from their vacations to the Club.

Miss Madden has returned to the Club, having spent a very pleasant summer in North Wiltraham.

Miss Hatton is spending the winter at the Club.

A letter from Miss Florence Taylor, 7 College View Avenue, Arlington, N. Y., extends a cordial invitation to any of our graduates who may be in or near Poughkeepsie, to visit her at the delightful Tea House over which she and a friend preside.

Another welcome letter received not long since from Mrs. S. T. Miller (Miss E. Westervelt, '89) seems to bring with it a fresh breeze from her hill country home at Freeville, N. Y., and between the lines we read of timely services to her less fortunate neighbors who are remote from professional help of any kind. Although Mrs. Miller has long retired to private life, we know the good work is carried on year after year.

We hope in the future to be brought in closer relation with Campbell Cottage, as Miss Frances Cobban, '06, an interested worker there for several years, has kindly consented to act as reporter for the News. A few of our graduates take a short service in this branch of our work, while the majority know little of it. The work accomplished at Campbell Cottage in recuperating the convalescents from our hospital is such an important and beautiful one, that all of our graduates should know it more intimately.

---

## DEATH.

Suddenly at Poughkeepsie, N. Y., Dec. 5, 1912, Frances M. Quaife. Miss Quaife's life from the time of her graduation, 1889, was an active and useful one. For many years she held the position of Superintendent of the Truro Infirmary, New Orleans, and of recent years has been at the head of North Hall, Vassar College, where she was much loved by the students. In a service held in the College Chapel, Dr. Taylor spoke beautifully of her life and character. Funeral services were held at the residence of Mrs. David Muir, 15 Randolph Place, Orange, N. J. The members of the Alumnae Association express sorrow and regret at her loss.

### EXHAUSTED NURSES.

Every trained nurse knows the exhaustion following prolonged cases, as well as from short trying ones, and her mind instinctively turns toward a calling less taxing and equally remunerative, either as a relief, or as a permanent work.

This can be quickly secured, at a comparatively low cost, through Scientific Massage. The Pennsylvania Orthopaedic Institute, Inc., 1709-1711 Green Street, Philadelphia, offers to male and female students courses in the Swedish System of Massage, Gymnastics, Electro- and Hydro-Therapy at such cost as to be within the means of any nurse desiring to add to her efficiency in her present field of work, and within a comparatively short time, so while resting she is adding to her power of income. The Institute has complete clinical facilities for practical work in all diseases benefited by non-medicinal means. Almost 12,000 mechanical treatments given during 1912. Winter classes begin January 9, 1913. Our latest illustrated Prospectus—56 pages with over 40 illustrations, mailed upon request.

MAX J. WALTER, M.D., Sup't.

---

## Instruction in Mechano-Therapy SWEDISH SYSTEM OF MASSAGE

Medical and Corrective Gymnastics,

Courses in Electro-Therapy and Hydro-Therapy.

---

We teach all branches of Physiologic Therapeutics: Original Swedish (Ling) system of Massage, Swedish Movements, corrective and medical gymnastics in specially equipped gymnasium. Medico-Mechanical Zander Gymnasium, Von Leyden and Frenkel systems for the treatment of locomotor ataxia, Bier's hyperemia method, Vibrators, Nebulizers, Frazier-Lentz Baking apparatus, Thermo-Electric apparatus (system Dr. Tyrnauer). Electric Light, dry hot air, blue light baths, four cell baths (Dr. Schnee) hydriatic table, Solar and Leucodescent lamps, galvanic, faradic, static electricity, high frequency, sinusoidal currents, X-Ray work, Bachelet magnetic wave, Nauheim baths and Schott exercises, etc., etc.

The instruction is theoretical and practical. Daily lessons, lectures, quizzes, demonstrations on Anatomy, Physiology, Pathology, Massage and Gymnastics, Electro and Hydro-Therapy. Abundant clinical material. Students attend several City Hospitals. Diploma. Particulars and illustrated prospectus upon request.

---

Winter Classes open in two sections, on Jan. 9, and March 12, 1913.

Spring Class opens May 15, 1913.

Summer Class opens July, 9, 1913.

---

Pennsylvania Orthopaedic Institute and School of Mechano-Therapy, (Incorporated)

1711 Green Street, PHILADELPHIA, PA. MAX J. WALTER, M. D. Superintendent

---

# ANDREW ALEXANDER SHOES

FIFTH AVENUE  
AT 45TH STREET

SIXTH AVENUE  
AT 19TH STREET

NEW YORK

# ADVANCED-SPECIALTIES-for SICKROOM-and-HOSPITAL

## *Meinecke* Invalid Water Cushion

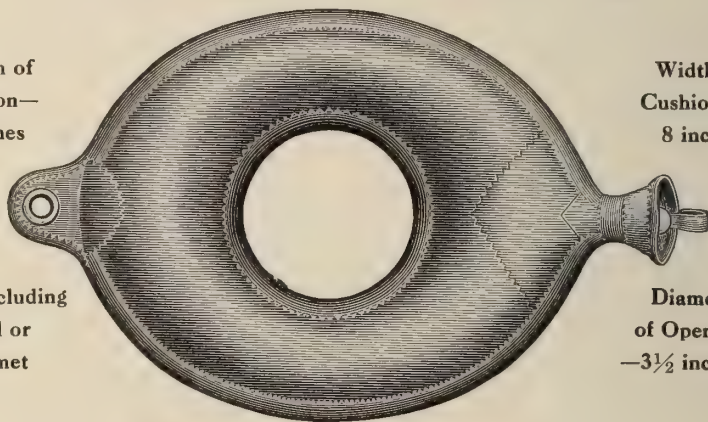
For Preventing and Relieving Bed Sores

Length of  
Cushion—  
11 inches

Width of  
Cushion—  
8 inches

Not including  
Funnel or  
Grommet

Diameter  
of Opening  
—3½ inches



Patent Applied For

**Better Than an Air Ring or Cushion  
Soft, Comfortable, Cool  
Needed in Every Hospital and Sick Room**

The Meinecke Invalid Water Cushion is filled with cold water, and then used in exactly the same way as any other Invalid Ring or Cushion.

The advantages of a Water Cushion over an Air Cushion will be evident to all physicians and nurses. An Air Cushion is hard and uncomfortable, and after the patient has been on it for a little while it gets warm, and the tender spot is liable to be irritated rather than soothed.

The Meinecke Water Cushion is cool, comfortable and soft to the part resting on it, and it can be refilled from time to time, whenever the heat from the body makes the water in the Cushion warm.

It is particularly suitable for use under the end of the spine, the shoulder blades, the hip joints, or in fact any part of the body which is apt to become sore and tender from continued lying in one position. It is also useful as a head support, the back of the head resting in the opening.

This Cushion, if filled with warm water, also makes an excellent face and ear bag, for relieving facial neuralgia, earache and toothache; and some forms of headaches requiring the application of heat.

The Cushion is made of our well-known Maroon Rubber, and the edges are strongly reinforced. The funnel end makes the Cushion easily filled, and the grommet is useful for hanging up the Cushion to drain out.

*A Washable Cover is also Supplied with Each Cushion*

Retail Price (including Cover).....Each \$2.50

Special Prices Made to Hospitals

**MEINECKE & COMPANY**  
48-50 Park Place...New York





THE  
ALUMNAE NEWS



Vol. 8    FEBRUARY, 1913    No. 4



---

# SUPERFLUOUS HAIR

Moles and Facial Blemishes Permanently Removed by the Electric  
Needle. Absolutely Painless. Consultation Free.

*Reference to Leading Physicians*

## ELECTROLYSIS COMPANY

104 East 40th Street  
NEW YORK.

Telephone, 1844 Murray Hill

S. P. GILMORE

---

# Sterilized Obstetrical Supplies

The sterilized obstetrical supplies provided by Van Horn & Sawtell for the aid and convenience of physicians and nurses are prepared with the same attention to quality, utility and sterility that are given to every product of the Van Horn & Sawtell laboratories.

To the physician and nurse such care and attention spell protection and safety.

For complete lists of obstetrical supplies, special outfits, sutures, etc. address

VAN HORN & SAWTELL  
307 Madison Avenue, New York, N. Y.

## A Non-Greasy Lubricant

needs little comment as to its superiority from every standpoint of cleanliness. The avoidance of greasy clothes and bed linen is always gratifying to the painstaking nurse, and this is only one of the many advantages that attend the use of



## K-Y Lubricating Jelly

the "perfect lubricant" for *catheters, specula, rectal and colon tubes.*

"K-Y" is water-soluble and easily rinsed from instruments, dressings and clothing without leaving the slightest stain.

"K-Y" moreover, is emollient and soothing to the skin, offering a prompt and effective means of relieving "bi-chloride rash" and kindred irritations.

A postal request will bring a liberal sample.

VAN HORN & SAWTELL  
307 MADISON AVE., NEW YORK, N. Y.

# ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

---

VOLUME VIII

FEBRUARY, 1913

No. 4

---

**PUBLISHED MONTHLY, FROM NOVEMBER TO JULY.**

**Sent free of charge to all members of the "Alumnae Association"**

**to others: { 50 cts. per year  
              { 10 " " copy**

---

Editor—MISS E. DENIKE, 210 East 17th St.

Associate Editor—MISS L. G. EICHBAUM, 8 West 16th St.

Business Managers—MISS L. M. WYGANT, 8 West 92d St.

MISS F. S. WRIGHT, 416 West 114th St.

News Editor—MISS I. J. WALTON, 8 West 16th St.

Secretary—MISS BLANCHE GIBSON, 8 West 16th St.

---

## REPORTERS

MISS A. FREDERICK,

MISS A. DUNCAN,

MISS L. ANDERSON,

MISS E. E. GOLDING,


MISS M. H. WILSON,

MISS J. HILL,

MISS N. McCRAE,

MISS F. COBBAN.

---

 It is requested that notice of change of address be sent to the Secretary as promptly as possible, so that the mailing list may be kept corrected.

---

Those who have failed to receive the "Alumnae News"—or those who desire extra copies—can be supplied by calling at the Club, or copies will be mailed on application to the Secretary.

---

*Entered at the Post Office at N. Y. City as second class matter.*

## NOTICES

### N. H. HOSPITAL ALUMNAE ASSOCIATION.

The regular monthly meeting of the Alumnae Association will be held in the Lecture Room, 8 West 16th Street, on Thursday, February 13th, at 3 p. m.

Graduates entitled to R. N. and not so accredited in the last annual report of the Alumnae Association are asked to notify the Secretary, Mrs. W. C. Gilley, 176 West 81st Street, so that the report of April, 1913, may be correct.

We are indebted to Miss Frances Cobban, this month, for an illuminating paper on the convalescent work which our hospital is carrying on at the Campbell Cottages, which work is but a name to many of us.

The News wishes to correct the error made in the January issue in mis-stating the amount realized on the sale of the game set which was presented to the Pension Fund by the successful winner of same set at the Pension Fund Bazar held in December, 1911. The amount realized was \$201.00. As this correction is further made in the report of the January Alumnae meeting, it is hoped that there will be no further misunderstanding in regard to it.

It is with great regret we learn of the resignation of Miss Dwight, Superintendent of Club House. During the years of Miss Dwight's supervision, the Club has grown and prospered and much has been accomplished in the way of renovation and extension of usefulness, as the many grateful graduates can testify who have benefited by it and have found home and protection in it. Our best wishes go with Miss Dwight in all the years to come.

The lectures of the Public Health Education given during February at the Academy of Medicine are as follows: Wednesday, February 5th, 8.15 p. m., "Surgical Emergencies," Dr. Morris, Farrar and Lloyd; Thursday, February 13th, 3.30 p. m., "Care of Convalescent and Chronic Invalids," Drs. Clark, Galbraith and Barringer; Wednesday, February 19th, 8.15 p. m., "Industrial Hygiene," Drs. Williams, Marks and Tolman; Thursday, February 27th, 3.30 p. m., "The Mental Growth of the Child," Drs. Freeman, Jeffries and Frauenthal.

The recent appointment by Governor Sulzer of a commission of experts with power to investigate and recommend measures for improvement in the conditions of health and sanitation in this State has been in measure the result of the efforts of social workers who have placed a statement of conditions before the Governor. It is interesting to know that Dr. Herman M. Biggs is chairman of the commission and Miss Adelaide Nutting one of the members.

## ALUMNAE MEETING

The regular monthly meeting of the Alumnae Association was held January 9th, 1913, with a very large attendance. In the absence of President and Vice-President the meeting was called to order by the Secretary and Miss Anderson appointed temporary chairman.

The minutes of the December meeting were read and with some correction regarding the appointment of Miss Eichbaum as associate editor of the News, were approved.

The report of the Treasurer was read and accepted. After the reading of the Treasurer's report, Miss McVean arrived and took the chair.

Report of the Board of Trustees read and approved.

No report from Credential Committee.

Miss Gibson, of the Red Cross Committee, reported having received 18 names for membership.

Miss Sutcliffe, Chairman of Pension Fund Committee, reported the check deposited in the bank for the sale of the game set was \$201.00 instead of the smaller amount reported last month.

Miss Duncan, Chairman of Program Committee, tendered her resignation as her duties made it impossible to give the time it required. Discussion followed and it was decided to retain the committee but to free them from obligation to provide program each month.

Letter read from Miss Dwight resigning as Superintendent of Club House. The resignation had already been accepted by the Board of Trustees. On behalf of the club members, Miss Creighton expressed sincere regret at the retirement of Miss Dwight and this was heartily seconded by the Association.

It was moved and carried that a letter be sent to Miss Dwight indorsing the letter already sent by the Trustees.

Miss Russell gave a report of the County meeting.

The revision of the list of delegates to the County meeting was laid over till next month in order to give the Secretary time to refer to addresses and to eliminate those delegates who are not at present in the county.

It was moved that the Chair appoint a Committee on Resolutions on the deaths of Miss Frances Quaife and Mr. Hoppin.

It was moved that Miss Sutcliffe be made a committee of one to send flowers to Drs. Hartley and Stimson, both of whom are ill.

The meeting then adjourned to coffee and sandwiches.

## NEW YORK COUNTY REGISTERED NURSES' ASSOCIATION

The regular quarterly meeting of the New York County Registered Nurses' Association was held at the Central Club Tuesday, January 7th, 8 p. m., Miss Golding presiding. In the absence of Miss Charles, Secretary, Miss B——— (Bellevue), was appointed temporary secretary. The usual routine of business was gone through with—reports from various committees, etc. The amendment to the "Nurse Practice Act" will probably come up at Albany very soon and all nurses with any influence there are asked to exert themselves.

Miss Crandall, Interstate Secretary of the "Public Health Movement" gave a most interesting address on the work of that organization. It is to be regretted that the attendance was so small. It was a stormy night, which perhaps accounted for it!

Miss Thornton, Chairman of the Programme Committee, hopes to arrange for a "symposium" at the next meeting (April 1) and will announce the subject to the secretaries of the affiliated associations. We hope some time in the near future to have the pleasure of hearing Dr. Carrel.

E. E. GOLDING.

---

## OUR CONVALESCENT COTTAGES

I have frequently been asked to write something descriptive of our work, and considering how few of our own doctors and nurses really know anything about this important branch of our hospital, perhaps I could not adopt a better plan than that of circulating a little information through the columns of the News.

The Campbell Convalescent Cottages are delightfully situated on the lovely estate known as Bloomingdale, White Plains, whose name is very familiar to us through the hospital for nervous cases.

On the same estate, but not connected with the Campbell Cottages, is what is known as the North St. Cottage, for the convalescent men from our hospital.

Our Cottages were originally a single house for women, with a housekeeper, and a daily visit from a Bloomingdale doctor, which is the present arrangement at the Men's Cottage.

In 1907, an experiment was undertaken during the summer months, to ascertain what progress in convalescence could be made



OUR CONVALESCENT COTTAGES.

by children. A tiny portable cottage was built, with a twin cottage to be used in case of contagion. The two nurses occupied rooms in the women's house. Every detail was of the simplest, and included a parade by the entire household, three times a day, to a neighboring farm-house for meals. The cottages were closed to all, November 1st.

The children made such satisfactory progress that their little house was reopened the following year, and the foundations of our new institution laid. The present group of buildings include an Administration Cottage, Children's Cottage, and the original Women's Cottage, remodelled. There are forty-one beds for children, and there has always been a great demand for admission. The children are admitted from the hospital wards and from the dispensary, where the children's clinic is very interesting.

Very few children in any station of life can boast of better care than that received by the children sent to the Cottages. They are brought to us, and sent back to meet their parents in the hospital, in our comfortable automobile ambulance. Immaculate bathtubs (the smaller children are bathed every day), liquid soap in dispensers, individual towels, combs, hair and tooth-brushes, no stated day for fresh clothing—these play a worthy part in the hygiene of convalescent children. The little patients wear clothing provided by the institution.

No definite length of stay is allotted a child, his need speaking for itself. He may remain three weeks or several months. Many a stubborn or almost hopeless case from the hospital has gone home from the Cottages cured, and more than one despaired-of limb has been spared to a girl or boy.

Apropos of hygiene, I must admit that we occasionally meet

with surprises. On one occasion, when two little brothers had been admitted, and were about to be bathed, the elder flew behind a bed, from which place of refuge he screamed:

"First take my brother!" We took both.

Each child is presented with his tooth-brush (not expensive) on leaving, and I regret to say that I have seen children moisten the windows of the automobile, on their way home, and scrub them energetically with these sacred brushes.

The air up in the hills is very pure and lovely, and our Cottages are on one of the highest points. White Plains has been a health resort for some years, and it seems to have earned its reputation. It is astonishing how the children accustom themselves to fresh air in quantities, quite unknown in their homes and schools.

During the fine months, our school is conducted in an open pavilion, the younger children attending kindergarten in the morning, and the older engaging in light school work (including gardening, basket-weaving and clay modelling) in the afternoon. The babies are in bed, or playing on the wooden floor in a similar pavilion, while specially arranged seats and folding mattresses invite all the young or delicate children for a daily nap after dinner.

When the cold weather comes, school is conducted in a room which has three exposures, and is almost entirely composed of windows, all of which are opened wide, the children wearing warm sweaters. A large cement court-yard, warm coats with hoods, woollen caps, leggins, blankets and stout sleeping-bags provide comfort for the active and feeble.

The atmosphere of the institution is very homelike, and the pleasures of the children are many, including a reading-room, singing, indoor and outdoor games, automobile rides to the seaside, and rambles through the neighboring woods.

Now I should like to offer a word to those in whose estimation convalescent work does not rank very high. In the first place, convalescent homes are daily growing in importance, and have for a long time occupied a prominent place in the mind of the country. The need of them has been greatly felt, and ours is one of the fortunate instances in which the need has been met.

The service in the Cottages is usually very active, but is entirely different from ordinary hospital routine. The experience is peculiarly valuable to nurses who have not enjoyed the privilege of a head-nurse year, although, even if a nurse has had a distinctly successful hospital career, it is not a necessary conclusion that she will not be a failure at convalescent work. There not being a resident physician at the Campbell Cottages, the occasions when the nurses must use their own judgment; the demands made upon their ability to *discover*, as well as follow symptoms; their ability

to have in mind at one time the needs of children in every stage of convalescence, and to observe the progress made under certain diet or medications; taking cultures from ear, throat and noses; taking blood smears; giving antitoxin—I am absolutely sure that all these things are new to the new graduate.

Then there is general information which is bound to be useful to nurses who anticipate positions in convalescent or any branch of social work. There is the gradual learning of how to solve the many social problems (including the parents!), how to approach officials of other institutions, the requirements of the Health Departments, and innumerable other things. All these by-products require time in the learning, and it is not every nurse who is able to absorb them, although she may never know that she has missed anything!

Experience in an up-to-date institution for convalescent children has no limits. I can imagine a nurse going away unsatisfied, but never dissatisfied. Some nurses will absorb much that is valuable—others next to nothing, according to their ability to absorb, or to their discretion in choosing a line of work. Nothing could be more in error than for a nurse to elect to care for children as a mere profession. There must be a love for all children, and infinite patience. There is no merit in loving winning or “cute” children. Even fairly hard-hearted people can do that. The secret lies in drawing out from children—even the most miserable—the good things that lie in almost every child in the world. This ought to be an evident effort in convalescent work with children.

The Christmas season at the Cottages is very lovely. An entertainment is provided by the children, who sit around the beautiful tree and sing their carols. There is also a tiny tree, which is surrounded by dark mystery until the very last minute, when we discover that it has been hung with scores of pretty ornaments and remembrances made by the school children. Santa Claus never forgets to pay his respects in person, and when he is actually seen dancing across a field of snow, as was the case this year, the excitement is intense.

Kind friends remember the longings of poor children, and in the Christmas stockings there is—as a German woman expressed it—“no stinge.” Some of our children received absolutely *nothing* at their homes on Christmas in former years, and once a dear little girl of four told us she had found in her stocking “a hunk o’ bread.”

The professional side of our work—which is supervised by a New York Hospital medical doctor, resident in White Plains—is very interesting, and often of great activity and variety, but we can never afford to overlook the mental, moral and personal supplements which come within our opportunity. Indeed, the possibilities of work of this order seem endless.

FRANCES COBBAN.

## NEWS ITEMS

When Santa Claus made his annual visit to the hospital this year, he seemed to bring more joyful Christmas greetings than ever. The large tree in the children's ward hung heavily with presents for all as usual, and looking over the gathered assembly, we felt as if we all or many of us had come home to share the joys of Christmas. We are sure the anticipation of the children for Santa's appearance could not have been more joyful than the realization, for when the gifts were passed around by Santa himself, the pleasure was great. The carols added much to the feeling and atmosphere of the day and the dance afterward was an appropriate climax to the day and evening.

Miss Belle Francis, '11, who was operated on a few weeks ago, was most fortunate in being able to go to Roosevelt Hospital where her sister is assistant superintendent of the Training School. She has quite recovered and is visiting her home in Douglasville, Pa.

Dr. Murray, junior of the first medical division, who has been ill for many weeks with typhoid fever in the P. P. B., is quite well again, and hopes to resume his duties February 1st. At present he is enjoying life in northern New York.

Miss M. Fauquier, '10, gave a delightful tea at her apartment for her classmate, Miss B. Swan, while she was visiting in the city. Among those invited from her class were Misses Brock, Wilkinson, Powell, Adams and Harper.

Miss Kate Smardon, '04, who has been in Europe for the past three months, returning to New York, January 13th, and is now at her home in Montreal. While in Paris she called at the American Hospital and had a very pleasant visit with the nurses.

Dr. Carl Ross, who was house surgeon in the second surgical division, took up his duties in the P. P. Building January 1st. The other outgoing men from the hospital staff were Dr. Hoch, who has settled in Brooklyn; Dr. Banker in Elizabeth, N. J.; Dr. Howard has gone on the staff at the General Memorial Hospital; Dr. Everingham is in Fernandina, Florida, where he expects to be until spring. Everyone is glad to see Dr. Morgan in the hospital again. He is on the first medical division.

We are glad to say that Miss Clarke is improving and is able to go about a little on crutches.

Miss I. J. Walton and her sisters, who have been visiting her over the holidays, spent Christmas with friends at a most beautiful old farm house in the Catskill Mountains.

Many of the older graduates will hear with regret of the death of Mr. George Holmes, senior, who died at his home in Brooklyn, January 6th. Mr. Holmes had charge of the old dispensary for many years. Our deep sympathy is extended to the family.

Miss H. B. Willsey, '99, has just returned to New York from her home in Bloomville, Ohio, where she has been for the past six months.

Mrs. Herman Aaron (Miss I. Jones, 1900) has a little son, born early in December, 1912.

Miss Grace McCall, '07, spent the Christmas holidays at her home in Canada.

Miss M. Lawrence leaves for the Pacific coast February 1st. She intends to open a tea room in Vancouver, B. C. We wish her good luck.

Miss Nickalls has returned to the Club after a long vacation.

Miss Nash spent Christmas with Miss Strombom at Kerhonkson, N. Y.

Miss A. M. Brown has a patient for the winter at Highland Park, South Manchester, Conn.

Miss R. Lee Cromwell, '08, has resigned her position in charge of operating room at the Paterson General Hospital and left January 4th for Texas with a patient, where she expects to be for some months. She thoroughly enjoyed being in the hospital with Mrs. Purman and Miss Dakin; her address is Corpus Christi, Texas.

We are glad to have Miss McCrae back on duty after a severe attack of gripe.

Miss M. M. Hunter, '11, spent Christmas with her family in Toronto, and left for Halifax, Nova Scotia, early in January.

Miss Gregory-Allen, '10, we are sorry to say, was called home to Toronto by the illness of her mother.

Miss F. E. Wallis, '84, is now making her home in Philadelphia. Her many friends were delighted to see her looking so well during her visit to New York.

Miss B. H. Swan, '10, who is living in Toronto, has been visiting her sister, Mrs. Thompson, in Baltimore, Md., for the last six weeks. She spent a few days in New York on her way home and we were glad to see her at the hospital.

Miss Mary Grayson, '10, is doing private nursing at her home in Frederick, Md.

Miss S. W. Hornby, '92, has been visiting for a few months with her sister at Dorchester, and expects to return to New York in the near future.

Miss Olive Secord, '11, was operated on for appendicitis and is on the fourth floor of the P. P. B. Miss S. Bonnell, '12, is substituting for her on the sixth floor during her illness.

Miss Jane Atwater has resigned her work in the operating room on night duty and is succeeded by Miss Mary E. Kehoe, '12.

Miss F. B. Boyer, '11, is doing private nursing at her home in Lafayette, Ind., and Mrs. E. S. Reinhardt, of the same class, is at her home in Bangor, Me., and is also doing private nursing.

Miss E. R. Smillie and Miss D. Dwight spent a very delightful day at Weehame, Great Neck, L. I., guests of Miss Jessie McVean.

Miss Mignon Kerr, '11, is spending the winter in St. Johns, N. B.

Miss Agatha Stewart, '11, has returned from a visit at her home in Digby, Nova Scotia. She remembered many of her friends with Christmas cards bearing the Nova Scotia seal and maple leaves.

The Central Club for nurses, 54 East 34th Street, has sent out neat little notices of the restaurant. Afternoon tea is served from 4 to 5.30, 15 cents; breakfast, 7.30 to 9, 25 cents; luncheon, 12 to 1.30, 35 cents; dinner, 6 to 7, 45 cents. Special luncheon and dinners must be ordered 24 hours in advance from the housekeeper. Special attention given to class luncheons and dinners.

Miss Ethel Wilson, '11, has accepted the position of supervising night nurse at the hospital.

Miss Gertrude Smaill, '11, has gone to Hamilton, Canada, to spend the winter.

Miss Elizabeth Price, '90, has resigned her position in the Social Service department and is succeeded by Miss Irene Harris, '12, who assumed her duties January 1st. Miss M. Rankin, '01, also came on the Social Service staff January 1st as assistant to Miss Josephi.

Miss May Brodie, '12, who has been nurse in charge at night at Hudson Street, sailed January 14th for her home in Trinidad, British West Indies, where she will be for two months.

Miss J. Whitelaw has written to ask that only the address given in the Alumnae News, P. O. Box 113, Brooklyn, N. Y., be used in sending mail to her.

In a recent letter from Mrs. Stanley Mendez, of Kingston, Jamaica (Lena Earle, '01), she sends kindest regards to all old friends and says we can never know how thoroughly she enjoys the Alumnae News. She can hardly wait for it to reach her and reads every word of it, of course the news items first, and that already she sees "names that she knows not."

Miss Annie Earle, 1900, who is with Mrs. Putnam at Vineyard Haven, Mass., spent Christmas week in New York at Englewood, N. J., with her sister.

Miss R. L. Riddle, '04, who was ill on the fourth floor of the P. P. B. for some weeks, has gone to her home in Galetta, Canada.

Mrs. Morris Elsing (Miss C. E. Marks, '04) sent the season's greetings to many of her friends from her home in Bisbee, Arizona.

While Miss E. S. Johnson, '91, was visiting at her home in Syracuse, a delightful dinner was given her by Miss Delia L. Baker, '86. The guests included Mrs. Frank Jones, of Lafayette, N. Y. (Miss Gaylord, '87), and Miss C. E. Jerome, '85, of Utica, N. Y.

Miss Virginia Hunter spent the holiday week in Washington, D. C., and while there attended the wedding of her cousin, Miss Frances Hodges, to Lieut. Albert H. Acher, U. S. Army, who is stationed at Panama. The wedding, which was a military one, was held at the beautiful old St. Johns Church. The President and Miss Helen Taft were also guests.

We are more than glad to hear from John Fitzgibbon from his new home in Arizona, where he is very happy and has a good position with the Copper Mining Co.

Dr. Charles A. Harbeck, who has been living in California for the past three years, has returned to New York and is on the staff of the O. P. D.

Christmas letters from Mrs. Hair and Miss Pencheon, '10, who are both living at Litchfield, Conn., contain kind remembrances to all old friends. Mrs. Hair is most comfortably situated in the village where her work is during the winter, and Miss Pencheon is with a patient.

Miss Jane Atwater, '11, is having a most delightful visit in Lakewood, N. J.

Miss A. V. Gluck, '08, has just returned from a months' vacation spent at her home at Lansford, Pa.

We are glad to learn that Dr. Frank Hartley's condition has greatly improved and we sincerely hope his recovery will soon be complete.

The nurses at Campbell Cottages thoroughly enjoyed a recent visit from Miss Goodrich, the only complaint having been heard was that the visit was much too brief.

Mrs. E. C. Crawford, '96, has just returned from a most enjoyable two weeks' trip South, where she visited Charleston, Jacksonville and St. Augustine.

Mrs. C. E. Vredenberg (Miss Ticknor, '79), is a patient on the seventh floor of the P. P. B. She is recovering well after her operation.

Miss Fauquier and Miss Green would like to sublet a sunny room in their apartment at 307 West 98th Street.

Miss Esther Allen is substituting at Hudson Street for Miss Brodie during her vacation.

Miss M. M. Jouffret, '07, is spending the winter at Palm Beach, Florida, where she is thoroughly enjoying that wonderful country. Her address is Craton Cottage, Palm Beach, Florida.

Miss Agnes Harper, '10, was married to Dr. Gabe H. Croom on Thursday evening, January 16th, at the residence of her friends, Dr. and Mrs. Westby, of 71st Street, New York. The bride looked very handsome in a white crepe gown, carrying white lilacs. The maid of honor, Miss Maud Fauquier, wore yellow chiffon and the bridesmaid, Miss Annette Westby, green and white. The groom was attended by his brother, Mr. A. Croom. There were many beautiful presents. Our heartiest good wishes go with them to their home at 114 North 4th Street, Wilmington, N. C.

The Christmas tree and entertainment which was given Christmas afternoon in the O. P. D. for the children connected with the Social Service department was a great success. A magician amused the children and Santa Claus distributed gifts and candies while afternoon tea and cakes were served to the mothers. About 300 children, 100 mothers and big sisters attended.

Mrs. W. J. Evans (Miss M. C. McCurdy, '01), of Providence, R. I., has been spending a few days in the city, the guest of her sister, Mrs. Andia.

Dr. Michaelovsky gave a very interesting and instructive lecture to the nurses on Tuesday evening, January 14th, on the subject of "Cancer."

About twenty nurses took the Regents' Examination in practical work on Saturday, January 11th.

First division, senior class, gave a unique party in Miss Zabriskie's room on Saturday evening at which Miss Henderson was the guest of honor.

Miss Howard has recovered from pneumonia.

Congratulations are in order for Mrs. S. E. Bowdle (Miss L. C. Scott, '95), on the occasion of the election of Mr. Bowdle to the United States Senate, defeating Mr. Nicholas Longworth.

---

## DEATHS.

By the death of Mr. William Warner Hoppin, which occurred on the 3d of January, 1913, the New York Hospital Training School for Nurses has lost a most devoted friend and counsellor.

Mr. Hoppin's long connection with the Hospital of nearly thirty-six years, and for most of that time a very active member of a committee having charge of the school, peculiarly fitted him to deal with the many problems which were constantly needing adjustment.

The Nurses Alumnae Association deeply regrets the loss of the kindly interest always shown to them by Mr. Hoppin as a member of their Advisory Board, and the deepest sympathy is extended to Mrs. Hoppin and members of the family.

---

The Rehsom Institute, conducted by Dr. Burr Burton Mosher, of Galen Hall, Brooklyn, N. Y., has engaged the services of Mr. Henry G. Cox, a graduate in the Swedish System of Massage, Gymnastics, Electro-and Hydro-Therapy, of the Pennsylvania Orthopaedic Institute and School of Mechano-Therapy, Inc., Philadelphia, to take charge of its Mechanical Department.

## THE "HOW" OF THE TRAINED NURSE.

Your last case has been most trying, the monetary returns not sufficiently ample to tide over the rest-time so necessary before taking a new case, and the eternal "HOW" constantly intrudes upon you.

The query is natural, the solution easy. A course in Scientific Massage means steady employment, at higher salary, with less nerve expenditure than any form of nursing; it means development in your chosen field, should you desire to continue that work. The Swedish System of Massage, Gymnastic, Electric and Hydro-Therapy as taught by the Penna. Orthopaedic Institute and School of Mechano-Therapy, Inc., 1711 Green Street, Philadelphia, Pa., brings this result to you. The second section of our Winter Class begins March 12th, 1913. The cost of tuition is low, the time necessary to graduate very short—why not look into it. Our illustrated prospectus of 56 pages is yours upon request. Through it you will learn how complete our system, how thorough our training, how adequate our clinical facilities, how able to advance your interests.

MAX J. WALTER, M.D., Supt.

---

# Instruction in Mechano-Therapy SWEDISH SYSTEM OF MASSAGE

Medical and Corrective Gymnastics,

Courses in Electro-Therapy and Hydro-Therapy.

---

We teach all branches of Physiologic Therapeutics: Original Swedish (Ling) system of Massage, Swedish Movements, corrective and medical gymnastics in specially equipped gymnasium. Medico-Mechanical Zander Gymnasium, Von Leyden and Frenkel systems for the treatment of locomotor ataxia, Bier's hyperemia method, Vibrators, Nebulizers, Frazier-Lentz Baking apparatus, Thermo-Electric apparatus (system Dr. Tyrnauer). Electric Light, dry hot air, blue light baths, four cell baths (Dr. Schnee) hydriatic table, Solar and Leucodescent lamps, galvanic, faradic, static electricity, high frequency, sinusoidal currents, X-Ray work, Bachelet magnetic wave, Nauheim baths and Schott exercises, etc., etc.

The instruction is theoretical and practical. Daily lessons, lectures, quizzes, demonstrations on Anatomy, Physiology, Pathology, Massage and Gymnastics, Electro and Hydro-Therapy. Abundant clinical material. Students attend several City Hospitals. Diploma. Particulars and illustrated prospectus upon request.

---

Winter Class, second section, opens March 12, 1913.

Spring Class opens May 15, 1913.

Summer Class opens July, 9, 1913.

---

Pennsylvania Orthopaedic Institute and School of Mechano-Therapy, (Incorporated)

1711 Green Street, PHILADELPHIA, PA. MAX J. WALTER, M. D. Superintendent

---

# ANDREW ALEXANDER SHOES

FIFTH AVENUE  
AT 45TH STREET

SIXTH AVENUE  
AT 19TH STREET

NEW YORK

ADVANCED SPECIALTIES for  
SICKROOM and HOSPITAL

*Meinecke*

# Invalid Water Cushion

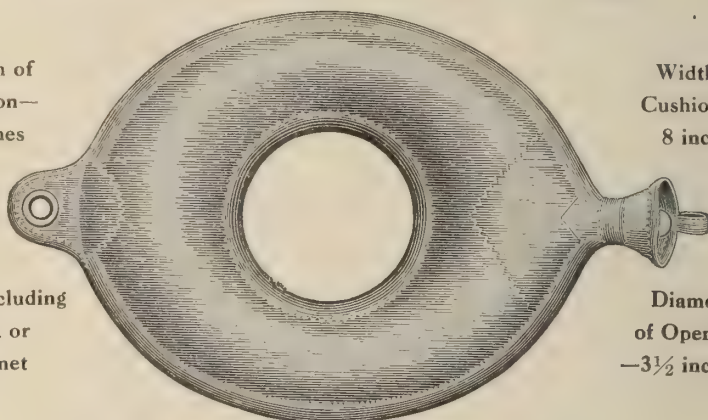
For Preventing and Relieving Bed Sores

Length of  
Cushion—  
11 inches

Width of  
Cushion—  
8 inches

Not including  
Funnel or  
Grommet

Diameter  
of Opening  
—3½ inches



Patent Applied For

Better Than an Air Ring or Cushion  
Soft, Comfortable, Cool  
Needed in Every Hospital and Sick Room

The Meinecke Invalid Water Cushion is filled with cold water, and then used in exactly the same way as any other Invalid Ring or Cushion.

The advantages of a Water Cushion over an Air Cushion will be evident to all physicians and nurses. An Air Cushion is hard and uncomfortable, and after the patient has been on it for a little while it gets warm, and the tender spot is liable to be irritated rather than soothed.

The Meinecke Water Cushion is cool, comfortable and soft to the part resting on it, and it can be refilled from time to time, whenever the heat from the body makes the water in the Cushion warm.

It is particularly suitable for use under the end of the spine, the shoulder blades, the hip joints, or in fact any part of the body which is apt to become sore and tender from continued lying in one position. It is also useful as a head support, the back of the head resting in the opening.

This Cushion, if filled with warm water, also makes an excellent face and ear bag, for relieving facial neuralgia, earache and toothache; and some forms of headaches requiring the application of heat.

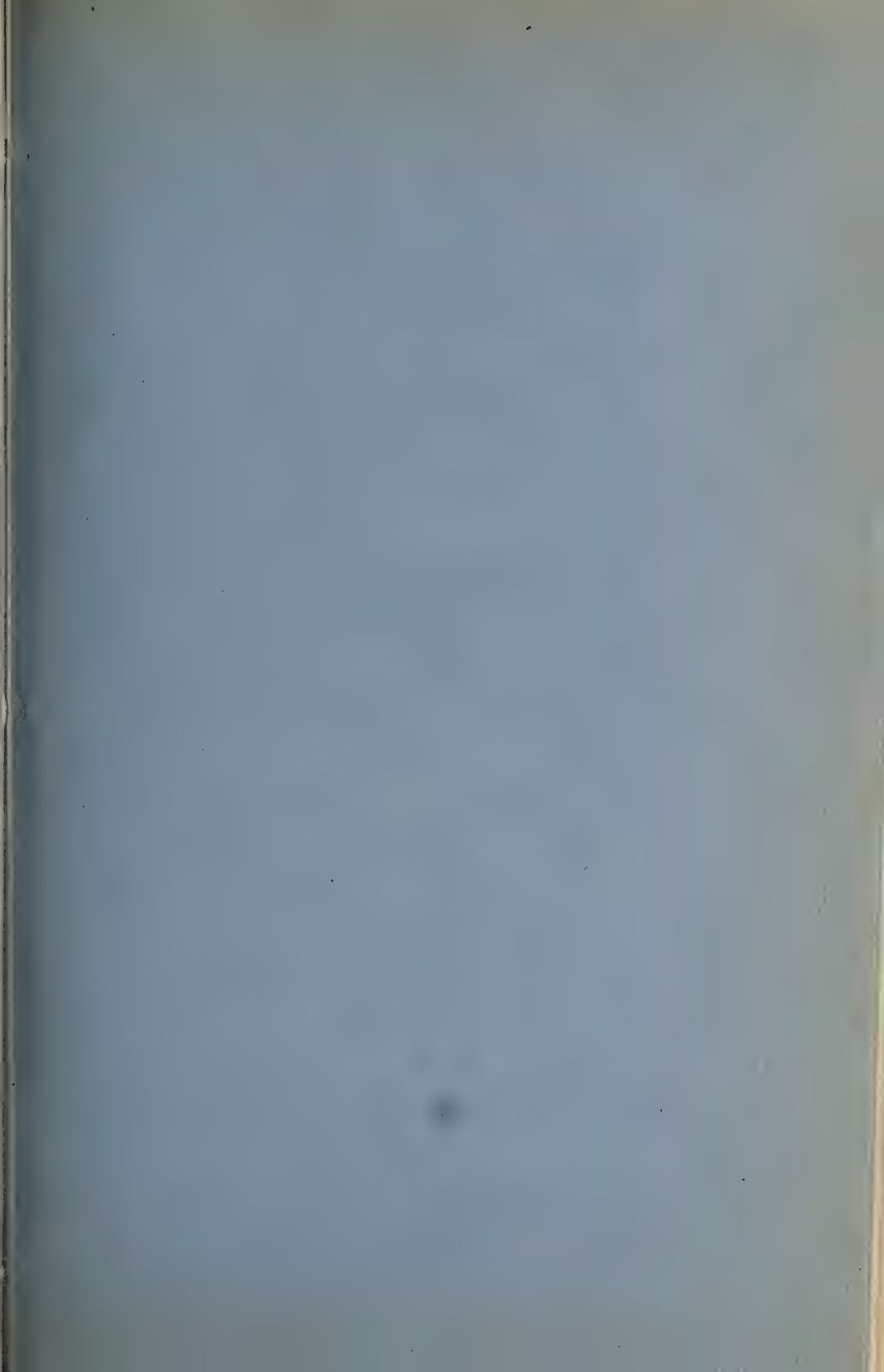
The Cushion is made of our well-known Maroon Rubber, and the edges are strongly reinforced. The funnel end makes the Cushion easily filled, and the grommet is useful for hanging up the Cushion to drain out.

*A Washable Cover is also Supplied with Each Cushion*

Retail Price (including Cover).....Each \$2.50

Special Prices Made to Hospitals

MEINECKE & COMPANY  
48-50 Park Place... New York





THE  
ALUMNAE NEWS



**Vol. 8**

**MARCH, 1913**

**No. 5**



# SUPERFLUOUS HAIR

Moles and Facial Blemishes Permanently Removed by the Electric  
Needle. Absolutely Painless. Consultation Free.

*Reference to Leading Physicians*

## ELECTROLYSIS COMPANY

104 East 40th Street  
NEW YORK.

Telephone, 1844 Murray Hill

S. P. GILMORE

---

## Instruction in Mechano-Therapy SWEDISH SYSTEM OF MASSAGE

Medical and Corrective Gymnastics,

Courses in Electro-Therapy and Hydro-Therapy.

---

We teach all branches of Physiologic Therapeutics; Original Swedish (Ling) system of Massage, Swedish Movements, corrective and medical gymnastics in specially equipped gymnasium. Medico-Mechanical Zander Gymnasium, Von Leyden and Frazier-Lentz systems for the treatment of locomotor ataxia, Bier's hyperemia method, Vibrators, Nebulizers, Frazier-Lentz Baking apparatus, Thermo-Electric apparatus (system Dr. Tyrnauer). Electric Light, dry hot air, blue light baths, four cell baths (Dr. Schnee) hydriatic table, Solar and Leucodescent lamps, galvanic, faradic, static electricity, high frequency, sinusoidal currents, X-Ray work, Bachelet magnetic wave, Nauheim baths and Schott exercises, etc., etc.

The instruction is theoretical and practical. Daily lessons, lectures, quizzes, demonstrations on Anatomy, Physiology, Pathology, Massage and Gymnastics, Electro and Hydro-Therapy. Abundant clinical material. Students attend several City Hospitals. Diploma. Particulars and illustrated prospectus upon request.

---

**Winter Class, second section, opens March 12, 1913.**

**Spring Class opens May 15, 1913.**

**Summer Class opens July, 9, 1913.**

The present three months courses will be increased to four months beginning September 23, 1913

**Pennsylvania Orthopaedic Institute and School of Mechano-Therapy, (Incorporated)**

1711 Green Street, PHILADELPHIA, PA. MAX J. WALTER, M. D. Superintendent

---

## ANDREW ALEXANDER SHOES

FIFTH AVENUE  
AT 45TH STREET

SIXTH AVENUE  
AT 19TH STREET

NEW YORK

# Sterilized Obstetrical Supplies

The sterilized obstetrical supplies provided by Van Horn & Sawtell for the aid and convenience of physicians and nurses are prepared with the same attention to quality, utility and sterility that are given to every product of the Van Horn & Sawtell laboratories.

To the physician and nurse such care and attention spell protection and safety.

For complete lists of obstetrical supplies, special outfits, sutures, etc. address

VAN HORN & SAWTELL  
307 Madison Avenue, New York, N. Y.

## A Non-Greasy Lubricant

needs little comment as to its superiority from every standpoint of cleanliness. The avoidance of greasy clothes and bed linen is always gratifying to the painstaking nurse, and this is only one of the many advantages that attend the use of



## K-Y Lubricating Jelly

the "perfect lubricant" for *catheters, specula, rectal and colon tubes.*

"K-Y" is water-soluble and easily rinsed from instruments, dressings and clothing without leaving the slightest stain.

"K-Y" moreover, is emollient and soothing to the skin, offering a prompt and effective means of relieving "bi-chloride rash" and kindred irritations.

A postal request will bring a liberal sample.

VAN HORN & SAWTELL  
307 MADISON AVE., NEW YORK, N. Y.

# ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

---

VOLUME VIII

MARCH, 1913

NO. 5

---

PUBLISHED MONTHLY, FROM NOVEMBER TO JULY.

Sent free of charge to all members of the "Alumnae Association"

to others: { 50 cts. per year  
              { 10 " " copy

---

Editor—MISS E. DENIKE, 210 East 17th St.

Associate Editor—MISS L. G. EICHBAUM, 8 West 16th St.

Business Managers—MISS L. M. WYGANT, 8 West 92d St.

MISS F. S. WRIGHT, 416 West 114th St.

News Editor—MISS I. J. WALTON, 8 West 16th St.

Secretary—MISS BLANCHE GIBSON, 8 West 16th St.

---

## REPORTERS

MISS A. FREDERICK,

MISS A. DUNCAN,

MISS L. ANDERSON,

MISS E. E. GOLDING,


MISS M. H. WILSON,

MISS J. HILL,

MISS N. McCRAE,

MISS F. COBBAN.

---

 It is requested that notice of change of address be sent to the Secretary as promptly as possible, so that the mailing list may be kept corrected.

---

Those who have failed to receive the "Alumnae News"—or those who desire extra copies—can be supplied by calling at the Club, or copies will be mailed on application to the Secretary.

---

*Entered at the Post Office at N. Y. City as second class matter.*

## NOTICES

### N. Y. HOSPITAL ALUMNAE ASSOCIATION.

The regular monthly meeting of the Alumnae Association will be held in the Lecture Room, 8 West 16th Street, on Thursday, March 13th, at 3 p. m.

---

Miss Goodrich will be with us and speak on the Nurse Practice Act.

---

The Public Health Education Lectures given at 17 West 43d Street during March will include: "Food, its Relation to Development," March 5th, 8.15 p. m., Drs. Bovaird, Asserson, Crump; "Common Skin Diseases," March 13th, 3.30 p. m., Drs. Robinson, MacKee, Clark; "Advances in Modern Medicine," March 19th, 8.15 p. m., Drs. Carrel, von Sholley, Loeb; "Common Contagious Diseases," March 27th, 3.30 p. m., Drs. Nicoll, Wilson, DuBois.

---

The Bulletin for March of the Central Club for Nurses, 54 East 34th Street, announces, Social Teas, St. Barnabas Guild, every Monday afternoon, three to six o'clock; Central Club, every Friday afternoon, from three to six o'clock; Social Evenings, Miss Ruth Draper, monologue, Friday, March 14th; Evening of Music, Miss Edna Hoff, Friday, March 28th.

---

N. B.—All material for publication must be sent to the Editor not later than the fifteenth of the month preceding publication.

---

The Board of Trustees of the Alumnae Association announces the appointment of Miss Nellie Gillette, of Louisville, Ky., as Superintendent of the Club, to succeed Miss Dwight. We feel sure Miss Gillette will receive a warm welcome from her old friends, and win many new ones among the younger members when she again takes up her residence at the Club.

JESSIE H. McVEAN, Chairman.

---

---

## ALUMNAE MEETING

The regular monthly meeting of the Alumnae Association was held February 13th, 1913, with a large attendance, Miss Johnson in the chair.

The minutes of the January meeting were read and accepted.

In the absence of the Treasurer, the reports of Treasurer and Club were read by the Secretary and accepted. No reports given of the Pension Fund or from the Board of Trustees. The names of thirty-five members of the graduating class were presented by Miss Henderson for membership in the Association, which were accepted as a whole.

The letter of resignation from Miss Russell as chairman of the Red Cross Committee was read and accepted, and Miss Gibson was appointed in her place. \*

Resolutions on the deaths of Miss Quaife and Mr. Hoppin were read and incorporated in the minutes of the meeting.

In place of those members of the Association not now resident in the county, the following names were placed on list of delegates to the County Association: Miss Bookhout, Miss L. Thomson, Miss M. Lewis, Miss Collins, Miss E. Allen, Miss E. Robinson.

The following resolution regarding the proposed amendment to the Public Health Law, relative to the Nurse Practice Act, was read and accepted:

*Whereas:* The number of women in this State who are engaged in nursing compared with the number who graduate annually from properly qualified schools, shows that a very large proportion must have undertaken this work without proper training.

*Whereas,* compulsory registration would be an inducement to many women to enter properly qualified schools and graduate from them before engaging in the work of caring for the sick.

*Whereas,* the welfare of the sick and all standards of nursing would be advanced by having the State definitely determine who may be licensed to practice as a nurse.

*Resolved* that, we the undersigned hereby endorse the amendment of the Public Health Law, Chapter 45, of the consolidated law known as the Nurse Practice Act, proposed by the New York State Nurses Association to license all nurses by registration, thus making compulsory the law which for the past ten years has been permissive.

Signed by Officers and Trustees of the Association,

MISS IRENE H. SUTLIFFE,	MISS L. E. ANDERSON, R. N.
MISS JESSIE H. McVEAN, R. N.	MISS H. R. STEWART, R. N.
MISS FLORENCE M. JOHNSON, R. N.	MRS. M. L. ROGERS, R. N.
MRS. W. C. GILLEY, R. N.	MISS ROSE LAMPHEAR, R. N.
MISS BLANCHE GIBSON, R. N.	MISS MARY RANKIN, R. N.
MISS M. V. POST, R. N.	

The Nominating Committee for officers for the coming year was appointed and contained the following names: Miss M. H. Young, Miss Macdiarmid, Mrs. Hoskings, Miss S. J. Mackenzie, Miss Henderson.

The President was asked to appoint a committee to arrange for a tea to the graduating class at the March meeting. The meeting then adjourned.

## RESOLUTIONS

Resolutions of the Alumnae Association on the deaths of Mr. W. W. Hoppin and Miss Frances Quaife:

The Alumnae Association of the Training School of the New York Hospital has learned with profound sorrow of the death of MR. W. W. HOPPIN, who always manifested a special interest in the welfare of our body of nurses. We desire to express our sincere sympathy in the great loss that has come to the family of Mr. Hoppin.

The Alumnae Association has ordered this resolution spread on its minutes, and transmitted to Mr. Hoppin's family.

The New York Hospital Alumnae Association announce with regret the death, on December 5th, 1912, of MISS FRANCES QUAIFF, who has always been a faithful member of our Association.

*Resolved*, that the Alumnae extend to her family, sympathy for their loss, and that a copy of this resolution be sent to them, and also entered on the minutes of the Association.

CHAIRMAN EXECUTIVE COMMITTEE.

---

## NEW YORK COUNTY REGISTERED NURSES' ASSOCIATION

There was a very large attendance Tuesday evening, February 11th, at a special meeting to consider an amendment to the Nurse Practice Act, as to who may practice as a nurse.

Miss Annie W. Goodrich, who is thoroughly conversant with the subject, came down from Albany to tell us all about it, and what is being done there to promote its passage.

It will be introduced in the Senate by Mr. Seeley, Chairman of Public Health Committee, and to the Assembly by Mr. Goldberg. When it is read in committee every member should be written a personal letter, which is more effective than a signed petition.

She strongly urged every nurse to do everything possible to enlist public interest and bring all possible influence to bear for the passage of the bill.

She is very optimistic and believes from all encouragement received that the bill will pass both houses.

The medical profession agree that it is a just measure, but some will fight it. Some in our own ranks also oppose it. The correspondence schools will put up a very bitter fight.

There may be changes and amendments, and everything will be struck out to promote passage of amendment as to "who may practice as a nurse," this being of paramount importance.

MATILDA AGNES FREDERICK.

February 12, 1913.

## THE EFFICIENT NURSE

*Address given by MRS. C. V. TWISS at the Academy of Medicine in December, under the auspices of the Section on Medicine.*

Mr. Chairman and Gentlemen of the Medical Profession:

When I was asked a few weeks ago, by your Chairman, to prepare a paper on the subject of the "Trained Nurse," I presumed the request was made because of my position as the presiding officer of the New York State Nurses' Association. It could be for no other reason, for although I am a trained nurse I have no reputation as a speaker or writer on this or any other subject. However, I have convictions and I will endeavor to present them to you in language, which, though it may not be rhetorical, will at least be understood by you.

I have chosen for the subject of my paper, "The Efficient Nurse," and I shall undertake to give you my views, as to what is required to make one an efficient nurse.

Eight years ago I ceased to practice my profession, but my interest in the welfare of my sisters has not ceased. During these years I have been continuously an officer of either my Alumnae, the County, the State or the National Association, and I believe I am familiar with the feelings and opinions of a large majority of the members of these Associations.

I know that the strongest desire of these women as a body is to improve their efficiency in every possible way, not for the benefit which might accrue to them financially but that they may be of the greatest service to the sick and dying to whom they are called upon to minister.

The trained nurses to-day as you all well know are vastly different persons from those of the olden time, who though they may have been kind and obedient had little else to commend them, except as the Almighty may have endowed them with a degree of common sense. No more is the old doctor of fifty years ago to be compared with the highly trained men of this generation.

I believe that nurses should increase in efficiency, just as you doctors strive to improve your methods and work.

This leads me to the first point I wish to emphasize, viz.: that in order to become an efficient nurse one should possess certain qualifications other than those with which she is naturally endowed.

It goes without saying that the doctor and nurse should have certain natural capacities for their life work. Now and then we find some who unfortunately for the community, as well as themselves seem to have missed their calling.

I claim therefore, that the woman who seeks to enter our ranks should have certain educational qualifications.

It is possible for a man to become a good doctor without a college education, but such a course is intended to make him a better one, likewise a woman may become an efficient nurse without a high school education, but she should *some how* be in possession of the knowledge she would receive in such a school, if not by attendance there, then by means of private study or instruction. During the interim of her graduation from grammar school until she is old enough to enter the training school of a hospital, she should devote as much time as possible in gaining a higher education than that which she has received in the grammar school, in order to be properly prepared to perform the duties of a nurse.

It has been stated by members of your profession that the nurse of to-day is too highly trained; that many of the cases to which she is called do not need such wide intelligence, and to provide for such contingencies the proposal is made that encouragement be given to persons who have had less education, to enter our training schools and provision made by these schools for courses of one and two years' instruction. The suggestion is made that these persons be called trained attendants. You may give them that title, licensed nurses, or any other application that you will, but after a few years they will consider themselves full fledged nurses and claim equality with those who have served a three years' course of training.

I realize the difficulty that many hospitals experience in securing a requisite number of students, and that they also find it a hard matter to raise sufficient funds to pay for as much other help as they require. I am also aware that they call upon pupils of the training schools to perform, in many instances, work that should be delegated to maids. Furthermore, I know that this drudgery oftentimes unfits the pupil to study and perhaps discourages her from finishing her course. I believe it to be the fact that many good women are deterred from entering our training schools on account of this. And why should they be expected to do such work? Would not the medical student rebel if called upon to perform the duties of a watchman, or a coalheaver, because the hospital could not afford to pay men for such work?

Under present conditions I am firm in my opinion that a three years' course is none too long to impart the instruction that is necessary to graduate an efficient nurse. The ramifications of medical and surgical treatment are becoming more and more extensive, and both doctor and nurse should be able to cope with any case to which they are called.

Fifteen or twenty years ago many politicians in this country claimed that there should be a double standard for money value—gold and silver—but when due study was given the matter it was

shown to be a most fallacious doctrine. There can be but one medium to represent values, likewise there can be but one standard of efficiency for the practice of your and my profession; and that standard is, the diploma given us by the proper authorities. To you this diploma means everything; it represents the pure gold in your make-up, brought into evidence by your passing through the refiner's fire. Upon this diploma rests, not only your authority to do the work you have chosen for your vocation, but it is at the same time a guarantee to the public that you will do your work well.

My contention is that she who is to be your companion in the care of the sick should likewise be empowered, and invested with a diploma equally binding and powerful, and I hope to see the day when the State of New York will require every woman practicing the profession of a nurse, to be registered, then the title of R. N. will have a definite meaning, whereas to-day it is a mere complimentary honor.

The second and last point I have to make, is that this greater efficiency of the nurse is in the interest of the public.

Both you and we should work in the interest of the public health. Day after day we are called upon to minister to the sick and dying. It is a sacred trust. There is none higher, unless it be the ministry of souls. Hence it behooves us to lay well our foundations. Do not, I implore you, undermine the good work already accomplished by trying to establish a triple or even a double standard of efficiency in the nursing world.

If you are handicapped in securing the services of nurses at the prevailing charge for such service, simply because your patients say they cannot afford it, then look into the manner of their living and ascertain if their objection to paying the price may not be rather through penuriousness than lack of means.

Again, if you find that the supply of nurses is not keeping up with the demand of those who are able and willing to pay the regulation wage, then try to induce your hospitals to make it more attractive for women to seek admission to their training schools.

I would also urge the necessity of placing at the head of our training schools women of the highest ability as instructors.

These are some of the remedies I would suggest to make trained nurses more numerous and more efficient.

But the most essential thing required is the co-operation of the doctor and the nurse. Such meetings and conferences as these should tend to bring us into greater sympathy for each other's work.

Our National and State Associations hold annual sessions in various places in Nation and State and we always try to have as many papers as possible presented by the doctors, and we are very grateful to you gentlemen for the pleasure and information you have given us at these gatherings.

Let us both do our utmost to increase our efficiency and give our best service for the public weal.

## PROPOSED AMENDMENT

The bill with amendment relative to the Nurse Practice Act was introduced in the Senate by Senator Seeley on February 17th. Copies of the bill, No. 853, may be obtained from Mrs. C. V. Twiss, 419 West 144th Street, New York City.

### AN ACT TO AMEND THE PUBLIC HEALTH LAW, RELATIVE TO THE PRACTICE OF NURSING.

*The People of the State of New York, represented in Senate and Assembly, do enact as follows:*

Section 1. Sections 250 and 251 of chapter 49 of the Laws of 1909, entitled "An act in relation to public health constituting chapter 45 of the consolidated law" are hereby amended to read as follows:

§ 250. WHO MAY PRACTICE AS A (REGISTERED) NURSE. Any resident of the State of New York, being over the age of twenty-one years and of good moral character, holding a diploma from a training school for nurses connected with a hospital or sanitarium giving a course of at least two years, and registered by the Regents of the University of the State of New York as maintaining in this and all other respects proper standards, all of which shall be determined by the said Regents, and who shall have received from the said Regents a certificate of his or her qualifications to practice as a nurse, *is hereby authorized to practice as a nurse, and such certificate shall authorize the holder thereof to use the term nurse or registered nurse and the abbreviation R. N. in connection with his or her name. A person to whom such certificate has not been issued as provided in this article shall not practice as a nurse or use the term "nurse" or "registered nurse" or other words, letters or figures to indicate that the person using the same is a nurse and entitled to practice as such.* Before beginning to practice nursing every such nurse shall cause such certificate to be recorded in the county clerk's office of the county of his or her residence with an affidavit of his or her identity as to the person to whom the same was so issued and of his or her place of residence within such county. Nothing contained in this article shall be considered as conferring any authority to practice medicine or to undertake the treatment or cure of disease in violation of article 8 of this chapter. *Nothing contained in this article shall prevent or prohibit the performance of services, either with or without compensation in caring for the sick or injured, by any person as a trained attendant or otherwise, provided such services are not performed by such person as a nurse or registered nurse. A school or institution for giving instruction in the care of the sick which is not connected with a hospital or sanitarium registered by the Regents shall not issue a diploma, cer-*

*tificate or other written instrument to any person, indicating that such person is entitled to practice as a nurse.*

§ 251. BOARD OF EXAMINERS; EXAMINATION; FEES. The board of examiners of nurses appointed pursuant to Laws of 1903, chapter 293, is continued. The New York State Nurses Association at each annual meeting shall nominate for examiners two of their members who have not less than five years' experience in their profession. Upon the expiration of the term of office of any examiner now in office the Regents of the University of the State of New York shall, from the candidates so nominated, fill the vacancy for a term of five years and until his or her successor is chosen. An unexpired term of an examiner caused by death, resignation or otherwise, shall be filled by the Regents in the same manner as an original appointment is made. The Regents shall appoint a secretary to the board of examiners, who shall not be a member of the board and who shall hold office during the pleasure of the Regents and who shall receive an annual compensation of \$2,500, payable from the fees received under this article. The secretary shall be a duly registered nurse. The said Regents with the advice of the board of examiners above provided for shall make rules for the examination of nurses applying for certification under this article.

*Such rules may provide for the reciprocal recognition of certificates for nurses issued under the laws of other States, and the Regents may determine under what conditions and limitations the said certificates shall authorize the holders thereof to practice nursing in this State. They shall charge for examination and for certification a fee of five dollars to meet the actual expenses, and shall report annually the receipts and disbursements under the provisions of this article to the State Comptroller, and pay the balance of receipts over expenditures to the State Treasurer. The said Regents may revoke any such certificate issued as provided in this article for sufficient cause, upon recommendation of the board of examiners of nurses, upon charges preferred after a hearing had before said board of examiners, upon written notice to the person charged. No person shall thereafter practice as a nurse under any such revoked certificate.*

§ 3. Section 252 of such chapter is hereby amended to read as follows:

§ 252. WAIVER OF EXAMINATIONS. The Regents of the University of the State of New York may, upon the recommendation of said board of examiners, waive the examination of any person possessing the qualifications mentioned in section 250, and grant a certificate authorizing such person to practice nursing, if such person is

1 *In training at the time this act takes effect and shall thereafter graduate; or*

2 *Is engaged in the practice of nursing at the time this act takes effect, and shall have had at least two years' experience as a nurse*

*in a general hospital, prior to such time. Provided, however, that written application for such certificate shall be made within three years after this act takes effect.*

*The said Regents upon the recommendation of the said board of examiners may also grant such certificate to any nurse of good moral character who has been engaged in the actual practice of nursing for not less than three years next prior to the passage of this act, who shall satisfactorily pass an examination in practical nursing within three years from the taking effect of this act. Any person who is registered as a registered nurse prior to the taking effect of this act shall be authorized to practice as a nurse under this article as hereby amended without further examination or certification.*

§ 4. This act shall take effect immediately.

---

---

## NEWS ITEMS

Miss Whitelaw would like special attention paid to the following notice; that members of the Fund for Sick Nurses, when desiring to make application for benefits, kindly send to Miss Whitelaw for the printed form of application which *must* be used.

The nurses of the Association for the Aid of Crippled Children, will hold a Tea and Sale of Work, at No. 5 Livingstone Place, Wednesday, March 5th, from 3 to 5 o'clock, for the benefit of the work. All are invited. "Please come." Our own Mrs. Crawford is superintendent of this work, and hopes to see many of the graduates present.

In a recent letter from Miss Mary Beecroft, '10, whose address is Hotel Beresford, Sutter Street, San Francisco, she said she had just finished reading the February News and felt as though she had "some" very pleasant communications with a lot of very old friends at home." San Francisco, she added, seems to be pretty well represented by our nurses, Miss Hinch, Miss Olmsted, Miss Schmidt (who lives with Miss Beecroft), and Miss George was to join them the next week for a brief visit. Dr. and Mrs. Beenwkes (Miss M. Dumble, '08) are at the Presidio, where the doctor is now stationed. Miss Beecroft has been for several months in charge of the obstetrical branch, at the Adler Sanitorium, and has found the work most interesting.

Miss Elizabeth N. Hill, formerly of Bryn Mawr, Pa., has a private house, as American residence (for young ladies who wish to study in Paris, under chaperonage) at No. 11 Rue Benjamin Godard, Paris, France. Miss Hill is a sister of Miss Josephine Hill, and she will be glad to see any of our graduates who happen to be in Paris. Miss Hill is generally at home on Sunday afternoons.

We are glad to know that Miss Olive Secord has recovered from her illness sufficiently to leave the P. P. B., and go to her old home in the Campbell Cottages to convalesce.

Miss Elizabeth Burroughs and Miss Bess Bower recently spent week-ends there.

The Cottages also enjoyed a day's visit from Miss I. Walton, Miss J. Whitelaw, and Miss Grasse, secretary of the Children's Court, Brooklyn.

Miss Hitchcock has returned from Italy, where she did a little private nursing. We understand she expects to return to that country some time in the future.

It is with a great deal of pleasure that we welcome Dr. Francis Murray back to the N. Y. H. after his year of service at Hudson Street Hospital.

We are glad to welcome Dr. Charles L. Gibson, who by his appointment as Assistant Professor of Surgery at Cornell University, comes to take charge of the First Surgical Division of the Hospital. Plans have been made for the instruction of the students, in the Hospital and O. P. D.

The nurses of the class of 1913 have passed their final examinations successfully, and their graduating exercises will take place on the evening of March 5th.

Our deepest sympathy is extended to Miss Cobban in the loss of her brother.

With regret we learn of the death of Miss Phymister's mother, at Montreal.

Our sympathy also goes out to Miss Stubbs, who lost her father January 28th.

Miss Kate Clark has gone to her sister's at Milton Junction, Wisconsin, where she expects to remain for some time. While she was at the Hospital she received letters from so many of her old friends among the graduates "after they heard of her very distressing accident," and they certainly were a great source of pleasure to her. Miss S. Bradley, '81, wrote from Tallapoosa, Ga., where she is for the winter (her summer home is at Chautauqua, N. Y.), and Miss M. Carpenter, '82, is living at 1418 Henry Street, Berkeley, California, and thoroughly enjoying that most delightful place.

We extend our hearty congratulations to Dr. Edward Cussler on his appointment as Assistant Attending Physician. He assumed his new duties February 1st at Hudson Street Hospital. The O.

P. D. at the New York has sustained a very great loss by his resignation.

We are glad to see Miss Gill in the Hospital on duty after her two months' trip to her home in Portland, Oregon. While on the Coast she went to Seattle and on to British Columbia.

Miss Florence Creighton, '04, has been at Atlantic City for some weeks, and has now gone to Florida for a ten days' trip.

Miss Helen Woodruff, '85, who has been living at her home in Plattsburg, N. Y., for the past eleven years, came to New York last September with a patient. They are living at The Renaissance Hotel, 512 Fifth Avenue, and are likely to remain in town for some time.

Dr. George T. Banker's address is 1156 East Jersey Street, Elizabeth, N. J.

Miss Charlotte Cady, '94, who is living at Sag Harbor, Long Island, has been in town for a few days.

Miss Ada Stewart, '81, has gone to Florida for two months. She is most comfortably situated at "Cocoa," an ideal place on Indian River. On the way she stopped at Charleston, Jacksonville, and St. Augustine. She spent a week in New York, and while here, Miss Virginia Hunter, who is her class-mate, gave one of her charming little dinners for her at Osborne Hall. Among those who were invited to meet Miss Stewart were Miss Walton, Miss Agnes Brennan, and Mrs. Hoe.

Since Dr. Frank Hartley's illness, every day kind inquiries are made for him at the Hospital. We are more than glad to hear that he is still improving.

Miss Clare Kirby, '11, who is living with her sister at 78 West 94th Street, has returned from a long visit at her old home in Picton, Canada. She spent several days in Toronto on her way back to New York.

Miss Lucy Grafton has returned from visiting her sister in Providence, Rhode Island.

Miss Lillian Wilson has been enjoying a trip to Atlantic City.

Mrs. Charles Harris (Miss Kate Sutcliffe, '02) is living at Penn Grove, Samona Co., California. She is enjoying an outdoor life on her lovely little chicken farm.

Miss Josephi, who has been ill on the fourth floor, P. P. B., we are glad to say, has quite recovered and is on duty again.

Miss Florence Linton, '94, is enjoying life in London, England, where she is with her nephews who are at school. Miss Alice Linton, '02, is in Switzerland, where she will remain until April. She is taking a long rest and studying French.

Miss J. Whitelaw, Miss Walton, and Miss Grasse spent an ideal day with Miss J. McVean and her sister in their new home, "Weehame," Great Neck, L. I.

Miss Marjorie Lewis, '09, has been on the fourth floor P. P. B. for some time. She injured her knee several weeks ago and is still using crutches, but we hope that before long she will have quite recovered.

Miss Kerston Tybjerg, '02, who has been nursing in Paris, went to her home in Copenhagen, Denmark, before Christmas, and expects to remain there part of the winter.

Miss Beatrice Anderson, '09, has returned to the Club after a long visit at her home in Hamilton, Canada.

Miss Helen Mewhort, '98, has gone to Paris, France. She expects to do private nursing.

Miss Amy Winants, '08, is on a delightful cruise to Bermuda, Panama Canal, and Trinidad.

Miss Elizabeth Richmond, '05, has gone to Los Angeles, California, with a patient.

Miss Maria Seldon, '95, who is living on her lovely farm at Hadlyne, Conn., spent a week in Brooklyn, recently, with her sister.

---

It is herewith announced that the courses of instruction in the Swedish System of Massage and Gymnastics at the Pennsylvania Orthopaedic Institute and School of Mechano-Therapy, Inc., 1711 Green St., Philadelphia, will be extended from a three months' to a four months' course beginning with the Fall term on September 23rd, 1913. There will be no changes in the courses of Electro and Hydro-therapy. Nurses who desire to avail themselves of the present low rate and short duration of three months instead of four months may apply for admission to the following three classes:—Second section of the Winter class opening March 12th, 1913; Spring class, May 15th, 1913, and the Summer class, July 9th, 1913. No applicant will be admitted after these classes at the present rate and length of term. For further particulars and 56 page prospectus with 46 illustrations, apply to Superintendent. An early application on account of the limited number of vacancies, is advisable.

MAX J. WALTER, Superintendent.

# ADVANCED SPECIALTIES for SICKROOM and HOSPITAL

*Meinecke*

## Invalid Water Cushion

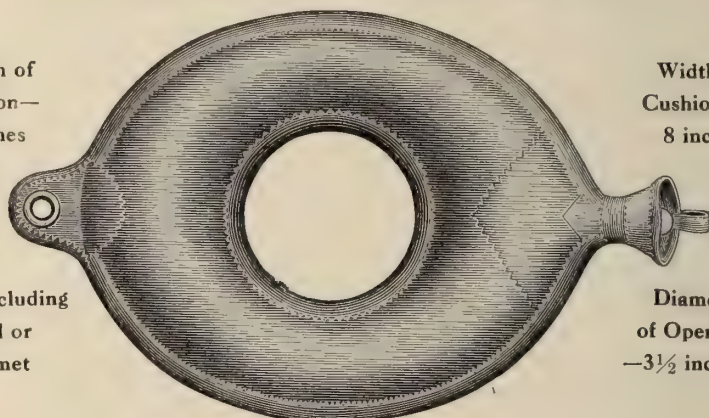
For Preventing and Relieving Bed Sores

Length of  
Cushion—  
11 inches

Width of  
Cushion—  
8 inches

Not including  
Funnel or  
Grommet

Diameter  
of Opening  
—3½ inches



Patent Applied For

**Better Than an Air Ring or Cushion  
Soft, Comfortable, Cool  
Needed in Every Hospital and Sick Room**

The Meinecke Invalid Water Cushion is filled with cold water, and then used in exactly the same way as any other Invalid Ring or Cushion.

The advantages of a Water Cushion over an Air Cushion will be evident to all physicians and nurses. An Air Cushion is hard and uncomfortable, and after the patient has been on it for a little while it gets warm, and the tender spot is liable to be irritated rather than soothed.

The Meinecke Water Cushion is cool, comfortable and soft to the part resting on it, and it can be refilled from time to time, whenever the heat from the body makes the water in the Cushion warm.

It is particularly suitable for use under the end of the spine, the shoulder blades, the hip joints, or in fact any part of the body which is apt to become sore and tender from continued lying in one position. It is also useful as a head support, the back of the head resting in the opening.

This Cushion, if filled with warm water, also makes an excellent face and ear bag, for relieving facial neuralgia, earache and toothache; and some forms of headaches requiring the application of heat.

The Cushion is made of our well-known Maroon Rubber, and the edges are strongly reinforced. The funnel end makes the Cushion easily filled, and the grommet is useful for hanging up the Cushion to drain out.

*A Washable Cover is also Supplied with Each Cushion*

**Retail Price (including Cover).....Each \$2.50**

**Special Prices Made to Hospitals**

**MEINECKE & COMPANY**  
48-50 Park Place... New York





THE  
ALUMNAE NEWS



Vol. 8

APRIL, 1913

No. 6



# SUPERFLUOUS HAIR

Moles and Facial Blemishes Permanently Removed by the Electric Needle. Absolutely Painless. Consultation Free.

*Reference to Leading Physicians*

## ELECTROLYSIS COMPANY

104 East 40th Street  
NEW YORK.

Telephone, 1844 Murray Hill

S. P., GILMORE



## SUSAN C. CARROLL

Restaurant for Gentlemen and Gentlewomen

OPEN SUNDAYS AND HOLIDAYS

Breakfast after 7.30      Afternoon Tea  
Luncheon, 11 A. M. to 3 P. M.  
Dinner-Supper, 5.30 to 8 P. M.

Service, Club and A la Carte      Popular Prices

Southern Cooking as it is done in the South.  
Genuine Old Fashioned Buckwheat Cakes.  
Home made Sausage, Old Family Recipe  
Waffles.  
Orders taken for Sandwiches, Salads, etc.  
Home made Mince Pies, Pumpkin Pies,  
Plum Pudding, Fruit Cake to order for  
private parties.

Private Dining Room Furnished in  
Mahogany for Special Luncheon, Dinner,  
Supper or Card Parties

44 West 33d St., New York City

# ANDREW ALEXANDER SHOES

FIFTH AVENUE  
AT 45TH STREET

SIXTH AVENUE  
AT 19TH STREET

NEW YORK

# Sterilized Obstetrical Supplies

The sterilized obstetrical supplies provided by Van Horn & Sawtell for the aid and convenience of physicians and nurses are prepared with the same attention to quality, utility and sterility that are given to every product of the Van Horn & Sawtell laboratories.

To the physician and nurse such care and attention spell protection and safety.

For complete lists of obstetrical supplies, special outfits, sutures, etc. address

VAN HORN & SAWTELL  
307 Madison Avenue, New York, N. Y.

## A Non-Greasy Lubricant

needs little comment as to its superiority from every standpoint of cleanliness. The avoidance of greasy clothes and bed linen is always gratifying to the painstaking nurse, and this is only one of the many advantages that attend the use of



## K-Y Lubricating Jelly

the "perfect lubricant" for *catheters, specula, rectal and colon tubes.*

"K-Y" is water-soluble and easily rinsed from instruments, dressings and clothing without leaving the slightest stain.

"K-Y" moreover, is emollient and soothing to the skin, offering a prompt and effective means of relieving "bi-chloride rash" and kindred irritations.

A postal request will bring a liberal sample.

VAN HORN & SAWTELL  
307 MADISON AVE., NEW YORK, N. Y.

# ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

---

VOLUME VIII

APRIL, 1913

No. 6

---

PUBLISHED MONTHLY, FROM NOVEMBER TO JULY.

Sent free of charge to all members of the "Alumnae Association"

to others: { 50 cts. per year  
                  { 10 " " copy

---

Editor—MISS E. DENIKE, 210 East 17th St.

Associate Editor—MISS L. G. EICHBAUM, 8 West 16th St.

Business Manager—MISS F. S. WRIGHT, 416 West 118th St.

News Editor—MISS I. J. WALTON, 8 West 16th St.

Secretary—MISS BLANCHE GIBSON, 8 West 16th St.

---

## REPORTERS

MISS A. FREDERICK,

MISS A. DUNCAN,

MISS L. ANDERSON,

MISS E. E. GOLDING,


MISS M. H. WILSON,

MISS J. HILL,

MISS N. McCRAE,

MISS F. COBBAN.

---

 It is requested that notice of change of address be sent to the Secretary as promptly as possible, so that the mailing list may be kept corrected.

---

Those who have failed to receive the "Alumnae News"—or those who desire extra copies—can be supplied by calling at the Club, or copies will be mailed on application to the Secretary.

---

*Entered at the Post Office at N. Y. City as second class matter.*

## NOTICES

### N. Y. HOSPITAL ALUMNAE MEETING.

The annual meeting of the Association will be held in the Lecture Room, 8 West 16th Street, on **Wednesday**, April 9th, at 3 p. m.

Miss Goodrich was unable to be with us at the March meeting, as she was detained in Albany by business relating to the hearing of the Nurse Practice Act. Mrs. Twiss, who was also at the hearing, reached the meeting just before adjournment and told something of what was accomplished. Mrs. Sulzer attended the hearing and was greatly interested in the proceedings.

The following statistics will be of interest to our nurses:

There are now 9,555 registered nurses in New York State, 1,000 of whom registered this last year. There are 123 registered schools, while 11 of the 13 State Hospitals are registered and stand back of our proposed amendment. There are also 7 States which have compulsory registration—Colorado, Virginia, Texas, Oklahoma, Wyoming, Indiana and Iowa.

On another page is given a list of Senators and Assemblymen and it is urged that every nurse, who has influence or acquaintance with them or with any other other man or woman of note, write and speak for the movement.

At the close of the March Alumnae meeting the members of the Association had the pleasure of meeting the members of the graduating class at a very charming tea given in the Reception Room, the hostesses being Miss Sutcliffe, Miss Henderson, Miss Dwight, Mrs. Gilley, Miss McCrae and Miss Johnson.

Since the report from Mrs. Twiss, another hearing has been given at which the testimony in favor of the amendment was very strong, and there is added hope of ultimate success.

## ALUMNAE MEETING

The regular meeting of the Alumnae Association was held Thursday, March 13th, at three o'clock. The meeting was called to order by Miss McVean. The minutes of the preceding meeting, the reports of the Treasurer, the Club, and the Nominating Committee were read and approved. Miss McVean reported the resignation of Miss Denike as Editor of the News, which has been accepted with regret by the Trustees.

The resignation of Miss Whitehead as a member of the Association was accepted with regret.

A letter from the Central Registry was read requesting a continuation of the annual payment of ten cents per capita from the Alumnae Association. Miss McVean stated that the Trustees at their last meeting had voted to recommend to the Association that contribution be made. It was voted to accept the recommendation be accepted and the money paid.

It was voted that the Trustees be given authority to act in the matter of nominations for the Annual State Meeting.

Miss Sutcliffe reported that at a meeting of the Pension Fund Committee, the nurse in charge of the sale of china was authorized to purchase display cabinets; one for the Club and one for the Hospital. It was thought that the sales would be more numerous if the china could be in sight. At this meeting it was decided to enlarge the Committee, but the names of the new members were not announced. It was also decided to hold a sale of cake and candy about the middle of April. The suggestion of Miss Walton was adopted that a New York Hospital calendar be prepared for sale next fall. This idea was received with enthusiasm and many orders have already been received by Miss Macdiarmid. Miss Sutcliffe asked that each member submit ideas for the calendar, which the Committee will be glad to consider. Communications should be sent to Miss Macdiarmid. The Pension Fund now amounts to \$7,621.27.

Miss Young reported the illness of Dr. Delevan and it was voted that flowers be sent to him.

Mrs. Twiss gave a most interesting report of the hearing in Albany of Senate Bill No. 943, introduced by Dr. John Seely. While Mrs. Twiss reported great opposition, she left with us a decidedly hopeful impression of the outcome. The correspondence and short course schools have much money back of them and, as they have much to lose, they are fighting the bill desperately.

FLORENCE S. WRIGHT, R. N.

## NURSE PRACTICE ACT

The Committee hearing on the Nurse Practice Act was held in the Assembly Room of the Capitol, Albany, on Tuesday, March 11th.

The opposition was out in full force and asked for a new hearing which was refused.

Briefs will be submitted by both sides and considered.

If the bill comes out of Committee and goes before the Senate, a large delegation of nurses will be asked to go to Albany. Our side was ably represented by Dr. Angell (representing Dr. Whitbeck, of the State Education Association), Miss Nutting, Miss Palmer, Miss Maxwell, Miss Goodrich, Mrs. Twiss and Mrs. Cadwalader Jones, the latter making a forceful appeal from the layman's side.

All nurses are urged to interest their friends in this bill.

We are promised the endorsement and interest of the Legislative Committee of the City Club.

E. E. GOLDING, R. N.

### • PUBLIC HEALTH COMMITTEE—SENATE.

Senate Seely, Woodhull, N. Y.

Senator Peckham, 333½ Genessee Street, Utica, N. Y.

Senator Griffin, 891 Cauldwell Avenue, N. Y. City.

Senator Stillwell, 3311 Olinville Ave., Williamsburg, N. Y.

Senator McKnight, Castleton, N. Y.

Senator Palmer, Milton, N. Y.

### PUBLIC HEALTH COMMITTEE—ASSEMBLY.

Assemblyman McDaniels, Ithaca, N. Y.

Assemblyman Schefferdecker, 225 Hamburg Avenue, Brooklyn, New York.

Assemblyman Squire, Rotterdam Junction, N. Y.

Assemblyman Telford, Margaretville, N. Y.

Assemblyman Kane, 334 West 124th Street, N. Y. City.

Assemblyman Burden, 65 Webster Avenue, L. I. City.

Assemblyman Komobis, 910 Bedford Ave., Brooklyn, N. Y.

Assemblyman Borie, New Rochelle, N. Y.

Assemblyman Campbell, 827 Tenth Avenue, N. Y. City.

Assemblyman Knott, 103 Waverly Place, N. Y. City.

Assemblyman Bradley, Barker, N. Y.

Assemblyman Webb, Cortland, N. Y.,—R. F. D., 4.

Assemblyman Fuller, Marcy, N. Y.

## NEWS ITEMS

The graduating exercises were held in the Governor's Room, Administration Building, on the evening of March 5th. Thirty-five nurses graduated. Mr. G. P. Ludlam gave an interesting address on the advancement of the Training School from early days to the present time. Many of the older graduates came especially to hear Mr. Ludlam.

Miss Susan C. Carroll, a graduate of Johns Hopkins Hospital, Baltimore, whose advertisement of The Rose Tea House appears in this issue, endeavors to please her patrons and solicits frequent visits from the nurses and their friends to partake of the Southern cooking obtained there.

Miss Mary Allen, who was dietitian for so long at our hospital, is now manager of The George W. Allen Orchards, at Parkdale P. O., Hood River, Oregon. Miss Allen writes that she is busy raising hay, potatoes, strawberries, as well as having the large apple orchards. I feel sure that all Miss Allen's old friends join in wishing her every success in her new home.

Miss Mary Smith, '97, is spending six weeks' vacation in Paris and London.

Miss Kate Clark is having a delightful visit with her sister in Wisconsin and is recovering from her serious accident.

Miss Elsie Jessup, '11, who has had charge of Ward H, has resigned and is succeeded by Miss Moore, '13. Miss Jessup sailed Feb. 28th for a month's trip to Bermuda.

Miss Etta Richardson, '95, is spending a month in New York. We were very glad to see her at the graduating exercises and at the March Alumnae meeting.

Miss Susie Armstrong, who was ill on the fourth floor, P. P. B., has quite recovered and is at the Club again.

Miss Macbeth, '15, has been ill some time with rheumatic fever.

Miss Whitelaw reminds the members of the Sick Fund, that applications for benefit must be recommended by physicians recognized by the County Medical Society.

Dr. Hitzrot is rapidly recovering from a serious attack of typhoid fever, during which he was operated upon by Dr. Downs.

Our deepest sympathy is extended to the Misses Nudel in the loss of their mother.

Mrs. Trow (Miss Mathews, '98) and Miss Emma Rose, '04, are spending the winter in the south of France. They have been abroad together since last June.

The Class of 1913 gave a dinner at the Central Club on Feb. 26th, at which Miss Henderson and Miss Reutinger were the guests of honor. The place cards, made by Miss Zabriskie, were most attractive, the card having a circle cut out, in which was a nurse with cap and uniform of the school. The toasts were very amusing and clever.

The Class of 1914 gave an entertaining costume dance March 1st, in honor of the graduating class. The costumes were unique, also the refreshments which were passed about on a pushcart. Everyone had a great deal of fun.

Miss Walton spent Washington's Birthday at her home in Toronto. While there she had the pleasure of seeing Miss Margaret Wilson, '09, who is looking wonderfully well, and Miss Bessie Mac Murchy, '08, both of whom sent kind regards to old friends. Miss Verna Smith had just returned from a two weeks' trip. Miss Anna Hastings has been spending the winter in and near Toronto. We hope to see her soon again in New York. Miss Gertrude Forbes, '05, is still doing school nursing is much appreciated from the many nice things one hears of her work.

Miss Mary Kehoe, '12, spent a week recently at her home in Providence, R. I.

Dr. Elizabeth Johnson van Slyke, '83, Superintendent of the Woman's Hospital, is spending a six weeks' vacation abroad, taking the Mediterranean trip.

Miss Blanche Swan, who was with us at the N. Y. Hospital in the operating room, received the appointment Jan. 1st, of school nurse in Victoria, B. C., where she has been living for the past two years. It has been a very great pleasure for her to organize the new work and we congratulate her on the appointment.

Miss Bell and Miss Morgan, '13, and Miss Grassel, '12, are living at the Club.

Mrs. G. H. Croom (Agnes Harper, '10) is enjoying Southern life very much, is already interested in hospital work in her new home and has offered her services to the Presbyterian Church to assist during the summer in district work among the children.

Miss F. S. Giddings, 1900, has resigned her position as school nurse and is taking charge of the social service work at the Paterson Hospital, making her home with Mrs. and Miss Dakin at their apartment.

We enjoyed a call recently from Miss Katherine Moore, '03, who is living at Waterwitch, Highlands P. O., N. J.

Miss Helena Stewart, '04, is at De Sand, Florida, where she will make an indefinite stay with her father.

Miss Gretchen Kelley, '13, is living with Miss Jellett, 34 East 58th Street.

Miss S. E. Powell, '11, has moved to 35 West 16th Street.

Dr. and Mrs. H. S. Thompson (Miss Swan, '04) have gone to Berkeley, California, where they will make their home. They will soon be able to have a N. Y. Hospital Club in and about San Francisco.

If each nurse would send an item a month to Miss Walton, News Editor, for the personal column of the News, she would greatly appreciate the kindness. It is only by each one helping, that any success can be made.

An opportunity is offered to a nurse who wishes a location convenient to the hospital, to occupy part of an apartment from May 1st. Apply to Miss Josephi, N. Y. Hospital.

It isn't the work we intend to do,  
Or the labor we've just begun,  
That puts us right on the ledger sheet.  
It's the work we've really done.

# ADVANCED-SPECIALTIES for SICKROOM and HOSPITAL

*Meinecke*

## Invalid Water Cushion

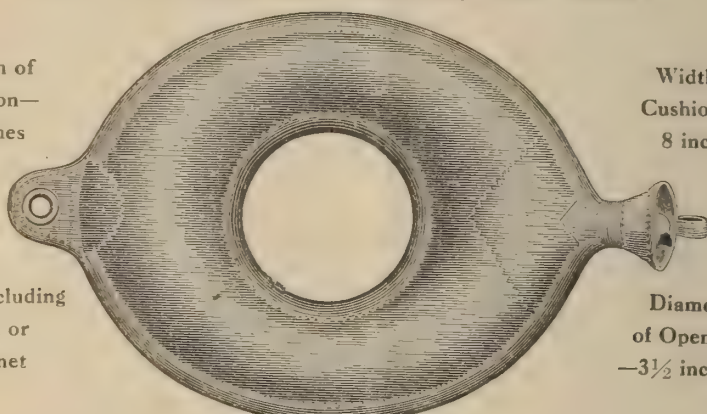
For Preventing and Relieving Bed Sores

Length of  
Cushion—  
11 inches

Width of  
Cushion—  
8 inches

Not including  
Funnel or  
Grommet

Diameter  
of Opening  
—3½ inches



Patent Applied For

**Better Than an Air Ring or Cushion  
Soft, Comfortable, Cool  
Needed in Every Hospital and Sick Room**

The Meinecke Invalid Water Cushion is filled with cold water, and then used in exactly the same way as any other Invalid Ring or Cushion.

The advantages of a Water Cushion over an Air Cushion will be evident to all physicians and nurses. An Air Cushion is hard and uncomfortable, and after the patient has been on it for a little while it gets warm, and the tender spot is liable to be irritated rather than soothed.

The Meinecke Water Cushion is cool, comfortable and soft to the part resting on it, and it can be refilled from time to time, whenever the heat from the body makes the water in the Cushion warm.

It is particularly suitable for use under the end of the spine, the shoulder blades, the hip joints, or in fact any part of the body which is apt to become sore and tender from continued lying in one position. It is also useful as a head support, the back of the head resting in the opening.

This Cushion, if filled with warm water, also makes an excellent face and ear bag, for relieving facial neuralgia, earache and toothache; and some forms of headaches requiring the application of heat.

The Cushion is made of our well-known Maroon Rubber, and the edges are strongly reinforced. The funnel end makes the Cushion easily filled, and the grommet is useful for hanging up the Cushion to drain out.

*A Washable Cover is also Supplied with Each Cushion*

Retail Price (including Cover).....Each \$2.50

Special Prices Made to Hospitals

**MEINECKE & COMPANY**

48-50 Park Place... New York





THE  
ALUMNAE NEWS



Vol. 8

MAY, 1913

No. 7



# SUPERFLUOUS HAIR

Moles and Facial Blemishes Permanently Removed by the Electric Needle. Absolutely Painless. Consultation Free.

*Reference to Leading Physicians*

## ELECTROLYSIS COMPANY

104 East 40th Street  
NEW YORK.

Telephone, 1844 Murray Hill

S. P. GILMORE



## SUSAN C. CARROLL

Restaurant for Gentlemen and Gentlewomen

OPEN SUNDAYS AND HOLIDAYS

Breakfast after 7.30      Afternoon Tea  
Luncheon, 11 A. M. to 3 P. M.  
Dinner-Supper, 5.30 to 8 P. M.

Service, Club and A la Carte      Popular Prices

Southern Cooking as it is done in the South.  
Genuine Old Fashioned Buckwheat Cakes.  
Home made Sausage, Old Family Recipe  
Waffles.  
Orders taken for Sandwiches, Salads, etc.  
Home made Mince Pies, Pumpkin Pies,  
Plum Pudding, Fruit Cake to order for  
private parties.

Private Dining Room Furnished in  
Mahogany for Special Luncheon, Dinner,  
Supper or Card Parties

44 West 33d St., New York City

# ANDREW ALEXANDER SHOES

FIFTH AVENUE  
AT 45TH STREET

SIXTH AVENUE  
AT 19TH STREET

NEW YORK

# Sterilized Obstetrical Supplies

The sterilized obstetrical supplies provided by Van Horn & Sawtell for the aid and convenience of physicians and nurses are prepared with the same attention to quality, utility and sterility that are given to every product of the Van Horn & Sawtell laboratories.

To the physician and nurse such care and attention spell protection and safety.

For complete lists of obstetrical supplies, special outfits, sutures, etc. address

VAN HORN & SAWTELL  
307 Madison Avenue, New York, N. Y.

## A Non-Greasy Lubricant

needs little comment as to its superiority from every standpoint of cleanliness. The avoidance of greasy clothes and bed linen is always gratifying to the painstaking nurse, and this is only one of the many advantages that attend the use of



## K-Y Lubricating Jelly

the "perfect lubricant" for *catheters, specula, rectal and colon tubes.*

"K-Y" is water-soluble and easily rinsed from instruments, dressings and clothing without leaving the slightest stain.

"K-Y" moreover, is emollient and soothing to the skin, offering a prompt and effective means of relieving "bi-chloride rash" and kindred irritations.

A postal request will bring a liberal sample.

VAN HORN & SAWTELL  
307 MADISON AVE., NEW YORK, N. Y.

# ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

---

VOLUME VIII

MAY, 1913

No. 7

---

**PUBLISHED MONTHLY, FROM NOVEMBER TO JULY.**

**Sent free of charge to all members of the "Alumnae Association"**

to others:  $\left\{ \begin{array}{l} 50 \text{ cts. per year} \\ 10 \text{ " " copy} \end{array} \right.$

---

Editor—MISS E. DENIKE, 210 East 17th St.

Associate Editor—MISS L. G. EICHBAUM, 8 West 16th St.

Business Manager—MISS F. S. WRIGHT, 416 West 118th St.

News Editor—MISS I. J. WALTON, 8 West 16th St.

Secretary—MISS H. E. WHITEHEAD, 2914 Broadway.

---

## REPORTERS

MISS A. FREDERICK,

MISS A. DUNCAN,

MISS L. ANDERSON,

MISS E. E. GOLDING,


MISS M. H. WILSON,

MISS J. HILL,

MISS N. McCRAE,

MISS F. COBBAN.

---

 It is requested that notice of change of address be sent to the Secretary as promptly as possible, so that the mailing list may be kept corrected.

---

Those who have failed to receive the "Alumnae News"—or those who desire extra copies—can be supplied by calling at the Club, or copies will be mailed on application to the Secretary.

---

*Entered at the Post Office at N. Y. City as second class matter.*

## OFFICERS OF ALUMNAE ASSOCIATION 1913

### *Honorary President*

MISS IRENE H. SUTLIFFE.

### *President*

MISS FLORENCE M. JOHNSON, R. N.....129 East 17th Street

### *Vice-President*

MISS ELIZABETH BURROUGHS, R. N.....8 West 92nd Street

### *Recording Secretary*

MRS. W. C. GILLEY, R. N.....176 West 81st Street

### *Corresponding Secretary*

MISS HINDELA E. WHITEHEAD, R. N.....2914 Broadway

### *Treasurer*

MISS M. V. POST, R. N.....8 W. 92nd Street

### *Trustees*

MISS ROSE LAMPHEAR, R. N.....8 W. 92nd Street

MISS MARY RANKIN, R. N.....8 W. 92nd Street

MISS JESSIE H. McVEAN, R. N.....Great Neck Station, L. I.

MRS. A. W. VAN RIPER, R. N...171 Lafayette Ave., Passaic, N. J.

MISS ANNA L. REUTINGER, R. N.....309 Second Avenue

---

## FUND FOR SICK NURSES.

### *Secretary and Treasurer*

MISS JENNIE M. WHITELAW,  
P. O. Box 113, Brooklyn, N. Y.

---

## BOARD OF TRUSTEES.

### *Chairman*

MISS JESSIE H. McVEAN

### *Secretary*

MISS H. E. WHITEHEAD

---

## STANDING COMMITTEES.

### *Executive*

MISS BURROUGHS

MISS LAMPHEAR

MRS. GILLEY

### *Credential*

MISS WHITEHEAD

MISS REUTINGER

MISS RANKIN

### *Finance*

MISS POST

MISS JOHNSON

MRS. VAN RIPER

Miss Russell's name should be substituted  
for Miss Borrowgh's as Vice-President of  
the Association.



## NOTICES

### N. Y. HOSPITAL ALUMNAE MEETING.

The regular meeting of the Association will be held in the Lecture Room, on Thursday, May 8th, at 3 p. m.

---

### N. Y. COUNTY REGISTERED NURSES' ASSOCIATION.

The Annual Meeting (election of officers) of the N. Y. County Registered Nurses' Association will be held at the Academy of Medicine on Tuesday, June 3rd, at 8 p. m. A list of our delegates to the County Association is printed on another page of this issue of the News, and it is hoped that as many delegates as can do so, will attend the Annual Meeting.

---

### PENSION FUND TEA.

A tea for the benefit of the Pension Fund will be held at 6 West 16th Street, Thursday, May 8th, at 4 p. m. Homemade cake and candy will be on sale. Will the nurses and their friends please send their donations of these articles by noon, May 8th. We hope for a large attendance and that each one will bring a friend to share "the cup that cheers."

---

The Cunard steamship Ivernia, sailing for Naples, April 5th, sent back by the pilot "Greetings to the Alumnae Association from I. H. Sutcliffe."

---

Mrs. William C. Gilley gave a household shower for Miss Dwight on the evening of March fourteenth, entertaining the board of trustees of the Alumnae Association and a few of Miss Dwight's friends. A most delightful evening was spent in the hospitable home of our Secretary and her husband, who contributed not a little to the gayety of the occasion. Miss Dwight was presented with a luncheon set from the officers of the Association, including our honorary president, and received various gifts of household use and adornment from the guests. The best wishes of all go with Miss Dwight to her new home and cordial thanks are due to Doctor and Mrs. Gilley for a happy evening.

---

We all are interested to learn that eleven of the nineteen graduates of our last class who took the Regents Examination, achieved honor, while all passed with satisfactory results.

## SPECIAL MEETING OF ALUMNAE ASS'N

There was a special meeting of the Alumnae Association on Tuesday, April 1, to hear report of Special Committee on New Club House: to discuss plans and appoint a standing committee.

The meeting was well attended and the plan, as suggested by Dr. Gould (of the City and Suburban Home Association) was outlined by Miss Sutcliffe. The new club house could be ready for occupancy May 1, 1914; would be in a convenient neighborhood; would have assembly hall, reception rooms, reading room, library, sewing room and laundry for use of nurses; would accommodate 250. Part of expense to be covered by mortgage and part by bonds issued by the City and Suburban Association. After much interesting discussion it was moved that a committee of 7 be appointed by the chair, with Miss McVean as chairman, to meet with Dr. Gould, to prepare an outline of plan and send printed matter about plans and finances to each member of the Alumnae Association.

The committee is as follows:

Miss McVean	Miss Russell	Miss Fraser
Miss Sutcliffe	Miss Maher	Miss Henderson
	Miss Gillette	

---

## ALUMNAE MEETING

The Annual Meeting of the Association was held April 9th, 1913.

The regular monthly reports of Secretary and Treasurer were read and approved, also report of the meeting of trustees. The business of the meeting was delayed to give time to a hearing from Mr. Ohm, architect and representative of Dr. Gould, who laid before the Association a tentative plan for a new club house. General discussion followed and after a report from Miss Russell on an interview with Mr. H. H. Cammann, of the Advisory Board, the matter was left to the trustees for further investigation.

The tellers and inspectors of election were then appointed: Miss Grafton, Miss McDougal, Miss Ryerson and Miss Ruddock.

Letter was read from Dr. Delevan thanking the Association for flowers sent him during his recent illness. Letter was read from Miss Thornton inviting our members to join Suffrage Parade, May 3rd—meeting in West 9th Street. Letter was read from Miss Whitehead asking re-instatement in Association, and a unanimous vote given in favor. Report of Pension Fund read by Miss Macdiarmid, who urged all to take an interest in making the tea, to be given after the May meeting, a success.

The Annual Reports were read, after which the announcement was made of the officers elected for the coming year.

---

## N. Y. COUNTY REGISTERED NURSES' ASS'N

The regular meeting, by invitation, was held at "Osborn Hall," the beautiful home of Bellevue graduate nurses, on Tuesday evening, April 1. It was largely attended and enjoyable from the subjects presented aside from nursing. It is right that we should let our minds and interests broaden beyond the absorbing duties of our own profession.

Miss Golding, Pres., presided in her usual efficient manner. The nominating committee made the following report for the June election of officers:

*President*—Miss E. E. Golding.

*Vice-President*—Miss Patmore, Miss Rose Johnson.

*Recording Secretary*—Miss Charles.

*Corresponding Secretary*—Mrs. Jack, Mrs. Brockway.

*Treasurer*—Miss Duensing, Miss Rhodes.

*Trustees*—Miss Morley, Miss McVean.

Ways and means to help the work in procuring the passage of our bill to amend the Nurse Practice Act now before the legislature was freely discussed at great length, which I will not report as the fate of the bill will be known before this goes to print. Every one felt hopeful of success in spite of determined opposition.

Miss Mary E. Thornton prepared the very interesting programme for our entertainment. The speakers were Miss Barnum, organizer of the International Ladies' Garment Workers; Miss O'Reilly, vice-president Women's Trades Union League, who very ably presented the claims of these organizations with an appeal to enlist the interest and influence of all nurses. Mrs. Brannan, a

most pleasing speaker in the interests of Woman Suffrage, was ably seconded by Miss Thornton, in quiet earnest words, to enlist recruits for the parade, May 3d.

Miss Schloss, nurse doing welfare work at Little Falls, N. Y., during the big strike, said she was heartily in sympathy with the strikers and helped them in every way she could, and though at home in bed asleep when the riot occurred, knowing nothing of it, was next day arrested and put in jail where she was kept for ten days.

MATILDA AGNES FREDERICK.

April 3, 1913.

---

---

## DELEGATES TO COUNTY ASSOCIATION

Revised February 13th, 1913.

Miss A. Henderson	Miss L. Grafton	Miss K. Clarke
Miss M. M. Russell	Miss J. G. Woods	Miss M. A. Munn
Miss E. Lindgren	Miss A. Mills	Miss M. Hutcheson
Miss E. Denike	Miss R. L. Cromwell	Miss E. Allen
Miss M. Abernathy	Miss M. M. Ryerson	Miss K. Sanborn
Miss A. B. Duncan	Miss C. Bookout	Miss L. M. Wygant
Miss M. M. Goodrich	Mrs. L. Wilson	Miss J. E. Hitchcock
Miss I. H. Sutcliffe	Miss E. Price	Miss E. M. Bower
Mrs. C. V. Twiss	Mrs. S. T. Jameson	Mrs. C. W. Schenck
Miss K. Macdiarmid	Miss E. Smillie	Miss J. S. States
Miss M. H. Jordan	Miss L. Thompson	Miss A. I. Twitchell
Miss V. Hunter	Miss S. V. Gifford	Miss E. Robinson
Miss J. H. McVean	Miss M. Lewis	Miss J. A. Wright
Miss F. Johnson	Miss S. J. Mackenzie	Miss E. V. Welles
Miss I. J. Walton	Miss M. H. Young	Miss G. D. Travers
Miss A. L. Reutinger	Miss A. Houston	Miss A. B. McAllister
Miss B. Gibson	Miss M. Collins	Miss A. A. Pencheon
Miss D. Dwight	Miss M. M. Rough	Miss N. McCrae
Miss E. E. Golding	Miss M. A. Frederick	

---

---

Bayard Veiller tells the story of a Scotchman who rang the chemist's night bell at 3 in the morning to ask for a sixpence vial of pepsin for indigestion.

"You've a fine impudence, mon, exclaimed the chemist, angrily, "to call me up at such hour when a little hot water would have served as well."

"Thank you very kindly," said the caller, as he turned on his heel, "then I'll nae be needin' the pepsin."

## ST. LOUIS TRAINING SCHOOL FOR NURSES

*The Quarterly Bulletin of the St. Louis Training School for Nurses, contains the description given below of an evening of appreciation devoted to Miss Warr, '82, who has been for many years Superintendent of the Training School for Nurses, City Hospital.*

"On the evening of Monday, December 23d, the City Hospital Medical Society Alumni met in the parlors of the Training School to, as they said, present Miss Warr a bouquet of flowers, they feeling it much better to say and do good for their friends while they live than to wait till life is over to pay tribute.

"At about 9 p. m., Dr. J. C. Falk, the president, called the house to order, and with a few well-chosen words introduced Dr. David Nowlin of Montgomery City. He began his remarks by saying that Dr. Shutt had called him up by 'long distance' and asked him to make a talk and present the flowers. He wished to be excused, as he was not a good talker. The reply was that he had been chosen because they did not want much said.

"He then gave a short history of our Training School and how faithfully Miss Warr had discharged her duties to the hospital, how successful she had been in training her nurses and how each one now carries the stamp of her individuality. Also how she incidentally made a homogeneous group of physicians from a heterogeneous mass of internes. He also spoke of her ability to cover up the rough and ugly places and cultivate the roses everywhere. Therefore they presented her a bouquet of roses. He then presented a lovely bouquet of pink roses, after which he drew from his pocket a plush case, which he opened and displayed a most exquisite Swiss watch and pin. On the back of the watch were the letters E. L. W., and inside the case was engraved the following: 'To Miss Emma L. Warr, from the Medical Society of the City Hospital Alumni, in recognition of 25 years of faithful service as a pioneer teacher of the Trained Nurse of the Southwest, St. Louis.' The pin is the same as the badge of the school, and before and after the usual letters are the dates 1910 and 1912, with her name on the back.

"Dr. Nowlin said that they did not give the watch because she needed the watch, for she watched everyone else; that the circle on the face was emblematic of the friendship of the doctors for her, without beginning or end; that they could not remember when they began to know her; that they were never introduced, and it seemed as if they had always known her.

"She was very much overcome, and for a short time was unable to respond, as she had only expected the flowers. Her response of thanks was followed by congratulations from those present."

## NEWS ITEMS

Miss Belle Francis, '11, is in charge of the Accident department at Roosevelt Hospital.

Miss Marion Doane, '13, has gone to Fortress Monroe, Old Point Comfort, where she is visiting her friends, Captain and Mrs. C. C. Carson.

Dr. George Sherrill and family, of Stamford, Conn., are spending a month in Bermuda.

Miss Emma Beal has resigned her position at Wellesley Hospital, Toronto, and is doing private nursing in that city.

Miss Ellen Lee, '06, has taken an apartment with friends at 28 Grove Street.

Miss Ida Anstead, '13, writes that since leaving the hospital early in March, she and Miss Suharoff spent a delightful week together at Atlantic City, after which they went to Albany and had the pleasure of meeting Miss Goodrich at the hearing of the Seeley Bill. Miss Anstead then went to Butler Hospital, Providence, R. I., where she will stay until June 1st, when she expects to take up her new duties as assistance superintendent of nurses at our own Bloomingdale, White Plains. She is looking forward to a great deal of pleasure to returning and being in touch with the N. Y. H. again. While in Providence she met Miss Price, who is visiting her sister, and also Miss Jane Hodson, '92, who expects to sail for Paris before long.

It was with deep regret that we heard of the death of Dr. Frank W. Chamberlain, who was on the House staff in '93 and '94. His death was caused by heart disease. Our deepest sympathy is extended to Mrs. Chamberlain in her sorrow.

Mrs. M. S. Banks, '87, is staying in the city with Miss Lerkins at the Laura Franklin Hospital, 17 East 111th Street.

Mr. and Mrs. George McCarthy (Grace Kelshaw, '06) have

moved to the beautiful new home they have just built at Wyoming, N. J.

We have had a very pleasant call from Miss A. M. Brown, '12, who is in East Orange for a few weeks with her little patient Willard, who is very much interested in the N. Y. Hospital and we hope before long to have a visit from him.

We were very glad to hear from Mrs. Frank Harroun (Jessie Annis, '95), who is living at Clover Leaf Farm, Spencerport, N. Y. She says she is always glad to welcome the News and is greatly disappointed if the personal items are few. She sends kind remembrances to old friends.

On Saturday, April 5th, Miss Sutcliffe, Miss F. M. McGowan, '01. and the Misses Elliot sailed on the Ivernia for Italy. They expect to be abroad for some time and our best wishes go with them.

Miss Dora Browning writes of being in the City of Mexico during the recent revolution and was an eye witness of the attack, escaping and arriving safely at home.

Miss Clara Bookhout, '12, who has been clerical assitsant in the Training School office, has resigned and gone to her home at Ridgewood, N. J.

Miss Morgan, '13, has gone to St. Luke's Hospital, Newburgh, N. Y., to take charge of the operating room.

Miss Secord has returned from her home in Toronto and is on duty again on the 6th floor, P. P. B.

#### MARRIED.

On Tuesday, April 15th, 1913, Miss Daisy Dwight, to Doctor Arthur Ward Van Riper. At home, 171 Lafayette Avenue, Passaic, N. J.

March, 1913—Miss Louise A. Raymond, '08, to Mr. Edward J. Meagher. At home, 1 Arden Street, New York.

AMERICA

COMFORTABLE

# THE BED PAN WITHOUT AN EQUAL

EUROPE

SANITARY

## BEST FOR HOSPITAL AND SICKROOM



THE MOST COMFORTABLE  
AND SANITARY  
BED PAN IN THE WORLD

RECOMMENDED BY THE  
MEDICAL AND NURSING  
PROFESSIONS EVERYWHERE

THE "PERFECTION" BED AND  
DOUCHE PAN HAS BEEN ADOPTED  
BY OVER 2000 HOSPITALS  
IN THE UNITED STATES

### RETAIL PRICES

No. 1—Porcelain, Standard Size	\$2.50
No. 2—Porcelain, Small Size	2.25
No. 3—Grey Enameled, Standard Size	4.00
No. 4—White Enameled, Standard Size	4.50
No. 5—Grey Enameled, Small Size	3.50
No. 6—White Enameled, Small Size	4.25

SENT BY LEADING DRUGGISTS  
AND DEALERS EVERYWHERE.  
INSIST ON THE "PERFECTION"  
AND ACCEPT NO SUBSTITUTE.

Sent by Express on Receipt of  
Price, Charges being Prepaid  
East of the River Mississippi.

HOSPITALS SUPPLIED  
AT WHOLESALE PRICES

EASY TO CLEAN

AFRICA

FITS THE BODY

AUSTRALIA

**MEINECKE & CO.**  
ADVANCED SPECIALTIES  
FOR  
HOSPITAL AND SICK-ROOM  
48-50 PARK PLACE  
NEW YORK, N.Y.





THE  
ALUMNAE NEWS



Vol. 8

JUNE, 1913

No. 8



# Sterilized Obstetrical Supplies

The sterilized obstetrical supplies provided by Van Horn & Sawtell for the aid and convenience of physicians and nurses are prepared with the same attention to quality, utility and sterility that are given to every product of the Van Horn & Sawtell laboratories.

To the physician and nurse such care and attention spell protection and safety.

For complete lists of obstetrical supplies, special outfits, sutures, etc. address

VAN HORN & SAWTELL  
307 Madison Avenue, New York, N. Y.

## A Non-Greasy Lubricant

needs little comment as to its superiority from every standpoint of cleanliness. The avoidance of greasy clothes and bed linen is always gratifying to the painstaking nurse, and this is only one of the many advantages that attend the use of



## K-Y Lubricating Jelly

the "perfect lubricant" for *catheters, specula, rectal and colon tubes.*

"K-Y" is water-soluble and easily rinsed from instruments, dressings and clothing without leaving the slightest stain.

"K-Y" moreover, is emollient and soothing to the skin, offering a prompt and effective means of relieving "bi-chloride rash" and kindred irritations.

A postal request will bring a liberal sample.

VAN HORN & SAWTELL  
307 MADISON AVE., NEW YORK, N. Y.

# "MEINECKE" FACE AND EAR BAG FOR ICE OR HOT WATER



PATENT APPLIED FOR

The "Meinecke" Face and Ear Bag is suitable for ice or hot water, and is a most practical little bag for either use, being a great improvement over the ordinary Face and Ear Bags.

It is an ideal shape for the forehead and over the eyes, for the lower part of the face, for back of the ear, at the base of the brain, on the throat, over the heart, and for any other affected part, where the use of a small ice or hot water Bag is required.

For the forehead and eyes and for the lower part of the face, it is especially adapted, as its curved shape leaves the nose free and uncovered.

For the mastoid region, it is an excellent and most sensible shape, as it fits nicely back of the ear, leaving the ear itself uncovered.

This dainty little Bag is light in weight and is made of our fine quality Maroon Rubber, re-inforced at the seams; it is fitted with brass collar and screw cap, covered with our patented "Unlosable" Washer.

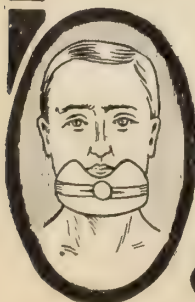
A muslin bandage, about 2 inches wide and 36 inches long, is supplied with each Bag, for securing it in position.

**RETAIL PRICE, \$1.25**

Sent by Mail upon Receipt of Price

HOSPITALS SUPPLIED AT WHOLESALE PRICES

SOLD BY ALL LEADING DEALERS



**MEINECKE & COMPANY**  
48-50 PARK PLACE, NEW YORK

FOR SECURING BAG

"MEINECKE" SPECIAL BANDAGE

WITH EVERY BAG

A BANDAGE FREE

# ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

---

VOLUME VIII

JUNE, 1913

No. 8

---

PUBLISHED MONTHLY, FROM NOVEMBER TO JULY.

Sent free of charge to all members of the "Alumnae Association"

to others:  $\left\{ \begin{array}{l} 50 \text{ cts. per year} \\ 10 \text{ " " copy} \end{array} \right.$

---

Editor—MISS E. DENIKE, 210 East 17th St.

Associate Editor—MISS L. G. EICHBAUM, 8 West 16th St.

Business Manager—MISS F. S. WRIGHT, 416 West 118th St.

News Editor—MISS I. J. WALTON, 8 West 16th St.

Secretary—MISS H. E. WHITEHEAD, 2914 Broadway.

---

## REPORTERS

MISS A. FREDERICK,

MISS A. DUNCAN,

MISS L. ANDERSON,

MISS E. E. GOLDING,


MISS M. H. WILSON,

MISS J. HILL,

MISS N. McCRAE,

MISS F. COBBAN.

---

 It is requested that notice of change of address be sent to the Secretary as promptly as possible, so that the mailing list may be kept corrected.

---

Those who have failed to receive the "Alumnae News"—or those who desire extra copies—can be supplied by calling at the Club, or copies will be mailed on application to the Secretary.

---

*Entered at the Post Office at N. Y. City as second class matter.*

## OFFICERS OF ALUMNAE ASSOCIATION 1913

### *Honorary President*

MISS IRENE H. SUTLIFFE.

### *President*

MISS FLORENCE M. JOHNSON, R. N.....129 East 17th Street

### *Vice-President*

MISS ELIZABETH BURROUGHS, R. N.....8 West 92nd Street

### *Recording Secretary*

MRS. W. C. GILLEY, R. N.....176 West 81st Street

### *Corresponding Secretary*

MISS HINDELA E. WHITEHEAD, R. N.....2914 Broadway

### *Treasurer*

MISS M. V. POST, R. N.....8 W. 92nd Street

### *Trustees*

MISS ROSE LAMPHEAR, R. N.....8 W. 92nd Street

MISS MARY RANKIN, R. N.....8 W. 92nd Street

MISS JESSIE H. McVEAN, R. N.....Great Neck Station, L. I.

MRS. A. W. VAN RIPER, R. N...171 Lafayette Ave., Passaic, N. J.

MISS ANNA L. REUTINGER, R. N.....309 Second Avenue

---

### FUND FOR SICK NURSES.

#### *Secretary and Treasurer*

MISS JENNIE M. WHITELAW,  
P. O. Box 113, Brooklyn, N. Y.

---

### BOARD OF TRUSTEES.

#### *Chairman*

MISS JESSIE H. McVEAN

#### *Secretary*

MISS H. E. WHITEHEAD

### STANDING COMMITTEES.

#### *Executive*

MISS BURROUGHS

MISS LAMPHEAR

MRS. GILLEY

#### *Credential*

MISS WHITEHEAD

MISS REUTINGER

MISS RANKIN

#### *Finance*

MISS POST

MISS JOHNSON

MRS. VAN RIPER

## NOTICES

### N. Y. HOSPITAL ALUMNAE MEETING.

The regular meeting of the Association will be held in the Lecture Room, on Thursday, June 12th, at 3 p. m.

### N. Y. COUNTY REGISTERED NURSES' ASSOCIATION.

The Annual Meeting (election of officers) of the N. Y. County Registered Nurses' Association will be held at the Academy of Medicine on Tuesday, June 3rd, at 8 p. m. A list of our delegates to the County Association is printed on another page of this issue of the News, and it is hoped that as many delegates as can do so, will attend the Annual Meeting.

---

## ALUMNAE MEETING

The regular meeting of the Alumnae Association was held May the eighth in the Nurses' Home.

The minutes of the preceding meeting were read and approved. In the report of the Board of Trustees it was stated that the Board recommended the appointment of Mr. Ludlam to the vacancy on the Advisory Board which occurred at the death of Mr. Hoppin. It was unanimously voted that Mr. Ludlam be elected.

There was no regular report of the County Meeting, but Miss Golding brought a message from Miss Goodrich that although the Seely Bill was passed in the Senate it was defeated in the Assembly. The nurses were all urged to be present at the County Meeting to be held in the Academy of Medicine June the third. At that time there will probably be a tentative plan ready for the nurses to work on during the summer. It was explained that the work would be along educational lines and that each nurse should inform herself and do her full share in the campaign.

The following delegates were elected to the Annual Meeting: Miss Henderson, Miss Golding, Miss Ethel Robinson, Miss Hubbard, Miss McVean, Miss Johnson, Miss Twitchell, Miss Samuel, and Miss Gillett.

It was voted to allow the delegates discretionary power in voting.

There being no further business the meeting adjourned.

A sale of cake, candy and tea for the benefit of the Pension Fund was then held. Miss McDiarmid, who had the arrangements in hand, reports the proceeds to be \$18.00. As the affair was not well advertised and was attended by few outsiders, it is thought that this is a good result. Miss Earl reports the sale of quite a quantity of china. It was a pleasure to see Mrs. Aycrigg and Mrs. Busby who assisted in pouring tea.

FLORENCE S. WRIGHT.

## CLUB HOUSE PLANS

Plans for the future of our Club are under discussion, because the lease of our present clubhouse expires May 1, 1914, and some action must soon be taken in regard to it. Many members of the Association feel that we have outgrown this building, and that an effort should now be made to secure a larger and more suitable home for the Club—one that will more fully meet the needs of all the members of the Association desiring club privileges than this has done.

The City and Suburban Homes Company through its president, Dr. Elgin R. L. Gould, offers to build such a clubhouse for us. In view of the fact that we have no building fund, and very little available money on hand, and that the time is short, it has been decided to put the matter before the Association in this way. It is hoped that each member will reply to the following questions, sending replies to Mrs. Gilley, Secretary, in time for consideration at the June meeting.

The proposed building will be eight stories in height, of fire-proof construction, furnished with steam heat, elevator and electric light. It will be located in an accessible part of the city. It will accommodate 240 guests, in addition to the staff, and will contain suitable club rooms, reception and dining rooms. The plans for same to be worked out in accordance with the requirements of the club members.

The offer made by the City and Suburban Homes Company will hold good for any time when the money is raised, even though that be two or three years off, though of course it is desirable that early action be taken.

The amount of money necessary to raise through sale of capital stock, is approximately \$150,000.

The approximate cost of land, building and furnishings, assuming that we use our present furnishings to the fullest extent, should be about \$310,000.

The building would be built by a company, where the equities would be owned by the stockholders, and a lease made, possibly with an option of purchase by the Alumnae Association.

1. Are you in favor of such a project?
2. What financial assistance can you give?
  - a. Will you subscribe to stock yourself? If so, how much will you subscribe for?
  - b. Will you be able to secure subscribers among those whom you may be able to interest in our undertaking?
3. Have you any suggestions to offer?

JESSIE H. McVEAN, *Chairman.*

## ADDRESS TO GRADUATING CLASS

By MR. GEORGE P. LUDLAM.

### *Young Ladies of the Graduating Class:*

Once again I find myself in a situation where the temptation to indulge in reminiscence is irresistible. I say "once again," because several years ago, at a gathering of the Training School, I did so indulge myself, and, as I venture to recall some of the recollections then mentioned, it is in the belief that there are few here tonight who were present on that occasion, and, of them, none, perhaps, remembers what was then said.

My thoughts go back to a period long antedating the time when any of the members of the graduating class of tonight began to take an interest in, or to be affected by the impact of sublunary affairs. And so, I find myself again in the days when the School had its beginning. So sharp is the contrast between the past and the present; so long is the distance traveled from the starting point to that now reached in the process of development; so different are the aims and the methods, and the environment now prevailing, that it may interest you to hear of some of the conditions that existed in that early day. It was truly a day of small things, yet so elated were we by the promise and potency of the comparatively meager results that, I suspect, we derived fully as much satisfaction from them as from those of any of the succeeding years of growth and development.

It may not be known to all that when our hospital was planned and built a Training School for Nurses was not contemplated. That institution had been born. Indeed it was a few years old in this country and had established itself more or less completely in a few hospitals. It had not yet commanded the attention of the hospital world, but the dawning of the day was very near when that attention was to be arrested, and the fact established that a new condition had arisen which must be reckoned with, and which was destined to revolutionize hospital work and methods.

So our School was an afterthought with our Governors, conceived, indeed, before the Hospital building was completed and opened, and put in operation almost simultaneously with the opening, but not provided for in the original plan. That plan contemplated a nurse in charge of each ward, and accommodation was provided for her in the small rooms adjoining the wards, and which, accordingly, were called then, and, perhaps, now, Nurse Rooms. These rooms, however, were never used by the nurses. Before the Hospital was opened, or about the same time, the decision had been reached to organize a Training School for Nurses, and the rooms became adjuncts to the wards.

In the Annual Report of the Hospital for the year 1876, published in 1877, the year of the opening, appears the following:

"Shortly after the opening of the Hospital, it was determined to establish a Training School for Nurses, with the double view of securing for the Hospital a corps of nurses superior to those usually employed in public institutions, and

offering to a limited number of young women, desirous of devoting themselves to that specialty, the opportunity for education therein. To meet these ends a high standard of previous education was required in the selection of members of the School. From a large number of applicants, a class numbering, at present, nineteen has been formed, and placed under the instruction of a competent teacher. These have profited so greatly by the advantages afforded them that they already form an exceptionally efficient force. The course of instruction extends over two years, a new class being formed each year, and is hoped, by successive classes holding the diploma of the Hospital, a great public want will be met."

The plant of the Hospital, at that time, consisted of the present main building and the Administration Building. The latter was a stately old mansion, facing 16th Street. It was one of a class of dwellings which was large at one time in the City, but which has now passed away. The only one which remains, I believe, is the one opposite the Hospital on 14th Street, and even that has ceased to be used for a dwelling. The building was known as the Thorne House, because it was owned and occupied by a family so named. When the Hospital came into possession of it, it was enlarged by the addition of two stories. The upper story was a solarium for the use of convalescent patients. It was a spacious room with sky-light over a large part, and well supplied with flowers, tropical trees and plants, birds and aquaria. This remained an attractive feature of the Hospital until 1900, when the building was torn down and the present Administration Building, in which we are now gathered, erected in its place.

The other added story, immediately under the Solarium, was fitted up as a dormitory for female domestics, and consisted of a number of small rooms. Here, also, in the rooms at the front, was the laboratory or workshop of the Pathological Department. On this floor, sharing it with the servants and the Pathological Department, the first pupils of the Training School were housed. The accommodations were inadequate and uncomfortable, but these were pioneer days, and the impression prevailed to some extent that anything approaching luxury in the surroundings of the pupils was inconsistent with the principles governing their training and that a Spartan simplicity and severity were essential.

This same theory, as to simplicity, was carried out in the Nurses' Dining Room. It was the room now occupied as a dining room by the male employes on the main floor of the Hospital. There was absolutely no service there. The food was sent down in bulk from the kitchen in the dumb-waiter, whence it was taken and placed on the dining table by the pupils, who served themselves. I cannot remember whether a maid was furnished to collect the debris after the meals, and return it to the kitchen. Recalling the simplicity of those primitive days, I am inclined to doubt it.

This condition of things continued for some years. Not infrequently, even now, some of the pupils of that early day, recalling

their experiences, and comparing them with present day conditions, are seen to shake their heads wisely, and heard to express grave doubts as to whether the pupils of the present appreciate their privileges in having entered the School in this later day of comfort and convenience and comparative luxury. The conviction that conditions then existing in the Administration Building were not only unsatisfactory but dangerous was gradually spreading amongst the Hospital authorities, when it was crystallized by an occurrence which had long been dreaded. One evening a window curtain was blown against an exposed gas jet in a nurses's room, and, immediately, the inflammable material was ablaze. Fortunately, the nurse was in the room, and the blazing curtain was promptly torn down, and the fire extinguished. No serious results followed, but the incident served to concentrate attention upon a plan which had long been in contemplation, and steps were immediately taken for the erection of a Nurses' Home. These were pushed to completion, and the building was finished and occupied in 1890. It furnished accommodation not only for the pupils of the Training School, but also for the Pathological Cabinet and Hospital Library. Later these collections were disbanded and distributed, and the entire house given over to the Training School. It has so remained without other than minor changes until the present day.

The growth and development of the School has gone on regularly and uninterruptedly, its increasing size, and the broadening of its curriculum demanding greater and yet greater facilities and accommodations, until present conditions have been reached, when those of us whose memories hark back to the early days I have so hastily and imperfectly sketched, wonder what may yet be in store for us in the unknown future.

And so you pupils of the present generation are enjoying the accumulated fruits of the wisdom of the years that have gone. But this has always been true—a fact which found its first expression long ago in the statement "other men labored, and ye are entered into their labors."

Turning from the past, with its history, which is perhaps chiefly interesting to those who witnessed its unfolding or who, possibly, aided somewhat in making it, and concentrating our attention on the occasion which brings us together this evening, we find that you have passed the last milestone in the road you have been traveling for the past two years, and are about to step out upon the broad highway of individual endeavor which stretches away indefinitely before you. And, so, very heartily and sincerely, I congratulate you upon having successfully accomplished your arduous course. I know it has not been altogether easy—not always pleasant, but, happily, in the bright light of successful achievement, the obstacles and barriers which presented themselves in the way disappear, and the mountains of difficulty sink out of sight. They are all behind you, and you stand tonight at the parting of the ways, justly happy and self congratulatory at having accomplished the journey in safety, thus far, and full of eager enthusiasm and confidence as to the part of it which is yet to be traveled.

I do not propose to burden you with advice. Unless your honored Superintendent has changed greatly since the days when we used to take sweet counsel together about the affairs of the School, you have not reached the summit of this mount of privilege which you occupy tonight, without being abundantly supplied with that excellent and useful commodity.

But the figure of the mount of privilege exactly suits my purpose, so let us stand there a little while together this evening and let me point out some of the things which will come within your range of vision, as you look out over the landscape and your eyes become accustomed to the view.

You will see items of knowledge and experience assuming new proportions and adjusting themselves in new relationships. Somehow, things hitherto considered of first importance will assume a subordinate place, and others, to which comparatively little attention has been given, will be seen to dominate the situation. You will not be disturbed by this. You will soon come to understand that it has always been so, and that your new appreciation of the fact is due to your change in point of view. Hence, you will realize that your education has not been finished; that its real value consists not so much in absorbing certain technical details as in the power to adapt one's self readily to changing conditions, and to respond promptly and satisfactorily to demands. The character of this response will show how far your education has been a matter of training and how far a matter of absorption. Much that you have learned in the School will be forgotten. Some of the knowledge which has been acquired of technicalities will fade away, but that which is substantial will remain, and all of it, whether transient or permanent, will have served its purpose in so training the mental and moral faculties that they will readily grasp and intelligently deal with all new facts as they present themselves, and with all old facts, presenting themselves in new relations, so that it is not so much a question of the amount of knowledge acquired and retained, as of the ability to apply that knowledge practically in dealing with the situations and conditions which will arise in that larger school into which you are about to enter. The idea I am seeking to convey was well expressed recently by one well qualified to speak. I do not quote him literally, but he said, in effect, that education did not consist in cramming the mind with unrelated chunks of information, but, rather, in training it, like a set of muscles, to be strengthened and made flexible, until its use becomes natural and even automatic.

I would not be understood as undervaluing or speaking disparagingly of the technical knowledge you have acquired. It is of the utmost importance and will prove indispensable to you in your future work. What I mean is that it should not be regarded as a finality, but rather as a foundation upon which a larger structure is to be built, a starting point from which wider and more venturesome excursions are to be made, a capital so securely invested as to be able to meet promptly all drafts which will be made upon it. You will see that the pupils in life's school never cease to be students,

so that all knowledge which promises to increase efficiency is cordially welcomed, from whatsoever source it may come.

You will see, also, and, perhaps, will be surprised at the wide area and far distant horizon of the sphere into which you are about to enter. Time was when the activities of the nurse, like those of the hospital, were confined to the care of the sick, within the limitations of the sick-chamber. She soon outgrew that, however, and, as her capacity for adaptation came to be known and appreciated, doors opened on every side through which she passed into ever-enlarging spheres of usefulness. She still remains the handmaid of Medicine, in that she is the physician's indispensable assistant, but wherever physical disability can be avoided by intelligent and untiring preliminary investigation and care; wherever ignorance of proper modes of living is to be dispelled by knowledge patiently imparted; wherever complicated and involved conditions call for executive ability of a high order; wherever men, in their eager pursuit of wealth, become careless of means and avail themselves of the labor of the child of tender years; wherever on the missionary field at home or abroad devoted men and women, in attending to the physical needs of others, seek to make such service a method of approach so as to minister to the higher, spiritual needs; wherever—with gratitude be it spoken—human sorrow and suffering cry aloud for help, on battlefield, in camp, in plague-infested regions, amid fire and flood and earthquake; there always, prominent on the firing line, will be found the trained nurse, calmly self-possessed, and heartily and intelligently responding to demands which can be met only by the free and unselfish giving of the best that is one's self.

This is a part of the vision that will open to you as you endeavor to look into the future, seeking what it has in store for you, and it is to this larger work you will find yourselves drawn by an ever increasing fascination. For some the doorway into it may not open for a long time; for some it may never open. However that may be, it would be a mistake and a misfortune to allow the larger vision to lead to depreciation of the importance of the same work when done on the less conspicuous field or in a less dramatic environment.

You will see amongst the workers whose ranks you will soon join, a disposition to address themselves wholly or largely to one phase of their work. I do not know that I am ready to endorse the trend of all modern activities, professional and otherwise, towards specialization, in spite of the fact that very recently a high judicial officer took occasion, according to report in the public press, to speak disparagingly and contemptuously of the old time family doctor whom he quoted as designating "that greatest fraud that ever lived." One cannot fail to recognize the fact that the field of knowledge is ever widening, that the intricacies and ramifications of a single fact in science, or a single department of investigation or enterprise, are sufficient to absorb the energies and monopolize the activities of a lifetime. At the same time, one remains convinced that there is still a place for the all round worker—the worker

equipped for any service, and always ready to respond when duty calls. To refer again to the illustration just used, I believe the elimination of the family doctor, if he has been eliminated, has not worked wholly to the highest advantage of the family. But then, after all, each one must determine for herself which road will most surely lead to success. The sages of the past have assured us that there is no royal road leading to it. An essential and unavoidable condition is hard work, and by that I do not mean wholly physical work. There is plenty of that, but I mean, rather, that alertness of mind which keeps one abreast of the times, cognizant of, and in sympathy with, new lines of thought, new points of view, and results achieved through investigations by new and modern methods. And so, as already stated, your education will prove to be a continuous process and not a result achieved and finished tonight.

But, lest we allow ourselves to be carried away by our enthusiasm, as we contemplate the vastness of the arena prepared for your activities, it is well to remember that all work is of relative importance. None, unless it be that of the Christian ministry, stands out conspicuous beyond all others. Certainly it is not true of the work of the trained nurse. I yield to none in my appreciation of her work and my esteem for herself, but I do not say that her calling is the highest, nor that she herself is the most exalted of beings. Such a statement would do violence to your intelligence. It is impossible to pursue a course like that you have just finished without being greatly enlarged, mentally, morally and physically. The training greatly increases the capacity for service. It would be impossible for one, having finished it, to fit herself again in the old grooves, or to content herself with the old environment. There is an aspiration for achievement which was unknown before, and she feels herself equal to the task. She has developed that most important condition of success—self-confidence.

While all this is true, it is equally true of other callings, so that if we are, at any time, tempted to look down upon humanity from our own particular peak, we have only to look about us to discover other peaks still higher, and this discovery may often-times teach us a salutary lesson. Indeed it is doubtful whether there is any calling which, by common consent, stands out conspicuously as highest of all. Perhaps that is highest for the individual which calls out the very best that is in him of intelligent, faithful, conscientious endeavor.

Amongst the many occupations in which you will see your predecessors actively engaged will be noticed one which is a later development, but which is surpassed by few, if any, in the matter of importance, in that it affords the widest possible sphere for the practical application of that knowledge which, hitherto, may have been largely theoretical. I refer to that department of work which to-day so largely engages the attention of the philanthropist and which goes by the name of "Social Service." Because of its ready adaptability to the demands of this service, the modern hospital has entered into it with enthusiasm and zeal. And I know of no department of hospital work more fruitful in results accomplished. It

is a work which recognizes and emphasizes the fact that the individual patient is something more than a "case," and is an important factor in the economic situation in the community. It seeks to ease the condition in his home, strained almost to the breaking point by his enforced and sudden withdrawal from activity. It also brings to him peace of mind, and release from anxiety by the assurance that those dependent on him will not suffer during the period of his inactivity. Also, it follows up the patient after his discharge from the hospital, and, by persistent attention, insures against his losing in part or altogether the benefit of his treatment through ignorance or carelessness in the matter of obeying instructions. It aims, also, at relieving the hospital of some of its burden, and the community of some of its responsibility, by teaching the ignorant how to remedy conditions of living which, through violation of sanitary laws, contribute largely and directly to the development and spread of disease. The need of this particular form of altruistic effort has, indeed, always existed, and a knowledge of it has been prevalent, but the public conscience was not aroused, until a prophet arose, who went up and down the land, preaching a crusade against conditions in every community, too long ignored, which not only contributed to, but actually necessitated the development and spread of sickness and death. There has been a most encouraging response to this prophet's clarion call, and foremost amongst the workers and, perhaps, in largest numbers, is found the trained nurse. This field of activity will, doubtless, prove attractive to some of your number, and I seriously question whether you will find any department of effort which will produce larger returns.

Your ascent of this mount of privilege from which we are taking the outlook this evening has furnished you with opportunities to catch glimpses of the conditions which await you as you reach the summit, so this larger view will not be wholly strange. In fact, it may surprise you that some things with which you became quite familiar were not passed and left behind in the upward journey. Conspicuous amongst these, and requiring to be reckoned with very seriously, is what we may call "human nature." A sort of proverb says it is the same everywhere. Perhaps it is, but it has a chameleon-like power to disguise itself and present itself in different appearances. It is omnipresent, and in the ability to deal with it is found, in very large measure, the secret of a successful life.

Sometimes it stands apart, and securely wrapped in its mantle of assumed superiority, will criticise those who are engaged in the thick of the affray because of alleged faulty methods, or, because, as they assert, the individual is so merged into the class that the fine edge of personal service is dulled by the application of scientific principles, and that the hand to hand, and heart to heart contact which once marked the ministry of relief has given place to a system, and, so, the element of personal sympathy has been largely eliminated from the work as done in the present day. There may be ground for this criticism. Possibly there is danger lurking in that direction. But that it is only measurably true, if at all, is

abundantly proved by the experience of those who are engaged in any of the departments of relief work. And the very opposite of this tendency is the very core and essence of that Social Service we have just been considering. Doctors and nurses and others engaged in hospital work are not made hard hearted and callous, and indifferent to suffering by their familiarity with it. Those who offer this criticism—and we are all familiar with it—do not remember that the very hospital training which qualifies one to extend relief to the helpless sufferer has educated the intelligence and the judgment, so that response to demands is made through these channels, and not through the emotions, and that sympathy is present in even larger degree than if it were expressed by wringing of hands and hysterical tears.

Again it will display itself by reaching out eagerly for every means of help in time of emergency, which is natural and proper expressing absolute indifference to expense, and then, which is neither natural nor proper, unduly magnifying the item of expense when the emergency has passed through the assistance rendered. A due regard for expenditure under all circumstances is commendable. Such a regard as leads to a controversy over a claim for a fraction of a day or service, involving the expenditure of a fraction of a dollar is neither commendable nor appreciative.

Now all this, of which we have been speaking, contemplates a life of service for others, in which unselfishness is a dominant factor. It contemplates the discharge of the duties of that life under circumstances where it is difficult to understand why the self-effacing element should be demanded or expected of the actor more than of those who are acted upon. The only explanation of the apparent unreasonableness of the demand is that it is a life of service for others. Such a life is not regarded from the personal point of view. It is altruistic in the highest degree. And yet there are compensations in every life, and it is perfectly legitimate to inquire what awaits one in that direction in this life of service, and to consider whether it is sufficient and satisfying. I do not, now, refer to the material, financial side of the question. That, of course, must be assured. But there is compensation more satisfying than that, and I know of none more so than that which awaits you in your chosen calling. It arises from conditions which do not always excite the applause of men. Indeed, very frequently the successful result so largely monopolizes and absorbs the thought and attention that the difficult and tedious processes by which it has been attained are forgotten, as is the nurse, who by faithful, persistent and conscientious direction of these processes, contributed so largely to the happy issue.

But while the applause of men is gratifying, and its absence if often discouraging, yet it is not to that you will look for your highest reward. That you will find in your own conscience, in your conviction of duty well and faithfully discharged, sometimes, even, in the fact that you have saved a life. You *will* have assurances—many of them—of appreciation of your service and gratitude for it. You will have many such experiences which you will

treasure amongst your dearest possessions, and you will deserve them all. Yet the calm, thoughtful, buoyant spirit, born of a conviction of duty well done, of responsibility honestly met, of confidence and trust abundantly justified, will prove your most satisfying and abiding reward.

But I must not forget that we are still standing on the mount of privilege, and that it is quite time for us to descend. Before we leave our outlook, however, let me call your attention to the spark of light glimmering far away in the distance. It is a very remarkable light. For some it may burst into a full noontide of glory after a comparatively short journey. For others it may be very slow in reaching its meridian of splendor. But it will shine for all sooner or later. It marks the goal—the end of the course.

Permit me to express the hope for each one of you—and I wish I could convey to some assurance of the earnestness of that expression—that when that light blazes out in its fullest intensity for any one of you, you may look back upon the journey, whether it has been short or long, with the satisfaction which comes from the conviction of which we have just been speaking, as to the honest maintenance of high ideals, and with the assurance of having given the very best that is in you for the physical, moral and spiritual uplift of your fellowmen.

---

## NEWS ITEMS

Our deep sympathy is extended to Miss Florence Taylor, '96, in the loss of her father, who had been living with her at her home in Arlington, N. Y., for some time before his death. And to Miss Helena Stewart, '04, whose father died at his home in Deland Florida, March 31st.

Miss P. Larnard, '94, who was operated upon for appendicitis, is still on the fourth floor, P. P. B.

Miss Forest Belle Boyer, '11, died at St. Elizabeth Hospital, Lafayette, Ind., April 28th. She was taken ill about five weeks previous to her death while caring for a patient. She underwent an operation for tumor of the brain, but the doctors found the primary cause of the trouble non-operative. We extend our heartfelt sympathy to the family in their sorrow.

Miss Elsie Ernst and Miss Louise Zabriskie have both positions at the Lying-in Hospital with Miss Reutinger.

The graduating exercises of the French Hospital Training School, of which Miss M. Jordan is Superintendent, were held May 15th in the new residence for the nurses which has just been completed. It was most impressive. The Mother Superior and all the Sisters walked in first, then the different classes of graduates, the undergraduates, probationers, and graduating class, of whom there were 12, the superintendent and assistant. A most interesting address was given, in which the speaker took up the different branches of work now opened to nurses. He spoke very strongly on the value of Social Service work in the hospital.

Mrs. D. Miller (S. M. Coleman, '96) is living at Warsaw, Ontario, Canada.

Miss Etta Richardson, '95, returned to her home in Oshawa, Canada, after a most interesting trip in New York; on her way home she made a short visit with Miss Delia Baker, '86, at her home in Syracuse. While there she had the pleasure of meeting Mrs. Frank Jones (Louise Gaylor, '87) at a dinner given by Miss Baker.

We were glad to see Miss Ada Stewart at the last Alumnae meeting. On her way up from the South she attended the D. A. R. meeting in Washington and spent two weeks in New York.

Dr. and Mrs. Francis Shine (Miss Barker, 1900), who are living in Bisbee, Arizona, have been at the H. Y. H. for several days with their two children, who have undergone small operations. They gave us good news of John Fitz Gibbon, who is still in Bisbee.

Miss Maud Ferguson, '02, is in Europe.

Miss Annie Hastings, '04, has been in New York for two weeks. She expects to resume her summer work at The Babies Hospital, Charlotte, N. Y., about June 20th. Miss Nina Sinnott has resigned as superintendent of nurses at the German Hospital, Brooklyn, and will be with Miss Hastings again as her assistant and Miss Gretchen Kelly, '13, will also be with them as night supervisor.

#### MARRIED.

On Wednesday, April 30th, 1913, Miss Clarissa Adams Bookhout, to Doctor Thomas Alva Dingham, at Ridgewood, New Jersey.

---

## SUPERFLUOUS HAIR

**Moles and Facial Blemishes Permanently Removed by the Electric Needle. Absolutely Painless. Consultation Free.**

*Reference to Leading Physicians*

### ELECTROLYSIS COMPANY

104 East 40th Street  
NEW YORK.

Telephone, 1844 Murray Hill

S. P. GILMORE

---

## ANDREW ALEXANDER SHOES

FIFTH AVENUE  
AT 45TH STREET

SIXTH AVENUE  
AT 19TH STREET

NEW YORK





# Sterilized Obstetrical Supplies

The sterilized obstetrical supplies provided by Van Horn & Sawtell for the aid and convenience of physicians and nurses are prepared with the same attention to quality, utility and sterility that are given to every product of the Van Horn & Sawtell laboratories.

To the physician and nurse such care and attention spell protection and safety.

For complete lists of obstetrical supplies, special outfits, sutures, etc. address

VAN HORN & SAWTELL  
307 Madison Avenue, New York, N. Y.

## A Non-Greasy Lubricant

needs little comment as to its superiority from every standpoint of cleanliness. The avoidance of greasy clothes and bed linen is always gratifying to the painstaking nurse, and this is only one of the many advantages that attend the use of



## K-Y Lubricating Jelly

the "perfect lubricant" for *catheters, specula, rectal and colon tubes.*

"K-Y" is water-soluble and easily rinsed from instruments, dressings and clothing without leaving the slightest stain.

"K-Y" moreover, is emollient and soothing to the skin, offering a prompt and effective means of relieving "bi-chloride rash" and kindred irritations.

A postal request will bring a liberal sample.

VAN HORN & SAWTELL  
307 MADISON AVE., NEW YORK, N. Y.

# The Verdict of Over 2000 Hospitals in the U.S. stands behind the PERFECTION as the Only Successful Effort ever made to Cope with a Vital Nursing Problem

More Discomfort is Caused to Patients by the Use of Old-Fashioned Bed Pans than by Anything Else

**S**TUDY your Patient's Comfort and Your Own Convenience by insisting on the Meinecke "Perfection" Combined Bed and Douche Pan. It is shaped to fit the body, and there is no uncomfortable pressure on the end of the spine. The wide open end makes it easily emptied and cleansed, while its large capacity also enables it to be used as a Douche Pan as well



Patented June 5, 1900 and May 4, 1909

as a Bed Pan. The "Perfection" is the best Bed Pan for General, Maternity, or Contagious Cases.

Nurses can get the "Perfection" from almost any Drug Store, or we will send it Express Prepaid East of the Mississippi and North of Tennessee and North

Carolina at the prices mentioned below. West of the Mississippi, and South of Kentucky and Virginia, add 50 cents to prices of Adult's Size and 25 cents to prices of Small Size, for additional Express charges.

APPROXIMATE RETAIL PRICES EAST OF THE MISSISSIPPI AND NORTH OF TENNESSEE AND NORTH CAROLINA

*Standard or Adult's Size*

*Small or Child's Size*

No. 1—Porcelain.....Each	\$2.50	No. 2—Porcelain.....Each	\$2.25
No. 3—Gray Enameled " "	4.00	No. 5—Gray Enameled " "	3.50
No. 4—White " " "	4.50	No. 6—White " " "	4.00

*Hospitals Supplied at Wholesale Prices*

**MEINECKE & CO., NEW YORK**  
ADVANCED SPECIALTIES FOR HOSPITAL AND SICK-ROOM

# ALUMNAE NEWS

NEW YORK HOSPITAL TRAINING SCHOOL

---

VOLUME VIII

JULY, 1913

No. 9

---

**PUBLISHED MONTHLY, FROM NOVEMBER TO JULY.**

**Sent free of charge to all members of the "Alumnae Association"**

to others:  $\left\{ \begin{array}{l} 50 \text{ cts. per year} \\ 10 \text{ " " copy} \end{array} \right.$

---

Editor—MISS E. DENIKE, 210 East 17th St.

Associate Editor—MISS L. G. EICHBAUM, 8 West 16th St.

Business Manager—MISS F. S. WRIGHT, 416 West 118th St.

News Editor—MISS I. J. WALTON, 8 West 16th St.

Secretary—MISS H. E. WHITEHEAD, 2914 Broadway.

---

## REPORTERS

MISS A. FREDERICK,

MISS A. DUNCAN,

MISS L. ANDERSON,

MISS E. E. GOLDING,

MISS M. H. WILSON,

MISS J. HILL,

MISS N. McCRAE,

MISS F. COBBAN.

---

~~It~~ It is requested that notice of change of address be sent to the Secretary as promptly as possible, so that the mailing list may be kept corrected.

---

Those who have failed to receive the "Alumnae News"—or those who desire extra copies—can be supplied by calling at the Club, or copies will be mailed on application to the Secretary.

---

*Entered at the Post Office at N. Y. City as second class matter.*

# OFFICERS OF ALUMNAE ASSOCIATION 1913

## *Honorary President*

MISS IRENE H. SUTLIFFE.

## *President*

MISS FLORENCE M. JOHNSON, R. N.....129 East 17th Street

## *Vice-President*

MISS ELIZABETH BURROUGHS, R. N.....8 West 92nd Street

## *Recording Secretary*

MRS. W. C. GILLEY, R. N.....176 West 81st Street

## *Corresponding Secretary*

MISS HINDELA E. WHITEHEAD, R. N.....2914 Broadway

## *Treasurer*

MISS M. V. POST, R. N.....8 W. 92nd Street

## *Trustees*

MISS ROSE LAMPHEAR, R. N.....8 W. 92nd Street

MISS MARY RANKIN, R. N.....8 W. 92nd Street

MISS JESSIE H. McVEAN, R. N.....Great Neck Station, L. I.

MRS. A. W. VAN RIPER, R. N...171 Lafayette Ave., Passaic, N. J.

MISS ANNA L. REUTINGER, R. N.....309 Second Avenue

---

## FUND FOR SICK NURSES.

### *Secretary and Treasurer*

MISS JENNIE M. WHITELAW,  
P. O. Box 113, Brooklyn, N. Y.

---

## BOARD OF TRUSTEES.

### *Chairman*

MISS JESSIE H. McVEAN

### *Secretary*

MISS H. E. WHITEHEAD

## STANDING COMMITTEES.

### *Executive*

MISS BURROUGHS

MISS LAMPHEAR

MRS. GILLEY

### *Credential*

MISS WHITEHEAD

MISS REUTINGER ;

MISS RANKIN

### *Finance*

MISS POST

MISS JOHNSON

MRS. VAN RIPER

## NOTICES

### N. Y. HOSPITAL ALUMNAE MEETING.

The next monthly meeting of the Association will be held in the Lecture Room, Thursday, October 9th, at 3 p. m.

### COUNTY SOCIETY.

The regular quarterly meeting of the New York County Registered Nurses' Association will be held at the Central Club, 54 East 34th Street, October 7th, at 8 p. m.

---

The next issue of the Alumnae News will appear in November. We wish our readers a summer of rest and pleasure and good work, and we also hope that this interval may be productive of information and news for the coming season, and that a greater interest will be manifested in the welfare and success of the News.

---

The twentieth anniversary of the Henry Street Settlement was recently celebrated by a beautiful pageant representing the social gatherings of the people of the different nationalities from the original Indian life to the present time. The costumes were made in the workshop of the settlement, by the children, assisted by their fathers and mothers. Those who saw the pageant with the beautiful costumes, heard the songs and saw the dances, unite in praises of it. One who has studied the festa in all the old countries says that it surpassed anything she had ever witnessed.

The growth of this settlement from the small beginning which Miss Wald made twenty years ago has been phenomenal and many of the most important social reform measures adopted in our city have had their birth in this settlement.

---

The Association learns with deep regret of the death on May 10th of the Rev. George Hill Bottome, Vicar of Grace Chapel. Mr. Bottome has been an honorary member of the Association since 1894, and was well known to many of the nurses through his frequent visits to the New York Hospital, when his parishioners were patients there, and also through their connection with the settlement work of Grace Parish where his unfailing kindness and consideration were truly appreciated. The Association extends sincere sympathy to his family and to the Parish.

VIRGINIA HUNTER, R. N.,  
M. A. FREDERICK, R. N.,

*Committee.*

June 12th, 1913.

## ALUMNAE MEETING

The regular monthly meeting of the Alumnae Association was held in the Nurses' Home, June 12th at half-past three.

The minutes of the last meeting and the reports of the treasurer of the Club and of the Board of Trustees were read and approved.

Miss McVean was unanimously elected to serve again on the Governing Board of the Central Registry. The resignation from the Association of Miss Pearl was accepted with regret. Miss Stimson and Miss Frederick were elected delegates to the Annual Meeting to serve in place of Miss Hubbard and Miss Twitchell. Miss Florence Johnson was elected an alternate for Miss Golding. It was voted that the Association pay the expenses of three delegates.

A letter from the business manager of the News was read, stating that there was not enough money at her command to meet the bills and requesting an appropriation for this purpose. The opinion was expressed that the News should be self-supporting by means of advertising. The nurses were urged to make every effort during the summer to obtain advertising matter for the News.

Mrs. Gilley stated that very few replies had been received concerning the proposed new club house. Most of these replies were not in favor of building at the present time. It was decided to repeat these questions and ask urgently for an expression of opinion from each member.

There was no report from the County Meeting, but Miss Johnson stated that Miss Golding had been unanimously elected President.

Miss Hunter was appointed chairman of a Committee to draw up suitable resolutions to be sent to the bereaved families of the Rev. George Bottome and Miss Boyer.

It was voted that the delegates to the National Convention be authorized to pledge \$50.00 to the National Relief Fund.

Attention is called to an omission from the last Annual Report. Miss Jennie M. Whitelaw is still secretary and Treasurer of the Sick Fund. Her address is P. O. Box 113, Brooklyn, N. Y.

FLORENCE S. WRIGHT.

## Report of the Governing Board of the Central Registry, June, 1913

It is now three years since the New York County Nurses' Association, having issued bonds and organized the Governing Board, undertook the establishment of a Central Registry. It was our announced purpose, (a) to furnish a clearing house for all nursing interests, (b) to enable physicians and others to obtain nurses for private duty and positions of all kinds by means of a Central Registry and Directory. As a Governing Board, we wish to report to you what we have done and to ask your constructive criticism for future work.

It was distinctly stated that the Central Registry was not to conflict with other professional registries, but to grow to be a bond between them. The affiliated associations which have registries of their own, have sent us many calls, and have co-operated in many ways. A smaller number of the members of the affiliated associations than might have been expected, has taken advantage of the opportunity of becoming members of the Central Registry on payment of a fee of five dollars per year. For a nurse who wishes to use every means to establish her practice on a broad basis, this would seem to be a desirable investment.

The growth of our ability to find nurses for positions, and positions for nurses, has been gradual, but apparently steady and healthful. During the first year, we had about a thousand calls for private duty cases; the second year, an increase of a quarter; and an estimated increase of a third in the present year (calculating our present year to September 1).

The number of nurses registered has increased in about the same proportion. There are now 208 hospital graduates registered.

The number of calls received for institutional work has increased very materially, and many desirable calls come to us, often the same as to other registries. We wish to make this department as valuable as possible to our profession and to the hospitals. But we cannot advise a nurse to answer a telegram to take the next train for some point three thousand miles away, with salary unknown, with no provision for transportation, unless her desire for adventure outweighs all other considerations.

Our Governing Board has held nine meetings with an average attendance of nine.

We are more convinced than we were three years ago of the need of such a registry, standing for accepted professional stand-

ards. We have no question that much has been accomplished in an educational way for individual nurses, and in helping to establish the usefulness of State registration.

We wish to call your attention to our financial condition. Of course, we knew that it was impossible for us to be self-supporting at once, but we felt it essential that there should be adequate workers for the organization of our work. In the first year, the deficit was about \$1,000.00, in the second, about \$900.00.

Last fall, after consultation with the Executive Committee, the Registry expenses were reduced by not appointing an assistant in the position left vacant by the resignation of Miss Pless. So this third year we have a few dollars to our credit.

But the amount of money in the Registry account of the County Treasurer, which is our "reserve fund," is small, only \$320.59, and there remain about \$1,500.00 worth of bonds unsold. We desire to urge individual members and affiliated associations to give careful consideration to the matter, and also to invest some money in the bonds.

We have undertaken to carry out a plan that has received the interested endorsement of most of the leaders of our profession. We receive many inquiries concerning our plans and our progress. What can each of us do to aid in satisfactorily carrying on our undertaking?

M. M. RUSSELL.

---

## N. Y. COUNTY REGISTERED NURSES' ASSN.

The annual meeting was held at the Academy of Medicine, June 3d, Miss Golding presiding. Principal topic under discussion, as usual—was the amendment to the Nurse Practice Act. While its failure is deeply deplored, the fight will be continued with unabated vigor and interest until it is presented again next year, with the added experience of the last campaign.

Mrs. Brockway, Chairman County Legislative Committee, reported their work, and made some recommendations for future work.

Miss Goodrich, Chairman State Legislative Committee, gave a most interesting history of the work done at Albany, for and against the bill, giving names of many prominent and influential persons, doctors and hospital superintendents who supported us, one of the most notable being Dr. Fisher, of the Presbyterian Hospital.

The opposition was led by Mr. Stillman, who conducts a certified school of nursing, giving a four months' course of instruction. The Chautauqua correspondence school, giving six months' course of instruction, and the Hospital Association worked against us."

The State Association numbers 4,000; County, 2,400. There is strength in union, and if all nurses would work together we should carry the bill through. "United we stand, divided we fall."

It was moved and carried that a Public Health Committee be made a permanent committee of the County Association, and composed of nurses doing this work.

Miss Russell, Chairman Governing Board, Central Registry, gave a most encouraging report of this the third year.

Tellers and inspectors of election appointed by the chair—Mrs C. V. Twiss, Miss Florence Johnson, Miss Rose Johnson, Miss Kreis.

#### OFFICERS ELECTED.

*President*—Miss E. E. Golding, New York Hospital.

*Vice-President*—Miss Amy Patmore, Post Graduate Hospital.

*Recording-Secretary*—Miss Norma Charles, Roosevelt Hospital.

*Corresponding Sec'y*—Miss Beatrice Bamber, Bellevue Hospital.

*Treasurer*—Miss Emma Duensing, German Hospital.

*Trustee Three Years*—Miss Jessie MacVean, New York Hospital.

*Executive Committee*—Miss Jane Greenthall, Mt. Sinai Hospital; Miss Bussell, Man. and Bronx Hospital; Miss Hilliard, St. Luke's Hospital.

*Chairman Credential Committee*—Miss Martha Russell, New York Hospital.

*Chairman By-Laws Committee*—Miss Irene Yocum, N. Y. City Hospital.

*Chairman Press and Publication Committee*—Miss Anna Maxwell, Presbyterian Hospital.

*Chairman Finance Committee*—Miss Jane Greenthall, Mt. Sinai Hospital.

*Chairman Lectures and Papers*—Mrs. Brockway, Manhattan and Bronx Hospital.

*Chairman Legislative Committee*—Mrs. Hugh Jack, St. Luke's Hospital.

Nine delegates present from N. H. Hospital Alumnae Association.

June 10, 1913.

MATILDA AGNES FREDERICK.

---

### NEWS ITEMS

We regret to announce that Dr. W. A. Downes, who has been connected with the New York Hospital for sixteen years, has resigned to accept the offer of Associate Attending Surgeon at St. Luke's Hospital, where he began his duties the first of June.

As the governors of the New York Hospital have extended to him the privilege of the P. P. Pavilion, we hope to see him often.

Dr. Downes' hearty, genial manner has won for him no end of friends and his career at the hospital has so manifestly proven his worth by his successful and skillful surgery that he will be greatly missed by all.

His numerous friends extend their congratulations and heartiest good wishes for every success in his new work.

Miss E. R. Smillie and her sister, have taken a house at Princeton, N. J., where they will make their home. Their address is 43 Wiggins Street. We were delighted to hear that Miss Smillie is going to have a room to rent to tired or convalescent nurses.

Dr. and Mrs. Hitzrot have been spending some time at Atlantic City. We are more than grateful to say that the Doctor has quite recovered from his serious illness.

Dr. Julia Crotty, '03, was married April 12th in Washington, to Dr. Schoenleber, an army surgeon. They will make their home in Washington, D. C.

Mrs. Robert Davis (Miss E. Abernathy, '09), who has been visiting her sister in East Orange, gave a tea at the Hotel Knickerbocker on the 18th for her classmates. They had a most enjoyable reunion. Among those invited were the Misses B. Anderson, J. Wood, M. Tom, E. Powell, M. Collins, M. Abernathy, E. Davies, E. M. Wilkinson, E. Lewis, L. Wilson.

Miss A. George, '10, who has been in California for some months, has returned to New York and is living at 307 West 98th Street, with Miss Esther Allen, '10, who is now in the Social Service Department at Harlem Hospital in the children's clinic.

Miss Bertha Lehmkuhl, '12, has resigned her position in the public operating room at the N. Y. H., and is spending a two months' vacation at Riverdale, N. Y. She has been succeeded by Miss Selma Suharoff, '13.

Dr. Charles Page's many friends will be more than glad to hear that he has quite regained his health, and is once more practicing in Orange, Virginia. He sends best wishes to all old friends, and says that any news from the N. Y. Hospital or Hudson Street is always of the greatest interest to him.

Miss Margaret Paisley, '05, is in New York after having spent the winter at Hampton Terrace, Augusta, Georgia. While there she saw a good deal of Mrs. Wm. Cutter (M. Moir, '05), whose husband is one of the faculty of the University of Georgia in Augusta.

The graduating exercises of the White Plains General Hospital were held in the Nurses' Home, April 18th. Dr. Fisher, of the Presbyterian Hospital, N. Y., gave the address, and Dr. Schmidt, the President of the Medical Board, also addressed the graduating class. We feel doubly interested in Miss Nudell's Training School as it is affiliated with the N. Y. H.

Miss E. Lindgren, Class '96, has completed the course of Library Science at Pratt Institute, Brooklyn, and has accepted an appointment on the Pratt Library staff and will begin her duties in the autumn.

Miss Gregory-Allen, '10, is back in New York. We are glad to say that her mother and sister who were so ill have both quite

recovered. Miss Allen's family have left Toronto, Canada, and are now living in Victoria, British Columbia.

Miss Josephine Hill, '98, has gone to Seattle, Wash., to visit her sister, Mrs. John Shoemaker, who lives at 125 Warren Avenue.

Miss M. C. Beecroft, '10, whose home is now in San Francisco, sailed from that city May 3d for Honolulu where she will visit friends.

It was with very deep regret that we heard of the resignation of Dr. M. Lewsen from the staff of the O. P. D. For the past ten years he has been a most faithful worker there, and we wish to express to him our appreciation of his kind courtesy and thoughtfulness of every one during all that time. We wish him every success in the new work that he is taking up.

We are glad to know that Miss Anderburg, '14, who has been suffering from a bad attack of formaldehyde poisoning, and Miss Morell, also class '14, who has been in the isolation ward with scarlet fever, are both fast recovering.

Miss Nellie McCrae, '01, has resigned her position in charge P. P. B. and has accepted the position of Superintendent of Nurses at the Englewood Hospital, Englewood, N. J. She will assume her new duties June 1st. Miss Grace Peterson, '13, will be her assistant. Our best wishes go with Miss McCrae to her new home. She will be greatly missed in the N. Y. H.

Miss I. B. Phymister, '05, is back at the Club after several weeks' visit at her home in Montreal. Miss Richmond, '05, has also returned from her trip to California.

Miss Amy Holmes, '96, recently of the American Hospital in Paris, is in New York and is staying at the Club.

Miss Alice Kyle, '98, sailed lately for Naples. She will motor through Spain and does not expect to be home before September.

Miss E. J. Stubbs, '08, has returned to New York from her home in Grand Turk, West Indies. She will be at the Club for a short time.

Miss Eva Webster has a pleasant home of her own at Absecon Highlands, New Jersey, situated in the pine woods not far from Atlantic City, where she is prepared to take a limited number of invalids for the summer months.

Miss Martha Clark, graduate of the Memorial Hospital, Orange, New Jersey, has been spending several years abroad, and this summer has taken a home in Brittany, where she is prepared to take a small number of Americans for the summer.

She has unusual opportunities for planning short trips to spots unknown to the ordinary tourist, and is very familiar with many quaint customs of this delightful country. Her address is, American Express, Rue Scribe, Paris, France.

Save this copy of the "News"

---

## ADVERTISING RATES:

	9 mos.	7 mos.	5 mos.
One Page	\$50.	\$40.	\$30.
$\frac{1}{2}$ "	30.	25.	18.
$\frac{1}{3}$ "	20.	16.50	13.
$\frac{1}{4}$ "	17.	14.50	11.50

These rates are for ordinary type. Charges for small print or constant changing, by special arrangement.

---

YOU WILL HAVE NEED OF IT SOON.

---

## SUPERFLUOUS HAIR

Moles and Facial Blemishes Permanently Removed by the Electric Needle. Absolutely Painless. Consultation Free.

*Reference to Leading Physicians*

### ELECTROLYSIS COMPANY

104 East 40th Street  
NEW YORK.

Telephone, 1844 Murray Hill

S. P. GILMORE

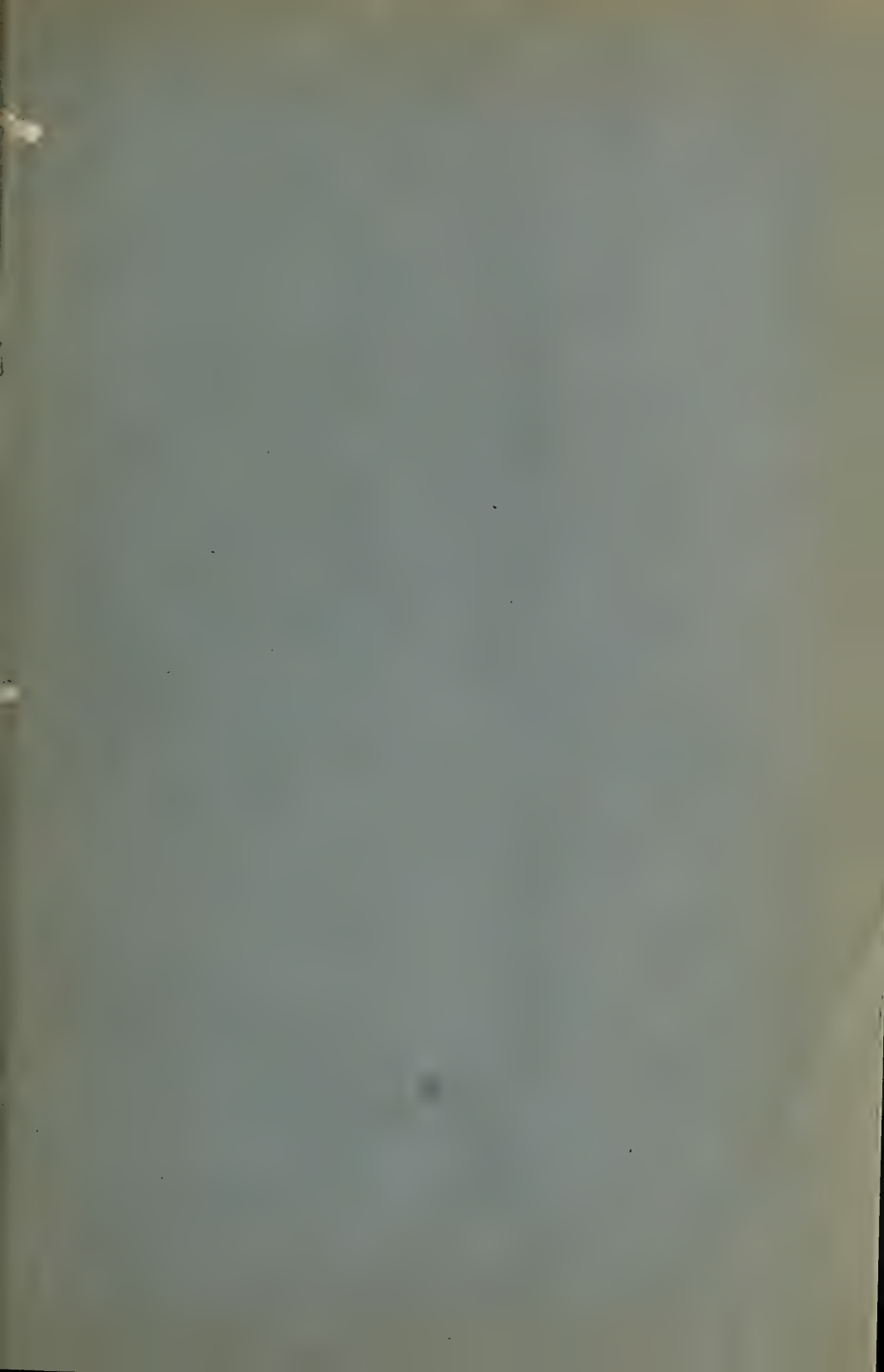
---

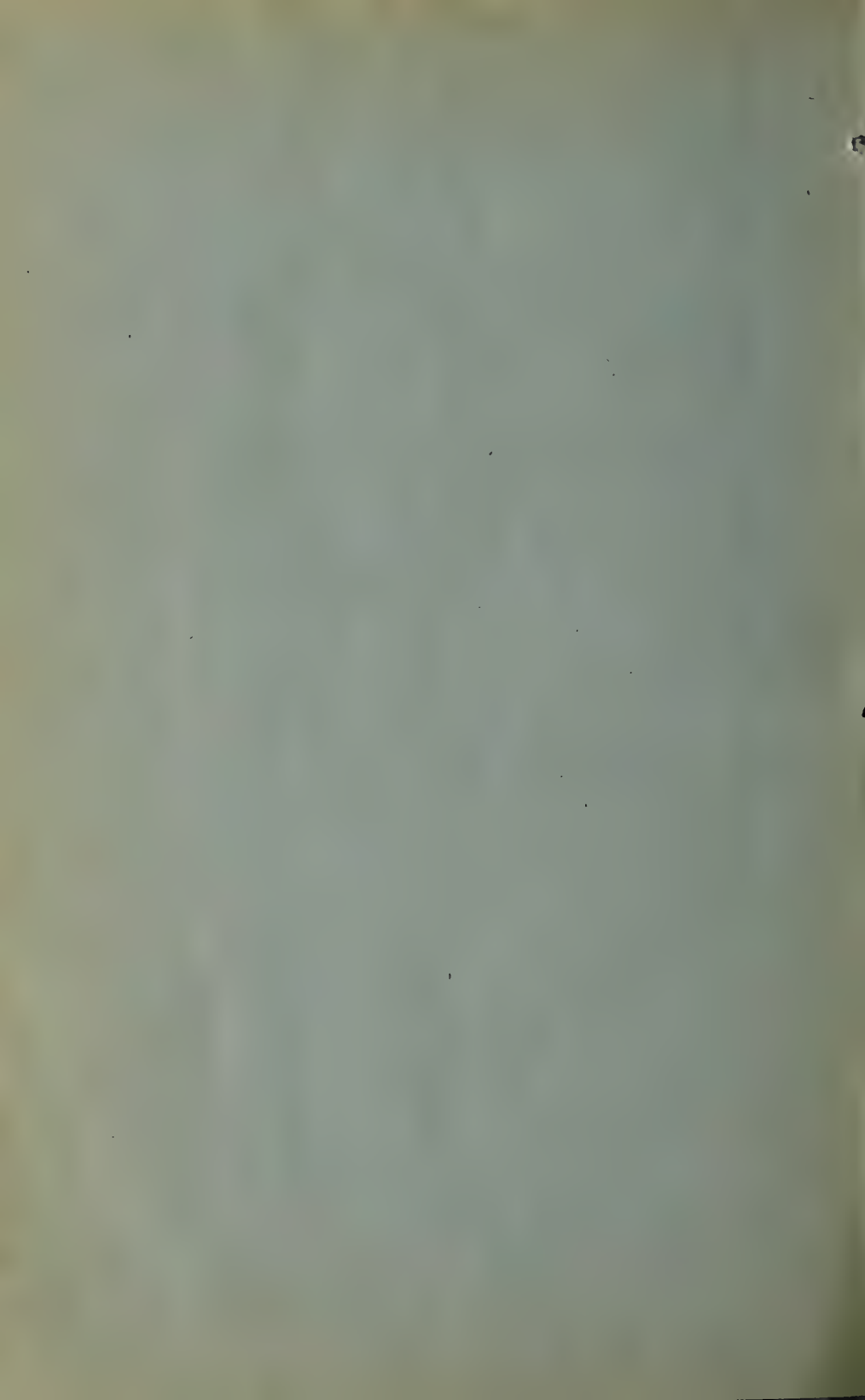
## ANDREW ALEXANDER SHOES

FIFTH AVENUE  
AT 45TH STREET

SIXTH AVENUE  
AT 19TH STREET

NEW YORK







AL126N

AUTHOR

NEW YORK HOSPITAL TRAINING  
SCHOOL

TITLE

The Alumnae News, Vols.

1-8, 1896-July 1913.

DATE

BORROWER'S NAME

DATE

RETURNED

AL126N

NEW YORK HOSPITAL TRAINING  
SCHOOL.

The Alumnae News, Vols. 1-8,  
1896-July 1913.



